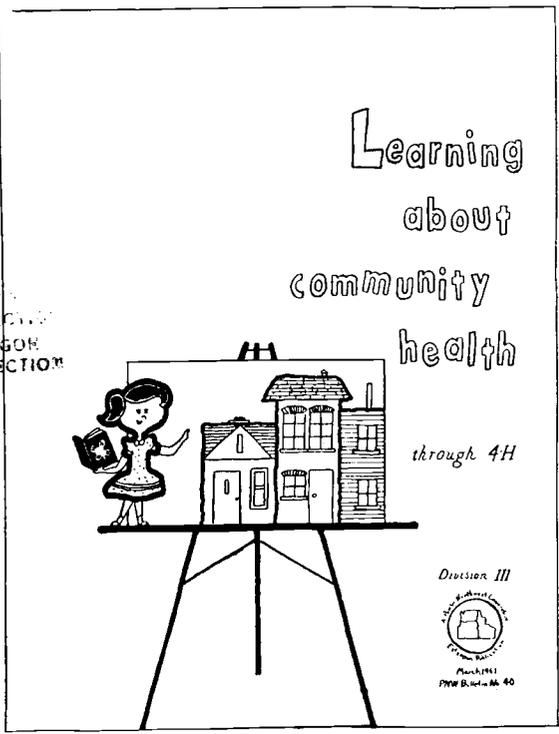


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COLLECTION



4-H Club Record

DIVISION III

4-H Health Project

Learning About Community Health Through 4-H

19____
Year

My Name Age

My Address

County Club No.

Name of My Club

Year In Club Work Year In School

My Parents' Signature

Approved by
(My Local Leader)

DISCARD



COOPERATIVE EXTENSION SERVICE
OREGON STATE UNIVERSITY • CORVALLIS

REQUIREMENTS FOR COMPLETION

1. Plan a tour, individually or as a club project, for the purpose of learning about some phase of your community health set-up.
2. **Assist with one health drive.** In doing so learn the purpose of the drive and how your community will benefit.
3. **Make up a directory of community health services available.** As a service project your club might distribute this to other clubs.
4. **Keep a scrapbook on your community's health status.** Include clippings, pictures, notes from meetings and your own observations.

EXHIBIT REQUIREMENTS

Record Book.

Poster on the subject "is ours a healthful community?"

This could point up community health needs as well as accomplishments.

GETTING TO KNOW YOUR COMMUNITY

CHECK PLACES VISITED

HOSPITAL
DENTIST'S OFFICE
WATER WORKS
SEWAGE DISPOSAL PLANT

CITY HEALTH DEPT.
COUNTY HEALTH DEPT.
DAIRY OR MILK PROCESS PLANT
FOOD PROCESSING PLANT

OTHERS

ARRANGEMENTS

1. MAKE DATE WITH PERSONS IN CHARGE.
Example: Check with dentist as to when group could come.
2. ARRANGE TRANSPORTATION
3. NOTIFY MEMBERS
4. REPORT AND PUBLICIZE

WHAT I DID TO HELP ARRANGE TOURS:

WHAT I LEARNED FROM TOURS: (Example: I learned how our drinking water is purified.)

HOW I HELPED WITH COMMUNITY HEALTH DRIVES AS INDIVIDUAL OR CLUB ASSISTED WITH FOLLOWING DRIVES:

BLOOD BANK
CHRISTMAS SEALS
CANCER DRIVE
HEART FUND

MARCH OF DIMES
RED CROSS
FLY CONTROL
RODENT CONTROL

OTHERS:

