

Recall Exercises—continued

**Step #7—Formal Recall—
On-Leash**

Dog Comes from Sit-Stay—Sits in Come Position:

Dog on-lead, sitting in heel position; command “**Stay**” using voice and signal. Walk **straight away** to end of lead; turn to the **left** to face dog. Say dog’s name, command “**Come**” as you **pop towards you, praise, charge away praising**. (Occasionally hold lead in left hand; simultaneously give command, correction, and hand signal by moving right arm directly out from shoulder, make quick motion towards chest, return arm immediately to natural position at side; **charge away praising**). Dog is **running** towards you, gather up the slack. When dog is **straight in front**, command “**Sit**,” **pop straight up, praise**. Dog sits in come position, pivot back to heel position, give “**OK**” release, **praise**. When dog performs reliably, occasionally eliminate “**Sit**” command and corrections. If dog doesn’t sit **straight and close on first command**, abort exercise with “**OK**.” Reinforce “**Sit**” command and come position with Random Sits and Stationary Comefore. Alternate Informal Recall, Recall, and Sit-Stay.

Goal: Dog maintains Sit-Stay; responds quickly to “**Come**” command; sits in come position.

**Step #8—Formal Recall on
Check-Line**

Dog Comes from Sit-Stay—Sits in Come Position:

Dog sitting in heel position, attach check-line, remove lead. Command “**Stay**” using voice and signal. Walk **straight away** to end of check-line; turn to the **left** to face dog. Say dog’s name, command “**Come**” as you **pop towards you, praise, charge away praising**. As dog is running towards you, sometimes gather up the slack; sometimes toss check-line aside; sometimes turn and run away **praising**; as dog is almost to you, turn to face dog; when dog is **straight** in front, command “**Sit**.” Dog sits in come position, give “**OK**” release, **praise**; or, pivot back to heel position, give “**OK**” release, **praise**. When dog performs reliably, eliminate “**Sit**” command and corrections. If dog doesn’t run directly to you, pivot to face dog, **pop towards you, charge away praising**. When dog

is to you, give “**OK**” release, **praise**, attach lead, **praise**; repeat exercise on-lead **with automatic correction**. If dog doesn’t sit **straight and close on first command**, abort exercise with “**OK**” and **praise**. Attach lead, **praise**, reinforce “**Sit**” command and come position with Random Sit, Stationary Comefore, and Comefore. Alternate Recall, Informal Recall, and Sit-Stay.

Goal: Dog maintains Sit-Stay; responds quickly to “**Come**” command; sits in come position.

Step #9—Formal Off-Lead Recall

Off-Lead Recall: Dog must be reliable on-lead before beginning off-lead work. Practice all steps of the Recall exercise **on-lead**, critically evaluate the dog’s performance. When the goal of each step is mastered and dog reliably performs Recall on Check-Line, Step Eight, begin off-lead work. Dog sitting in heel position, remove lead; command “**Stay**” using voice and signal. Walk **straight away 6 feet**; turn to the **left** to face dog. Say dog’s name, **simultaneously** command “**Come**” (use same arm action as “**pop**” first few times), **praise, charge away praising**. Practice Informal Recall as directed in Steps Four and Six, and Recall as directed in Steps Seven and Eight, **off-lead**. At first mistake off-lead, attach lead, **praise**; then do step or **portion of step where mistake occurred, several times with an automatic correction**. Remove lead, **praise**, repeat off-lead. Dog steadies as trainer **patiently** alternates between on- and off-lead work. Gradually increase distance to 35 feet; eliminate backward motion.

If Dog Doesn’t Come on First Command: Do not repeat “**Come**” command! Go to dog, **praise**, attach lead, **praise**; practice Informal Recall, Step Four, **several times with an automatic correction**. Remove lead, **praise**, repeat off-lead.

If Dog Comes Before Called: Give “**OK**” release, **charge away praising**. When dog is to you, **praise**, attach lead, **praise**. To eliminate anticipation, alternate Sit-Stay and Recall Exercises; vary time dog stays before calling. Anticipation is a signal to the trainer that there is not enough variation in training and that

review on all steps of the Sit-Stay is needed.

Do not correct the dog for coming to you.

