

1 The need to breed crop varieties suitable for organic farming  
2 using wheat, tomato and broccoli as examples: A review

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23 **A B S T R A C T**

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25 It is estimated that more than 95% of organic production is based on crop varieties  
26 that were bred for the conventional high-input sector. Recent studies have shown that  
27 such varieties lack important traits required under organic and low-input production  
28 conditions. This is primarily due to selection in conventional breeding programmes  
29 being carried out in the background of high inorganic fertilizer and crop protection  
30 inputs. Also, some of the traits (e.g., semi-dwarf genes) that were introduced to  
31 address problems like lodging in cereals in high-input systems were shown to have  
32 negative side-effects (reduced resistance to diseases such as Septoria, protein content  
33 and nutrient-use efficiency) on the performance of varieties under organic and low-  
34 input agronomic conditions. This review paper, using wheat, tomato and broccoli as  
35 examples, describes (1) the main traits required under low-input conditions, (2)  
36 current breeding programmes for organic, low-input agriculture, (3) currently  
37 available breeding/selection approaches, and (4) the benefits and potential negative  
38 side-effects of different breeding methodologies and their relative acceptability under  
39 organic farming principles.

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42 **Keywords:** Breeding, Organic farming, Nutrient-use efficiency, Resistance, Quality,  
43 Wheat, Tomato, Broccoli

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46 **1. Introduction**

47  
48 The characteristic of organic agricultural systems is their biodiversity at soil,  
49 crop, field, whole rotation or polycultures, and landscape level and the greater focus

50 on integration of crop and livestock production systems on the farm compared to  
51 conventional farming systems [1]. The high biodiversity of organic farms provides  
52 many ecological services that enhance farm resilience to a large extent [2].  
53 Integrating biodiversity gains due to agronomic practices with genetic diversity at  
54 crop level provides an insurance with respect to the impact of biotic and abiotic stress  
55 factors on crop yield and quality [3]. The development of genetic diversity focused  
56 crop breeding approaches may therefore be essential to improve yields and quality  
57 parameters in foods from organic and low-input farming systems especially in the  
58 context of the challenges expected due to global climate change [2].

59 To date, there are only few varieties that were specifically bred for organic and  
60 low-input systems in developed countries. It is estimated that more than 95% of  
61 organic agriculture is based on crop varieties that were bred for the conventional high-  
62 input sector with selection in conventional breeding programmes. Recent studies have  
63 shown that such varieties lack important traits required under organic and low-input  
64 production conditions [4-6].

65 A range of breeding goals desired for the organic sector, such as yield,  
66 resistance to biotic and abiotic stress, baking quality (wheat) and sensory qualities  
67 demanded by consumers do not differ from conventional breeding goals, but it is  
68 essential that such traits are expressed under low-input conditions, which cannot be  
69 guaranteed if selection is done in high-input agronomic backgrounds. However, a  
70 range of traits are of primary interest for organic farming, at least on the short term  
71 (e.g., increased competitiveness against weeds and resistance to seed-borne diseases  
72 such as common bunt in wheat). Also, some traits relevant for conventional high-  
73 input farming may have negative side-effects on organic systems. For example, the  
74 main focus of most commercial wheat breeding programmes has been on improving  
75 yield by increasing the harvest index. This involved the introduction of semi-dwarfing  
76 genes into cereals and other crops, resulting in short-straw varieties. In cereals this  
77 approach resulted in (1) reduced size and depth of root systems, (2) increased reliance  
78 on high inorganic-N inputs to attain satisfactory protein contents, (3) lower nutrient-  
79 use efficiency, (4) decreased competitiveness against weeds or decreased robustness  
80 against mechanical weed control (and thereby greater reliance on herbicides), (5)  
81 greater susceptibility to diseases such as powdery mildew, Septoria [7] and Fusarium,  
82 and (6) reduced protein content [8], but (7) improved lodging resistance [9] [10]  
83 [11] [12] [13] [14] [15] [16].

84 It often takes 10 years or more from the initial inter-varietal crosses to develop  
85 a new crop variety. To realize the varietal improvements needed in organic farming in  
86 the coming decades, crosses between appropriate parental varieties have to be made  
87 now. Therefore it is essential to identify the primary limiting factors of existing  
88 varieties for organic production and target them in the breeding programmes for  
89 organic farming and subsequently communicate results to public and commercial  
90 breeders.

91 This review will describe the main traits required under low input conditions  
92 using 3 different types of crops as examples: (1) an arable crop (wheat), (2) an  
93 outdoor vegetable crop (broccoli), and (3) a greenhouse crop (tomato). Furthermore,  
94 some currently available breeding approaches will be discussed as well as the benefits  
95 and potential negative side-effects of different breeding methods and their relative  
96 acceptability under organic farming principles.

97

## 98 **2. Nutrient-use efficiency**

99

100 The greatest difference between organic and conventional systems relates to  
101 soil management practices used and to processes in the rhizosphere [17]. Organic  
102 systems often rely on organic matter based fertilizer inputs and mineralization driven  
103 N and P supplies to crops. Macronutrient availability patterns during the growing  
104 period therefore differ significantly from those in conventional systems. Organic  
105 crops often experience limited macronutrient (N and P) availability especially during  
106 periods when soil temperatures and water availability reduce mineralization capacity  
107 by the soil biota [18]. However, regular organic matter inputs have shown to increase  
108 soil biological activity and biodiversity and associated mineralization capacity of the  
109 soil [19]. Organic matter based fertilization regimes have also shown to suppress  
110 diseases [20] and induce biochemical pathways in crops involved in pathogen defence  
111 and stress tolerance [21]. In this context, it is likely that organic systems require crop  
112 genotypes that are able to form active symbiotic relationships with beneficial  
113 organisms in the rhizosphere, and thereby establish mechanisms that increase nutrient-  
114 use efficiency (e.g., vigorous root systems, ability to form active mycorrhizal  
115 associations, reduced root losses due to pathogens, ability to maintain a high  
116 mineralization activity in the rhizosphere via root exudates, increased rooting depth  
117 and associated ability to recover N leached from the soil profile).

118 Breeding crops under conventional fertilizer regimes with abundant N may  
119 have resulted in varieties that are dependent on readily and consistently available N  
120 [22]. For example, older wheat varieties have shown to be superior in N extraction in  
121 low-N environments than modern ones [22]. Crop varieties respond to varying  
122 systems of fertility management in different ways and mechanisms for the uptake of  
123 different nutrients from soil also differ [23]. In addition, varieties have different  
124 nutrient requirements and growth capacities. A genotype with high N-use efficiency is  
125 able to realize high yields at low soil-N availability. For many crops, significant  
126 genetic variation with respect to N-use efficiency has been demonstrated [24],  
127 making breeding for resistance to N-deficiency stress feasible and practical [14, 25].

128 Improving the different compounds of nutrient use efficiency, like  
129 maintenance of photosynthesis under nutrient stress, nutrient uptake capacity, nutrient  
130 utilization capacity and translocation efficiency, will contribute to higher yield and  
131 quality under low input conditions. For organic farming, the adaptation of varieties to  
132 efficient nutrient use derived from slow nutrient releasing organic fertilizer is of  
133 special importance, which is not addressed in conventional selection programs  
134 without no or less mineral fertilizer [14].

135 Nutrient-uptake efficiency of plants can be improved by the capacity of crops  
136 to establish and sustain efficient (1) arbuscular mycorrhizas (AM) and (2) plant-  
137 growth-promoting-rhizosphere (PGPR) bacterial communities [26, 27], a trait that  
138 has been described as “rhizosphere competence”. PGPR-bacteria promote N-uptake  
139 efficiency since they (1) protect root systems against attack by soil-borne pathogens  
140 [28], (2) maintain efficient mineralization-driven nutrient supplies to plant roots [29,  
141 30], and (3) support the establishment of active AM associations [14]. AMs are  
142 essential for efficient phosphorus, micronutrient and water uptake in plants grown  
143 under organic [26] and low-input conditions [27, 31]. Under optimal conditions,  
144 especially under high level of plant available phosphorus, AM symbiosis are less  
145 relevant for plant nutrition and might even have detrimental effects on plant growth  
146 due to carbohydrate costs [32]. Therefore, recent breeding programs focussed on  
147 high input farming might have selected against such rhizosphere competence. For  
148 example, [33] detected that wheat cultivars developed before 1950 were more reliant  
149 on mycorrhizal symbiosis than modern wheat cultivars. Similarly, landraces of

150 mycorrhizal wheat grown in low-P soils produced a higher yield than modern  
151 varieties grown under the same conditions [34].

