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Ahstract Approved:
(Major Professor)
This study was made to determine the content in home economics which should be offigred to meet the needs of students living in different sections of the state, as well as that for Salt Lake City.

By means of a questionnaire, information was secured from 3914 girls concerning their parents, their activities and personal problems, and the living conditions of their homes. The groups studied were Salt Lake City, Cities of the Second Class, Mining Districts, and Rural Sections. A study of the two-year Lower Division and the two-year Upper Division School has also been included with comparisons of the three Upper Division high achools: East, South, and West.

The indings indicate the need for a broad curriculum in home economics, considering problems pertaining to family living, giving the maximum opportunities for the development of the individual family members. Such a body of basic materials is applicable to all sections of the state and includes the following:

1. Irportance of electrical equipment and household conveniences to meet the needs of the homes. An evaluation of laundry practices, necessary equipment found in the homes, and laundry practices carried on there.
2. Study of plumbing features as they relate to family hoalth and effloiency.
3. Study of available fuels in relation to the amount of time, and labor involved, and efficiency in use.
4. Judgment problems in relation to the kitchen as a convenient and attractive place to work, as evidenced by the fact that it is not only a workshop but also a place where families eat their meals.
5. Better nutrition for both the girl and her family to be the underlying purpose of study of food problems, as indicated by the fact that not all girls eat breakfast and they assume responsibility for choosing their luncheon, and plan meals. Girls assume responsibilities relating to the family meals and to food buying. Do these facts not indicate the need for the study of these problems?
6. Development of judgment in regard to the girlst clothing practices is indicated by the varied responsibilities givis assume. Problens pertaining to the buying, constructing, and care and repair of clothing should be weighed in relation to the needs of the girl.
7. Study of child care, evidenced by responsibilities relative to the care of children which girls assume and by the number who have brothers and sisters.
8. The number of small children, the size of the families, and the number of activities carried on without help indicates the need of stressing the importance of sharing responsibilitios.
9. Family relationships as indicated by the causes of friction and lack of opportunity for privacy in the home.
10. Social relationships to be provided for by cooperative experiences with others. Development of personality traits can be accomplished by different home economics experiences.
11. Inexpensive forms of family recreation necessary. Both active and passive types should be stresses. there is opportunity for development of hobbies from home economics activities.
12. Girls of the Lower Division assist or help in a variety of home activities. The givl as the helper in the home should be emphasized in the Lower Division program. Family problems should be the basis of the Upper Division program, as theze girls assume more reaponsibilities relative to the family.
13. The great differences in economic conditions of the three high schools--East, South, and West--indicates the need of equipping the schools in keeping with the standing and standards of the homes, and teaching all home economics work in accordance with these standards.

The home economics curriculum should be adjusted in accordance with the community by understanding the individual in his total situation. This ean be accomplished only by kwoing each child and visiting homes. Contact with parent groupe will be of value in accomplishing this purpose. The work should be correlated with that of other departments within the school so as to bring about the development of the integrated personality.

Briefly summarized, this study brings out the following implications:

> 1. Family and social relationships.
2.TIme management studies.
3. Consumer education. 4.Study and evaluation of the girl's clothing*practices. 5. Financial problems. 6. Food problems. 7.Housing and equipment problems. 8. Necessity of sharing responsibilities. 9. Family recreation. 10. Building upon experiences of girl as found.
11. Need for cooperation with other groups.
12.Need for parent education.

A COMPARATIVE STUDY OF UTAH HONES
AS A BASIS FOR CURRICUIA IN HOME ECONOMICS
by

## RUTH REES

A THESIS
submitted to the
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in partial fulfillment of the requirements for the degree of

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## APPROVED:



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## A COMPARATIVE STUDY

 OF UTAR HOMESAS
A BASIS FOR CURRICULA IN HOME ECONONICS

## THE HISTORY AND PRESENT STATUS OF HOME MAKING

 COURSES FOR GIRLSThe entire program of the secondary school system is today being questioned, and the content of home economics, along with that of every other subject, is being evaluated. We have needed such a dramatic period as that of this depression to make us realize how far behind the times we really are. The field of home economics has developed so rapidly and the conditions and practices in the homes have changed so much in recent years that it is necessary for us to reexamine our methods and content.

## The Curriculum and the Course of Study

The relationship between the curriculum and the
course of study is an important one for the clear understanding of curriculum problems. The curriculum is made up of the actual experiences students encounter under the direction of teachers, whereas the course of study is a printed manual or guide which is prepared to assist teachers satisfactorily to direct the development of the curriculum. The contrast in the use of these terms is well brought out by Caswell and Campbell (6:65).*

* Numbers refer to the bibliography. Thus, 6:65 refers to number 6 of the bibliography, page 65.

The curriculum may be defined as the totality of subject matter, activities, and experiences which constitute a pupil's school life. A course of study is the material, usually in pamphlet form, which sets forth for the teacher such items as the objectives and content of a given subject, and the activities and books to be used to accomplish desired results.

Before one begins a discussion relative to curriculum studies, it would seem advisable to consider the general aim of education.

## Aim of Education

Education is expressed as the continuous growth of the individual. Changed behavior satisfying to both the individual and the social group is the desired end. It involves the ability to adjust oneself to the environment as well as the power to change the environment. Unless it tends to bring about the integration of the individual, information has no bearing on the result desired. The educational process includes all the influences that result from life situations such as are found in the home, the school, the church, and social organizations, and in personal contacts.

Butterweek and Seegers (4) suggest as a definition:
Education consists of taking an individual and, by subjecting him to many sorts of outside stimuli, making him different from what he would have been had nature been left alone, making him capable of using his natural abilities to the best advantages for society and for himself.

## Philosophy of Home Economics Education

What is the contribution of home economics to the general plan of education? The center of all educational influences is the home. The function of the home is to develop responsible, self-reliant, healthy, mentally capable, emotionally matured, and spiritually poised individuals. Home economics aids in the development of this type of individuals. It is one of the media through which the general aim, the development of the integrated personality, is to be achieved. Spafford well expresses this point of view as follows (21:29):

Home economics is a medium for realizing the goals set up for education as a whole. Its limits are the field of personal living, home and family life . . . Drawing on may fields of knowledge for its basic materials, it applies these materials to problems of personal living and home life, making for itself a rich body of subject matter. Its special contribution will come through guiding individuals in reaching decisions as to values most worth working for in personal living and home and family life, in discovering needs, interests, and talents which come within the field of home economics, in working out wholesome, satisfying personal and social relationships, and in utilizing the resources of the individual and the family in providing means for the satisfaction of needs, development of interests, and use of capacities in attaining the values set up as most worth while.

Methods of Carrying out Curriculum Studies
Many approaches to curriculum building have been
used by different groups, but the best results have been achieved where a combination of such approaches has been employed. One of the most common methods in use, known as "The Best Present Practice Approach", consists of analyses of courses of study used in other cities. This method consists of selecting the outstanding parts from a collection of recent courses of study representing different sections of the country. These parts are put together so as to form a whole, the result of which is merely a course of study of better selection and organization than the one in use. This method brings about improvement but does not give a sound basis for building curriculum.

Another approach is based upon the judgment of specialists in various subjects as to what should be included in the curriculum. Rugg has called this method "The Frontier Thinker's Approach" and has used it in his social studies series. This method is open to question in that it is based upon experience only.

A third approach, "The Activity Analysis Approach," to curriculum making was developed by Bobbitt (2) in the curriculum revision program of Los Angeles in 1922. This approach used a list of human abilities and characteristics which were considered desirable for adult life. The range of human experiences was analyzed into major fields. The
following classification was found serviceable:

1. Language activities--social intercommunication.
2. Health activities.
3. Citizenship activities.
4. General social activities--meetings and mingling with others.
5. Spare time activities--amusements, recreation.
6. Keeping oneself mentally fit.
7. Religious activities.
8. Parental activities--the upbringing of children; maintainance of proper home life.
9. Unsepcialized or non-vocational practical activities.
10. The labors of one's calling.

These major fields can be expressed in various ways, the object being to cover the range of broad human activities. This concept of learning considered education as an additive process, developing one fragment of an ability or trait today, another tomorrow, and finally coming out with the whole ability developed at the completion of the course. The additive concept of development has been subjected to severe attack by psychologists who hold the organismic point of view. This theory, advocated by Wheeler and Perkins (26), considers the individual as a growing whole, the modifications of which affect the whole individual, inasmuch as they occur as a total process. Another method is an analysis of difficulties en-
countered by people working in different jobs and is commonly called "The Social Shortages Approach." A careful consideration is made of difficulties in specific fields, and a special attempt is made to provide materials to correct these weaknesses. This approach, too, is found inadequate in accordence with the views of the new psychology.

The method known as "The Student Interest Approach" was advocated by Hopkins (14). This is a psychological method in that the inner urge of the child is condidered. The school bases this approach upon life, immediate, without reference to any further objective. The method used consists of spontaneous activities. This approach is too flexible to be practical.
"The Functional Approach" outlined by Caswell and Campbell (6) advocates the philosophy of considering the present activities of pupils now in school. If learning is conceived as the response of the whole organism to a situation, the integration of personality can best be achieved by permitting the subject matter to grow out of the experiences of the learner. This approach is psychological yet also purposeful in that the activities are essential for group life. This method would produce a life process more meaningful and at the same time would yield control to the learner.

It seems evident that no single method can be used
to the exclusion of others. A psychological working philosophy can be built upon the activities of students if their future needs are kept in mind and if this philosophy is shaped in accordance with student interests.

## Surveys of Home Economics Content

The first home economics curriculum project to use a study of the home activities of high school girls as well as the activities of home makers as a basis for reorganization of the home economics curriculum was that of the committee of Denver, Colorado, in 1923 (13). One committee was concerned with the junior high school while the other considered the senior high school. In using the students' activities as a basis for the home economics curriculum, the committees decided upon three major steps.

1. The selection of desirable home economics activities which the girls are now performing.
2. The building of a body of content that will enrich the experiences connected with these activities.
3. The emaluation and direction of these present home economics activities and experiences into the higher types of activities which will probably occur in the future lives of the girla. The questionnaire method was employed to survey the home economics activities of 5106 junior and senior
high school girls and 849 representative homemakers of Denver.

The work of the Denver committees was a distinct contribution to the progress of home economics curriculum building because it paved the way for similar studies in other sections of the country.

The Fresno, California, Survey (25), cooperating with the State Department of Vocational Education and the University of California, started a study in 1925 by the questionnaire method. Information was secured from about 250 junior high school girls, 100 senior high school girls, and 128 parents to determine their attitudes and activities pertaining to homemaking.

By means of personal conferences, effort was also made to determine in what possible places in industry girls, because of training pertaining to home economics, might find employment. Inasmuch as this was the first study that attempted to learn the attitude of high school girls toward home practices, it represented a valuable step forward. The results indicated that the activities which were participated in by the girls were done mainly because the girls were compilled to do them. This study is somewhat difficult to interpret for two reasons: first, the results are given in numbers rather than in percentages; and second, some students reported in more than one column and the total of these numbers often exceeds the
total number that cooperated in the study. It would have been more satisfactory had the percentages as well as the numbers been given.

In 1924, the State Home Economics Association of Kansas (7) started a study regarding objectives and content of their home economics courses. Questionnaires were checked by 4000 junior and senior high school girls. The content of the state course of study was determined by those activities which were checked by at least one fourth of the girls. It is unfortunate that no usable material concerning the actual findings is available.

In 1929, the State of Indiana Department of Public Instruction published a bulletin entitled "Courses in Home Economics for High Schools" (8) based upon results of a series of sixteen studies made by their home economics teachers.

The questionnaire method was used to learn the activities of the pupils, of their homes, and of the communities in which the homes are located, as well as a knowledge of the school conditions under which homemaking must be taught. In addition to giving information as to interests and activities, this study was of value because it also presented a picture of social needs.

In 1927, Annie Robertson Dyer (9), of Columbia University, made a survey of the content of home economics and its grade placement in present courses of study.

The analysis was based on 100 representative courses published since 1920 and selected from state and city school systems. The data were an indication of the judgments of several hundred superintendents and teachers who had compiled the courses then in use.

