

Open Access Articles

Expression of serotonin, chromogranin-A, serotonin receptor-2B, tryptophan hydroxylase-1, and serotonin reuptake transporter in the intestine of dogs with chronic enteropathy

The Faculty of Oregon State University has made this article openly available. Please share how this access benefits you. Your story matters.

Citation	Bailey, C., Ruaux, C., Stang, B. V., & Valentine, B. A. (in press). Expression of serotonin, chromogranin-A, serotonin receptor-2B, tryptophan hydroxylase-1, and serotonin reuptake transporter in the intestine of dogs with chronic enteropathy. Journal of Veterinary Diagnostic Investigation.
DOI	
Publisher	Sage Publications
Version	Accepted Manuscript
Terms of Use	http://cdss.library.oregonstate.edu/sa-termsofuse



Expression of serotonin, chromogranin-A, serotonin receptor-2B, tryptophan hydroxylase-1, and serotonin reuptake transporter in the intestine of dogs with chronic enteropathy

Candice Bailey, Craig Ruaux,¹ Bernadette V. Stang, Beth A. Valentine

Departments of Clinical Sciences (Bailey, Ruaux, Stang) and Biomedical Sciences (Valentine), School of Veterinary Medicine, Oregon State University, Corvallis, OR.

¹Corresponding Author: Craig Ruaux, Department of Clinical Sciences, School of Veterinary Medicine, Oregon State University, 258 Magruder Hall, Corvallis, OR, 97330. craig.ruaux@oregonstate.edu

Running title: Neurohormone expression in canine chronic enteropathy

Abstract. Serotonin regulates many intestinal motor and sensory functions. Altered serotonergic metabolism has been described in human gastrointestinal diseases. The objective of our study was to compare expression of several components of the serotonergic system [serotonin (5-HT), serotonin reuptake transporter protein (SERT), tryptophan hydroxylase-1 (TPH-1), 5-HT receptor_{2B} (5-HT_{2B})] and the enterochromaffin cell marker chromogranin-A (CgA) in the intestinal mucosa between dogs with chronic enteropathy and healthy controls. Serotonin and CgA expression were determined by immunohistochemistry using banked and prospectively obtained, paraffin-embedded canine gastrointestinal biopsies (n = 11), and compared to a control group of canine small intestinal sections (n = 10). Expression of SERT, TPH-1, and 5-HT_{2B} were determined via real-time reverse transcription polymerase chain reaction (qRT-PCR) using prospectively collected endoscopic duodenal biopsies (n = 10) and compared to an additional control group of control duodenal biopsies (n = 8, Control Group 2) showing no evidence of intestinal inflammation. Dogs with chronic enteropathies showed strong staining for both 5-HT and CgA. Mean positive cells per high power field (HPF) were significantly increased for both compounds in dogs with chronic enteropathies (p < 0.001 for 5-HT and p < 0.05 CgA). The number of 5-HT-positive and CgA-positive cells/HPF showed significant correlation in the entire group of dogs, including both diseased and healthy individuals (Pearson $r^2 = 0.2433$, p =0.016). No significant differences were observed for SERT, TPH-1, or 5-HT_{2B} expression; however, dogs with chronic enteropathy showed greater variability in expression of TPH-1 and 5-HT_{2B}. We conclude that components of the neuroendocrine system show altered expression in the intestinal mucosa of dogs with chronic enteropathy. These changes may contribute to nociception and clinical signs in these patients.

Key words: Chronic enteropathy; dogs; enterochromaffin cells; immunohistochemistry; inflammatory bowel disease; neuroendocrine.

Introduction

The gastrointestinal (GI) tract is the only organ that manifests complex integrative behaviors and reflexes in the absence of input from the central nervous system, mainly because of the enteric nervous system.¹⁶ The enteric nervous system includes both myenteric and submucosal neuronal plexi, spinal and vagal afferent neurons, and the production of both amine and peptide hormones by mucosal enterochromaffin cells (ECCs). The role of the enteric nervous and neuroendocrine system in both normal gastrointestinal motility and dysmotility states, such as irritable bowel syndrome (IBS) in humans, has been extensively reviewed.^{7,39} This neuroendocrine system of the gut plays a significant role in regulating intestinal motor and sensory functions, as well as modulating inflammation. A major mediator for this system is serotonin (5-HT), a monoamine neurotransmitter produced both in the central nervous system and peripherally in ECCs. In the context of GI disease, changes in serotonergic metabolism have received relatively little attention in veterinary species. This is in marked contrast to human medicine, where 5-HT metabolism in the GI tract has been an area of active interest for over half a century.³² The intestinal mucosa is the dominant site of 5-HT synthesis in mammals, with >95% of the intestinal 5-HT present in the ECCs.³³ When released from ECCs, 5-HT acts locally to regulate intestinal motility, fluid secretion, and regional blood flow.²⁰ Serotonin excess is associated with autonomic hyperactivity of the intestinal tract.³² Although the role of 5-HT varies in the pathophysiology of GI diseases, two of its most important roles are its influence on GI motility and modulation of the immune system. There is a 2-way communication between the immune system and ECCs; inflammation can influence 5-HT expression, while 5-HT can also influence the immune system, as many 5-HT receptors are found on various immune cells.³⁰

