

Response surface modeling to predict fluid loss from beef strip loins and steaks injected with salt and phosphate with or without a dehydrated beef protein water binding adjunct

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27 **ABSTRACT**

28 This study was conducted using response surface methodology to predict fluid loss from
29 injected beef strip steaks as influenced by levels of salt and sodium phosphates (SP) in the
30 injection brine. Also, a beef-based dehydrated beef protein (DBP) water binding ingredient was
31 evaluated. Paired U.S. select beef strip loins were quartered before being injected to 110% of
32 initial weight with a brine containing salt and SP (CON) or salt, SP and 5% DBP. Steaks were
33 sliced, overwrapped and stored in the dark for 4 d. Purge values ranged from 0.6% to 4.6% for
34 CON and 0.3% to 2.1% for DBP. Purge loss values when accounting for the fluid lost from
35 injection to slicing were as high as 6.8% for CON brines, but only 2.8% for DBP brines. The
36 equations generated here and the DBP product could help producers achieve acceptable purge
37 while reducing sodium use.

38 Key Words: response surface, phosphate, beef

39

40 **1. Introduction**

41 Meat products are commonly injected with brines containing sodium chloride (NaCl; salt)
42 and sodium phosphates (SP) in an effort to improve product quality and consistency. The
43 combined use of salt and sodium phosphates alter protein functionality in such a way that the
44 water holding capacity of the product is increased, causing greater retention of injected and
45 natural fluids (Offer and Knight, 1988). This increases sensory attributes such as tenderness
46 and juiciness (Vote, Platter, Tatum, Schmidt, Belk, Smith & Speer, 2000) and offsets the loss of
47 fluids during storage and display (purge). As a result, the use of salt and sodium phosphate
48 based brines has become economically important to processors.

49 Currently, however, the industry is looking to scale back the use of sodium in its
50 products. Processed meats contribute an estimated 21% of the sodium in the typical U.S. diet
51 (Engstrom, Tobelmann & Albertson, 1997). This is largely because of salt and sodium
52 phosphates, as they are the most common ingredients added to brine injected meats besides

53 water and contain a high amount of sodium (39.3 and 31.2%, respectively; Ruusunen &
54 Puolanne, 2005). Since these ingredients are directly responsible for the increased functionality
55 seen in brine injected meats, removing them entirely is not an attractive option. It is likely
56 possible to make minor, or even significant, reductions in salt and sodium phosphates and still
57 retain enough functionality to keep water holding capacity and fluid loss at a minimum. There is
58 very little research in this area with respect to brine injected beef. Additionally, it is important to
59 research the use of alternative ingredients that act as water binders and could reduce, or
60 potentially replace, the use of salt or sodium phosphates in brine injected meats. In support of
61 these objectives a study was conducted using response surface experimental methodology to
62 model the changes in purge of beef strip loin steaks according to the amount of salt and
63 phosphate included in the injection brine. A second model was also created which included the
64 use of a dehydrated beef protein powder (DBP; Proliant Meat Ingredients, Inc.), a newly
65 developed, beef collagen based, water binding non-meat ingredient.

66

67 **2. Materials and Methods**

68 *2.1 Collection of select beef strip loins*

69 Paried U.S. Select beef strip loins (IMPS 169a) were collected at a processing facility at the time
70 of carcass fabrication. Carcasses were aged 48 hours prior to fabrication. Loins were vacuum
71 packaged at the processing facility and placed on ice in a cooler for transportation. Upon
72 arrival, loins were transferred to a 4°C cooler and stored overnight. All subsequent preparation
73 of brines and raw materials was conducted in a processing facility with a constantly maintained
74 temperature of 4°C.

75

76 *2.2 Brines*

77 Table 1 provides the concentration by weight of salt and sodium phosphates (SP; Brifisol® 85
78 Instant; BK Giulini Corporation, Simi Valley, CA) of each of the brines that were evaluated. For

brines containing the dehydrated beef protein (DBP; Proliant Meat Ingredients, Inc., Ankeny, IA), the level utilized was 5%. All brines contained 1% Herbalox seasoning HT-S (Kalsec, Kalamazoo, MI). When DBP was used in the formulation it was first mixed with 9.07 Kg of water at 30°C. A separate ice water slurry was created using 13.61 Kg of ice water (1:1) solution containing required levels of salt and STPP. This ice slurry was then added to the DBP mixture. Herbalox was then added and followed by the balance of water at 4°C. The technique and amounts used for making the DBP containing brines was following the supplier's recommendations. Brines without DBP were formulated with 4°C water. All brines were injected at 4°C. Individual brine batches (45.45 Kg) were prepped immediately prior to injection.

2.3 Injection

Brine injection was conducted on three separate days. Paired loins were each quartered. A sample was removed for initial pH and proximate composition. The quarters from one side of each pair were randomly assigned to brines with DBP. The other side of the pair was assigned to brines without DBP. Strip loin quarters were weighed and then injected with brine at 4°C using a 20 single needle (interior bore size of 25 mm, Model # 2 – 1 – 4 x 0.6 x 272 – H x 2 x 2.5 x 5, Fomaco Food Machinery Co., Copenhagen, Denmark) automatic brine injector (Fomaco Model FGM 20/20S, Fomaco Food Machinery Co., Copenhagen, Denmark) calibrated to inject at ~110% of the recorded initial meat weight. Needles penetrated meat to 0.64 cm above the bottom of the meat surface at a rate of 40 strokes/minute and a pressure of 26 psi. Needles were approximately 2.54 cm apart. Loins were re-weighed immediately after injection.

