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Title: <u>Bovine Luteal Oxytocin Synthesis and Secretion in vitro:</u>

<u>Effects of Phorbol Ester. Calcium Jonophore and Indomethacin</u>

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Dr. Fredrick Stormshak

Experiments were conducted to examine the effects of a tumor-promoting phorbol ester, a calcium ionophore and indomethacin on bovine luteal oxytocin (OT) synthesis and secretion and progesterone secretion. Six 18-month-old crossbred beef heifers in Exp. 1 and five similar heifers in Exp. 2 were observed twice daily for estrus using vasectomized bulls. After at least two consecutive estrous cycles of normal duration (18-23 days), corpora lutea surgically removed on day 8 of the estrous cycle (day of estrus = day 0 of the cycle) were sliced and incubated for 2 h with 0.81nM 12-O-tetradecanoylphorbol 13-acetate (TPA), 1.62 nM TPA, 100 μ M indomethacin, 1.62 nM TPA and 100 μ M indomethacin or 0.3 μ M calcium ionophore A23187. Both levels of TPA increased OT secretion (ng · g-1 · 2h-1; control, 407.1; 0.81 nM TPA, 494.7; 1.62 nM TPA, 528.1; common SE = 21.2; P<0.01) and synthesis (control, 368.5; 0.81 nM TPA, 427.6; 1.62 nM TPA, 492.1; common SE = 25.7; P<0.02). Although indomethacin alone did not alter basal OT release significantly, it

inhibited TPA-induced OT secretion (TPA x indomethacin interaction, P<0.005) and synthesis (P<0.10). Calcium ionophore increased OT secretion (ng \cdot g⁻¹ · 2h⁻¹; control, 248.9; A23187, 327.4; common SE = 16.0; P<0.01) and synthesis (control, 129.4; A23187, 165.6; common SE = 16.4; P≈0.09). The phorbol ester TPA also induced progesterone secretion (ng \cdot g⁻¹ · 2h⁻¹; control, 1056.2; 0.81 nM TPA, 1333.3; common SE = 86.4; P<0.025). Because TPA can activate protein kinase C and A23187 increases intracellular calcium, it is concluded that these intracellular constituents may be involved in OT synthesis and release, as well as progesterone secretion.

Bovine Luteal Oxytocin Synthesis and Secretion *in vitro*: Effects of Phorbol Ester, Calcium Ionophore and Indomethacin

by

Carrie A. Cosola-Smith

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APPROVED:

Redacted for privacy
Professor of Animal Science in charge of major
Redacted for privacy
Head of Department of Animal Science
Redacted for privacy
Dean of Graduate School
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BOVINE LUTEAL OXYTOCIN SYNTHESIS AND SECRETION IN VITRO: EFFECTS OF PHORBOL ESTER, CALCIUM IONOPHORE AND INDOMETHACIN

LITERATURE REVIEW

The importance of the role of the corpus luteum in maintaining pregnancy has been recognized since the experiments of Fraenkel at the turn of the century. Subsequently, in the 1930's the substance that the corpus luteum secretes to maintain gestation, progesterone, was isolated and characterized (Corner, 1961). It is now known that luteinizing hormone (LH) is the primary hormone involved in maintaining the corpus luteum during the estrous cycle and early pregnancy in a number of species. Prostaglandin $F_{2\alpha}$ (PGF $_{2\alpha}$) is recognized as the major luteolysin. In the past decade it has been discovered that the corpus luteum synthesizes and secretes oxytocin. It has been suggested that oxytocin may play an important role in the paracrine control of the corpus luteum.

Because the corpus luteum is integral to the maintenance of pregnancy, especially with respect to early gestation, it is important to fully understand the function of this organ. A more complete understanding of this organ will aid in increasing the efficiency of livestock production by improving methods for estrous synchronization and by providing a better understanding of factors affecting and causing embryonic mortality. Other possible benefits of studying the corpus luteum could be improved methods of contraception for humans and overpopulated species such as rodents, coyotes and wild horses.

Investigators have examined the corpus luteum on systemic and cellular levels for many years, yet it was not until the past decade that the molecular aspects of the corpus luteum were studied. Because all previous work has yet to yield a completely clear picture of luteal formation, maintenance and regression, it seems that more investigations at the molecular level, particularly with respect to the action of oxytocin, might serve to bring the picture into focus.

The review of literature will encompass discussions of research that has been conducted to define the physiological processes by which the corpus luteum arises and the endocrinological factors that govern its maintenance and regression. Although research on the formation and function of corpora lutea in domestic animals will be emphasized, pertinent results of studies on the corpus luteum of other species will be included when appropriate.

Folliculoaenesis

Corpora lutea develop from granulosa and theca cells of ovulated follicles. In order to gain an appreciation for the complexity of luteal development, as well as an understanding of the origin and functions of various luteal cell populations, it is deemed appropriate to review the process of folliculogenesis. In mammals folliculogenesis encompasses marked changes in the morphological and biochemical characteristics of the cells destined to contribute to formation of the corpus luteum.

Folliculogenesis is the process whereby primordial follicles develop into preantral, antral (secondary and tertiary) and then ovulatory (Graafian) follicles. The first crucial step in folliculogenesis, recruitment, is characterized by the development of a group of primordial follicles into follicles that contain an

antrum. Development prior to recruitment does not appear to be gonadotropin-dependent; however, development after this stage absolutely requires follicle-stimulating hormone (FSH) and LH (Richards, 1975). Some recruited follicles are destined to undergo atresia while others, "dominant" follicles, survive an environment suppressive to the growth of other follicles and eventually ovulate (Goodman and Hodgen, 1983). This pattern of growth appears to be continuous, resulting in an ever-present pool of follicles available for ovulation when needed (Lang, 1965).

Both FSH and LH, the primary gonadotropins involved in folliculogenesis (Hisaw, 1947), are produced by the anterior pituitary. After binding to specific plasma membrane receptors in preantral follicles, gonadotropins induce cyclic adenosine-3',5'-monophosphate (cAMP)-mediated enhancement of steroidogenic enzyme activity, and thus steroid accumulation (especially that of estradiol) in follicular fluid and release of this hormone to the general circulation. Estradiol is the key steroid involved in promoting folliculogenesis (Pencharz, 1940; Richards,1975) and synthetic estrogens have been shown to greatly enhance the effects of FSH in promoting folliculogenesis in rats (Goldenberg *et al.*, 1972).

Receptors in the Dominant Follicle

Much of the physiology of folliculogenesis is determined by changes in the ability of theca and granulosa cells to respond to various hormonal and nonhormonal factors. Hence a discussion of the evolutionary changes in receptor concentrations in granulosa and theca cells as the follicle matures is appropriate. Granulosa cells of preantral follicles possess FSH receptors, but none for LH while the reverse situation exists for theca cells. Follicle stimulating

hormone acting on preantral follicles induces its own receptors as well as receptors for LH in granulosa cells at the time of antrum formation (Zeleznik et al., 1974; Rajaniemi et al., 1977). Receptors for LH are found on thecal cells from early stages of follicle development (Hillier, 1987). Human chorionic gonadotropin (hCG), whose biological properties resemble that of LH, progressively increases LH receptors in granulosa and theca in small antral follicles of the rat (Richards and Bogovich, 1982); however, theca cells never acquire FSH receptors (Carson et al., 1979; Richards, 1980). Ability of FSH to induce its own and LH receptors in granulosa cells of preantral follicles appears to require the presence of theca cells and their simultaneous stimulation by LH (Lindner et al., 1977; Hillier, 1987). Furthermore these data are supported by the observation that the analog of the FSH-induced second messenger cAMP, 8-Br-cAMP, did not induce receptors for these peptide hormones in granulosa cells cultured in the absence of theca cells (Lindner et al., 1977). Apparently, theca cells produce a substance(s) that acts in concert with FSH to induce gonadotropin receptors in granulosa cells.

The classic marker for a preovulatory (Graafian) follicle is the LH receptor. In healthy ovine (Carson et al., 1979) or porcine (Nakano et al., 1977) follicles, hCG binding to LH receptors is related directly to follicle size. On the other hand, FSH binding decreases with follicle growth. The observed increases in LH receptor concentration as follicles increase in size are largely due to changes in the population of receptors in granulosa, rather than in theca cells (Carson et al., 1979). Preovulatory sheep follicles with only theca LH receptors were found to have significantly higher antral fluid testosterone levels than those follicles with LH receptors in both the theca and the granulosa cells, which had higher estradiol levels (England et al., 1981b). The latter follicles

were responsible for the preovulatory increase in estradiol secretion and were assumed to be the ovulatory follicles (England *et al.*, 1981b). Channing and Kammerman (1973) found that granulosa cells from large porcine follicles (greater than 5 mm diameter) bound 10 to 1000-fold more hCG than cells from small follicles (1-2 mm diameter). Moreover, in this species LH receptor numbers have been reported to increase from 300 in small follicles to 10,000 in large, preovulatory follicles, while the number of theca LH receptors only doubled (Hafez *et al.*, 1980). These changes in cell populations of LH receptors are consistent with the role of this hormone in causing ovulation.

Second Messenger Systems Involved in Folliculogenesis

Mechanisms by which various hormones exert their effects in the follicle are often the same mechanisms that exist in the corpus luteum. Hormones that affect the follicle appear to do so via the production of cAMP or the metabolites arising from the hydrolysis of phosphatidyl inositol. Both modes of hormone action have been found to be increasingly important in follicle and corpus luteum development and function during the past decade.

Gonadotropin-receptor binding activates the adenylate cyclase-cAMP system in plasma membranes (Richards and Bogovich, 1982), and hence causes protein kinase-mediated phosphorylation of various cytoplasmic enzymes and proteins. This process is mediated by the regulatory subunit of adenylate cyclase (the G_S protein) which exists in the unactivated state as a heterotrimer of an α , β and γ subunit. The β and γ subunits form the regulatory dimer of the G_S protein, and the α subunit, to which GDP is bound, has intrinsic GTPase activity. The hormone-receptor complex interacts with and activates the G_S protein by facilitating the replacement of GDP with GTP and the dissociation

of the regulatory dimer. This pathway depends on the presence of magnesium. By mechanisms yet to be defined, the α -GTP subunit stimulates the catalytic subunit of adenylate cyclase causing conversion of ATP to cAMP, which then activates various cellular kinases. The α subunit then hydrolyzes the bound GTP to GDP and reassociates with the β y subunit, rendering the β protein inactive (Birnbaumer *et al.*, 1985; Dunlap *et al.*, 1987). The adenylate cyclase system of cultured preovulatory rat follicles can become refractory to sustained high concentrations of LH and FSH (Zor *et al.*, 1976). It is possible that high episodic pulses of these gonadotropins during folliculogenesis and just prior to ovulation may lead to permanent desensitization of this second messenger system. This refractory state of the cAMP system may contribute to the demise of some follicles, yet other follicles may have means of protection from atresia (Ireland, 1987).

Gonadotropin releasing hormone (Ma and Leung, 1985; Davis *et al.*, 1986b) and LH (Davis *et al.*, 1984, 1986a) have been found to induce phosphoinositide metabolism in rat granulosa cells. Products of this pathway are involved in arachidonic acid liberation for prostaglandin synthesis, protein kinase C activation, calcium mobilization and guanylate cyclase activation (for reviews see Nishizuka, 1984; Nishizuka, 1986). Activation of protein kinase C in rat granulosa cells by phorbol ester increases prostaglandin E accumulation as well as increasing progesterone accumulation (Kawaii and Clark, 1985). Luteinizing hormone, but not FSH, dibutyryl cyclic AMP or a gonadotropin releasing hormone (GnRH) analog, activates phosphoinositide metabolism in porcine granulosa cells (Dimino and Snitzer, 1986). Furthermore, Veldhuis and Demers (1986) found that activation of protein kinase C in swine granulosa cells selectively inhibited cholesterol side chain cleavage activity without

adversely affecting cAMP generation or the aromatization of androgens to estrogen. These investigators later found that activation of the protein kinase C system in porcine granulosa cells also stimulated production of $PGF_{2\alpha}$ (Veldhuis *et al.*, 1987). It is possible that protein kinase C may modulate the actions of gonadotropic hormones in rats and hinder follicle development by adversely affecting steroidogenesis in swine. The stimulation of $PGF_{2\alpha}$ synthesis by this second messenger system may also be involved in ovulation. Nevertheless, the significance of this pathway in folliculogensis is not clear.