Canine patients may present with clinical signs of GI dysfunction, such as vomiting, diarrhea, inappetence, and weight loss, resulting from a broad variety of etiologies. A common feature of many of these conditions is the presence of GI inflammation, which may be the result of dietary intolerance (so-called "food-responsive diarrhea"²⁸), intestinal dysbioses, chronic colonization by bacterial pathogens (so-called "antibiotic-responsive diarrhea"^{21,41}), or the condition may be idiopathic. As classically understood, canine idiopathic inflammatory bowel disease (IBD) is characterized by persistent or recurrent clinical signs of GI disease of unidentified cause, associated with histologic evidence of inflammatory infiltration of the intestinal mucosa.^{10,23,24,22,35} The final diagnosis of an individual patient as food-responsive, antibiotic-responsive, or idiopathic IBD depends upon rigorous completion of therapeutic trials to rule out the food- and antibiotic-responsive diseases. In many cases, particularly in retrospective studies, a definitive diagnosis cannot be made from the record available, and thus many authors prefer the less restrictive term "chronic enteropathy."^{1,2,6} This term is used in our report because, in many of these cases, a true diagnosis of idiopathic inflammatory disease cannot be made with a high degree of certainty.

Chronic enteropathy is a common cause for presentation of canine patients to veterinarians, with long-term management being challenging in many cases. Given its effects on the intestine, 5-HT may be a therapeutic target to help control the clinical signs of dogs with chronic enteropathies.

The aim of our study was to compare the expression of 5-HT, tryptophan hydroxylase-1 (TPH-1), 5-HT receptor_{2B} (5-HT_{2B}), serotonin reuptake transport protein (SERT), and chromogranin-A (CgA) in the intestinal mucosa between dogs diagnosed with chronic enteropathy (n = 11 for 5-HT and CgA immunohistochemistry [IHC]; n = 10 for TPH-1, SERT,

and 5-HT_{2B} real-time reverse transcription polymerase chain reaction [qRT-PCR]) and a group of apparently healthy dogs (n = 10 for IHC; n = 8 for qRT-PCR). We hypothesized that these components of the serotonergic system would show altered expression in the intestine of dogs with chronic enteropathy when compared to apparently healthy controls.

Materials and methods

Study populations

Immunohistochemistry study

The medical database of our hospital (School of Veterinary Medicine, Oregon State University, Corvallis, Oregon) was searched for dogs diagnosed with chronic enteropathy between 2002 and 2011. Criteria for selection included histologic evidence of intestinal inflammation, the presence of a complete medical record, and adequate availability of paraffin-embedded tissue samples. Unstained control sections^a (n = 10) were obtained from a group of mixed-breed dogs that were euthanized for an unrelated project. Controls were judged healthy based on an unremarkable physical examination, the absence of clinical signs consistent with GI disease in housing records, and normal GI histology; extensive diagnostic workups were not available for these animals.

All hematoxylin and eosin (HE)-stained sections of intestinal biopsy samples from both the chronic enteropathy and control groups were assessed and characterized by use of histologic guidelines for the evaluation of GI inflammation set by the World Small Animal Veterinary Association (WSAVA) International GI Standardization Group.⁴⁰ Briefly, these guidelines provide a rubric for scoring of duodenal mucosal pathology through the assessment of morphological features (villous architecture, crypt and lacteal dilation, fibrosis) and the presence and number of intraepithelial and lamina propria lymphocytes, neutrophils, and eosinophils. The scores for these parameters are added to derive a diagnosis and designation of the mucosal pathology as normal, mild, moderate, or markedly inflamed. All HE-stained intestinal mucosal biopsy specimen sections were evaluated by a board-certified veterinary pathologist (BA Valentine) and a small animal internal medicine resident (C Bailey).

The number of cells staining positive for 5-HT and CgA were assessed separately for each animal. For each sample, the number of cells staining positive for the compound of interest was manually counted in 20 random high power fields (HPFs) per slide, and the average of the 20 HPFs were recorded for subsequent analysis. Sections were analyzed entirely via light microscopy and manual counting; no digital image analysis was carried out.

