

Changes in Long-acting β -agonist Utilization After the FDA's 2010 Drug Safety Communication

The Faculty of Oregon State University has made this article openly available.
Please share how this access benefits you. Your story matters.

Citation	Hartung, D. M., Middleton, L., Markwardt, S., Williamson, K., & Ketchum, K. (2015). Changes in Long-acting β -agonist Utilization After the FDA's 2010 Drug Safety Communication. <i>Clinical Therapeutics</i> , 37(1), 114-123. doi:10.1016/j.clinthera.2014.10.025
DOI	10.1016/j.clinthera.2014.10.025
Publisher	Elsevier
Version	Accepted Manuscript
Terms of Use	http://cdss.library.oregonstate.edu/sa-termsofuse

1 **Title:** Changes in Long-acting Beta Agonist Utilization Following the FDA's 2010 Drug Safety
2 Communication
3

4 **Abstract**

5 **Purpose:** In February 2010, the US Food and Drug Administration (FDA) issued new
6 recommendations for the safe use of long-acting beta agonists (LABA) in those with asthma.
7 The objective of this study was to determine the impact of the FDA's 2010 LABA advisory on
8 LABA utilization.

9 **Methods:** Using administrative data from the state of Oregon Medicaid program we performed
10 an interrupted time series regression to evaluate changes in the trend in new LABA prescriptions
11 before and after the FDA's 2010 advisory. Trends in incident fills were examined among those
12 with and without an asthma diagnosis code, prior respiratory controller medication use, and by
13 age.

14 **Findings:** Of the 8646 study patients, 53% had a diagnosis of asthma, 21% of patients had no
15 respiratory diagnosis, and 32% did not use a respiratory controller medication in the recent past.
16 The trend in new LABA prescriptions declined by 0.09 new starts per 10,000 patients per month
17 (95% confidence interval [CI] -0.19 to -0.01) following the FDA's advisory. Among those with a
18 diagnosis of asthma, there was an immediate drop of 0.48 (95% CI -0.93 to -0.03) and a 0.10
19 (95% CI -0.13 to -0.06) decline in the monthly rate of new starts per 10,000 patients.
20 Immediately following the FDA's advisory we observed a statistically significant 4.7% increase
21 (95% CI 0.8% to 8.7%) in the proportion of new LABA starts with history of previous
22 respiratory controller medication use. Utilization of LABAs did not change in those without a
23 diagnosis of asthma.

24 **Implications:** The FDA's 2010 advisory was associated with modest reductions in LABA
25 utilization overall and in ways highlighted in their recommendations.

26

27 **Key Words:** United States Food and Drug Administration, Utilization, adrenergic beta2-
28 agonists, Medicaid

29 **Introduction**^a

30 Controversy surrounding long-acting beta agonists (LABAs) use has persisted since
31 salmeterol was originally approved by the US Food and Drug Administration (FDA) in 1994.^{1,2}
32 Concerns about the association between salmeterol and the risk for serious asthma-related events
33 were first noted in 1993 with publication of the Serevent National Surveillance study.³ The
34 FDA-mandated Salmeterol Multicenter Asthma Research Trial (SMART) corroborated these
35 findings suggesting a small but significant increase in asthma-related deaths and life threatening
36 events, particular among African Americans, in those randomized to salmeterol.⁴ Following
37 early termination of SMART, FDA issued their initial black box warning for salmeterol in 2003.
38 During the past decade, this warning has been revised several times and expanded to the entire
39 class.^{5,6}

40 Over this same period, meta-analytic reviews of SMART and other accumulated safety
41 data have flourished along with varying interpretations of their significance.⁶ Despite the
42 ongoing safety debate, use and expenditures for LABAs have soared. Between 2002 and 2009,
43 the number of prescriptions dispensed for medications containing a LABA increased from 15.6
44 to 21.7 million.⁷ In 2012, nearly \$5 billion dollars was spent on fluticasone/salmeterol
45 (AdvairTM), making it the fourth largest drug market in the US behind NexiumTM, AbilifyTM, and
46 CrestorTM.⁷ There is growing evidence that certain aspects of LABA prescribing appear to be
47 sub-optimal. Although LABA monotherapy, which has been strongly discouraged by the FDA
48 and in clinical practice guidelines, is uncommon,⁸ nearly 70% of asthma patients with a new
49 prescription for a combination LABA/inhaled corticosteroid (ICS) have no previous history of

