

1   **SUPPLEMENTAL MATERIAL**

2   **Supplemental Material 1:** Total lipids and lipid classes for flesh of juvenile (a) Pacific cod and  
3   (b) walleye pollock fed either a MO or TPO enriched diet for 8-wks (temperatures are pooled).

4   Data are mean  $\pm$  SEM, n=3 fish at time-0, n=6 fish at wk 8.

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(a)	Cod	Cod Marine	Cod Terrestrial
	Time-0	Wk 8	Wk 8
Total Lipids per wet wt mg·g <sup>-1</sup>	8.4 $\pm$ 0.7	25.4 $\pm$ 16.5	10.4 $\pm$ 1.2
% total lipids			
HC	0.8 $\pm$ 0.4	0.3 $\pm$ 0.3	0.7 $\pm$ 0.6
SE + EE + ME	0.3 $\pm$ 0.3	0.4 $\pm$ 0.3	0.4 $\pm$ 0.3
TAG	1.4 $\pm$ 0.3	1.1 $\pm$ 0.4	1.6 $\pm$ 0.9
FFA	4.5 $\pm$ 2.0	0.7 $\pm$ 0.3	0.7 $\pm$ 0.1
ST	13.3 $\pm$ 1.8	10.8 $\pm$ 1.8	9.4 $\pm$ 0.5
DG	0.4 $\pm$ 0.7	0.1 $\pm$ 0.1	0.1 $\pm$ 0.1
AMPL	5.1 $\pm$ 6.2	1.0 $\pm$ 0.1	0.9 $\pm$ 0.0
PL	73.9 $\pm$ 6.7	85.3 $\pm$ 2.0	85.6 $\pm$ 4.3

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(b)	Pollock	Pollock Marine	Pollock Terrestrial
	Time-0	Wk 8	Wk 8
Total Lipids per wet wt $\mu$ g·g <sup>-1</sup>	11.3 $\pm$ 2.4	9.6 $\pm$ 1.7	8.7 $\pm$ 1.6
% total lipids			
HC	6.7 $\pm$ 0.9	0.0 $\pm$ 0.1	0.1 $\pm$ 0.3
SE + EE + ME	1.2 $\pm$ 0.3	1.0 $\pm$ 0.9	0.2 $\pm$ 0.5
TAG	2.2 $\pm$ 2.1	1.2 $\pm$ 0.8	1.2 $\pm$ 1.2
FFA	0.3 $\pm$ 0.3	1.8 $\pm$ 1.1	0.8 $\pm$ 0.4
ST	11.8 $\pm$ 1.2	10.1 $\pm$ 3.0	11.1 $\pm$ 3.6
DG		0.4 $\pm$ 1.1	0.2 $\pm$ 0.4
AMPL	2.0 $\pm$ 0.4	0.9 $\pm$ 0.3	1.1 $\pm$ 0.6
PL	75.9 $\pm$ 3.3	83.7 $\pm$ 4.6	84.8 $\pm$ 6.9

7   HC=hydrocarbons, SE = Steryl esters, EE= ethyl esters, ME= methyl esters, TAG=  
8   triacylglycerols, FFA= free fatty acids, DG= diacylglycerols, AMPL = acetone mobile polar  
9   lipids, PL= phospholipids.

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12      **Supplemental Material 2:** Total lipids and lipid classes in the liver of juvenile (a) Pacific cod  
 13      and (b) walleye pollock fed either a MO or TPO enriched diet for 8-wks (temperatures are  
 14      pooled). Data are mean  $\pm$  SEM, n=3 fish at time-0, n=6 fish at wk 8.  
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(a)	Cod	Cod	Cod
	Time-0	Marine	Terrestrial
Total lipids per wet wt mg•g <sup>-1</sup>	115.2 $\pm$ 28.7	292.0 $\pm$ 57.7	364.6 $\pm$ 78.8
% total lipids			
HC	14.11 $\pm$ 7.9	0.2 $\pm$ 0.1	0.7 $\pm$ 0.3
SE + EE + ME		0.1 $\pm$ 0.1	
TAG	49.9 $\pm$ 18.9	69.6 $\pm$ 4.9	68.9 $\pm$ 6.1
FFA	2.6 $\pm$ 1.7	10.6 $\pm$ 1.0	9.6 $\pm$ 0.9
ST	2.6 $\pm$ 1.4	2.2 $\pm$ 0.6	0.9 $\pm$ 0.1
DG		0.3 $\pm$ 0.3	
AMPL	9.4 $\pm$ 3.5	3.2 $\pm$ 0.8	2.2 $\pm$ 0.5
PL	21.4 $\pm$ 12.2	13.2 $\pm$ 3.5	17.7 $\pm$ 4.5