From this research Dyer advocated that studies of home economics activities which girls actually engaged in be made in order properly to evaluate the relative importance of the topics which her study showed that schools were teaching. She also suggested that present practices be tested and other experiments be performed to determine grade placement in relation to subject matter.

In 1930, Lily Brucher Gehrs (11) made a stuady of certain management practices carried on in the homes of the Minnesota high school girls to learn what phases of home economics should be taught in the Minnesota schools. Both the activities of the high school girls and the practiaes carried on in the homes were considered. The study deals with portions of data collected through the state survey. She concluded that those clothing, food, and miscellaneous activities which girls performed at home should be made the basis of home economics work. She found that the smaller the tow, the greater the extent to which homes carried on home activities, and the larger the town, the greater the extent to which homes used power equipment and had gas stoves, bathrooms, and refrigerators.

She also discovered that the girls who had had home economics training in school participated to a greater extent in more of the home activities than did the other girls.

One of the most recent surveys was that pertaining to activities of oregon high school girls (17) conducted by the State Department of Vocational Education in 19351936. This was given in order to have a basis for the preparation of the state home economics curriculum. A questionnaire was used covering a wide range of home activities and information on home living conditions, the types of homes, size of families, method of earning a living, and the handling of finances, foods and clothing, social activities, and health. Schools in all parts of the state were selected for this survey in order to get the range of conditions. An effort was made to have the questionnaite answered by representative girls from the different sized communities.

The discussion pertaining to home economics studies which have been made is sufficient to show that educators from various parts of the country are trying to solve problems pertaining to curricula in relation to the girl, her needs and interists. They are attempting to answer questions such as the following:

1. Is home economics material adapted to the conditions which exist in homes?
2. How can home economics work aid in solving problems
confronting the pupils?
3. How can the pupils' interests be utilized?
4. What experiences are pupils having and what are they learning from such experiences?
5. How should home economics work be adapted to different communities?
6. How should home economics material be adapted to different grade levels?

## Purpose and Scope of This Study

Since the State Department of Vocational Education had undertaken a survey of the Utah homes, Miss Etta Scorup, Supervisor of Home Economics, requested the writer to determine what content in home economics should be offered to meet the needs of the students living in different sections of the state. Inasmuch as the writer was especially interested in the home economics curriculum for Salt Lake City, she decided to parallel the state study with a similar one pertaining to Salt Lake City.

## SOURCES OT DATA

## AND

## METHOD OF PROCEDURE

The Utah High School Survey

In order to have a sound educational basis for building a state curriculum in home economics, the State Board of Vocational Education made a state-wide survey of student homemaking activities during the spring of 1935.

A questionnaire was built covering a wide range of information concerning the parents of the girls, the girls' activities and personal problems, and the living conditions of the homes represented. (See appendix) Schools from all parts of the state were selected and an effort was made to contact students of both town and country representing different intellectual levels, different economic levels, and different sized families. Inasmuch as this method of choosing the students was very subjective, the writer believes that it had no particular influence on the results. Since more than 4000 question naires were distributed, a random sampling method of selecting the students would have proved equally as
accurate and would have saved time on the part of the teachers.

A preliminary checking of results was made by each teacher, and the tabulation and papers were sent to the State Office of Vocational Education. Clerical help retabulated and computed the totals. Returns were received from 3914 girls representing all sections of the state. The geographical divisions of the state were taken as a basis for grouping the papers. These were: Salt Lake City; the cities of the second class; (these included Logan, Cedar City, Provo, and Brigham City); the mining districts; and the rural sections. (See Appendix)

It was not deemed advisable to use the questionnaires from some of the small schools of the mining districts 密nd the rural sections. The returns from all of the consolidated high schools were considered. Table I shows the number and distribution of students qiven the questionnaire and the number and distribution used for this study.

## TABLE I

Distribution of Utah Questionnaires \%


* There are 510 ogden papers which this study does not show.

All of the 800 Salt Lake City High School papers have been used for this study. Since the high schools consist of a two-year Lower Division School and a twoyear Upper Division School, the results have been tabulated separately. A special study has also been included pertaining to the three Upper Division High Schools--East, South, and West. (See Appendix)

## INFORMATION CONCERNING UTAH HOMES

This study pertaining to Utah homes is divided into six divisions with information concerning the parents in the families studied, girls' activities and personal problems, the homes of the families, problems pertaining to child care and development, problems relating to clothing and personal appearance, and problems in food and nutrition.

## Parents of Families Studied

This study furnishing interesting data on the parents of the students has significance in the interpretation of the family background. These data, such as occupations of fathers and religions of both parents, will be discussed under separate headings. Occupations of Fathers

Since the occupation of the father often affects the living habits and the general attitudes of his family, it seems important to make a special study of this point. The occupational distribution of the fathers of the girls included in this study is shown in Table II. The second part of each table has usually been arranged in the decreasing order of Salt Lake City percentages.

## TABLE II

Percentages of Fathers Engaged in
Specified accupations


* I.D. and U.D. stand for Lower Division and Upper Division respectively.

Farming is, of course, one of the main occupations of Utah, and it is, therefore, not surprising to find that 31 per cent of the fathers are engaged in this occupation. The Oregon Survey (17:2) reports a similar figure. About 50 per cent of those of the Rural Section and 34 per cent of those of Cities of the 2 d Class are also engaged in farming. We find that one fourth of the fathers of Salt Lake City are skilled workmen, while a like percentage of the fathers of the Mining Districts are unskilled. Since the distinguishing difference between the Lower and Upper Divisions of the Salt Lake City High Schools is the age of the student, we can expect this to have no relation to the present table.

The largest percentage of fathers engaged in professional, executive, and elerical occupations is gound in the East High School.

A careful study of Table II might suggest several implications to the teacher of homemaking. The most important occupation listed is farming. Where this occupation predominates, there is an excellent opportunity, since less actual cash will be available, for teaching budgeting. Mail order versus store buying can be considered. Time management problems will have special significance because of farm responsibilities.

The study of nutrition adapted to persons engaged in different occupations can be made a most interesting
problem. It may be significant to consider certain relationship problems which exist in the homes because of the fathers' occupations. Opportunities for social life can be made use of in the classroom. Where there are transient groups, the question of housing offers special teaching problems.

## Education of Parents

The education of the parents has considerable influence upon the culture of the home. It seems important, therefore, to find the relative amount of high school and college training possessed by the parents, as is shown by Table III.

TABLE III
Education of Parents



It is significant to note that the cities of the Second Class lead the state in having the highest percentages of college graduates among the parents. This, no doubt, it because there is an institution of higher learning in three of the four cities of the second class. The lowest percentage of college graduate fathers is found in the Mining Districts. This is seen to be logical when we remember that Table II showed one fourth of the fathers of these districts as unskilled workmen.

Approximately one fourth of the mothers of the state have had some training in home economics.

It is very clear from Table III that, according to educational opportunities of parents, the three high schools might be arranged in the following order: East, South, and West. More than 35 per cent of the fathers and mothers of

East High School are college graduates as compared with Iess than 10 per cent of the parents of the West High School. Again, approximately one half of the mothers of the East High School have had some training in home economics, while only one fifth of the mothers of the West High School have had this preparation.

In 1917, the Utah legislature passed a law extending the years of compulsory school attendance to the age of eighteen. No doubt, many of the parents of the students reporting in this survey have been affected by this law. As a state, Utah has stood for high educational standards. According to the government census only ten of the United States report as low a percentage of illiteracy as does Utah (10)

## Church Affiliations of Parents

In the state of Utah we find a unique situation. Nowhere else in the United States can one discover a single state dominated by one religion. According to the religious census of the United States (19), Utah has 714 churches, 551 of which are Latter Day Saints, commonly called Mormon. About 91 per cent of the church members of the state are Mormons. The next highest reports given are those of Rhode Island and New Hampshire where 71 per cent and 65 per cent respectively of the church members are Catholics.

The church affiliations of the parents are consid-
ered in Table IV. Other implications of the teachings of this dominant church as they affect the high school girl will be considered in later sections of this study.

## TABLE IV

Church Affiliations of Father and Mother


From this table it is evident that the group studied showed the same tendencies as to church affiliations. The Miming Districts, where the population has been the most transient, report the lowest percentage of Latter Day Saints members found in any of the divisions chosen for study. The Rural sections, where the papulation is the least transient, show nearly nine tenths of the people to be members of the dominant church.

It is interesting to note that the percentage of fathers who belong to the Latter Day Saints church is lower than that of the mothers. Although having no direct bearing on the subject of this study, it might be worth while to note in passing that the percentage of girls who belong to the Mormon church is somewhat lower than for mothers, but higher than for fathers.
of the three high schools in Salt Lake City, South reports the highest percentage of fathers and mothers who belong to the dominant church.

The religion of the family may have definite implications for the teacher of homemaking. A Latter Day Saints family will generally mean a large family of necessity there will be the sharing of responsibilities among the family members, and the care of small children can, therefore, well be stressed. Problems pertaining to family relationships and budgeting will also be important. Housing,
interior decoration, and the selection of equipment should have special import where large families are concerned. Especially will the food and clothing problems have real significance. In short, families of the Latter Days Saints church provide a fertile field for the teaching of home economics.

Activities of Fathers and Mothers
The types of recreation engaged in by the fathers and mothers determines to a certain extent the standards of recreation for the individual family members. A study of these organizations and sports in which the fathers and mothers participate has been made in Tables $V$ and VI which are to be found on the following pages.

TABLE V
Activities of Fathers


TABLE V (Cont.)


## TABLE VI

Activities of Mothers


## TABLE VI (Cont.)

| $T$ T Salt Lake City High Schools |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |  |  |  |
| , | ' | L. D. | 1 |  |  | East | , | Sout |  | West | 1 |
| 1 | P |  | 1 |  | 1 |  | 1 |  | , |  | 1 |
| T | ! |  | 1 |  | \% |  | 1 |  | 1 |  | $\dagger$ |
| 1 Clubs | 1 |  | 1 |  | 11 |  | : |  | 1 |  | 1 |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Bridge | 1 | 26 | 1 | 24 | 1 | 42 | 1 | 18 | : 1 | 12 | 1 |
| T | ? |  | 1 |  | T |  | 1 |  | T |  | T |
| 1 Business | ' | 14 | 1 | 9 | 1 | 9 | 1 | 4. | ! | 13 | 1 |
| $T$ | 1 |  | 1 |  | $T$ |  | \% |  | 1 |  | T |
| 1 Church | 1 | 48 | 1 | 43 | 1 | 44 | 1 | 51 | 1 | 33 | 1 |
| T Fraternal | + |  | ! |  | 1 |  |  |  |  |  | T |
| ! organizations | 1 | 11 | 1 | 18 | ; | 12 | 1 | 6 | 1 | 35 | 1 |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Interary | ' | 16 | 1 | 17 | 1 | 31 | 1 | 6 | 1 | 23 | 1 |
| $T$ | 1 |  | ? |  | 1 |  | 1 |  | 1 |  | T |
| 1 School or P.T.A. | , | 22 | 1 | 24 | 1 | 37 | 1 | 19 | 1 | 16 | 1 |
| T | ¢ |  | ! |  | 1 |  | 1 |  | 1 |  | T |
| 1 | t |  | 1 |  | 1 |  | ; |  | , |  | 1 |
| $T$ | T |  | $T$ |  | $T$ |  | T |  | T |  | ' |
| 1 Sports | 1 |  | 1 |  | 1 |  | 1 |  | i 1 |  | 1 |
| T |  |  | 1 |  | 1 |  | 1 |  | 1 |  | $T$ |
| 1 Dancing | 1 | 42 | 1 | 43 | 1 | 48 | 1 | 55 | 1 | 26 | 1 |
| T | 1 |  | ! |  | 1 |  | , |  | 1 |  | T |
| 1 Golf | 1 | 6 | ! | 7 | 1 | 17 | 1 | 3 | ! | 1 | T |
| T | ! |  | 1 |  | 1 |  | T |  | 1 |  | T |
| 1 Hiking | 1 | 19 | 1 | 13 | $!$ | 13 | 1 | 7 | 1 | 19 | ! |
| T | ${ }^{1}$ |  | 1 |  | T |  | 1 |  | T |  | ' |
| 1 Hunting | 1 | 2 | ! | 4 |  | 3 | 1 | 0 | 1 | 10 | 1 |
| T | 1 |  | $!$ |  | 1 |  | $T$ |  | 1 |  | T |
| ! Swimming | 1 | 26 | 1 | 19 | 1 | 22 | , | 20 | , | 14 | 1 |

Inasmuch as the Latter Day Saints church urges its members to get their social contacts within the church, clubs other than those sponsored by the Latter Days Saints church itself and the fraternal organizations are not important in the lives of the Utah people. Organizations
for people of all ages and activities, such as dancing, dramatics, and choir work, are encouraged. Each community has a recreation hall or meeting house which becomes the social center of the locality. One can see at a glance that the church clubs figure more prominently as activities that mothers and fathers enjoy than do the other organizations listed. There are more business clubs in Salt Lake City than in the other divisions of the state. Fraternal organizations are strongest in the mining districts, where the Latter Day Saints church is least active. A larger percentage of mothers than of fathers belong to church organizations; yet this is only natural inasmuch as many of these activities are held during the day, while the fathers are regularly employed.

