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# 4-H Clothing Project

## Skill Levels 7, 8, and 9

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Skill Levels 7, 8, and 9 of the 4-H Clothing project offer a variety of activities, several of which may be completed during each year. The activities are listed on the inside pages, grouped according to the five learning

areas in the 4-H Clothing project:

- Planning and evaluation
- Individual development and outreach
- Management, consumer-ship, wardrobe building
  - Textiles
  - Construction

Each year (Level 7, 8, or 9), activities should be selected from several learning areas to help

develop breadth and depth in your accumulated knowledge and skills. You may wish to develop some additional activities of your own. Try to think of some that build on your previous knowledge yet add new experiences for you.

By now, you likely have quite a few Extension publications and other materials you use for references. As you tackle new activities, explore new references and resources available in various forms and from various places.

Part of your project work should include sharing with others what you've learned. You might wish to develop some of your ideas into educational displays or presentations to share with beginning clubs, school classes, study groups, fairs, or community events. You also might want to consider becoming a junior or teen leader and working with beginning members.

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# Skill Levels 7-9

<b>Planning and Evaluation</b>	<b>Individual Development and Outreach</b>	<b>Management, Consumer-ship, Wardrobe Building</b>
<p>Develop a personal plan of what you will do in the project. Consider:</p> <ul style="list-style-type: none"><li>• Skills, knowledge to be learned</li><li>• Resources available and/or needed</li><li>• Time when goals are to be accomplished</li></ul> <p>As each activity is completed, evaluate your experience by asking yourself:</p> <ul style="list-style-type: none"><li>• What did I learn?</li><li>• Where do I need improvement?</li><li>• How do I feel about what I did?</li><li>• What shall I plan to do or learn next?</li></ul>	<p><b>Individual Development</b> Explore special interests and develop new interests. Some options might include:</p> <ul style="list-style-type: none"><li>• Clothing and history</li><li>• Pattern design</li><li>• Clothing of other cultures</li><li>• How clothing affects behavior</li><li>• Fashion analysis</li><li>• Economics and marketing of clothing</li></ul> <p><b>Outreach</b> Investigate potential career options related to clothing, textiles, and personal appearance such as:</p> <ul style="list-style-type: none"><li>• Education</li><li>• Merchandising, salesperson, buying</li><li>• Journalism, communications</li><li>• Art and design</li><li>• Museum curator</li><li>• Textile preservation and restoration specialist</li><li>• Sewing machine repair</li><li>• Cosmetologist, beautician</li><li>• Barber, hair stylist</li></ul> <p>Plan a fashion show.</p> <p>Become a teen leader (must have completed 9th grade in school).</p>	<p><b>Management</b> Do a comparison study of clothing management products on the market. Compare features and costs of:</p> <ul style="list-style-type: none"><li>• Washing machines</li><li>• Dryers</li><li>• Detergents and soaps</li><li>• Laundry additives such as water softener, fabric softener, bleaches</li></ul> <p>Plan and organize a sewing center for home, room, or apartment.</p> <p><b>Consumer-ship</b> Learn more about agencies for consumers, who they help, what they do, and how the consumers can use them.</p> <ul style="list-style-type: none"><li>• Better Business Bureau</li><li>• Credit Bureau</li></ul> <p>Learn about methods of paying for clothing. Compare the features, advantages, disadvantages, and costs.</p> <ul style="list-style-type: none"><li>• Lay away</li><li>• Cash</li><li>• Credit card, bank</li><li>• Credit card, store</li><li>• Checking account</li></ul> <p><b>Wardrobe Building</b> Help plan a complete wardrobe for someone with limited income. Set up a budgeted amount on a per-week or per-month basis. Develop the plan to include purchases during a year.</p>

## Textiles

Design and conduct experiments in comparing:

- Supporting fabrics (underlinings, interfacings, and linings)
- Fusibles (webs and interfacings)
- Flame-retardant and non-flame-retardant fabrics

Explore the process involved in the design and production of textiles.

## Construction

NOTE: Skill Levels 7–9 are designed to explore skills that have not yet been accomplished or skills that need improving. Skills from previous levels may be included. Learning how to handle special fabrics such as wool, lace, bulky fabrics, brocades, metallics, and plaids is recommended. Garments made from these fabrics might need to be underlined or lined.

### Skills

#### *Tailoring*

#### *Swim or exercise wear sewing skills*

#### *Lingerie sewing skills*

#### *Recreational clothing skills*

#### *Recycling techniques*

### Possible articles using the skills\*

#### *Tailoring*

- Coats
- Jackets
- Vests
- Hats

#### *Swim or exercise wear*

- Bikinis
- One-piece suits
- Swim trunks
- Beach cover-up
- Leotards

#### *Lingerie*

- Slips
- Nightwear
- Panties, bras
- Robes

#### *Recreational clothing skills*

- Western wear
- Camping gear
- Hunting and fishing wear and gear
- Ski clothes

#### *Recycling*

- Make-overs
- Re-styling
- Alterations

#### **Special occasion clothing**

- Costumes
- Party dresses
- Wedding gowns

#### **Children's wear**

#### **Self-help garments for the handicapped**

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\*This does not mean that only those garments listed are acceptable. Select garments to make on the basis of your individual skills, knowledge, and preferences.



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