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(b)	Pollock	Pollock	Pollock
	Time-0	Marine	Terrestrial
Total lipids per wet wt $\mu$ g•g <sup>-1</sup>	386.2 $\pm$ 188.2	364.2 $\pm$ 46.1	542.2 $\pm$ 60.2
% total lipids			
HC	2.3 $\pm$ 1.0	0.1 $\pm$ 0.1	0.1 $\pm$ 0.1
SE + EE + ME	0.1 $\pm$ 0.1		
TAG	82.9 $\pm$ 2.6	77.1 $\pm$ 0.6	80.3 $\pm$ 1.6
FFA	0.5 $\pm$ 0.5	12.4 $\pm$ 1.1	8.4 $\pm$ 0.6
ST	2.4 $\pm$ 1.2	0.6 $\pm$ 0.1	1.5 $\pm$ 0.5
DG			0.5 $\pm$ 0.5
AMPL	6.1 $\pm$ 1.4	1.5 $\pm$ 0.3	1.2 $\pm$ 0.3
PL	5.7 $\pm$ 1.8	7.9 $\pm$ 1.3	8.0 $\pm$ 0.9

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19      **Supplemental Material 3:** Fatty acid proportions in Pacific cod flesh after feeding on either a MO or TPO  
 20      enriched diet for 8-wks (temperatures pooled). Data are the mean  $\pm$  SD, n=3 fish at time-0, n=6 fish at wk-8. All  
 21      routinely identified FAs shown below in elution order.

Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
	Avg	SD	Avg	SD	Avg	SD
14:0	1.8	1.3	1.4	0.4	1.2	0.4
14:1	0.0	0.0	0.0	0.0	0.0	0.0
<i>i</i> 15:0	0.1	0.0	0.1	0.0	0.1	0.0
<i>a</i> 15:0	0.0	0.0	0.0	0.0	0.0	0.0
15:0	0.4	0.3	0.2	0.0	0.2	0.0
15:1	0.0	0.0	0.0	0.0	0.0	0.0
<i>i</i> 16:0	0.1	0.0	0.0	0.0	0.0	0.0
16:0	26.7	0.8	14.3	0.5	14.0	0.4
16:1n-11?	0.0	0.0	0.1	0.0	0.1	0.0
16:1n-9?	0.7	0.5	0.3	0.0	0.3	0.0
16:1n-7	1.2	0.8	2.4	0.4	1.9	0.3
16:1n-5	0.1	0.1	0.2	0.0	0.2	0.0
<i>i</i> 17:0	0.3	0.1	0.3	0.0	0.2	0.0
<i>a</i> 17:0	0.1	0.0	0.1	0.0	0.1	0.0
16:2n-4	0.4	0.3	0.6	0.1	0.5	0.1
17:0	0.4	0.3	0.2	0.0	0.2	0.0
16:3n-4?	0.0	0.0	0.1	0.0	0.0	0.0
17:1	0.5	0.2	0.5	0.1	0.4	0.1
16:4n-3?	0.0	0.0	0.2	0.2	0.3	0.2
16:4n-1	0.0	0.0	0.1	0.0	0.1	0.1
18:0	9.4	2.1	4.7	0.6	4.6	0.9
18:1n-11?	0.0	0.0	0.1	0.1	0.0	0.0
18:1n-9	11.9	0.5	13.0	0.4	12.8	1.3
18:1n-7	5.3	1.5	4.1	0.3	3.8	0.2
18:1n-6?	0.0	0.0	0.0	0.0	0.0	0.0
18:1n-5?	0.3	0.3	0.2	0.0	0.2	0.0
18:2n-6	0.7	0.5	1.4	0.3	2.9	0.6
18:2n-4	0.1	0.1	0.2	0.1	0.1	0.0
18:3n-6	0.1	0.0	0.1	0.0	0.1	0.0
18:3n-4	0.2	0.2	0.1	0.1	0.1	0.1
18:3n-3	0.4	0.0	0.5	0.1	5.6	1.4

