Crustal strength in central Tibet determined from Holocene shoreline deflection around Siling Co


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Crustal strength in central Tibet determined from Holocene shoreline deflection around Siling Co

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Abstract: Controversial end member models for the growth and evolution of the Tibetan Plateau demand quantitative constraints of the lithospheric rheology. Direct determinations of bulk crustal rheology, however, remain relatively sparse. Here we use the flexural rebound of lacustrine shorelines developed during the Lingtong highstand around Siling Co, in central Tibet, to place bounds on the effective elastic thickness (T\textsubscript{e}) and viscosity of Tibetan crust. Shoreline features associated with the Lingtong highstand complex ~ 60 meters above present lake level are deflected from horizontal by 2-4 meters over wavelengths of ~ 200 kilometers. Optically stimulated luminescence dating of aggradational shoreline deposits indicate that these lake levels

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were reached at 6-4 ka. Assuming that surface loads were entirely supported by an elastic layer overlying an inviscid fluid, the range and spatial distribution of variations in shoreline elevation are consistent with deflections predicted by a uniform elastic plate with thickness, $T_e$ of 20-30 km. If viscoelastic relaxation in response to lake withdrawal is complete, our data suggest an average viscosity $\leq 10^{19}$ Pa s. These results imply that the apparent viscosity of the lower crust inferred over millennial timescales is comparable with that estimated from post-seismic relaxation over decadal timescale.

**Keywords:** Crustal strength, Tibetan Plateau, lake shoreline, effective elastic thickness, viscosity

**Highlights**

- Shoreline deflection provides constraints on the strength of crust in central Tibet.
- A Mid-Late Holocene highstand shoreline around Siling Co is deflected by $\sim$ 2-4 m.
- Shoreline deflections suggest an effective elastic thickness of $\sim$ 20-30 km.
- If rebound is complete, crustal viscosity beneath Siling Co is $\leq (1-2) \times 10^{19}$ Pa s.
1. Introduction

The rheology of the deep crust in orogenic systems has long been understood to influence the distribution, rates and style of lithospheric deformation (Argand, 1924; England and Houseman, 1986; Zhao and Morgan, 1987). However, determining the rheologic properties of actively deforming lithosphere is difficult, and much of our understanding of the bulk rheology of continental crust relies on either laboratory estimates of the constitutive behavior of rock materials (Brace and Kohlstedt, 1980) or on measurements of transient surface deformation following large earthquakes (Bürgmann and Dresen, 2008; Savage and Prescott, 1978). To a large degree, debates over the distribution of strength in continental lithosphere (Jackson, 2002; Watts and Burov, 2003) and the related question of whether deformation is continuous between crust and mantle (England and Houseman, 1986), owe their persistence to the difficulty of knowing the rheologic properties of the lithosphere in space and time.

Few doubt that the middle and lower portions of the crust of the Tibetan Plateau have undergone deformation during the Indo-Asian collision, but the nature of this deformation is one of the more contentious questions in continental dynamics today. On one hand, it is argued that the plateau owes its very existence to widespread lateral flow of the deep crust (Bird, 1991; Royden et al., 1997; Royden et al., 2008; Shen et al., 2001). Abundant geophysical data indicate that the lower crust should be quite weak at high temperatures and in the presence of fluids (Bai et al., 2010; Brown et al., 1996; Fan and Lay, 2003; Klemperer, 2006; Makovsky and Klemperer, 1999; Nelson et al., 1996; Unsworth et al., 2005; Wei et al., 2001). Geologic observations from eastern Tibet implicate the large-scale influx of lower crust to explain the growth of plateau topography in that region (Royden et al., 2008), and, numerous aspects of the tectonic evolution of the Himalaya can be explained by channelized flow of crustal rocks from beneath Tibet.
Revised manuscript submitted to EPSL (Beaumont et al., 2001). On the other hand, however, the correspondence of geodetic velocity fields and the inferred directions of seismic anisotropy in the mantle supports the idea of vertically-coherent deformation throughout Tibetan lithosphere (Bendick and Flesch, 2007; Davis et al., 1997; Flesch et al., 2005; Holt, 2000; León Soto et al., 2012). Geological observations from xenoliths beneath Tibet suggest that portions of the lower crust may be fluid-poor (Hacker et al., 2000), and several key aspects of the geology of the Himalaya (Harrison, 2006) do not seem to require channel flow. Thus, the conflicting nature of these geophysical observations highlights the need for experiments to directly determine crustal rheology.