It is interesting to note that approximately the same percentage of mothers as of fathers enjoy dancing. Both fathers and mothers seem to have varied interests which indicates that they mingle with others in the religious and social life of their communities. From such contacts one would conclude that the parents would, no doubt, gain a point of view which would be extremely valuable to them in the guidance of young people. Activities Shared by Families

Recreational activities within the family are necessary for normal, adjustment of individual family members. The types of recreation enjoyed were tabulated in Table VII.

## TABLE VII

Activities Shared by Families


## TABLE VII (Cont.)



After studying the table relative to activities which the girls enjoyed with their families, one must conclude that the members of Utah families share many pleasures together. The percentages for all divisions studied is exceptionally high. As one might expect, because of the larger opportunities afforded by the city, Salt Lake City families report the highest percentages
for movies, radio, and silent reading. The cities of the second class report a much larger percentage of the families who attend lectures. This might be expected because of the educational opportunities of the parents of these families.

Comparing this material with that of a similar study made in Oregon (17:25) one finds a striking contrast. The Oregon activities range from three to 73 per cent, while the Utah range is 24 to 85 per cent. No doubt this is due to the influence in Utah of the recreational program of the Latter Day Saints church.

The most marked differences found between the Lower and Upper Divisions pertains to picnics, playing games, and school entertainments. Since the girls in the Upper Division are older, they are naturally more socially minded.

The activities enjoyed by the families of the three high schools are very similar. One rather striking difference is present in musical activities. The East High School reports 73 and the West High School 49. This can be explained by the fact that East High School girls have had more extensive opportunities in music than have the West High School girls.

It is unfortunate that most of the activities of Table VII are of a passive type. Recreation of an active type aids more in the development of independence, one of the most desirable qualities to be gained in the growing-
up process. The teacher cannot place too much importance on the problems of family and social relationships.

In summing up the previous discussion relative to "Parents of the Families Studied" certain points seem worthy of repetition. While farming is the most important occupation of the state, the occupations vary in the sections considered. The cities of the second class have more college graduates than do the other divisions, and the mining districts have fewer.

The strength of the Latter $D_{\text {ay }}$ Saints church varies, the mining districts showing the lowest and the rural section the highest membership of all the divisions. The activities of the parents consist essentially of church clubs, and dancing is one of the major sports enjoyed.

Many activities are shared by the families.
The East High School reports a high representation of executive and professional occupations among the fathers. The parents of these families have had the best educational opportunities of the three high schools. In consequence, these families report more musical activities than do the other families.

The South High School reports the highest percentages of parents who belong to the Latter Day Saints church.

## Girls: Activities and Personal Problems

This study furnished data which is helpful in understanding the girl herself. These data, such as organizations and hobbies, will be discussed separately. Organizations to Which Students Belong

The advantages to be gained from mingling with groups, particularly those of one's own gge, are of value in the educational process. Participation in clubs for special age groups is one important means of meeting this need. Data concerning these organizations are tabulated in Table VIII.

## TABLE VIII

Organizations to Which Students Belong



The list of organizations checked in the questionnaire is rather limited, for there are Latter Day Saints organizations other than the Beehive to which girls belong. The Beehive, however, is the only organization of any importance, except the 4 H Club, which is fairly strong in the mining districts.

The Girl Scouts and Beehive are more popular organizations in the Lower Division schools than in those of the Upper Division.

As one might expect from the larger membership in the dominant church, the Beehive organization is stronger among the South High School girls than among those of the East and West High Schools.

These data are comparable to those of the Oregon Survey (17:26) where approximately the same percentage of girls belong to young people's groups as belong to the Beehive in Utah.

Special consideration should be given to the pupils who belong to no organization. It is necessary to interest
them in the organizations that exist or to offer others. It must be recognized that teachers have responsibility in helping young people evaluate the benefits to be gained from cooperative activities. Teachers need to build upon the experiences which have already been gained from participation in such organizations as Campfire, 4 H Club, Girl Reserve, and Girl Scouts. There is a real need for checking the kind of learning responses gained from membership in these clubs.

Hobbies of Students
Inasmuch as hobbies contribute to the development of independence, there is a real need for arousing interest in those which require active attention. The hobbies of the girls have been tabulated in Table IX.

## TABLE IX

Hobbies of Students


The making of albums or scrapbooks is the only hobby in which most of the Utah girls engage.

The author believes that few girls have time for hobbies. Their time schedules seem crowded with school and church activities.

An interesting fact is that a larger percentage of the girls of the West High School are concerned with hobbies related to art work than are the other girls, and likewise a larger percentage of the East High School girls are concerned with stamp collecting.

Sources of Girls' Income
Approximately 13 per cent of the girls have an allowance. (See Appendix) Nearly one half report that they earn their own money, but since 67 per cent ask for it as needed, it can be concluded that some of the girls who earn also ask for a part of their money. Oregon (17:10) reports that 75 per cent of their girls earn their own money. As might be expected, a larger per centage of the girls of the East High School have an allowance than do the girls of the South or West High Schools.

Since the girls are meeting rather varied financial problems, a definite plan for giving specific training in both spending and saving of money should be provided by the home economics work. A real opportunity for teaching the planning of expenditures, buying, and budgeting is suggested.

Methods by Which Girls Earn Money
Since one half of the girls earn their ow money, it will be significant to learn how the money is earned. The methods of earning are considered in Table $X$.

## TABLE X

Methods by Which Girls Earn Money


Study of the foregoing table makes it clear that girls earn money chiefly in two ways, first, and more important, by caring for children, and second, by performing household service in other homes. In addition to these two
methods of earning money the girls of Oregon (17:11) report the picking of fruit. Approximately one fifth of the girls of Salt Lake City and the girls of cities of the second class also do household service. Perhaps there is less opportunity to do this type of work in the other localities.

More of the girls of the West High School care for children than do those of the East High School because of the fact already mentioned that the girls from the East High School come from homes which enjoy superior financial advantages over those represented by the West High School.

There are many implications to be considered from this phase of the study. The qualities related to one's earning capacity are important. The school must show a cooperative relation with industry and make some of its work the basis of home projects. Caring for children being the chief means for earning money, problems pertaining to child care and development can profitably be stressed. The study of time budgets will have special significance, and problems pertaining to sanitation and health as related to certain types of work will also be important. Activities Shared with Boys and Girls

Inasmuch as the Latter Day Saints church encourages early marriages, it provides many opportunities for young people to mingle. An extensive program of recreation has always been a significant part of the general church pro-
gram. In order to get from this survey a picture of the activities which girls enjoy with boys and with other girls Tables XI and XII have been included.

## TABLE XI

Activities Shardd With Boys



Dancing is encouraged as a form of social activity in the church recreation program, and one expects, therefore, to find it one of the major activities shared with boys. Even though they have a greater variety available, the girls of Salt Lake City do not patronize shows as much as do the girls of other sections of the state. Car-riding, too, is less popular in Salt Lake City and in the mining districts.

As the essential difference between the Upper and Lower Divisions is that og age, one would expect to find the older girls much more active spcially than the younger ones, a fact borne out by Table XI.

Eighty-one per cent of the girls of the East High School state that they enjoy petting, while only seven per cent of the South High School admit this. Whether this is a result of less restraint in the homes of the East High

School girls or less honesty in the reporting of the South High School girls is, of course, an open question.

## TABLE XII

Activities Shared With Girls


## TABLIE XII (Cont.)



The activities which girls enjoy most with girls are quite different from those shared with boys. Shows, picnics, house parties, sewing or cooking, talking, and eating are the most popular. One may be surprised to find card playing such a popular activity when it is forbidden by the rules of the Latter Day Saints church.

A much larger percentage of the girls of the East High School enjoy activities pertaining to eating, clubs, and playing cards than do the girls of the other schools. Again, this fact is due to the better economic conditions of the families represented in this school. The percentages for these same activities for the South $H_{i g h}$ School comes approximately between those of the other two schools.

A study of the content of these tables suggests several questions. Are individual as well as group activities provided for these girls? Should time management which would provide more time for recreation be stressed more than it is at the present time? Perhaps foods suitable for camping trips and picnics can be considered in
the foods units. There are also many problems pertaining to social relationships which are of vital importance.

Causes of Friction in the Homes
The Utah home makes an interesting subject for the study of relationships within the family since it is usualIy larger than the average sized family. The larger the group concerned, the more difficylt becomes the problem. Table XIII, on the following pages, shows the causes of friction within the homes studied.

Chief Causes of Friction in Home



There are no very significant differences between the state divisions as to causes of friction in homes studied. Teasing is reported to be the most serious cause of friction and "Misunderstandings", "Some meaber of family not doing share of work", "Lack of nice things wainted", and "Not being allowed to go places" follow in the order named.

It is noteworthy that the Oregon Survey $(17: 29)$ also reported "Cannot go places" and "Teasing" as being among the most disturbing phases of living together in the family.

The age of the girl seems to have marked influence upon these causes of friction. It is quite apparent that there is more friction among girls of the Upper Division than among those of the Lower Division.

One would handly expect to find such a great difference as to causes of friction between the girls of the three high schools as Table XIII brings to light. By far the most friction is found in the West High School homes. For every item of the table other than one, the percentages for the West High School are higher than those of the other schools. The fewest causes of friction are reported by the South High School girls.

The economic conditions of the West High School homes will account for the many causes of friction found in them. One might thus expect to find the fewest causes of friction
of the three schools in the East High School, but this is not the case. Perhaps social problems contributary to money might explain the causes of friction in the families of the East High School. May the religious inclinations of the South High School families account for the presence of so few causes of friction there?

As indicated by the table, there is a grave need for the study of family relations. Educators believe that there is little value in studying traits directly. The development of desired traits may be brought about if experiences are provided through which the girl may develop the given trait. It is important that girls learn to make adjustments with people of their own gge as well as with others.

Contact with parent groups will help the teacher to get a broad point of view regarding this problem.

The findings of the past section relative to "The Girl's Activities" and Personal Problems" are briefly summarized here:-

Many of the girls participate in the activities of the Beehive organization, sponsored by the Latter Day Saints church for girls of high school age. Very few enjoy the reecreating affects of hobbies.

Only a little more than ten per cent have an allowance from the household budget, but this low figure is offset somewhat when we realize that approximately one half
of the girls earn some of their own money. The money is earned chiefly by careing for children and performing household service, but the girls of Salt Lake City seem to have more opportunities for earning money by these methods than do the others.

Dancing is the most popular activity enjoyed with boys.
"Teasing", "Some member of family not doing share of work", and "Lack of nice things wanted" are reported to be among the most serious causes of friction.

The girls of the Upper Division are more active socially than are those of the Lower Division, and they also seem to be the cause of much more friction in the homes.

A larger percentage of the girls of the East High School have an allowance than do the other girls. These girls, too, enjoy more social life than do the girls of the other two schools.

The most numerous causes of friction are found in the homes of the West High School, and the fewest causes in the homes of the South High School.

## Homes of Families Studied

The questionnaires requested information concerning the housing features, types of heat, fuels used for heating and lighting, plumbing features, equipment,services
hired, and housekeeping activities. These topics will be considered in the order listed.

Housing foatures
The persons who constructed the questionnaires desired reliable data concerning many housing features of the homes of the students, but, because of certain technical errors, many of these data were not usable. Table XIV includes the valid items.