Abort the exercise, greet the dog, **then** work on the Sit-Stay

If Dog Comes Slowly: Give “OK” release, **charge away praising**. When dog is to you, **praise**, attach lead, **praise**; practice Informal Recall, Step Four, **several times with an automatic correction**. Remove lead, **praise**, repeat off-lead.

If Dog Bolts: **Calmly** go to dog, attach lead, **praise**, practice Random Recall, Step Two, and Informal Recall, Step Four; also, review Informal Recall on Check-Line, Step Six, and Recall on Check-Line, Step Eight. When dog responds promptly to “Come” command, remove lead, **praise**, repeat off-lead.

If Dog Doesn’t Sit Straight in Front: Abort exercise with “OK” and **praise**. Attach lead, **praise**; reinforce “Sit” command and come position with Random Sit exercise, Stationary Comefore, Step Three, and Comefore, Step Five. When dog responds promptly to “Sit” command, remove lead, **praise**, repeat off-lead.

Off-Lead Formal Recall: Dog off-lead, sitting in heel position, command “Stay” using voice and signal. Walk **straight away 35 feet**; turn to the **left** to face dog. Stand **straight and still** with hands at side. Say dog’s name, command “Come,” dog charges to you and sits in come position. Command “Heel,” dog flips to heel position, give “OK” release, **praise**. Continuous repetition of the Formal Exercise may slow the dog down. To avoid this problem, practice Recall Exercises Off-Lead, following the instruction detailed in Recall on Check-Line, Step Eight; **occasionally** practice Formal Off-Lead Recall.

Goal: Trainer 35 feet away, facing dog, standing straight and still with hands at side. Dog responds quickly to “Come” command, runs to trainer, sits in come position, flips to heel position on command.

Come Position Exercises

Before Beginning: Dog **must** know Random Sit, Stationary Comefore, Comefore, and Recall Exercise.

Positioning Exercises: Fun exercises to teach dog how to maneuver to **come position**. When first teaching, use extra commands and body motion, and **praise for any response**.

Corrections: All corrections are a 4- to 6-inch **pop and release** that teaches the dog to move himself. They **always** are made in the direction the trainer wants the dog to move, and are **always accompanied by praise**. Make maneuvering to **come position** a game; correct **only if needed**.

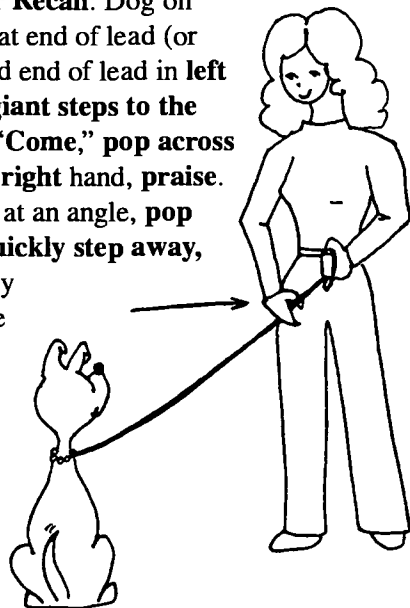
Off-Lead: On all exercises, when dog is reliable, practice off-lead. At first mistake, attach lead, **praise**, and repeat exercise with **automatic correction**. Remove lead, **praise**, repeat off-lead.

1. **Heel Position to Come Position:** Dog on-lead, sitting in heel position. Trainer’s **right** foot remains in position. Command “Come,” step forward with **left** foot, **pop forward** with **left** hand, **praise**. Dog **starts** forward, return **left** foot to original position, **pop towards you**, take **one step backward**, **praise**; dog sits in come position. If needed, command “Sit,” **pop straight up**, **praise**. Gradually eliminate step forward and step backward. Dog should go quickly from heel position to come position on command.
2. **Hop Forward in Come Position:** Dog on-lead, sitting in come position. Both hands on lead, close to collar. Command “Come” as you take **small** steps backward, **pop towards you**, **praise for any response**. Dog should **hop forward in come position**.
3. **Side-Step-Right in Come Position:** Dog on-lead, sitting in come position. Command “Come,” **side-step to the right**, **pop across your body** with **left** hand, **praise**, step backward, **pop toward you**, **praise**; dog sits in come position. Gradually eliminate step backward. Dog should **Side-Step-Right** with trainer and maneuver to come position.