Here we approach this question of crustal flow by measuring surface deformation around a large lake, Siling Co (‘co’ or ‘tso’ are alternative English translations of the Tibetan word for lake) (Fig. 1), in central Tibet, that occurred in response to climatically induced changes in lake levels. Changes in the volume of lake systems represent a surface load on the lithosphere, and the consequent flexural response is sensitive to the flexural rigidity of the elastic portion of the crust, to the viscosity of the deep crust and/or mantle, and to the timescale of loading or unloading. Moreover, shorelines developed during highstand levels represent a paleo-horizontal datum from which to measure deflections, as well as provide an estimate of the volume of the load. This methodology is a proven means of estimating the bulk constitutive behavior of the lithosphere and has provided key constraints in the Basin and Range (Bills et al., 1994a; Gilbert, 1890), the Andes (Bills et al., 1994b), and in the Mediterranean (Govers et al., 2009). It has also been recently used to place bounds on the rheology of the crust in west-central Tibet (England et al., 2013). Central to these efforts is the notion that variations in water loads typically occur over timescales of several thousand years and across spatial scales of tens to hundreds of kilometers. The resultant estimates of lithospheric rheology thus can fill a gap between inferences derived
from the geologic evolution of orogens over millions of years (Clark and Royden, 2000) and
those derived from decadal measurements of surface deformation associated with the earthquake
cycle (Hilley et al., 2005; Huang et al., 2014; Yamasaki and Houseman, 2012).

In this paper, we evaluate shoreline deformation around Siling Co in the central portion
of the Tibetan Plateau. This lake resided at ~ 4530 m in 1976 and extended over an area of ~
1660 km² (Meng et al., 2012a), but water levels have been increasing in elevation (by ~12 m)
and area over the past several decades (Meng et al., 2012a). The lake is situated just south of the
Banggong-Nujiang suture (Fig. 1) separating the Lhasa and Qiangtang terranes, and lies just to
the west of the primary profile of the INDEPTH 3 geophysical experiment (Ross et al., 2004;
Zhao et al., 2001). Flights of Late Pleistocene-Holocene shorelines are preserved at elevations up
to ~ 100 m above present lake level (Li et al., 2009). We combine geomorphic mapping and
surveying of shoreline elevations (Meng et al., 2012b) with new optically stimulated
luminescence (OSL) ages to develop the chronology of shoreline features that allows us to
constrain the amplitude, wavelength and timescale of shoreline rebound and deformation. We
utilize these data in a 3D single-layered elastic model to evaluate the effective elastic thickness
(a proxy for flexural rigidity or elastic strength) of the Tibetan crust beneath Siling Co. Finally,
we use the timescale of the shoreline rebound to estimate the viscosity of the lower crust by
assuming a viscous support of the water load.

2. Geomorphology, deflection and age of shorelines around Siling Co

2.1 Shoreline geomorphology

Extensive flights of relict shorelines are preserved around Siling Co and its neighboring
lakes. Mapping these shorelines using high resolution (0.5 m nominal resolution) satellite
imagery (Fig. 2) reveals a prominent group of shoreline features at ~ 4594 m elevation that mark
a continuous and distinct boundary between older geomorphic features above the shoreline level and younger features below. The shoreline is characterized by constructional features such as beach ridges, spits, tombolos and cuspatate bars and erosional wave-cut scarps that cut across both alluvial fans and bedrock (Fig. 2). The landscape above the highstand shoreline exhibits geomorphic characteristics that are consistent with significant age; alluvial fans truncated by wave-cut scarps along this shoreline complex are dissected by deep gullies and channels. Relict, discontinuous shoreline features are found above ~4594 m (Li et al., 2009), but these tend to be degraded and poorly preserved. Some exhibit polygonal “patterned ground” consistent with a protracted period of permafrost activity (Jorgenson et al., 2006). In contrast, the landscape below the shoreline complex at ~4594 m is characterized by groups of laterally continuous beach ridges developed across a strandplain. Beach ridges are fresh, undissected, and only the most active alluvial fans drape them (Fig. 2). Thus, the shoreline complex at ~4594 m elevation appears to represent a highstand strandline that was extensive around Siling Co; recession from this level was marked by the deposition of multiple beach ridges, possibly reflecting short-lived stillstands.