152 Recently, genes have been identified in tomato [35] and in wheat [36] that  
153 control the ability to form mycorrhizal root symbiosis. Moreover, studies have shown  
154 that the association of specific micro-organism on roots can influence gene expression  
155 in the plant [21], but breeders have yet to exploit these findings. This area of research  
156 is complex and difficult to study because it involves not only the genotype of the  
157 plant, but also its influence on and interaction with the soil micro-organism population  
158 [37].

159 The Brassicaceae were once thought not to be able to form mycorrhizal  
160 associations, but certain species show low levels of colonization [38] [39]. Little  
161 work has been done on rhizosphere micro-organism interactions with the growth and  
162 development of *Brassica oleracea*, and this may be a productive area to pursue in  
163 finding Brassica genotypes with enhanced association. Researchers at John Innes  
164 Institute studied P-use efficiency in *Brassica oleracea* [40] [41] [42] and showed  
165 that there is genetic variation in this trait and that it is under quantitative control [42].  
166 Cauliflower varieties with proportionally more fine roots have been shown to be more  
167 N-use efficient [43].

168 Environmental conditions, especially fertilizer applications, temperature, light  
169 intensity and moisture also have a significant impact on nutrient use efficiency (NUE)  
170 [44]. Since agronomic practices and climatic conditions significantly affect NUE  
171 [45], it is important to quantify genotype×environment interactions of traits  
172 contributing to nutrient-use efficiency to ensure and/or to select crop plants within the  
173 context of different agronomic and climatic environments.

174

### 175 **3. Rhizosphere competence for disease suppression**

176

177 Resistance to soil- and seed-borne diseases and/or mechanisms to maintain  
178 disease suppressive organisms (e.g., plant-growth promoting rhizosphere (PGPR)  
179 bacteria, AM-fungi) in the rhizosphere are important traits in organic production  
180 because healthy root systems are required for crops to express their genetic potential for  
181 nutrient use efficiency and yield [27, 29, 46]. Soil microbial populations in the  
182 rhizosphere have been shown to have the potential to reduce the severity of both (1)  
183 soil-borne root diseases (e.g., *Rhizoctonia*, *Fusarium culmorum*, *Gaeumannomyces*  
184 *graminis* var. *tritici*) and (2) foliar pathogens (e.g., *Septoria tritici* blotch and leaf rust)  
185 in wheat [47-49]. Bacteria shown to contribute to disease suppressiveness have been  
186 classified as PGPR bacteria and root-colonizing Pseudomonads (e.g., *Pseudomonas*  
187 *fluorescens*) [49]. Suppressiveness effects are provoked by a range of different  
188 mechanisms including (1) antibiosis, (2) site and nutrient competition and (3) induction  
189 of resistance in the crop plant [49, 50].

190 Recent research indicates that there are significant interactions between wheat  
191 genotypes and soil microbial composition in the rhizosphere [47, 51]. Root exudates,  
192 are an important plant mechanism that affects soil microbial composition [52]. Mazzola  
193 et al. [51] demonstrated that the increase in populations of rhizobacteria depended upon  
194 the wheat variety that was planted. However, to what extent genetic factors are  
195 responsible for the specific associations with beneficial rhizosphere micro-organisms is  
196 currently poorly understood. Also, significant efforts are needed to elucidate the  
197 potential of improving crop health and nutrition via beneficial plant×soil×microbe  
198 interactions before breeding programmes targeting traits associated with such  
199 interactions for organic farming can be developed [27].

200

#### 201 4. Weed competition

202

203 Weed management in row crops that are grown from transplants, including  
204 many Brassicas and some Allium crops, tends to be less problematic than in these  
205 crops grown from seed. This is due primarily to a more rapid development and  
206 associated competitiveness against weeds as well as the greater suitability of  
207 transplanted row crops for inter-row mechanical weeding methods. For example, in  
208 the USA, broccoli can be directly sown or transplanted to the field. The decision to  
209 direct sow or transplant depends on several factors, including cost of F<sub>1</sub> hybrid seed vs  
210 open pollinated seed that could be maintained by the grower, and labour and materials  
211 costs of transplanting compared to direct sowing. In terms of weed control broccoli  
212 seedlings are small and may take longer than competing weeds to become established  
213 (especially true in warmer environments when more rapidly growing C4 weeds may  
214 be present). Part of the package of a broccoli cultivar suitable for direct seeding in  
215 organic production systems would be plant types that would emerge and grow rapidly  
216 and shade neighbouring weeds. Because *Brassica oleracea* has such a great diversity  
217 of cultivated morphological types, sufficient genetic variation should be present in the  
218 species to select for more weed competitive cultivars.

219

220 Weed control also remains a problem in many cereal crops such as wheat.  
221 Wheat varieties are genetically variable in their ability to compete with weeds [53]  
222 [54]. Lemerle et al. [55] found considerable variation in the relative competitive  
223 advantage of 12 wheat varieties over annual ryegrass (*Lolium rigidum*). Huel and  
224 Hucl [56] showed that spring wheat varieties differed in competitive ability against  
225 oriental mustard (*Brassica juncea* cv. 'Cutlass') and cultivated oat (*Avena sativa* cv.  
226 'Waldern'). Balyan et al. [57] reported that the grain yield of wheat was reduced by  
227 17 to 62% depending on the variety's ability to compete with wild oat (*Avena*  
228 *ludoviciana*), and Blackshaw [58] found significantly different reductions in yield  
229 among wheat varieties due to differential response in competitive ability against  
230 downy brome (*Bromus tectorum*). Hucl [59] reported yield gains of 7 to 9% in  
231 'competitive' compared with 'non-competitive' wheat varieties. Huel and Hucl [56]  
232 found significant (P = 0.001) weed rate by genotype interactions involving changes in  
233 genotype rank for wheat grain yield when tested under weed-free and weedy  
234 conditions.

234

235 In a study evaluating grain yield and weed suppression ability (WSA) of 63  
236 historical and modern spring wheat varieties, a slight decrease in WSA over the past  
237 150 years corresponded with a large increase in yield [60]. No causal evidence  
238 between WSA and grain yield was found, however, so it is possible that this  
239 correspondence may simply reflect the relative emphasis (or lack thereof) these two  
240 traits have received during selection. Of these 63 varieties, the top five ranked for  
241 WSA reduced weed weight per plot by 573% over the bottom five. This demonstrates  
242 the wide range of WSA in wheat varieties, and indicates potential for improvement  
243 should this trait become a target for selection. Of the phenotypic traits measured, only  
244 plant height was responsible for variation in weed weight, while coleoptile length,  
245 juvenile growth habit, thousand kernel weight and leaf area index had no direct effect  
246 on WSA in this study [60]. Interestingly, all these traits have been reported  
247 previously as weed suppression traits, indicating that traits important for WSA are  
248 fluid and often depend on site-specific environmental conditions, and also on the  
winter or spring growth habit in wheat.

249 Allelopathy is another potentially important weed suppression trait that has  
250 received little attention in recent years. Allelopathy is a chemical process where plants  
251 provide themselves with a competitive advantage due to the direct or indirect effect on  
252 the germination, growth or development of neighbouring plants [61, 62]. An initial  
253 step towards the development of varieties with allelopathic activity is to evaluate the  
254 allelopathic potential of crop germplasm in bioassay based studies. Using such  
255 approaches, different wheat accessions have been shown to strongly inhibit the  
256 growth of the weed species *Bromus japonicus* and *Chenopodium album* [63], and a  
257 number of allelopathic compounds have been identified in wheat [64] [65]. Wheat  
258 varieties have also been screened for their allelopathic potential against annual  
259 ryegrass (*Lolium rigidum*). Wu et al. [66] found that the inhibition of root growth of  
260 ryegrass ranged from 24 to 91% among 453 wheat varieties. Wu et al. [62] suggested  
261 that the identification of varieties with high allelopathic activity and the transfer of  
262 such a characteristic into modern varieties could restore an important trait that has  
263 inadvertently been lost during the process of selection for higher yields.