^a Abbreviations: long-acting beta agonists (LABA), US Food and Drug Administration (FDA), Salmeterol Multicenter Asthma Research Trial (SMART), International Classification of Disease 9th Revision (ICD9), chronic obstructive pulmonary disease (COPD), National Asthma Education and Prevention Program's Expert Panel Report-3 (EPR-3)

50 controller use.⁹⁻¹³ Also, LABA use in patients without a diagnosis of either asthma or chronic
51 obstructive pulmonary disease (COPD) is considerable.¹⁴⁻¹⁶ Despite the revised warnings and
52 extensive publicity, the existing literature demonstrates overall LABA utilization has been
53 largely unaffected, and in fact grown substantially over the last decade..¹⁰⁻¹²

54 On February 19, 2010, following extensive advisory committee deliberation, the FDA
55 announced revised recommendations on the use of LABAs and further modified the LABA black
56 box warnings. The revised recommendations include the following: (1) an emphasized
57 contraindication to LABA monotherapy without another asthma controller medication; (2) using
58 LABAs long-term only in patients whose asthma cannot be adequately controlled on other
59 asthma controller medications; (3) using LABAs for the shortest duration of time required to
60 achieve asthma control and then discontinuing; and, (4) using fixed dose combination LABAs in
61 pediatric and adolescent patients to ensure compliance to both medications. Manufacturers of
62 LABA products were required to change package inserts, medication labels and patient
63 medication guides.

64 The FDA's LABA recommendations and black box revisions of 2010 are the most
65 prescriptive to date, yet controversy still remains about the relative benefits and safety of these
66 agents.^{6,17,18} Utilization studies of previous FDA action have yielded mixed results, so it is
67 unclear if clinicians have modified their prescribing habits to better conform to the most recent
68 FDA communication.^{10-12,19} The objective of this study was to examine changes in LABA use
69 and appropriateness in a state Medicaid program following the FDA's 2010 drug safety
70 communication.

71

72

73 **Methods**

74 *Patient Population*

75 This study employed a retrospective interrupted time series design to evaluate
76 longitudinal changes in incident (new) LABA prescriptions before and after the FDA's 2010
77 LABA advisory. Using state of Oregon administrative pharmacy and medical claims data we
78 identified monthly rolling cohorts of incident LABA users from January 2008 to December
79 2012. Patients were included if they had a new prescription claim for a single source LABA or
80 fixed dose LABA/ICS combination product with no LABA claims in the six months prior; this
81 was defined as their index claim. LABA products included salmeterol xinafoate (Serevent
82 DiskusTM, GlaxoSmithKline); formoterol fumarate inhalational powder (Foradil AerolizerTM,
83 Merck); arformoterol tartrate (BrovanaTM, Sonovion); and indacaterol inhalation powder
84 (Arcapta NeohalerTM, Novartis). Combination LABA/ICS products included fluticasone
85 propionate and salmeterol inhalational powder (Advair HFATM, Advair DiskusTM,
86 GlaxoSmithKline); budesonide and formoterol fumarate dehydrate inhalational aerosol
87 (SymbicortTM, AstraZeneca); and mometasone furoate and formoterol fumarate dehydrate
88 inhalational aerosol (DuleraTM, Merck). In order to assess baseline patient characteristics, only
89 patients with 6 months of enrollment prior to their index claim were included. Baseline patient
90 characteristics were assessed using pharmacy and medical claims data six months prior to each
91 patient's index claim. Data from this period were used to summarize age in years as of the index
92 date, sex, and race. Using International Classification of Disease 9th Revision (ICD9) codes we
93 quantified whether patients had diagnoses of asthma (ICD9 493.x), chronic obstructive
94 pulmonary disease (COPD) (ICD9 4912x, 492.xx, 496xx, 5064x, 5181x, 5182x), both, or
95 neither. We also determined if the patient had previous asthma or COPD controller medications
96 (Supplemental Table A) in the three months prior to their index claim. We used an expansive

97 definition of controller medication that included most inhaled respiratory agents with the
98 exception of short acting beta-agonists.