The wide spatial distribution and continuity of the highstand shoreline on both central peninsulas and along the margins of Siling Co makes this an ideal marker from which to measure variations in shoreline deflection with location. For convenience, we name this highstand shoreline at ~4594 m as the ‘Lingtong’ shoreline, after the name of a nearby village at the southeastern margin of this lake where the shoreline is well exposed.

2.2 Shoreline deflections

To determine current relative elevations along the Lingtong shoreline, we focused on the elevations of constructional features. These have several advantages over wave-cut cliffs/scarps in determining the position of the ancient lake level (Adams and Wesnousky, 1998): 1) the
elevation of swash surfaces along the shoreface represents a reasonable estimate of mean water level during formation of the beach barrier; 2) well-preserved flat crests of constructional shorelines are relatively easy to survey; and 3) the sediments that comprise constructional features afford the potential for determining the timing of shoreline development. Wave-cut cliffs retreat during successive undercutting and failure, and burial of the shoreline angle at the base of wave-cut scarps during scarp retreat can make determining precise elevations difficult.

We surveyed constructional features at 66 localities along the Lingtong highstand shoreline using differential GPS (Meng et al., 2012a) that allowed us to measure relative differences in ellipsoidal elevation with precision at the decimeter level (see Supplemental Materials). Shoreline features associated with longshore transport (spits and tombolos) were surveyed at the point of attachment to the shoreline. These positions likely represent a minimum estimate of water elevation at time of the shoreline occupation. Beach ridges and cuspatate bars are considered more reliable, as they likely formed at, or immediately above, the fair weather wave base (Tanner, 1995). Measurement uncertainties on any given survey site are small and reflect effects of positioning and baseline processing (~ 0.1 m, Meng et al., 2012a). Moreover, the relatively smooth topography along shoreline surfaces exhibits limited variations in elevation (typically < 20-50 cm), and thus we consider that they represent a reasonable estimate of lake level to within ~1 m.

We also assign a nominal quality rank to each feature that represents the likelihood that each of our surveyed shoreline features represents occupation of a once continuous lake level (Fig. 3). Sites in which we have the highest confidence (rank A) have clear association with the geomorphic boundary between relict alluvial deposits and lacustrine deposits. Typically, these are depositional features that can be traced continuously into wave-cut scarps, and mark the...
highest occupation of the former lake. We also assign shoreline to this group that have independent age control (see below). Lower confidence (rank B) is placed in sites that express very sharp and prominent depositional morphology, but cannot be traced continuously into the highest shoreline level. These shoreline features may be developed during occupation of the Lingtong complex, but may not have developed during occupation of the highest position. Our lowest confidence sites (rank C) exhibit neither sharp features nor clear continuity or connection with the sharp geomorphic boundary; in some places the shorelines are ambiguous with respect to the Lingtong highstand level. Together, rank A and B sites constitute ~86% of the full data set (Table S4 in Supplemental Material and supplemental Google Earth kmz file).

Our results reveal limited variation in relative heights of the surveyed shoreline features at the Lingtong highstand level, along a radial distance up to 110 km away from the centroid of the water load (Fig. 3B and Fig. 4A). Fifty-eight out of sixty-six (87.8%) shorelines reside at elevations between 4593 m and 4595 m, within 1 m of the mean elevation (4593.9 m). Notably, nearly all shorelines with confidence level A lie within this 2 m range (Fig. 3B and Fig. 4A).

Shorelines of confidence levels B and C exhibit a larger range of elevation, up to ~4.5 m; most of these lie near the center of the load (Fig. 3B). The vertical elevation ranges at a specific radial distance (Fig. 3, B and C) may reflect both 1) the complicated deflection pattern due to the complex load geometry (Fig. 4, B and C), and 2) variations in the shoreline surface heights relative to the mean water level associated with site-specific variations in local wave energy, basal topography, sediment supply and duration of activity for shorelines during the shoreline development (Adams and Wesnousky, 1998; Bills et al., 2007; Gilbert, 1890). Thus we consider that the full range of variation (~4.5 meters) a maximum allowable bound on the magnitude of
deflection. We conclude that the deflection range of the Lingtong highstand shorelines is most likely 2 m, and possibly up to 4 m.