2.4 Equilibration, slicing, and packaging

Injected loin quarters were allowed to equilibrate 30 min on cutting tables and then re-weighed prior to slicing into 2.54 cm steaks using a standard 33.02 cm manual slicer (Model 3600P, Globe Food Equipment Co., Ohio, U.S.A.). Three steaks were collected from each quarter.

weighed and packaged by overwrapping. Overwrapped steaks were placed individually onto an absorbent pad (Pad-Loc Super Absorbent Pads (PLS), Sealed Air, Duncan, SC) in a 21.75 X 16.51 X 2.78 cm white tray (Cryovac 3 Processor Trays, Sealed Air, Duncan, SC). Trays were then overwrapped with oxygen permeable film (Oxygen transmission rate = 23250cc/m²(24hrs), OmniFilm, Pliant Corp., Schaumburg, IL) and sealed using a film wrapper (Model WHSS-1, Win-HOLT Equipment Group, Syosset, NY). Overwrapped steaks were placed in 63.5 x 76.5 cm bags ("motherbags"; OTR: <0.1 cc per 645 cm²/24 h @ 23°C and 0% RH), each containing 4 steaks. The air was evacuated and replaced with 35% CO₂, 0.4% CO and 64.6% N₂ gas using a MultiVac C500 (MultiVac, In., Wolfertschwenden, Germany). The final atmosphere in the motherbag was evaluated with a headspace analyzer (CheckMate 9900 O₂/CO₂, PBI Dansensor, Denmark). The motherbags were filled using the MultiVac C500 with a gas inlet pressure at 35 psi, gas flushing at 600 mbar and seal at 250 mbar.

117

118 2.4 Storage

Motherbags were stored for 4 days at 4°C in the dark to simulate transportation conditions. On day 5, the atmosphere in the motherbag was evaluated and then overwrapped packages were removed from the bag and steaks were evaluated.

122

123 2.5 Purge

Purge was measured and calculated as described previously by Lowder et al. (2011). Purge measurements included *Brine loss*_{30min}, *Brine Loss*_{total}, *Purge*, and *Purge*_{total}. Briefly, *Brine Loss*_{30min} represents the injection fluid lost after the 30 min equilibration period. *Brine Loss*_{total} represents the total amount of fluid lost from injection through storage. Both are calculated as a percentage of the total fluid injected. *Purge* represents the fluid lost from the steak during retail display and is calculated as percentage of initial steak weight. *Purge*_{total} represents the fluid lost from the steak from injection through storage. It back calculates the theoretical weight of the

131 steak if it had been cut immediately after injection instead of after the 30 min loin equilibration
132 period.

133

134 **Measurements taken:**

135 A = initial weight of loin

136 B = weight of loin after injection

137 C = weight of loin 30 min after injection

138 D = initial weight of steak

139 E = weight of steak on day 5

140 B – A = brine added to the loin

141 B – C = fluid loss 30 min after injection

142 D – E = fluid loss from time steak was cut until day 5.

143 $\frac{D}{C}$ = proportion of steak from loin

144

145 **Calculations:**

$$\% \text{ Brine loss}_{30\text{min}} = \frac{B - C}{B - A} \times 100$$

$$\% \text{ Brine Loss}_{\text{total}} = \frac{\frac{D}{C} \times (B - C) + (D - E)}{(B - A) \times \frac{D}{C}} \times 100$$

$$\% \text{ Purge} = \frac{D - E}{D} \times 100$$

$$\% \text{ Purge}_{\text{total}} = \frac{\frac{D}{C} \times (B - C) + (D - E)}{(\frac{D}{C} \times (B - C) + D)} \times 100$$

146

147 2.6 Experimental design

148 In order to develop a response surface model, a central composite design was applied.
149 Variables were concentration of sodium chloride (salt, NaCl) and concentration of sodium
150 phosphates (SP) applied in the combinations shown in Table 1. The combinations were
151 assigned to experimental units (loin quarter) in a randomized incomplete block design with
152 animal (loin pairing) designated as the block. Four replications were analyzed for each
153 combination except 9 (1.8% salt, 2.25% SP) which had six replications and was present within
154 each block.

155

156 2.7 Statistical analysis

157 PROC GLIMMIX of SAS (Version 9.2, Cary, NC) was used to generate the least squares
158 estimators that were used to create the response surfaces for each treatment (CON, DBP). The
159 following saturated model was assumed for all response variables:

$$160 (1) \quad \hat{Y} = \beta_0 + \beta_1 \text{NaCl} + \beta_2 \text{SP} + \beta_{11} \text{NaCl} * \text{NaCl} + \beta_{22} \text{SP} * \text{SP} + \beta_{12} \text{NaCl} * \text{SP}$$

161 Non-significant quadratic and interaction terms were removed when $P > 0.1$. NaCl and
162 SP were left in the model regardless of significance.