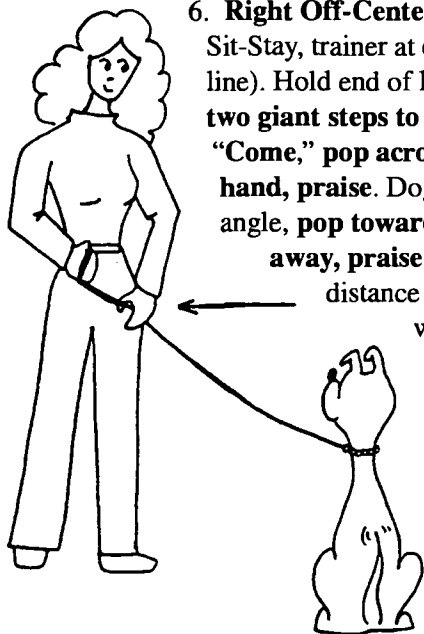
Come Position Exercises—continued

4. **Side-Step Left in Come Position:** Dog on-lead, sitting in come position. Command “Come,” **side-step to the left, pop across your body with right hand, praise, step backward, pop towards you, praise;** dog sits in come position. Gradually eliminate step backward. Dog should **Side-Step-Left** with trainer and maneuver to come position.

5. **Left Off-Center Recall:** Dog on Sit-Stay, trainer at end of lead (or check-line). Hold end of lead in **left hand**; take **two giant steps to the left**. Command “Come,” **pop across your body with right hand, praise.** Dog approaches at an angle, **pop towards you, quickly step away, praise.** Gradually increase distance and eliminate backward motion. Dog should come quickly on command and maneuver to come position.



6. **Right Off-Center Recall:** Dog on Sit-Stay, trainer at end of lead (or check-line). Hold end of lead in **right hand**; take **two giant steps to the right**. Command “Come,” **pop across your body with left hand, praise.** Dog approaches at an angle, **pop towards you, quickly step away, praise.** Gradually increase distance and eliminate backward motion. Dog should come quickly on command and maneuver to come position.



Finish Exercises

These exercises teach the dog to go from come position to heel position on command. To gain a competitive edge, the dog is taught two types of finishes, Flip and Round. Each finish has its own command. Both finishes should be practiced until perfected.

Flip Finish: On command, dog quickly leaves come position by moving past trainer's **left** side, turning to sit in heel position.

Round Finish: On command, dog quickly leaves come position by moving past trainer's **right** side, wrapping snugly around trainer to sit in heel position.

Flip Finish

1. **Guide and Step Back:** Dog on-lead, sitting in come position. **Left** hand is on lead **close to collar**. Trainer's **right foot remains in position**. Simultaneously command “Heel,” **step back on left foot**, guide dog back and slightly **left** with left hand, **praise**. Gear step back to size of dog; step should be no longer than dog's body length. As dog's hip passes trainer, turn dog around and in towards left leg. Return left leg to original position as you guide dog to heel position, **praise**. If needed, command “Sit,” pop straight up, and **praise**.
2. **Pop Back and Step Back:** Same as Step 1, **except:** instead of guiding, use 4- to 6-inch pop with praise.
3. **Pop Back and Stand Still:** Same as Step 2, **except:** **gradually** decrease and eliminate step back with left foot. If dog **starts** to sit crooked, **quickly pivot left before dog sits**. Alternate Steps 2 and 3.
4. **Formal Exercise:** Dog on-lead, sitting in come position. Stand still, hands at side. Command “**Heel**,” dog quickly leaves come position by moving past trainer's left side, turning to sit in heel position, **praise**. When dog is reliable, practice off-lead. At first mistake, attach lead, **praise**, and practice Steps 2 and 3.

