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OREGON STATE UNIVERSITY

NATURAL RESOURCE-DEPENDENT
FAMILIES & COMMUNITIES IN TRANSITION

P U B L I C A T I O N S L I S T



OREGON STATE UNIVERSITY EXTENSION SERVICE

EM 8487 • REVISED NOVEMBER 1993

Please NOTE:

In July 1992 a fire at OSU's Dept. of Printing and Mailing Services destroyed most of our educational materials. Since July we've been busy reprinting and restocking publications lost in the fire. We'll be adding more materials over time.

Publications in italics may not be available yet. Check with your local Extension office, as they may have copies.

How to order publications

You can order most publications in this catalog from Agricultural Communications at Oregon State University by using the order form on page 13.

You may order up to six no-charge publications of one title or single copies of up to six different no-charge publications. If you request seven or more no-charge publications, include 25¢ for each publication beyond six. There is no limit to how many charge (priced) publications you may order.

To order publications with a symbol (* or +) *after the series number*, use the order forms on pages 14 and 15.

Regardless of which order form you use, please include series number, publication title, and price when ordering. Make checks payable to *Oregon State University*.

For more information

See EM 8289, *Educational Materials List*, for a catalog of publications, videotapes, and computer software programs available from the OSU Extension Service and Oregon Agricultural Experiment Station. The catalog contains publications in the areas of livestock, crop and forest production and marketing.

Videotapes

If you're interested in videotapes, visit your local county office of the OSU Extension Service (locations listed on the inside back cover of this publication). They will be able to order them from WRDC or the Extension Stockroom.

Dislocated Worker Information Guide (DWIG)

Spearheaded by the Oregon Economic Development Department's Dislocated Worker Unit (1-800-282-6514), this manual was put together in 1992. The DWIG provides information and resources to dislocated workers about federal, state, and local services available to them and their families.

OSU Extension: Educational Resources for Families & Communities in Transition

As Oregon's Land Grant University, Oregon State University has the responsibility to make available its educational and creative talents to help Oregon's families and communities as they confront the obstacles affecting them. University-wide efforts to draw on existing resources to design materials and deliver broad-based educational programs in the areas of:

- Family and Youth
- Community Development
- Local Government Management
- Public Issues Education
- Leadership

As an Extension Community Outreach Specialist, my goal is to create "bridges" between OSU's resources in these areas and the natural resource-dependent communities and their families. Bridges will be created by bringing in concerns and challenges of these communities and bringing out relevant assets of the university. Working through local county Extension offices (see list on inside back cover) and in cooperation with other state and federal agencies, we will work with natural resource-dependent families and communities to determine and address their needs with timely, applicable programs.

I hope this list of carefully selected publications will be a helpful resource for natural resource-dependent families and communities in transition.

—Flaxen D.L. Conway

OSU Extension Community Outreach Specialist

OR HEO/Ex8 .4Ex8/2 :8487/993 (503) 737-1418

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Natural resource-dependent families & communities in

Publications that may interest you

Family and Youth

Family Finance

- EC 1059 What To Do If You Lose Your Job
- EC 1270 Your Saving/Spending Plan
- EC 1302 *Organizing Your Family Records, 75¢*
- EC 1381 Preparing and Using Financial Statements, 75¢
- EC 1391 Managing Between Jobs: Setting
 Spending Priorities
- EC 1392 Managing Between Jobs: Strategies for
 Spending Less
- EC 1393 Managing Between Jobs: Deciding Which
 Bills to Pay First
- EC 1394 Managing Between Jobs: Talking With Creditors
- EC 1395 Managing Between Jobs: Keeping a
 Roof Overhead
- EC 1396 Managing Between Jobs: Bartering
- EC 1397 Managing Between Jobs: Making the Most of
 What You Have
- FS 316 Stages in Money Management for Stepfamilies
- FS 321 When Friends or Family Ask For Money
- PNW 237 *A Guide to Budgeting For the Family, 50¢*
- PNW 258 *Budgeting For the Young Couple, 25¢*
- Videos** Tracking Your Spending (Ext. Stockroom)
- Making Ends Meet (Ext. Stockroom)
- Home Works #1: Thinking About a Home
 Business
- Home Works #2: Financial and Legal Issues
- Home Works #3: Pricing For Profit

Families Finance, continued

- Home Works #4: How to Market a Product or Service
- Home Works #5: Managing Your Time and Your Life
- Home Works #6: Fact and Fantasy
- Home Works #7: Taking Risks
- ("Home Works" available from Ext. Stockroom)

