

Businesses, schools, and community organizations. These groups can provide guest speakers for club meetings, sponsor 4-H events, host field trips or tours, and partner with your club to conduct community service projects.

Publications. Many 4-H resources, educational materials, and Extension publications are available at your local Extension office, online, and through the National 4-H Supply Catalog.

Websites. The Oregon 4-H website (<http://oregon.4H.oregonstate.edu/>) contains information about state activities and links to all county websites. Familiarize yourself with these sites to keep up to date on upcoming activities, deadlines, and 4-H news.

The National 4-H website (<http://www.4-h.org/>) contains educational materials, volunteer resources, and links to other states' Extension websites.

Resource library. Volunteers can borrow a variety of learning resources from the State 4-H Office. These include teaching kits and DVDs for various project areas. Your local Extension office may also have resources available for check out.

Scholarships. Some counties have limited scholarship assistance available for volunteers who apply for local, state, regional, or national workshops. Contact your local Extension office for information.

Thanks for Volunteering

Being a 4-H volunteer can be challenging, but helping young people become successful, caring, productive citizens can also be one of the most rewarding experiences you'll ever have.

Useful Websites

- Oregon 4-H <http://oregon.4h.oregonstate.edu/>
- State committees <http://oregon.4h.oregonstate.edu/staff-advisory-councils-and-committees>
- National 4-H <http://www.4-h.org/>
- Exchange programs <http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-overview>

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