99 We excluded patients with fee-for-service Medicaid because of a prior authorization
100 restricting LABA that took effect during the study period.²⁰ Patients were also excluded if they
101 had dual Medicare Medicaid enrollment because of the potential for missing Medicare data.
102 Because the first six months of data were used to establish eligibility and define baseline
103 characteristics, the actual study period ran from July 2008 to December 2012 (54 months).

104 *Analysis*

105 We analyzed monthly trends and changes in incident LABA use before and after the
106 FDA's LABA advisory on February 18, 2010 using segmented regression analyses.²¹ The
107 general form of our segmented regression model was $Y_t = \beta_0 + \beta_1 * time_t + \beta_2 * FDA Advisory_t +$
108 $\beta_3 * time after advisory + e_t$. The dependent variable (Y_t) was the number of new LABA starts per
109 10,000 Medicaid enrollees per month. *Time* was a continuous variable from 1 to 54 indicating
110 time in months from the beginning of study period. *FDA advisory* was a dummy variable set at 0
111 if the month was before the FDA's advisory (July 2008 to January 2010; 19 months) and 1 if the
112 month was after the FDA's advisory (March 2010 to December 2012; 34 months). The time
113 point in February 2010 (month 20) was censored because the advisory was issued in the middle
114 of the month. *Time after advisory* was a continuous variable indicating the number of months
115 after the FDA's advisory; this variable was set at 0 if before the FDA's advisory. The β_0
116 estimates the number of new LABA starts per 10,000 patients at time 0 (intercept); β_1 estimates
117 the change in new LABA starts over time (*baseline trend*) before the FDA advisory; β_2
118 estimates the immediate change in new LABA starts (*level change*) occurring between January
119 2010 (month 19) and March 2010 (month 21); and β_3 estimates the change in trend over time

120 (*trend change*) of new LABA starts after the FDA advisory. Using the multivariate delta
121 procedure described by Zhang et al.,²² we derived absolute changes in new starts for the final
122 period of the time series (month 54, December 2012) by comparing the post-FDA advisory
123 estimate to an estimate assuming a continuation of the baseline trend. Predications were
124 generated only for those models with significant changes in trend over time. All regressions
125 were performed using PROC AUTOREG within SAS version 9.3 (SAS Institute, Cary, NC).
126 Autocorrelation between error terms was assessed using the Durbin-Watson test statistic. If
127 significant autocorrelation was detected ($p < .05$), we adjusted the models with autocorrelation
128 terms selected using a stepwise approach that first fit a model with higher order autocorrelation
129 terms. The least non-significant term was then dropped and the reduced model was successively
130 re-fit until all remaining autocorrelation terms were significant ($p < .05$).

131 Several models were fit to describe changes in LABA starts overall, if the patient had a
132 baseline diagnosis of asthma alone (excluding those with no diagnosis and those with a co-
133 occurring COPD diagnosis), and by age (less than 18 years of age). Additionally, as a measure
134 of potential appropriateness, we analyzed changes in the proportion new starts with previous use
135 of a respiratory controller medication. Finally, to minimize the possibility that observed LABA
136 trends reflected larger asthma controller use, we analyzed an identically constructed cohort of
137 new users of other asthma controller medications in those with a diagnosis of asthma. This study
138 was approved by the Oregon Health & Science University Institutional Review Board and data
139 use agreements with the Oregon Health Authority were obtained.