Families and Children

- EC 1289 Helping Children Grow: Using Discipline Constructively
- EC 1290 Helping Children Grow: The Causes and Prevention of Child Abuse
- EC 1291 Helping Children Grow: Listening To Your Child
- EC 1293 Helping Children Grow: Developing Personal Identity
- EC 1296 Helping Children Grow: Dealing With Problem Behavior
- EC 1312 Helping Children Grow: Handling Children's Fears
- EC 1313 Helping Children Grow: Finding Community Support
- EC 1325 Helping Children Grow: Teaching Children Values
- EC 1386 Talking to Your Family and Doctor About Difficult Health Care Decisions, \$1.25
- EC 1398 Managing Between Jobs: Accepting Your Feelings
- EC 1399 Managing Between Jobs: Living Better With Stress
- EC 1400 Managing Between Jobs: Identifying Sources of Support and Friendship
- EC 1401 Managing Between Jobs: How You Can Help When Your Mom or Dad is Unemployed

Gardening

- EC 628 *How to Take a Soil Sample ... And Why*
- EC 631 *Controlling Diseases and Insects in Your
Home Orchards*
- EC 824 *Soil and Water Management for Home Gardens, 25¢*
- EC 871 *Planning a Home or Farm Vegetable Garden, 75¢*
- EC 1247 *Gardening with Composts, Mulches, and Row
Covers, 50¢*
- FS 220 *Collecting and Storing Seeds From Your Garden*
- FS 242 *Discourage Plant Diseases in Your Home Garden*
- FS 246 *Constructing Coldframes and Hotbeds*
- FS 270 *Raised Bed Gardening*
- FS 304 *Cover Crops for Home Gardens*

Clothing and Textiles

- EC 1160 *Caring For Outerwear Garments*
- EC 1161 *Repairing Outerwear Garments, 50¢*
- EC 1266 *Sewing for Profit, \$1.25*
- EC 1279 *Today's Clothing Care: Garment Labels/The
Consumer's Information Source, 50¢*
- EC 1284 *Selecting and Using Laundry Aids, 50¢*
- PNW 166 *Removing Stains From Fabrics, 25¢*
- Videos** *Sewing to Success (Ext. Stockroom)*
- Sewing Today ... The Time Saving Way
(Ext. Stockroom)*
- Altering Ready-to-Wear Clothing, Parts 1 and 2
(Ext. Stockroom)*

Aging

- EC 1221 Families and Aging: A Guide to Legal Concerns, \$1.25
- PNW 246 Aging Parents: Helping When Health Fails, 50¢
- PNW 314 Helping Memory-Impaired Elders: A Guide for Caregivers, 50¢
- PNW 315 Coping With Caregiving: How to Manage Stress When Caring for Elderly Relatives, 75¢
- PNW 318 Living Arrangements in Later Life, \$1.00
- PNW 342 Alcohol Problems in Later Life, 75¢
- PNW 344 Helping Your Older Family Member Handle Finances, 50¢
- PNW 345 Financing Health Care in Later Life, \$1.00
- PNW 347 Depression in Later Life: Recognition and Treatment, \$1.50
- PNW 392 Using Medicine Safely, \$1.25
- PNW 393 Using Medicine Safely in Later Life, 75¢

Housing, Home Furnishings, and Energy

- EC 1058 *Energy Guide—A Tool for Appliance Shoppers*
- EC 1240 *How to Build Storm Windows*
- EC 1286 *Finding and Fixing Hidden Air Leaks*
- EC 1387 Burn Dry Firewood for Safer, Cleaner Burning and Efficiency
- EC 1389 Build a Solar Wood Dryer
- EC 1404 Operate and Maintain Your Wood Stove for Safer, Cleaner Burning and Efficiency
- EC 1405 Energy Efficient Windows, \$1.50
- WRAES 79 *Limited Space Living*
- Videos** Stopping Home Air Leaks
Insulating Ceilings, Walls and Floors
Storm Windows & Insulating Window Treatments
10 Quick Ways to Cut Energy Bills
(Ext. Stockroom)

Community Development

Community & Regional Economics

- EM 8414 Waterfront Revitalization for Small Cities, \$16.00
- SR 813+ *An Economic Profile of Josephine County Oregon*
- SR 685+ *Economic Development Tools for Oregon Ports*
- WRDC 29* Understanding Your Local Economy: Economic Base Analysis and Local Development Strategies, \$1.00
- WRDC 36* The Aging Population, Retirement Income and the Local Economy, \$1.15
- WRDC 37* Job Creation in Rural Areas: A Selected Annotated Bibliography, \$2.00
- WREP 45* Population Change: Do You Know the Trends in Your Community? 25¢
- WREP 52* Helping Small Towns Grow, 50¢
- WREP 57* Marketing the Uniqueness of Small Towns, 50¢
- WREP 89* Developing Local Businesses as Job Providers, 50¢
- WREP 90* Commercial Sector Development in Rural Communities: Trade Area Analysis, 50¢
- WREP 91* Assessing, Managing, and Mitigating the Impacts of Economic Decline: A Community Perspective, 75¢
- WREP 92* Revitalizing the Small Town Main Street, 75¢
- WREP 93* Population Change in Local Areas, \$1.00
- WREP 105* Designing a Citizen Involvement Program: A Guidebook for Involving Citizens in the Resolution of Environmental Issues, \$5.00
- WREP 111* Community-Based Small Business Start-Up Funds, \$1.00