264 In the Brassicaceae, glucosinolate breakdown products have weed- and  
265 pathogen-suppressive effects. Myrosinase catalyzes the conversion of glucosinolates  
266 to isothiocyanates and related compounds but is not released until plant tissue  
267 maceration [67]. The effect has been most clearly demonstrated in crops following  
268 plough-down of a crucifer green manure crop. In the studies that have examined  
269 whether growing *Brassica* crops have a direct allelopathic effect on weeds, no  
270 significant effect was found [68] [69]. It is unlikely that weed suppression through  
271 allelopathy could be directly used in broccoli, but cultivars bred with increased  
272 glucosinolate levels in vegetative tissues could be part of a long term weed control  
273 strategy in crop rotations.

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## 276 **5. Tolerance to mechanical weed control**

277

278 For field crops such as wheat, selection of genotypes with tolerance to  
279 mechanical weed control (especially tined weeders) also has the potential of becoming  
280 an efficient component of breeding strategies for weed competitiveness. Especially in  
281 reduced tillage systems, which are known to result in higher weed pressure, mechanical  
282 weed control is applied more frequently. Tillage systems have a direct effect on soil-  
283 carbon balances, soil organic matter, rooting depths, and loss of topsoil by wind and  
284 water erosion. Types of tillage systems include no tillage, minimum tillage and deep  
285 ploughing. Many no tillage systems are dependent upon herbicides, so that while soil  
286 erosion and carbon losses are reduced, herbicide usage is often essential. However, in  
287 reduced or minimum tillage systems, herbicide-free protocols are feasible [70] [71]  
288 and could be further implemented into organic farming if varieties with increased  
289 competitiveness and/or resistance to mechanical weed control were available. In many  
290 low-rainfall regions of the world (less than 400 mm annual precipitation), stand  
291 establishment is the most important factor affecting winter wheat grain yield [72].  
292 Early ground cover is one aspect vital to weed suppression [73] and this trait can be  
293 introduced into wheat varieties and was shown to provide a competitive advantage  
294 over early emerging weeds and increases resistance to mechanical weeding operations  
295 [74]. In wheat, emergence is strongly influenced by coleoptile length, a moderately  
296 heritable trait that can be effectively incorporated into modern varieties through  
297 breeding [72] [75] [76].

298 Several studies have demonstrated that the best varieties for reduced tillage  
299 and no tillage systems are also the best varieties for conventional tillage systems [77]  
300 [78] [79]. Results from these studies suggest that tillage system need not play a role  
301 in varietal selection. Hall and Cholick [80], however, found significant  
302 variety×tillage interactions for grain yield over two tillage systems, and suggested that  
303 selection under no tillage conditions should be considered to develop spring wheat  
304 varieties for no tillage systems. Additionally, in a study on the effect of mechanical  
305 harrowing on spring wheat, a genotype×treatment interaction was found with weed  
306 weight per plot as a response variable [60]. Six varieties showed improved WSA,  
307 three had reduced WSA and 10 had reduced yield under the mechanical tillage  
308 treatment [60].

309 Physical damage to wheat plants from mechanical weed control may cause  
310 significant yield reductions [81]. Mechanical weed control is usually done by tined  
311 weeders early in the season, supplemented in some regions by inter-row cultivation.  
312 The ability to tolerate damage and/or recover rapidly following mechanical weed  
313 treatments is therefore an important trait for varieties used in organic and low-input  
314 systems [60, 82].

315

## 316 **6. Resistance to major seed-borne diseases**

317

318 Resistance to seed-borne diseases in organic seed production is an important  
319 issue as few seed treatments are permitted for use under organic farming standards.  
320 Dwarf bunt (*Tilletia controversa*) and common bunt (*Tilletia tritici* syn. *T. caries*) are  
321 major diseases of winter wheat that occur in many areas of the world where winters  
322 are relatively mild, but regularly have a persistent snow cover. A long period of stable  
323 cool temperatures and high humidity provided by the snow cover induces soil-borne  
324 teliospores of the fungi to germinate and eventually produce hyphae that infect  
325 seedlings during winter. Infected plants are commonly dwarfed and have an increased  
326 number of tillers. The disease replaces the kernel with a fetid sorus filled with  
327 teliospores.

328 Common bunt, the most important disease of wheat in the period early to mid  
329 1900s [83], is now efficiently controlled by fungicide seed treatments in conventional  
330 farming. However, these treatments are prohibited under organic certification standards.  
331 Potential organic seed treatments (e.g., Tillecur) show varying degrees of effectiveness  
332 but are additional inputs and increase production costs [84] [85]. In organic production  
333 it would therefore be a crop health and economical advantage to use varieties with  
334 resistance or tolerance to common bunt and dwarf bunt [86]. Common bunt has the  
335 potential to become an economically devastating disease for organic farmers (especially  
336 those using farm-saved seed) unless an effective organic seed treatment is developed or  
337 genetic resistance is incorporated into wheat varieties used in organic systems [87].

338 Valuable breeding achievements have been made in developing wheat varieties  
339 with enhanced resistance to common bunt by introgression of major race-specific  
340 resistance genes (Bt1-Bt13) [88] [89]. However, little research has been done to  
341 identify non-race specific resistance or tolerance to common bunt. In a recent study,  
342 Fofana et al. [90] detected three quantitative trait loci associated with common bunt  
343 resistance that might be a good source of durable bunt resistance or tolerance.

344 Seed-borne diseases of tomato include tomato mosaic virus (ToMV), bacterial  
345 speck and bacterial spot (caused by *Pseudomonas syringae* pv. *tomato* and  
346 *Xanthomonas campestris* pv. *vesicatoria*, respectively) and fungal pathogens such as  
347 *Clavibacter michiganense*. Whereas ToMV has about the same magnitude of threat to

348 conventional and organic tomato production, bacterial and fungal diseases are a more  
349 serious problem in organic systems because the use of fungicides and antibiotics (other  
350 than sulphur and copper-based products) is prohibited. The two basic strategies to  
351 control seed-borne diseases in tomato are: (1) the use of seed treatments (e.g.,  
352 antagonistic micro-organisms, compost extracts, fermentation, acids and acidified  
353 nitrite, and hot water treatment; see e.g., Kasselaki et al. in this special issue) and/or (2)  
354 the use of resistant varieties. Resistance to bacterial speck and bacterial spot is available  
355 in commercially used tomato germplasm and should be more widely incorporated into  
356 tomato varieties bred for organic systems. ToMV can be a major problem in  
357 greenhouse-grown tomatoes because the virus is stable and easily spread through  
358 handling. Seed treatment to inactivate the virus does not work well, particularly if the  
359 virus is present in the endosperm of the seed. Resistance is the preferred method of  
360 control and has been incorporated into a wider range of commercial materials. The  
361 most widely used form of resistance (*Tm-2<sup>2</sup>*) was derived using embryo rescue from  
362 *Solanum peruvianum* [91]. Another resistance gene (*Tm-1*) that provides resistance  
363 against the predominant strain of ToMV was transferred from *S. habrochaites* without  
364 the use of special crossing techniques such as embryo culture [92]. As such, *Tm-1*  
365 would be the preferred source of resistance to incorporate into cultivars developed for  
366 organic production systems.

367 The major seed-borne disease of broccoli is black rot (caused by *Xanthomonas*  
368 *campestris* pv *campestris*). As in tomato, it can be controlled with antibiotics and  
369 copper treatments in conventional production systems. The best option for organic  
370 production would be the use of resistance. Incomplete resistance is found in *Brassica*  
371 *oleracea*, but more complete forms of resistance have been identified in *B. napus* and *B.*  
372 *carinata* [93]. Early attempts to introduce resistance from *B. carinata* into *B. oleracea*  
373 were conducted using somatic hybridization, and recently, *in vitro* embryo culture was  
374 used to introgress resistance [93].