163 Loin pairing was designated as a random effect. Separate equations were created for
164 the control and DBP treatment for each response variable. *Purge* and *Purge_{total}* were modeled
165 using a normal distribution and a linear mixed model. *Brine Loss_{30 min}* and *Brine Loss_{total}* were
166 converted to proportions by dividing the values by 100, and analyzed using a generalized linear
167 mixed model (GLMM) with a logit link function since responses followed a beta distribution. The
168 following equation is used to invert obtained predicted values to proportions, which can then be
169 multiplied by 100 to produce percentages:

$$170 (2) \quad \% \text{ Brine loss}_x = ((\exp(\text{logit} \hat{Y})) / (1 + \exp(\text{logit} \hat{Y}))) * 100 \text{ where } \% \text{ Brine loss}_x \text{ is the respective}$$

171 response variable and $\text{logit} \hat{Y}$ is the predicted value obtained from the GLMM analysis.

172 Data for these two variables were converted back to percentages for visual
173 representations. Three dimensional response surface graphs and contour plots were generated

174 by SigmaPlot for Windows (Version 12.0, Systat Software, Inc., Chicago, IL). Comparisons
175 among brine combinations (Table 1) and treatments (CON, DBP) were made, where necessary,
176 using Tukey's honestly significant difference method with a predetermined significance level of p
177 = 0.05.

178

179 **3. Results**

180 *3.1 Loin and Steak pH*

181 The pH of loins measured prior to injection was between 5.39 and 5.7 (Table 2). There
182 were differences in initial loin pH amongst loins ($p < 0.05$), however, there were no differences
183 between loins within a pair. The pH of loins after injection with their respective brines was
184 affected by both brine combination and treatment. Overall, DBP treatment loins had a slightly
185 higher ($p = 0.0105$) pH than control loins (5.77 vs 5.71). The brines containing 0.66% SP or
186 less had the lowest pH's. The maximum pH occurred with the brine containing 4.5% SP. On d
187 5, loins injected with brines with at least 3.84% SP had higher ($p < 0.05$) pH's than brines which
188 contained 0.66% SP or less. The presence of DBP did not impact pH on d 5. Observed pH
189 values for injected and non-injected steaks are similar to those reported by Baublits, Pohlman,
190 Brown Jr. & Johnson (2006) and Knock, Seyfert, Hunt, Dikeman, Mancini, Unruh, Higgins &
191 Monderen (2006).

192

193 *3.2 Fluid loss*

194 *3.2.1 Brine loss_{30 min}*

195 The targeted injection level was 110% of initial meat weight; actual
196 injections ranged from 106.6-116.6% with a mean of $111.4 \pm 1.9\%$. After the 30
197 minute equilibration time, the injections ranged from 105.6-114% with a mean of
198 $109.7 \pm 1.9\%$. As expected, SP was predicted to have a greater impact in
199 improving fluid retention during the equilibration period than salt (Table 3).

200 When brines did not contain DBP, maximum observed values for *Brine loss*_{30min}
201 (brine lost during the equilibration period, the time between injection and slicing)
202 were in excess of 30%, while minimums were observed at slightly less than 5%
203 (Table 1; Figure 1a). This is contrasted with the addition of DBP (Figure 1b)
204 which significantly reduced ($P < 0.05$) *Brine loss*_{30 min} during the equilibration
205 period in all but three of the brine combinations tested (Table 1). The decreased
206 DBP effectiveness with respect to fluid retention was observed for brines
207 containing high levels of SP (4.5%, 3.84%, and 2.25%) in combination with high
208 levels of NaCl (1.8%, 3.07%, and 3.6%, respectively). The numeric reduction in
209 *Brine loss*_{30 min} as a result of DBP addition ranged from 3.72% to 19.2%.

210 Adding DBP to the brine is predicted to effectively reduce *Brine loss*_{30 min}
211 during equilibration, however, this impact is minimal at high SP and salt levels.

212

213 3.2.2 *Purge and Purge*_{total}

214 Contour plots for *Purge* (this represents brine loss from the steaks during storage) are
215 shown in Figure 2. The plots were generated using the coefficients given in Table 3. Observed
216 *Purge* values ranged from 0.6% to 4.6% for CON and 0.3% to 2.1% for DBP (Table 1). For both
217 equations, the factors of salt level, SP level, quadratic SP level and the salt x SP interaction
218 were significant. Predicted values suggest that, at the levels investigated, using SP alone would
219 be more effective in reducing *Purge* values than salt alone. Predicted values for *Purge* from
220 steaks demonstrate that if processors are willing to accept a fluid loss minimum at around 2.0%
221 as opposed to <1%, both SP and salt can be reduced by ~50%. However, by including DBP in
222 the brine a 50% reduction in SP and salt would result in a *Purge* of <1%. The *Purge* intercept
223 (Table 3), which denotes the predicted *Purge* level if no salt or SP had been added, of 2.71% in
224 the DBP equation as compared to 6.02% for the control equation reinforces this observation.
225 The range of *Purge* values for the control steaks seen in this study are similar to those seen by

226 Lawrence, Dikeman, Hunt, Kastner & Johnson (2004) and Rowe, Pohlman, Brown, Johnson,
227 Whiting & Galloway (2009) when using similar brines.

228 Contour plots are shown for the predicted *Purge_{total}* of brines without and with DBP
229 (Figure 3). Prediction equation coefficients for the control and DBP brines are given in Table 3.
230 The *Purge_{total}* calculation takes into account not only the fluid lost after the steak was cut, but it
231 back calculates to account for the the fluid that was originally in the steak at the time of injection.
232 Observed *Purge_{total}* values were as high as 6.8% for CON brines, but only 2.8% for DBP brines.
233 The contour plot for control brines is similar to the one seen for *Purge*, showing decreased
234 values as the levels of both salt and SP in the brine increase. As expected, inclusion of
235 phosphates reduced fluid loss. As with *Purge*, addition of DBP can significantly reduce
236 *Purge_{total}*. There are a broad range of values of salt or SP or combinations of both ingredients
237 that produce predicted *Purge_{total}* values of less than 1.5% or less when DBP is present. Another
238 interesting observation is the use of DBP with high levels of salt and SP in combination can be
239 detrimental to fluid retention, as indicated by the much higher positive interaction coefficient in
240 the DBP equation (0.3068) as compared to the control equation (0.059).

