THESIS
ON
A High School Teacher's Wardrobe

Submitted to the Faculty
of the
OREGON AGRICULTURAL COLLEGE
for the degree of
BACHELOR OF SCIENCE
in
Domestic Science and Art
by
Ruby Irene Starr
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APPROVED:
Redacted for privacy
Redacted for privacy

Department of Domestic Science and Art
Dean School of Domestic Science and Art.
A HIGH SCHOOL TEACHER'S WARDROBE

by

Ruby Irene Starr.
OUTLINE.

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Articles composing wardrobe

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Green Silk Waist
Green Silk Petticoat

School

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Black Petticoat
Long Coat
Linen Shirt Waist
Pongee Silk Waist
Flaxon Waist

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Anxiety avoided.

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INTRODUCTION

Any woman's wardrobe is important, as it is to a great extent an indication of her character. A High School teacher, holding the position she does, as a director of the aims and ideals of young girls must be especially careful in her dress. Her clothing should be neat, well made, and also serviceable.

The wardrobe planned in the following discussion is one which might be made by the teacher during her summer vacation. The teacher, an instructor in a High School of one of the larger Willamette valley towns, receiving a salary of nine hundred dollars a year.

A description and directions for making the various garments, a green tailored suit, a silk waist and petticoat to match the suit, blue serge dress, black petticoat, long serge coat, linen shirt waist, pongee waist, flaxon waist, white lingerie dress, evening dress, evening cloak, silk afternoon dress, white serge suit, linen dress, and a flaxon dress, are given, with a concluding chapter on general directions for fitting garments, making various seams and plackets and also other directions which apply to more than one of the garments described.
GREEN TAILORED SUIT

6 yards -- 43 inch wide green .......... $1.50 per yd. $9.00
3 yards gray Skinner satin .............. 1.50 " " 4.50
1/2 yard hair cloth ....................
1/4 yard cava s ................................
1/4 yard black silk ..................
Buttons -- 8 - 1/2 inch, 4 -- 1 inch 30 & 40 per doz .45
covered with cloth and with black rings.
2 Spools green silk thread ............. .10 per spool .20
1 Spool black button hole twist ........ .03 " " .03
Hooks and eyes ...................... .10 " card .10

14.93

Skirt

Three piece skirt with front panel and two side gores.
Front panel extending around the skirt in a flounce
in which a three-eights inch tuck is laid at the
center side, three, one half inch buttons three
inches apart on each tuck.
Sew side gores on to front panel with open welt seams,
stitching three eights inch from edge.
Baste flounce on side gores turning edge down to
wrong side and stitch one fourth inch from edge.
Make the back seam a flat fell leaving open ten in-
ches at the top for a placket.
Make a binding and facing placket.
Bind the seams with green binding ribbon, the two
edges of the seam being bound together.
Baste the inverted plait and two darts two inches
apart over the hips.

3
Fit carefully leaving no gathers at the waist and
stitch darts and inverted plait down ten inches.

Put on band.

Sew around the circles, using the blanket stitch.
Sew three one half inch buttons on the front panel
at the corner of the panel and flounce, one at
the corner, one on the flounce and one up on the
panel.

Even skirt around the bottom and face with a three
inch facing.

Coat

A short tailored coat with large square collar and
deep cuffs.

Baste body pieces together, in the center back and
underarm make plain seams; back panel and two
fronts set on with open welt seams, and fit.

Put in canvas, extending down the entire length of
front, about four inches below shoulder seam
curving back to under arm seam.

Baste a fitted piece of hair cloth, which has been
bound with tape, to the canvas over the bust and
extending upward.

Stitch the seams, stitching the open welt seams one
fourth inch from the edge and pressing plain
seams open.

Face back the fronts with four inch facings, of the
material which extend to the shoulder seam being
shaped for the collar, stitch one fourth inch from edge from the base of the collar down.
Even around the bottom, stitch on a bias strip of crinoline one inch wide, turn up bottom one half inch and stitch one fourth inch from edge.
Press frequently.

Collar
Make of one piece of canvas with a piece of the material on each side.
Stitch cloth together with a seam to the wrong side, turn right side out, put in the canvas between and stitch one fourth inch from edge.
Trim collar with black silk, which comes within five eights inch of edge of collar after the edges of silk are turned under, stitch close to the edge of the silk.
Sew on coat, the silk upper layer of material and canvas being sewed on the inside of the coat and the under piece of the material with the edge turned under, sewed on the outside of the coat, the collar thus serving as a binding.
Fit, being sure, it, lies flat on the shoulders.

Lining
Make of the gray satin, enough larger than the coat so a one inch tuck may be laid in the center back.
Stitch the seams. Put in coat and baste around arm holes.
Baste around edges, fit to see that it hangs correctly turn edges under leaving one half inch at the bottom and three and one half inches on each side, and blind stitch.

Sleeves

Two piece coat sleeves.
Make plain seams and press open.
Cut cuffs by shaped pattern, open in back, use same materials as for collar.
Stitch and sew on to sleeves the same as collar.
Lap the upper side of the opening over the under.
Sew three one half inch buttons on upper side.
Line, baste sleeves in coat, see that that they hang correctly, stitch, break seams and whip it back to the shoulder, turn in edge of lining and sew around arm hole with the blind stitch.
Sew four one inch buttons on front of coat and make tailored button holes using black button hole twist, the button holes should be cut with a tailor's button hole punch.