Quantitative RT-PCR study

For this arm of the study, biopsy specimens were obtained from the proximal to middle segments of the duodenum of dogs (n = 10) presented for assessment of chronic enteropathy. Following informed owner consent, mucosal biopsy specimens were obtained during routine, clinically indicated endoscopic examinations. One or 2 mucosal biopsy specimens from the duodenum of each dog were placed in a commercial liquid RNA preservative^b immediately after collection, and set aside at -80° C until isolation of RNA. The remaining specimens were placed in 10% neutral buffered formalin, routinely processed, and stained with HE for histologic examination. Small intestinal full-thickness biopsy samples from 8 control dogs (euthanized for an unrelated project) were routinely processed and stained with HE for histologic examination. Small intestinal mucosal samples from the same 8 control dogs were placed in a commercial liquid RNA preservative^b immediately after collection, and set aside at -80° C until isolation of RNA. Severity of disease in the dogs prospectively assessed in our study was determined using the canine IBD activity index,²⁵ based on the owner's report on the day of first presentation to our clinic.

Immunohistochemistry methods

Serotonin. Tissues were sectioned at 4–5 µm, and the sections were collected on positively charged slides and baked at 60°C for 1 hr. Slides were deparaffinized and rehydrated through 2 changes of xylene, 2 changes of 100% ethanol, and 1 change of 80% ethanol and water. Slides were washed in Tris buffered saline-Tween 20 (TBST^c) followed by 3% H₂O₂^d in TBST for 10 min. Proteinase K^e (0.6 U/mL) was applied for 5 min and slides were then washed in TBST; serum-free protein block^f was applied for 10 min, and finally the slides were air-dried. The primary antibody to 5-HT (mouse monoclonal antibody)^g was diluted 1:40 in a commercial antibody diluent¹ and applied for 30 min at room temperature. A mouse universal negative control (N1698^f) was used as the negative control. After washing in TBST, anti-mouse immunoglobulin (Ig)G horseradish peroxidase (HRP) conjugate^j was applied for 10 min at room temperature, and slides were again washed in TBST. The chromogen Nova Red^k was applied for 5 min; slides were then washed in dH₂O followed by hematoxylin¹ diluted 1:3 in dH₂O for 5 min then rinsed in distilled H₂O, rinsed in TBST to blue, run down to xylene, and cover slipped. Chromogranin-A. Tissues were processed as described for 5-HT, including the use of mouse universal negative control, with the following exceptions. High temperature antigen retrieval was performed in a microwave pressure cooker using a commercial antigen retrieval solution^m for 10 min after pressure was reached. The pressure cooker was slowly vented, and the container holding the slides was allowed to sit for 20 min at room temperature. The primary antibody to CgA was of rabbit origin (polyclonal).ⁿ This antibody is routinely used for detection of canine neuroendocrine cells by our diagnostic pathology service. The antibody was diluted 1:1,000 in antibody diluentⁱ and applied for 30 min at room temperature. Anti-rabbit IgG conjugate^o was applied for 10 min at room temperature, and the slides were again washed in TBST.

RNA extraction and complementary DNA synthesis

The GI mucosa was separated from the muscularis and serosal layers by gentle scraping with a sterile razor blade before RNA extraction. Total RNA was extracted from 1 intestinal mucosal biopsy sample from each dog (chronic enteropathy group and control group 2) with a commercial RNA extraction kit.^p The concentration of RNA yielded was determined by measuring the absorbance at 260 nm. One microliter of RNA-containing solution was used to synthesize first-strand complementary (c)DNA with a mix of oligo-dT and random primers,^q in accordance with the manufacturer's instructions.

qRT-PCR assays

Serotonin receptor_{2B}, TPH-1, and SERT were assayed with asymmetric cyanine dye–based 2step real-time qRT-PCR assays. For these assays, cDNA prepared from each total RNA sample was used. Gene-specific primer sets previously published for canine 5-HT_{2B} and TPH-1 were used.²⁰ A commercially available qRT-PCR assay^r was used to analyze SERT expression.