241

242 3.2.4 Brine loss_{total}

243 Response surfaces are shown for the predicted *Brine loss_{total}* of control brines (Figure 4a) and
244 DBP brines (Figure 4b). Without DBP in the brine, predicted *Brine loss_{total}* from injection to d 5
245 of storage can be reduced to just under 20% of the total amount of injected fluid when both salt
246 and SP are maximized. Reductions in salt and/or SP are predicted to increase that value,
247 reaching near 80% at minimum levels of both ingredients. Adding DBP to the brine reduces the
248 maximum amount of fluid loss to just under 40% given minimum levels of salt and SP. Using
249 median to high levels of SP (>2.25%) with minimum levels of salt (<1.5%) with DBP is predicted
250 to decrease total injected fluid loss to less than 10%.

251

Comment [A1]: Quotes usage?

Comment [CD2]: Not necessary

252 4. Discussion

253 The higher pH values seen in steaks injected with sodium phosphates is expected
254 (Lawrence et al., 2004; Baublits et al., 2006; Cerruto-Noya, VanOverbeke & Mireles DeWitt,
255 2009). Increased pH values are often considered important in injected or marinated meat
256 products because as the pH shifts away from the isoelectric point of muscle proteins, their
257 ability to bind water increases (Oreskovich, Bechtel, McKeith, Novakofski, & Basgall, 1992).
258 However, there are other factors to consider with regard to the water binding abilities of meat
259 proteins. Trout and Schmidt (1986) observed increased cook yields and tensile strengths of
260 beef rolls when increasing ionic strength at a constant pH. While sodium phosphates increase
261 both pH and ionic strength, much of their functionality is due to their ability to dissociate the
262 actomyosin bond (Trout & Schmidt, 1986; Offer & Knight, 1988). Additionally, sodium chloride
263 (NaCl) generally does not increase pH, but it is effective in increasing the water binding ability of
264 meat by increasing ionic strength, dissolving myosin filaments and reducing the isoelectric point
265 of muscle proteins (Offer & Knight, 1988).

266 Salt and SP have long been known to work synergistically to affect the functional
267 attributes of meat proteins (Offer & Trinick, 1983; Trout & Schmidt, 1986). Since SP is restricted
268 to no more than 0.5% in the final product, its effects at or near that level combined with various
269 levels of salt have been thoroughly researched and are well known. The efficacy of
270 salt/phosphate combinations using amounts of SP closer to the minimum is less clear, however.
271 Also, since the use of salt is not restricted, amounts used in previous research of whole muscle
272 injected beef can differ greatly. Salt levels targeted for the final injected product are typically
273 0.5% or lower (Vote, Platter, Tatum, Schmidt, Belk, Smith & Speer, 2000; Robbins, Jensen,
274 Ryan, Homco-Ryan, McKeith & Brewer, 2002; McGee, Platter, Tatum, Schmidt, Belk, Smith &
275 Speer, 2003; Lawrence et al, 2004; Wicklund, Homco-Ryan, Ryan, McKeith, McFarlane &
276 Brewer, 2005; Cerruto-Noya et al., 2009; Rowe et al., 2009). The maximum level of salt used
277 for this study was 0.36% in the final product and extrapolation beyond that amount is not

278 statistically appropriate. While it is possible that further increases in salt concentration could
279 have functional benefits, many of the surface maps and contour plots show a plateau near their
280 maximum evaluated levels. This suggests that the functional value gained from further
281 increases beyond this point would be greatly diminished, especially when DBP and/or SP are
282 included in the brine. This plateau effect at higher levels of NaCl has been demonstrated
283 previously with response surface modeling using posterior pork loin sections injected with salted
284 marinade (Detienne and Wicker, 1999).

285 Detienne and Wicker (1999) performed a response surface study on pork loins, with
286 level of salt (0 – 1.5%) and SP (0 – 0.45%) in the final product as the variables. The purge
287 calculation described by the authors is similar to the *Brine loss_{total}* calculation performed in this
288 study. The authors saw maximum predicted values of greater than 90% purge loss for tail loin
289 sections and just over 70% for head sections of the loin when salt and SP were at their
290 minimum levels and minimum predicted values near 0% for both sections when salt and SP
291 were at their maximum. The predictive equations for Detienne and Wicker (1999) included the
292 significant effects of salt concentration, quadratic salt concentration and the salt x phosphate
293 interaction for the head section, whereas, similar to the present study, all effects were significant
294 for the tail section.