SILK WAIST (To wear with suit)

<table>
<thead>
<tr>
<th>Material</th>
<th>Yards/Cards</th>
<th>Price 1</th>
<th>Price 2</th>
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<tbody>
<tr>
<td>3⅓ yards green Persian silk</td>
<td>$1.25</td>
<td>$4.15</td>
<td></td>
</tr>
<tr>
<td>1 1/3 yards allover lace</td>
<td>1.50</td>
<td>2.25</td>
<td></td>
</tr>
<tr>
<td>1/4 yard plain green silk</td>
<td>1.00</td>
<td>.25</td>
<td></td>
</tr>
<tr>
<td>Hooks and eyes</td>
<td>.10 per card</td>
<td>.10</td>
<td></td>
</tr>
<tr>
<td>2/3 yard muslin</td>
<td>.15 per yard</td>
<td>.10</td>
<td></td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>$6.85</strong></td>
<td></td>
</tr>
</tbody>
</table>
Body

One piece waist with square yoke and long cuffs of all over lace, open in back.

Three tucks at each shoulder, two one fourth inch and one, one inch tuck which is stitched one fourth inch from the edge, the extra width is for the purpose of allowing more fullness at the arm.

Baste in tucks and seams, fit, and stitch making French seams.

Turn the edge of the square neck down one fourth inch, to the right side and baste.

Make a bias band of the Persian silk to go around the square neck.

Pipe with the plain green silk, baste on waist and stitch both edges.

Face the back with three fourths inch straight racings and sew on hooks and eyes, so one rasing will lap over the other.

Make two and one half inch cuffs of Persian silk to finish bottom of silk sleeves at the elbow, the cuffs being shaped to a point in the back, pipe with the plain silk, join to sleeves as a binding and then turn cuffs up.

Finish waist in a belt with peplum of lining to match yoke and cuffs set on lining.

Make a fitted lining of muslin which extends to waist
line cut out at the neck two inches lower than the silk waist with sleeves one inch shorter than the silk sleeves.

Seams Make French seams.

Make square yoke, with plain narrow seams join to lining with flat fell and fit.

Hem back of yoke and lining with three fourths inch hems.

Sew collar on yoke with plain seam over cast closely.

Finish around the top with a piping of plain silk.

Sew hooks and eyes on back of yoke collar and lining so they will lap one half inch.

Finish lining in a belt.

Make long fitted cuffs joining with a flat fell.

Join to lining with a flat fell.

Finish with a one half inch hem.

Trim with a piping of plain silk.

GREEN SILK PETTICOAT

5 yards green silk .................. $1.25 per yard $6.25
1 yard green spun glass cloth ...... .30 " " .30
1 Spool green silk thread ........... .10 " spl. .10

$ 6.65

Body of Skirt

Plain seven gore skirt without inverted plait in back.

Cut length desired minus fourteen inches.

Baste together and fit— it should fit smoothly with
no gathers at the waist.

Stitch seams making flat fells, leave ten inches at the top of the back seam open for a placket.

Placket finished with a binding three fourths inch wide when finished.

Put into band turn right side of the placket binding under skirt, the left side extends under right band holds sides of placket in place.

Sew two hooks and eyes on band, hooks on the right side and eyes on left.

Even around the bottom.

Under Flounce.

Cut a bias piece of the spun glass cloth twelve and one half inches wide and as long as the width of the skirt plus six inches.

Sew pieces together and press seams open.

Baste on body of skirt with seam to the right side, holding a little full to take up the six inches.

Dust ruffle

Cut a bias strip of the spun glass cloth three and one half inches wide, one and one third times as long as the flounce just put on.

Stitch all ends together, press seams open and hem.

Gather and sew on to flounce under a one fourth inch tuck.

Flounce

Cut a bias piece of the silk six and one half inches
wide, the same length as the width of skirt fourteen inches from lower edge.

Sew pieces together and press seams open.

Stretch the lower edge with one tension on the machine tighter than the other, stitch around this piece three times, one fourth inch apart, beginning one and one fourth inch from edge, repeat one inch higher, this gives the appearance of shirring, when one thread is drawn up slightly.

Cut bias strips three and one half inches wide, sew enough together to reach around the lower edge of the six inch ruffle, press seams open.

Turn top edge down to wrong side one fourth inch.

Baste on lower edge of six inch ruffle and stitch near edge.

Stretch the lower edge.

Repeat making two more ruffles, three inches wide, hemming the last one.

Set flounce on skirt lower edge must be even with edge of protecting flounce of lining.

Finish with a bias strip of the silk one half inch wide, leaving the edge of the flounce.
BLUE SERGE DRESS

<table>
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<tr>
<th>Item</th>
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<th>Price</th>
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<tr>
<td>4 yards blue self striped serge</td>
<td></td>
<td>$1.50 per yard</td>
</tr>
<tr>
<td>1 yard blue silk cord</td>
<td></td>
<td>.45</td>
</tr>
<tr>
<td>26 inches of two inch elastic</td>
<td></td>
<td>.20</td>
</tr>
<tr>
<td>1 spool blue silk thread</td>
<td></td>
<td>.10</td>
</tr>
<tr>
<td>Hooks and eyes</td>
<td></td>
<td>.10</td>
</tr>
<tr>
<td>Ball and socket fasteners</td>
<td></td>
<td>.05</td>
</tr>
<tr>
<td></td>
<td></td>
<td>$7.85</td>
</tr>
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</table>

Skirt

Two piece skirt with open welt seams over each hip, slightly raised waist line, top of skirt being two inches above normal waist line.

