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OREGON STATE UNIVERSITY

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**TIMBER-DEPENDENT  
FAMILIES & COMMUNITIES**

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**P U B L I C A T I O N S L I S T**

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OREGON STATE UNIVERSITY EXTENSION SERVICE

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RESEARCH REPORTS • EXTENSION

FOR PEOPLE DEPENDENT  
ON TIMBER-DEPENDENT FAMILIES &

## ***How to order publications***

You can order most publications in this catalog from Agricultural Communications at Oregon State University by using the order form on page 14.

To order publications with a symbol (\* or +) *after the series number*, use the order forms on pages 15 and 16.

Regardless of which order form you use, please include series number, publication title, and price when ordering. Make checks payable to *Oregon State University*.

## ***For more information***

See EM 8289, *Educational Materials List*, for a catalog of publications, videotapes, and computer software programs available from the OSU Extension Service and Oregon Agricultural Experiment Station. The catalog contains publications in the areas of livestock, crop and forest production and marketing.

## ***Videotapes***

If you're interested in videotapes, visit your local county office of the OSU Extension Service (locations listed on the inside back cover of this publication). They will be able to order them from WRDC or the Extension Stockroom.

# OSU Timber-Dependent Families and Communities Project

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As Oregon's Land Grant University, Oregon State University has the responsibility to make available its educational and creative talents to help Oregon's families and communities as they confront the obstacles affecting them. The OSU Timber-Dependent Families & Communities Project (TDFC) is a university-wide effort to draw on existing resources to design materials and deliver broad-based educational programs in the areas of:

- Family and Youth
- Public Issues Education
- Community Development
- Leadership
- Local Government Management

As the TDFC project coordinator, my goal is to create "bridges" between OSU's resources in these areas and the timber-dependent communities and their families. Bridges will be created by bringing in concerns and challenges of these communities and bringing out relevant assets of the university. Working through local county Extension offices (see list on inside back cover) and in cooperation with other state and federal agencies, the TDFC project will work with timber-dependent families and communities to determine and address their needs with timely, applicable programs.

I hope this list of carefully selected publications will be a helpful resource for timber-dependent families and communities.

—*Flaxen D.L. Conway, TDFC project coordinator, 737-1418*

# *Publications that may interest you*

## **Family and Youth**

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### ***Family Finance***

- EC 1059    What To Do If You Lose Your Job
- EC 1270    Your Saving/Spending Plan
- EC 1302    Organizing Your Family Records, 75¢
- EC 1381    Preparing and Using Financial Statements, 50¢
- PNW 237    A Guide to Budgeting For the Family, 50¢
- PNW 258    Budgeting For the Young Couple, 25¢

- Videos**
- Tracking Your Spending (Ext. Stockroom)
- Making Ends Meet (Ext. Stockroom)
- Home Works #1: Thinking About a Home  
Business (Ext. Stockroom)
- Home Works #2: Financial and Legal Issues  
(Ext. Stockroom)
- Home Works #3: Pricing For Profit  
(Ext. Stockroom)
- Home Works #4: How to Market a Product or  
Service (Ext. Stockroom)
- Home Works #5: Managing Your Time and Your  
Life (Ext. Stockroom)
- Home Works #6: Fact and Fantasy  
(Ext. Stockroom)
- Home Works #7: Taking Risks (Ext. Stockroom)

## ***Families and Children***

- EC 1289     Helping Children Grow: Using Discipline Constructively
- EC 1290     Helping Children Grow: The Causes and Prevention of Child Abuse
- EC 1291     Helping Children Grow: Listening To Your Child
- EC 1296     Helping Children Grow: Dealing With Problem Behavior
- EC 1312     Helping Children Grow: Handling Children's Fears
- EC 1313     Helping Children Grow: Finding Community Support
- EC 1325     Helping Children Grow: Teaching Children Values
- EM 8443     Money Sense For Your Children, \$2.00
- PNW 64     Child Guidance Techniques, 75¢
- PNW 242     Thriving on Stress, 25¢
- PNW 294     Moving With Kids, 50¢
- Videos**     Farm Families in Transition (Ext. Stockroom)
- Farm Neighbors: A Guide to Self-Help Groups (Ext. Stockroom)
- The Rural Crisis Comes to School (Ext. Stockroom)
- Teens Dealing with Stress (Ext. Stockroom)