295 The reduction of salt and SP can also be achieved by the addition of non-meat
296 ingredients that act as alternative alkaline pH substitutes or water binding agents. The use of a
297 high pH brine using 0.1% ammonium hydroxide (AH) as the alternative alkaline pH substitute
298 and 3.6% salt was compared to a 4.5% SP, 3.6% salt brine in beef strip steaks injected to 110%
299 green weight (Cerruto-Noya et al., 2009). The AH injected steaks had 3.16% higher ($P < 0.05$)
300 purge values after 4 d of dark storage and 2.9% higher values ($P < 0.05$) purge values after an
301 additional 7 d of retail display. Authors concluded higher levels of AH would be needed to
302 completely replace phosphates in the brine and produce a comparable quality product. A
303 follow-up study by Parsons et al., 2011a demonstrated that 1% AH could successfully replace

304 4.5% SP in a meat injection brine. Purge from beef loin steaks was reported as being an
305 average of 1.31% from SP injected beef loins, while AH injected steaks had a purge of 2.07%.
306 Data suggests that complete replacement of the SP by an alternative alkaline agent such as AH
307 was predicted to reduce final sodium in the product by almost 50%. However, there are
308 concerns with the use of an alternative alkaline agent, such as AH. Although this ingredient has
309 been determined to be GRAS by USDA when used to increase meat brines to a final pH ≤ 11.6 ,
310 there has been mis-guided consumer concern with this ingredient as the media has associated it
311 with toxic levels of "ammonia". As a result, water binding agents such as the dehydrated beef
312 protein described in this study may offer more acceptable alternatives from a consumer
313 perspective as it is a same source ingredient as the meat it is being incorporated.

314 Studies evaluating same source meat binding ingredients have been previously
315 reported. Lawrence et al. (2004) compared a commercial beef broth and carrageenan in their
316 ability to prevent purge losses in strip steaks injected to a final concentration of 0.44% SP and
317 0.22% salt. After 5 d of retail display the authors saw no significant differences in purge values
318 between the steaks injected with salt and SP alone, and steaks injected with 1 or 2% beef broth
319 or carrageenan in addition to the salt and SP. A brine containing acid solubilized beef protein
320 with 1.8% salt was evaluated compared to a 3.6% salt, 4.5% phosphate brine injected into strip
321 loins at 110% (Vann & Mireles DeWitt, 2007). Protein injected steaks had 6.64% higher ($P <$
322 0.05) purge values than phosphate injected steaks after 5 d of storage. A pork collagen protein
323 powder, similar to the one used in this study, was evaluated by Schilling, Mink, Gochenour,
324 Marriott and Alvarado (2003) and Prabhu, Doerscher and Hull (2004). Schilling et al. (2003)
325 found that restructured hams formulated with 3% collagen protein powder had lower expressible
326 moisture than those formulated without it. Frankfurters formulated with at least 1.5% collagen
327 and hams including 3% collagen experienced significantly less purge losses than those
328 formulated without it (Prabhu et al., 2004). Lowder et al. (2011) evaluated quality attributes of
329 steaks from brine injected beef loins in which the sodium phosphate in the brine was completely

330 replaced with 5% dehydrated beef protein (DBP). They measured fluid loss, lipid oxidation,
331 cooked yield, sensory, color, and microbial plate counts. Product was overwrapped and placed
332 in motherbags for 4 d at 4 °C prior to being placed in retail display. Steaks were evaluated over
333 6d. Results determined that DBP treated steaks were comparable to those containing sodium
334 phosphate. There are several possible mechanisms that allow collagen protein powders to
335 increase water holding capacity of raw and cooked meat, including: (1) hydration of hydrophilic
336 moieties; (2) increase in viscosity of the brine dispersion due to thickening of collagenous
337 proteins at low temperatures, (3) formation of a progressive gel network after injection into the
338 meat product, (4) possible interactions with myofibrillar proteins (Schilling et al., 2003; Lowder et
339 al., 2011). The calculated *Brine loss*_{30 min} value represents the percentage of fluid injected into
340 the meat product that is lost between injection and slicing/packaging. This variable is typically
341 not reported in scientific studies. However, as shown here, the losses during this short
342 equilibration time can be significant. The ability to hold more injected fluid during this time
343 period is important to processors because it represents an ability to increase the weight of
344 packaged product and reduce plant generated waste. The *Brine loss*_{30 min} values seen during
345 this study suggest the equilibration time is a major point of fluid loss for processors. As a
346 collective, the eighteen brines tested in this study suffered ~48. % of their *Brine loss*_{total} in the
347 first thirty minutes after injection (data not shown). This time period seems to be when the DBP
348 has the greatest effect in reducing fluid loss. The increase in viscosity and ability to form a gel
349 network at low temperatures act to restrict free water within the muscle structure immediately
350 after injection. With salt and SP, the benefits of ionic strength and pH increases may be seen
351 right away, but effects of reorganizing the myofibrillar protein structure to increase water binding
352 may take more time.

353 Finally, data demonstrates that minor compromises in the loss of brine from the product
354 can produce significant reductions in the sodium content regardless of whether a water binding
355 agent (DBP) is included or not. The prediction equations such as those generated by this study

allow processors to predict the fluid loss that will occur when salt or phosphates are reduced or a binding agent such as DBP is added to beef strip loins. In the past, salt and phosphate incorporation has been focused on maximizing the quality attributes of injected products. The impact on nutritional quality of the product was thought to be minimal as levels of salt and phosphate incorporated in injected meat products are much lower than levels used in comminuted products. While the levels of sodium are much lower than what we find in products such as frankfurters, they are at least 4x higher than the levels in natural meat (Parsons and others, 2011b). Due to the increasing concern over the level of sodium consumption by consumers, the meat industry should be looking to carefully scrutinize and justify the level of sodium formulated into all products, not just comminuted meat products. Results from this study demonstrate that an increased understanding of the dynamic between salt and phosphate in injected beef products can produce opportunities for sodium reduction.