375

## 376 **7. Resistance to other fungal and bacterial diseases**

377

378 Tolerance to diseases that may cause injuries and are likely to affect plant health  
379 and quality is crucial for minimizing the gap between yield potential and actual yield.  
380 This applies to conventional high input as well as to organic or low-input farming.

381 In Europe, resistance breeding in wheat is focused on the most serious foliar  
382 diseases in conventional wheat production systems including septoria, rusts and to a  
383 lesser extent powdery mildew and stem-based pathogens associated with lodging.  
384 Duveiller et al. [94] highlighted the effect of changing environmental conditions on the  
385 development of foliar disease epidemics in wheat production. Climate change is likely  
386 to modify the wheat disease spectrum in some regions, and pathogens or pests  
387 considered unimportant today may turn out to be potential new threats in future. For  
388 example, necrotrophic pathogens (e.g., spot blotch or Septoria) and Fusarium head  
389 blight may increase in importance in many areas of northern Europe. While the severity  
390 of lodging and powdery mildew was shown to decrease in organic farming systems, the  
391 importance of Septoria was reported to increase in UK (e.g., [95]). Resistance to  
392 Fusarium head blight is of special importance to minimize the risk of Fusarium toxins in  
393 the grain, whereas breeding for root disease resistance has been of minor importance.  
394 Fusarium resistance is particularly important in areas where climatic conditions and/or  
395 agronomic practices (e.g., where minimum tillage is used and/or maize is grown in  
396 rotation with wheat).



397 Resistance breeding combined with appropriate management approaches (e.g.,  
398 diverse rotations, timely sowing, and improved irrigation methods) can minimize losses  
399 caused by such pathogens. For example, in South Asia it was shown that the effect of  
400 spot blotch, a devastating foliar disease of wheat caused by *Cochliobolus sativus*, can be  
401 minimized by reducing physiological stress through timely sowing and adequate use of  
402 fertilizers [94]. Dordas [96] reviewed the effect of the nutrients N, K, P, Mn, Zn, B, Cl  
403 and Si on disease resistance in sustainable agriculture. At high N levels the severity of  
404 infection with obligate parasites increases, while infection with facultative parasites  
405 decreases. Silicon has been shown to control a number of diseases [97] [98]. Dordas  
406 [96] concluded that adjusted nutrient supply can assist to limit disease severity.

407 Although a number of diseases may affect broccoli regionally, head rot,  
408 caused by a complex of soft rot bacteria (*Erwinia* and *Pseudomonas* spp.) can cause  
409 problems whenever water accumulates on the developing broccoli head. Genetic  
410 variation in head rot resistance exists in broccoli and is associated with smooth,  
411 domed heads and small, tight beads [99]. Blackleg (*Leptosphaeria maculans*,  
412 formerly *Phoma lingam*) and Alternaria (caused by various *Alternaria* spp., but  
413 mainly *A. brassicola*) are two diseases that cause significant economic losses in  
414 Europe and eastern USA where pesticide-based control options used by conventional  
415 growers are not available to organic growers [4]. Hot water treatment can be used to  
416 disinfect seed, but the technique is not completely reliable and may reduce  
417 germination [100]. Differences in genetic resistance have been observed among  
418 various species, and this resistance needs to be transferred into a *B. oleracea*  
419 background.

420 Tomato diseases such as *Fusarium oxysporum f.s. lycopersici* and *Verticillium*  
421 *dahliae* may be of less concern in organic systems compared with their impact on  
422 conventional ones due to the suppressive effects of organic matter based fertilization  
423 regimes [101]. Other ones, such as various viruses (ToMV, tomato spotted wilt virus  
424 – TSWV) are more universal, or occur regionally (TSWV) independent of production  
425 system. Whereas late blight (*Phytophthora infestans*) can occur in conventional and in  
426 organic systems, it is of less concern in conventional systems because of the greater  
427 choice and efficacy of fungicides available compared with organic systems, where  
428 only protective copper-fungicides can be used. This has led to emphasis on breeding  
429 for late blight resistance in tomato intended for organic systems [102, 103]. Late  
430 blight is usually most severe in early spring and late summer or fall when  
431 environmental conditions favour disease development. Early spring infections are  
432 generally reported from high-tunnel production systems, whereas fall infections are  
433 typically found in the field. Several sources of resistance for late blight are known  
434 [104]. Some forms of resistance are qualitative and confer resistance to specific races  
435 whereas other ones show quantitative effects. Oregon State University started to  
436 combine the *Ph-2* resistance gene with quantitatively inherited genes derived from *S.*  
437 *habrochaites* as well as with *Ph-3* resistance genes [103].

438

## 439 **8. Insect resistance**

440

441 Because insecticides are not permitted under organic farming standards,  
442 organic growers apply alternative measurements. Examples of cultural management  
443 tools are e.g., the establishment of beetle banks to maintain high predator or parasite  
444 populations; companion plants to repel or distract pests; mass trapping systems,  
445 pheromone based mating disruption. But also alternative treatments can be applied

446 (e.g., Bt) and barrier based approaches to control invertebrate pests (most importantly  
447 the use of insect-proof netting).

448 For example, many Brassica vegetable growers rely on row covers in early  
449 season to prevent cabbage fly infestation (*Erioischia brassicae*), flea beetle  
450 (*Phyllotreta* spp.), and lepidopteran pests (*Plutella xylostella*, *Pieris rapae*), and  
451 biological control products (Bt and Spinosad) are widely used to control lepidopteran  
452 pests (e.g., diamond back moth) and aphids. Aphids (*Brevicoryne brassicae*, *Lipaphis*  
453 *erysimi*, *Myzus persicae*) are often a problem in autumn and on overwintering plants.  
454 Epicuticular wax may be positively or negatively associated with insect pest  
455 populations. Specifically, glossy (waxless) variants of *B. oleracea* showed less  
456 damage from lepidopteran pests, reduced whitefly (*Aleyrodes brassicae*, *Bemisia*  
457 *tabaci*) populations and resulted in fewer eggs laid by cabbage maggots near glossy  
458 variants [105]. Flea beetle damage was higher on glossy plants, and both an increase  
459 and a decrease in aphid populations have been reported. One hypothesis is that insect  
460 predator species are able to traverse all leaf surfaces and encounter insect prey [106]  
461 [107], but other factors such as wax composition and colour may influence insect  
462 herbivory and ovipositor behaviour [108]. The glossy phenotype has been associated  
463 with reduced tissue damage from thrips [105], but recent research showed a positive  
464 correlation between wax layer thickness and cabbage root fly infestation in white head  
465 cabbage [109]. Thrips is a major and increasing problem in the Netherlands and is  
466 currently studied in a pre-breeding programme of Plant Research International in  
467 Wageningen, The Netherlands. Whereas waxless variants have been extensively  
468 studied in relation to insect behaviour, over-expressing waxy variants have received  
469 little research attention. It may be that both ends of the wax production spectrum have  
470 arthropod deterrent properties. The waxless trait would have its best application in  
471 glasshouse production environments where thrips, but not other pests are the  
472 predominant problem.

473

474

## 475 **9. Tolerance to abiotic stress**

476

477 Breeding for tolerance to the abiotic stresses is another important issue. Apart  
478 from nutrient stress resistance (see above), drought, salinity, aluminium toxicity and  
479 heat stress are other important abiotic stress factors that cause yield reductions [110].  
480 With climatic change, the importance of drought and the area of irrigated land with  
481 saline soils are expected to increase significantly. Breeding for drought and salinity  
482 tolerance have proven to be difficult [111] as the mechanisms of tolerance are very  
483 complex and poorly understood [110, 112, 113]. Nevertheless, drought tolerance,  
484 water-use efficiency and heat stress tolerance are already considered major breeding  
485 goals for wheat production in marginal regions [113]. There are good chances for  
486 improving salt and aluminum tolerance in wheat breeding material via introgression of  
487 resistance genes identified in wild relatives [114].

488 Tolerance to the abiotic stresses is important not only for organic but also for  
489 conventional agriculture. In some cases such as drought stress organic farmers may give  
490 higher priority to such traits as they want to build up a system that is less dependant on  
491 inputs.