Baste seams and fit, skirt should fit perfectly smooth curving in at the waist line but not fitting tight at waist.

Stitch seams one fourth inch from edge, leave twelve inches open at the top of left seam for placket.

Bind the under side and face the upper side of the placket.

Sew ball and socket fasteners in placket.

Put elastic around top of skirt to hold in place.

Finish around top with heavy blue silk cord.

Even skirt around bottom and hem with a three inch hem.

Waist

Plain waist opening in back with a one and one half inch tuck over each shoulder.
Baste the seams and tuck and fit.
Stitch tucks, French fell seams.
Hem each side of back with three fourths inch hems
lapping width of hems.
Join a collar of the material with a plain seam,
line with thin silk to cover seam and finish col-
lar.
Sew on hooks and eyes.

Sleeves
Plain one piece sleeves fitting at wrist.
Gather at top, baste in and fit.
Stitch seam and bind with binding ribbon.
Stitch a three fourths inch bias strip of the mater-
ial around the bottom of the sleeves.
Wear white turn over collar and cuffs with this
waist.

BLACK PETTICOAT.

4 yards black spun glass cloth...$0.30 per yard $1.20
1 Spool black thread ............. .05 " spool $1.25

Body of skirt
Plain five gore skirt without inverted plait in back.
Cut desired length minus two inches.
Baste seams and fit.
Stitch the seams making flat fells and leaving ten
inches open at the top of the back seam for placket.

Bind the placket, put skirt on band and sew two hooks and eyes on band.

Even the skirt around the bottom.

Dust ruffle

Cut on bias of the material strips three and one half inches wide, enough to reach one and one third times around the bottom of the skirt.

Sew all ends together and press the seams open, and hem with a one fourth inch hem.

Gather end sew on skirt under a one fourth inch tuck.

Flounce

Cut on bias of material strips six and one half inches wide, long enough to reach around the skirt thirteen inches above the bottom of the dust ruffle, allowing six inches for fullness.

Sew pieces together and press seams open and stretch the lower edge.

Tuck with pin tucks, two groups of three, one inch a part.

Cut bias strips four and one half inches wide.

Sew together enough to measure around the lower edge of the tacked piece, and press seams open.

Turn the top edge down one fourth inch, baste on lower edge of tacked piece, and stitch.

Repeat with next ruffle and hem with a one fourth
inch hem.
Baste flounce on skirt, so the bottom will come one fourth inch below the dust ruffle, distribute the few gathers evenly.
Face seam at the top of flounce with a bias strip one half inch wide.

LONG COAT.

5 yards dark blue serge ........... $1.00 per yard $5.00
5 yards black satin ................. 1.50 " " 7.50
2 yards canvas ...................... .25 " " .50
1 spool black silk thread ........... .10 " spool .10
4 small buttons ..................... .05 " button .20
8 large buttons ..................... .15 " " 1.20

Body of Coat.
Three piece double breasted full length coat.
Baste seams together and fit.
Put in canvas as for green tailored coat.
Stitch seams making flat fells.
Face fronts with four inch facings as in green tailored coat and stitch one fourth inch from edge.

Collar
Cut collar using two thicknesses of the blue serge and one of canvas.
Make in the same way as collar for green coat and sew on coat in the same way.
Even coat around the bottom and turn up one half inch.

Pockets
Cut so they will be four inches wide and five inches deep lower edge shaped to a point in center.
Trim top with a one and one fourth inch band of material having an extension in center one and one fourth inch wide and one and one fourth inch to point.
Stitch pockets on coat with turning in of one half inch.
Sew a small button on each point.

Lining
Make of black satin and put in coat the same as in the green tailored coat.
Make four tailored button holes in the right side of the front of the coat, and sew four buttons on left side and four on the right side of the coat.

Sleeves
Plain two piece coat sleeves.
Stitch plain seams and press open.
Trim two inches from bottom with strips to match those on pocket one and one fourth inches wide extending from seam around the sleeve to within one and one half inch of seam on upper part of sleeve and ending in a point.
Stitch on sleeves and sew a small button at each.
Point.

Line sleeves.

Plait into arm holes turning half of plaits to front and half to back turning from center of sleeve. Stitch seam and finish seam and lining as in green coat.

**WHITE LINEN SHIRT WAIST**

<table>
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<th>Item Description</th>
<th>Cost</th>
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<tbody>
<tr>
<td>3 yards white linen</td>
<td>$0.20 per yard</td>
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<tr>
<td>6 buttons—pearl</td>
<td>.20 &quot; doz.</td>
</tr>
<tr>
<td>1 spool white thread</td>
<td>.05 &quot; spool</td>
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</tbody>
</table>

**Body of waist.**

Plain shirt waist opening in front with a one inch tuck at the arm hole front and back and two one fourth inch tucks in the fronts near the wide tuck at the shoulder. Baste in tucks and seams, matching tucks carefully at shoulder and fit the waist. Stitch in french seam, and stitch tucks the entire length of waist. Hem the left side of the front with a three fourth inch hem. Make an inverted plait on the right side of front one and one half inches wide, stitching one fourth inch from each edge. Finish the neck with a three eights inch collar band.
Hem the bottom of the waist.
Make button holes down the center of the inverted plait on the length of the material.
Sew buttons on the left side of waist front.