Steroidogenesis in the Developing Follicle

Because the two primary cell types of the follicle of domestic animals differ in receptor concentration and enzyme activities, interaction of LH-stimulated theca cells and FSH and LH-stimulated granulosa cells is required for full steroidogenic function. During folliculogenesis LH induces androgen synthesis via activation of theca cell side-chain cleavage enzymes, 17α -hydroxylase cytochrome P-450 (P-450 $_{17\alpha}$) and 17-20 desmolase. Subtle increases in LH and cAMP stimulate synthesis of 17α -hydroxyprogesterone (Richards *et al.*, 1987). In general, granulosa cells are unable to produce androgens, but FSH stimulates increased aromatase activity in these cells and causes the conversion of thecal androgens to estrogens in the rat (Dorrington et al., 1975; Fortune and Armstrong, 1978), sheep (Baird, 1977; Moor,1977) and pig (Evans et al., 1981). The pig is an exception because in this species both theca and granulosa cells are involved in estrogen production (Evans et al., 1981). Thus in the pig, the role of FSH in regulating estrogen biosynthesis may be of lesser importance relative to its role in other species.

The induction of aromatase activity by FSH in granulosa cells, which occurs after thecal androgen synthesis (McNatty *et al.*, 1984), appears to be a key maturation step in folliculogenesis. In cattle, only a few of the 20-60 antral follicles producing androgens each day of the cycle are able to convert them to estradiol (McNatty *et al.*, 1984). Preovulatory LH peaks initially increase both estradiol and androgen secretion into the utero-ovarian vein in sheep (Baird, 1978; Baird *et al.*, 1981) followed by a 10-fold increase in estradiol with no further androgen secretion. Thus it appears that aromatase (Moon *et al.*, 1975; Baird *et al.*, 1981) and substrate availability may be the limiting factors in estradiol production (Baird *et al.*, 1981).

The androgen-estrogen ratio in follicular fluid has been used as an indicator of follicular physiologic integrity and viability in sheep: high concentrations of androgen are normal in small, healthy follicles, but is indicative of atresia in large follicles (Moor *et al.*, 1978).

In the granulosa cell, FSH and LH also cause lipoprotein uptake, cholesterol liberation, mobilization and conversion of cholesterol to pregnenolone via the mitochondrial side-chain cleavage enzymes. These gonadotropins also stimulate activation of 3ß-hydroxysteroid dehydrogenase, an enzyme that converts pregnenolone to progesterone. Injections of hCG into rats stimulated follicular progesterone production *in vitro* (Richards and Bogovich, 1982). The rate-limiting enzyme responsible for converting cholesterol to pregnenolone, cholesterol side-chain-cleavage cytochrome P-450 (P-450_{SCC}), was detected in both bovine thecal and granulosa cells (Rodgers *et al.*, 1986a). Progesterone is secreted by both theca and granulosa cells, although granulosa cells of the ovine secrete more of this hormone than theca cells (Moor, 1977).

Selection and Dominance

Selection of an ovulatory follicle may begin to occur as early as the preantral phase of follicular development and continued growth of the follicle is dependent upon its ability to respond to available gonadotropins.

Dominant follicles may secrete factors that allow their own survival or cause the atresia of other follicles (Ireland et al., 1979; Matton et al., 1981). An example of such factors may be inhibin and estradiol and their relationship with FSH. Estradiol is the key steroid involved in promoting folliculogenesis (Pencharz, 1940; Richards, 1975). Hence, the dominant follicle must have a greater capacity than other follicles for estradiol synthesis and secretion and must retain a functional estradiol receptor system in order to remain responsive to this steroid (Richards et al., 1976). In cattle the dominant follicle has been found to contain a markedly greater inhibin bioactivity than other follicles (Padmanabhan et al., 1984). The gonadotropin FSH induces production of both inhibin and estradiol, which in turn reduce FSH secretion from the pituitary (Padmanabhan et al., 1984). Elevated estradiol concentrations in dominant follicles markedly enhance FSH and LH action (Hisaw, 1947; Richards, 1980). Thus estradiol may act locally within the follicle to allow for its survival while it acts systemically, along with inhibin, to provide an FSH-deficient environment in which other follicles cannot survive (Ireland, 1987).

Ovulation

Increasing estrogen synthesis by the ovulatory follicle eventually feeds back to the hypothalamus to initiate a release of an ovulatory surge of LH from the pituitary (Kesner *et al.*, 1981). Exposure of the follicle to LH results in a series of biochemical events that ultimately lead to physical rupture of the

ovulatory follicle and release of the ovum. The formation of prostaglandins, steroids and various proteins appears to be intimately associated with the process of ovulation.

The Role of Prostaglandins in Ovulation

Prostaglandins appear to be requisite for ovulation because prostaglandin synthase (prostaglandin endoperoxidase synthase; cyclooxygenase) inhibitors can prevent ovulation in rats (Orczyk and Behrman, 1972; Parr, 1974) and pigs (Ainsworth et al., 1979) and synthesis of these 20 carbon arachidonic acid derivatives has been found to coincide with ovulation in rabbits (LeMaire et al., 1973; Yang et al.; 1973) and rats (Bauminger and Linder, 1975). In rats, preovulatory but not small antral follicles produce large quantities of prostaglandins E (PGE) and $F_{2\alpha}$ when incubated with FSH and LH (Bauminger et al., 1975; Richards and Bogavitch, 1982). Granulosa cells are the primary source of these prostaglandins (Erickson et al., 1977; Clark et al., 1978) and synthesis may result from prostaglandin synthase synthesis since a latency period of several hours and a slight increase in enzyme activity occurred with LH-induced stimulation of prostaglandins (Bauminger and Lindner, 1975; Clark et al., 1978). This enzyme was not found in small antral or preovulatory rat follicles, but was elevated 40-fold in granulosa cells of luteinizing follicles 7 hours after an hCG injection (Richards et al., 1987). Effects of LH in the rat were found to occur at a step in the prostaglandin synthesis pathway after arachidonic acid ester hydrolysis (Clark et al., 1978) but did not depend upon steroid synthesis (Bauminger et al., 1975). Although ovulation is obviously an inflammatory-proteolytic reaction (Parr, 1974), the exact role of prostaglandins is not yet known. Nevertheless, it has been found that PGF2a

stimulates synthesis, release and activation of a collagenase-like ovarian enzyme (Marsh and LeMaire, 1973; LeMaire and Marsh, 1975). It has also been observed that $PGF_{2\alpha}$ contributed to the rupture of lysosomes at the follicular apex and both $PGF_{2\alpha}$ (Espey, 1980) and PGE (Strickland and Beers, 1976) stimulated plasminogen activator production. Thus these prostaglandins are involved in stimulating proteases and reducing the strength of the follicle wall (for a review see Espey, 1980).

The Role of Steroid and Protein Synthesis during Ovulation

Steroid and protein synthesis also appear to be associated intimately with ovulation. Inhibition of steroidogenesis by several inhibitors before 6 hours after the LH surge in rats inhibited ovulation (Lipner and Greep, 1971). In addition actinomycin D, which prevents RNA synthesis, and two protein synthesis inhibitors puromycin and cycloheximide were able to prevent ovulation in rabbits *in vivo* (Pool and Lipner, 1966), suggesting a role for protein synthesis. The effects of cycloheximide were reversible by hCG injection. Furthermore, only puromycin caused visible cell damage suggesting that responses to all the other inhibitors were specific and not the result of generalized follicle damage.

The need for protein synthesis prior to ovulation may be explained by enzymatic degradation of the ovarian follicle wall. First, collagenolytic activity in rabbit and sow follicular tissue was observed to decrease prior to ovulation, while it increased in follicular fluid (Espey and Rondell, 1968). Shortly after, fibroblastic microvesicles extruding from rabbit theca externa and tunica albuginea plasma membranes in ovulatory follicles were found to secrete a substance that digests the surrounding extracellular matrix (Espey, 1971).

These early studies eventually led to the discovery of plasminogen, plasminogen activators, protease inhibitors and proteolytic activity due to plasmin found in bovine follicular fluid, and plasminogen activator in follicle wall homogenates (Beers, 1975). In addition these researchers showed that plasmin decreased bovine follicle wall tensile strength and, in a related study, that rat granulosa cells contained high levels of plasminogen activator that peaked prior to ovulation (Beers *et al.*, 1975). Furthermore they found that LH, dibutyryl cAMP (Beers *et al.*, 1975), PGF_{2α} (Espey, 1980) and PGE (Strickland and Beers, 1976) could stimulate plasminogen activator release. Plasminogen activator converts plasminogen to plasmin which in turn converts procollagenase to collagenase which degrades the follicle wall and assists in ovulation (Espey, 1980).

The Role of Ovarian Contractility in Ovulation

The role of ovarian contractility in ovulation has been debated and examined for some time. Several investigators noted the presence of myoid-like cells in follicles of various species, including ewes (O'Shea, 1971) and cows (Walles *et al.*, 1975a), but evidence for true muscle cells is both contradictory and eqivocal. Motility and cellular filaments were thought to be indicative of myoid tissue, but these characteristics have been observed in some thecal cells and fibroblasts (Espey, 1978). Prostaglandin $F_{2\alpha}$ and oxytocin have been found to stimulate ovarian contractility in rabbits (Virutamasen *et al.*, 1972) and ewes (O'Shea and Phillips, 1974). In contrast, prostaglandin E (PGE) was found to inhibit ovarian contractility in rabbits (Virutamasen *et al.*, 1972) and ewes (O'Shea and Phillips, 1974). The effects of steroids on contractility are unclear. Intrinsic contractility has also been

observed in ovine (O'Shea and Phillips, 1974) and bovine ovaries (Walles *et al.*, 1975b), but the time of the cycle in which it occurs conflicts with a role in ovulation. Other evidence for a role of contractility in the ovulatory process stems from the discovery of parasympathetic and sympathetic nerves in the ovary (Espey, 1978). However, this innervation is concentrated in medullary areas and terminates on blood vessels. Although alpha-adrenergic and cholinergic stimulation can intensify ongoing ovarian contractions in ewes (O'Shea and Phillips, 1974) and cows (Walles *et al.*, 1975b), and sympathomimetic agents produce dose-dependent contractions in bovine follicular wall strips (Walles *et al.*, 1975a), denervated rabbit ovaries retain the capacity to ovulate (Weiner *et al.*; 1975). Hence there is no conclusive evidence that ovarian contractions are requisite for ovulation, and the significance of this contractility is not yet defined.

<u>Luteinization</u>

Luteinization is the process by which a follicle gives rise to a corpus luteum. Events intrinsic to luteinization include those in which granulosa cells stop dividing (Rao *et al.*, 1978), enlarge, gain lipid droplets and shift steroidogenesis from predominantly estrogen production to synthesis of large quantities of progesterone. As opposed to granulosa cells, theca cells are stimulated to proliferate at this time (Rao *et al.*, 1978). Luteinization will occur only in preovulatory follicles that are exposed to an LH surge with a resultant increase in cAMP levels (Richards *et al.*, 1987). However, unlike ovulation, luteinization in the rat (Richards, 1975) and gilt (Ainsworth *et al.*, 1979) does not appear to depend on prostaglandin synthesis. Addition of LH or FSH to swine granulosa cells from medium-sized follicles in culture can promote their

luteinization as evidenced by increased epithelioid growth, lipid droplet and eosinic granule accumulation in the cytoplasm and increased progestin secretion. The effects of both LH and FSH are synergistic and prolactin (PRL) has no effect on this event (Channing, 1970).