492

## 493 **10. Quality**

494

### 495 *10.1 Bread-making quality*

496

497

498 Only a limited number of studies have focused on quality aspects of organic  
499 wheat production [115] [116] [117] [118]. This trait is of particular concern to  
500 organic farmers and consumers since protein content (an important factor affecting  
501 bread-making quality) in organic cereals tends to be lower due to the difficulty and  
502 costs of foliar application of inorganic-N fertilizers applied later in the growing  
503 season. A higher protein content and/or quality without the need for late season N-  
504 inputs is therefore a major breeding objective. However, new varieties should be  
505 particularly suitable for whole grain bread making and artisan baking processes,  
506 combining sensory and nutritional qualities (e.g., increased levels of micronutrients)  
507 as the consumers of organic bread expects highest organoleptic quality.

507

508 The definition of wheat quality differs depending on market class and on the  
509 desired baking product. Quality parameters correlated to bread-making quality include  
510 protein content, protein quality, single kernel hardness, SDS sedimentation, ash  
511 content, Hagberg falling number, flour colour, dough and gluten strength, single  
512 kernel size and full baking and milling tests [119]. These tests were designed for the  
513 assessment of grain from conventional production and focus on assessing its  
514 suitability for white bread produced in large-scale industrial baking processes (e.g.,  
515 the Campden and Chorleywood process used widely in the UK). More emphasis is  
516 needed on the development of tests to assess bread-making quality for whole bread  
517 and artisan bread making processes (including sour dough based bread production)  
518 often used by smaller bakeries [118, 120].

518

519 Grain protein content is one of the most important factors determining overall  
520 bread-making quality. Some studies have found no difference in grain protein content  
521 between varieties from organic and varieties from conventional systems [121] [122]  
522 [123]. However, other studies have shown higher levels of protein in conventional  
523 compared with organic systems [124] [125]. Grain protein content is highly  
524 dependent on climatic conditions and available soil-N, especially late in the growing  
525 season, during grain filling. SDS, a measure of gluten strength, has been shown to be  
526 lower in organic than in conventional systems [123] and to increase with increasing  
527 N-supply [126] [127] [128]. Recent studies indicate that organic fertilization  
528 regimes, while reducing protein content will improve other bread-making quality  
529 related parameters, such as protein composition, gliadin to glutenin ratio, acetic acid  
530 soluble proteins, starch quality and length of amylopectin chains, diameter of starch  
531 granules, pentosan content,  $\alpha$ -amylase activity, water absorption) [129] [130].  
532 However, according to reports from bakers in several EU countries, this often does  
533 not compensate fully for the reduction in protein content. So more research is needed  
534 on the exact contribution of these different parameters to the overall bread-making  
535 qualities in order to design selection protocols based on the most important  
536 parameters for future organic wheat breeding programmes.

536

537

## 537 *10.2. Nutritional value*

538

539 The demand for organic products is partially driven by the belief that  
540 organically grown products are healthier and more nutritious than conventionally  
541 grown products [131]. It is therefore important for a plant breeder developing  
542 varieties for the organic sector to also select for nutritional quality parameters.  
543 Significant variation in mineral and vitamin contents exists among varieties within  
544 crops, and nutritional quality is often dependent on specific management practices  
545 [132].

546 For example, for wheat, differences in mineral content and/or mineral  
547 bioavailability among genotypes have also been reported for iron, zinc and other  
548 micronutrients in wheat [133] [134] [135]. Grain micronutrient content can also be  
549 influenced by environmental and soil conditions, including soil organic matter, pH,  
550 and the bioavailability of minerals in the soil [136, 137]. Soils with a low pH have  
551 been shown to reduce uptake of the macronutrients Ca and Mg and to increase uptake  
552 of the micronutrients zinc, manganese and iron [137]. Genotype×environment  
553 interactions should therefore be considered when developing breeding programmes  
554 focused on nutritional quality parameters, since this may allow a further optimization  
555 of nutritional quality.

556 Similarly, for broccoli, heterogeneity exists for important nutritional  
557 components (e.g., vitamin C, carotenoids, flavonoids, and glucosinolates) [138] and  
558 some breeding programmes already select for improved contents of these nutritionally  
559 desirable compounds.

560 The traits associated with tomato fruit quality depend very much on the market  
561 type. In general, higher levels of carotenoids (lycopene, beta-carotene), vitamin C, and  
562 flavonoids are considered beneficial. Tomatoes are a major source in the diet for  
563 carotenoids and vitamin C, but rank fairly low compared with other vegetables for  
564 flavonoids. The Oregon State University (OSU) programme has developed tomatoes  
565 with anthocyanin levels around 80 mg per 100 g fresh weight by combining two genes  
566 (*Aft* and *atv*) originally introgressed from wild species [139]. When combined with a  
567 third gene (*aw*), anthocyanin but not flavanol accumulation is suppressed producing  
568 tomato fruit with normal color but with the greater biological activity associated with  
569 flavonoids [140].

570 Although flavour is one of the most difficult traits to breed for, tomato breeding  
571 programmes often include selection steps designed to improve flavour. Growers will  
572 state that tomatoes need to have good flavour, but cannot agree on what constitutes  
573 good flavour. It is easier to define what is bad flavour – soft mealy texture, bland taste  
574 with low sugar content or a bad balance of sugar to acid ratio [141, 142].  
575

## 576 **11. Current breeding programmes for organic and low input wheat production**

577

578 Wolfe et al. [6] differentiated three different potential approaches to obtain  
579 crop varieties suitable for organic agriculture: (1) breeding programmes focused on  
580 the needs of conventional agriculture where selection is carried out under  
581 conventional farming conditions; this approach requires farmers to test varieties and  
582 select the ones that perform well under organic conditions, (2) varieties derived from  
583 conventional breeding programmes in which crosses and early selection is focused on  
584 traits required in conventional systems, but later or advanced breeding generations  
585 were evaluated and selected under organically managed farming conditions, and (3)  
586 varieties derived from breeding programmes in which crosses and selection strategies  
587 focus on traits demanded by the organic sector and selection is carried out in the  
588 background of organic farming conditions. The level of breeder-driven and farmer-  
589 driven activities may differ in these three different breeding approaches. In addition  
590 there are also farmers who use their own selection programmes often based on older  
591 (regional) varieties or landraces.  
592

### 593 *11.1. Breeding programmes for organic agriculture (selection under organic farming* 594 *conditions in advanced generations)* 595

596 Several commercial wheat breeding companies in Europe have dedicated part  
597 of their breeding efforts to breeding programmes for low input and organic  
598 agriculture. For example, Saatzucht Donau GmbH & CoKG in Austria currently  
599 utilizes two different early generation selection methods for wheat: (1) pedigree  
600 selection under low-input conditions; and, (2) bulk populations with individual ear  
601 selection under organic conditions followed by selection under low-input conditions  
602 in advanced generations. First, yield trials are conducted parallel under low input and  
603 organic conditions allowing a classification of the breeding material for further  
604 selection for organic or conventional agriculture. Until now seven winter wheat  
605 varieties have been released in Austria after exclusive organic VCU testing [16].

606 The private breeding company Saatzucht Schweiger GbR in Germany  
607 compared the performance of their varieties under organic and conventional  
608 conditions and identified the limited-N availability in organic systems as a specific  
609 problem to combine high yield and good baking quality. In these trials one of their  
610 variety showed similar bread-making parameters under organic and conventional  
611 farming, but the most relevant parameter, i.e., baking volume, was below the limit  
612 under conventional and well above under organic conditions. It was concluded that  
613 this variety can produce superior bread qualities under organic conditions only. For  
614 future organic breeding programmes, improving baking quality and gluten content are  
615 seen as key objectives [143].