## TABLE XIV

Housing Features Reported


A wide variation is noted in regard to bathroom facilities. Only one half of the homes of the rural section (See Appendix) have bathrooms, while 100 per cent of those of Salt Lake City are reported to have bathrooms. Even so, there are homes in Salt Lake City without bathrooms, but this deficiency is compensated for in the fact that some homes of the East High School have more than one bathroom.

As to housing features, the girls in Salt Lake City are decidedly the most fortunate, and the girls living in the mining districts the least fortunate of all the groups. A large percentage of the homes in Salt Lake City have a living room, a dining room, and also a breakfast room, features usually found in better houses.

Table XIV reveals the fact that the girls of the East High School are more favored as to housing features than are the girls of South or West. Only 63 per cent of the East High School girls share their bedroom. It seems evident that the fact that 100 per cent of the West High School girls share their bedrooms serves to explain the many causes of friction found in their homes. (See p.47) It is noted that fewer girls of the Upper Division schools share their bedroon with other members of the family. This may be because the older girls of the family receive more priveleges.

The need for the study of housing and home furnish-
ing problems is implied by the table. Activities pertaining to housekeeping closely associated with time management problems should be emphasized in planning home economics courses. Again, the sharing of responsibilities by the family members is seen to be important. Types of Heat Used

No matter what features a house in Utah may have as to housing, they are of little value to the family unless the house is properly heated. The types of heat and the fuels used are tabulated in Tables XV and XVI.

TABLE XV
Types of Heat Used


As one might expect, more furnaces are in use in the
Salt Lake City homes than in the homes of the other divisions of the state. The rural section reports 82 per cent
of the homes heated by stoves, whereas in Salt Lake City the percentage is 47 .

We note a marked difference in Salt Lake City as to the types of heat used in the various homes. Again, we find the most modern heating in the homes of the Eas $t$ High School and the least modern in the West High School homes. East High School reports 22 per cent of the homes using stọves, South High School 39 per cent, and West High School 66 per cent.

These differences again need no explanation as the distinction is due to the varied economic conditions of the families.

TABLE XVI<br>Fuels for Heating



Of all the sections, the rural ones report the largest amount of coal used for heat. This is natural inasmuch as coal is the only satisfactory type of fuel available in the sections removed from the cities. A striking difference is found in oregon (17:6) where wood is reported to be the chief means of fuel throughout the state. Other types of fuel are found in use in the homes of Salt Lake City even though Utah is one of the important coal producing states of the Union.

Logically we find the most modern fuels used in the homes of the East High School, and the least modern, again, in those of the West High School.

In homes where the stove is used, family relationship problems are inevitable, as the girl has no privacy for studying. Comparison of various methods of heating as to adequacy, cost, and care should be taught. Fuels for Lighting

The problem of lighting the home has a definite relation to the health of the family members. Family tensions may be relieved or even removed by the choice of satisfactory lighting equipment. From the fuels which are used for lighting, it is possible to draw conclusions as to efficiency in terms of time, energy, and money. The fuels used are tabulated in Table XVII.

## TABLE XVII

Fuels for Lighting


There appear to be no marked differences between the various groups as to the amount of electricity used for lighting. The Utah Power and Light Company furnishes throughout the state power at low rates. There is evidence that the people make good use of the electricity available for lighting. Oregon (17:6), on the other hand, reported only 75 per cent of the homes as using electricity.

There are still a few homes of the South and West High Schools where coal oil is used, but 100 per cent of the homes of the East High School use electricity. Plumbing Features

The sanitation of the homes is determined largely by the plumbing features provided. This problem suggests an inquiry as to amount of time and labor involved in cert-
ain housekeeping activities together with a consideration of the care and up-keep of plumbing equipment, and $i$ in some communities a special consideration of the hard water problem. A study of laundry problems and equipment is another possible project. Data for this study are tabulated in Table XVIII.

TABLE XVIII
Plumbing Features


An investigation of the plumbing features of the homes of the given districts leads one to conclude that the homes of Salt Lake City are better equipped than are those of the other sections of the state. The cities of
the second class rank next, and the mining districts and the rural sections follow in the order named. Only 50 per cent of the rural homes have water piped into the bathroom or have hot water in the house.

The East High School homes have superior conditions as to plumbing features in comparison with the homes of the other two schools. The writer is unable to account for the lower standards of plumbing features found in the homes of the South High School than in those of the West High School.

Household Conveniences
In order to have some idea of the relative amount of labor involved in housekeeping activities, the household conveniences in the homes of the various gimls are tabulated in Table XIX, to be found on the following pages.

TABLE XIX
Household Conveniences

| T- T Utal High Schools 1 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| + | TTotal Salt icities ${ }^{\text {PMining }}$ /Rural |  |  |  |  |  |  |  |  |  |  |
| , | 'State |  | ! | Lake | 1 | f 2d |  | ist |  |  | 1 |
| Family Owns | 1 |  | 1 |  |  | lass | 1 |  | , |  |  |
| $T$ | \% |  | 1 |  | T |  | 1 |  |  |  |  |
| - Radio | ! | 81 | 1 | 91 | 1 | 86 | 1 | 84 | ' | 82 | , |
| TElectric washing | ? |  | 1 |  | 1 |  |  |  |  |  |  |
| 1 machine | 1 | 80 | ! | 66 | 1 | 82 | 1 | 75 | 1 | 83 | + |
| TTreadle sewing | 1 |  | 1 |  | ! |  | 1 |  |  |  |  |
| 1 machine | ; | 79 | 1 | 48 | 1 | 73 | 1 | 62 | 1 | 77 | 1 |
| 7 | f |  |  |  | 1 |  |  |  |  |  |  |
| - Electric iron | 1 | 79 | 1 | 85 | 1 | 78 | 1 | 78 | 1 | 75 | 1 |
| $T$ | I |  |  |  | 1 |  |  |  |  |  | 1 |
| 1 Automobile | 1 | 68 | 1 | 68 | 1 | 66 | 1 | 66 | ! | 70 |  |
| 1 | 1 |  |  |  | ! |  |  |  |  |  |  |
| 1 Piano | 1 | 48 | 1 | 54 | 1 | 58 | 1 | 11 | 1 | 50 |  |
| T | 1 |  | , |  | ! |  |  |  |  |  |  |
| 1 Victrola | 1 | 47 | 1 | 49 | 1 | 47 | ! | 43 | 1 | 49 |  |
| T | 1 |  | 1 |  | 1 |  |  |  |  |  |  |
| - Electric sweeper | 1 | 42 | 1 | 60 | 1 | 49 | 1 | 42 | 1 | 39 | 1 |
| T |  |  | 1 |  |  |  |  |  |  |  |  |
| 1 Pressure cooker | 1 | 31 | 1 | 33 | ! | 30 | 1 | 32 | 1 | 33 |  |
| $\uparrow$ | 1 |  | 1 |  | ! |  |  |  |  |  |  |
| - Telephone | ' | 29 | 1 | 49 | 1 | 42 | 1 | 24 | 1 | 17 | ; |
| TElectric sewing | 1 |  | 1 |  | 1 |  | 1 |  | \% |  |  |
| 1 machine | 1 | 21 | 1 | 32 | 1 | 25 | 1 | 23 | 1 | 15 | ! |
| $T$ | 1 |  | 1 |  | 1 |  |  |  |  |  |  |
| 1 Organ | 1 | 11 | 1 | 6 | 1 | 10 | 1 | 11. | 1 | 14 | ! |
| 7 | 1 |  | 1 |  | 1 |  | + |  | 1 |  |  |
| 1 Electric mixer | ! | 6 | 1 | 17 | 1 | 8 | 1 | 10 | 1 | 4 | ! |
| T | 1 |  | 1 |  | 1 |  | 1 |  |  |  | 1 |
| - Mangle | ! | 4 | 1 | 8 | 1 | 6 | 1 | 4 | 1 | 3 | 1 |
| THand washing |  |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 machine | 1 | 6 | 1 | 7 | 1 | 4 | 1 | 6 | 1 | 7 | 1 |
| $T$ Tother power |  |  | 1 |  | 1 |  |  |  |  |  |  |
| 1 washing machine | ' | 4 | $!$ | 2 | 1 | 2 | 1 | 1 | ! | 2 | ; |

## TABLE XIX (Cont.)

Household Conveniences


In the responses to the conveniences owned by the families an interesting situation is revealed. More than 80 per cent of all the families of the state have a radio, and again, as one might expect, a slightly larger percentage of radios is found in Salt Lake City than in the qutlying districts. More than 75 per cent of the homes are equipped with an electric washer, but only 66 per cent of the homes of Salt Lake City are thus equipped. This is, no doubt, because these people have adequate and inexpensive laundry facilities available. Gehrs (11:27) in her study relative to Minnesota homes found that power washing machines were used in over one half of the homes. Approximately three fourths of the families of the state use a treadle sewing machine, but in Salt Lake City less than half of the families report this item. In this connection it should be noted that of all the sections Salt Lake City reports the largest percentage of electric sewing machines.

We find more than three fourths of the families of the state using electric irons. All the divisions report approximately the same number of automobiles. The low percentage of pianos in the mining districts can be accounted for when we realize that their populations are made up chiefly of transients. Families which move from place to place accumulate fewer belongings than do those permanently located. Only 29 per cent of the families have telephones,
but in Salt Lake City nearly 50 per cent of the homes are thus provided.

The electrical equipment found throughout the state is relatively high. Gehrs (11:38) reports the same relate ive to Minnesota homes. Comparison of the percentages of conveniences with those tabulated in the Oregon Survey (17:8) reveals some striking variations. Approximately the same percentage of radios, treadle sewing machines, pressure cookers, electric mixers, and hand washing machines is found, but Oregon reports slightly higher percentages than does Utah for automobiles, pianos, telephones, and mangles. Utah, in turn, reports higher percentages than does Oregon for electric irons, sweepers, and sewing machines. Power rates being lower in Utah than in Oregon, this is quite logical.

One would scarcely expect to find any difference as to conveniences between the homes of the Upper and Lower Divisions of Salt Lake City. It is noted, however, that there is a higher percentage of conveniences in the Upper Division homes than in those of the Lower Division. Possibly families of the former provide greater conveniences as the children mature.

The number of household conveniences reported for the three high schools of Salt Lake City again emphasizes the marked differences in economic status of the families of these schools.

It is interesting to note the emphasis given to laundry equipment in the foregoing table which, again, points to the necessity for study of this problem. Gehrs (11) in her study relative to Minnesota homes makes a similar conclusion. It is important that students be led to evaluate types of household equipment in terms of time, energy, and money. The choise of school equipment should be in accordance with the standards of living of the people of the community. Services Hired

It is vital to know how much of the work pertaining to the home is done by hired services, inasmuch as such service affects the responsibilities of the individual family members.

Many persons believe that most families have their laundry work done out of the home, yet we find that only one fourth of the Salt Lake City families hire their laundry done. Nearly one half of them have their dry cleanirg done, but only one fourth of the rural familyes have this service.

The girls of the Upper Division Schools of Salt Lake City report 20 per cent more dry cleaning done out of the home than do the girls of the Lower Division Schools. Again, this may be because the older girls of the families receive more privileges.

Because of economic conditions, the East High School
girls report the largest percentage for dry cleaning, laundry, and services hired for housecleaning.

Since families of the small communities have few laundering facilities and since even the Salt Lake City families have their washing done in the home, should they not be given special help pertaining to this problem? For similar reasons, would it not be desirable to teach simple and safe home cleaning methods? Because of the need of a solution to this problem, Pauline Berry Mack (16:805-807) and others carried on an extensive research. Fifty-eight home dry cleaning solvents and home spotting agents were studied, giving the following conclusions:

The cost of doing dry cleaning at home was found to be greater than is commonly supposed, and the cleaning efficiency of the various solvents proved to be low.

It was found that many of the preparations had not been sent to the Underwriters Iaboratories or to any other nationally recognized laboratory to be examined for fire hazard, and that even those that had been so examined did not carry on their labels a definite statement as to their degree of such fire hazard.

The presence of ingredients believed to be toxic, even if handled in gallon quantities, was revealed in many of the secret preparations. These were found in most cases to be accompanied by inadequate directions.

This study seems to indicate that it is unwise to tamper with dry cleaning preparations in the home.