Small Business Management

- EC 1205 *Your Business Decision to Buy a Microcomputer System, 75¢*
- EC 1222 *Managing a New Business: A Beginner's Guide to Financial Concepts and Tools, \$1.00*
- EC 1223 *Government Requirements for New and Existing Businesses in Oregon, \$1.00*
- EM 8340 *Identifying Farm/Ranch and Family Goals, \$2.00*
- SG 82 *Albacore Tuna: A Quality Guide for Off-The-Dock Purchasers, 50¢*
- WRDC/GDB* *Getting Down to Business, \$55.00*
- Videos** *How to Really Start Your Own Business (WRDC*)*
How to Succeed in a Home Business (WRDC)*

Local Government Management

Government and Taxes

- EC 971 *Oregon Port Commissioners—The Job and How to Seek It, 25¢*
- EC 976 *Oregon Port Commissioners—Suggestions for Effective Port Management, 25¢*
- EC 979 *Oregon's Smaller Ports—What They Do and How They Are Financed, 25¢*
- EM 8395 *Your Port and The Local Economy, \$1.50*
- EM 8399 *Your Port and Economic Growth, \$1.50*
- EM 8409 *Your Port Activities, Finance, & Gov., \$2.00*
- AREc+ *Oregon Fiscal Choices: Judging Tax Changes*
- AREc+ *Oregon Profiles: Demographic & Economic Characteristics of Oregon's Timber-Dependent Communities*

Policy Issues, continued

- FCL 512* Communicate With Local Officials, 25¢
FCL 513* How To Use Power, 25¢
FCL 514* Lobby? You? 25¢
FCL 521* Running a Campaign, 25¢
FCL 522* Public Policy: Get Involved, 25¢
PNW 362 Salmon & The Columbia River System, 75¢
WREP 21* Citizen Involvement Strategies in Community
Growth Issues, 25¢
WREP 22* Interagency Coordination and Rapid Community
Growth, 25¢
WREP 23 The Public Policy Process: Its Role In Community
Growth
WREP 105* Designing a Citizen Involvement Program: A
Guidebook For Involving Citizens in the
Resolution of Environmental Issues, \$5.00

Leadership

Leadership

- CORN 99 Parliamentary Procedures—Teach Yourself, \$2.25
EM 8480 Facilitate to Make Things Easier, \$1.25
EM 8481 Leadership For the 90s, \$1.25
EM 8482 Advisory Councils, \$1.25
FCL WA* Leadership and Groups, 50¢
FCL WA* Communication: Listening and Lobbying, 25¢
FCL 201* The Art of Delegating, 25¢
FCL 202* Competent Leaders, 25¢
FCL 211* How to Run Better Business Meetings, 25¢
FCL 212* Public Meetings—Handling Controversy, 25¢
FCL 231* Problem Solving in Groups, 25¢

Leadership, continued

- FCL 241* Values: Working With People, 25¢
- FCL 2220* Communication—Lesson Ideas, 25¢
- FCL 2221* Communications One: Listening and Feedback, 25¢
- FCL 2222* Communications Two: Communication Model and Types, 25¢

Group Process

- FCL WA* When People Don't Agree, 50¢
- FCL 301* Forming a Group, 25¢
- FCL 302* Creative Group Discussions, 25¢
- FCL 303* Effective Groups, 25¢
- FCL 311* Networking, 25¢
- FCL 321* Groups—How They Decide, 25¢
- FCL 331* This Is a Difficult Member—Handle With Care, 25¢
- FCL 411* Be Prepared For Change
- FCL 501* Choices For Political Action at the Local Level
- FCL 514* Lobby? You?

Volunteerism

- FCL 601* Board Effectiveness, 25¢
- FCL 602* Problems Encountered by Volunteer Groups, 25¢
- FCL 611* So You're a Volunteer! 25¢
- PNW 428 Volunteer Program Training Guide

Family Community Leadership (FCL)

One of the best leadership resources may be right there in your county. The Family Community Leadership (FCL) program of the OSU Extension Service is an educational program. FCL was designed to help meet the growing need for leadership to represent families in public decision making and encourage citizen involvement.