It is noteworthy that shorelines east of the lake center appear to decrease systematically, by ~1.5-2 meters, toward the east (Fig. 3C). Similarly, shorelines around Wuru Co, west of the centroid of water mass, appear to also decrease from west to east by ~1.5-2 meters (Fig. 3C). Although we cannot rule out that these variations are coincidental, given uncertainties, it is possible that Lingtong highstand shorelines record a long-wavelength, regional tilt.

2.3 Shoreline ages

The timing of deposition of shoreline deposits supports the correlation of highstand shorelines and constrains the timing and duration of lake loads. Age control of the shorelines around Siling Co is limited; existing OSL dates from beach deposits range from ~ 70 ka to as young as ~ 6 ka (Li et al., 2009) and generally suggest lake recession since 70 ka. Exposure age dating of bedrock outcrops interpreted to be wave-cut platforms, however, yield ages as old as ~160 ka to ~ 250 ka (Kong et al., 2011), suggesting the possibility of an older and more complicated history. In contrast, the highstand shorelines around Gyaring Co, which is ~ 70 km southwest of Siling Co but within the upstream Siling Co drainage basin, show OSL ages of 4-5 ka (Shi et al., 2014). These debates highlight the need to better constrain the ages of highstand shorelines in central Tibet.

In this study, we collected 9 samples of medium- and fine-grained sand and silt layers intercalated within beach gravels for OSL dating of the age of the Lingtong highstand shoreline complex from 9 sites around the lake (Fig. 3A). Analysis and interpretation of luminescence data are described in Supplemental Material. Our results reveal that 7 of the 9 samples yield ages that cluster between ~ 4-6 ka (Table 1); two of these samples come from shorelines near the center of

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the lake (OSL sample numbers 6 and 34 in Fig. 3A) and five samples represent positions along the southeastern and western margin of the lake (OSL-1, 25, 31, 33, 46 in Fig. 3A), confirming our interpretation that the shoreline complex represents features developed during a single highstand. Two samples (OSL-21 and OSL-32) have ages that deviate from this cluster of results. These samples have large overdispersion of individual aliquots and appear to contain multiple components in the distribution of De (see Supplemental Material). OSL-21 has an age of ~3.9 ka based on the younger De component of 3 aliquots using a finite mixture model (see Supplemental Material), which is consistent with the age range of 4-6 ka for other samples (Table 1; Fig. S2D). However, the older component of the distribution suggests an age of ~7.8 ka. If this component is a reliable burial age, it might suggest that the duration of shoreline development occurred during 8-4 ka. The other sample, OSL-32 from a shoreline of quality rank C in the shoreline correlation, has an age of 1.5 ka calculated by minimum age model-3 (see Supplemental Material), significantly younger than the other samples. We also observed evidence for bioturbation by rodents at this locality (although not directly in our sample location), and it is possible that this sample may have been influenced by bioturbation. Collectively, the OSL chronology from shoreline complex suggest features were developed during a highstand that occurred from 6-4 ka. Importantly, our results place constraints on the timing of initial recession of the lake (ca. 4 ka), which provides a bound on the timescale of shoreline deflection.

3. Rigidity of Tibetan crust from flexural rebound

We determine the flexural rigidity (D) of Tibetan crust through analysis the effective elastic thickness ($T_e$). The relationship between the two parameters is described as
\[ D \equiv \frac{ET_c^3}{12(1-\nu^2)}, \quad (1) \]

where \( E \) is Young’s modulus and \( \nu \) is Poisson’s ratio. We estimate \( T_c \) by comparing our observed shoreline elevation data with the predicted deflection of an infinite elastic slab overlying an inviscid substrate in response to a spatially varying load that represents the change in lake level. Implicit in this analysis is the assumption that measured shoreline deflection represents the full response to the lake withdrawal. We represent the load as an irregular volume consistent with the height and geometry of the Lingtong highstand shorelines above present lake level (see Fig. 4, B and C). We assume a uniform \( T_c \) of the crust beneath Siling Co. We calculate the crustal flexural response (hence the pattern of shoreline deflection) to lake unloading over a range of flexural rigidities that reflect \( T_c \) variations from 2 km to 50 km (see examples in Fig. 5, A-C and Fig. 6). We adopt the analytical solutions to the pseudo-3D equation of flexure of a thin elastic spherical shell under a disc-shaped load (Brotchie and Silvester, 1969; Watts, 2001, and see details in Supplemental Material). The computation scheme follows the method of Nakiboglu and Lambeck (1983). In the scheme, the water load has been discretized to cylinders with diameter of 1 km and varying heights, and the total flexure of the lithosphere is calculated by sum of the flexure in response to loading of each unit cylinder (see Supplemental Material).