A commercially available housekeeper gene array^s was used to select a combination of housekeeper genes with stable expression in the sample set used. The final analysis used the geometric mean of the expression of the housekeeper genes β -glucuronidase, hypoxanthine phosphoribosyl transferase 1, and TATA box–binding protein.²²

Each cDNA sample was diluted to a concentration of 1.0 ng/ μ L prior to qRT-PCR assays. Addition of 2.5 μ L of cDNA to each 10- μ L assay mixture resulted in a final cDNA concentration of 0.25 ng/ μ L. The reaction mixture also contained forward and reverse primers (5 μ M each), Power SYBR mix,^t and nuclease-free water. The cDNA samples and negative control samples without template sequences were placed in triplicate in wells of 96-well qRT-PCR assay plates. Serotonin receptor_{2B} and TPH-1 reaction mixtures were exposed to the following thermal protocol: 10 min at 95°C, 40 cycles of 15 sec at 95°C, 30 sec at 60°C, and 30 sec at 72°C, then melt curve analysis at 60°C. Based on the assay manufacturer's recommendations, SERT reaction mixtures were exposed to the following thermal protocol: 15 min at 95°C, 40 cycles of 15 sec at 94°C, 30 sec at 55°C, and 30 sec at 72°C, then melt curve analysis at 60°C. Quantification cycle (Cq) values were determined for each target using the thermocycler software,^u and relative quantitative analysis was performed utilizing an open source qRT-PCR package^v using the $\Delta\Delta$ CT method. Target sequence expression values were normalized to the geometric mean of the 3 housekeeper genes, using a randomly selected, apparently normal dog sample as a reference sample.

Statistical analyses

Normality of the data was evaluated using the D'Agostino–Pearson test. Where data were not consistent with a Gaussian distribution, nonparametric methods were used for data analysis. The difference between study groups in the mean number of 5-HT immunopositive ECCs was analyzed using Student *t*-test, while the correlation between 5-HT–positive and CgA-positive cells was assessed by calculation of Spearman correlation coefficient. All other parameters were assessed with the Mann–Whitney test, as most of the qRT-PCR data and the number of CgA-positive cells/HPF were not consistent with a Gaussian distribution. A *p* value <0.05 was considered statistically significant for all analyses. A commercial statistical package was used for all statistical analyses.^v

Results

Study populations

Immunohistochemistry study

Two hundred thirty-seven dogs diagnosed with chronic enteropathy were identified from the hospital database review. Two hundred twenty-four dogs were excluded because of incomplete records, unavailability of records, and/or inadequate sample size of biopsy specimens available for review. Two dogs had only large intestinal biopsy specimens available for review, and were not included in this study. Duodenal biopsy specimens from the remaining 11 dogs were included in the retrospective IHC arm of the study. All of the dogs had evidence of inflammation within the small intestinal mucosa; however, most sections were graded as insignificant to mild levels of disease under the WSAVA criteria for GI inflammation. Histological diagnoses in this group included: predominantly lymphocytic/plasmacytic disease (4/11), predominantly eosinophilic disease (1/11), mixed lymphocytic/plasmacytic and eosinophilic disease (2/11), and plasmacytic disease (1/11). There were 4 spayed females and 7 neutered males. The mean age was 6.2 years (range: 1–14 years). Breeds included 1 of each of the following: Australian Shepherd, Basset Hound, Bernese Mountain Dog, Bichon Frise, Border Collie, Boxer, cockapoo, Labrador Retriever, and Shih Tzu, and 2 with breed not specified.

The control group was derived from banked, paraffin-embedded tissues from 10 apparently healthy control dogs, euthanized for an unrelated project. The control group included mixed-breed, adult dogs of both sexes. Results of physical exams were unremarkable, and results of the routine histologic examination of intestinal biopsy specimens obtained from these control dogs were unremarkable.

qRT-PCR study population

GI biopsies of a further 10 dogs undergoing assessment for chronic enteropathic disease were included for the prospective arm of the study. Within the 10 dogs included in the prospective study, there were 6 spayed females and 4 neutered males. The mean age was 9.3 years (range: 4–

14 years). Breeds included 1 of each of the following: American Staffordshire Terrier, Border Collie, German Shepherd Dog, Golden Retriever, Lhasa Apso, Schnauzer, Shetland Sheepdog, and 3 mixed-breed dogs. Severity of disease in this group, as assessed by the canine IBD activity index (CIBDAI) score, was 4.4 (considered mild disease), with a range of 2–7 (clinically insignificant to moderate disease). Histological diagnoses in this group included: predominantly lymphocytic/plasmacytic disease (4/10), predominantly eosinophilic disease (3/10), mixed lymphocytic/plasmacytic and eosinophilic disease (2/10), and plasmacytic disease (1/10). There was no apparent relationship between histological diagnosis and severity as measured by CIBDAI.