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Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
18:4n-3	0.3	0.3	0.5	0.1	0.4	0.1
18:4n-1?	0.2	0.4	0.1	0.1	0.1	0.1
20:0	0.0	0.0	0.1	0.0	0.1	0.0
18:5n-3	0.0	0.0	0.0	0.0	0.0	0.0
20:1n-11?	0.5	0.4	0.8	0.1	0.8	0.2
20:1n-9	0.9	0.3	1.6	0.1	1.4	0.0
20:1n-7?	0.1	0.1	0.1	0.0	0.1	0.0
20:2a?	0.0	0.0	0.0	0.0	0.0	0.0
20:2b?	0.0	0.0	0.0	0.0	0.0	0.0
20:2n-6	0.2	0.2	0.3	0.0	0.4	0.1
20:3n-6	0.0	0.0	0.1	0.0	0.1	0.0
20:4n-6	1.2	1.0	1.9	0.3	1.6	0.1
20:3n-3	0.1	0.1	0.2	0.0	0.4	0.2
20:4n-3	0.3	0.3	0.7	0.2	0.6	0.1
20:5n-3	10.6	9.1	16.4	1.0	14.8	0.9
22:0	0.0	0.0	0.1	0.1	0.0	0.0
22:1n-11(13)	0.3	0.1	0.6	0.2	0.5	0.2
22:1n-9	0.1	0.1	0.3	0.0	0.2	0.1
22:1n-7	0.0	0.0	0.1	0.0	0.0	0.0
21:5n-3?	0.2	0.2	0.4	0.1	0.3	0.1
23:0	0.0	0.0	0.0	0.0	0.0	0.0
22:4n-6?	0.0	0.0	0.1	0.0	0.1	0.0
22:5n-6	0.2	0.2	0.5	0.1	0.4	0.1
22:4n-3?	0.0	0.0	0.0	0.0	0.0	0.0
22:5n-3	1.2	1.1	2.4	0.2	2.0	0.0
24:0	0.2	0.2	0.3	0.0	0.2	0.1
22:6n-3	20.5	1.5	24.9	1.8	23.9	2.8
24:1	1.3	1.1	2.0	0.5	1.4	0.5
Σ Bacterial	1.9	0.5	1.5	0.2	1.3	0.1
Σ SFA	39.2	2.6	21.4	0.4	20.5	0.4
Σ MUFA	23.3	0.8	26.3	0.5	24.3	1.3
Σ PUFA	37.0	2.3	51.8	0.5	54.7	1.7
Σ Terrestrial (18:3n-3&18:2n-6)	1.1	0.6	1.9	0.4	8.5	2.0

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**Supplemental Material 4:** Fatty acid proportions in Pacific cod liver after feeding on either a MO or TPO enriched diet for 8-wks (temperatures pooled). Data are the mean  $\pm$  SD, n=3 fish at time-0, n=6 fish at wk 8.

Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
	Avg	SD	Avg	SD	Avg	SD
14:0	2.8	0.5	3.3	0.4	2.5	0.3
14:1	0.0	0.0	0.1	0.0	0.1	0.0
<i>i</i> 15:0	0.2	0.0	0.1	0.0	0.1	0.1
<i>a</i> 15:0	0.0	0.0	0.0	0.0	0.0	0.0
15:0	0.4	0.1	0.3	0.0	0.3	0.0
15:1	0.0	0.0	0.0	0.0	0.0	0.0
<i>i</i> 16:0	0.1	0.0	0.1	0.0	0.1	0.0
<i>a</i> 16:0?	0.2	0.0	0.0	0.0	0.0	0.0
16:0	14.5	0.8	11.9	1.8	10.7	1.1
16:1n-11?	0.1	0.0	0.1	0.1	0.1	0.0
16:1n-9?	0.4	0.1	0.4	0.3	0.2	0.1
16:1n-7	4.8	0.4	7.9	0.9	6.0	0.5
16:1n-5	0.2	0.0	0.2	0.0	0.2	0.0
<i>i</i> 17:0	0.4	0.0	0.3	0.0	0.2	0.1
<i>a</i> 17:0	0.2	0.0	0.2	0.0	0.2	0.0
16:2n-4	1.2	0.1	0.8	0.3	0.7	0.2
17:0	0.3	0.0	0.2	0.1	0.2	0.0
16:3n-4?	0.2	0.0	0.5	0.3	0.3	0.2
17:1	0.4	0.0	0.5	0.2	0.5	0.2
16:4n-3?	0.0	0.0	0.1	0.0	0.0	0.0
16:4n-1	0.2	0.0	0.5	0.1	0.3	0.1
18:0	4.4	0.3	2.0	1.0	2.5	0.5
18:1n-11?	0.1	0.1	0.9	1.6	0.0	0.0
18:1n-9	17.1	1.5	20.1	2.5	21.8	2.0
18:1n-7	5.9	0.3	4.8	0.7	4.4	0.7
18:1n-6?	0.1	0.0	0.0	0.0	0.0	0.0
18:1n-5?	0.3	0.0	0.3	0.0	0.3	0.0
18:2n-6	1.7	0.1	2.5	0.2	5.4	0.5
18:2n-4	0.2	0.0	0.4	0.0	0.2	0.0
18:3n-6	0.1	0.0	0.2	0.0	0.1	0.0
19:0	0.0	0.0	0.0	0.0	0.0	0.0
18:3n-4	0.1	0.0	0.1	0.1	0.1	0.1
18:3n-3	0.7	0.1	1.0	0.1	13.7	1.1

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Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
18:4n-3	1.3	0.3	1.9	0.2	1.1	0.6
18:4n-1?	0.1	0.0	0.2	0.0	0.1	0.0
20:0	0.0	0.0	0.0	0.0	0.0	0.0
18:5n-3	0.0	0.0	0.0	0.0	0.0	0.0
20:1n-11?	2.3	0.3	2.4	0.5	2.4	0.3
20:1n-9	1.9	0.2	2.4	0.4	1.7	0.3
20:1n-7?	0.2	0.0	0.3	0.0	0.2	0.0
20:2a?	0.0	0.0	0.0	0.0	0.0	0.0
20:2b?	0.0	0.0	0.0	0.0	0.0	0.0
20:2n-6	0.3	0.0	0.4	0.1	0.4	0.0
20:3n-6	0.1	0.0	0.1	0.0	0.1	0.0
21:0	0.0	0.0	0.0	0.0	0.0	0.0
20:4n-6	1.3	0.3	0.8	0.2	0.6	0.1
20:3n-3	0.2	0.0	0.2	0.0	0.3	0.1
20:4n-3	0.6	0.0	0.8	0.4	0.6	0.1
20:5n-3	12.5	1.4	12.9	1.0	8.7	0.8
22:0	0.0	0.0	0.0	0.0	0.0	0.0
22:1n-11(13)	1.9	0.2	1.5	0.7	1.4	0.7
22:1n-9	0.3	0.1	0.5	0.6	0.5	0.6
22:1n-7	0.0	0.0	0.1	0.1	0.0	0.0
21:5n-3?	0.6	0.0	0.5	0.3	0.4	0.0
23:0	0.0	0.0	0.0	0.0	0.0	0.0
22:4n-6?	0.0	0.0	0.1	0.0	0.0	0.0
22:5n-6	0.2	0.0	0.2	0.0	0.3	0.4
22:4n-3?	0.0	0.0	0.0	0.0	0.1	0.1
22:5n-3	1.7	0.1	2.1	0.4	1.3	0.2
24:0	0.0	0.0	0.0	0.0	0.0	0.0
22:6n-3	16.6	1.2	12.2	2.4	8.1	0.9
24:1	0.6	0.2	0.2	0.1	0.2	0.0
Σ Bacterial	2.1	0.2	1.8	0.3	1.6	0.2
Σ SFA	22.5	1.0	18.0	3.0	16.3	1.7
Σ MUFA	36.5	2.2	42.8	3.8	40.1	2.5
Σ PUFA	40.0	2.8	38.4	4.6	43.0	3.2
Σ Terrestrial (18:3n-3&18:2n-6)	2.5	0.3	3.5	0.2	19.1	1.6