Should not more attention be given the selection of garments that will respond to the best washing methods or that will require a minimum of up-keep?

## Housekeeping Activities

Since the sharing of responsibilities is such a vital problem of successful family life, as it affects both the family as a whole and the development of independence in each individual within the family, it is significant to find out to what extent the girls participate in the various activities of the home. Those pertaining to housekeeping have been tabulated in Table $X X$.

## TABLE XX

Housekeeping Activities


In the table relative to housekeeping activities no conspicuous variations are noted, and a very large percentage of the girls are found to participate in these activities.

Approximately 15 per cent more of the Lower Divis ion girls participate in scrubbing than do the girls of the Upper Division, and likewise 17 per cent more of the Upper Division girls make beds than do the Lower Division girls.

A smaller percentage of the East High School girls engage in the activities of sweeping and scrubbing than do the girls of the other two schools.

No doubt a larger percentage of the girls would help with these activities if time would permit. The study of time management problems needs special attention. There seems to be a need, too, for checking achievement resulting from home experiences so that the school will not waste time reteaching what has already been learned. And now The significant points relative to "The Homes of the Families studied" are here considered.

Of the groups studied, the Salt Lake City homes are the most fortunate as to housing features, and the mining districts the least fortunate. More than 80 per cent of the rural homes are heated by stoves, but in Salt Lake City more of the modern methods of heating are found.

A rather wide difference as to plumbing features is noted in the homes. Of all the divisions, the most up-todate plumbing features are found in Salt Lake City, and the least modern in the rural sections, where only one half of the homes have water piped into the bathroom.

In general, the homes are equipped electrically. Electricity is used generally throughout the state, and as a result there is evidence of much power equipment in the homes.

The homes are usually equipped for laundry work. This is consistent with the fact that only one fourth of the Salt Lake families hire their laundry work done, and a much smaller percentage of the families of the other groups employ this service. One half of the families of Salt Lake City hire their dry cleaning done, but in the other districts less of this is done out of the home.

The East High School is more favored as to housing features than are the South and West High Schools. It is found that 66 per cent of the West High School homes are heated by stoves, as compared with 22 per cent of the East High School homes. More modern plumbing features and more household conveniences are found in the homes of the East High School than in those of the other two schools. It is noted, also, that this school reports more laundry and dry cleaning done out of the home than do the others.

## Problems Pertaining to Child Care and Development

This section of the study is divided into three topics: percentage of girls who have brothers and sisters living in the home; activities pertaining to care of children; and equipment in homes adapted to small children.

These will be discussed in the order named. Girls Having Brothers and Sisters Living in the Home

It has been found that girls who have younger brothers and sisters are naturally well-motivated for the study of child care. The data concerning this topic have been tabulated in Table XXI.

## TABLE XXI

Percentages of Girls with Brothers and Sisters at Home


A large percentage of the girls of the state have younger brothers and sisters. It is interesting to note that the percentage is not so high for Salt Lake City and the mining districts as for the other sections.

The girls of the Lower Division schools of Salt Lake City report a higher percentage of younger brothers and sisters than do the girls of the upper division. This seems natural, as the former girls are themselves younger.

From these figures one must conclude that there are excellent projects pertaining to child care and development possible within the girl's own home. Again one needs to emphasize the importamce of the various family members sharing the responsibilities of the home. Wherever there are younger children in the home, the problem of make-over garments needs to be emphasized. The composition of the household affects the financial problems, also, and we ree cognize that budgeting should be considered of primary importance.

Child Care Experiences
As a large percentage of the girls have infant brothers and sisters, one wonders how much of the responsibility for their care is assumed by the high school girl. Activities pertaining to this topic are tabulated in Table XXII.

## TABLE XXII

Activities Pertaining to
Care of Children

|  |  | Utah High Schools |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

## TABLE XXII (Cont.)



The responses to the various activities listed in the table pertaining to child care make it evident that there are no significant differences between the girls of the groups. It seems noteworthy that more of the girls care for children outside the home than for those in the home. We find in each of the groups that the things girls do for children range in the same order. "Play with" is done most often, "Put to bed" second, "Tell stories" third, and "Prepare food" fourth. Oregon (17:23) reports lower percentages than does Utah with regard to these activities.

There is no great difference noted as to the age of the child who is cared for.

It is apparent that 68 per cent of the girls of the Lower Division care for children outside the home, while only 58 per cent of the Upper Division girls do such work. This is rather to be expected since these girls carry more social responsibilities than do the younger girls. It is noteworthy that 91 per cent of the Lower Division girls play with children, while only 60 per cent of the Upper Division girls report this. This is probably natural inasmuch as the girls of the Lower Division are two to three years younger than those of the Upper Division.

Because of its value in helping the girl to understand herself, the importance of teaching child care cannot be over stressed. We need to teach this work even though the girls do not have the opportunity of living
with children in their own homes. It is so important that the school should even provide experiences with children.

Home Equipment Adapted to Small Shildren
Since such a large percentage of the homes have small children, it will be significant to find out what proportion have equipment adapted for the needs of these children. The data are tabulated in Table XXIII.

## TABLE XXIII

Home Equipment Adapted to Small Children


Less than 50 per cent of the Utah homes provide equipment adapted to small children.

Since age is the distinguishing factor of the study
pertaining to the Upper and Lower Divisions, it has no bearing on this particular table.

One would expect to find better equipment for small children in the homes of the girls of the East High School than in those of the other two schools, yet no significant differences can be seen.
there appears to be a real need for the teaching of equipment adapted to the size of the child. Factors involved in selection should also be stressed.

The outstanding points considered in the previous section relative to "Problems Pertaining to Child Care" are listed below.

A need for the study of child care is indicated because a large percentage of the girls have younger brothers and sisters and more than half of them care for children outside the home. "Play with", "Put to bed", "Tell stories", and "Feed" are the activities done most often.

Less than one half of the homes provide equipment for small children.

A larger percentage of the girls of the Lower Division have younger brothers and sisters than do those of the Upper Division. A larger percentage of these girls also report that they "Play with" children than do the other girls.

This phase of the study has been considered under two headings, activities pertaining to clothing practices and the buying of clothing. Activities Pertaining to Clothing

To learn how much responsibility of their clothing problems girls actually assume, items as to the care and construction of clothing were included in the Utah Survey. These items are tabulated in Table XXIV on the following pages.

## TABLE XXIV

Activities Pertaining to Clothing

| T | 1 Utah High Schools |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ' | Total |  |  | Salt |  | Cities |  | Schools |  | Rural |  |
| , | , | Stat |  |  |  | of |  |  |  | Rus |  |
| $1 \times$ | 1 |  | 1 |  | , |  | $s^{1}$ |  | 1 |  |  |
| T Ironing own | 1 |  | 1 |  | 1 |  |  |  |  |  |  |
| 1 clothing | 1 | 80 | 1 | 78 | 1 | 79 | 1 | 72 | 1 | 85 | , |
|  |  |  | 1 |  | 1 |  |  |  |  |  | 8 |
| Pressing clothing | 1 | 79 | ' | 76 | ! | 83 | 1 | 73 | 1: | 86 | \% |
| - Making own | ! |  | ! |  | ! |  | $!$ |  | 1 |  | T |
| ' 1 clothing | 1 | 68 | 11 | 68 | 1 | 80 | , | 54 | ' | 72 | 1 |
| $\dagger$ Ironing others | 1 |  | 1 |  | ! |  | ! |  | ! |  | T |
| clothing | , | 62 | ; | 54 | , | 59 | 1 | 56 | + | 62 | 1 |
| , Washing own | 1 |  | T |  | ! |  | 1 |  | 1 |  | T |
| 1 clothing | ! | 61 | 1 | 66 | 1 | 68 | 11 | 59 | 1 | 61 | 1 |
| T | 1 |  | 1 |  | 1 |  | 1 |  | ! |  |  |
| - Mending | ; | 51 | 1 | 39 | 1 | 59 | 1 | 43 | 1 | 59 | 1 |
| T Washing others | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 clothing | 1 | 46 | 11 | 31 | 1 | 44 | 1 | 43 | 1 | 48 | , |
| 1 | 1 |  | ! |  | 1 |  | 1 |  | 1 |  | 1 |
| 1 Darning | 1 | 43 | 1 | 25 | 1 | 48 | 1 | 34 | 1 | 51 | 1 |
| 3 Making clothing fo | \% |  | 1 |  | 1 |  | 1 |  | $!$ |  | , |
| ! younger children | ' | 26 | 1 | 35 | 1 | 24 | 1 | 22 | 1 | 30 | ! |
| , Making mother's | t |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| , clothing | 11 | 12 | 1 | 12 | 1 | 16 | 1 | 6 | 1 | 16 | 1 |
|  |  |  |  |  |  |  |  |  |  |  | T |
| 1 Garments made |  |  | 1 |  | 1 |  | $!$ |  | 1 |  | 1 |
| 1 independently | 1 |  | 1 |  | , |  | 1 |  | ; |  | ! |
| 1 | 1 |  | , |  | , |  | 1 |  | f |  | 1 |
| 1 School dresses | 1 | 62 | 1 | 50 | ' | 71 | 1 | 46 | 1 | 73 | , |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Under garments | $!$ | 40 | 1 | 47 | ; | 38 | 1 | 37 | 1 | 47 | , |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Make-overs | 1 | 34 | 1 | 25 | 1 | 35 | ' | 30 | 1 | 39 | ! |
| $T$ |  |  | \% |  | 8 |  | 1 |  | ! |  | T |
| 1 Suits | 1 | 7 | 1 | 5 | 11 | 12 | , | 5 | , | 10 | , |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  |  |  | T |
| 1 Coats | 1 | 4 | 1 | 5 | 1 | 5 | 1 | 3 | ! | 5 | 1 |

TABLE XXIV (Cont.)

| 1 | 1 | Sal |  | Eake |  | City | High Schools |  |  |  | T |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 |  |  |  | U.D. | ${ }^{1} \mathrm{E}$ | ast |  | outh |  | West |  |
| Troning own | T |  | T |  | T |  | 1 |  |  |  |  |
| 'clothing | ! | 75 | , | 82 | 1 | 81 | ; | 86 | 1 | 78 | ' |
| 7 | T |  | 1 |  | 1 |  | 1 |  | ! |  | T |
| 'Pressing clothing | 1 | 69 | ! | 86 | 1 | 85 | 1 | 82 | : | 91 | 1 |
| Taking own | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| ' clothing | 1 | 67 | ' | 69 | 1 | 68 | 1 | 71 | 1 | 67 | 1 |
| TWashing own | 1 |  | ! |  | 1 |  | ¢ |  | 1 |  | T |
| 'clothing | 1 | 63 | 1 | 70 | 1 | 63 | ' | 61 | ! | 85 | ! |
| Troning other's | $T$ |  | ! |  | 1 |  | 1 |  | 1 |  | T |
| 'clothing | 1 | 53 | 1 | 57 | ' | 47 | ; | 66 | 1 | 57 | ' |
| , | 7 |  | ! |  | 1 |  | 1 |  | 1 |  | \% |
| 'Mending | ! | 40 | 1 | 40 | ! | 47 | ' | 17 | $\stackrel{ }{ }$ | 55 | 1 |
| TMaking children's | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | ' |
| 'clothing | + | 53 | ' | 14. | 1 | 15 | , | 10 | 1 | 16 | ; |
| TWashing other's | T |  | 1 |  | 1 |  | 1 |  | 17 |  |  |
| 'clothing | ! | 31 | ' | 30 | 1 | 63 | 1 | 61 | 1 | 85 | , |
| T | 7 |  | 1 |  | 1 |  | $!$ |  | 1 |  |  |
| ' Darning | 1 | 18 | 1 | 35 | 1 | 32 | + | 35 | 1 | 38 | 1 |
| TMaking mother's | 1 |  | 1 |  | $T$ |  | I |  | 1 |  | 1 |
| 'clothing | , | 9 | ' | 13 | 1 | 6 | 1 | 18 | ; | 13 | ' |
| T |  |  |  |  |  |  |  |  |  |  |  |
| TGarments made | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  |  |
| 'independently | , |  | 1 |  | 1 |  | 1 |  | 1 |  | $!$ |
| T | 1 |  | 1 |  | 11 |  | 1 |  | 1 |  | T |
| 'School dresses | 1 | 39 | 1 | 66 | 1 | 62 | 1 | 73 | 1 | 62 | ' |
| T | 1 |  | 1 |  | 1 |  | ! |  | ! |  | 1 |
| 1 Under garments | , | 47 | 1 | 46 | 1 | 30 | ! | 63 | , | 45 | ' |
|  | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | $T$ |
| 'Make-overs | 1 | 18 | - | 37 | 11 | 22 | , | 46 | 1 | 4.3 | ! |
| T | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 'Suits | ! | 1 | 1 | 11 | ; | 10 | , | 10 | 1 | 12 | ! |
| $T$ | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| coats | $!$ | 2 | 1 | 5 | 1 | 7 | ' | 5 | 1 | 3 | 1 |

No wide group variations were found relative to the activities pertaining to clothing work. As would be expected, more of the girls iron than wash their own clothing. It is noted that 79 per cent press their clothing, and 68 per cent report that they make their own clothing. School dresses and under garments are the articles most frequentIy made. The Indiana Survey ( $8: 85$ ) reports this same fact. A rather high percentage, 35, consists of make-overs. It is a question whether these were to meet an emergency, as this survey was made in April, 1935, a time when many homes were still making depression adjustments.