140

141 **Results**

142 Between July 2008 and December 2012, 8646 patients started using a LABA containing
143 product and met our eligibility criteria. As summarized in Table 1, new LABA users during this
144 period were predominately females and over 18 years of age. Only 12% of the study sample
145 were twelve years of age or younger. The most commonly prescribed LABA during this period
146 was combination fluticasone/salmeterol. Nearly two-thirds of patients had a diagnosis of asthma,
147 and 53% had a diagnosis of asthma without a concurrent diagnosis code for COPD. One in five
148 patients had no respiratory diagnosis prior to initiating a LABA. Only 32% of patients initiating
149 a LABA had a history of previous respiratory controller use. This was similar in those with only
150 a diagnosis of asthma.

151 Table 2 summarizes estimates from the segmented regression analyses of the trend in
152 new starts of LABA from July 2008 through December 2012. As shown in Figure 1, following
153 the FDA's advisory in 2010 incident LABA prescriptions declined significantly each month by
154 0.09 prescriptions per 10,000 patients (95% confidence interval [CI] -1.19 to -0.01; $p<0.05$).
155 Assuming a continuation of the baseline trend, this decline would be expected to result in a 3.16
156 (95% CI -4.09 to -2.22) reduction in new starts per 10,000 patients by December 2012. There
157 was no significant change immediately following the FDA's advisory. Examining LABA
158 utilization by baseline diagnoses (Figure 2), we found a similar decline in trend of 0.1 new starts
159 per 10,000 patients (95% CI -0.13 to -0.06; $p<0.001$) among those with an asthma diagnosis, but
160 no significant changes in those without. Additionally, among those with an asthma diagnosis
161 there was an immediate drop of 0.48 new starts per 10,000 patients (95% CI -0.93 to -0.03;
162 $p<0.05$) following the FDA advisory. By the end of 2012, this decline would be predicted to
163 result in a reduction of 3.76 (95% CI -4.09 to -3.43) new starts per 10,000 patients. The trend in

164 utilization was significantly reduced in both those less than 18 years of age and among those 18
165 and older.

166 During the same period, new starts of other asthma controller agents in those with an
167 asthma diagnosis also declined in trend, but this change was not statistically significant.

168 Finally, as shown in Figure 3, there was statistically significant 4.7% immediate increase
169 (95% CI 0.8% to 8.7%; $p < 0.05$) in the proportion of incident users with a recent history of
170 respiratory controller medication use. Significant changes in the overall trend were not
171 observed. Consequently, the model does not predict an increase (or decrease) in the proportion
172 of new LABA starts with a history of respiratory controller medication beyond the immediate
173 4.7% change. However, the trend in prior controller medication use is non-significantly reversed
174 from negative in the pre-period to positive in the post-period.

175

176 **Discussion**

177 In this study we observed modest, but significant changes in LABA utilization following
178 the 2010 FDA drug safety communication. Specifically, there were significant declines in trend
179 overall and among those with a diagnosis of asthma – a subgroup specifically addressed in the
180 FDA’s Advisory. Additionally, we observed a significant jump in the proportion patients
181 starting a LABA for the first time with a recent history of some other respiratory controller
182 medication. While the overall decline in trend appears modest, extrapolation out to the last
183 month of the time series results in a cumulative one-third reduction in new starts relative to
184 predicted utilization. Although the FDA’s advisory and the clinical data only pertain to
185 treatment of asthma, it is conceivable that treatment of COPD or other conditions may also have
186 been impacted. Because of the anticipated limited number of patients with a diagnosis of COPD

187 in Medicaid, we combined those with any COPD diagnosis with no respiratory diagnosis to
188 evaluate spillover effect. We found no evidence suggesting prescribing behavior changed for
189 patients without a diagnosis of asthma, for whom the FDA's advisory do not apply.

190 Our data suggest a trend towards further conformity to both the revised FDA label and
191 practice guidelines. Specifically, we observed an increase in the proportion of new users who
192 have used a respiratory controller medication immediately prior to starting a LABA.
193 Despite this, the proportion of new users with previous controller remains below 50%. Although
194 speculative, the decline in use among those with an asthma diagnosis may indicate increasing
195 reluctance of prescribers to begin LABA therapy given ongoing safety concerns.²³ There were
196 significant declines in trend for both those less than and 18 years or older.