## ***Foods and Nutrition***

- EB 803     Compare Cost Per Serving to Stretch Your Food Dollars, 50¢
- EB 828     Cooking for One in the Senior Years
- EC 889     Drying Fruits and Vegetables at Home, 25¢
- EC 911     We Want You to Know About Nutrition Labels on Food
- EC 984     Shopper's Survival Kit

### ***Foods and Nutrition, continued***

- PNW 172    Canning Vegetables, 25¢  
PNW 199    Canning Fruits, 25¢  
PNW 214    Freezing Fruits and Vegetables, 25¢  
PNW 250    You Can Prevent Food Poisoning, 75¢  
PNW 296    Freezing Prepared Foods, 25¢  
PNW 300    Canning Tomatoes and Tomato Products, 25¢  
WREP 112    Envasado de Tomates y Productos con Tomate  
                  (Canning Tomatoes and Tomato Products)  
WREP 113    Envasado de Hortalizas (Canning Vegetables)  
WREP 114    Envasado de Frutas (Canning Fruits)

### ***Gardening***

- EC 628      How to Take a Soil Sample ... And Why  
EC 631      Controlling Diseases and Insects in Your  
                  Home Orchards  
EC 824      Soil and Water Management for Home  
                  Gardens, 25¢  
EC 871      Planning a Home or Farm Vegetable Garden, 75¢  
EC 1247     Gardening with Composts, Mulches, and Row  
                  Covers, 50¢  
FS 220      Collecting and Storing Seeds From Your Garden  
FS 242      Discourage Plant Diseases in Your Home Garden  
FS 246      Constructing Coldframes and Hotbeds  
FS 270      Raised Bed Gardening  
FS 304      Cover Crops for Home Gardens

## ***Clothing and Textiles***

- EC 891      How to Recycle Clothing by Restyling and Making Over
- EC 892      Decisions About Recycling Clothing
- EC 1160     Caring For Outerwear Garments
- EC 1161     Repairing Outerwear Garments, 50¢
- EC 1266     Sewing for Profit, \$1.25
- EC 1279     Today's Clothing Care: Garment Labels/The Consumer's Information Source, 50¢
- EC 1284     Selecting and Using Laundry Aids, 50¢
- PNW 166    Removing Stains From Fabrics, 25¢
- Videos**    Sewing to Success (Ext. Stockroom)
- Sewing Today ... The Time Saving Way (Ext. Stockroom)
- Altering Ready-to-Wear Clothing, Parts 1 and 2 (Ext. Stockroom)

## ***Aging***

- EC 1221     Families and Aging: A Guide to Legal Concerns, \$1.25
- PNW 246    Aging Parents: Helping When Health Fails, 50¢
- PNW 314    Helping Memory-Impaired Elders: A Guide for Caregivers, 50¢
- PNW 315    Coping With Caregiving: How to Manage Stress When Caring for Elderly Relatives, 75¢
- PNW 318    Living Arrangements in Later Life, \$1.00
- PNW 342    Alcohol Problems in Later Life, 75¢
- PNW 344    Helping Your Older Family Member Handle Finances, 50¢
- PNW 345    Financing Health Care in Later Life, \$1.00
- PNW 347    Depression in Later Life: Recognition and Treatment, \$1.50

## ***Housing, Home Furnishings, and Energy***

- EC 949 Laundry Techniques to Save Energy
- EC 1058 Energy Guide—A Tool for Appliance Shoppers
- EC 1240 How to Build Storm Windows
- EC 1286 Finding and Fixing Hidden Air Leaks
- WRAES 79 Limited Space Living
- Videos** Home Weatherization For Comfort and Savings  
(Ext. Stockroom)

## **Community Development**

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### ***Community & Regional Economics***

