



# 4-H Crocheting Project

## Member Guide and Record

**C**rocheting is one of the oldest needlework arts. To crochet means to form yarn or thread into a fabric using a hook. Its name comes from the French word “croche,” meaning “hook.” The crochet hook was one of many tools first used to make delicate lace. As time went on, more stitches and designs came into being, and crocheting became a separate art.

Crocheting appeals to many people because it can be used to make a variety of creations, such as scarves, caps, vests, sweaters, purses, belts, laces, doilies, tablecloths, afghans, pillow covers, and bedspreads.

In the 4-H Crocheting project you can learn to:

- Crochet articles for yourself and others
- Select, use, and care for crocheting tools
- Work and share with others in your club
- Keep simple records of your project and activities

The 4-H Crocheting project is divided into six phases. Skills to be learned and suggested items to make are outlined on

page 2. A form for you to use to record your project activities begins on page 3.

Your club leader will teach you how to do basic crochet stitches, and help you find patterns to use as you learn. When you reach the advanced phases, you'll need to select patterns from a variety of pattern books, needlework books, and magazines. These are available at newsstands, notions counters, fabric stores, or specialty shops that sell yarn and thread.

If you want to show others what you learn in the crocheting project, check with your leader about exhibiting items at fairs or other community events. If you make an article to wear, you might like to model in your county 4-H fashion revue. Giving a presentation at a club meeting, contest, or community center is another way to share with others what you have learned. Sharing also happens when you make a gift for someone using the skills you've learned in the project.

*Prepared by Barbara J. Sawyer, Extension specialist emeritus,  
4-H youth development, Oregon State University.*

## Sequence of Phases

Phase	Skills to learn	Other things to learn	Suggested articles	Exhibits (optional)
1	Winding and joining yarn Reading and understanding a pattern Chain stitch, single crochet, double crochet, slip stitch Increasing, decreasing (if pattern calls for it)	Crocheting tools Crocheting terms Different yarns, threads Gauge and tension Blocking, laundering, and caring for crocheted articles	Two or more articles using skills learned scarf, bag, purse, belt, place mats, pot holder, pillow top, simple stocking cap	One article showing one or more skills learned
2	Combining skills to form various patterns, stitches Understanding more advanced pattern instructions Attaching yarn of another color Treble crochet, double treble, v stitch Crocheting in rounds; increasing, decreasing (if pattern calls for it)	New crochet terms More about yarns, threads More about tension, gauge Achieving textures by varying stitches	Two small or one large article(s) using skills learned scarf, slippers, cape, vest, poncho, skirt, top, simple afghan, toy	One article showing the following skills: (a) one of the new stitches learned in Phase 2, or (b) a combination of stitches learned in Phases 1 and 2. Use of two or more colors is optional.
3	Increasing, decreasing Open or filet mesh, block or solid mesh, long single stitch, shell stitch and variations	More about types and sizes of yarns, textures Using an interchangeable yarn chart New crochet terms Fit of apparel items	Two small or one large article(s) using skills learned (See suggestions listed for Phase 2)	One article showing the following: (a) one or more stitches learned in Phase 3, or (b) variations or a combination of stitches learned in Phases 2 and 3
4*	Learn at least two of the following: waffle (or rib) stitch, picot (Irish crochet), cluster stitch, popcorn stitch, star stitch, puff stitch	Review of Phases 1–3 to help develop additional skills Experiment with at least four different types of yarn and thread (from rug yarn to bedspread cotton)	Two small or one large article(s) using skills learned sweater with sleeves, cape with arm slits, patterned afghan, rug, small tablecloth or runner, simple doilies	One article showing the following: (a) one or more stitches learned in Phase 4, or (b) variations or a combination of stitches learned in Phases 3 and 4
5*	Learn at least one of the following: afghan stitch, hairpin lace, broomstick crochet	Adapting for any size yarn Using type of yarn or thread suitable for pattern choice	Two small or one large article(s) using skills learned	One article showing one or more of the following skills: (a) afghan stitch, (b) hairpin lace, (c) broomstick lace
6*	Create your own original design using skills learned in previous phases. Inspiration may come from a book, magazine, leader, and/or another individual or source.	Using existing references, resources, and skills in combination Choosing appropriate yarn or thread for article Charting	Two small or one large article(s) of own choosing	One article based on an original design. Include an explanation of why and how it was created and how it will be used

\* It's recommended that Phase 4 be repeated once with different stitches learned the second time. Phases 5 and 6 are also particularly suited for repeating.

# 4-H Crocheting Record

Name \_\_\_\_\_ County \_\_\_\_\_ Grade \_\_\_\_\_ Year born \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Club name \_\_\_\_\_ Leader \_\_\_\_\_

Year in 4-H \_\_\_\_\_ Year in project \_\_\_\_\_ Date record started \_\_\_\_\_, 20 \_\_\_\_\_ Date record closed \_\_\_\_\_, 20 \_\_\_\_\_

A record is part of your 4-H project. Keep your record neat, clean, and up-to-date. Pencil is recommended. If you need help, ask your parents or leader. If you need more space, add notebook paper.

## Things I Plan to Do and Learn This Year

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## Important Things I Did or Learned

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## Ways I Shared What I Learned

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## Activities in Consumership and Care of Articles Made

What I did	Costs, if any	Satisfactions

## Equipment and Materials Purchased (if any)

Equipment	Cost	Materials	Cost

## Articles Made

Article	Skills used	Total cost	Value*	Satisfactions

\* Cost of comparable purchased article. (Filling out this section is optional.)