Receptor Changes during Luteinization

The ovulatory LH surge has widespread effects on various receptor systems within the follicle. In the immature intact rat LH-induced luteinization following FSH priming was associated with increased labeled hCG uptake in vivo as well as increased granulosa cell LH receptor numbers (Rajaniemi et al., 1977). On the other hand administration of ovulatory doses of LH to hypophysectomized rats primed with FSH that have large preovulatory follicles produced a rapid and marked attenuation of gonadotropin (Richards et al., 1976) and estradiol receptor concentrations (Richards, 1975). This response is similar to that observed in ovulatory follicles of the ewe; both thecal and granulosa cells exhibited fewer LH receptors after the peak of the preovulatory gonadotropin surge (Webb and England, 1982). This decrease in gonadotropin receptors is likely due to internalization of the hormone-receptor complex (Conn et al., 1978). Synthesis of receptors for low density lipoproteins, which contain progesterone precursors, and mRNA for these lipoprotein receptors, although detectable in ovine antral follicles, was greater in corpora lutea than these follicles (Rodgers et al., 1987b). Thus it seems that although the young corpus luteum has fewer LH receptors, it appears to be better equipped to receive steroid precursors. Therefore the corpus luteum may be better able to respond to stimulation by LH with increased progesterone production.

Changes in Second Messenger Systems during Luteinization

It seems puzzling that one second messenger, cAMP, can have effects that vary with its concentrations and with stage of follicular development. Relatively low levels of cAMP produced in response to LH and FSH during folliculogenesis are associated with follicle growth and differentiation, but the high levels of cAMP produced in the Graafian follicle in response to the preovulatory LH surge trigger ovulation and luteinization. The answer to this dichotomy of function may lie in the types of regulatory units for cAMP-dependent protein kinase present at the time of the signal (for a review, see Richards et al., 1987). For example, one type of regulatory subunit for this kinase, RII51, is induced in vivo in granulosa cells by the synergistic actions of FSH and estradiol. However, RII51 and its mRNA are dramatically decreased in response to the preovulatory LH surge. Meanwhile, concentrations of another type of kinase regulatory subunit, RI, and its corresponding mRNA remain constant throughout follicular development and luteinization. After the preovulatory LH surge, however, RI is more predominant than RII₅₁. It is possible that elucidation of the mechanisms by which regulatory subunits of protein kinase A are affected by varying levels of cAMP or by sequential stimulation by gonadotropins and estradiol may lead to an explanation of how one second messsenger can have different effects in the follicle and possibly the corpus luteum.

Changes in Steroidogenesis during Luteinization

As previously mentioned steroidogenesis is drastically altered during luteinization. This process includes an overall shift of the major goal of the tissue from estrogen production to progesterone synthesis. Hours after an ovulatory LH surge, in vivo and(or) in vitro, estradiol concentrations in ovine follicular fluid (England et al., 1981a) and estradiol secretion decline (Bjersing et al., 1972; Moor, 1974; Baird et al., 1981; Staigmiller et al., 1982; Webb and England, 1982). Dieleman et al. (1983) found that bovine follicular fluid estradiol concentrations, nearly 16-fold and 73-fold higher than those of progesterone and testosterone, respectively, prior to the LH surge, decreased rapidly within 6 hours of the surge and were less than one tenth of their original levels by 20 hours (approximately four hours before ovulation). In the latter study, testosterone concentrations in bovine follicular fluid increased for the first 2 hours after the LH surge and then declined to very low levels; progesterone doubled in the next 6 hours, decreased to original levels by 10 hours and began to increase again by 20 hours (Dieleman et al., 1983). Initial attenuation of steroidogenesis may be the result of an inability of the follicle to synthesize cAMP. In rabbits an ovulatory dose of hCG caused a decline in LH-induced cAMP accumulation within 30 minutes that continued until ovulation (Marsh et al., 1973).

Alterations in steroidogenesis during luteinization also appear to be reflections of changes in various steroidogenic enzymes and mRNA for these enzymes. Because FSH, testosterone and androstenedione levels after the LH surge initially remain high *in vivo* (Baird *et al.*, 1981) and exogenous testosterone *in vitro* has no effect on estradiol secretion (Webb and England, 1982), the attenuation of estrogen production is likely due to decreased

aromatase activity, which may arise from the lack of LH receptors. While aromatase is the first enzyme to be affected by the LH surge, the 17, 20-side-chain-cleavage (desmolase) capacity is also inhibited within hours of the LH surge in ewes (Seamark et al., 1974). It appears that subtle increases in LH and cAMP (as observed during folliculogenesis) stimulate synthesis of 17α - hydroxyprogesterone from progesterone, the rate-limiting step in androgen synthesis, yet the ovulatory LH surge and resulting elevated cAMP levels prevent synthesis of this steroid (Richards et al., 1987). This theory is supported by the observation that, in large follicles of the cow, P-450 $_{17\alpha}$ activity is high (Rodgers et al., 1986a,c), but in the corpus luteum this activity is undetectable (Rodgers et al., 1986c). Increased progesterone synthesis found in luteinizing follicles also appears to be the result of the synthesis of the inner mitochondrial membrane enzyme P-450_{SCC} (Richards et al., 1987). Both P-450_{SCC} (Rodgers et al., 1986b,c) and its electron donor adrenodoxin increased dramatically by the early-midluteal phase and remain active in small and large cells of the bovine corpus luteum until luteolysis (Rodgers et al., 1986c). Ubiquitous non-steroidogenic inner mitochondrial enzymes, cytochrome c oxidase and F₁-ATPase, increased only several-fold, reflecting an increase in numbers of mitochondria (Rodgers et al., 1986c). Thus the induced synthesis of steroidogenic enzymes during luteal formation was specific, and did not merely reflect mitochondrial biogenesis.

Changes in the above steroidogenic enzymes consistently parallel mRNA levels for these enzymes. For example, mRNA for P-450_{17 α} were high in bovine antral follicles, low in young corpora lutea and undetecable in mature corpora lutea, as was the case with their transcript enzymes (Rodgers *et al.*, 1987b). Conversely, levels of mRNA P-450_{SCC} (Goldring *et al.*, 1987; Rodgers

et al., 1987b) and its electron donor adrenodoxin, were higher in bovine corpora lutea than in follicles (Rodgers et al., 1987b). The positive correlations between these latter enzymes and their mRNA were found throughout the life of the corpus luteum, except during luteal regression when none of the previously mentioned mRNA were detectable (Rodgers et al., 1987b).

Activity of enzymes responsible for synthesis of progesterone precursors are also affected by luteinization. The rate limiting enzyme in cholesterol synthesis, 3-hydroxy-3-methylglutaryl coenzyme A reductase (HMG-CoA), which is at low but detectable levels in medium and large bovine follicles has been reported to increase 50-fold in corpora lutea by the midluteal phase of the cycle (Rodgers *et al.*, 1987a). This enzyme then declines with the onset of luteolysis (Rodgers *et al.*, 1987a). Synthesis of this enzyme in bovine luteal cell culture is stimulated by dibutyryl cAMP and inhibited by bovine high density lipoprotein (Rodgers *et al.*, 1987a).

Luteinization in the rat also appears to be associated with an increase in granulosa, theca and interstitial cells in the activity of glucose-6-phosphate dehydrogenase (G6PD) and 20α -hydroxysteroid dehydrogenase (20α -OHD) in ovarian tissues (Kidwell *et al.*, 1966). Glucose-6PD, localized only in theca and interstitial cells of nonluteinizing preovulatory rat ovaries, catalyzes the first in a series of reactions resulting in glucose-6-phosphate oxidation. The enzyme 20α -OHD, which is undetectable in preovulatory rat ovaries, results in the production of 20α -hydroxypregn-4-en-3-one, a metabolite of progesterone. Furthermore, in the ewe 3- β -hydroxysteroid dehydrogenase (3β -OHD), present in thecal cells only at ovulation, was detected in granulosa cells 24-48 hours after LH was added to the incubation media (Moor *et al.*, 1975). Pupkin *et al.* (1966) found that although 3β -OHD and G6PD were present in the rat Graafian

follicle, 20α -OHD was found only in the corpus luteum. In addition, diphosphopyridine nucleotide-dependent lactic dehydrogenase and 3 β -OHD increased in corpora lutea during their formation and declined thereafter, while triphosphopyridine nucleotide-dependent G6PD and 20α -OHD increased continuously throughout formation and involution of the corpus luteum (Pupkin *et al.*, 1966).

Oxytocin Synthesis in the Luteinizing Follicle

A final event associated with luteinization appears to be an increase in the synthesis of the peptide oxytocin (OT). Some investigators have found OT in the granulosa cells of small and large ovarian follicles (Kruip et al., 1985), as well as in follicular fluid (Schams et al., 1985). Although other investigators did not detect these low levels of OT, it is apparent that OT concentration (Kruip et al., 1985; Wathes et al., 1986) and release (Jungclas and Luck, 1986) from luteinizing granulosa cells and follicles (Schams et al., 1985) is markedly enhanced. Luteinizing bovine granulosa cells in vitro also produce a polypeptide, bovine neurophysin 1, known to be part of the OT precursor molecule (Geenan et al., 1985). Furthermore, cells from large follicles were observed to synthesize more OT and neurophysin than those from small follicles (Geenan et al., 1985). Release of OT was also stimulated by liver, kidney, muscle and adrenal cortex and medulla-conditioned media; thus the factor capable of stimulating the release of OT has a widespread occurrence (Jungclas and Luck, 1986). Oxytocin concentration in ovine granulosa cells has been shown to increase for the 2 to 3 days after the ovulatory LH surge (Wathes et al., 1986).

The Corpus Luteum

Large and Small Luteal Cells

The composition of the corpus luteum of a number of mammalian species has been found to consist of two populations of morphologically and endocrinologically distinct cells. These have been referred to as "small" and "large" luteal cells. In the young bovine corpus luteum (days 4-6), large luteal cells are predominantly derived from follicular granulosa cells and small luteal cells are mostly of thecal origin (Alila and Hansel, 1984). As the bovine corpus luteum ages, the percentage of large luteal cells increases as a result of theca-derived cell growth (Donaldson and Hansel, 1965) and conversion (Alila and Hansel, 1984). Bovine granulosa-derived cells undergo no further divisions after day 4 of the estrous cycle (Donaldson and Hansel, 1965) and disappear during early pregnancy (Alila and Hansel, 1984). It is not known with certainty whether the latter observations are the result of cell degeneration or the loss of the surface antigens used to detect cell origin (Alila and Hansel, 1984). Thecal-derived luteal cells persist throughout pregnancy (Alila and Hansel, 1984). In the ovine, there is an overall increase in the size of steroidogenic cells during the estrous cycle (Schwall et al., 1986) but only small luteal cells increase in number (Farin et al., 1986).

Effects of Luteinizing Hormone in the Corpus Luteum

Luteinizing hormone has been generally accepted as the major luteotropic hormone in domestic species. In the bovine, LH has been shown to stimulate progesterone synthesis in incubated luteal slices (Mason *et al.*, 1962) and to prolong the estrous cycle by extending the life of the corpus luteum

(Donaldson and Hansel, 1965). Similarly, Donaldson et al. (1965) found that administration of LH could overcome the inhibitory effects of exogenous OT in the cow. Luteinizing hormone has been shown to prolong the life span of the corpus luteum in intact (Kaltenbach et al., 1968b; Karsch et al., 1971) and hypophysectomized ewes (Kaltenbach et al., 1968a). The effects of LH in the porcine are less dramatic than in the previous two species. In the gilt, hCG had no effect on progesterone synthesis by luteal tissue in vitro (Duncan et al., 1961). Nevertheless, this gonadotropin induced a rapid secretion of progesterone as well as prolonged de novo synthesis of the steroid in superfused pig luteal tissue (Watson and Wrigglesworth, 1975). In addition, mares treated with antiserum against equine LH and FSH had smaller corpora lutea than control mares (Pineda et al., 1973). Finally, LH also appears to be the primary luteotropin in the woman (Mais et al., 1986) and the monkey (Hutchison and Zeleznik, 1984), yet the role of this hormone is diminished in laboratory species such as the rat, mouse and hamster. In these latter species, PRL serves as the major luteotropin (for a review, see Stormshak et al., 1987).