We search for best estimates of \( T_c \) using two criteria. First, we seek a condition where the maximum difference in predicted deflection equals the range of shoreline deflections (~ 2 m, and perhaps 4 m, as discussed above). Second, we calculate a root mean square (RMS) of the misfit between the calculated (Fig. 5, A-C and Fig. 6) and observed deflections. Because the elevation datum of ‘zero’ deflection is not known \textit{a priori}, observed deflections are represented by the deviations of the shoreline elevations from their mean (Fig. 4A). We recognize that this approach
is limited; shorelines are not preserved in a spatially uniform distribution, and thus the RMS may be weighted to regions with more data. Nonetheless, it serves as a useful complement to the predicted range in shoreline deflection.

Comparison of the results of forward models with varying elastic thickness (Fig. 5 and Fig. 6) show that deflections are best fit with a $T_e$ of ~30 km. At this elastic thickness, the calculated deflection range is nearly equal to the vertical elevation range of ~ 2 m (Fig. 5E), among all Lingtong highstand shorelines of high confidence (ranks A and B). If we consider the possibility that deflections range up to 4 m, an elastic thickness of ~20 km is allowable. Differences in RMS of the misfit for these models is small, ranging from 0.86 to 1.22 (Fig. 6). Although the RMS measure of misfit continues to decrease slightly for larger $T_e$ of 40 km (Fig. 6), range of predicted deflections underpredicts the observed deflection of 2-4 m. Thus, we conclude that the observed deflections of the Lingtong highstand shorelines implies an elastic lithosphere of $T_e$ ~ 20-30 km around Siling Co in central Tibet.

One important caveat is that this estimate of $T_e$ assumes complete rebound of the Lingtong shoreline. If the rebound is incomplete, perhaps due to ongoing viscoelastic rebound (see next section), the observed deflections of 2-4 m represent only a fraction of the total. In this case, the “true” $T_e$ would be somewhat lower than 20-30 km (Willett et al., 1985). Unfortunately, we are not able to test this assumption with our current data; deflection of a lower set of shorelines around Siling Co could be used to determine the degree of recovery, similar to studies in the Lake Bonneville basin in the western United States (Passey, 1981). However, given that deflection of a lower set of shorelines, if any, is expected to be smaller than that of the Lingtong highstand, the uncertainties associated with determining lake levels from preserved shoreline features would prevent determination of deflection.
4. Viscosity of central Tibetan crust

An alternative interpretation assumes that viscous stresses arising from flow of crust beneath the elastic upper layer support surface loading (England et al., 2013). Given that the elastic thickness implied by our results is significant less than the crustal thickness in central Tibet (~65 ± 5 km) (Nábělek et al., 2009; Zhao et al., 2001), this is a reasonable possibility. If we assume that the observed flexural rebound of the elastic layer represents complete adjustment by viscous flow in the lower crust, the timescale of the lake unloading places a maximum bound on crustal viscosity of central Tibet. The viscosity that would allow complete compensation of the removal of the lake load in the available time can be simply approximated by

\[ \eta = \frac{\rho g \lambda}{4\pi \tau} \]  

(2),

where \( \tau_r \) is the characteristic e-folding relaxation time that is approximately 1/3 of the total relaxation time (\( \tau_T \)) (Turcotte and Schubert, 2002). Here \( \tau_r \) is assumed to be ~ 4 ka, the minimum age of recession from the Lingtong highstand level; \( \eta \) is the viscosity of the compensating medium; \( \rho \) is the density of the compensating fluid (here assumed to be 2900 kg/m\(^3\)); \( g \) is gravitational acceleration (9.8 m/s\(^2\)); and \( \lambda \) is the flexural wavelength (~ 150-200 km) estimated from the flexural wavelength of the load. This simple analysis implies that, in order for complete relaxation of the crust in response to removal of the load, the average viscosity of the lower crust beneath Siling Co would have to be \( \leq (1-2) \times 10^{19} \) Pa s. However, the assumption of complete adjustment makes this value less certain; if viscoelastic relaxation is still ongoing, the effective viscosity would be greater (Willett et al., 1985). One consideration in both of these estimates, however, is that the loading phase of the lake may have been relatively short; our chronology
strictly imply a duration of ~2 ka (6 to 4 ka), and we do not have independent data that constrain when the lake reached its highstand level.