30      **Supplemental Material 5:** Fatty acid proportions in walleye pollock flesh fed either a MO or TPO enriched  
 31      diet for 8-wks (temperatures pooled). Data are the mean  $\pm$  SD, n=3 fish at time-0, n=6 fish at wk 8.

Fatty acids	Week 0		Week 8		Week 8	
			Marine Diet		Terrestrial Diet	
14:0	1.5	0.6	1.5	0.1	1.0	0.2
14:1	0.0	0.0	0.0	0.0	0.0	0.0
<i>i</i> 15:0	0.1	0.0	0.1	0.0	0.1	0.0
<i>a</i> 15:0	0.0	0.0	0.0	0.0	0.0	0.0
15:0	0.3	0.1	0.3	0.0	0.2	0.0
15:1	0.0	0.0	0.0	0.0	0.0	0.0
<i>i</i> 16:0	0.1	0.0	0.0	0.0	0.0	0.0
<i>a</i> 16:0?	0.0	0.0	0.0	0.0	0.0	0.0
16:0	21.2	9.8	15.2	0.3	14.3	0.8
16:1n-11?	0.0	0.0	0.0	0.0	0.1	0.1
16:1n-9?	0.4	0.3	0.2	0.0	0.2	0.0
16:1n-7	1.8	0.6	2.7	0.5	1.9	0.4
16:1n-5	0.1	0.0	0.2	0.0	0.1	0.0
<i>i</i> 17:0	0.3	0.1	0.3	0.0	0.2	0.1
<i>a</i> 17:0	0.1	0.0	0.1	0.0	0.1	0.1
16:2n-4	0.3	0.2	0.5	0.3	0.3	0.3
17:0	0.3	0.2	0.2	0.1	0.2	0.0
16:3n-4?	0.1	0.0	0.1	0.0	0.1	0.2
17:1	0.6	0.2	0.4	0.0	0.4	0.2
16:4n-3?	0.0	0.0	0.2	0.1	0.2	0.2
16:4n-1	0.1	0.0	0.1	0.0	0.0	0.0
18:0	7.1	1.4	4.2	0.2	4.5	0.3
18:1n-11?	0.0	0.0	0.0	0.0	0.0	0.1
18:1n-9	12.6	1.7	12.4	0.8	13.2	0.5
18:1n-7	4.2	0.2	4.4	0.3	4.0	0.3
18:1n-6?	0.0	0.0	0.0	0.0	0.0	0.0
18:1n-5?	1.4	2.1	0.2	0.0	0.2	0.0
18:2n-6	0.9	0.4	1.5	0.1	2.5	0.2
18:2n-4	0.1	0.1	0.2	0.0	0.1	0.0
18:3n-6	0.1	0.0	0.1	0.0	0.0	0.0
19:0	0.0	0.0	0.0	0.0	0.0	0.0
18:3n-4	0.1	0.1	0.1	0.1	0.1	0.0
18:3n-3	0.3	0.1	0.6	0.1	5.3	0.8