Luteinizing Hormone Receptors in the Corpus Luteum

Numbers of luteal LH receptors in the ewe (Diekman et al., 1978), sow (Ziecik et al., 1980) and mare (Roser and Evans et al., 1983) are highly correlated with progesterone secretion during the estrous cycle.

In the past decade it has been suggested that luteal LH receptors exist primarily on small luteal cells. Evidence for this assertion lies in two groups of observations. Firstly, under basal conditions, large luteal cells of the bovine (Urseley and Leymarie, 1979), superovulated (Fitz *et al.*, 1982) and naturally cycling ovine (Rodgers and O'Shea, 1982; Harrison *et al.*, 1987) and

porcine (Lemon and Loir, 1977) produce more progesterone than small luteal cells. Secondly, small luteal cells, however, appear to be more responsive to stimulation by LH in the cow (Donaldson and Hansel, 1965; Urseley and Leymarie, 1979), superovulated (Fitz et al., 1982) and naturally cycling ewe (Rodgers and O'Shea, 1982; Hoyer et al., 1984) and sow (Lemon and Loir, 1977). It has recently been shown that equal numbers of LH receptors are present in large and small cells during days 10 and 15 of the estrous cycle of the ewe (Harrison et al., 1987). Nevertheless ovine large luteal cells do not secrete increased amounts of progesterone in response to LH (Harrison et al., 1987). Small luteal cells collected from superovulated ewes also appear to be more responsive to cAMP agonists such as dibutyryl cAMP (Fitz et al., 1982), cholera toxin and forskolin (Hoyer et al., 1984). However, a lack of LH receptors, whether actual or an experimental artifact, does not explain completely the inability of luteotropins to stimulate progesterone production by large luteal cells. Although ovine LH was ineffective in raising intracellular levels of cAMP in large luteal cells from superovulated ewes, substances that dramatically increased concentrations of this second messenger (cholera toxin and forskolin) did not alter progesterone secretion (Hoyer et al., 1984). In contrast to the situation in the ovine, bovine large luteal cells can respond to high levels of LH with increased progesterone synthesis (Urseley and Leymarie, 1979; Alila et al., 1988). However, it should be noted that this response is limited and a fraction of the response of small luteal cells. In addition, bovine large luteal cells can also respond to a limited extent to forskolin and 8-Br-cAMP (Alila et al., 1988). Because bovine small luteal cells develop into large luteal cells and still retain their LH receptors (Alila and Hansel, 1984), it is not known whether the former reponse to this gonadotropin

is due to species variation or if it is the result of cell conversion. Nevertheless, it appears that at least some bovine large luteal cells contain LH receptors and the appropriate functional second messenger systems.

Second Messengers Involved in Actions of LH on the Corpus Luteum

As in the ovarian follicle LH exerts its effects in the corpus luteum via adenylate cyclase and increased cAMP production (Marsh et~al., 1966; Pierce and Parsons, 1981). However, a loss of responsiveness of adenylate cyclase to LH is associated with the onset of regression (Anderson et~al., 1974; see subsequent discussion on The Role of Prostaglandin $F_{2\alpha}$ in Luteolysis).

In the past few years it has been discovered that LH (Davis *et al.*, 1987a) and hCG (Davis *et al.*, 1986c) evoke phosphatidyl inositol hydrolysis and increase intracellular levels of calcium in isolated bovine luteal cells. These results indicate that the phospholipase C pathway (see subsequent discussion on Second Messengers Involved in the Action of PGF $_{2\alpha}$: the Phospholipase C Pathway) may be involved in some of the actions of LH. The observations that LH stimulates not one but two different second messengers in the same cells is indeed curious. It is also puzzling that both luteolytic hormones such as PGF $_{2\alpha}$ and luteotropic hormones such as LH produce different effects in the same tissue and yet use common second messengers. The significance of the phospholipase C pathway with respect to the effects of LH on the corpus luteum is likely to be the focus of much future research.

Luteotropic Prostaglandins

Receptors for prostaglandins are found predominantly on large luteal cells of the superovulated ewe (Fitz et al., 1982). Prostaglandin E_2

administration in ewes has been shown to delay natural (Pratt *et al.*, 1977), $PGF_{2\alpha}$ -induced (Henderson *et al.*, 1977) and estradiol-induced luteal regression. Although this prostaglandin prolonged the estrous cycle, it had no direct stimulation of *in vivo* progesterone secretion in the ewe (Pratt *et al.*, 1977) or the cow (Chenault, 1983). Nevertheless, prostaglandins E_1 , E_2 , and I_2 later were found to stimulate progesterone secretion in large but not small ovine luteal cells obtained from superovulated animals (Fitz *et al.*, 1984a). Despite these previous observations, Rodgers *et al.* (1985) and Harrison *et al.* (1987) did not observe any effect of PGE_2 in large or small ovine luteal cells obtained from naturally cycling animals.

Second Messengers Involved in Actions of Luteotropic Prostaglandins on the Corpus Luteum

Ability of luteotropic prostaglandins to stimulate progesterone production in large luteal cells was independent of cAMP production and enhanced adenylate cyclase activity (Fitz *et al.*, 1984a). Nevertheless, prostaglandins E_1 and E_2 have been found to stimulate increases in inositol phosphate hydrolysis and intracellular calcium levels in dispersed bovine luteal cells (Davis *et al.*, 1987b). Thus it appears that the phospholipase C/protein kinase C pathway may be involved in the effects of these prostaglandins in the corpus luteum (see subsequent discussion on Second messengers involved in the action of $PGF_{2\alpha}$: the phospholipase C pathway).

The Role of Prostaglandin $F_{2\alpha}$ in Luteolysis

Prostaglandin $F_{2\alpha}$ of uterine origin is generally accepted as the major physiological luteolysin in domestic animals. Although the effects of

administering this prostaglandin are sometimes confusing and the exact mechanisms of its action are not fully understood, luteolytic effects of $PGF_{2\alpha}$ are well documented. Hysterectomy prolongs the life span of the corpus luteum in the cow, ewe (Wiltbank and Casida, 1956) gilt (Moeljono *et al.*, 1976) and guinea pig (Loeb, 1927). A similar effect is observed in ewes and cows that have been immunized against PGF (Fairclough *et al.*, 1981). Furthermore, $PGF_{2\alpha}$ injections were luteolytic in intact (Schramm *et al.*, 1983) and hysterectomized ewes (Gengenbach *et al.*, 1977) and in pregnant (Diehl and Day, 1974), estradiol benzoate-treated (Kraeling *et al.*, 1975) and hysterectomized gilts (Moeljono *et al.*, 1976).

Prostaglandin $F_{2\alpha}$ decreases plasma and luteal progesterone during the midluteal phase of the estrous cycle of cows (Weston and Hixon, 1980) and ewes (Diekman *et al.*,1978; Fitz *et al.*, 1980; Agudo *et al.*, 1984). Decreases in bovine serum progesterone after prostaglandin administration were followed by decreases in luteal progesterone concentrations, and weight of corpora lutea in the ewe (Diekman *et al.*, 1978; Agudo *et al.*, 1984) and cow (Weston and Hixon, 1980). Similar to its effects *in vivo*, $PGF_{2\alpha}$ has also been shown to inhibit LH-stimulated progesterone secretion by luteal tissue of the cow, ewe and gilt *in vitro* (for a review see Behrman, 1979).

Effects of PGF $_{2lpha}$ on Luteal Gonadotropin Receptors

Final effects of $PGF_{2\alpha}$ include changes in luteal receptors for LH. Although exogenous $PGF_{2\alpha}$ did not impair binding of LH to the ovine luteal receptor (Diekman *et al.*, 1978), it caused a marked reduction in numbers of total and occupied receptors in the cow (Spicer *et al.*, 1981) and the ewe (Diekman *et al.*, 1978; Agudo *et al.*, 1984).

Second Messengers Affected by $PGF_{2\alpha}$ in the Corpus Luteum

Administration of $PGF_{2\alpha}$ to ewes attenuates luteal basal and stimulated cAMP levels by decreasing basal adenylate cyclase activity (Agudo *et al.*, 1984). This alteration in cAMP occurs prior to decreases in serum and luteal progesterone. It appears that $PGF_{2\alpha}$ accomplishes this by increasing the activity of the cAMP-degrading enzyme phosphodiesterase and also by preventing the activation of adenylate cyclase by GTP, LH and GTP plus LH (Agudo *et al.*, 1984). Thus it seems that prevention of interactions between the regulatory and catalytic subunits of adenylate cyclase is critical in the alteration of progesterone synthesis and secretion by $PGF_{2\alpha}$.

Investigators who examined the effects of PGF_{2a} in vitro have strengthened the previous supposition regarding the actions of $\text{PGF}_{2\alpha}$ and have provided further insight into the mechanisms by which this compound exerts luteolytic effects. Prostaglandin $\text{F}_{2\alpha}$ has been found to reduce the final equilibrium level of bound LH in rat luteal cells by blocking LH-induced up-regulation of cryptic LH receptors (Luborsky et al., 1984a) and to reduce LH receptor aggregation (Luborsky et al., 1984b). Dorflinger et al. (1983) found that inhibition of progesterone release by $PGF_{2\alpha}$ in vitro occurred in rat luteal cells incubated with dibutyryl cAMP, the adenylate cyclase activator cholera toxin, or cells preactivated by LH. In contrast to the observations of Agudo et al. (1984) who administered PGF $_{2\alpha}$ to ewes, Fletcher and Niswender (1982) reported that $PGF_{2\alpha}$ in vitro had no effects on basal progesterone accumulation or adenylate cyclase activity in ovine luteal tissue. These latter researchers did find, however, that $PGF_{2\alpha}$ in vitro decreased LH-stimulated progesterone secretion and cAMP levels without altering phosphodiesterase activity. These investigators also demonstrated that $\text{PGF}_{2\alpha}$ had little effect on

the ability of forskolin and cholera toxin to induce cAMP accumulation. Thus it appeared that $PGF_{2\alpha}$, in addition to preventing interaction between the occupied LH receptor and the nucleotide-binding component on adenylate cyclase, caused a post-receptor, cAMP-independent lesion of progesterone secretion (Fletcher and Niswender, 1982).

Inconsistencies in the Effects of PGF $_{2lpha}$ on the Corpus Luteum

Reported effects of $PGF_{2\alpha}$ on luteal function are inconsistent and often confusing, a possible result of variations in the stage of the estrous cycle studied and the time of observations relative to $PGF_{2\alpha}$ administration. For example, $PGF_{2\alpha}$ administered during the midluteal phase of the estrous cycle caused a transient increase in progesterone secretion prior to a decrease in venous levels of this hormone in cows (Schallenberger *et al.*, 1984) and increased levels of luteal progesterone in ewes (Agudo *et al.*, 1984). Low doses of $PGF_{2\alpha}$ injected into the ovarian bursae of pseudopregnant hamsters markedly increased ovarian progesterone, while high doses were luteolytic (Lukaszewska et al., 1972). In addition, $PGF_{2\alpha}$ frequently has been found to have no effect on *in vitro* basal progesterone concentrations in rat luteal cells (Behrman, 1971; Dorflinger et al., 1983) and ovine luteal slices (Fletcher and Niswender, 1982). It has also been found to increase progesterone production by the bovine corpus luteum (Speroff and Ramwell, 1970; Sellner and Wickersham, 1970; Hansel et al., 1973; Weston and Hixon, 1980).

The observation that exogenous $PGF_{2\alpha}$ is effective in inducing luteolysis only in the latter two-thirds of the estrous cycle (Hansel and Convey, 1983) is also puzzling. It is known that the cells that comprise the ovarian follicle can respond to this compound--indeed $PGF_{2\alpha}$ is requisite for ovulation

(for a review, see Espey, 1980). Furthermore, the second messenger system commonly observed to be activated by $PGF_{2\alpha}$ has been found to be functional in granulosa cells of the rat (Davis *et al.*, 1984; Kawai and Clark, 1985; Davis *et al.*, 1986a,b) and gilt (Dimino and Snitzer, 1986; Veldhuis and Demers, 1986). The answer to this question may lie in the relationship that develops in the mature corpus luteum between $PGF_{2\alpha}$ and oxytocin in which each regulates the secretion of the other (see subsequent discussion on A Role for Oxytocin in Luteolysis).