197 Previous investigations of the FDA's LABA labeling changes have generated equivocal
198 or ambiguous findings. Using a commercial health insurance dataset, Stockl and colleagues
199 found that the FDA's 2005 advisory had no impact on the likelihood of being prescribed an
200 asthma controller medication prior to starting a LABA, a recommendation added in the black
201 box warning.¹² Similar conclusions were reached by two other studies examining quarterly
202 trends in use of fluticasone/salmeterol combination inhaler as initial therapy for both adults and
203 children before and after the FDA's 2005 communication.^{10,11} In these and other studies, the
204 proportion of patients prescribed an asthma controller agent prior to initiating LABA therapy
205 ranged from 30% to 40%, similar to what we observed.^{8,9,24} Another study by Zhou and
206 colleagues found that the rate of single-ingredient LABA has declined significantly between
207 2003 and 2011, with growing use of other asthma controller medications concurrent with single-
208 agent LABAs.¹⁹

209 Our findings may contrast with previous studies because of how the FDA advisory was

210 formulated. In a recent systematic review assessing how FDA drug risk communication affects
211 utilization and outcomes, Dusetzina and colleagues found considerable heterogeneity in
212 measured responses.²⁵ Synthesized results suggest that FDA advisories offering specific
213 guidance may be more effective than general risk communications. This may explain why the
214 2010 advisory appears to have produced changes in prescribing behavior while previous studies
215 of the 2005 label changes were largely unheeded, with the exception of single-agent LABA use.
216 In situations where FDA advisories are issued targeting a specific subpopulation, such as with
217 the use of LABAs, studies have found some evidence of spillover onto non-targeted
218 populations.^{26,27} The FDA's LABA risk communication is directed towards those with asthma
219 and not COPD. Our data show the impact on prescribing was largely confined to those with a
220 diagnosis of asthma, although COPD is relatively uncommon in a younger Medicaid population.

221 We note several limitations of this study. First, our data were derived from one state
222 Medicaid program of modest size. Although Medicaid is the largest provider of healthcare for
223 low income children and adolescents who are disproportionately affected by asthma, trends in
224 Oregon may not reflect utilization in other states.^{28,29} Replication of findings in larger, more
225 diverse, populations would be helpful. Second, interrupted time series with control group is the
226 strongest quasi-experimental research design.³⁰ Our analysis lacks a control group, precluding
227 true counterfactual comparisons. It is unlikely that prescribing data acquired from a non-US
228 source would be an adequate control because the influence of FDA communication has been
229 shown to impact utilization in other countries.³¹ However, causality is strengthened because the
230 decline in new starts was confined to LABAs, as opposed to other asthma controller. Third,
231 inferences from time series data may be confounded by secular change in behavior unrelated to
232 the intervention under study. In 2012 GlaxoSmithKline agreed to a civil settlement for off-label

233 use of salmeterol/fluticasone (Advair™), the most commonly prescribed LABA.³² The US
234 Department of Justice alleges that through 2010 GlaxoSmithKline promoted Advair™ for milder
235 forms of asthma and other indications not approved by the FDA.³³ It is unclear if cessation of
236 promotional activities also impacted utilization of LABAs during the study period. There were
237 no other policies or trends in utilization that may have acted to confound this analysis. Finally,
238 our study uses paid pharmacy claims as an indicator of changes in prescribing. Along with the
239 many limitations associated with using administrative data, it is also important to recognize that
240 during this period salmeterol/fluticasone was heavily promoted and sampled. As such, patients
241 we have characterized as new users of a LABA may in fact be past users of sampled medication
242 who are merely filling their first prescription through a pharmacy. The extent and impact of this
243 phenomenon are unclear.