5. Conclusions

Use of salt and SP in injection brines decreased observed and predicted purge losses in beef strip loins and steaks. At the levels tested in this study, SP appears to have a stronger effect than salt on reducing purge losses when used alone. The use of DBP reduced observed and predicted purge losses at most levels of salt and SP. The functional benefits of adding DBP are predicted to be strongest when either salt or SP are eliminated or included at only minimal levels. The equations generated by these results could help processors to achieve acceptable purge losses while reducing sodium use.

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451

Table 1. Least squares means of Brine loss and Purge measurements of loins and steaks injected with a brine containing salt and sodium phosphate with or without a dehydrated beef protein

NaCl ⁱ %	SP ^j %	DBP ^k %	Brine loss _{30min} %	Purge %	Purge _{total} %	Brine loss _{total} %
0	2.25	0	23.39 ^{ab}	3.60 ^{ab}	6.10 ^a	54.26 ^{bc}
0	2.25	5	4.47 ^{de}	0.79 ^{ef}	1.24 ^e	12.53 ^{fgh}
0.53	0.66	0	25.57 ^{ab}	4.40 ^{ab}	6.83 ^a	69.55 ^{ab}
0.53	0.66	5	7.93 ^{cde}	2.07 ^{cd}	2.82 ^{cd}	29.57 ^{def}
0.53	3.84	0	17.24 ^{bcd}	0.99 ^{def}	3.04 ^{cd}	25.53 ^{defg}
0.53	3.84	5	3.70 ^e	0.67 ^{ef}	1.07 ^e	9.57 ^{gh}
1.8	0	0	30.65 ^a	4.61 ^a	7.31 ^a	80.02 ^a
1.8	0	5	13.46 ^{bcde}	1.53 ^{de}	2.79 ^{cd}	38.10 ^{cde}
1.8	2.25	0	23.95 ^{ab}	1.54 ^{de}	3.84 ^{bc}	40.16 ^{cd}
1.8	2.25	5	7.90 ^{cde}	0.77 ^{ef}	1.51 ^{de}	16.94 ^{fgh}
1.8	4.5	0	15.73 ^{bcde}	0.60 ^{ef}	2.26 ^{cde}	21.42 ^{efgh}
1.8	4.5	5	8.35 ^{cde}	0.34 ^f	1.15 ^e	12.06 ^{gh}
3.07	0.66	0	22.52 ^{ab}	3.06 ^{bc}	5.74 ^{ab}	47.41 ^c
3.07	0.66	5	3.31 ^e	0.55 ^{ef}	0.95 ^e	8.19 ^h
3.07	3.84	0	18.20 ^{abc}	0.59 ^{ef}	2.32 ^{cde}	24.84 ^{defgh}
3.07	3.84	5	14.48 ^{bcde}	0.39 ^f	1.71 ^{de}	18.82 ^{fgh}
3.6	2.25	0	13.19 ^{bcde}	0.71 ^{ef}	2.08 ^{cde}	20.05 ^{fgh}
3.6	2.25	5	4.45 ^{de}	0.32 ^f	0.76 ^e	7.77 ^h
SEM ^l	-	-	4.45	0.29	0.51	4.73

^{a-h}Means within a column with different superscripts are significantly different (P < 0.05)

ⁱSodium Chloride

^jSodium Phosphates (Brifisol® 85 Instant; BK Giulini Corp., Simi Valley, CA, USA)

^kDehydrated beef protein (Proliant Meat Ingredients, Ankeny, IA, USA)

^lStandard error of the mean

Table 2. Least squares means of pH for the main effect of brine combination before and after injection and on d 5 of storage of loins and steaks injected with varying levels of salt and sodium phosphates with or without a dehydrated beef protein

pH							
NaCl ^e %	SP ^f %	Before Injection	SEM ^g	After Injection	SEM ^g	5 d	SEM ^g
0	2.25	5.42 ^{bcd}	0.02	5.69 ^c	0.04	5.75 ^{abc}	0.04
0.53	0.66	5.39 ^d	0.02	5.41 ^d	0.04	5.57 ^{cd}	0.04
0.53	3.84	5.50 ^{abc}	0.02	5.89 ^b	0.04	5.92 ^a	0.04
1.8	0	5.40 ^{cd}	0.02	5.38 ^d	0.04	5.54 ^d	0.04
1.8	2.25	5.47 ^{bcd}	0.02	5.71 ^c	0.03	5.73 ^{bc}	0.04
1.8	4.5	5.59 ^a	0.02	6.17 ^a	0.04	5.84 ^{ab}	0.04
3.07	0.66	5.52 ^{ab}	0.02	5.58 ^c	0.04	5.68 ^{bcd}	0.04
3.07	3.84	5.58 ^a	0.02	5.99 ^b	0.04	5.82 ^{ab}	0.04
3.6	2.25	5.52 ^{ab}	0.03	5.87 ^b	0.04	5.72 ^{bcd}	0.04

^{a-d} Means within a column with different superscripts are significantly different (P < 0.05)

^eSodium Chloride

^fSodium Phosphate (Brifisol® 85 Instant; BK Giulini Corp., Simi Valley, CA, USA)

^gStandard error of the mean

Table 3. Coefficients for substitution into Eq. (1)^a for *Purge and Brine loss measurements* of loins and steaks injected with a final concentration of up to 0.36% salt and up to 0.45% sodium phosphates with or without a dehydrated beef protein (DBP)^b