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Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
18:4n-3	0.3	0.3	0.6	0.1	0.4	0.1
18:4n-1?	0.6	1.0	0.1	0.0	0.1	0.0
20:0	0.1	0.0	0.1	0.0	0.0	0.0
18:5n-3	0.0	0.0	0.0	0.0	0.0	0.0
20:1n-11?	0.8	0.5	0.9	0.1	0.8	0.2
20:1n-9	1.3	0.2	1.5	0.1	1.3	0.2
20:1n-7?	0.1	0.1	0.1	0.1	0.1	0.1
20:2a?	0.0	0.0	0.0	0.0	0.0	0.0
20:2b?	0.0	0.0	0.0	0.0	0.0	0.0
20:2n-6	0.1	0.1	0.3	0.1	0.4	0.1
20:3n-6	0.0	0.0	0.1	0.0	0.1	0.0
21:0	0.0	0.0	0.0	0.0	0.0	0.0
20:4n-6	1.5	0.5	1.7	0.1	1.5	0.1
20:3n-3	0.0	0.0	0.1	0.0	0.4	0.1
20:4n-3	0.3	0.3	0.7	0.1	0.5	0.1
20:5n-3	12.5	2.9	16.1	0.7	14.3	0.8
22:0	0.0	0.0	0.0	0.0	0.0	0.0
22:1n-11(13)	0.8	0.5	0.5	0.1	0.3	0.2
22:1n-9	0.2	0.2	0.3	0.0	0.2	0.1
22:1n-7	0.0	0.0	0.0	0.0	0.0	0.0
21:5n-3?	0.2	0.2	0.5	0.1	0.3	0.1
23:0	0.0	0.0	0.0	0.0	0.0	0.0
22:4n-6?	0.0	0.0	0.1	0.0	0.0	0.0
22:5n-6	0.2	0.2	0.4	0.0	0.4	0.2
22:4n-3?	0.0	0.0	0.0	0.0	0.0	0.0
22:5n-3	1.7	0.8	2.6	0.1	2.3	0.1
24:0	0.4	0.3	0.1	0.1	0.1	0.1
22:6n-3	22.6	2.8	25.9	1.4	25.1	2.8
24:1	1.6	0.3	1.4	0.1	1.6	0.3
Σ Bacterial	1.7	0.3	1.4	0.2	1.3	0.3
Σ SFA	31.3	1.0	21.7	0.4	20.6	1.0
Σ MUFA	26.0	2.4	25.3	1.3	24.5	1.9
Σ PUFA	42.2	1.5	52.4	1.4	54.5	2.3
Σ Terrestrial (18:3n-3&18:2n-6)	1.2	0.5	2.1	0.2	7.9	1.0

35      **Supplemental Material 6:** Fatty acid proportions in walleye pollock livers fed either a MO or TPO enriched  
 36      diet for 8-wks (temperatures pooled). Data are the mean  $\pm$  SD, n=3 fish at time-0, n=6 fish at wk 8.

Fatty acids	Week 0		Week 8		Week 8	
			Marine Diet		Terrestrial Diet	
14:0	3.7	0.5	3.0	0.5	2.5	0.3
14:1	0.1	0.0	0.1	0.0	0.1	0.0
<i>i</i> 15:0	0.2	0.0	0.1	0.0	0.1	0.0
<i>a</i> 15:0	0.0	0.0	0.0	0.0	0.0	0.0
15:0	0.4	0.0	0.3	0.0	0.2	0.1
15:1	0.0	0.0	0.0	0.0	0.0	0.1
<i>i</i> 16:0	0.1	0.0	0.1	0.0	0.1	0.0
<i>a</i> 16:0?	0.1	0.0	0.0	0.0	0.0	0.0
pristanic?	0.0	0.0	0.0	0.0	0.0	0.0
16:0	15.7	2.2	11.4	10.9	11.3	1.2
16:1n-11?	0.0	0.0	0.0	0.0	0.0	0.0
16:1n-9?	0.2	0.2	0.3	0.4	0.3	0.5
16:1n-7	7.2	0.5	7.9	0.7	7.0	1.1
16:1n-5	0.2	0.0	0.2	0.0	0.1	0.0
<i>i</i> 17:0	0.3	0.0	0.3	0.0	0.2	0.0
<i>a</i> 17:0	0.2	0.0	0.3	0.0	0.1	0.1
16:2n-4	1.1	0.1	0.5	0.3	0.6	0.1
17:0	0.3	0.0	0.2	0.1	0.2	0.0
16:3n-4?	0.4	0.0	0.5	0.1	0.3	0.2
17:1	0.5	0.0	0.6	0.1	0.5	0.2
16:4n-3?	0.0	0.0	0.1	0.0	0.0	0.0
16:4n-1	0.4	0.0	0.6	0.1	0.4	0.1
18:0	3.4	0.3	2.1	1.1	1.9	0.9
18:1n-11?	0.0	0.0	0.4	0.9	0.8	1.3
18:1n-9	20.3	2.3	21.3	2.3	21.9	2.4
18:1n-7	5.0	0.2	5.0	0.8	5.1	0.5
18:1n-6?	0.6	1.0	0.1	0.2	0.0	0.0
18:1n-5?	0.3	0.0	0.3	0.0	0.3	0.0
18:2n-6	1.6	0.1	2.2	0.1	4.2	1.0
18:2n-4	0.2	0.1	0.4	0.1	0.3	0.1
18:3n-6	0.2	0.0	0.1	0.1	0.1	0.0
19:0	0.0	0.0	0.0	0.0	0.0	0.0
18:3n-4	0.1	0.0	0.2	0.1	0.1	0.0
18:3n-3	0.7	0.1	0.9	0.1	9.8	4.2