Effects of $PGF_{2\alpha}$ on Small and Large Luteal Cells

The seemingly contradictory effects of $PGF_{2\alpha}$ may be explained in part by the ability of this hormone to affect different types of cells within the ovary. For example, $PGF_{2\alpha}$ was found to increase progesterone synthesis in small (theca-derived) but not large (granulosa-derived) bovine luteal cells, while it attenuated LH-, 8-Br-cAMP- and forskolin-stimulated synthesis of this steroid in large cells (Alila *et al.*, 1988). Prostaglandin $F_{2\alpha}$ has an inhibitory effect on progesterone production in large luteal cells in both superovulated (Fitz *et al.*, 1984b) and normally cycling ewes (Rodgers *et al.*, 1985), but not in small luteal cells (Rodgers *et al.*, 1985).

It has been postulated that the luteolytic effect of $PGF_{2\alpha}$ requires interactions between the two cell populations. Oxytocin does not appear to be the crucial mediator in this process, however, because it does not alter progesterone production by either small or large luteal cells (Rodgers *et al.*, 1985). Although ovine large luteal cells after $PGF_{2\alpha}$ injection become more fragile, luteolysis in the ewe is associated with a preferential loss in the number of small luteal cells (Farin *et al.*, 1986; Schwall *et al.*, 1986; Bradin *et al.*, 1988).

These changes in cell populations occur several hours after the decline in serum progesterone levels.

Receptors for PGF $_{2\alpha}$ in the Corpus Luteum

Receptors for prostaglandins $F_{2\alpha}$ and E are predominantly found on large luteal cells of the superovulated ewe (Fitz *et al.*, 1982). It is not known whether this is the case in the normal cycling ewe, but the fact that this prostaglandin can stimulate inositol phosphate production in both large and small bovine luteal cells (Davis *et al.*, 1988) indicates the presence of $PGF_{2\alpha}$ receptors in both cell populations of the cow.

Second Messengers Involved in the Action of $PGF_{2\alpha}$: the Phospholipase C Pathway

The mechanism by which $PGF_{2\alpha}$ acts on the corpus luteum may involve activation of protein kinase C. A variety of hormones have been found to activate protein kinase C through stimulation of phosphoinositide hydrolysis, mainly effected by activation of the enzyme phospholipase C. These hormones bind to plasma membrane receptors, which then cause a G protein-mediated activation of phospholipase C. This enzyme acts on phosphatidylinositol in the plasma membrane to yield inositol triphosphate and diacylglycerol. Inositol triphosphate acts within the cell to release calcium stores and thus increase intracellular calcium levels. Diacylglycerol, in the presence of at least normal intracellular calcium levels activates protein kinase C, which in turn phosphorylates other proteins requisite for evoking cellular responses to the hormone (for reviews, see Nishizuka *et al.*, 1984; Downes and Mitchell, 1985; Majerus *et al.*, 1986; Gilman, 1987).

Researchers have demonstrated that, in dispersed rat luteal cells (Raymond et~al., 1983; Leung et~al., 1986), bovine large and small luteal cells (Davis et~al., 1987b, 1988), and ovine luteal slices (McCann and Flint, 1987), PGF $_{2\alpha}$ stimulated inositol phosphate accumulation, a result of phosphoinositide hydrolysis and thus an indication of protein kinase C activation. This compound had no effect on cAMP levels in small or large bovine luteal cells during 30 minutes of incubation (Davis et~al., 1988). Moreover, a phorbol ester known to directly activate this kinase was found to have identical effects as PGF $_{2\alpha}$ in small bovine luteal cells (Alila et~al., 1988).

Support for the assertion that $PGF_{2\alpha}$ causes its effects in the corpus luteum via the phosphatidylinositol cascade, was provided by Davis et al. (1987b) who found that this prostaglandin mobilized intracellular calcium in addition to stimulating increased inositol phospholipid hydrolysis. Furthermore, many researchers have noted that high intracellular calcium levels cause the same effects as $PGF_{2\alpha}$. For example, Dorflinger et al. (1984) found that calcium ionophore A23187 caused a marked, dose-related and extracellular calcium-dependent decrease in LH-stimulated cAMP levels and progesterone secretion in rat luteal cells, without affecting the ability of LH to bind to its receptor. In this latter study, A23187 did not affect basal cAMP and progesterone secretion unless present at extremely high concentrations in the incubation media. In the former studies calcium might be acting to decrease the binding of GTP to the G-protein and(or) the release of GDP-binding protein from adenylate cyclase (Behrman et al., 1985). Moreover, the observations that extracellular-calcium concentrations do not alter the effects of PGF $_{2\alpha}$ within rat luteal tissue point toward a role of intracellular calcium (Behrman et al., 1985).

Oxytocin in the Corpus Luteum

An indication that OT of luteal origin may play an important role in regulating uterine and(or) ovarian function during the estrous cycle was precipitated by observations that plasma levels of this peptide varied in a cyclical manner that roughly paralleled plasma progesterone levels and overall luteal function. Highest OT concentrations in the bovine peripheral plasma occurred during the early and midluteal phases of the estrous cycle (Schams, 1983). Systemic concentrations of OT in the ovine begin to increase on days 3 and 4 (Schams and Lahlou-Kassi, 1984) and remain high during the rest of the early or midluteal phase of the estrous cycle (Sheldrick and Flint, 1981; Webb et al., 1981; Mitchell et al., 1982; Schams et al., 1982). These peptide levels decreased on days 13 to 15 of early pregnancy in the ewe, about 2 days earlier than in nonpregnant animals (Sheldrick and Flint, 1981; Webb et al., 1981; Schams and Lahlou-Kassi, 1984). After days 18 to 19 of ovine pregnancy OT levels remain at low, follicular phase levels until term (Schams and Lahlou-Kassi, 1984). Further evidence that the corpus luteum may contribute to systemic OT levels was provided by the observation that levels of this hormone were correlated to the number of corpora lutea present in ewes (Schams et al., 1982; Schams et al., 1985).

Subsequently ovine (Wathes and Swann, 1982; Watkins *et al.*, 1986) bovine (Fields *et al.*, 1983) and caprine (Homeida, 1986) corpora lutea were found to contain large quantities of OT identical to that produced by the hypothalamus. Oxytocin was detected immunocytochemically in large, but not small luteal cells of the cow (Guldenaar *et al.*,1984) and ewe (Rodgers *et al.*, 1983; Sawyer *et al.*, 1986) where it exists in a population of secretory granules

(Rice and Thorburn, 1985; Theodosis *et al.*, 1986; Fields and Fields, 1986). Luteal concentrations of bovine OT, which parallel systemic levels, are highest on days 8 to 12 of the cycle and decline before luteal progesterone levels late in the estrous cycle (Wathes *et al.*, 1984; Kruip *et al.*, 1985; Schams *et al.*, 1985; Abdelgadir *et al.*, 1987; Fehr *et al.*, 1987). Levels of luteal OT are significantly lower in pregnant cows (Wathes *et al.*, 1983; Schams *et al.*, 1985) and ewes (Sheldrick and Flint, 1983b).

Luteal Oxytocin Synthesis

Detection of large amounts of neurophysin, a protein cosynthesized with OT and thought to serve as its carrier, as well as OT in the bovine corpus luteum led to the hypothesis that the ovary was not simply sequestering OT, but rather was synthesizing this hormone (Wathes *et al.*, 1983). Further evidence for luteal OT synthesis was provided when Flint and Sheldrick (1982a,b) found significant veno-arterial OT concentration differences across ovaries containing corpora lutea but not in those without corpora lutea. Definitive proof that ovine and bovine corpora lutea do indeed produce oxytocin and that this biosynthesis is similar to that in the hypothalamus was provided by Swann *et al.* (1984) who incubated luteal cells in the presence of [35S]cysteine and isolated labeled OT and a labeled precursor with a similar electrophoretic mobility to that of rat-hypothalamic OT precursor.

Oxytocin mRNA appears to be virtually identical in the hypothalamus and the ovary (Ivell and Richter,1984); with the exception that luteal mRNA contains a shorter polyadenosine tail (Ivell and Richter,1984). During the bovine estrous cycle the corpus luteum produces approximately 250 times more OT mRNA than a single hypothalamus (Ivell and Richter,1984). Like the

peptide, mRNA encoding luteal OT is confined to the large luteal cells of the bovine where it reaches maximal levels during the first 6 days of the cycle and generally peaks on day 3 (Ivell *et al.* 1985; Fehr *et al.*,1987). In contrast hypothalamic OT mRNA concentrations do not vary in cycling cows (Ivell *et al.*,1985). By day 7 of the cycle luteal OT mRNA levels decline rapidly, presumably a reflection of the short half-life of most eucaryotic mRNA's (Fehr *et al.*,1987). Luteal OT mRNA, transcribed from a single gene comprised of 3 exons, is translated to a precursor polypeptide of approximately 12,800 Da (Ivell *et al.*,1985). Immediately adjacent to the N-terminal signal sequence of this polypeptide is OT followed by neurophysin I (Ivell *et al.*,1985). Young bovine luteal cells must lack the requisite enzymes for post-translational processing because it is not until the cells are fully mature that they can complete OT synthesis and packaging, which generally occurs by day 7 of the cycle (Fehr *et al.*,1987).

Alteration of Oxytocin Synthesis

Administration of progesterone inhibits and estrogen potentiates OT release during vaginal distension in the ewe (Roberts and Share, 1969). Luteinizing hormone *in vitro* has no effect on OT secretion in incubated slices of ovine (Hirst *et al.*, 1986) and bovine (Abdelgadir *et al.*, 1987) corpora lutea. Similarly, prostaglandin E₂ had no effect on OT secretion by bovine luteal tissue (Abdelgadir *et al.*, 1987). However, release from ovine luteal tissue was stimulated by the presence of potassium and it was also dependent on calcium (Hirst *et al.*, 1986). Incubation in calcium-free medium attenuated OT secretion, while calcium ionophore enhanced secretion of this hormone (Hirst *et al.*, 1986). Incubation with PGE₁, hCG, human PRL, or dibutyryl cAMP did not affect

volume occupancy of OT-containing granules in bovine large luteal cells (Chegini and Rao, 1987).

A Role For Oxytocin in Luteolysis

In recent years it has been speculated that OT and PGF $_{2\alpha}$ work together to enhance the secretion of each other and induce luteolysis. This was supported by observations that, OT could induce the release of uterine PGF $_{2\alpha}$, and this prostaglandin could induce the release of the ovarian peptide.

Effects of Exogenous Oxytocin during the Estrous Cycle

It has long been known that exogenous OT can alter the duration of estrous cycle. Daily administration of natural or synthetic OT to cycling heifers during the first week of the estrous cycle shortened the cycle from the usual 21 days to approximately 8 days (Armstrong and Hansel, 1959; Hansel and Wagner, 1960; Anderson *et al.*, 1965). However, OT had no effect on plasma progesterone until day 5, after which steroid levels were attenuated (Donaldson *et al.*, 1970). Cycles following the OT-treated cycles, however, were normal in duration (Armstrong and Hansel, 1959). Although exogenous OT can alter the cycle of the intact bovine, it produces less dramatic results in the ovine. Milne (1963) treated ewes with OT at a much higher dose per body weight than that used in the cow (Armstrong and Hansel, 1959) during the first 6 days of the cycle. Although morphological changes in luteal cells similar to those observed in heifers were noted, this treatment failed to hasten luteolysis in the ewes (Milne, 1963).

Effects of Immunization Against Oxytocin

Further evidence for a role of OT in luteolysis was provided by the finding that active and passive immunization of ewes against OT prolonged the luteal phase of the estrous cycle as evaluated by estrous behavior and quantitation of progesterone levels (Sheldrick *et al.*, 1980; Schams *et al.*, 1983). Although the response was variable, animals that responded to treatment had low circulating concentrations of free OT (Schams *et al.*, 1983).