Sleeves
Plain shirt waist sleeves with stiff cuffs.
French seam.
At the back of the sleeve cut up three inches and finish with a shirt waist sleeve placket.
Cuffs of three thicknesses of the material, finished three inches wide and one inch more than hand measure to allow for fastening.
Sew three pieces of cuff together stitching close to the edge leaving unstitched at the top.
Gather sleeves to within two inches of seam on each side and stitch into cuffs
Make button holes in cuffs for cuff links.
Gather sleeves and put into waist.
Bind seam.
Stiff white collars and jabots are to be worn with this waist.

PONGEE WAIST.

<table>
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<tr>
<th>Item</th>
<th>Quantity</th>
<th>Description</th>
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<tbody>
<tr>
<td>3 yards pongee silk</td>
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<tr>
<td>1 skein green embroidery</td>
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<td></td>
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<tr>
<td>1 &quot; blue</td>
<td></td>
<td></td>
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<tr>
<td>1 spool silk thread</td>
<td></td>
<td></td>
<td>$0.10</td>
</tr>
<tr>
<td>12 buttons</td>
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<td></td>
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</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>$0.20</td>
</tr>
</tbody>
</table>

$4.15
Body of waist

Simple waist, open in back, one inch tuck and three one eight inch tucks with no space between at each shoulder in front.

Stitch tucks, down six inches.

Baste seams together, fit and french seam.

Hem backs with one half inch hems and bottom of waist with a one fourth inch hem.

Make button holes and sew on buttons.

Face the neck with a one fourth inch facing.

Sleeves.

Plain short sleeves with turnup embroidered cuffs.

Make French seams.

Make round cuffs using two thicknesses of the material.

Embroider the top piece, then sew it to the under piece, making seam to the wrong side and then turning right side out.

Gather the bottom of the sleeves to within two inches of seam and sew cuffs on like a binding.

Put sleeves in waist and bind seam.

Make round Dutch collar the same as cuffs.

Finish with a bias strip of the material which is one half inch wide finished and will slip under the neck of the waist letting the collar lie flat on the shoulders.
WHITE FLAXON WAIST

3 yards cross barr flaxon... $0.35  Per Yard... $0.75
3 yards maltese lace ...........  .20  "  "  .... .60
12 buttons......................... .20  "  dcz..... .20

$1.55

Body of Waist

Plain shirt waist open in front, right side lapping over the other with a slight slope from center neck down about four inches to the left, then back to center at the bottom of waist.

Three one fourth inch tucks at each shoulder both in front and back.

Stitch in tucks, baste seams, fit and stitch french seams, being careful to match tucks at the shoulder.

Hem the fronts with one half inch hems and the bottom of waist with a one fourth inch hem.

Make button holes and sew buttons.

Sew lace down the front holding it a little full.

Sleeves

Long sleeves with five inch cuffs, four inches allowed for fullness.

French seam and gather top and bottom of sleeves.
Cuffs

Shaped to fit arm, five inches long when finished.
Three one fourth inch tucks one inch apart.
Open at back, finish opening with narrow hems.
Fasten with three small pearl buttons and thread loops.
Sew lace around lower edge and upper side of opening.
Sew cuffs on sleeves with a flat fell.
Baste sleeves into waist, fit and stitch and bind seam with a bias strip of the material.

Collar

A square Dutch collar made of two thicknesses of the material.
Sew collar on waist as a binding.
Sew lace around collar holding a little full.

WHITE LINGERIE DRESS

5 1/3 yards of 24 inch embroidery flouncing @ $1.50 per yard ... $8.00
1 1/2 yards white lawn ..... .30 " " ....... .45
1 1/4 yards embroidery insertion .20 " " ..... .25
1 Spool white thread ........ .05 " spool .... .05
12 Crochet buttons ............ .20 " dozen .... .20

8.95

Skirt

Three gores, tucked to about eight inches below waist with one eighth inch tucks one inch apart,
upper part of skirt made of lawn with flounce of
embroidery twenty three inches wide, three one fourth inch tucks around the skirt above the flounce.

French seam leaving ten inches open at the top of the back seam for the placket.

Baste tucks and fit smoothly around the waist and stitch tucks.

Finish the placket with a binding, put the skirt on a band and sew on hooks and eyes.

Even skirt around the bottom.

Gather three yards of the embroidery flouncing the ends of which have been sewed together with a french seam.

Sew on foundation with a flat fell covering fell with a one fourth inch tuck and making two more one fourth inch tucks above it.

**Waist**

One piece waist and sleeve, opening in back, elbow length sleeves, made of the flouncing with the scalloped edge turned up, the points sewed together to join front and back, the edges coming straight across in front and back leaving a small low neck.

Baste seams and fit.

Make french seams and hem backs.

Make cuffs of the insertion and gather sleeves into them.
Put waist and skirt into band covered with insertion to match cuffs.

Button dress from neck down placket with white crochet buttons.

