Oregon 4-H
Cavy
Advancement Program
Personal Development Options
(You should choose a different option each time.)

**General 4-H**

1. Lead the Pledge of Allegiance and 4-H Pledge at a 4-H meeting.
2. Lead a song or game at a 4-H meeting.
3. Preside at a meeting of your 4-H club.
4. Write a news story for a local paper.
5. Participate in a radio or television program.
6. Present a demonstration or illustrated talk to your club.
7. Present a demonstration or illustrated talk to a group other than your 4-H club.
8. Serve as a host for a 4-H meeting. See that everyone is welcomed and made comfortable.
9. Participate in a Community Service Project.
10. Serve as chairman of a club committee.
11. Participate in a judging contest.
12. Serve as a junior or teen leader.
13. Attend 4-H camp or serve as a camp counselor.
14. Develop and exhibit a science display related to cavies.
15. Make arrangements for a tour by your club.

**Cavy 4-H**

1. Serve as a superintendent, assistant superintendent, table superintendent, clerk, or show secretary at a cavy show.
2. Help prepare and work with your club leader on a cavy demonstration for your club.
3. Work with some younger members of the club in improving or constructing cages or cavy equipment.
4. Teach cavy showmanship to 4-H members.
5. Participate in the State Fair with cavies.
6. Do a cavy presentation at your local 4-H fair.
7. Share your guinea pig with a person who cannot have one, e.g., a young friend, an older shut-in, etc.

* These options may be repeated for credit in different steps.

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