Fatty acids	Week 0		Week 8 Marine Diet		Week 8 Terrestrial Diet	
18:4n-3	1.6	0.1	2.0	0.1	1.6	0.2
18:4n-1?	0.1	0.1	0.2	0.0	0.2	0.0
20:0	0.1	0.0	0.1	0.1	0.1	0.0
18:5n-3	0.0	0.0	0.0	0.0	0.0	0.0
20:1n-11?	4.0	1.0	3.0	1.0	2.8	0.7
20:1n-9	2.2	0.2	2.0	0.2	1.7	0.4
20:1n-7?	0.2	0.2	0.5	0.6	0.2	0.0
20:2a?	0.0	0.0	0.0	0.0	0.0	0.0
20:2b?	0.0	0.0	0.0	0.0	0.0	0.0
20:2n-6	0.2	0.1	0.3	0.1	0.3	0.0
20:3n-6	0.0	0.0	0.1	0.0	0.1	0.0
21:0	0.0	0.0	0.0	0.0	0.0	0.0
20:4n-6	0.7	0.0	0.9	0.3	0.8	0.3
20:3n-3	0.1	0.0	0.1	0.0	0.3	0.1
20:4n-3	0.6	0.1	0.8	0.1	0.6	0.1
20:5n-3	10.2	0.7	12.8	0.6	9.5	1.3
22:0	0.0	0.0	0.0	0.0	0.0	0.0
22:1n-11(13)	3.3	0.4	2.0	0.4	2.0	0.6
22:1n-9	0.6	0.0	0.5	0.2	0.4	0.2
22:1n-7	0.4	0.5	0.1	0.1	0.1	0.0
21:5n-3?	0.5	0.0	0.6	0.1	0.4	0.1
23:0	0.0	0.0	0.0	0.0	0.0	0.0
22:4n-6?	0.0	0.0	0.1	0.0	0.0	0.0
22:5n-6	0.2	0.0	0.2	0.1	0.2	0.1
22:4n-3?	0.1	0.0	0.1	0.1	0.0	0.0
22:5n-3	1.6	0.2	1.8	0.1	1.2	0.1
24:0	0.0	0.0	0.0	0.0	0.0	0.0
22:6n-3	9.6	0.6	11.6	2.9	8.3	3.7
24:1	0.3	0.0	0.4	0.1	0.3	0.1
Σ Bacterial	2.0	0.1	1.9	0.2	1.5	0.3
Σ SFA	23.5	3.1	18.8	4.6	16.2	2.0
Σ MUFA	45.3	2.3	43.3	2.8	43.8	5.0
Σ PUFA	30.3	0.9	37.0	3.5	39.4	6.0
Σ Terrestrial (18:3n-3&18:2n-6)	2.4	0.2	3.2	0.2	14.0	5.2