It is obvious that the girls of the Upper Division assume more responsibilities regarding the care and making of their clothing than do the girls of the Lower Division. The more significant variations between the two groups have to do with such items as ironing, pressing, washing, darning, the making of under garments, and make-overs.

A Larger percentage of the girls of the West High
School than of the other schools do their washing and mending; the South High School girls, however, make more school dresses and under garments than do the girls of the East or West High Schools.

The experiences which girls have gained in their homes and elsewhere as to clothing problems need careful checking so that building may occur at the place where instruction is needed. The activities checked show that
home projects in clothing continue to be desirable. In cases where construction problems are carried on, the planning of time should be carefully considered. This affords splendid opportunity to compare time and money values.

In order to make teaching more constructive, teachers have the responsibility of handling more of the problems pertaining to color, textiles, line, etc. as group work. Too much actual class time has been wasted by individual instruction. The end of teaching is not the construction of a new garment but from this problem to develop judgment ability that will carry over in new situations.

The school should develop a sense of responsibility within the girl which will enable her to share in taking care of the clothing needs of the family. This will afford opportunity to consider the needs of others.

## Buying Clothing

Not less important than the care of clothing and the construction of garments is the problem of buying clothing. Who buys the girl's clothing? Who buys the clothing for the family and where are the purchases made? This material is tabulated in Table XXV.

## TABLE XXV

Buying Clothing


TABIE XXV (Cont.)


It is noted that as many girls buy their clothing as make it, and that approximately half of the girls make clothing purchases for other members of the family. Over one fifth of the girls from all the sections other than Salt Lake City buy from mail order houses. This cannot be due entirely to lack of facilities in their own communities. It is noted that approximately the dame proportion
of girls of Oregon (17:15) buy from mail order houses. The girls of the Lower Division schools do less of their buying than do those of the Upper Division schools. This seems natural since the Upper Division girls are older and are, therefore, able to accept more responsibilities for their clothing problems.

Probably again because of economic factor*, we find that the mothers, fathers, and girls of the East High School make more purchases of clothing than do those of the West High School.

Since it is a common need, at least as much time should be spent in purchasing problems as on those of construction. The alterations of ready-to-wear garments should be emphasized in home economics classes. Comparisons should be made of the problems of purchasing by mail order and those of personal shopping.

The outstanding points of the previous section concerning "Problems Pertaining to Clothing and Personal Appearance" are here reviewed:

No significant variations were found between the state groups considered. A large percentage of the girls wash, iron, and press their own clothing. More than 60 per cent make school dresses independently, and approximately 40 per cent make undergarments independently. About 35 per cent of the work consists of make-overs. Nearly three fourths of the girls buy their own
clothing, and many buy clothing for others. More than one fifth of the girls from all sections with the exception of Salt Lake City buy from mail order houses. A need of careful evaluation of the girls' clothing problems is indicated. The development of judgment regarding the care, construction and buying practices is the basic problem suggested. It is apparent that the girls of the Upper Division assume much more responsibility relative to the care, buying, and making of their clothing than do the girls of the Lower Division.

A larger percentage of the girls of the West High School care for their own clothes than do the girls of the other two schools, but a larger percentage of the South High School girls make school dresses and under garments independently than do the girls of the other schools.

## Problems Pertaining to Food and Nutrition

Information concerning the family meals, activities pertaining to family meals, the girls' breakfasts and lunches, fuels used for cooking, and methods of refrigeration make up this division of this study. They will be considered in the order named. Information Concerning Family Meals

To make it possible to base the work in home economics upon the family needs and present practices, items as to the methods of meal service were tabulated in Table

## TABLE XXVI

Information on Family Meals

| - | 1 Utah High schools |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 1 | 'Trotal |  | Salt | 'Cities' |  |  | 'Minisp' |  | TRural |  |
| $1 \times$ | 'State | , | Lake | ,of 2d |  |  | 'Dist's' |  | i |  |
| 1 | 1 | 1 |  |  | Class | , |  | 1 |  |  |
| TMeals | 1 | 1 |  | T |  | 1 |  |  |  |  |
| 1 eaten together | 1 | 1 |  | 1 |  | 1 |  | ' |  | 1' |
| $T$ | 1 | 1 |  |  |  |  |  |  |  |  |
| 1 Breakfast | 1 75 | ! | 64 | ; | 777 | 1 | 68 | 1 |  | 1 |
| 7 | T | 1 |  | 8 |  |  |  |  |  |  |
| 1 Lunch | 135 | 1 | 15 | 1 | 48 | 1 | 40 | ! | 27 | 1 |
| $T$ |  |  |  |  |  |  |  |  |  |  |
| 1 Dinner | 85 | 1 | 84 | 1 | 82 | 1 | 79 | 1 | 89 | 1 |
| T |  |  |  |  |  |  |  |  |  |  |
| Meals eaten |  |  |  | 1 |  |  |  |  |  | T |
| 1 in kitchen | $!$ | 1 |  | 1 |  | 1 |  | 11 |  | 1 |
| $\uparrow$ | 1 | 1 |  | 1 |  |  |  |  |  | T |
| 1 Breakfast | 84 | 1 | 80 | 1 | 76 | 1 | 76 | 1 | 88 | 1 |
| $T$ | 1 | 7 |  |  |  |  |  |  |  |  |
| 1 Lunch | 68 | 1 | 67 | $!$ | 67 | 1 | 66 | 1 | 65 | 1 |
| $T$ | 1 | 1 |  | 1 |  |  |  |  |  | 「 |
| 1 Dinner | 65 | 1 | 57 | 1 | 57 | 1 | 55 | 1 | 71. | 1 |
| T M T |  |  |  |  |  |  |  |  |  |  |
| $T$ | 17 | ' |  | 1 |  | 1 |  |  |  | $T$ |
|  |  |  |  |  |  |  |  |  |  |  |
| T | -18 | T |  | 1 |  | T |  |  |  | $T$ |
| 1 Breakfast | 12 | 1 | 8 | $!$ | 16 | 1 | 19 | 1 | 11 | 1 |
| $T$ | 1 | $!$ |  | 1 |  | 1 |  | 1 |  | T |
| 1 Lunch | 120 | 1 | 13 | 1 | 26 | ! | 22 | 1 | 21 | 1 |
| T | 1 | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Dinner | 42 | ; | 52 | 1 | 52 | ! | 41 | ! | 43 | 1 |
| $T$ |  | 1 |  | 1 |  | , |  |  |  | $T$ |
| TPlan most used to ! 1 |  |  |  |  |  |  |  |  |  |  |
| 1 serve dinner | 11 | 1 |  | - |  | 1 |  | , |  | 1 |
| T Food placed in ! ! ! |  |  |  |  |  |  |  |  |  |  |
| 1 serving dishes | 173 | , | 91 | 1 | 77 | 1 | 55 | 1 | 77 |  |
| T Plates served at it 1 |  |  |  |  |  |  |  |  |  |  |
| 1 table by a parent | 112 | 1 | 5 | 1 | 7 | 1 | 13 | 1 | 16 |  |
| T Plates served in | $T$ | 1 |  | 1 |  |  |  | 1 |  | T |
| 1 kitchen | 112 | 1 | 12 | 1 | 10 | 1 | 18 | 1 | 15 | : |

## TABIE XXVI (Cont.)



A larger percentage of the families eat dinner together than the other meals of the day. A large percentage of the family breakfasts, about 68 per cent of the lunches, and 65 per cent of dinners are eaten in the kitchen. Oregon (17:16), too, reports the largest percentage of the family meals being eaten in the kitchen.

The food is usually placed in serving dishes and passed around. About 12 per cent of the families have the food served at the table by the father or mother.

A larger percentage of the East High School girls report their families as eating dinner in the dining room than do the girls of the other schools.

Since the kitchen is most often used for serving meals, it should be made attractive and convenient. The study of time management problems will be more significant if food is prepared and served in the kitchen. Too much school time is wasted teaching forms of serving that students have no use for in their homes. If most of the families place their food in serving dishes and pass it to the family members, then this type of serving should be emphasized in home economics classes. Methods of serving should be evaluated. Other forms of meal service should be taught if the community has use for them. Meal conversation as an important factor in contributing to atmosphere of family meals is important.

## Activities Pertaining to Family Meals

We should continue the study pertaining to family meals. We need to know how much responsibility of the family food purchasing and how much of the planning and preparation of the family meals the girls are assuming. Items relative to these points have been tabulated in Table XXVII on the following pages.

TABLE XXVII
Activities Pertaining to Family Meals

| $\uparrow$ | 1 Utah High Schools |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 11 | 'Total' Salt Mities Mining Rural |  |  |  |  |  |  |  |  |  |  |
| ' | 'State' |  |  | Lake | 1 | of 2d | 'Mining' |  |  |  | , |
| 1 | 1 |  | , |  |  | class | , |  | , |  | ! |
| 1 | ! |  | ! |  |  |  |  |  |  |  | T |
| 'Setting table | 1 | 88 | 1 | 89 | 1 | 83 | 1 | 88 | 1 | 89 | 1 |
| T |  |  | 1 |  |  |  |  |  |  |  |  |
| 'Planning meals | 1 |  | 1 |  | 1 |  | P |  | ¢ |  | ! |
| $T$ |  |  | 1 |  |  |  |  |  | 1 |  | 1 |
| 1 Breakfast | , | 40 | 1 | 30 | 1 | 43 | 1 | 4.1 | 1 | 39 | 1 |
| T |  |  |  |  |  |  | 1 |  |  |  | T |
| 1 Lunch |  | 40 | 1 | 31 | 1 | 40 | 1 | 40 | 1 | 43 | 1 |
| $T$ |  |  | 1 |  | 1 |  | 1 |  | 1 |  | 1 |
| 1 Dinner | 1 | 61. | 1 | 53 | 1 | 63 | 1 | 51 | 1 | 68 | 1 |
| $T$ |  |  | \% |  | \% |  | 1 |  | 1 |  | T |
| 1 Food for parties |  | 53 | 1 | 53 | 1 | 62 | 1 | 42 | 1 | 55 | , |
| 7 |  |  | 1 |  |  |  | ¢ |  |  |  | T |
| 1Preparing meals | 1 |  | 1 |  | 1 |  | ; |  | 1 |  | , |
| T |  |  | 1 |  |  |  |  |  |  |  | T |
| 1 Breakfast | 1 | 47 | ! | 34 | 1 | 50 | 1 | 40 | 1 | 47 | 1 |
| $T$ |  |  | 1 |  |  |  | 1 |  |  |  | 1 |
| 1 Lunch | ! | 49 | 1 | 37 | 1 | 44 |  | 72 | 1 | 49 | 1 |
| T |  |  | \% |  |  |  | 1 |  |  |  | 1 |
| \% Dinner | , | 67 | $!$ | 55 | 1 | 74 | 1 | 55 | 1 | 76 | 1 |
| $T$ |  |  | ? |  | 1 |  | 1 |  |  |  | T |
| 'Baking | 1 |  | 1 |  | 1 |  | 1 |  | 11 |  | 1 |
| $T$ |  |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Cakes | 1 | 81 | 1 | 74 | 1 | 87 | 1 | 78 | , | 83 | 1 |
| $T$ |  |  | T |  | ! |  | 1 |  | 17 |  | 8 |
| 1 Pies | ! | 48 | $!$ | 30 | 1 | 45 | 1 | 39 | 1 | 48 | ! |
| $T$ |  |  | 1 |  | 1 |  | 1 |  | 1 |  | 8 |
| 1 Bread | 1 | 46 | 1 | 22 | 1 | 55 | 1 | 35 | 8 | 55 |  |
| $T$ |  |  | 1 |  | 1 |  | 1 |  | 1 |  | 7 |
| 1 Hot breads | ' | 44 | 1 | 33 | ! | 48 | - | 32 | 1 | 44 |  |
| $T$ |  |  | 1 |  | 1 |  | 1 |  | 1 |  | T |
| 1 Making salads | 1 | 75 | 1 | 69 | 1 | 77 | 1 | 67 | 1 | 74 |  |
| $T$ |  |  | 1 |  | T |  | 1 |  | 1 |  | T |
| 1 Wäshing dishes | ! | 88 | ? | 93 | , | 93 | 1 | 89 | 1 | 85 | , |
| Canning and |  |  | 1 |  | 1 |  | 1 |  |  |  | 8 |
| preserving | 1 | 32 | 1 | 18 | $!$ | 39 | 1 | 21 | $!$ | 35 | 1 |
| 11 | 1 |  | 1 |  | 1 |  | 1 |  | 1 |  | 1 |
| 1 BBying groceries | 1 | 70 | : | 67 | 1 | 70 | 1 | 61 | 1 | 72 | 1 |

TABLE XXVII (Cont.)