- SR 813+ An Economic Profile of Josephine County Oregon
- SR 685+ Economic Development Tools for Oregon Ports
- WRDC 29\* Understanding Your Local Economy: Economic  
Base Analysis and Local Development  
Strategies, \$1.00
- WRDC 36\* The Aging Population, Retirement Income and  
the Local Economy, \$1.15
- WRDC 37\* Job Creation in Rural Areas: A Selected  
Annotated Bibliography, \$2.00
- WREP 24\* Economic Multipliers: Can a Rural Community  
Use Them? 50¢
- WREP 44\* Community Needs Assessment Techniques, \$1.00
- WREP 45\* Population Change: Do You Know the Trends in  
Your Community? 25¢
- WREP 52\* Helping Small Towns Grow, 50¢
- WREP 53\* To Grow or Not to Grow: Questions About  
Economic Development, 50¢
- WREP 54\* Hiring a Consultant, 50¢
- WREP 55\* Identifying Problems and Establishing Objectives,  
50¢

- WREP 56\* Basic Grantsmanship, 50¢
- WREP 57\* Marketing the Uniqueness of Small Towns, 50¢
- WREP 58\* Socio-economic Indicators for Small Towns, 50¢
- WREP 59\* Community Evaluation for Economic Development, 50¢
- WREP 89\* Developing Local Businesses as Job Providers, 50¢
- WREP 90\* Commercial Sector Development in Rural Communities: Trade Area Analysis, 50¢
- WREP 91\* Assessing, Managing, and Mitigating the Impacts of Economic Decline: A Community Perspective, 75¢
- WREP 92\* Revitalizing the Small Town Main Street, 75¢
- WREP 93\* Population Change in Local Areas, \$1.00
- WREP 103\* Our Children, Our Future, \$1.50
- WREP 105\* Designing a Citizen Involvement Program: A Guidebook for Involving Citizens in the Resolution of Environmental Issues, \$5.00
- WREP 111\* Community-Based Small Business Start-Up Funds, \$1.00

## ***Small Business Management***

- EC 1205     Your Business Decision to Buy a Microcomputer System, 75¢
- EC 1222     Managing a New Business: A Beginner's Guide to Financial Concepts and Tools, \$1.00
- EC 1223     Government Requirements for New and Existing Businesses in Oregon, \$1.00
- EM 8340     Identifying Farm/Ranch and Family Goals, \$2.00
- WRDC/GDB\*   Getting Down to Business, \$55.00 (Available Fall/Winter 1991–1992)
- Videos**     How to Really Start Your Own Business (WRDC\*)
- How to Succeed in a Home Business (WRDC\*)
- Improving the Local Business Climate (Pat Corcoran, OSU)

## **Local Government Management**

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### ***Government and Taxes***

- EC 971     Oregon Port Commissioners—The Job and How to Seek It, 25¢
- EC 976     Oregon Port Commissioners—Suggestions for Effective Port Management, 25¢
- EC 979     Oregon's Smaller Ports—What They Do and How They Are Financed, 25¢
- EC 1329     Oregon School Funding: Assessing the Options, 75¢
- TB 145     Quantified Evaluation for Decisions
- WRDC 28\*   Community Services: Crime and Crime Prevention, 50¢
- WREP 30\*   Programming Capital Improvements, 50¢
- WREP 60\*   What Determines Bond Costs, 50¢

- WREP 61\* How Municipal Capital Projects Are  
Financed, 50¢
- WREP 62\* How a Community Decides to Issue Bonds, 50¢
- WREP 63\* Where to Find Help If Your City is Issuing  
Bonds, 50¢
- WREP 96\* Local Government Cutbacks in Hard Times, 50¢

### ***Impact Analysis***

- EC 1166 Sectoral Output Multipliers for Rural  
Counties, \$1.00
- WREP 16 Evaluating Fiscal Impact Studies: Community  
Guidelines, 50¢
- WREP 24\* Economic Multipliers: Can a Rural Community  
Use Them? 50¢
- WREP 26 Growth Impacts on Public Service Expenditures:  
Some Questions For the Community, 50¢
- WREP 29 Assessing Fiscal Impact of Rural Growth, 50¢
- WREP 31 What Does the Impact Statement Say About  
Economic Impacts? 50¢