Variable	Intercept (β_0)	NaCl (β_1)	SP (β_2)	NaCl ² (β_{11})	SP ² (β_{22})	NaCl*SP (β_{12})
<i>Purge</i>						
Control	6.0014	-0.8364	-1.5136	-	0.0880	0.1167
DBP	2.7088	-0.5874	-0.9262	-	0.0880	0.1534
<i>Purge_{total}</i>						
Control	8.9270	-0.8750	-1.9351	-	0.1559	0.0585
DBP	4.1695	-0.8750	-1.5148	-	0.1559	0.3068
<i>Brine loss_{30min}</i> ^c						
Control	-0.0925	0.1233	-0.2715	-0.1159	-	0.1087
DBP	-2.4414	0.1233	-0.2715	-0.1159	-	0.2111
<i>Brine loss_{total}</i> ^c						
Control	1.9341	-0.2016	-1.0717	-0.1152	0.0785	0.1177
DBP	0.1815	-0.2016	-1.0717	-0.1152	0.0785	0.2548

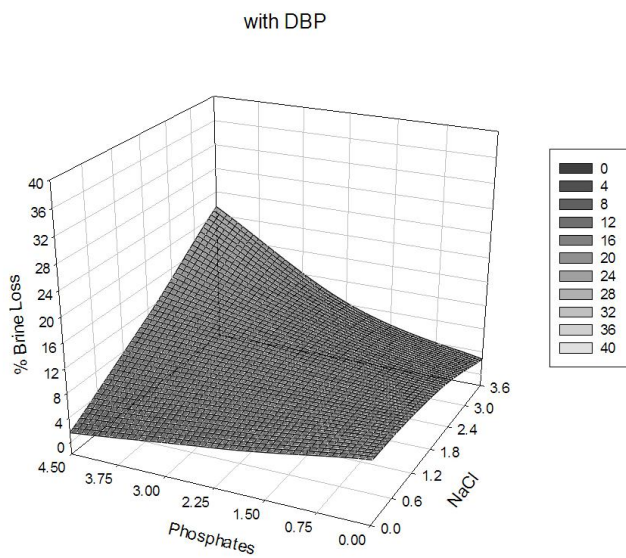
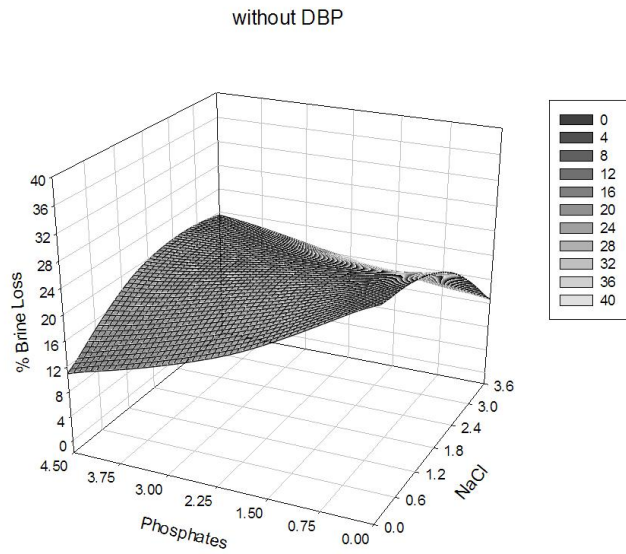
^a $\hat{Y} = \beta_0 + \beta_1\text{NaCl} + \beta_2\text{SP} + \beta_{11}\text{NaCl}*\text{NaCl} + \beta_{22}\text{SP}*\text{SP} + \beta_{12}\text{NaCl}*\text{SP}$ where NaCl is the level of salt in the brine and SP is the level of sodium phosphate in the brine

^b Proliant Meat Ingredients, Ankeny, Iowa, USA

^c Variables were converted to proportions and fit to a beta distribution

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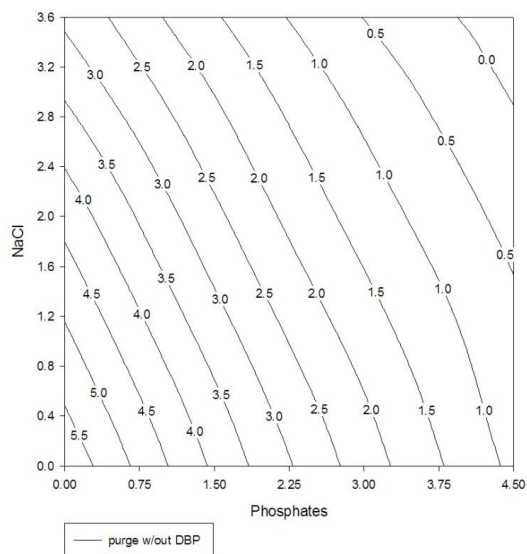


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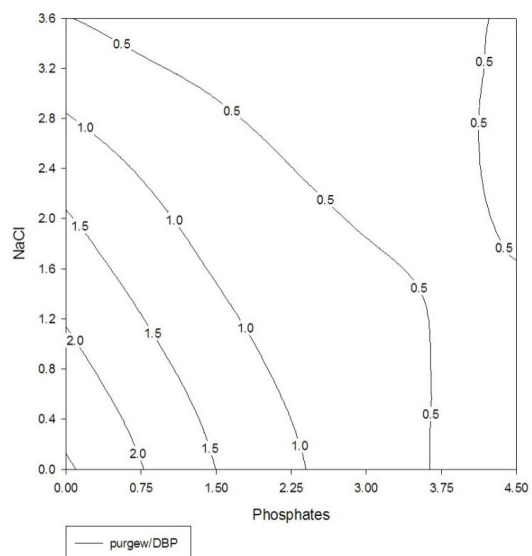
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461 Figure 1. Response surfaces of predicted *Brine loss*_{30 min} (%) of overwrapped steaks as
 462 salt (NaCl) and sodium phosphate (SP) are varied in brines (a) without dehydrated beef
 463 protein (CON) and (b) with dehydrated beef protein (DBP).