5. Discussion

5.1 Elastic strength of central Tibetan crust

Our study contributes to an emerging body of constraints on the effective elastic structure of Tibetan crust over millennial timescales. The elastic thickness of 20-30 km determined in this study is less than half of the crustal thickness in central Tibet, which is 65 ± 5 km (Nábělek et al., 2009; Zhao et al., 2001). Since the elastic thickness reflects a depth integration of the crustal strength (Watts, 2001), our results argue that central Tibetan crust may be relatively weak, generally consistent with the observation that focal depths of large earthquakes in Tibet are largely confined to the upper ~15-20 km of the crust (Chu et al., 2009).

Values for $T_e$ of 20-30 km in Siling Co region from millennial lake loading history are comparable with $T_e$ estimates for the same area from plateau-scale gravity anomalies and topography, considering the uncertainties in the estimates and the relatively low resolution of gravity and topographic data. These estimates are $T_e$ ~ 20-30 km (Braitenberg et al., 2003; Jordan and Watts, 2005) or 20-40 km (Audet and Bürgmann, 2011; Chen et al., 2015). But our $T_e$ estimates of Siling Co region are higher than those (mostly $T_e$ < 20 km) in neighboring regions and much of central and northern Tibet (Braitenberg et al., 2003; Chen et al., 2015; Jordan and Watts, 2005; Masek et al., 1994). Regional variation in these estimates may reflect heterogeneity of crustal strength, potentially associated with different inherited localized thermal regimes (Harrison, 2006; Hetényi et al., 2011).
5.2 Consistent viscosity of central Tibetan lower crust on decadal and millennial timescale

The bound on the average viscosity of the crust in central Tibet of ~ (1-2)×10^{19} Pa s determined in this study is consistent to the results of a similar study of shorelines around Zhari Nam Co in west-central Tibet (Fig. 1) (England et al., 2013). Here, the apparent absence of shoreline deflection also argues for a crustal viscosity > 10^{19}-10^{20} Pa s (England et al., 2013). Notably, our dating of shoreline occupation at Siling Co is also consistent with the lake loading histories assumed by England et al. (2013) and lends support to the notion that lake level changes were synchronous across much of the interior of the Tibetan Plateau during Holocene time.

These viscosity estimates of lower crust from shoreline rebound are also generally consistent with estimates developed from models of transient deformation following earthquakes (Fig. 7 and Table S5). In 2008, the M_w 6.4 Nima-Gaize earthquake occurred along a small graben approximately 300 km to the west of Siling Co (Fig. 1); viscoelastic models place a lower bound on the viscosity of a Maxwell half-space of ~3×10^{17} Pa s (Ryder et al., 2010) (Fig. 7). Similarly, the lack of resolvable post-seismic deformation after the 2008 M_w 6.3 normal faulting event at Damxung, along the central portion of the Yadong-Gulu rift, approximately 250 km to the southeast of Siling Co (Fig. 1), suggests a lower bound of ~1×10^{18} Pa s for crustal viscosity (Bie et al., 2014). Finally, decadal measurements (1992–2010) of surface deformation following the 1951 and 1952 earthquakes in the Ben Co region, ~ 200 km east of Siling Co (Fig. 1), constrain lower crustal viscosities to (5-10)×10^{19} Pa s (Ryder et al., 2014). Although the lower bounds of these data imply somewhat lower viscosities than our study (Figure 7), the overlap between decadal and millennial timescale observations suggest that the lower crust beneath central Tibet is likely on the order of 10^{19} Pa s.
A synthesis of data from other parts of the Tibetan plateau (Fig. 7), suggests that the viscosity of the crust likely varies across the orogen. Transient deformation along the Kunlun fault system following the 1997 M\textsubscript{w} 7.6 Manyi and the 2001 M\textsubscript{w} 7.9 Kokoxilli earthquakes implies lower crustal viscosities > 10\textsuperscript{18} Pa s (Hilley et al., 2005; Hilley et al., 2009) and perhaps in the range of (1-5)\times10\textsuperscript{19} Pa s (Ryder et al., 2011; Wen et al., 2012). In eastern Tibet, adjacent to the Sichuan basin, however, transient deformation following the 2008 Wenchuan M\textsubscript{w} 7.9 event implies a relatively weak lower crust (Shao et al., 2011), with viscosities on the order of 10\textsuperscript{18} Pa s (Huang et al., 2014). These regional differences appear to imply relatively large spatial changes in ductile strength of the lower crust in Tibet.