Effects of Oxytocin on PGF $_{2\alpha}$ Release

Luteolytic effects of OT appear to be mediated by the ability of this peptide to stimulate uterine release of $PGF_{2\alpha}$. Preliminary evidence for involvement of the uterus as a mediator of OT action on luteal regression was the observation that OT was luteolytic in partially hysterectomized heifers (Anderson et al., 1965) and in those that had undergone sham hysterectomy, but was ineffective in totally hysterectomized heifers (Armstrong and Hansel, 1959; Anderson et al., 1965). Further evidence for such action of OT was provided by Ginther et al. (1967) who found that OT was luteolytic in unilaterally hysterectomized heifers in which the corpus luteum was adjacent to the retained uterine horn, but not when it was on the opposite side. Moreover, subcutaneous OT has been shown to increase bovine uterine vein $PGF_{2\alpha}$ levels within 30 to 240 minutes (Milvae and Hansel, 1980). However, these investigators failed to demonstrate that OT-induced PGF $_{2\alpha}$ release from the uterus was correlated with levels of $\text{PGF}_{2\alpha}$ in the ovarian vein and thus they found no evidence for a transfer of prostaglandin from the uterine vein to the ovarian artery (Milvae and Hansel, 1980). However, Oyedipe et al. (1984) found that subcutaneous OT injections on days 2 through 6 increased plasma

levels of the major $\mathsf{PGF}_{2\alpha}$ metabolite 15-keto-13,14-dihydro $\mathsf{PGF}_{2\alpha}$ (PGFM) and speculated that perhaps the inability of Milvae and Hansel (1980) to detect $PGF_{2\alpha}$ in the ovarian vein may have been due to its short half-life in blood. Despite the less-than-dramatic effects of OT on the ovine estrous cycle, this peptide can nevertheless elevate utero-ovarian venous levels of PGF in pregnant ewes (Mitchell et al., 1975). Subcutaneous administration of OT to dairy goats on days 3 to 6 of the estrous cycle induced luteolysis and a significant increase in peripheral plasma concentrations of PGFM within 30 minutes of the injections (Cooke and Homeida, 1982). Oral administration of the prostaglandin synthase inhibitor meclofenamic acid prevented the luteolytic action of OT and the OT-induced increase of $\text{PGF}_{2\alpha}$ metabolites (Cooke and Homeida, 1983). Active immunization against OT, which was able to prolong the estrous cycle in some goats from a normal average of 19 days to 29 days, induced very low levels of systemic PGFM with no marked pulsatile secretion similar to that observed in control goats (Cooke and Homeida, 1985). In addition intra-arterial administration of an OT-antagonist from days 12 to 20 delayed luteal regression from day 20 to 26 and thus interaction between OT and its uterine receptors appears requisite for $\text{PGF}_{2\alpha}$ release and luteolysis in the goat (Homeida and Khalafalla, 1987).

Effects of PGF $_{2lpha}$ on Oxytocin Release

Early evidence leading to the hypothesis that $PGF_{2\alpha}$ regulates OT release from the corpus luteum was provided by Sheldrick and Flint (1983a). These researchers first noted that luteal OT concentrations were dramatically attenuated in hysterectomized ewes, suggesting that OT synthesis and, or secretion might be influenced by some uterine factor (Sheldrick and Flint,

1983a). Moreover, cloprostenol, an analog of $PGF_{2\alpha}$, when administered intramuscularly to ewes on days 11 to 14 of the estrous cycle decreased luteal OT levels and rapidly increased ovarian venous OT, with maximal concentrations occurring by 20 minutes after injection (Flint and Sheldrick, 1982a,b). Vena cava and jugular vein concentrations of OT in the cow increased after a luteolytic injection of chloprostenol, and reached maximal levels by 5-10 minutes, after which time they declined steadily for 24-36 hours to below initial levels (Schallenberger et al., 1984). Chloprostenol had no effect on ovine pituitary secretion of OT (Flint and Sheldrick, 1982a,b), on plasma OT concentration in ovariectomized ewes (Flint and Sheldrick, 1982b) or on OT secretion in hysterectomized ewes (Sheldrick and Flint, 1983a). Immunoreactive neurophysin and OT concentrations after a luteolytic dose of $\text{PGF}_{2\alpha}$ in the cow increased to a greater extent in the vena cava than in the jugular vein or aorta, indicating that the source of these peptides was indeed the ovary and not the pituitary (Schams et al., 1985). Additional evidence that $PGF_{2\alpha}$ regulates OT release from the corpus luteum was found when indomethacin, a prostaglandin synthase inhibitor, caused a marked reduction in the amplitude of oxytocin-associated neurophysin surges in the systemic plasma of ewes (Watkins et al., 1984).

Chegini and Rao (1987) found that $PGF_{2\alpha}$ caused a rapid degranulation of electron-dense perinuclear granules of bovine large luteal cells of pregnancy that was significant within 10 minutes. These granules virtually disappeared from the cells after two hours of incubation in the presence of this prostaglandin (Chegini and Rao, 1987). Although some researchers found that $PGF_{2\alpha}$ did not alter OT secretion significantly during one hour of incubation, there was a nonsignificant increase in OT levels in the medium and

the detection of effects of the prostaglandin may not have been possible within the sensitivity limits of the assay methods used (Hirst *et al.*, 1986). Other researchers who utilized a more sensitive radioimmunoassay have found a direct stimulatory effect of this prostaglandin on OT synthesis and secretion from luteal tissue (Abdelgadir *et al.*, 1987).

Uterine Oxytocin Receptors

Oxytocin levels in systemic blood are low when $\text{PGF}_{2\alpha}$ is initially released and it is unlikely that increased ovarian secretion of OT is the cause for the release of this prostaglandin (Sheldrick and Flint, 1981; Webb et al., 1981). However, increased effectiveness of the OT at the cellular level due to increased concentrations of uterine OT receptors may still be the causal factor in the initiation of luteolysis (Sheldrick and Flint, 1981). These latter researchers strengthened their hypothesis that OT receptor concentrations play a role in luteolysis with observations that mean OT receptor concentrations in the caruncular and intercaruncular endometrium and the myometrium of the ewe increased dramatically between days 10 to 13 of the cycle and the day of estrus (Sheldrick and Flint, 1985a). This increase of a single population of relatively unspecific uterine OT receptors coincided with luteolysis and declining serum progesterone, but occurred after the decline in systemic OT and after the rise of ovarian venous estradiol-178. Variations among receptor concentrations of the different tissues reflected their ability to synthesize $PGF_{2\alpha}$ (Sheldrick and Flint, 1985a). Thus levels of OT receptors were highest early in the cycle (when OT administration is most effective in inducing luteolysis), although at that time, only 1% would normally be occupied (Sheldrick and Flint, 1985a). Nevertheless, it is possible that OT, like other peptide hormones such

as LH and EGF may exert their effects at low receptor occupancy (Sheldrick and Flint, 1985a). Potency of OT to elicit a release of $PGF_{2\alpha}$ from the endometrium of the ewe, but not the myometrium *in vitro* increased as estrus approached and it was at this time that endometrial receptors for OT were at their highest levels (Roberts *et al.*, 1976).

Because increased numbers of uterine OT receptors coincide with estrus, it was postulated that estrogen might regulate the availability of endometrial OT receptors in domestic animals. Indeed, estradiol increased the numbers of myometrial oxytocin receptors while progesterone reversed the induction of OT receptors in ovariectomized, estradiol-treated and pregnant rabbits (Jacobson *et al.*, 1987). Estradiol-17ß also has been found to sensitize the uterus to the ability of OT to release PGF $_{2\alpha}$, although it does not affect circulating OT concentrations (Roberts *et al.*, 1975). Furthermore, while OT alone had negligible effects on PGF $_{2\alpha}$ levels in vena cava blood of anestrous ewes, OT administration to estradiol-primed ewes caused a dramatic increase in PGF $_{2\alpha}$ release (Sharma and Fitzpatrick, 1974). Finally, Sheldrick and Flint (1985b) found that intramuscular estradiol administration increased uterine OT receptor concentrations.

In later experiments, Flint and Sheldrick (1985) found that continuous intravenous infusions of OT into ewes (3µg/h) from days 13 to 21 prolonged the cycle by 7 days and prevented the rise in uterine OT receptors that normally precedes estrus. This treatment was not effective if initiated on day 14 after luteolysis had commenced or if chloprostenol was administered on day 15. Levels of PGFM were greatly attenuated during and following OT treatment (Sheldrick and Flint, 1987). The cycle of the heifer can also be extended with infusions of OT. Intravenous OT infusions from days 10 to 22 extended the

cycles from an average of 20.5 to 25.8 days (Gilbert *et al.*,1987). Thus continuous OT treatment may inhibit uterine $PGF_{2\alpha}$ production, possibly by down-regulating uterine OT receptors (Flint and Sheldrick, 1985). This theory is supported by observations that uterine OT receptors on day 16 of the cycle in nonpregnant ewes are over seven times higher than those of the pregnant ewe at that time and that nonpregnant animals are able to respond to OT by secreting over 12 times more $PGF_{2\alpha}$ into the uterine vein than pregnant ewes (McCracken *et al.*,1984). However, uterine refractoriness to OT-stimulated $PGF_{2\alpha}$ release was found not to be the result of down-regulated OT receptors (Sheldrick and Flint, 1985b).

McCracken's Theory for the Mechanism of Luteolysis

The previous observations concerning the ability of OT and $PGF_{2\alpha}$ to induce the secretion of the other, as well as those concerning changes in uterine OT receptors led McCracken *et al.* (1984) to formulate the following scenario for the mechanism of luteolysis in sheep. First, declining progesterone concentrations and increasing estrogen concentrations during the late luteal phase of the estrous cycle cause an increase in synthesis of uterine OT receptors. Oxytocin of pituitary and(or) ovarian origin act upon these receptors to initiate a release of $PGF_{2\alpha}$. This prostaglandin reaches the ovary via a local countercurrent transfer from the uterine vein to the ovarian artery. Oxytocin is released from the ovary in response to $PGF_{2\alpha}$ and acts upon the uterus to reinforce or regulate secretion of the prostaglandin. This cycle, in which OT and $PGF_{2\alpha}$ repeatedly stimulate the release of the other, continues until luteolysis is complete.

Paracrine Effects of Oxytocin in the Corpus Luteum

Direct effects of OT on the corpus luteum have been documented although results are equivocal and the physiological significance of these results is not well defined. Low concentrations of OT were found to significantly enhance basal progesterone production of luteal cells from pregnant cows (Tan et al., 1982). Higher doses had no significant effect on basal progesterone but inhibited hCG-stimulated production of this steroid (Tan et al., 1982). On the other hand, high concentrations of OT have inhibited basal and hCG-stimulated progesterone production of dispersed luteal cells from nonpregnant cows and estradiol may potentiate these inhibitory effects (Tan and Biggs, 1984).

Oxytocin in vitro was found to have no effect on progesterone production in small or large ovine luteal cells (Rodgers et al., 1985).

Evidence Against a Local Role for Oxytocin in the Luteolytic Process

Despite all previous observations suggesting otherwise, OT may not be requisite for natural luteolysis. Evidence that OT was not a crucial element of the luteolytic process was the finding that chloprostenol administration to hysterectomized ewes was as effective in inducing luteolysis as in intact ewes; hence luteal OT did not appear to be involved in intraluteal events mediating prostaglandin-induced luteolysis (Sheldrick and Flint, 1983a).

EXPERIMENTS 1 AND 2: BOVINE LUTEAL OXYTOCIN SYNTHESIS AND SECRETION IN VITRO: EFFECTS OF PHORBOL ESTER, CALCIUM IONOPHORE AND INDOMETHACIN

INTRODUCTION

Prostaglandin $F_{2\alpha}$ (PGF $_{2\alpha}$) induces OT secretion from the bovine corpus luteum *in vivo* (Walters *et al.*, 1983; Schallenberger *et al.*, 1984) and *in vitro* (Abdelgadir *et al.*, 1987; Chegini and Rao, 1987). The mechanism by which PGF $_{2\alpha}$ promotes the release of luteal OT is not known. *In vitro* treatment of rat (Leung *et al.*, 1986), bovine (Davis *et al.*, 1987b) and ovine (McCann and Flint, 1987) luteal tissue with PGF $_{2\alpha}$ has been shown to provoke inositol phosphate accumulation, a result of phosphoinositide hydrolysis. In general, hormonally-stimulated phosphoinositide hydrolysis results in intracellular calcium mobilization and diacylglycerol production (Nishizuka *et al.*, 1984; Downes and Michell, 1985; Majerus *et al.*, 1986). Both calcium and diacylglycerol interact with protein kinase C to effect its activation (Nishizuka *et al.*, 1984). Thus PGF $_{2\alpha}$ -induced secretion of OT may be due to changes in intracellular calcium levels and(or) protein kinase C activation. If this premise is true then agents that alter levels of intracellular calcium or activity of protein kinase C might alter luteal OT secretion.