616 In France, some publicly funded wheat breeding programmes started to select  
617 under organic and low input conditions. For example, INRA started an organic  
618 farming focused winter wheat breeding programme in 2003 [144, 145]. In a variety  
619 trials comparing the performance of winter wheat varieties under (a) low-input and (b)  
620 organic agricultural regimes in the three main macro-climatic regions (four year trials)  
621 in France that are important for wheat production, INRA could show that some  
622 varieties selected under INRA's low-input regime – in contrast to the varieties derived  
623 from high input selection - had similar ground cover, speed of crop establishment  
624 (traits correlated to weed suppressiveness) and bread-making quality characteristics  
625 (protein content, gluten index, baking tests), but often higher grain yields than  
626 varieties selected under and developed specifically for organic production conditions  
627 in Switzerland, Germany and Austria [145]. To improve selection of varieties best  
628 adapted to organic farming (good response to low level of nutrients, good competitive  
629 ability against weeds, etc), they proposed a global selection index which takes into  
630 account yield, quality (W of alveograph and protein content) and weed competition  
631 (crop canopy height and wheat ground cover) to optimise results [145].

632  
633 *11.2. Breeding programmes within organic agriculture (selection under organic*  
634 *farming conditions in all generations)*

635  
636 Only a few private or publicly funded breeders conduct wheat breeding  
637 exclusively under organic conditions. Getreidezüchtung Peter Kunz (GZPK) in  
638 Switzerland have been breeding wheat and spelt for 25 years. They focus on  
639 combining (1) resistance to diseases that remain a problem in organic and low-input  
640 systems (i.e., Septoria, Fusarium, rusts, bunt), (2) resistance to abiotic stress factors  
641 (drought tolerance and high nutrient-use efficiency) and (3) quality traits related to  
642 high bread-making quality [146]. In order to reach these breeding goals, hundreds of  
643 crosses were made between traditional and older long-straw varieties from German  
644 and Swiss breeding programmes and modern high performance wheat varieties.  
645 Progenies are selected under organic and low-input conditions in all stages of the

646 breeding process. Until now, 10 winter wheat varieties have been successfully  
647 released.

648 In Germany, Getreidezüchtungsforschung Darzau, Keyserlingk-Institute and  
649 the Getreidezüchtungsforschung Dottenfelder Hof have breeding programmes where  
650 crosses are designed to combine traits required by the organic sector and selection is  
651 done under organic farming conditions only.

652 While there are a range of ongoing breeding programmes for organic winter  
653 wheat production, there is currently limited focus on the development of organic  
654 spring wheat breeding programmes, although in Europe the proportion of spring  
655 wheat grown in organic production systems is greater than in conventional farming.  
656 This is mainly because breeding companies do not have budgets and facilities (land  
657 managed to organic farming standards) to develop separate spring wheat selection  
658 programmes under conventional high-input and organically managed conditions, since  
659 the overall market potential for 'organic' spring wheat varieties is still too low [10,  
660 147]. Due to the absence of specific organic spring wheat selection programmes, no  
661 new spring wheat varieties have come onto the market that are suitable for organic  
662 farming in many European countries. For example, in the Netherlands organic bread  
663 wheat production relies almost entirely on one single spring wheat variety (Lavett)  
664 that was developed more than 15 years ago [148].

665 Washington State University has an extensive ongoing wheat breeding  
666 programme (funded by industry, state and federal government sources) focused on the  
667 development of varieties for organic and low input systems [5, 149]. A range of  
668 existing genotypes, including traditional landraces, modern varieties and wild wheat  
669 species are currently crossed and the progeny selected for optimal grain yield and  
670 baking quality, enhanced nutritional value, and improved nutrient-use efficiency and  
671 weed competitiveness under organic farming conditions [5, 149]. The decision to  
672 breed wheat under certified organic conditions in all generations came about from a  
673 study in which Murphy et al. [5] demonstrated that the highest yielding soft white  
674 winter wheat genotypes in conventional systems are not the highest yielding  
675 genotypes in organic systems. As a consequence, breeding for increasing yield in  
676 organic systems will require direct selection within organic systems rather than  
677 indirect selection in conventional systems. Direct selection in four of the five organic  
678 systems produced yields ranging from 5 to 31% higher than the yields resulting from  
679 indirect selection [5].

680 For tomato, Oregon State University breeding programme focuses on varieties  
681 suitable for the maritime environments of the Pacific Northwest USA where the  
682 challenges are primarily the low growing temperatures. Varieties developed in this  
683 programme are early maturing, determinate, and parthenocarpic; i.e., traits that  
684 increase productivity under suboptimal growing conditions. In 2005, with funding  
685 through the Organic Seed Partnership, tomato breeding for organic systems began  
686 with the emphasis on developing open-pollinated varieties with improved late blight  
687 resistance. Selection has been based primarily on late blight resistance along with fruit  
688 characters and was performed under organic growing conditions. Selection for  
689 adaptation to organic production has been achieved by selection for productivity  
690 without knowing what specific traits provide that adaptation and productivity. In  
691 Europe, several small organic tomato breeding programmes run and focus e.g., on late  
692 blight [102] and taste [142].

693 For Brassicas, broccoli is the main example of participatory breeding  
694 programmes focused on the organic sector. Such programmes exist in Brittany

695 (France) [150] and at Oregon State University, which will be discussed in the section  
696 on breeding approaches below.

697

## 698 **12. Breeding approaches**

699

700 Many of the selection approaches that are used in conventional breeding  
701 programmes can also be utilized in organic farming focused breeding programmes.  
702 For example, for wheat this includes the development of inbred lines using a variety  
703 of methods, including pedigree selection, single seed descent, modified pedigree-bulk  
704 selection, phenotypic and molecular marker assisted selection, and participatory  
705 breeding.

706

### 707 *12.1. Sources of genetic diversity*

708

709 The creation and exploitation of genetic diversity is the main requirement for  
710 successful plant breeding. Breeders differentiate between primary gene pool (elite  
711 breeding lines), secondary gene pool (landraces, lines not adapted to local conditions  
712 or gene bank material) and tertiary gene pool (related species or wild relatives).  
713 Wheat breeders have significantly improved wheat performance by exploiting the  
714 genetic variability within the primary wheat gene pool. In order to maintain future  
715 genetic progress Trethowan et al. [151] suggested to explore additional sources of  
716 genetic variation such as synthetic wheats and landraces, and introgression of genes  
717 from related species. For example, synthetic hexaploid wheat, derived by crossings of  
718 tetraploid wheat with *Aegilops tauschii*, was shown to provide new genetic variability  
719 for resistance to drought, high temperature, salinity, waterlogging, and soil  
720 micronutrient imbalances from the secondary wheat gene pool. Synthetic-derived  
721 materials have performed well in many high stress environments globally. According  
722 to Trethowan et al. [151] there is also significant unexploited variation among  
723 landraces and modern wheat varieties. The tertiary gene pool, with a few significant  
724 exceptions, has been more difficult to exploit due to complex inheritance, meiotic  
725 instability, and associated linkage drag of undesired traits. Nevertheless, related  
726 species have proven to be a very valuable source for the introgression of resistance  
727 genes in the wheat breeding material [152] [153].

728

### 729 *12.2. Exploiting genetic variation within varieties*

730

731 Genetic variation within released wheat varieties is relatively small, because  
732 (1) wheat is a self pollinating species and (2) homogeneity is an essential requirement  
733 for variety release. An alternative method employed by Phillips and Wolfe [154]  
734 maintaining genetic diversity and evolutionary fitness within varieties is to create  
735 composite cross populations. Composite cross populations are formed by assembling  
736 seed stocks with diverse evolutionary origins and characteristics, recombination of  
737 these stocks by cross pollination, the bulking of F<sub>1</sub> progenies, and subsequent  
738 propagation of the bulked progenies in successive natural cropping environments.  
739 Natural selection takes place if more adapted genotypes produce more progenies than  
740 less adapted ones. Composite cross populations can provide dynamic gene pools,  
741 which in turn provide a means of conserving genetic resources *in situ*. They can also  
742 allow selection of heterogeneous crop varieties. According to these researchers,  
743 composite cross populations may have the potential to allow evolutionary changes  
744 based upon biotic and abiotic environmental interactions and might be an alternative

745 for selecting superior pure lines especially for low-input systems characterized by  
746 unpredictable stress conditions. The effect of natural selection on composite cross  
747 populations of wheat was demonstrated by David et al. [155] by analysing the shift in  
748 protein patterns after several generations of cultivation in different macro  
749 environments in France. However, further research is needed to verify the superiority  
750 of this strategy with respect to tolerance to abiotic and biotic stress under commercial  
751 cultivation, considering also the demand of the market for uniform high bread-making  
752 quality of wheat and the demand of the farmers for higher yield in organic farming.  
753 The development of genetically diverse varieties are strongly prevented by the present  
754 law like the Union for the Protection of New Varieties (UPOV) guidelines, EU rules  
755 (Regulation 2100/94/EC) or the Plant Varietal Protection Act (PVPA) in the USA,  
756 which require that a variety must be phenotypically uniform, stable and  
757 distinguishable from other varieties in order to be officially released. Political efforts  
758 are undertaken to change this strict legislation.