EVENING DRESS

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Price per Yard</th>
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<tbody>
<tr>
<td>8 Yards pale blue crepe de' Paris</td>
<td>8</td>
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<td>$4.00</td>
</tr>
<tr>
<td>1 Yard blue messaline</td>
<td>1</td>
<td>$1.25</td>
<td>$1.25</td>
</tr>
<tr>
<td>2½ Yards white soisette</td>
<td>2½</td>
<td>$0.25</td>
<td>$0.64</td>
</tr>
<tr>
<td>1 Yard feather bone</td>
<td>1</td>
<td>$0.15</td>
<td>$0.15</td>
</tr>
<tr>
<td>1 Spool white binding ribbon</td>
<td>1</td>
<td>$0.15</td>
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</tr>
<tr>
<td>1 Spool blue binding ribbon</td>
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<tr>
<td>1 Spool blue silk thread</td>
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<tr>
<td>1 Spool white thread</td>
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</tr>
<tr>
<td>18 Skeins blue embroidery silk</td>
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<td>$0.25</td>
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<tr>
<td>1 Card small white hooks and eyes</td>
<td>1</td>
<td>$0.10</td>
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</tbody>
</table>

$7.34

Skirt

Lining and flounce.

Plain seven gore skirt without inverted plait in back, cut depth of overskirt minus two inches.

Fit skirt and flat fell seams leaving a ten inch placket.

Finish the placket with a binding and put on band temporarily.

Even around the bottom.

Turn lower edge to the right side, baste.

Flounce

Cut four lengths of the crepe, three inches wider than finished flounce should be. Join lengths.

Sew plain seams and press open.
Make a two inch hem.

Turn in one half inch at top and gather with two rows of gathers three eighths inches apart.

Baste to lining, with little more fullness in the back than in front; seams the same distance on each side of the front; the top of the flounce should just cover the turned up edge of the lining.

Stitch over both gathering threads.

Overskirt

Three gore gathered skirt, hand embroidered.

Cut three lengths of the material, long enough to reach below the bend of the knees plus three inches.

Gore each side of the front four inches leaving the full width at the bottom.

Side pieces gored eight inches on one side full width at bottom.

Make french fells for the two side seams.

Back seam make a plain seam leaving ten inches open at the top for the placket, bind the seam open with the blue binding ribbon, binding continuing up the placket to the band.

Gather on band with most of the gathers in the back.

Turn one side of the placket under three fourths of an inch and lap this side over the other.
Even around the bottom and hem with a two inch hem.
Embroider just above the hem.
Remove temporary belt from skirt lining and put it in the same band as the overskirt.

Waist
Tight fitted lining made of soisette.
Cut by fitted pattern, baste seams and fit carefully, it should fit absolutely smooth, mark waistline.
Stitch plain seams and bind open with white binding ribbon.
Hem the backs making edges just meet.
Cut the feather bone in six pieces six inches in length.
Remove the cloth from two pieces and slip them into the back hems, with the lower end just at the waist line, stitch close around them to hold firmly in place.
On the other four pieces rip the cloth down one half inch on one end and cut cut one half inch of the feather bone then turn the cloth back over the end to the wrong side and fasten.
Put these on the wrong side of the two front seams and the two back under arm seams, with the unfinished end at the waist line, stitch feather bone down the center springing into waist at curve of waist by pulling the waist tightly while stitching.
Sew on hooks and eyes, one half inch apart, alternating hooks and eyes on the same side, use the round eyes, place hooks and eyes so that when fastened the edges of the waist will just meet.

Stitch a facing over the hem on the wrong side, fold it down to cover all but the edges of the eyes and slipping it under the hooks, blind stitch the outer edge.

Turn the bottom of lining up to the wrong side at the exact waist line and baste.

Waist proper

Take two pieces of material long enough to reach from the waist line in front over the shoulder to the waist line in back.

Turn back the edge of one, one half inch and baste.
Baste in four, one inch tucks each just touching the one in front.

Tuck the other piece in the same way.

Lay them over each shoulder of the tight fitting lining on a form and pin in place so the edge comes to the base of the neck in each side.

Baste the underarm seam, remove from lining and stitch seam.

Cut out arm hole and extra material under the arm and press seam open.

Put waist back on lining and baste.
Tack tucks to lining with blue silk thread.
Put in back pieces leaving it low in the neck, slip edges under the tucked piece and blind stitch, center back edges folded under and extending one eighth inch over edge and blind stitch.
Sew in embroidered front leaving it low in the neck as in the back, slip edges under tucked pieces as in back and blind stitch.
Even around the bottom, turn up to wrong side and face.
Cut out the lining from neck, pipe with messaline silk, then with white chiffon.

Sleeves

Use pattern which allows for very little fullness.
Cut long enough to allow for four one inch tucks and a one inch hem, the finished sleeve to come a little above the elbow.
French seam, hem by hand and baste tucks which are stitched in the seam.
On the top of the sleeve draw tucks up and chain stitch.
Make three messaline rosebuds for each sleeve and fasten to sleeve at bottom of chain stitch with the rope silk, make two larger roses and sew where rosebuds are fastened.
Sew sleeves in and bind with blue binding ribbon.
Sew on to skirt.

Girdle

Cut on the bias, a piece of the blue messaline eight inches wide.

Lay in plaits, turn under each edge, leaving it four inches wide finished.

Baste on dress, fit and blind stitch to dress.