Immunohistochemistry assays

Both the chronic enteropathy group and healthy controls showed individual cells with strong IHC staining for 5-HT (Figs. 1, 2). The number of cells showing positive staining for 5-HT was significantly increased (p < 0.001) in the chronic enteropathy group when compared to controls (Fig. 3). The mean counts (20 random HPFs) of 5-HT–positive cells in the chronic enteropathy group and controls were 2.1 cells/HPF (range: 1.1–3.1 cells/HPF) and 1.0 cells/HPF (range: 0.40–2.15 cells/HPF), respectively. The number of CgA-positive cells was significantly increased (p < 0.05) in the chronic enteropathy group when compared to controls (Fig. 4). The median count of CgA-positive cells/HPF for the inflammatory enteropathy group and controls was 2.6 cells/HPF (1.5–4.4 cells/HPF) and 1.5 cells/HPF (0.90–3.50 cells/HPF), respectively. There was a significant correlation between the number of 5-HT–positive and CgA-positive cells with positive IHC staining for CgA and 5-HT were within the mucosal crypts, as previously described by others.¹³ While we did not carry out dual labeling experiments to demonstrate that all cells

positive for 5-HT were also positive for CgA, this is a reasonable expectation given the data presented. The cells positive for CgA are reliably identified as neuroendocrine cells and, given the location within the GI mucosa, these cells can be reliably identified as ECCs.

qRT-PCR results

No significant difference in relative expression of SERT, 5-HT_{2B}, or TPH-1 was observed between dogs with chronic enteropathy and the apparently healthy control dogs (Figs. 5–7). The relative expression of both 5-HT_{2B} and TPH-1 were noted to be somewhat more variable in the dogs with chronic enteropathy than in the control dogs (coefficients of variation for normalized relative quantification values were 30.79% vs. 87.55% and 93.24% vs. 136.75% for control vs. chronic enteropathy dogs, 5-HT_{2B}, and TPH-1, respectively).

Discussion

The data reported herein indicate that the duodenal mucosa of dogs with chronic enteropathy contains increased numbers of ECCs expressing 5-HT and CgA, when compared to an apparently healthy control group. No significant differences were detected in the expression of the rate-limiting enzyme for 5-HT synthesis (TPH-1 expression), SERT, or 5-HT_{2B} in the groups of dogs studied.

Serotonin is thought to activate the submucosal sensory branch of the enteric nervous system and increase GI motility via interneurons and motor neurons.^{15,27} CgA is a protein that is co-stored and co-released with monoamines and peptide hormones of various endocrine cells, including those of the GI tract. CgA thus serves as a marker for intestinal endocrine cells.¹¹ Serotonin-containing ECCs comprise the single largest endocrine cell population in the small intestine.³⁷

Inflammation of the intestinal mucosa has been shown to affect 5-HT signaling in animal models and in human beings.^{14,17,29,42} Changes in ECC numbers and in 5-HT content have been reported in association with Crohn's disease, ulcerative colitis, and lymphocytic colitis in humans.^{3,4,12,36} Approximately 50% of human patients with IBD in long-standing remission have IBS-like symptoms (diarrhea, constipation, discomfort), which may be related to these inflammation-induced alterations in ECC density and 5-HT signaling.¹² It has also been shown that administration of selective 5-HT reuptake inhibitors is associated with microscopic colitis.³¹ Diarrhea-predominant IBS is associated with elevated 5-HT in colonic mucosal biopsies, while constipation-predominant IBS is associated with decreased 5-HT in the colonic mucosa.^{8,38}

We hypothesized that the expression of TPH-1 in the chronic enteropathy group would be altered when compared to an apparently healthy control group. However, in this study, there was no significant difference in the mean relative target sequence expression of TPH-1 between the groups. This finding is in contrast to results from a previously published human study, in which levels of messenger (m)RNA–encoding TPH-1 was observed to be decreased in both ulcerative colitis and IBS specimens.¹³ IBS is a condition in humans usually diagnosed based on symptoms, including diarrhea, constipation, bloating, and discomfort. Diarrhea-predominant IBS has been associated with elevated 5-HT in colonic mucosal biopsies, while constipation-predominant IBS has been associated with decreased levels of 5-HT in the colon mucosa.^{9,30} Clinical trials using a small molecule inhibitor of THP-1, the rate limiting enzyme for 5-HT synthesis, have shown promise in alleviating the symptoms associated with IBS, particularly in diarrhea-predominant IBS.³ Treatment with the THP-1 inhibitor decreased blood 5-HT concentrations, relieved discomfort, and improved stool consistency.^{5,34} Modulation of tryptophan metabolism, especially 5-HT synthesis, may be a novel target for developing therapies for GI disorders.³⁰ The relatively

complex modes of 5-HT synthesis, release, varying receptor types, and specific reuptake pump activity provide a number of potential therapeutic targets. THP-1 expression is a major determinant of 5-HT activity in non-neuronal tissue. Serotonin is produced from tryptophan in a 2-step process, where hydroxylation mediated by THP-1 is the rate-limiting step.²⁶ To facilitate the actions of 5-HT, and prevent receptor desensitization, intestinal 5-HT transporter (SERT) causes rapid reuptake of 5-HT. Some prior publications have suggested that SERT is downregulated in some inflammatory or diarrheal motility disorders.^{9,18}