At a glance one notices the similarity of activities between the girls of the given groups. Approximately nine tenths of the girls set the table. We notice that more girls engage in activities relating to planning and preparing the dinner than the breakfast or lunch. This is no doubt becuase girls have more leisure in the home about the time dinner is prepared and served.

Cake making is more commonly done by the girls than the baking of pies, hot breads, and bread. A little more than one fourth engage in activities relative to canning and preserving.

Approximately 70 per cent of the girls of the state buy groceries for the family.

In Salt Lake City a larger percentage of the Upper Division girls plan and prepare meals than do the Lower Division girls. There is no essential difference in the activities pertaining to setting the table, washing dishes, baking cakes, and making salads.

We are again confronted with the need of checking achievement resulting from home experiences. The family meals furnish many opportunities for excellent home projects. It will be helpful to contact parents to see that girls are given more responsibility in the family food problems and a chance to carry out their own ideas in their activities. The buying of food should be emphasized. Better nutrition should be the objective of teaching all family food problems and teachers need to keep in mind that know-
ledge has no value unless practiced. The changed individual is the desired goal.

The Girls' Breakfast and Lunch
Consideration has been given to the responsibilities which girls assume regarding the family meals and the buying of food. A study of family table service has been made, but the most fundamental point of all, a study of the girl in regard to nutrition, has not yet been considered. A few items as to the girls' breakfasts and luncheons have been tabulated in wable XXVIII.

TABLE XXVIII
Girls' Breakfasts and Lunches



It is found that 70 per cent of the girls of the state eat breakfast regularly as compared with 84 per cent from the Oregon study. (17:16) With the exception of those from the mining districts a large percentage of the girls bring their lunches from home.

Only 17 per cent of the girls of Salt fake City go home for lunch, but this is rather to be expected since the Salt Lake City schools are conducted on the single session plan. It is only with special permission that students are allowed to leave the school grounds at noon. Nearly three fourths of the Salt Lake City girls patronize the school lunch room, while only 38 per cent of the girls of the state buy their lunch at school. The Salt Lake City high schools are equipped with cafeterias adequate for the size of the school Not all the schools of the state have this advantage.

From this table we do not know how often the girls eat at the school lunch room or how often they bring their Iunches from home. Since the sum of the percentages where the noonday meal is eaten is larger than 100, we know that girls vary from day to day as to whether they buy their lunches at school or carry them from home.

A smaller percentage of the girls of the West High School eat breakfast and luncheon regularly than do the girls of the other two schools. More of the East High School girls than the others patronize the school lunch room.

The information gained as to tge girls' nutrition is somewhat limited. One might ask why do not all of the girls eat breakfast and luncheon regularly. The girls who filled out questionnaires were all enrolled in home economics courses, and many had also taken previous courses. It appears that the nutrition work as taught is not carrying over sufficiently. This should be a challenge to the teachers of home economics.

The packed lunch brought from home should be emphasized, in foods work. Teachers need to cooperate with those in charge of school cafeterias that students may buy adequate lunches. Too many school lunch rooms are only places to eat a hamburger, chili, and soda pop. Wherever possible the cafeteria should become a practical laboratory for the demonstration of good nutrition.

## Fuels for Cooking

Inasmuch as power rates are moderate in Utah, the use of electricity for cooking is practical. Since many of the school laboratories are equipped with electric ranges, it seems advisable to study this problem in relation to the homes. The fuels used for cooking were tabulated in Table XXIX.

## TABLE XXIX

Fuels for Cooking


It is obvious that 65 per cent of the families use coal for cooking, while 40 per cent use electricity. The percentage which use wood has no particular significance because it is usually necessary to use some wood when coal is used. Oregon reports 21 per cent of the families cooking with electricity and 87 per cent with wood. (17:6)

About one half of the families of Salt Lake City cook with coal; the other half use electricity and gas. only one fourth of the families of the East $H_{i g h}$ School report the use of coal for cooking.

The selection and use of equipment, the cost, upkeep, and labor involved should receive special consideration in home economics classes. The storage and safety problems as to fuel should be stressed.

The stoves in the school laboratories should be, in general, of the same type as those found in the community. Methods of Refrigeration

The care of food in the home is a vital prbblem affecting the health of the family members. The method used has definite relation to the amount of the food budget inasmuch as it determines both the keeping qualities of food and the amounts which can be purchased with safety. The methods of refrigeration have been tabulated in Table XXX.

## TABLE XXX

Methods of Refrigeration


Conspicuous is the fact that only a small percentage bf the families of the state have no means of refrigeration, although there are wide variations as to the type used. We find about the same number of electric refrigerators, iceless refrigerators, and ice refrigerators.

A rather wide variation as to refrigeration is noted among the families of the three high schools. One half of those of the West High School use ice refrigerators, while approximately the same proportion of those of the East High School use electric refrigerators. About one tenth of the West High School families have no special provision for refrigeration, but only three per cent of the East High School families are so affected.

The results of this table suggest a need for the study of refrigeration equipment. Points relative to efficiency, cost, and up-keep should be considered. The need for refrigeration in homes is of great importance. The significant points of the last division of this study, "Problems Pertaining to Food and Nubrition", are briefly summarized below:

Dinner is the only meal that families eat together generally, although more than balf eat breakfast together. Most families eat their meals in the kitchen. The food is placed in serving dishes and passed around the table. A larger percentage of the girls engage in activities relative to planning and preparing dinner than breakfast or lunch, although in actual practice less school time has been given to the family dinner than the breakfast and lunch.

The efficiency of the teaching of nutrition is questioned somewhat when we note that only three fourths
of the girls of the state eat breakfast regularity. A large percentage carry their lunches from home or purchase them at the school lunch room

Approximately 65 per cent of the families of the state use coal for cooking, while 40 per cent use electricity. About one half of the Salt Lake families cook with coal; the others use gas and electricity.

The Upper Division girls assume more responsibilities relative to buying and planning and preparing meals than do the Lower Division girls.

It has been indicated that the families of the East High School are favored with modern equipment, as approximately half report the use of electric refrigerators, and three fourths of the families report the use of electricity and gas for cooking.

## Summary

It is interesting to nobe the extreme points of difference as well as the many similarities between the four state groups, Sait Lake City, Cities of the Second Class, Mining Districts, and the Rural Sections, which have been the basis of this study.

The sections vary as to the distribution of occupations of the fathers, although more people are engaged in agriculture than in any other one occupation.

Although the Latter Day Saints Church is the dominant one of the state, there is variation as to the strength
of this church, particularly in Salt Lake City and the mining districts. The families participate extensively in church activities.

An interest in man problems is indicated by the fact that approximately one half of the girls earn their own money by caring for children and performing household service. The fact that such a large proportion care for children bespeaks a natural interest in children, aside from the fact that most of them have younger brothers and sisters. only one half of the homes provide child care equipment.

Many problems resulting from living together are reported. "Teasing", "Not doing share of work", "Lack of nice things" are the most serious underlying causes of friction in the homes.

Considerable variation is noted as to housing features, the poorest being found in the mining districts. Approximately three fourths of the homes of the state and one half of the homes of Salt Lake City are heated with stoves. Because electricity is available, one finds a variety of power equipment in many homes. There is evidence of washing equipment in a large percentage of the homes, which explains the small percentage that send their washing out.

A wide variation of plumbing features is noted, the most adequate being found in Salt Lake City and the poorest in the rural sections, where only one half of the homes are provided with hot water or have water piped into the bathroom.

Dinner is the only meal that families eat together generally. The largest percentage of the families eat in the kitchen, and the food is usually placed in serving dishes and passed around the table for each member to help himself. Girls assist more with the planning and preparing of dinner than with those of lunch or breakfast. A large proportion of the girls carry their lunches, while nearly all of the Salt Lake City girls either buy their lunches at school or carry them from home. Only 70 per cent of the girls eat breakfast regularly. Approximately three fourths engage in buying groceries.

About 65 per cent of the families of the state use coal for cooking, while the rest report the use of electricity. It is noted that one half of the families of Salt Lake City use coal for cooking; the others use gas and electricity.

Much of the responsibility for washing, ironing, and pressing of their clothing is assumed by the girls. The garments made independently are school dresses and underwear, and make-overs are common problems. A large proportion of the girls buy their own clothing, and in the sections other than Salt Lake City more than one fifth of the purchasing is done through mail-order houses.

The Upper Division girls are more active socially
than are those of the Lower Division and are the cause of added friction reported in the homes studied.

The girls of the Upper Division assume more responsibility relative to the activities of the home than do those of the Lower Division.

There are more executive and professional occupations represented among the fathers of the East High School than of the South and West High Schools. According to educational opportunities of parents, the three high schools might be arranged thus: East, South, and West. The South High School reports the largest percentage of fathers and mothers who belong to the dominant church.

The girls of the East High School engage in more social activities than do those of the other two schools. More causes of friction are found in the West High School, and the lowest in the South High School.

The homes of the families of the East High School have more superior housing features than those of the South or West. More than half of the West High School homes are heated by stoves as compared with less than one fourth of those of the East High School. Better plumbing features and a larger percentage of household conveniences are found in the homes of this school. One half of the families of the East High School use electric refrigerators, while approximately the same proportion of the West High School use ice refrigerators.

The previous study will now be summarized as to the significance to the state curriculum and also to that of Salt Lake City.

## Summary and Implications for the

## State Curriculum

The findings, in general, indicate the need for a broad curriculum in home economics, considering varied problems pertaining to family living, giving the maximum opportunities for the development of the girl.

Inasmuch as electricity is availabie and is moderate in price in Utah and since such a high percentage of the homes are equipped with electrical devices, it seems logical to stress the importance of the use of these in the home economics classes.

The past five years has seen radical changes in the homes as to equipment and use of electricity, and is it not logical to suppose that the next few years will bring even greater changes? It seems important to prepare girls for these changes which they are meeting today and those that they will meet in the future. Girls should be taught to carefully evaluate all types of household conveniences. Their cost, use, and safety should be considered that girls may develop judgment in the selection of such equipment.

Since the importance of time management has been indicated by the findings of this study, the consideration of the labor-saving features of equipment is most important.

Inasmuch as the kitchen is the place where labor and time are chiefly involved, it is recommended that a special study be made of kitchen equipment.

This study shows that a large proportion of the homes have laundry equipment and do the laundry wo rk at home; therefore it seems that laundry work deserves attention in home economics classes. Girls should be taught how to evaluate and to make decisions regarding home and commercial methods and results. They should be shown how to evaluate laundry equipment and its use. The dangers of dry cleaning in the home should be emphasized.