Phorbol esters such as 12 -0 -tetradecanoylphorbol-13-acetate (TPA) mimic the actions of diacylglycerol and can directly activate protein kinase C (Castagna *et al.*, 1982). Luteal cells of the rat (Kawai and Clark, 1985) and bovine (Brunswig *et al.*, 1986) have been shown to respond to TPA with increased progesterone secretion. It is conceivable that TPA might also stimulate OT secretion by activating protein kinase C.

If changes in cellular calcium are intimately associated with OT synthesis or release, agents such as calcium ionophore A23187 and indomethacin might also provoke changes in the secretion of this peptide. Ovine luteal cells have been shown to respond to A23187 with increased OT secretion (Hirst *et al.*, 1986). The ionophore increases intracellular levels of calcium and has been shown to activate protein kinase C (Kaibuchi *et al.*, 1983). Indomethacin inhibits prostaglandin synthase (Vane, 1971; Smith and Lands, 1971; Flower, 1974), and alters intracellular calcium metabolism (Northover, 1985). Although indomethacin does not inhibit plasma membrane calcium transport (Burch *et al.*, 1983), it reduces levels of this ion in a variety of cells types (Northover, 1982; Burch *et al.*, 1983; Northover, 1985) rendering the ion unavailable as an intracellular messenger.

The present study was conducted to examine the effects of TPA, calcium ionophore A23187 and indomethacin on OT synthesis and release from the bovine corpus luteum *in vitro*. In addition, the effects of TPA on progesterone secretion by this tissue were examined.

MATERIALS AND METHODS

Animals and Corpora Lutea Collection

Six 18-month-old crossbred beef heifers were used for Exp. 1; five similar heifers were used in Exp. 2. Heifers were observed twice daily for estrus using vasectomized bulls. After exhibiting at least two consecutive estrous cycles of normal duration (18-23 days), heifers were restrained on day 8 of the cycle (day of estrus = day 0), tranquilized by injection of 3 ml acepromazine into the middle coccygeal vein and injected with 3 ml 2% lidocaine to induce caudal epidural anesthesia. The corpus luteum then was collected by colpotomy and immediately placed in 50 ml Ham's F-12 medium (4 C) prepared as described by Abdelgadir *et al.* (1987). It was transported to the laboratory (5 min) where it was freed of connective tissue, weighed and sliced (0.3 mm thickness). Tissue slices were washed four times with 50 ml of Ham's F-12, blotted on a filter paper and divided into aliquots.

Hormones and Chemicals

Indomethacin and TPA were purchased from Sigma Chemical Co. (St. Louis, MO) and [125I]OT was purchased from New England Nuclear (Boston, MA). Calcium ionophore A23187 was purchased from Calbiochem (San Diego, CA). Rabbit anti-oxytocin serum was a generous donation of Dr. Dieter Schams of the Institute of Physiology, Technical University of Munich, Freising-Weihenstephan, West Germany.

Experiment One

Experiment 1 was conducted to examine the in vitro effects of two levels of TPA on OT synthesis and release, and one level of TPA on progesterone secretion from corpora lutea on day 8 of the estrous cycle. In addition, the effects of indomethacin alone and in conjunction with TPA on OT synthesis and release were examined. Tissue aliquots (255 \pm 6 mg) were placed into siliconized incubation flasks (prepared in duplicate) containing 1.99 ml of Ham's F-12 incubation medium to which were added the following treatments: 1) vehicle, which consisted of 10 µl dimethylsulfoxide (DMSO; unincubated control); 2) vehicle (incubated control); 3) 0.81 nM TPA; 4) 1.62 nM TPA; 5) 100 μ M indomethacin; 6) 1.62 nM TPA and 100 μ M indomethacin. Concentrations of TPA and DMSO employed were less than those found to be toxic in porcine granulosa cells (Veldhuis and Demers, 1986) and bovine luteal cells (Brunswig et al., 1986), respectively. These levels of TPA were found to activate protein kinase C directly in vitro in rat brain cells (Castagna et al.,1982). Although other investigators have used levels of TPA up to 200 nM, relatively low levels were utilized in the present study in an attempt to observe specific, nontoxic effects of this phorbol ester. The level of indomethacin utilized was among those found to inhibit calcium accumulation and prevent prostaglandin synthesis by hamster liver mitochondria and microsomes (Burch et al., 1983). All flasks were flushed with 95% O2 - 5% CO2, stoppered and appropriate flasks were incubated in a Dubnoff incubator at 38 C for 2 h. Incubation was terminated by immersing flasks in an ice bath (4 C), after which the contents were transferred to plastic tubes and centrifuged at 3000 x g. The tissue pellet was separated immediately from the supernatant and both were

subsequently frozen and stored at -20 C pending extraction and quantification of OT and progesterone. Unincubated control flasks were processed similarly.

Experiment Two

Based upon the results of Exp. 1, in which responses to indomethacin were variable, a second experiment was conducted to re-examine the effects of indomethacin on OT release from corpora lutea *in vitro*. A second objective of this experiment was to examine the effects of the calcium ionophore A23187 on OT synthesis and release. Tissue aliquots (216.8 \pm 4.9 mg) were placed into siliconized flasks (prepared in duplicate) containing 1.99 ml Ham's F-12 to which were added: 1) vehicle, 10 μ l DMSO (unincubated control); 2) vehicle (incubated control); 3) 100 μ M indomethacin; 4) 0.3 μ M A23187. This concentration of ionophore was shown to enhance protein kinase C activity by Kaibuchi *et al.* (1983). Tissue slices were incubated, centrifuged and frozen as in Exp. 1.

Extraction and radioimmunoassays

Oxytocin released into the incubation media was assayed directly without extraction. Tissue OT was extracted as described by Abdelgadir et~al. (1987) and the mean extraction efficiency was $84.4 \pm 1.7\%$. Oxytocin was measured by radioimmunoassay as described by Abdelgadir et~al. (1987). Sensitivity of the assay was 0.25~pg/tube~(P<0.05,~n=32). The intra- and interassay coefficients of variation were 8.0~(n=7) and 10.2%~(n=9), respectively. Quantity of OT in media was considered to represent secretion and OT synthesis was estimated by subtracting initial tissue levels from the sum of the incubated tissue levels and the levels of OT secreted during incubation.

Progesterone extraction and radioimmunoassays were conducted as described by Koligian and Stormshak (1977). The mean extraction efficiency was $90.3 \pm 4.0\%$. Sensitivity of this assay was 10 pg/tube (P<0.05, n = 10). Intra- and interassay coefficients of variation were 9.0 (n=6) and 4.3% (n=5), respectively.

Statistical analyses

Data involving effects of two concentrations of TPA on OT synthesis and secretion were analyzed statistically by analysis of variance for an experiment of randomized block design. Effects of indomethacin in combination with TPA were evaluated by use of split-plot analysis of variance for a experiment of 2x2 factorial design. Effects of TPA on progesterone secretion in Exp. 1, indomethacin in Exps. 1 and 2 and A23187 in Exp. 2 were analyzed by use of Student's paired t-test.

RESULTS

Experiment One

In vitro effects of TPA on luteal tissue levels of OT after incubation and on the quantity of OT released by luteal tissue are depicted in Fig. 1. Levels of OT released by unincubated tissue $(46.3 \pm 12.0 \text{ ng/g} \text{ of tissue})$ were subtracted from the total quantity of OT released into incubation media. Initial levels of OT in sliced, washed luteal tissue were $390.3 \pm 60.2 \text{ ng/g}$ (Fig. 1). Although neither concentration of TPA altered tissue levels of OT during the 2 h incubation period, both levels of TPA caused a significant increase in OT secretion relative to the control (P<0.01, Fig. 1). While the higher level of TPA

tended to cause a greater secretion of OT, the effects of the two concentrations of phorbol ester on this characteristic did not differ. Synthesis of OT, as determined by subtracting initial tissue levels of OT from total OT after incubation (released OT + tissue OT), was significantly increased by both concentrations of TPA (P<0.02, Fig. 2). The higher level of TPA appeared to be more effective in increasing OT synthesis than the lower concentration; however, the difference in response was not significant.

Changes in luteal OT secretion in response to indomethacin may be seen in Fig. 3. While indomethacin did not cause a significant change in OT release, it inhibited the stimulatory effects of TPA (indomethacin x TPA interaction: P<0.005).

In addition to enhancing OT secretion, TPA (0.81 nM) caused an increase in progesterone release ($ng \cdot g^{-1} \cdot 2h^{-1}$; control, 1056.2; 0.81 nM TPA, 1333.3; common SE = 86.4; P<0.025). The TPA-induced secretion of progesterone and OT occurred concomitantly.

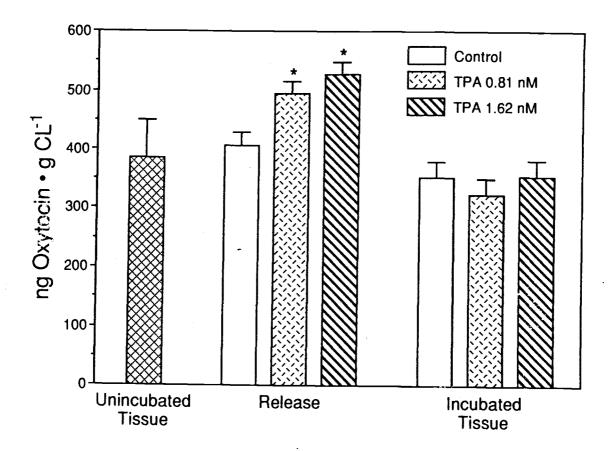


Fig. 1. Oxytocin concentrations in unincubated luteal tissue (mean \pm SE) and in tissue and media (mean \pm common SE) after 2 h incubation with TPA on day 8 of the estrous cycle.

^{*}Different from control (P<0.01).

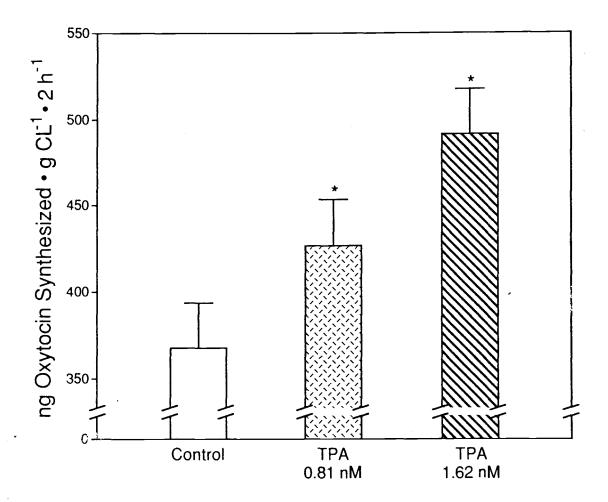


Fig. 2. Oxytocin synthesis (mean ± common SE; P<0.02) by luteal tissue during 2 h incubation with TPA on day 8 of the estrous cycle.

*Different from control (P<0.02).