Round Finish

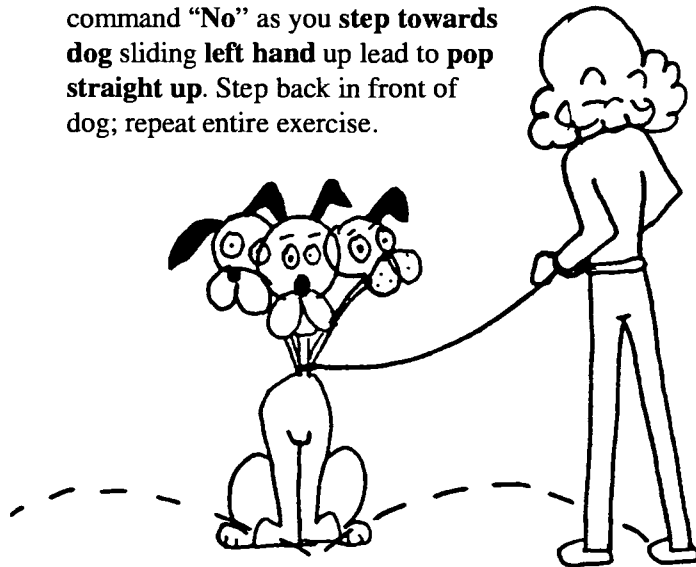
- 1. Guide and Step Back:** Dog on-lead, sitting in come position. Wrap lead snugly to right, behind your body, and hold in left hand. Right hand on lead close to collar. Simultaneously command "Swing," step a half-step back on right foot, guide dog back with right hand, praise. Gear step back to size of dog: no longer than dog's body length. As dog's hip passes trainer, right hand drops lead and joins left hand as you quickly step forward with right foot, pop forward, praise; continue moving forward at a brisk pace.
- 2. Pop Back and Move Forward Quickly:** Dog on-lead sitting in come position. Wrap lead snugly to right, behind your body, and hold in left hand. Right hand on lead, close to collar. Command "Swing," pop back with right hand, praise. Right hand drops lead and joins left hand as you quickly step forward with right foot, pop forward, praise; continue moving forward at a brisk pace.
- 3. Pop Back and Step Forward:** Same as Step 2, except: take one to three brisk steps forward, halt; dog sits in heel position. If needed, command "Sit," gently pop straight up, praise.
- 4. Formal Exercise:** Dog on-lead, sitting in come position. Stand still, hands at side. Command "Swing," dog wraps around trainer to heel position, praise. When dog is reliable, practice off-lead. At first mistake, attach lead, praise, repeat Steps 2 and 3.

Sit-Stay

- 1. 30-Second Sit-Stay—Directly in Front:** Dog sitting in heel position, assume heeling lead hold. Take left hand off lead; command "Stay" as you swing left hand, palm towards dog, fingers pointing down, in front of dog's nose for hand signal. Step out on right foot, pivoting directly in front of dog. Both hands are on lead, close together (no slack in lead, but no tension either), ready to give corrections. Watch your dog! Command "No" and pop straight up for any movement or lack of attention. Command "Watch Me" (demanding tone), turn dog's head towards you. After several seconds, pivot back to heel

position, give "OK" release and extra praise. Absolutely no praise from in front; extra praise at end of exercise. If dog stands before released, you are too late to make a correction; begin again. Gradually increase time directly in front to 30 seconds.

- 2. 1-Minute Sit-Stay—2 Steps in Front:** Dog sitting in heel position, assume heeling lead hold. Command "Stay" using voice and signal. Step out on right foot taking two small steps forward; turn to face dog. Command "Watch Me" (demanding tone), turn dog's head towards you. Both hands are on lead, close together (no slack in lead, but no tension either), ready to give corrections. Be ready to command "No" and pop straight up for any movement or lack of attention. After 1 minute, pivot back to heel position, give "OK" release, praise. Absolutely no praise from in front; extra praise at end of exercise! If dog stands before released, you are too late to correct; begin again.
- 3. Jump to the Right:** Dog on Sit-Stay, trainer two small steps in front, facing dog. Hold lead in right hand; command "Watch Me" as you quickly jump to the right. If dog moves, command "No" as you step towards dog sliding left hand up lead to pop straight up. Step back in front of dog; repeat entire exercise.



Jump to the Left: Same as Jump to the Right, except reverse lead hold; put left thumb through the lead's looped handle, gather up some slack, and quickly jump to the left.

Return to Dog: After jumping, pivot back to heel position, give "OK" release, move from sit,

Sit-Stay—continued

praise. Occasionally do a series of jumps before returning.

Goal: Dog, intensely watching trainer's motion, maintains sit position.

4. **3-Minute Sit-Stay—2 Steps in Front:** Same as Sit-Stay—Step Two, Lesson Three, except dog must stay for **3 minutes**.