We hypothesized that SERT expression would be altered in the group of dogs with chronic enteropathy. It has previously been reported that mRNA-encoding SERT and SERT protein are diminished in an animal model of colitis.³⁶ Although there was a trend toward lower expression of SERT in our group of dogs with chronic enteropathy, no statistically significant difference was detected. As with our findings regarding TPH-1, both the low sample size and the relatively low severity of disease in our chronic enteropathy group may have contributed to the failure of this study to detect significance, and further studies in a larger group, including a group with higher disease severity, is warranted.

Inherent limitations of the study reported herein must be acknowledged. A remarkable lack of availability of complete records and satisfactorily banked tissue samples dramatically reduced the sample size of the IHC study. As this study used accessions to a veterinary pathology facility as well as patients at our teaching hospital, records from a large number of samples submitted from outside sources were not available for review.

The major reason for exclusion of samples from our own hospital was availability of only very small tissue samples obtained endoscopically. During the study period, this issue was identified, and we transitioned to larger-jawed biopsy forceps^x in an attempt to obtain larger

biopsy samples and reduce crush artifact.¹⁹ If these forceps had been used throughout the entire study period, the number of samples that could potentially have been included would have been greater.

Our study demonstrated increased expression of 5-HT and CgA in the small intestine of dogs with chronic enteropathy versus that of a control group, a finding that agrees with previously published studies in humans. This study failed to detect changes in TPH-1, SERT, and 5-HT_{2B} expression, as have previously been reported in rodent models and human beings with GI disease; however, sample numbers were low, and many cases were of only mild severity. Further investigation with a larger more severely affected population is warranted.

Authors' note

A portion of the data presented here was previously presented in abstract form at the American College of Veterinary Internal Medicine Forum, 2013, Seattle, WA.

Acknowledgments

We gratefully acknowledge the assistance of Kay Fischer, Veterinary Diagnostic Laboratory at Oregon State University, in IHC and HE preparation of sampled tissues.

Authors' contributions

C Bailey and C Ruaux contributed to conception and design of the study; contributed to acquisition, analysis, and interpretation of data; and drafted the manuscript. BV Stang contributed to design of the study; contributed to acquisition and analysis of data; and drafted the manuscript. BA Valentine contributed to conception of the study and contributed to acquisition and interpretation of data. C Ruaux and BA Valentine critically revised the manuscript. All authors gave final approval and agreed to be accountable for all aspects of the work in ensuring

that questions relating to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Sources and manufacturers

a. Kindly donated by Dr. R. Heilmann, Gastrointestinal Laboratory, Texas A&M University,

College Station, TX.

b. RNAlater, Thermo Fischer Scientific, Waltham, MA.

c. TBS liquid concentrate, Biocare Medical, Concord, CA.

d. Sigma-Aldrich, St. Louis, MO.

e. Proteinase K, Dako North America Inc., Carpinteria, CA.

f. Mouse universal negative control (N1698), Dako North America Inc., Carpinteria, CA.

g. Serum-free protein block solution, Dako North America Inc., Carpinteria, CA.

h. Monoclonal anti-serotonin antibody (ab16007, manufacturer data indicates cross-reactivity

with 5-HT in the canine), Abcam PLC, Cambridge, MA.

i. Antibody diluent (background-reducing), Dako North America Inc., Carpinteria, CA.

j. MaxPoly-One anti-mouse IgG horseradish peroxidase conjugate, MaxVision Biosciences Inc., Bothell, WA.

k. Nova Red, Vector Laboratories Inc., Burlingame, CA.

1. Hematoxylin, Dako North America Inc., Carpinteria, CA.

m. Target retrieval solution, Dako North America Inc., Carpinteria, CA.

n. Polyclonal rabbit anti-human chromogranin A, Dako North America Inc., Carpinteria, CA.

o. MaxPoly-One anti-rabbit IgG conjugate, MaxVision Biosciences Inc., Bothell, WA.

p. RNeasy total RNA mini kit, Qiagen Inc., Valencia, CA.

q. QuantiTect reverse transcription kit, Qiagen Inc., Valencia, CA.