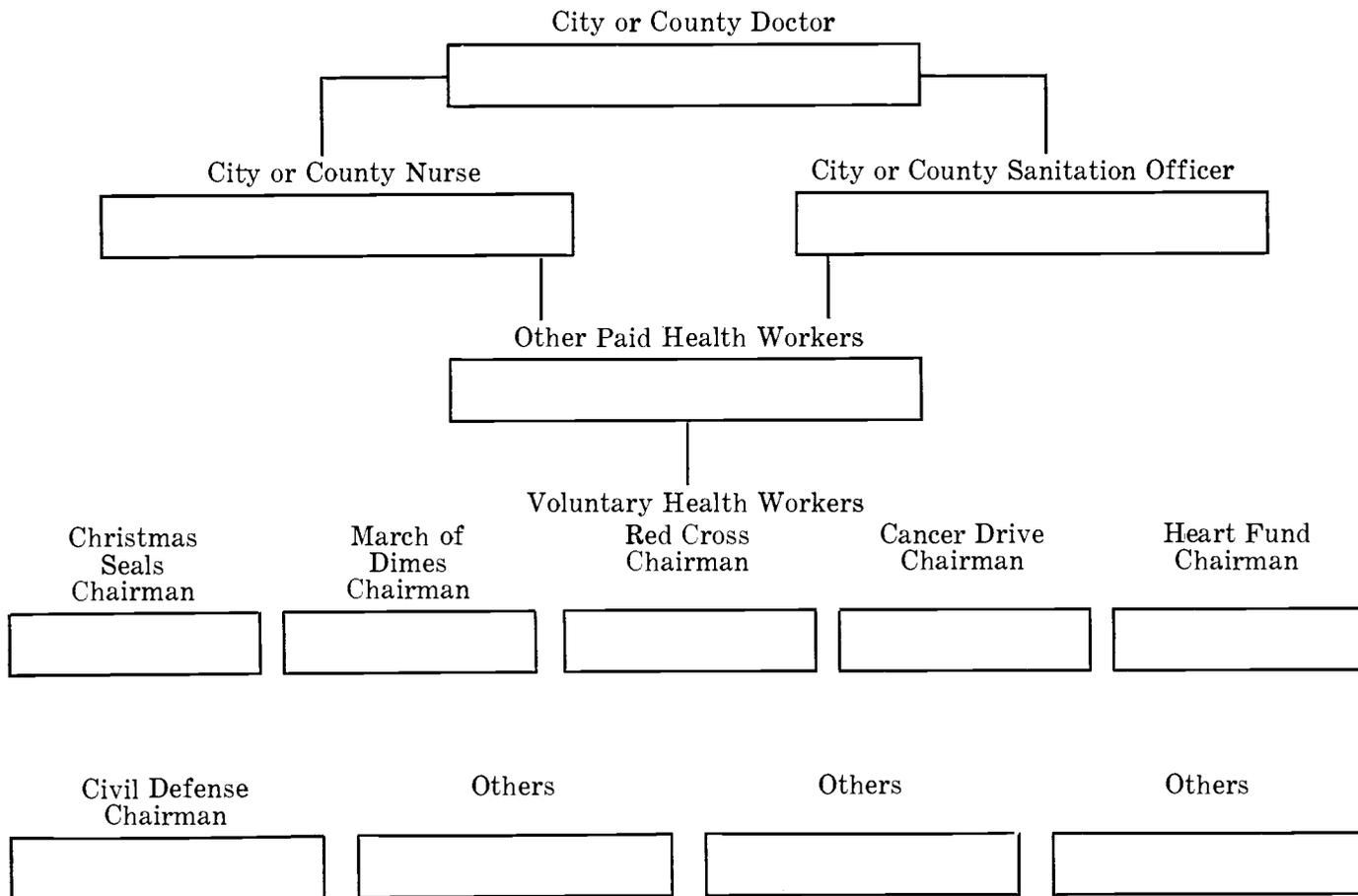
PURPOSE OF THE DRIVE:

HOW OUR COMMUNITY WILL BENEFIT:

WHAT I DID:

HOW OUR COMMUNITY IS ORGANIZED TO PROTECT OUR HEALTH

Secure and fill in the names of the persons in your community who are responsible for the different jobs in the diagram. If your community health set-up is completely different change the diagram or make a new one.



Some Things I Learned About My Community

1. We get our drinking water from
2. It is purified by
3. Our sewage is disposed of by (1) dumping raw
- (2) treating
4. Our stores can..... cannot..... sell raw milk.
5. Our water has natural fluoride..... fluoridation.....
6. We have a rodent control program fly control.....
(Yes-No) (Yes-No)

SUMMARY: (In your own words tell why your community is a healthful place to live. Are some improvements needed?) Use separate sheet of paper for this summary.