Return to Heel Position—Circle Dog: Dog on Sit-Stay, trainer **two small steps** in front, facing dog. Return to heel position by circling around dog to **your right**. While circling, hold slack with **left hand**, keeping lead on dog's **right side**.

Correct for **any movement** with "**No**" as you **pop straight up**. When back to heel position, give "**OK**" release and **extra praise**.

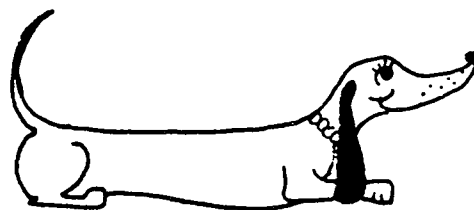
5. **4-Minute Sit-Stay—End of Lead:** Dog sitting in heel position, command "**Stay**" using voice and signal. Step out on **right foot**; walk **straight away** to end of lead; turn to face dog. After 4 minutes, return to heel position, give "**OK**" release and **extra praise**. Practice Sit-Stay, Steps One through Four, around major distractions; demand attention. Quietly praise.

6. **5-Minute Stay—End of Check-Line:** Attach check-line, remove lead; practice stays at 10 feet and then 15 feet. Gradually increase time in front to 5 minutes.

7. **5-Minute Stay—35 Feet Away:** Attach check-line, remove lead; practice stays at 15 feet, then drop check-line and gradually increase distance to 35 feet. Occasionally, do a **5-minute Stay**; vary the direction of return. When dog is reliable, remove the check-line.

Goal: Dog maintains sit position until released, attention on trainer, no correction needed.

Down-Stay



1. Dog must know Down exercise from Pre-Novice.
2. With dog in down position, follow all steps of the Sit-Stay. If dog starts to break position, correct with "**No**" and a **downward pop**. Remember to praise quietly when dog is holding position and paying attention.

Goal: Dog maintains down position until released, attention on trainer, no correction needed.