- r. QuantiTect primer assay (Cf_SLC6A4_3_SG), Qiagen Inc., Valencia, CA.
- s. RT2 Profiler PCR array dog housekeeping genes, Qiagen Inc., Valencia, CA.
- t. Power SYBR Green PCR master mix, Applied Biosystems, Foster City, CA.
- u. Step One Plus real-time PCR system, Applied Biosystems, Foster City, CA.
- v. pyQPCR 0.9 for Macintosh OS X, http://pyqpcr.sourceforge.net/
- w. GraphPad Prism 5.0. GraphPad Software Inc., San Diego, CA.
- x. Radial Jaw 4 jumbo biopsy forceps, Boston Scientific Corp., Marlborough, MA.

References

- 1. Allenspach K, et al. Evaluation of gastrointestinal permeability and mucosal absorptive capacity in dogs with chronic enteropathy. Am J Vet Res 2006;67:479–483.
- Allenspach K, et al. Chronic enteropathies in dogs: evaluation of risk factors for negative outcome. J Vet Intern Med 2007;21:700–708.
- Belai A, et al. Neurochemical coding in the small intestine of patients with Crohn's disease. Gut 1997;40:767–774.
- Bishop AE, et al. Increased populations of endocrine cells in Crohn's ileitis. Virchows Arch A Pathol Anat Histopathol 1987;410:391–396.
- Brown PM, et al. The tryptophan hydroxylase inhibitor LX1031 shows clinical benefit in patients with nonconstipating irritable bowel syndrome. Gastroenterology 2011;141:507– 516.
- Burgener IA, et al. Upregulation of toll-like receptors in chronic enteropathies in dogs. J Vet Intern Med 2008;22:553–560.
- Camilleri M. Physiological underpinnings of irritable bowel syndrome: neurohormonal mechanisms. J Physiol 2014;592:2967–2980.

- Camilleri M. Serotonin in the gastrointestinal tract. Curr Opin Endocrinol Diabetes Obes 2009;16:53–59.
- Coates MD, et al. Molecular defects in mucosal serotonin content and decreased serotonin reuptake transporter in ulcerative colitis and irritable bowel syndrome. Gastroenterology 2004;126:1657–1664.
- Collins MT. Canine inflammatory bowel disease: current and prospective biomarkers for diagnosis and management. Compend Contin Educ Vet 2013;35:E5.
- El-Salhy M, et al. High densities of serotonin and peptide YY cells in the colon of patients with lymphocytic colitis. World J Gastroenterol 2012;8:6070–6075.
- El-Salhy M, et al. High chromogranin A cell density in the colon of patients with lymphocytic colitis. Mol Med Rep 2011;4:603–605.
- Fernández-Bañares F, et al. Drug consumption and the risk of microscopic colitis. Am J Gastroenterol 2007;102:324–330.
- Fujimiya M, et al. Serotonin-containing epithelial cells in rat duodenum. I. Quantitative morphometric study of the distribution density. Histochemistry 1991;95:217–224.
- 15. Gershon MD. Plasticity in serotonin control mechanisms in the gut. Curr Opin Pharmacol 2003;3:600–607.
- 16. Gershon MD. The enteric nervous system: a second brain. Hosp Pract (1995) 1999;34:31–32.
- Ghia JE. Serotonin has a key role in pathogenesis of experimental colitis. Gastroenterology 2009;137:1649–1660.
- Gill RK, et al. Regulation of intestinal serotonin transporter expression via epigenetic mechanisms: role of HDAC2. Am J Physiol Cell Physiol 2013;304:C334–341.

- Goutal-Landry CM, et al. Effect of endoscopic forceps on quality of duodenal mucosal biopsy in healthy dogs. J Vet Intern Med 2013;27:456–461.
- Gustafsson BI, et al. Serotonin and fluoxetine modulate bone cell function in vitro. J Cell Biochem 2006;98:139–151.
- Hall EJ. Antibiotic-responsive diarrhea in small animals. Vet Clin North Am Small Anim Pract 2011;41:273–286.
- 22. Hellemans J, et al. qBase relative quantification framework and software for management and automated analysis of real-time quantitative PCR data. Genome Biol 2007;8:R19.
- Jergens AE. Inflammatory bowel disease. Current perspectives. Vet Clin North Am Small Anim Pract 1999;29:501–21, vii.
- 24. Jergens AE, et al. Idiopathic inflammatory bowel disease in dogs and cats: 84 cases (1987–1990). J Am Vet Med Assoc 1992;201:1603–1608.
- Jergens AE, et al. A scoring index for disease activity in canine inflammatory bowel disease.
 J Vet Intern Med 2003;17:291–297.
- 26. Jonnakuty C, Gragnoli C. What do we know about serotonin? J Cell Physiol 2008;217:301– 306.
- 27. Kellum JM, et al. Stroking human jejunal mucosa induces 5-HT release and Cl⁻ secretion via afferent neurons and 5-HT₄ receptors. Am J Physiol 1999;277:G515–520.
- 28. Luckschander N, et al. Perinuclear antineutrophilic cytoplasmic antibody and response to treatment in diarrheic dogs with food responsive disease or inflammatory bowel disease. J Vet Intern Med 2006;20:221–227.
- 29. Magro F, et al. Impaired synthesis or cellular storage of norepinephrine, dopamine, and 5hydroxytryptamine in human inflammatory bowel disease. Dig Dis Sci 2002;47:216–224.