Turn under edges in back just allowing edge to meet and blind stitch.

---

**EVENING CLOAK.**

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Price</th>
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<tbody>
<tr>
<td>6 yards gray cashmere</td>
<td>$1.00</td>
<td>$6.00</td>
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<tr>
<td>6 yards black skinner satin</td>
<td>1.50</td>
<td>8.00</td>
</tr>
<tr>
<td>1 spool gray silk thread</td>
<td>.10</td>
<td>.10</td>
</tr>
<tr>
<td>1 spool black silk thread</td>
<td>.10</td>
<td>.10</td>
</tr>
<tr>
<td>3 large jet buttons</td>
<td>.10</td>
<td>.30</td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>$14.50</strong></td>
</tr>
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</table>

Evening Cloak

Cape without sleeves, sides open from shoulder to the bottom.

Four lengths, two in front, two in back, curved out over shoulders.

Baste together and fit.

Stitch seams and press open.

Turn edges one half inch to the wrong side and stitch close to edge.
Collar

Make large collar of two thicknesses of cashmere.
Stitch together with seam to wrong side, turn right side out and stitch again close to edge.
Trim collar with black satin which comes within one half inch of edge of collar, stitch on edge of satin.
Sew on cloak the same as collar in green tailored suit.

Lining

Make same as outside, baste in and blind stitch edges.
Make button holes and sew on buttons.

GREEN POPLIN AFTERNOON DRESS

<table>
<thead>
<tr>
<th>Item</th>
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<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>3 yards plain green silk poplin</td>
<td>1.50 per yard</td>
<td>$1.50</td>
<td>$4.50</td>
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<tr>
<td>21/2 yards figured</td>
<td>1.75</td>
<td>per yard</td>
<td>4.40</td>
</tr>
<tr>
<td>1/2 yard Baby Irish allover lace</td>
<td>3.00</td>
<td>per yard</td>
<td>1.50</td>
</tr>
<tr>
<td>1/2 yard green lawn</td>
<td>.20</td>
<td>per yard</td>
<td>.30</td>
</tr>
<tr>
<td>3 spools green silk thread</td>
<td>.10</td>
<td>per spool</td>
<td>.20</td>
</tr>
<tr>
<td>1 card hooks and eyes</td>
<td>.10</td>
<td>per card</td>
<td>.10</td>
</tr>
</tbody>
</table>

Total: $11.00

Skirt

Over skirt of figured poplin, high waisted, shaped to point on sides and dip in front over plaited flounce of plain poplin set on plain fitting lining.
Lining

Plain seven gore, high waisted skirt of green lawn twenty one inches shorter than skirt inverted plait in back.
Baste and fit carefully, should curve in at waist. Stitch flat fells leaving twelve inches open at top of back seam for placket.
Finish the placket with a binding.
Even around the bottom.

Flounce

Cut three widths of the plain poplin twenty four inches deep.
Stitch together and press seams open.
Make a three inch hem.
Plait onto lining with one and one half inch plaits and stitch making a flat fell.

Overskirt

Circular
Made of figured poplin, high waisted and pointed on the sides.
Pieced in back, match figures.
Baste back seam and darts, two darts two inches apart on each hip.
Fit carefully and stitch seam, leaving twelve inches open at top for placket, and darts.
Bind back seam and finish placket with a binding.
Face bottom of overskirt with two inch facings, cut on the bias.

Turn in top edge of lining and of the over skirt and baste them together.

Sew hooks and eyes on placket.

Waist

Peasant blouse of plain poplin open in back.

Elbow sleeves,

Baste seams, fit and french seam.

Make points of figured poplin two for front and two for back of waist, one lapping over the other in front but meeting in the back.

Baste points on waist, fit and stitch one fourth inch from edge.

Cut out neck for round yoke and face to right side with bias piece of material.

Hem the sleeves with a one fourth inch hem.

Face the backs with three fourths inch pieces of the material on the straight of the material.

Make yoke and collar of the lace, sewing collar on yoke with a small closely over cast seam, pipe the top of the collar with plain poplin.

Baste in waist, fit and sew in by hand finishing edges by overcasting.

Make two inch cuffs of lace, sew into sleeves by hand, pipe with plain poplin.
Sew on hooks and eyes.

Baste into skirt and stitch close to top edge of skirt.

Cut off the edge of waist below belt and face with a bias strip of poplin sewing by hand.

**WHITE SERGE SUIT**

<table>
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<tr>
<td>5 yards white serge</td>
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</tr>
<tr>
<td>4 yards white messaline</td>
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</tr>
<tr>
<td>1 spool white silk thread</td>
<td>.10</td>
</tr>
<tr>
<td>1 large white pea rl button</td>
<td>.15</td>
</tr>
<tr>
<td>1 card hooks and eyes</td>
<td>.10</td>
</tr>
<tr>
<td>white silk binding ribbon</td>
<td>.15</td>
</tr>
</tbody>
</table>

$6.25

**Skirt**

Three piece skirt, seams over hips and in back.

Baste in center front four, five eighths inch tucks two turned toward front, the edges just meeting in center front, a two inch space on each side then the other two tucks turned away from center.

Baste in seams the side seams being open welt seams the back one a plain seam.

Baste tucks in back the same as in front.

Fit and stitch seams and tucks, stitching the open welt seams one eighth inch from the edge and leaving ten inches at the top of the back seam open for the placket.