244 In summary, we observed a modest decline in the trend of new LABA starts following
245 the FDA's 2010 recommendations. New LABA starts were significantly reduced over time
246 among those with a diagnosis of asthma but largely unchanged in those without. Finally, we
247 observed a significant increase in the proportion of new user with a previous history of
248 respiratory controller use – an indicator of possible inappropriate use. In addition to the
249 limitations noted above, other questions remain. Several of the FDA's 2010 recommendations
250 have caused concern among clinicians because they are somewhat inconsistent with existing
251 treatment guidelines and evidence.^{17,34} For example, FDA now recommends LABAs be
252 discontinued after asthma control is achieved, however the most recent National Asthma
253 Education and Prevention Program's Expert Panel Report-3 (EPR-3) guidelines recommend step
254 down consideration only after at least three months of therapy. Updated labeling also state
255 LABAs should not be added in patients who can be adequately controlled on low or medium

256 doses of an ICS, a recommendation that some feel is at odds with the clinical evidence.³⁵ In
257 patients who remain symptomatic on low-dose ICS, EPR-3 guidelines acknowledge the
258 additional benefits of LABA step up on lung function and symptom control, but in deference to
259 LABA safety concerns, considers medium dose ICS escalation or LABA addition as equally
260 acceptable options.¹³ It is unclear how these complex clinical decisions are being made in light
261 of potentially conflicting recommendations. The FDA has mandated the conduct of five
262 additional randomized controlled trials by LABA manufacturers to further clarify the benefits
263 and harms of adding LABAs compared to continued ICS treatment.³⁶ Results from these trials,
264 expected in 2017, will likely prompt further modifications to product labeling for LABAs.
265

266 **Acknowledgments**

267 **Financial disclosures:** This study was unfunded. During the course of this study, DM was
268 funded through the Oregon Comparative Effectiveness Research K12 Program, grant number
269 1K12HS019456 (PI JMG) from the Agency for Healthcare Research and Quality.

270

271 **Prior Presentations:** 29th International Conference on Pharmacoepidemiology & Therapeutic
272 Risk Management; August 25-28, 2013; Montréal, Canada

273

274 **Conflicts of Interest:** No authors have any conflicts of interest

275

276

277

278 **References**

- 279 1. Chan CM, Shorr AF. Black clouds and black boxes: comment on "Long-acting beta2-
280 agonist step-off in patients with controlled asthma". Arch Intern Med 2012;172:1375-6.
- 281 2. Aaronson DW. The "black box" warning and allergy drugs. The Journal of allergy and
282 clinical immunology 2006;117:40-4.
- 283 3. Castle W, Fuller R, Hall J, Palmer J. Serevent nationwide surveillance study: comparison
284 of salmeterol with salbutamol in asthmatic patients who require regular bronchodilator treatment.
285 BMJ 1993;306:1034-7.
- 286 4. Nelson HS, Weiss ST, Bleecker ER, Yancey SW, Dorinsky PM. The Salmeterol
287 Multicenter Asthma Research Trial: a comparison of usual pharmacotherapy for asthma or usual
288 pharmacotherapy plus salmeterol. Chest 2006;129:15-26.
- 289 5. Briefing Information for the March 10-11, 2010 Joint Meeting of the Pulmonary-Allergy
290 Drugs Advisory Committee and Drug Safety and Risk Management Committee. US Food and
291 Drug Administration. (Accessed at
292 [http://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/Pulm](http://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/Pulmonary-AllergyDrugsAdvisoryCommittee/UCM202701.pdf)
293 [onary-AllergyDrugsAdvisoryCommittee/UCM202701.pdf](http://www.fda.gov/downloads/AdvisoryCommittees/CommitteesMeetingMaterials/Drugs/Pulmonary-AllergyDrugsAdvisoryCommittee/UCM202701.pdf) (Accessed 8/30/2013).)
- 294 6. Sears MR. The FDA-mandated trial of safety of long-acting beta-agonists in asthma:
295 finality or futility? Thorax 2013;68:195-8.
- 296 7. IMS. Top-Line Market Data. (Accessed at
297 <http://www.imshealth.com/portal/site/ims/menuitem.5ad1c081663fdf9b41d84b903208c22a/?vgn>
298 [extoid=fbc65890d33ee210VgnVCM10000071812ca2RCRD.](http://www.imshealth.com/portal/site/ims/menuitem.5ad1c081663fdf9b41d84b903208c22a/?vgn_extoid=fbc65890d33ee210VgnVCM10000071812ca2RCRD.))
- 299 8. Wasilevich EA, Clark SJ, Cohn LM, Dombkowski KJ. Long-acting beta-agonist
300 monotherapy among children and adults with asthma. Am J Manag Care 2011;17:e91-5.