759 Multiline varieties and variety mixtures can also provide functional diversity  
760 that limits pathogen and pest expansion in cereals and other crops [156]. These  
761 approaches also reduce the risk of resistance break-down and this was due to a range  
762 of mechanisms including barrier and frequency effects as well as induced resistance.  
763 Also, differential adaptation, i.e., adaptation within races to specific host genotypic  
764 backgrounds, may prevent the rapid evolution of complex pathotypes in mixtures  
765 [156]. Therefore, yield stability (i.e., consistently high yields over a range of  
766 environments) is commonly greater in mixtures than in pure stands of wheat [3]. The  
767 wide application of variety mixtures in organic farming is constrained by the concern  
768 of farmers and processors about the anticipated negative effect on the homogeneity of  
769 the wheat quality. However, if the mixture components are carefully designed and  
770 have already been selected for desired traits in the breeding progress, product quality  
771 may be equal to or higher than that obtained in pure stands [3]. Nevertheless, there is  
772 still a risk that due to genotype x environmental interaction unacceptable  
773 heterogeneity may occur under different environments..

774

### 775 *12.3. Participatory plant breeding*

776

777 Participatory plant breeding (PPB) programmes originated in developing  
778 countries to meet the needs of low-input, small-scale farmers in marginal  
779 environments that are not targeted by commercial breeding companies [157]. PPB  
780 involves breeders, farmers, as well as consumers, extension specialists, vendors,  
781 industry, and rural co-operatives in plant breeding research. It is termed  
782 ‘participatory’ because all stakeholders can influence all major stages of the breeding  
783 and selection process. These stakeholders become co-researchers as they can: help to  
784 set overall goals, determine specific breeding priorities, make crosses, screen  
785 germplasm entries in the pre-adaptive phases of research, take charge of adaptive  
786 testing and lead the subsequent seed multiplication and diffusion process [158]. The  
787 fundamental rationale for PPB programmes is that joint efforts can deliver more than  
788 when each actor works alone and focuses only on specific objectives.

789 Due to the special need of farmers for varieties suitable for organic farming  
790 and due to the small size of the organic market being not always attractive for  
791 commercial plant breeders, this approach gained greater attention in breeding  
792 programmes for organic farming systems [148, 159]. In conventional systems,  
793 inorganic fertilizers and synthetic crop protection chemicals often encourage  
794 homogeneity across a diversity of agro-environments. Organic and traditional low-



795 input farms are often more heterogeneous, and experience greater diversity of weed,  
796 pest and disease pressure and use more diverse rotational designs and soil  
797 management, tillage, fertilization and crop protection protocols. To develop varieties  
798 suitable to these diverse agro-environments it is essential to integrate evolutionary  
799 breeding [160] with strong participatory selection components [149, 159]. This type  
800 of breeding strategy utilizes a combination of natural selection (survival and more  
801 progenies of fittest genotype due to adaptation to local conditions) and farmer  
802 selection (active selection of genotypes that fit the defined breeding goals) to develop  
803 varieties with optimal adaptation to specific organic farming systems. Such integrated  
804 breeding approaches are known as evolutionary participatory breeding (EPB) [149],  
805 which utilizes the skills and knowledge of both breeders and farmers to develop  
806 heterogeneous landrace populations, and was demonstrated to be an effective breeding  
807 method for both traditional and modern farmers throughout the world [149].

808 For example, for broccoli, the Oregon State University (OSU) programme has  
809 a breeding project focused on developing open pollinated (OP) broccoli varieties for  
810 organic production using a farmer participatory approach. The rationale for the project  
811 is that recently very few OP broccoli varieties have been developed with the  
812 productivity and quality traits available in F<sub>1</sub> hybrids. In addition, few of the  
813 contemporary varieties have been bred in and for organic systems. Many organic  
814 growers would like a broccoli variety that is well adapted to their individual system  
815 and environment, and one of which they can save their own seed. After assemblage  
816 and random mating of the initial population a FPB programme was initiated. Seed of  
817 the OP population was distributed to participating farmers, who grew and selected the  
818 most productive plants at their location, then allowed them to intermate, and produce  
819 seed. A portion of the seed was returned to OSU, where samples received would be  
820 combined and then redistributed to farmers in the next growing season. With support  
821 from the Organic Seed Partnership, three cycles were completed as of 2009. Current  
822 efforts are focused on working with specific farmers and institutions to reduce the  
823 variability in the population for economically important traits using plant to row half  
824 sib selection with the intention of developing varieties that are specifically adapted to  
825 grower's site-specific conditions.

826

#### 827 *12.4. Indirect phenotypic selection methods*

828

829 Breeding for biotic stress resistance in wheat still relies mainly on phenotypic  
830 selection protocols using natural or artificial infection pressure. However, quantitative  
831 resistance to several key diseases in wheat is difficult to assess reliably by phenotypic  
832 assessments (especially in early stages of plant development) and requires expensive  
833 experimental approaches [161]. Some morphologic traits have been described that  
834 correlated with quantitative biotic or abiotic stress resistance. These included leaf tip  
835 necrosis as an indicator for leaf rust resistance [162]; stem thickness for lodging  
836 resistance [163] [164] cuticular wax and stem length as indicators for Septoria  
837 resistance [165], and vigorous early growth as indicator for weed competitiveness and  
838 nutrient-use efficiency. However, indirect selection for such morphological traits has  
839 not yet been widely implemented in plant breeding programmes. Further applied  
840 research is therefore needed to verify the selection gain in a wider range of wheat  
841 germplasm.

842

#### 843 *12.5. Molecular marker selection*

844

845 With the advent of molecular markers it became possible to dissect quantitatively  
846 inherited traits into single genes. For wheat the identification of such quantitative trait  
847 loci (QTL) using segregating populations of parents with contrasting resistance  
848 phenotypes [162], has proven to be difficult, due to the complex hexaploid genetics of  
849 wheat [166] [167] [168]. However, QTL for resistance to several diseases (e.g., leaf  
850 rust, Fusarium head blight, common bunt, Septoria) have been identified in hexaploid  
851 wheat. Presently, the implementation of marker assisted selection into commercial  
852 wheat breeding programmes is still limited and restricted to marker assisted backcross  
853 breeding for the introgression of major genes from unadapted material or the  
854 pyramidization of resistance genes. However, the rapid development of new, cost-  
855 efficient, high-throughput marker systems as well as great improvement of association  
856 mapping is expected to allow better coverage of the wheat genome and may improve  
857 the ability to identify QTL for oligogenic inherited traits of interest to organic and low-  
858 input systems, as well as for the monitoring of the level of genetic diversity present in  
859 the wheat germplasm [169] [170] [171]. At Oregon State University, breeding for late  
860 blight resistance has used pedigree selection under disease pressure. A marker assisted  
861 breeding approach has been used to develop high flavonoid tomato lines. More than  
862 50% of the sequenced tomato genome has been assembled  
863 ([http://sgn.cornell.edu/about/tomato\\_sequencing.pl](http://sgn.cornell.edu/about/tomato_sequencing.pl) verified 23 March 2010) and as  
864 annotated sequence becomes available, it will be possible to identify and directly select  
865 candidate genes.

