





**Businesses, schools, and community organizations.** These groups can provide guest speakers for club meetings, sponsor 4-H events, host field trips or tours, and partner with your club to conduct community service projects.

**Publications.** Many 4-H resources, educational materials, and Extension publications are available at your local Extension office, online, and through the National 4-H Supply Catalog.

**Websites.** The Oregon 4-H website (<http://oregon.4H.oregonstate.edu/>) contains information about state activities and links to all county websites. Familiarize yourself with these sites to keep up to date on upcoming activities, deadlines, and 4-H news.

The National 4-H website (<http://www.4-h.org/>) contains educational materials, volunteer resources, and links to other states' Extension websites.

**Resource library.** Volunteers can borrow a variety of learning resources from the State 4-H Office. These include teaching kits and DVDs for various project areas. Your local Extension office may also have resources available for check out.

**Scholarships.** Some counties have limited scholarship assistance available for volunteers who apply for local, state, regional, or national workshops. Contact your local Extension office for information.

## Thanks for Volunteering

Being a 4-H volunteer can be challenging, but helping young people become successful, caring, productive citizens can also be one of the most rewarding experiences you'll ever have.

### Useful Websites

- Oregon 4-H <http://oregon.4h.oregonstate.edu/>
- State committees <http://oregon.4h.oregonstate.edu/staff-advisory-councils-and-committees>
- National 4-H <http://www.4-h.org/>
- Exchange programs <http://oregon.4h.oregonstate.edu/4h-world-citizenship-project-overview>

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Revised July 2005. Revised December 2011.