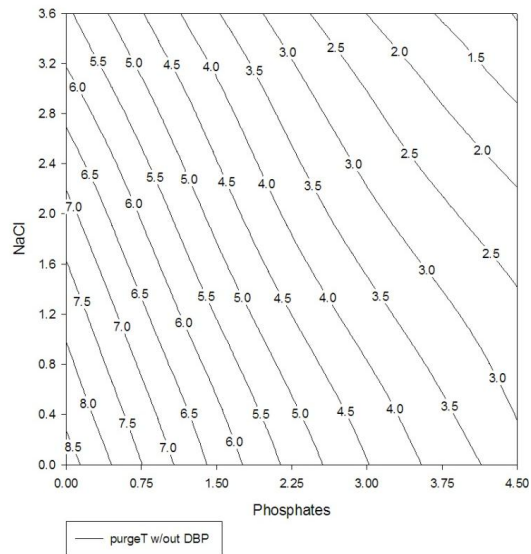
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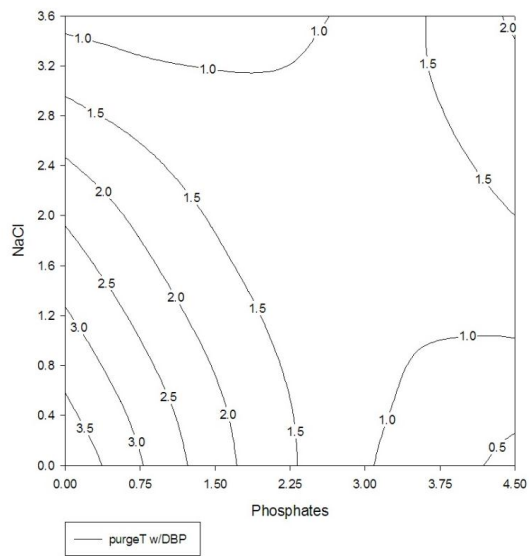
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466 Figure 2. Contour plots of predicted *Purge* (%) of overwrapped steaks as salt (NaCl)
 467 and sodium phosphate (SP) are varied in brines (a) without dehydrated beef protein
 468 (CON) and (b) with dehydrated beef protein (DBP).

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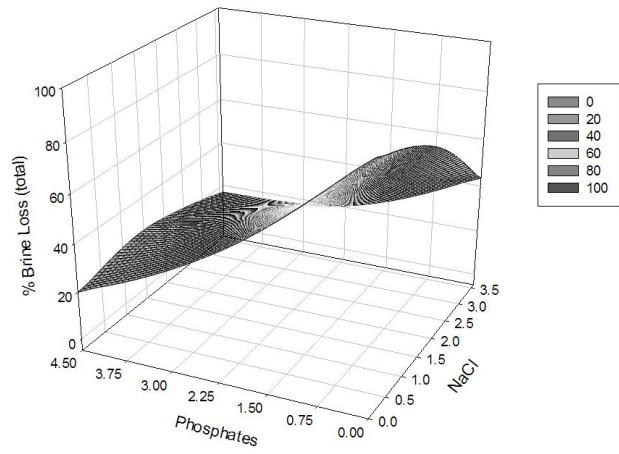
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471

472 Figure 3. Contour plots of predicted $Purge_{total}$ (%) of overwrapped steaks as salt (NaCl)
 473 and sodium phosphate (SP) are varied in brines (a) without dehydrated beef protein
 474 (CON) and (b) with dehydrated beef protein (DBP).

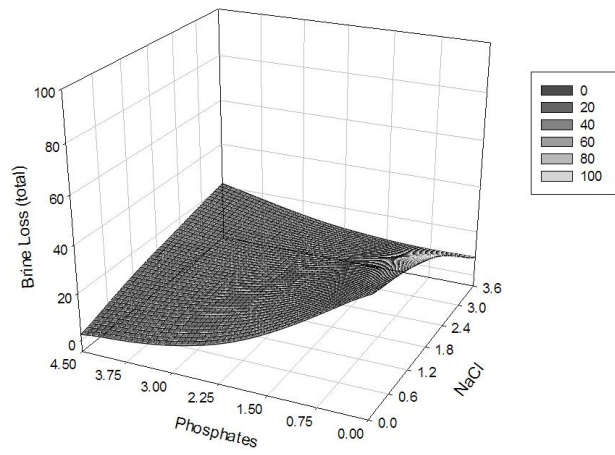
without DBP



475

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with DBP



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480 Figure 4. Response surfaces of predicted *Brine loss_{total}* (%) of overwrapped steaks as
481 salt (NaCl) and sodium phosphate (SP) are varied in brines (a) without dehydrated beef
482 protein (CON) and (b) with dehydrated beef protein (DBP).