4-H Dog Obedience Score Sheet Novice Class

Contestant's Number _____ Grade Division _____ Date _____

Name of Show _____ Judge _____

EXERCISE & COMMANDS*	NON QUALIFYING (ZERO)	QUALIFYING	MINOR	Maximum Points	Points Off	NET SCORE
HEEL ON LEASH Forward, Halt, Right turn, Left turn, About turn, Slow, Normal, Fast Exercised finished FIGURE 8 Forward, Halt (2), Exercise finished	Unmanageable ... <input type="checkbox"/> Handler continually adapts pace to dog <input type="checkbox"/> Constant tugging on leash or guiding <input type="checkbox"/>	<input type="checkbox"/> Extra command to Heel <input type="checkbox"/> No change of pace <input type="checkbox"/> Slow <input type="checkbox"/> Fast <input type="checkbox"/> Lagging <input type="checkbox"/> Sniffing <input type="checkbox"/> <input type="checkbox"/> Poorsits <input type="checkbox"/> <input type="checkbox"/> Handler lacks <i>brisk</i> pace <input type="checkbox"/> <input type="checkbox"/> Occasional tight leash <input type="checkbox"/> <input type="checkbox"/> Improper heel position <input type="checkbox"/> <input type="checkbox"/> Heeling wide <input type="checkbox"/> Turns <input type="checkbox"/> Abouts <input type="checkbox"/> <input type="checkbox"/> Forgling <input type="checkbox"/> Crowding handler <input type="checkbox"/> <input type="checkbox"/> Handler error <input type="checkbox"/>	Heeling <input type="checkbox"/> Fig. 8 <input type="checkbox"/>	40		
STAND FOR EXAMINATION Stand your dog and leave when ready. Return to your dog Exercise finished	Sits before or during examination <input type="checkbox"/> Moves away before or during examination <input type="checkbox"/> Grows or snaps .. <input type="checkbox"/> Shows shyness or resentment <input type="checkbox"/>	<input type="checkbox"/> Rough treatment by handler <input type="checkbox"/> Resistance to handler posing <input type="checkbox"/> Moving slightly during exam <input type="checkbox"/> <input type="checkbox"/> Sits as handler returns <input type="checkbox"/> <input type="checkbox"/> Moving after examination <input type="checkbox"/> <input type="checkbox"/> Extra command to Stay <input type="checkbox"/> <input type="checkbox"/> Handler error <input type="checkbox"/>		30		
HEEL FREE OFF LEASH Forward Halt Right turn Left turn About turn Slow, Normal, Fast Exercised finished	Unmanageable ... <input type="checkbox"/> Handler continually adapts pace to dog <input type="checkbox"/>	<input type="checkbox"/> Extra command to Heel <input type="checkbox"/> No change of pace <input type="checkbox"/> Slow <input type="checkbox"/> Fast <input type="checkbox"/> Lagging <input type="checkbox"/> Sniffing <input type="checkbox"/> <input type="checkbox"/> Poorsits <input type="checkbox"/> No sit <input type="checkbox"/> <input type="checkbox"/> Handler lacks <i>brisk</i> pace <input type="checkbox"/> <input type="checkbox"/> Improper heel position <input type="checkbox"/> <input type="checkbox"/> Heeling wide <input type="checkbox"/> Turns <input type="checkbox"/> Abouts <input type="checkbox"/> <input type="checkbox"/> Forgling <input type="checkbox"/> Crowding handler <input type="checkbox"/> <input type="checkbox"/> Handler error <input type="checkbox"/>		40		
RECALL (Done off leash) Leave your dog Call your dog Finish Exercise finished	Didn't come on first command or signal <input type="checkbox"/>	Extra command or signal to stay <input type="checkbox"/> Moved from position <input type="checkbox"/> Anticipated recall command <input type="checkbox"/> Sat out of reach .. <input type="checkbox"/>	<input type="checkbox"/> Slow response to the Come <input type="checkbox"/> Extra com. to Stay before leaving <input type="checkbox"/> Stood or laid down <input type="checkbox"/> Slow sit <input type="checkbox"/> <input type="checkbox"/> Extra com. to Finish <input type="checkbox"/> Poor sit <input type="checkbox"/> <input type="checkbox"/> No sit in front <input type="checkbox"/> Poor finish <input type="checkbox"/> <input type="checkbox"/> No finish <input type="checkbox"/> Touched handler <input type="checkbox"/> <input type="checkbox"/> Handler error <input type="checkbox"/> Sat between feet <input type="checkbox"/>	30		
MAX SUB-TOTAL				140		
LONG SIT (Done off Leash) (1 minute) Sit your dogs Leave your dogs Return to dogs Exercise finished	Did not remain in place <input type="checkbox"/> Goes to another dog <input type="checkbox"/>	Stood or lay down before handler returned <input type="checkbox"/> Repeated barking or whining <input type="checkbox"/>	<input type="checkbox"/> Rough treatment by handler <input type="checkbox"/> Resistance of dog to sit <input type="checkbox"/> Moves minor distance <input type="checkbox"/> Minor bark or whine <input type="checkbox"/> Handler error <input type="checkbox"/> Changes position after return to Heel <input type="checkbox"/>	30		
LONG DOWN (Done off leash) (3 minutes) Down your dogs Leave your dogs Return to dogs Exercise finished	Did not remain in place <input type="checkbox"/> Goes to another dog <input type="checkbox"/>	Sat or stood before handler returned <input type="checkbox"/> Repeated barking or whining <input type="checkbox"/>	<input type="checkbox"/> Rough treatment by handler <input type="checkbox"/> Resistance of dog to down <input type="checkbox"/> Moves minor distance <input type="checkbox"/> Minor bark or whine <input type="checkbox"/> Handler touches dog into down <input type="checkbox"/> Handler error <input type="checkbox"/> Changes position after return to Heel <input type="checkbox"/>	30		
*Before each exercise "Are you ready"				MAX. POINTS	200	
Dog's Lack of willingness or enjoyment of work <input type="checkbox"/> Lack of smoothness and naturalness by the handler <input type="checkbox"/> H. Disciplining <input type="checkbox"/> Shows fear <input type="checkbox"/> Fouling ring <input type="checkbox"/> Excused <input type="checkbox"/>				Less Penalty for Unusual Behavior		
TOTAL NET SCORE						

RIBBON AWARDS (Dogs will be placed in Blue, Red and White award groups at the judges discretion. No minimum score is required to place in any award group.)



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Brad Jeffreys, Extension 4-H youth development specialist,
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