866

### 867 13. Evaluation of breeding methods

868

869 Another issue that has to be taken into account with respect to appropriateness  
870 of applied breeding methodologies for organic agriculture is their relative acceptability  
871 under organic farming principles (e.g., [150, 172]. Under the current organic farming  
872 regulations in the USA and Europe, genetically engineered crops are prohibited for use  
873 in organic production. However, it is currently unclear how to deal with techniques that  
874 are included in the definition of genetic engineering according to the IFOAM norms  
875 [173] but not in the EC directive on genetic engineering, such as cell fusion applied for  
876 introducing cytoplasmic male sterility (CMS) from other species to ease the F<sub>1</sub> hybrid  
877 production as applied e.g., in Brassicas (see e.g., [174]). Somatic hybridization has  
878 been used to transfer the *Brassica oleracea* nucleus into a radish cytoplasm [175], in  
879 order to achieve the most widely used form (Ogura) of CMS. The original Ogura CMS  
880 was not economically useful because CMS lines exhibited cold temperature chlorosis.  
881 It was not until further *in vitro* manipulation that replaced the radish chloroplast genome  
882 with the original parental species that temperature insensitive CMS lines were  
883 developed [176]. Many broccoli hybrids currently on the market are produced on male  
884 sterile mother plants derived from such cell fusion [177], and it is difficult for growers  
885 to obtain information on the breeding history as declaration is not mandatory. In  
886 contrast to the cell fusion derived sterility, F<sub>1</sub> hybrid seed of broccoli can also be  
887 produced using the natural sporophytic self incompatibility (SI) system, preventing self  
888 pollination of the mother plants. However, the expression of the SI system depends on  
889 the environmental conditions during flowering and does not result in 100% F<sub>1</sub> seeds as  
890 obtained by the cell fusion derived CMS system. Broccoli can be selfed manually using  
891 bud pollination or CO<sub>2</sub> treatment. Most modern material for F<sub>1</sub> variety development has  
892 been subjected to inbreeding and there are inbred lines that are self fertile. Breeding  
893 programmes use a combination of inbreeding to develop inbred lines, then combining  
894 these to produce F<sub>1</sub> hybrids. Broccoli is relatively easy to culture *in vitro* and can be

895 transformed. It is also possible to produce doubled haploids through anther culture.  
896 Therefore, genetically engineering, cell fusion and other techniques can be heavily used  
897 in conventional breeding programmes of these *Brassica* spp. crops resulting in varieties  
898 that are not in agreement with the organic principles. Without special breeding efforts  
899 for the organic sector, there is a great risk that in future, the needs of organic farmers  
900 will not be met.

901 In tomato the seed companies commonly rely on hand labour to produce F<sub>1</sub>  
902 hybrid seed. Most contemporary commercial tomato varieties are hybrids, but many  
903 organic growers in the USA and some small growers in Europe want to be able to  
904 save their own seed. Because tomato is highly self pollinated, it is possible to develop  
905 and release pure lines that can be seed propagated. There will be a need for both types  
906 of varieties depending on market demands and needs of the grower.

907 In wheat, natural CMS is available for F<sub>1</sub> hybrid seed production, but hybrid  
908 varieties of wheat are of minor importance.

909

#### 910 **14. Discussion and conclusions**

911

912 Over the last 40 years organic farmers have mainly aimed at optimizing their  
913 farming systems by agronomic approaches. More and more the sectors now also aims  
914 at genetic improvements to enhance yield stability under low-input conditions. Most  
915 of the available information on the differences in performances and requirements of  
916 varieties between organic, low-input and conventional high-input agriculture is  
917 concentrated on cereals. In this field already several breeding programmes have been  
918 established which several varieties have been released on the market. For the  
919 vegetable sector, only a few organic farming focused breeding programmes have been  
920 started so far, and farmers still largely depend on varieties bred for the conventional,  
921 high-input farming systems.

922 Although many breeding goals are identical for conventional and organic  
923 production, such as yield and disease resistance, the priorities can nevertheless be  
924 different. This is mainly due to the fact that conventional agriculture is able to  
925 compensate for the lack of certain traits via inputs, including inorganic fertilizers and  
926 chemosynthetic crop protection chemicals that are not available for use in organic  
927 farming systems. Additionally, some genetic traits that are of high priority in  
928 conventional systems are needed mainly because of inputs exclusively used in  
929 conventional systems (e.g., powdery mildew and lodging incidence in cereals are  
930 increased by inorganic-N inputs) and therefore less important for varieties used in  
931 organic systems. Therefore the use of breeding programmes focused on conventional  
932 farming selection priorities can result in varieties that perform well under high input  
933 but fail under low-input and organic conditions.

934 Many traits desired for varieties for organic and low-input farming systems are  
935 required for providing overall yield stability and include morphological and  
936 physiological characteristics, such as plant and root architecture, and vigour.  
937 Furthermore, the organic sector demands breeding to focus on optimizing soil  
938 processes relevant for plant nutrition, soil fertility and crop disease resistance. The  
939 currently available literature (see above) already shows the potential of selection for  
940 genotypes that can efficiently establish and exploit associations with beneficial soil  
941 micro-organisms especially with respect to positive effects on nutrient and water  
942 uptake, but also yield stability via improved disease and pest resistance and  
943 competitiveness against weeds.

944 Performance (yield, yield stability, quality) is also linked to tolerance to  
945 abiotic and biotic stress, which are complex inherited traits with high  
946 genotype×environment interactions, resulting in the ‘masking’ of the genotypic value  
947 of breeding lines. The improvement of all these traits with the limited resources  
948 available in organic farming focused breeding programmes is therefore extremely  
949 challenging [6, 146]

950  
951 An important strategy to further improve performance and product quality  
952 parameters in organic and low-input production systems is to integrate the  
953 development of novel genotypes and agronomic approaches. However, there may be  
954 significant genotype×environment×management interactions and the organic sector is  
955 known to use more variable management systems. For example, winter wheat may be  
956 grown (1) in stockless arable rotations (where often two or more wheat or other cereal  
957 crops are grown in succession) or (2) as part of more diverse rotations (e.g., on farms  
958 that also produce forages for livestock, vegetables, pulses or potatoes) [178] [179]  
959 [10] [180]. It is therefore important to evaluate genotype×management interactions  
960 in different agro- and pedo-climatic regions as part of organic farming focused  
961 breeding programmes than in conventional breeding programmes.

962  
963 One of the mayor points of discussion among breeders is whether separate  
964 organic breeding programmes are necessary or can selection under conventional  
965 growing conditions also be effective when more attention is paid to certain desired  
966 traits. The efficacy of such approaches may differ for different traits. For example, for  
967 wheat, indirect selection under conventional high-input systems is quite effective for  
968 traits with high heritability, including early maturity, plant height, and thousand  
969 kernel weight. However, this is not necessarily the case for quantitative traits  
970 characterized by high genotype×environment interactions, like grain yield or end-use  
971 quality traits [5, 16, 181]. Based on study of a segregating spring wheat population  
972 tested under organic and conventional farming systems Reid et al. [140] clearly  
973 demonstrated the superiority of direct selection (under organic farming) compared to  
974 indirect selection (under conventional farming) for grain yield and yield components.  
975 Therefore it is necessary to select under organic management at least in the advanced  
976 breeding generations [182].

977  
978 In some cases the size of the organic market is too small to be economically  
979 attractive for professional breeding companies. Participatory approaches could  
980 represent an efficient alternative approach to develop new varieties for organic  
981 farming and should be further developed to reduce the reliance on commercial  
982 conventional farming focused breeding companies. However, more recently  
983 developed collaborative strategies involving both breeding companies and farmers  
984 and other supply chain stakeholder should also be encouraged to utilize commercial  
985 breeding expertise and facilities where this is possible. This is an important  
986 opportunity not only to integrate farmers’ and breeders’ knowledge, but also the  
987 farmers’ and breeders’ eye.

988 Furthermore, it is encouraging that several breeding companies now consider  
989 organic as an interesting market to be involved in. This is often based at least partially  
990 on the anticipation that their existing conventional farming markets will in the future  
991 demand varieties with traits that are currently mainly requested by the organic and  
992 low-input sector (e.g., nutrient-use efficiency and specific product quality and  
993 resistance traits).

994 Finally, the introgression of traits urgently needed by the farmers to optimize  
995 organic farming systems and improve yield stability, will also have a positive  
996 influence on conventional production systems that aim to reduce agrochemical input  
997 use, while improving environmental impacts and long-term agricultural sustainability.  
998 Breeding for organic agriculture therefore deserves significantly more attention and  
999 support.

1000  
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