## **Public Issues Education**

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### ***Policy Issues***

- EC 808 The Social Action Process: How Change  
Takes Place
- EC 1200 Forestry Issues and Public Policy: An Action  
Guide for Woodland Owners, \$1.00
- EC 1329 Oregon School Funding: Assessing the  
Options, 75¢
- EC 1346 The State of Oregon Scenic Waterways Program:  
Questions and Answers, Map and Locator  
Descriptions

***Policy Issues, continued***

- EC 1347      Federally Designated Wild and Scenic Rivers  
                    in Oregon
- FCL WA\*     A Guide To Using Public Testimony, 25¢
- FCL 401\*     Issue Identification, 25¢
- FCL 411\*     Be Prepared for Change, 25¢
- FCL 412\*     Analyzing Public Issues From a Family  
                    Perspective, 25¢
- FCL 413\*     Take a Look at Public Policy Problems, 25¢
- FCL 501\*     Choices for Political Action at the Local Level, 25¢
- FCL 511\*     Influence Policy Through Better  
                    Presentations, 25¢
- FCL 512\*     Communicate With Local Officials, 25¢
- FCL 513\*     How To Use Power, 25¢
- FCL 514\*     Lobby? You? 25¢
- FCL 521\*     Running a Campaign, 25¢
- FCL 522\*     Public Policy: Get Involved, 25¢
- WREP 21\*    Citizen Involvement Strategies in Community  
                    Growth Issues, 25¢
- WREP 22\*    Interagency Coordination and Rapid Community  
                    Growth, 25¢
- WREP 23     The Public Policy Process: Its Role In Community  
                    Growth
- WREP 105\*   Designing a Citizen Involvement Program: A  
                    Guidebook For Involving Citizens in the  
                    Resolution of Environmental Issues, \$5.00

# Leadership

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## *Leadership*

- CORN 99 Parliamentary Procedures—Teach Yourself, \$2.25
- FCL OR\* Can You Lead? 25¢
- FCL WA\* Leadership and Groups, 50¢
- FCL WA\* Communication: Listening and Lobbying, 25¢
- FCL 201\* The Art of Delegating, 25¢
- FCL 202\* Competent Leaders, 25¢
- FCL 211\* How to Run Better Business Meetings, 25¢
- FCL 212\* Public Meetings—Handling Controversy, 25¢
- FCL 231\* Let's Find a Solution: Problem Solving in  
Groups, 25¢
- FCL 241\* Values: Working With People, 25¢
- FCL 2220\* Communication—Lesson Ideas, 25¢
- FCL 2221\* Communications One: Listening and  
Feedback, 25¢
- FCL 2222\* Communications Two: Communication Model  
and Types, 25¢

## ***Group Process***

- FCL OR\* Managing Conflict Creatively, 25¢
- FCL WA\* When People Don't Agree, 50¢
- FCL 301\* Forming a Group, 25¢
- FCL 302\* Creative Group Discussions, 25¢
- FCL 303\* Effective Groups, 25¢
- FCL 311\* Networking, 25¢
- FCL 321\* Groups—How They Decide, 25¢
- FCL 331\* This Is a Difficult Member—Handle With Care, 25¢
- FCL 411\* Be Prepared For Change
- FCL 501\* Choices For Political Action at the Local Level
- FCL 514\* Lobby? You?

## ***Volunteerism***

- FCL 601\* Board Effectiveness, 25¢
- FCL 602\* Problems Encountered by Volunteer Groups, 25¢
- FCL 611\* So You're a Volunteer! 25¢
- WREP 74-88\* Managing Volunteer Programs  
(14 publications), \$25.00

## ***Teaching Others***

- FCL WA\* Teaching Others, 25¢
- FCL 701\* Teaching and Training Volunteers, 25¢
- FCL 702\* Teaching Methods and Techniques, 25¢
- FCL 711\* P.R.: It's Important to Success, 25¢
- Videos** Be Prepared to Speak (Ext. Stockroom)

## ***Family Community Leadership (FCL)***

One of the best leadership resources may be right there in your county. The Family Community Leadership (FCL) program of the OSU Extension Service is an educational program. FCL was designed to help meet the growing need for leadership to represent families in public decision making and encourage citizen involvement.