Check the following county names to see those that are or have been involved in the FCL program:

Baker	Gilliam/Wheeler	Morrow
Benton	Jefferson/Warm Springs	Multnomah
Coos	Lake	Polk
Crook	Lane	Sherman/Wasco
Curry	Lincoln	Washington
Deschutes	Linn	Yamhill
Douglas	Marion	

The State office for the FCL program:

Family Community Leadership
Oregon State University
Ballard Extension Hall 307
Corvallis 97331-3607
Ph. (503) 737-3621

Publications Order Form (for * pubs)

Use this form for publications with an *. Please indicate series number, publication title, and price when ordering. Make checks payable to *Oregon State University*.

To: Western Rural Development Center
Oregon State University
Ballard Extension Hall 307
Corvallis, OR 97331-3607
503/737-3621

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Oregon State University
Ballard Extension Hall 213
Corvallis, OR 97331-3601

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Oregon County Extension Offices

- BAKER—2610 Grove St., Baker City 97814, Ph. 523-6418
- BENTON—1849 NW Ninth, Suite 8, Corvallis 97330, Ph. 757-6750
- CLACKAMAS—200 Warner-Milne Rd., Oregon City 97045, Ph. 655-8631
- CLATSOP—2050 Marine Dr., P.O. Box 207, Astoria 97103, Ph. 325-8573
- COLUMBIA—Courthouse, St. Helens 97051, Ph. 397-3462
- COOS—Coos Co. Coquille Annex, 290 N. Central, Coquille 97423, Ph. 396-3121, Ext. 242
- CROOK—Courthouse, Prineville 97754, Ph. 447-6228
- CURRY—950 S. Ellensburg, P.O. Box 488, Gold Beach 97444, Ph. 247-6672
- DESCHUTES—1421 S. Hwy 97, P.O. Box 756, Redmond 97756, Ph. 548-6088
—1340 NW Wall, Bend 97701-1905, Ph. 385-1410
- DOUGLAS—1134 S.E. Douglas Ave, P.O. Box 1165, Roseburg 97470, Ph. 672-4461
- GILLIAM—Courthouse, P.O. Box 707, Condon 97823, Ph. 384-2271
- GRANT—Courthouse, P.O. Box 69, Canyon City 97820, Ph. 575-1911
- HARNEY—Courthouse, 450 North Buena Vista, Burns 97720, Ph. 573-2506
- HOOD RIVER—2990 Exp. Station Dr., Hood River 97031, Ph. 386-3343
- JACKSON—1301 Maple Grove Drive, Medford 97501, Ph. 776-7371
- JEFFERSON—34 S.E. "D" St., Madras 97741, Ph. 475-3808
—1110 Wasco St., P.O. Box 430, Warm Springs 97761, Ph. 553-3238
- JOSEPHINE—215 Ringuette St., Grants Pass 97527, Ph. 476-6613
- KLAMATH—3328 Vandenberg Rd., Klamath Falls 97603, Ph. 883-7131
- LAKE—Courthouse, Lakeview 97630, Ph. 947-6054
- LANE—950 W. 13th Ave., Eugene 97402-3999, Ph. 687-4243
- LINCOLN—29 S.E. Second St., Newport 97365, Ph. 265-4107
- LINN—4th & Lyons, P.O. Box 765, Albany 97321, Ph. 967-3871
- MALHEUR—710 S.W. 5th Ave., Ontario 97914, Ph. 881-1417
- MARION—3180 Center St. N.E. Room 160, Salem 97301, Ph. 588-5301
- MORROW—430 Heppner-Lex Hwy, P.O. Box 397, Heppner 97836, Ph. 676-9642
- MULTNOMAH—211 S.E. 80th, Portland 97215-1597, Ph. 254-1500
- POLK—182 S.W. Academy, Suite 202, P.O. Box 640, Dallas 97338, Ph. 623-8395
- SHERMAN—Courthouse, P.O. Box 385, Moro 97039, Ph. 565-3230
- TILLAMOOK—2204 Fourth St., Tillamook 97141-2491, Ph. 842-3433
- UMATILLA—721 S.E. Third St., Suite 3, Pendleton 97801-3056, Ph. 276-7111, Ext. 235
- UNION—10507 N. McAlister Rd., LaGrande 97850, Ph. 963-1010
- WALLOWA—309 W. Garfield St., Enterprise 97828, Ph. 426-3143
- WASCO—207 Courthouse Annex A, 400 E. 5th, The Dalles 97058, Ph. 296-5494
- WASHINGTON—2448 S.E. Tualatin Valley Hwy., Courthouse, Hillsboro 97124,
Ph. 681-7007
- WHEELER—Courthouse, 701 Adams St., P.O. Box 407, Fossil 97830-0407, Ph. 763-4115
- YAMHILL—2050 Lafayette St., McMinnville 97128-9333, Ph. 434-7517



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