- 30. Manocha M, Khan WI. Serotonin and GI disorders: an update on clinical and experimental studies. Clin Transl Gastroenterol 2012;3:e13.
- Mawe GM, et al. Review article: intestinal serotonin signalling in irritable bowel syndrome.
 Aliment Pharmacol Ther 2006;23:1067–1076.
- 32. Mohammad-Zadeh LF, et al. Serotonin: a review. J Vet Pharmacol Ther 2008;31:187–199.
- Racké K, et al. Regulation of 5-HT release from enterochromaffin cells. Behav Brain Res 1996;73:83–87.
- 34. Sanger GJ. 5-hydroxytryptamine and the gastrointestinal tract: where next? Trends Pharmacol Sci 2008;29:465–471.
- 35. Simpson KW, Jergens AE. Pitfalls and progress in the diagnosis and management of canine inflammatory bowel disease. Vet Clin North Am Small Anim Pract 2011;41:381–398.
- 36. Simrén M, et al. Quality of life in inflammatory bowel disease in remission: the impact of IBS-like symptoms and associated psychological factors. Am J Gastroenterol 2002;97:389–396.
- 37. Sjölund K, et al. Endocrine cells in human intestine: an immunocytochemical study. Gastroenterology 1983;85:1120–1130.
- 38. Spiller R. Serotonin and GI clinical disorders. Neuropharmacology 2008;55:1072–1080.
- Vermeulen W, et al. Neuroanatomy of lower gastrointestinal pain disorders. World J Gastroenterol 2014;20:1005–1020.
- 40. Washabau RJ, et al. Endoscopic, biopsy, and histopathologic guidelines for the evaluation of gastrointestinal inflammation in companion animals.2010;24:10–26.
- Westermarck E, et al. Tylosin-responsive chronic diarrhea in dogs. J Vet Intern Med 2005;19:177–186.

42. Wheatcroft J, et al. Enterochromaffin cell hyperplasia and decreased serotonin transporter in a mouse model of postinfectious bowel dysfunction. Neurogastroenterol Motil 2005;17:863–870.

Figure legends

Figure 1. Representative results for detection of serotonin (5-HT) in the small intestinal mucosa of a control dog by immunochemistry. There are scattered intraglandular cells positive for 5-HT. Cells positive for 5-HT are stained with Nova Red chromogen, with Mayer hematoxylin counterstain. Bar = $100 \mu m$.

Figure 2. Representative results for detection of serotonin (5-HT) in the small intestinal mucosa of a canine patient with a chronic inflammatory enteropathy. There are an increased number of intraglandular cells positive for 5-HT; note also that cytoplasmic staining intensity of these cells is increased in comparison to those shown in Figure 1. Cells positive for 5-HT are stained with Nova Red chromogen, with Mayer hematoxylin counterstain. Bar = 100 μ m.

Figure 3. Scattered column plot (bar indicates mean) of serotonin immunopositive cells in the small intestinal mucosa of dogs with chronic enteropathy (CE) and apparently healthy controls. The groups are significantly different (p < 0.001, Student 2-tailed *t*-test). HPF = high power field.

Figure 4. Scattered column plot (bar indicates median) of chromogranin-A (CgA) immunopositive cells in the small intestinal mucosa of dogs with chronic enteropathy (CE) and apparently healthy controls. The groups are significantly different (p < 0.05, Mann–Whitney test). HPF = high power field.

Figure 5. Scattered column plot (bar indicates median) of relative expression of serotonin reuptake transporter protein in the small intestinal mucosa of dogs with chronic enteropathy and apparently healthy controls.

Figure 6. Scattered column plot (bar indicates median) of relative expression of the serotonin receptor_{2B} in the small intestinal mucosa of dogs with chronic enteropathy and apparently healthy controls.

Figure 7. Scattered column plot (bar indicates median) of relative expression of tryptophan hydroxylase-1, the rate-limiting enzyme for serotonin synthesis, in the small intestinal mucosa of dogs with chronic enteropathy and apparently healthy controls.