Check the following county names to see those that are or have been involved in the FCL program:

Coos	Jefferson	Morrow	Wasco
Crook	Josephine	Multnomah	Washington
Curry	Lake	Polk	Wheeler
Deschutes	Lane	Sherman	Yamhill
Douglas	Lincoln	Tillamook	
Gilliam	Linn	Umatilla	
Jackson	Marion	Wallowa	

The State office for the FCL program:

Family Community Leadership  
Oregon State University  
Ballard Extension Hall 307  
Corvallis 97331-3607  
Ph. 737-3621

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- CLATSOP—2050 Marine Dr., P.O. Box 207, Astoria 97103, Ph. 325-8573
- COLUMBIA—Courthouse, St. Helens 97051, Ph. 397-3462
- COOS—Coos Co. Coquille Annex, 290 N. Central, Coquille 97423, Ph. 396-3121, Ext. 242
- CROOK—Courthouse, Prineville 97754, Ph. 447-6228
- CURRY—950 S. Ellensburg, P.O. Box 488, Gold Beach 97444, Ph. 247-6672
- DESCHUTES—1421 S. Hwy 97, P.O. Box 756, Redmond 97756, Ph. 548-6088  
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- GRANT—Courthouse, P.O. Box 69, Canyon City 97820, Ph. 575-1911
- HARNEY—Courthouse, 450 North Buena Vista, Burns 97720, Ph. 573-2506
- HOOD RIVER—2990 Exp. Station Dr., Hood River 97031, Ph. 386-3343
- JACKSON—1301 Maple Grove Drive, Medford 97501, Ph. 776-7371
- JEFFERSON—530 "D" St., Madras 97741, Ph. 475-3808  
—Tribal Office Building, 1134 Paiute Street, P.O. Box 430, Warm Springs 97761, Ph. 553-3238
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- LAKE—Courthouse, Lakeview 97630, Ph. 947-6054
- LANE—950 W. 13th Ave., Eugene 97402, Ph. 687-4243
- LINCOLN—29 S.E. Second St., Newport 97365, Ph. 265-6611, Ext. 207
- LINN—4th & Lyons, P.O. Box 765, Albany 97321, Ph. 967-3871
- MALHEUR—710 S.W. 5th Ave., Ontario 97914, Ph. 881-1417
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- MORROW—430 Heppner-Lex Hwy, P.O. Box 397, Heppner 97836, Ph. 676-9642
- MULTNOMAH—211 S.E. 80th, Portland 97215, Ph. 254-1500
- POLK—182 S.W. Academy, Suite 202, P.O. Box 640, Dallas 97338, Ph. 623-8395
- SHERMAN—Courthouse, P.O. Box 385, Moro 97039, Ph. 565-3230
- TILLAMOOK—2204 Fourth St., Tillamook 97141-2491, Ph. 842-3433
- UMATILLA—721 S.E. Third St., Suite 3, Pendleton 97801-3056, Ph. 276-7111, Ext. 235
- UNION—10507 N. McAlister Rd., LaGrande 97850, Ph. 963-8980
- WALLOWA—Courthouse, P.O. Box 280, Enterprise 97828-0280, Ph. 426-3143
- WASCO—207 Courthouse Annex A, 400 E. 5th, The Dalles 97058, Ph. 296-5494
- WASHINGTON—2448 S.E. Tualatin Valley Hwy., Courthouse, Hillsboro 97124, Ph. 681-7007
- WHEELER—Courthouse, P.O. Box 407, Fossil 97830-0407, Ph. 763-4115
- YAMHILL—2050 Lafayette Ave., McMinnville 97128-9333, Ph. 434-7517



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