Bind seams with binding ribbon.

Make a facing and binding placket.
Make a facing and binding placket.
Put on band and sew on hooks and eyes.
Even around bottom and make a four inch hem.

Coat
Short semi fitting coat lined with white messaline.
Make under arm and shoulder seams plain, others open welt seams.
Fit, stitch seams, open welt seams one eighth inch from edge, press plain seams open.
Face back fronts with three inch facings which extend to the shoulder seam and are shaped with the line for collar, stitch one eighth inch from edge.

Collar
A shawl collar which extends to within four inches of the bottom of the coat.
Use two thicknesses of the serge with light weight canvas in between.
Stitch close to edge, and sew on coat the same as collar for green tailored coat.
Line coat with white messaline, make and put in lining the same as in green tailored coat, use no stiffening or padding except in collar which needs the stiffening to hold its shape.
Make button hole one inch below base of collar and sew on button.
Sleeves.

Two piece coat sleeves.
Make simple seams and press open.
Turn up bottom of sleeves and stitch close to edge.
Two and one half inches from bottom of sleeves put two rows of stitching one fourth inch apart.
Line as in green coat.
Gather sleeves twice, baste in coat, see that gatherers hang straight and stitch.
Finish lining around arm hole as in green coat.
Even coat around the bottom, turn up and stitch one eighth inch from edge, and blind stitch lining.

LINEN DRESS

7 yards natural linen ........... $0.75 per yard.. $5.25
1 spool linen thread ............. .05 " spool.. .05
1 card ball and socket fasteners .05 " card . .05
8 buttons ......................... .15 " dozen .10

$5.45

Skirt

Plain four gore skirt, front and back panels with a five eighths inch tuck on each side.
Baste skirt together and baste in tucks.
Fit and french seam, and stitch tucks and darts, leave ten inches open at top of back left seam for the placket.
Make a binding placket.

Put skirt on band and sew on ball and socket fastenings.

Even skirt around the bottom and make a three inch hem.

Waist:

Plain shirt waist, open in back with one one inch tuck and three one fourth inch tucks at each shoulder in front, back plain. Baste tucks and seams, fit and stitch using french seams.

Hem backs with three fourth inch hems.

Bind neck with three eigths inch binding.

Hem bottom of waist with a one fourth inch hem.

Make button holes and sew on buttons.

Sleeves.

Plain shirt waist sleeves with two inch cuffs open in back. French seam and gather both top and bottom. Make cuffs two inches wide of two thicknesses of the linen, stitch with seam to wrong side, leave top open, turn right side out and stitch again one eigth inch from edge. Sew sleeves into cuffs, make two buttons on lower side. Baste sleeves into waist, stitch and bind with a
bias strip of the linen.

Belt

Two inches wide, made and stitched same as cuffs.

Collar

Slightly shaped, stitched like cuffs and belt.

FLAXON DRESS

6 yards blue flowered cross bar flaxon, 25¢ per yd $1.50
1 yard plain blue flaxon ................... 30¢ " " .15
1 1/3 yard narrow lace ....................... 07¢ " " .10
9 pearl buttons ............................. 15¢ # dz .12
1 spool fine white thread .................... 05¢ " spl. .05
1 small card small white hooks and eyes 05¢ " od. .05

1.97

Skirt

Slightly high waisted, tucked skirt.

Mark waist line carefully.

French seam all the seam leaving twelve inches at

the top of the back seam for the placket.

Baste in tucks and fit, then stitch tucks.

Make a binding placket.

Finish skirt around the top with a narrow piping of

the plain blue material.

Sew on hooks and eyes.

Even around the bottom and make a three inch hem.

Waist

Peasant blouse, three one fourth inch tucks ø
at each shoulder, and two groups of three, one fourth inch tucks on each side of center, yoke of tucked material piped with the plain blue, to the bottom of the elbow sleeves, sleeves pieced on under the last of the tucks.

Baste tucks and seam and fit.

Stitch tucks and french seams.

Baste yoke on waist turning edges under.

Cut out waist from under yoke, turn edges down and stitch edge of yoke,

Face the neck with a bias strip of the plain blue flaxon.

Gather narrow lace around neck.

Hem the backs with a three fourths inch hem, make button holes and sew on buttons.

Make cuffs of plain blue one inch wide finished.

Gather bottom of sleeves and put cuffs on like a binding.

Gather lace around cuffs.

Fit, gather, baste waist into skirt trim off bottom evenly and stitch just below the piping of the skirt.

Face with material on the under side, sewing the facing by hand.
GENERAL DIRECTIONS

SEAMS

Plain Seam
Put the two edges of the material exactly together
  to the wrong side.
Stitch any distance desired from the edge, usually
  one fourth inch.
Edges may be left as they are, pined, bound or over
  cast.

French Seam
Put edges exactly together to the right side.
Stitch very close to the edge never more than one
  eighth inch from edge.
Turn seam creasing exactly on the stitching.
Stitch again so that no raw edges show, the first
  seam being entirely enclosed in the second.

French Fell
Put the edges together, with one edge projecting
  out farther than the other, to the wrong side.
  If there is a straight edge have it the wider.
Stitch one eighth inch from the shorter edge.
Turn the long edge over the short one, and stitch.
The first stitching may be omitted basting taking
  its place.
If the material will not crease easily seams should
  be basted.
Flat Fell

Put the edges together, toward the wrong side, with one edge projecting out one eighth to one half inch farther than the other.