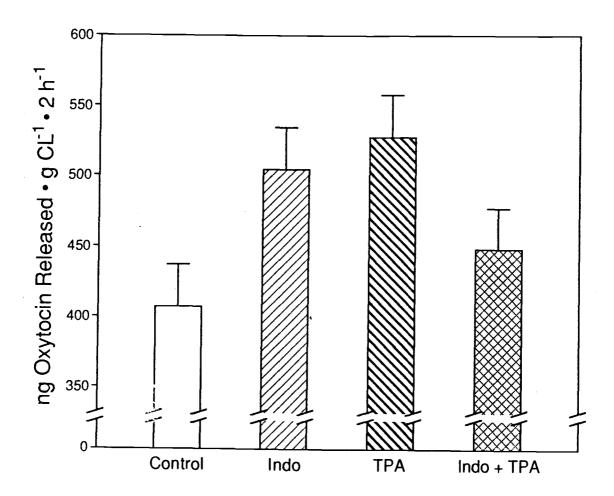


Fig. 3. Oxytocin release (mean \pm common SE) by luteal tissue into media after 2 h incubation with 1.62 nM TPA and(or) 100 μ M indomethacin (TPA x indomethacin interaction, P<0.005).

Experiment Two

Levels of OT released by unincubated tissue (18.7 \pm 7.7 ng/g of tissue) were subtracted from the quantity of OT released during incubation. As in Exp. 1, indomethacin did not alter the release of OT (control: 248.9 ng·g⁻¹·2h⁻¹; indomethacin: 290.4 ng·g⁻¹·2h⁻¹; common SE = 19.5). Calcium ionophore A23187 significantly increased the secretion of OT (P<0.01; Table 1), and increased OT synthesis slightly (P≈0.09).

DISCUSSION

The acquired data indicate for the first time that the phorbol ester TPA stimulates OT synthesis and secretion from bovine luteal tissue *in vitro*. This phorbol ester is able to intercalate into the plasma membrane and, because of its structural similarity to diacylglycerol, directly activate protein kinase C (Castagna *et al.*, 1982; Nishizuka *et al.*, 1984). It is possible that TPA-activated protein kinase C played some role in the secretion of OT although effects of this phorbol ester via other intracellular pathways cannot yet be excluded. Although there is strong evidence that protein kinase C is the major receptor for TPA, it does not appear that this kinase exists as a single, homogeneous class of receptors (Blumberg, 1988). Nevertheless, support for a role of this kinase in luteal OT production was provided by the observation that phospholipase C, an enzyme that causes diacylglycerol production and thus protein kinase C activation, increased OT secretion from ovine luteal slices (Hirst *et al.*, 1988).

Table 1. Oxytocin released and synthesized by bovine luteal slices in response to incubation with calcium ionophore A23187

A23187 (μM)	n	Mean OT (ng · g-1 · 2h-1)	
		Releasea	Synthesis ^a
0 (control) 0.3	5	248.9	129.4
0.3	5	327.4 ^b	165.6 ^C

aCommon estimate of the standard error = 16.0 (release); 16.4 (synthesis). $^{b}P<0.01$ compared to control. $^{c}P\approx0.09$.

Furthermore, this phospholipase-induced increase was not observed in the presence of $CoCl_2$, which inhibits calcium entry into cells (Hirst *et al.*, 1988). Because $PGF_{2\alpha}$ can stimulate phosphoinositide hydrolysis in bovine luteal cells (Davis *et al.*, 1987b), and if indeed protein kinase C is involved in OT synthesis and secretion, this enzyme might be a contributory factor in the stimulation of OT secretion *in vivo* and *in vitro* by $PGF_{2\alpha}$.

In the current experiments, OT concentrations did not differ among unincubated control, incubated control or TPA-treated tissues, indicating that OT release was accompanied by an increase in synthesis of this nonapeptide. Abdelgadir *et al.* (1988) found that during a 2 h incubation period OT secretion was due to a release of stored hormone. Thus OT synthesis observed in the present study apparently was not the result of increased OT mRNA translation, but rather post-translational processing of a prohormone. This possibility is also supported by the data of Ivell *et al.* (1985) who reported that OT mRNA concentrations were maximal on day 3 of the bovine oestrous cycle, had decreased by day 7 and were basal by day 11, which suggests that OT mRNA levels were low in day 8 corpora lutea used for the present study.

Results of the current study also indicate that the calcium ionophore A23187 can enhance OT secretion in the bovine corpus luteum. Similar effects of this compound on OT secretion by ovine luteal cells have been reported (Hirst *et al.*,1986). The actions of this ionophore are presumably a result of its ability to increase intracellular calcium levels. In other tissues A23187 has been shown to act synergistically with phorbol esters or diacylglycerol to enhance protein kinase C activation (Nishizuka *et al.*, 1984). It would be interesting to examine interactions between TPA and A23187 in order to

determine if the ionophore affects kinase C activity and thereby stimulates OT secretion from bovine and ovine luteal tissue.

Indomethacin, a compound shown to decrease intracellular calcium in nonsteroidogenic tissues (Northover, 1982), blocked the stimulatory effects of TPA on bovine luteal OT synthesis and release in the present study. It is possible that the suppression of TPA-induced OT secretion and synthesis by indomethacin reflects the ability of this compound to interfere with the availability and(or) utilization of calcium required for protein kinase C activation. The present data do not eliminate the possibility that indomethacin, which also inhibits cyclooxygenase (Vane, 1971; Smith and Lands, 1971), blocked TPA-induced synthesis of an intermediary cyclooxygenase product that in turn promoted OT release. However, the inhibitory effect of this compound on OT synthesis and secretion is not likely attributable to the blocked production of basal levels of prostaglandins because indomethacin alone failed to attenuate the release or synthesis of OT relative to control tissue. Indirect support for our assumption that prostaglandins were not involved is provided also by Burch et al. (1983) who found that the ability of indomethacin to inhibit calcium accumulation by rat and hamster liver mitochondria and microsomes was not dependent on inhibition of prostaglandins and could not be reversed by products of cyclooxygenase activity. The observation that aspirin, ibuprofen and indomethacin at doses inhibitory to cyclooxygenase had no effect on basal OT secretion by ovine luteal slices (Hirst et al., 1988) lends credence to the previous assertion. In the latter study it is noteworthy that indomethacin, but not ibuprofen or aspirin, blocked arachidonic acid-stimulated OT secretion, indicating that the effects of indomethacin were not prostaglandin-dependent (Hirst et al., 1988).

In our study TPA-induced OT and progesterone secretion by luteal tissue *in vitro* occurred concomitantly. These results are in agreement with those of Brunswig *et al.* (1986) who found that TPA levels comparable to those used in the present study increased progesterone release from dispersed bovine luteal cells. The observed increased progesterone production may be the result of effects exerted exclusively in large luteal cells or may require interactions between large and small luteal cells. Levels of TPA from one to 1000-fold those used in the present study were found to have no effect on basal progesterone release by dispersed bovine small luteal cells (Benhaim *et al.*, 1987). Effects of TPA on LH-stimulated progesterone production also appear to vary with cell type and both TPA and LH levels (Brunswig *et al.*, 1986; Benhaim *et al.*, 1987). Tumor-promoting phorbol esters also have been shown to be steroidogenic in other tissues. For example, Shemesh *et al.* (1985) found that TPA stimulated progesterone synthesis in bovine placental cells and calcium ionophore A23187 augmented this increase.

In conclusion it appears that the phorbol ester TPA and agents that specifically alter intracellular calcium levels lead to changes in luteal OT synthesis and release and progesterone secretion. The precise mechanism(s) by which each is able to evoke these responses needs to be delineated.

GENERAL DISCUSSION

Researchers investigating the corpus luteum have served to provide as many questions as answers regarding control and function of this organ.

These questions include those involving regulation of corpora lutea on a systemic level as well as those concerning the molecular aspects of the mechanisms by which this organ functions.

One of the more intriguing aspects of corpus luteum function has been the discovery that it can synthesize and secrete OT. It is curious that quantities of mRNA for OT are apparently maximal several days prior to the time that tissue and serum levels of this hormone reach their zenith during the midluteal phase of the estrous cycle. Thereafter concentrations of OT steadily decline and are minimal at the time of onset of luteolysis. This sequence of events is perplexing, especially from the standpoint of defining a role for this hormone in the course of normal reproductive events.

Because tissue and serum levels of this peptide increase during the first one-half of the cycle, one would expect this peptide to exert some effect on ovarian and(or) uterine function at that time. It is possible that it does but the appropriate responses of these tissues have not yet been investigated. Levels of uterine OT receptors are lowest during the midluteal phase of the estrous cycle which might lead one to believe that this hormone is without effect on the uterus at that stage of the cycle. However, it is conceivable that OT, long known for its ability to evoke smooth muscle contractions, causes some changes in uterine motility required for transport of the blastocyst to an appropriate position within the uterus. This possibility could be investigated perhaps by use of an OT antagonist.

Increased synthesis of OT throughout the early part of the estrous cycle may be of importance in regulating differentiation and maturation of cells that eventually populate the mature corpus luteum. Although the ability of OT to alter progesterone synthesis remains equivocal, a paracrine role for OT may exist by which this peptide regulates cellular differentiation and the possible evolution of small luteal cells into large luteal cells.

The fact that $PGF_{2\alpha}$ promotes OT secretion from the corpus luteum has been amply demonstrated. The possibility that this prostaglandin evokes this secretion through activation of luteal phosphoinositide metabolism and protein kinase C is supported by the results of the present research. In the present study a tumor-promoting phorbol ester induced a release of OT. Because this phorbol ester has been shown to directly activate protein kinase C, and because $\text{PGF}_{2\alpha}$ has been found to cause similar responses in luteal cells of several species, it may be postulated that the mechanism by which this prostaglandin evokes OT synthesis and release involves this kinase. It would be interesting to examine the effects of other kinase C-activating phorbol esters, as well as the effects of inactive phorbol esters. It would also be intriguing to compare dose-related and maximal changes in the ability of both $\text{PGF}_{2\alpha}$ and tumor-promoting phorbol esters to induce OT synthesis and secretion, in addition to investigating interactions of these two compounds with respect to OT production. For example, a synergistic relationship between these two componds would be indicative of a separate modes of action. On the other hand, if TPA and $\text{PGF}_{2\alpha}$ increase OT secretion by a common pathway, cells in the presence of maximally-stimulating dose of one would not be expected to be subject to further stimulation by the other. Finally, it would be appropriate to

correlate the ability of TPA to activate protein kinase C and to induce release of OT from large luteal cells.

The fact that a calcium ionophore also provoked a release of OT serves as evidence that calcium mobilization may be involved in the secretion of this nonapeptide. It is interesting that indomethacin blocked the ability of phorbol ester to stimulate the secretion of OT. Although some evidence suggests that indomethacin can interfere with calcium mobilization, it is conceivable that this compound acts by some other mechanism to interfere with the process of exocytosis. Further research on the action of this compound in the luteal cell is needed.

In the past year it has been discovered that exogenous OT can induce both phosphoinositide hydrolysis and prostaglandin production in human amnion cells in vitro (Moore et al., 1988). These results suggest that the mechanism by which OT evokes prostaglandin secretion from these cells involves the phospholipase C pathway. The possibility of that OT may act in a similar manner in other reproductive tissues (for example, the uterus) is quite intriguing and warrants further investigation. If this indeed proves to be the case, OT could indirectly control its own production and a circular pattern of release would exist. For example, OT could act on the uterus to induce phosphoinositide hydrolysis which could mediate the stimulation of $\ensuremath{\,\text{PGF}_{2\alpha}}$ secretion. Prostaglandin $\text{F}_{2\alpha}$ could then act upon the corpus luteum, stimulate phospholipase C, and therefore kinase C activation, and thereby induce OT secretion, which could feed back to the uterus. This circular pattern of feedback between the ovary and the uterus is the molecular basis for McCracken's theory of luteolysis. Unfortunately, this and McCracken's theories, however attractive, do not explain all aspects of luteolysis. The foremost discrepancy involves the

above mentioned observations that concentrations of OT and its mRNA decrease, not increase, during luteolysis.

Research that could prove useful in answering the above questions and discerning the mechanism of luteolysis and general luteal function would have to examine changes in small and large luteal cells as well as the corpus luteum as a whole. Too often in the past the corpus luteum has been examined as a static tissue, which it is not. Research on a molecular basis must emphasize varying stages of the estrous cycle. Perhaps then this complex and intriguing tissue will be more fully understood.

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