- 301 9. Kaplan S, Zhou EH, Iyasu S. Characterization of long-acting beta(2)-adrenergic agonists
302 utilization in asthma patients. *The Journal of asthma : official journal of the Association for the*
303 *Care of Asthma* 2012;49:1079-85.
- 304 10. Friedman H, Wilcox T, Reardon G, Crespi S, Yawn BP. A retrospective study of the use
305 of fluticasone propionate/salmeterol combination as initial asthma controller therapy in a
306 commercially insured population. *Clin Ther* 2008;30:1908-17.
- 307 11. Friedman HS, Eid NS, Crespi S, Wilcox TK, Reardon G. Retrospective claims study of
308 fluticasone propionate/salmeterol fixed-dose combination use as initial asthma controller therapy
309 in children despite guideline recommendations. *Clin Ther* 2009;31:1056-63.
- 310 12. Stockl KM, Le L, Harada AS, Zhang S. Use of controller medications in patients initiated
311 on a long-acting beta2-adrenergic agonist before and after safety alerts. *Am J Health Syst Pharm*
312 2008;65:1533-8.
- 313 13. National Heart, Lung, and Blood Institute. Expert panel report 3: guidelines for the
314 diagnosis and management of asthma—full report 2007; 2007.
- 315 14. Drug Use Evaluation: LongActing Beta Agonist (LABA). Oregon State University
316 College of Pharmacy - Drug Use Research and Management, 2006. (Accessed at
317 [http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/artic](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/labab.pdf)
318 [les/labab.pdf](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/labab.pdf).)
- 319 15. Combination Long-Acting Beta-Agonist Inhaled Corticosteroid: Summary of Clinical
320 Evidence and Drug Utilization Evaluation. 2010. (Accessed at
321 [http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/artic](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/labab_ics_due.pdf)
322 [les/labab_ics_due.pdf](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/labab_ics_due.pdf) (Accessed 09/1/2013).)

- 323 16. Helm ME, Vargas PA, Jones SM. Advair prescribing patterns in a state medicaid and
324 child health insurance program. In: American Academy of Allergy, Asthma, and Immunology
325 Annual Meeting. San Diego, California; 2007.
- 326 17. Lemanske RF, Jr., Busse WW. The US Food and Drug Administration and long-acting
327 beta2-agonists: the importance of striking the right balance between risks and benefits of
328 therapy? *The Journal of allergy and clinical immunology* 2010;126:449-52.
- 329 18. Szeffler SJ, Busse WW. The long-acting beta-adrenergic agonist controversy in asthma:
330 troublesome times! *The Journal of allergy and clinical immunology* 2012;130:1256-9.
- 331 19. Zhou EH, Kang EM, Seymour S, Iyasu S. Long-acting beta-adrenergic agonist
332 dispensings in pediatric and adolescent asthma patients, 2003-2011. In: 29th International
333 Conference on Pharmacoepidemiology & Therapeutic Risk Management. Montreal, Canada;
334 2013.
- 335 20. Policy Evaluation: Step Therapy Prior Authorization of Combination Inhaled
336 Corticosteroid / Long-Acting Beta-Agonists. 2012. (Accessed at
337 [http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/artic](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/2012_05_31_ICS_LABA%20Pol_Eval.pdf)
338 [les/2012_05_31_ICS_LABA%20 Pol Eval.pdf](http://pharmacy.oregonstate.edu/drug_policy/sites/default/files/pages/dur_board/evaluations/articles/2012_05_31_ICS_LABA%20Pol_Eval.pdf) (accessed 9/4/2013).)
- 339 21. Wagner AK, Soumerai SB, Zhang F, Ross-Degnan D. Segmented regression analysis of
340 interrupted time series studies in medication use research. *Journal of clinical pharmacy and*
341 *therapeutics* 2002;27:299-309.
- 342 22. Zhang F, Wagner AK, Soumerai SB, Ross-Degnan D. Methods for estimating confidence
343 intervals in interrupted time series analyses of health interventions. *J Clin Epidemiol*
344 2009;62:143-8.