5.3 Implications for lower crustal flow

Numerous efforts to explain the present-day topography of the plateau argue for a weak lower/middle crust (Bendick et al., 2008; Clark et al., 2005; Clark and Royden, 2000; Cook and Royden, 2008; Copley and McKenzie, 2007; Royden et al., 1997); models of the geologic evolution of the plateau invoke effective viscosities ranging from 10\textsuperscript{16}-10\textsuperscript{22} Pa s (also see Table S6 in Supplemental Material). Thermal-mechanical numerical models parameterized to mimic constitutive flow laws (Beaumont et al., 2001) imply that extensive flow in a lower crustal channel may develop once the effective viscosity reaches values of ~ 10\textsuperscript{19} Pa s (Beaumont et al., 2004; Medvedev and Beaumont, 2006). Tradeoffs between the viscosity and the thickness of flow in a crustal channel make this value approximate (Bendick et al., 2008; Klemperer, 2006). In our study, as with that of England et al. (2013), the lower bound on crustal viscosity required by shoreline rebound is similar to this value, (1-2)\times10\textsuperscript{19} Pa s. Thus, although our data permit wholesale flow of lower crust on geological timescales (Bird, 1991; Nelson et al., 1996), they are not consistent with the presence of a weak middle crust capable of channelized flow.
6. Conclusions

Deflection of Holocene shorelines around Siling Co provides a quantitative estimate of the rheology of central Tibetan crust. Recession of Siling Co by ~ 60 m from the Lingtong highstand conditions during the past 4-6 ka resulted in ~2-4 m of shoreline deflection from horizontal. Forward modeling of rebound of an elastic plate overlying an inviscid fluid in response to a spatially distributed surface load constrains the $T_r$ to ~20-30 km. Assuming that viscoelastic relaxation of crust beneath the elastic lid is complete requires a maximum average viscosity of ~ $(1-2) \times 10^{19}$ Pa s. If viscoelastic rebound is still ongoing, however, the tradeoff between rigidity of the elastic lid and viscosity of the underlying fluid, these values reflect an upper bound on strength and a lower bound on viscosity (Willett et al., 1985). Nonetheless, our results are consistent with viscosities estimated from shoreline deformation elsewhere in central Tibet (England et al., 2013) as well as with decadal measurements of post-seismic surface deformation (e.g., Ryder et al., 2014). Collectively, these data suggest that the crust in central Tibet, while weak, is not sufficiently so as to enable channelized flow in the middle crust.

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**Figure captions**

**Fig. 1.** Geological setting of the study area. Shown are two seismic profiles around Siling Co. SF-2: Sino-French 2 (Zhang and Klemperer, 2005); INDEPT-3 (International Deep Profiling of Tibet and the Himalaya) (Zhao et al., 2001). The map also shows the focal mechanisms (source: Global Centroid Moment Tensor Catalog, Ekström et al., 2012) of earthquakes occurred in this region that are discussed in the text. BNS: Bangong-Nujiang suture; TB: Tarim basin; QB: Qaidam basin; SB: Sichuan basin.

**Fig. 2.** Examples of geomorphic features characteristic of shorelines around Siling Co. (A) High resolution GeoEye satellite imagery showing the transition from depositional shorelines to wave-cut scarps along the highstand complex. Note the dissected alluvial fans above the wave-cut scarp and the recessional beach ridges below; (B) Field photograph showing cuspate bar and back-bar developed along the highstand complex; (C) Low relief depositional surface atop the cuspate bar.

**Fig. 3.** (A) Localities of surveyed depositional highstand shorelines and OSL samples. The dark gray area represents the extent of the paleo-Lingtong highstand of Siling Co and the light blue area is the present lake extension. Color-coded circles denote three levels of confidence in the correlation of the shoreline with the Lingtong highstand level (see text and Supplemental Google Earth kmz file for detailed description). Sample numbers are labeled off the sample locations pointed by black arrows. (B) Variation in shoreline elevations along the radial distance away from the centroid of the water load (see location in Fig. 3A). (C) Variation in shoreline elevations along the radial distance away from the centroid of the water load that is projected onto the E-W line. Color-coded symbols in Fig. 3B and Fig. 3C are the same as Fig. 3A.
Fig. 4. (A) Color-coded circles show the deviation (± 2.3 m) of the shoreline elevations from their mean value of 4593.9 m. Other legends are the same as Fig. 3A. (B) reconstructed water load between the Lingtong highstand and the lake level in 1976 along profile ABC. (C) map view of the 3D geometry of the reconstructed water load.