Stitch one eighth inch from the shorter edge.
If there is a straight edge it should be used for the longer edge if possible to turn the fell that way.

Turn the wider edge of the material over the shorter one, making the edges lie flat on the material, (if selvedge turn the raw edge under.)

This leaves no raw edges and two rows of stitching showing.

Open welt seam

Turn one edge of the material back as for a tuck, turning back one fourth inch more than the desired width of the tuck, baste if material will not crease.

Lay this edge of the material over the other, the two raw edges together, and baste.

Stitch leaving tuck the desired width.

Raw edges may be left as they are if garment is to be lined, or they may be bound, pined or over cast.
PLACKETs

Binding Placket

Use a straight length of the material binding all around the placket.

In putting into band one side is left out as a binding, the other turned back at the stitching as for a facing and laps over the binding when the garment is fastened.

Binding and Facing Placket

Put a binding, a straight length of the material, one side and a facing on the other, making them the same width when finished, the facing to lap over the binding.

Stitch across the end at bottom of placket to hold in place.

Used on underwear or skirts where an inverted plait or trimming would hide stitching.

Putting a skirt on a band

Put the skirt on the person, then place the band with one edge turned in so it sets naturally in place this locates the correct waist line.

See that the skirt hangs and fits correctly and that the hip line is in proper position.

Pin the skirt to band and remove from form.

The band stitched on the right side, the other side turned over and hemmed or the band may be put on
straight skirt fixed in place and stitched as a binding.

FITTING

Skirt

Put on form with seams to the outside, unless two sides of person differ.

In a plain fitting skirt, as a tailored skirt or plain lining the skirt should fit perfectly smooth around the hips and snug at the waist with no gathers.

Take up all extra fullness in the seams which should tip slightly to the front.

The wool thread at the hip line should be parallel to the floor.

WAIST

Put on person with seams to the wrong side.

Take up extra largeness or let out where it is too small by altering seams, changing at under arm and shoulder seams.

Collar should set well up on neck and waist should not wrinkle at base of collar.

Arm's eye quite loose fitting.

Keep wool threads parallel to floor, they should extend straight across the front.
Tight Fitting Waist

Should fit perfectly smooth but not drawn.
The seams all in their proper lines and places not
drawn to one side or out of shape.
Fitted by taking up seams as in shirt waist.

COAT

Keep woof threads parallel to floor.
Should fit snug but not tight over the hips.
See that it does not draw just in front of the arm's
eye but rounds out from the shoulder over the
bust in a good curve, pad if necessary.
Should fit smoothly over the bust but not tight.
Collar should not poke out in center back but fol-
low the curve of the neck.

Sleeves

Should be gathered twice.
At least six inches left plain under the arm with-
out gathers.
Gathers should hang straight down from the shoulder.
When gathered at the bottom two inches should be
left on each side of seam to make sleeve curve
with the arm at the seam.

To sew on Hocks and Eyes

Use blanket stitch and sew around circles.
If the edges of the garment are to just meet the edges of the hooks and eyes should come just to the edge of the garment.

If one side of the garment laps over the other the edges of the hooks just come to the edge of the garment while the eyes are sewed back on the garment so the lap will be the width desired.
CONCLUSION

A wardrobe consisting of simple garments which are well made and appropriate to all functions she may be called upon to attend is a saving of time and money and anxiety is avoided. A teacher knowing approximately what her social and school duties will be can plan her wardrobe so she has an appropriate dress for all occasions, and when attending each function she knows that she is well dressed, that her clothing is not out of place and so is free from all thought or care concerning her dress. By having her garments simply made she saves expense and time in making both of which mean a great deal to most teachers. Another advantage of simple clothing is that it may be worn more than one season without being conspicuously out of style.

The cost of the wardrobe which has been planned is as follows:

<table>
<thead>
<tr>
<th>Item</th>
<th>Cost</th>
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<tbody>
<tr>
<td>Tailored Suit</td>
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<tr>
<td>Silk waist</td>
<td>6.85</td>
</tr>
<tr>
<td>Green silk Petticoat</td>
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<tr>
<td>Blue Serge Dress</td>
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</tr>
<tr>
<td>Black Petticoat</td>
<td>1.25</td>
</tr>
<tr>
<td>Long Coat</td>
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<tr>
<td>Pongee Waist</td>
<td>4.15</td>
</tr>
<tr>
<td>White Flaxon Waist</td>
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<tr>
<td>White Lingerie Dress</td>
<td>8.95</td>
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<tr>
<td>Evening Dress</td>
<td>7.34</td>
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<tr>
<td>Evening Cloak</td>
<td>14.50</td>
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<tr>
<td>Silk Poplin Afternoon Dress</td>
<td>11.00</td>
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<td>9.65</td>
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<td></td>
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</tr>
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</table>
The total cost of the materials used in making this wardrobe is $118.54. This does not include time or expense of making.

The general value of a well planned wardrobe can scarcely be overestimated, giving an appropriate garment, for all occasions, which is stylish and in keeping with the position an instructor holds in her community. She is relieved of all worry concerning her clothing and her time and strength are saved for her work and the money expended on her clothing is spent wisely and economically.