- 345 23. Karpel JP, Peters JI, Szema AM, Smith B, Anderson PJ. Differences in physicians' self-
346 reported knowledge of, attitudes toward, and responses to the black box warning on long-acting
347 beta-agonists. *Annals of allergy, asthma & immunology : official publication of the American*
348 *College of Allergy, Asthma, & Immunology* 2009;103:304-10.
- 349 24. Ye X, Gutierrez B, Zarotsky V, Nelson M, Blanchette CM. Appropriate use of inhaled
350 corticosteroid and long-acting beta(2)-adrenergic agonist combination therapy among asthma
351 patients in a US commercially insured population. *Curr Med Res Opin* 2009;25:2251-8.
- 352 25. Dusetzina SB, Higashi AS, Dorsey ER, et al. Impact of FDA drug risk communications
353 on health care utilization and health behaviors: a systematic review. *Med Care* 2012;50:466-78.
- 354 26. Olfson M, Marcus SC, Druss BG. Effects of food and drug administration warnings on
355 antidepressant use in a national sample. *Archives of General Psychiatry* 2008;65:94-01.
- 356 27. Valuck RJ, Libby AM, Orton HD, Morrato EH, Allen R, Baldessarini RJ. Spillover
357 effects on treatment of adult depression in primary care after FDA advisory on risk of pediatric
358 suicidality with SSRIs. *The American journal of psychiatry* 2007;164:1198-205.
- 359 28. Medicaid: A Primer; 2013.
- 360 29. Clement LT, Jones CA, Cole J. Health disparities in the United States: childhood asthma.
361 *The American journal of the medical sciences* 2008;335:260-5.
- 362 30. Shadish WR, Cook TD, Campbell DT. Experimental and quasi-experimental designs for
363 generalized causal inference. Boston: Houghton Mifflin; 2001.
- 364 31. Leal I, Romio SA, Schuemie M, Oteri A, Sturkenboom M, Trifiro G. Prescribing pattern
365 of glucose lowering drugs in the United Kingdom in the last decade: a focus on the effects of
366 safety warnings about rosiglitazone. *British journal of clinical pharmacology* 2013;75:861-8.

367 32. Thomas K, Schmidt MS. Glaxo Agrees to Pay \$3 Billion in Fraud Settlement. New York
368 Times 2012 July 2, 2012.

369 33. Whalen J. Glaxo Tries to Shake Marketing Questions on Advair WSJ 2012 July 6, 2012.

370 34. Rodrigo GJ, Castro-Rodríguez JA. Safety of long-acting β agonists for the treatment of
371 asthma: clearing the air. *Thorax* 2012;67:342-9.

372 35. Ducharme FM, Ni Chroinin M, Greenstone I, Lasserson TJ. Addition of long-acting
373 beta2-agonists to inhaled steroids versus higher dose inhaled steroids in adults and children with
374 persistent asthma. *Cochrane Database Syst Rev* 2010:CD005533.

375 36. Chowdhury BA, Seymour SM, Levenson MS. Assessing the Safety of Adding LABAs to
376 Inhaled Corticosteroids for Treating Asthma. *New England Journal of Medicine* 2011;364:2473-
377 5.

378

379

380

381 **Figure Legends:**

382 Figure 1: New long-acting beta agonist starts per 10,000 enrollees per month

383 Figure 2: New long-acting beta agonist starts per 10,000 enrollees per month in those with and
384 without a diagnosis of asthma. Cross represent new LABA starts in those with an asthma only
385 diagnosis. Grey boxes represent new LABA starts in those without an asthma only diagnosis.

386 Figure 3: Proportion of new long-acting beta agonist starts with a recent history of respiratory
387 controller medication use

388