Fig. 5. (A-C) Predicted crustal deflection pattern with $T_e$ of 20, 30, and 40 km (from top to bottom) by forward elastic modeling. White lines are the contours of calculated deflection. Color-coded circles show the misfit between predicted deflections and observed deflections for confidence level A and B shorelines; the latter are represented by the deviation of the shoreline elevations from their mean value. (D-F) Comparison of shoreline elevation versus predicted deflections ($T_e = 20, 30$ and $40$ km) at each surveyed highstand shoreline locality. Symbol legends are the same as Fig. 3.

Fig. 6. Black circles show the change in the maximum difference in calculated deflections (or deflection range) among shorelines of confidence levels A and B with $T_e$. Gray triangles show varying RMS of misfit between calculated and observed deflections with $T_e$. Both data sets show declining trends.

Fig. 7. Comparison of viscosities for different regions and variable timescales determined from post-seismic deformation after large earthquakes (labeled at bottom) and lacustrine shoreline deformation. Green and blue bars show viscosities determined from post-seismic and interseismic deformation, respectively. Red bars denote millennial timescale viscosities. Point-up or -down black arrows indicate viscosities with a lower or upper bound, respectively. The numbers represent the reference source of the viscosity estimates: 1. (Ryder et al., 2007); 2. (Yamasaki and Houseman, 2012); 3. (DeVries and Meade, 2013); 4. (Zhang et al., 2009); 5.
Table 1. Field data and ages of OSL samples from the highstand shorelines around Siling Co.
highstand shorelines (cuspate bar)
beheaded gullies
highstand wave-cut scarp
lower shorelines
back-bar depression

Fig. 2 Siling Co
Fig. 3
Fig. 4

Lake Level
- Lingtong highstand
- Lake level in 1976 shorelines below Lingtong highstand

Elevation deviation from the mean (4593.9 m)
- 2.0 ~ 1.8
- 1.8 ~ 1.4
- 1.4 ~ 1.0
- 1.0 ~ 0.6
- 0.6 ~ 0.2
- 0.2 ~ 0.0
- -0.2 ~ -0.6
- -0.6 ~ -1.0
- -1.0 ~ -1.4
- -1.4 ~ -1.8
- -1.8 ~ -2.3

Wuru Co
Siling Co
Bange Co

Height (m)
82
0

Elevation (m)
4650
4600
4550
4500
0 50 100 150 200 250 300

Fig. 4

Lake Level current Lingtong highstand
Fig. 5
Best estimate of $T_e \sim 20 - 30$ km

Maximum difference in calculated deflection among shorelines of confidence levels A and B

Deflection Range

RMS of misfit (m)
This study post-seismic interseismic shoreline rebound

Viscosity (Pa s)

- Decadal timescale
  - 1997 Mw 7.6 Manyi
  - 2001 Mw 7.8 Kokoxili
  - 2008 Mw 7.6 Wenchuan Luhuo
  - 2008 M 6.4 Nima-Gaize
  - 2008 Mw 6.3 Damxung
  - 1951/1952 Ben Co

- Millennial timescale
  - Siling Co
  - Zhari Nam Co

Depth-dependent viscosity at 30 km

Central Tibet

Fig. 7
Table 1. Field data and ages of OSL samples from the highstand shorelines around Siling Co

<table>
<thead>
<tr>
<th>Sample Name</th>
<th>Lat (°N)</th>
<th>Long (°E)</th>
<th>Elev (m)</th>
<th>Depth (m)</th>
<th>N (aliquots)</th>
<th>Dose (Gy)</th>
<th>Error (Gy)</th>
<th>Dose Rate (Gy/ka)</th>
<th>Error (Gy/ka)</th>
<th>Age (ka)</th>
<th>Error (ka)</th>
<th>Age Model*</th>
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<td>XS-SL-OSL-O1A</td>
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<td>2.2</td>
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<td>88.877</td>
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<td>55</td>
<td>12.58</td>
<td>0.88</td>
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* FMM – Finite mixture model; MAM – Minimum age model; numbers denote the component of each age model