A study of plumbing features as they relate to family health and efficiency should be considered. The problem of plumbing features in connection with time and management is vital. As has been indicated, this problem is extremely important in certain parts of the state.

The problem of evaluating available fuel, such as coal, gas, and electricity, should be considered. Its significance in relation to the amount of time and labor involved is vital. These fuels should be compared as to cost and efficiency. This problem is a particularly significant one for Salt Lake City. Because of its geographical position at the foot of the mountains, the burning of soft coal brings
about a smoke condition that makes the city very dirty. This provokes a serious problem during the seven or eight months when heat is needed. Fueld should be studied as to cost, efficiency, and storage facilities.

The choice of lighting fixtures for the home in relation to the health of the family members and the family budget has been indicated.

The selection of house furnishings and their arrangement so as to meet the maximum efficiency for family members as well as to give opportunities for aesthetic experiences is vital.

Because so many girls participated in home cleaning practices, it seems advisable for the school to establish standards of work in the care of the home and its furnishings. Methods of work should be studied in relation to time and effort expended.

Judgment problems in relation to the kitchen as a convenient place in which to work should be considered. Since this is the room where the majority of the families serve their meals, judgment should be developed in handling problems pertaining to furnishings and attractiveness and arrangement of equipment. Too much time has been spent in table service impractical for the existent living conditions. The family dinner in the evening should be stressed more than the other two meals since more of the girls
are able to help with this meal. This is the only meal that families eat together, and it is safe to conclude it is the only time that many families spend together. 中herefore the problems pertaining to meal atmosphere are of vital importance.

Better nutrition for both the girl and the family should be the underlying purpose of all teaching of food problems. It is not sufficient to teach merely the subject matter pertaining to nutrition, as this is of little value unless practiced. The time spent in food study is not justifiable unless higher standards of nutrition are achieved.

Emphasis should be given the problems involved in food selection and the lunch box, inasmuch as students either buy their lunches at school or carry them from home. There should be a shift of emphasis in teaching the luncheon problem as the home luncheon is usually emphasized.

Since this is a problem to many girls, the development judgment in relation to food purchasing ahould receive primary attention. It is essential to contact parents to help them realize why girls should be given responsibility pertaining to food problems and an opportunity to carry out their own ideas.

Before considering any program relative to clothing problems, it is essential to pre-test to find out what has been learned from home experiences and other sources. The
main objective of this program should be the development of judgment in regard to the girls' clothing practices. If we base our teaching on the needs of the girl, as least as much emphasis should be placed on the selection of clothing as on the construction processes. An evaluation of ready-made versus home-made clothing should be considered paramount as to time and energy involved, cost, and workmanship. The alteration of ready-to-wear garments should be taught.

The development of judgment in the selection of the most artistic, appropriate, economical, and serviceable clothing should be considered. The problems pertaining to clothing construction should pertain to school dresses and underwear, although the fact that an activity is widely participated in at home does not necessarily mean it should be continued in the home and encouraged by the school. When construction problems are undertaken, short-cut methods, the selection of materials, and appropriate styles should be emphasized. A splendid opportunity is presented through construction problems to lead girls to consider the needs of others.

It was noted that a large number of make-over garments were made. Since many of the families have small children, it is recommended that make-over problems for children be emphasized.

Inasmuch as a large percentage of the girls meet the
problems relative to care and repair of clothing, much time of the clothing classes should be given to this subject.

In the districts where girls buy from mail order houses, careful evaluation should be made as to products, their cost, difficulties in purchasing, and advertisements.

Because of the size of the average Utah family and because a large percentage of the girls care for children, a study of children is of primary importance to enable girls to accept responsibilities as to the care of children both in and out of the home and also to help girls to understand themselves. It is important to develop judgment as to the necessity of providing special equipment adapted to the age of children.

Inasmuch as such a large proportion of the girls earn, there is a splendid opportunity for planning expenditures, buying, and account keeping. The need of teaching family budgets is especially recommended because of the size of families and the large number engaged in agriculture.

The necessity of sharing responsibility in the home has been indicated because of the large families, the presence of small children in the homes, and the large number of activities carried on in the homes without hired help. This problem is of importance as the development of responsibility within the learner is a major aim of education. If this development does not begin in the home, the individual will be less independent when maturity is reached.

The need of study of problems pertaining to family relationships has been indicated by the fact that the individual members have no privacy and by the causes of friction noted. We know, too, that relationship problems are involved in working out family expenditures, and these often become serious when girls earn their own money. Tensions are relieved by putting problems on the verbal level.

The value of cooperative activities should be emphasized in home economics work as life situations require people to live together. Students can learn to get along with others only to the extent that they have had experience in group activities. Home economics work should provide rich experiences through which personality traits might be developed.

Inexpensive forms of family recreation emphasizing active types as well as passive ones are significant. The evaluation of radio programs as they affect the individual members is a vital family problem of today. Individual activities are equally as important as the group forms. Home economics offers a wealth of material out of which hobbies might be developed. In addition to their relaxing values, hobbies offer opportunity for aesthetic experiences which give color and richness to living.

The writer concludes that these basic implications are applicable in general to all sections of the state, even though there are differences in the families studied.

Rogers (20) made the same conclusion in a similar study relative to the schools of Lexington, Kentucky. Pattison (16), too, concluded that there is a body of basic materials which is applicable generally.

Individual teachers will have the problem of applying and adjusting these basic findings to the families of each of their respective communities. An important factor in intelligent teaching is an understanding of the individual in his total situation. This means that the teacher must know the child, visit the homes, and become acquainted with and take part in community life.

In the total teaching situation teachers will have the responsibility of correlating the work with that of other departments within the school so that the aim at all times is the development of an integrated personality and not merely the imparting of subject matter. Contact with parent groups will be a valuable aid in reaching this goal.

## Summary and Implications for the Salt <br> Lake City Curriculum

In keeping with the conclusions in the preceding section, the implications previously considered are all applicable to Salt Lake City. Inasmuch as this study involved two additional factors, the distinction as to age of the Upper and Lower Divisions and the affects of the geographical conditions of the three Upper Division
schools, East, South, and West, the implications of these additional factors will be considered.

The girls of both the Upper and Bower Division schools of Salt Lake City participate in a variety of home activities, but it is noted that the girls of the Upper Division assume more responsibility relative to the family than do those of the Lower Division, who are merely the helpers in the home. Badgley (I) made the same conclusion relative to her study with seventh and eighth grade girls in Oakland, California. Shefo und that these girls were largely mother's helpers and did not assume total responsibility for the performance of any activity.

This conclusion is the same as that given by leading specialists (18) of home economics education in this country. The application of this basic point as it affects the entire program of home economics will now be considered. The emphasis of the home economics program in the early secondary school is built around the theme of the girl's contribution to the family members, while that of the later secondary school is built around the family followed by the contribution of the girl and family to the community.

Program for the Early Secondary
School
Girl's Contribution to the Family

1. Assisting with preparation and serving of food.
2. Caring for own room and some other common rooms.
3. Caring for younger children.
4. Use of money and account keeping.
5. Shopping.
6. Caring for own clothes.
7. Use of leisure time.
8. Personal hygiene and health habits.
9. Safety in the home.

Personal Problems

1. Personal appearance and grooming.
2. Selection and construction of own clothing.
3. Color in selection.
4. Selection of food for self.
5. Management of own money.
6. Making own room attractive.
7. Social relations.

> Program of Later Secondary
> School
> The Family

1. Family financial problems.
2. Food for the family.
3. Clothing for the family.
4. Housing equipment.
5. Child care and development.
6. Time management.
7. Family relations and recreation.

Contribution of the Family to
the Community

1. Consumer education.
2. Child welfare.
3. Housing.
4. Sanitation and health regulations.
5. Social and economic security.
6. Contribution of community to family and family to community.
7. Recreational opportunities.
8. Establishing a home and choice of mate.

A comparison of the data of the three high schools, East, South, and West, emphasizes essentially the extreme differences as to the economic conditions of the homes of each school. Superior conditions as to homes, equipment, and advantages offered are found in the East High School, and the lowest are found in the homes of the West High School, while those of the South High School range in between. Since the equipment of the home economics departments should accord with the standards of the homes represented, it is concluded that the standard of the department of each of the three high schools should necessarily be different. To make the girls realize that there are
better things available so that they will desire to improve their homes, the conveniences found in each department should be a little better than that which is found in the average home. There is some danger, however, of sttting the standard too high, particularly in case of the West High School department.

The home economics activities should be in accordance with this wide variation as to economic standards of the homes.

## Iimitations of the Study Made

From time to time studies similar to the present one need to be made. The conclusions and recommendations from this study will not necessarily be applicable to the training of girls in future years as the conclusions just discussed were made on the basis of conditions and practices of the Utah homes as found in April, 1935.

This study is limited in that we are not able to judge how often the activities were performed. It would be valuable to have a more extensive study giving the frequency of such performance.

It would be of value,also, to have more information on which to judge the results of the teaching of nutrition. Information concerning the kind of food eaten daily and the number of breakfasts and lunches eaten weekly would have been of advantage. This study is limited in that we have
no information as to the kind of food nor the number of meals eaten.

Perhaps the students participated in forms of recreation or activities not listed on the questionnaire. Furnishing definite check lists made the study limited inasmuch as it was impossible to suggest complete lists of activities applicable to living conditions of all girls. Again, if check lists had not been furnished, it is possible that the students would not have been able to recall those activities in which they actually engaged. This study is limited also in that the results are only from girls who have had home economics training. We are not able to make a comparison of results between girls who have had home economics and those who have not. Thus it is not possible to draw conclusions as to how successfully work given in home economics is carrying over into the home.

## Suggestions for Further Research

It would be valuable to have a similar study made during a vacation period in order to get an accurate picture of the home responsibilities which girls assume when school activities do not occupy their time. The frequency of these activities performed in the home should be included.

Since buying is a significant problem of today,
we need more specific information regarding it. When and where do girls shop? How often do they buy? Do they purchase independently? What buying difficulties do girls have? What aids do girls use in making decisions as to buying?

One of the vital problems facing education today is that of fusion which many believe is essential in order to bring about the integrated personality. Home economics educators should be alert to their opportunities and should have information concerning the number of girls in each school that are being reached with specific courses in home economics. If home economics cannot reach a large proportion of the students, then perhaps some of the content should be fused with other courses in such a way that all will have the opportunity of gaining help regarding problems pertaining to everyday living.

Each year individual teachers should make limited studies, supplemented by home visits, of home practices and home conditions of the girls in the community in which they teach. This is the only way that teachers can meet the needs of the homes and the girls of the community served.

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APPENDIX

## Directions for Using Questionnaire

## Value to Teachers

Home economics teachers have been asked to contribute to the state-wide curriculum study. A committee has been working on the curriculum program and has formulated the enclosed questionnaire. They feel they should know the needs of the junior and senior high school pupil, their interests and something of their home conditions as a guide in planning the state home economics course of study.

We are attempting to secure some of this information by a questionnaire given to pupils enrolled in home economics classes. This information will be valuable in selecting units, grade placement of units, content of units and in directing the home project program.

How to Use the Questionnaire

1. Explain to class that you want the information to help you plan a better program for them and the state, therefore it must be given serious consideration. Emphasize the importance of answering each question carefully and thoroughly
2. The questionnaire can easily be answered in one class period ( $40-50$ minutes).
3. Questionnaires are to be given to five of your home economics classes. Select ten representative girls from each class. The questionnaire in its present form is not adapted to boys.

The following points may guide you in making selections:
a. A farm home.
b. A town home.
c. A family of four or less in size.
d. A family of five to seven in size.
e. A family of more than eight.
f. A family which represents a low income level.
g. A home which represents the best living from standpoint of finances.
h. A family considered as community leader.
i. Pupils of high and low scholastic standing. (Do not select students who are not sufficiently intelligent to understand meaning of questions.)
j. If you are in a consolidated school be sure
and select one student from each community.
Corrections to be Noted (and explained to class).

1. On page 3, Section III A end of $19--$ should read "Go back to III A and double check."
2. On page 1 , I $A-6 i$ and $j$, omit men and women.
3. It will be necessary to explain that the total number of rooms does not include clothes closets, halls, or porches unless they are used as rooms.
4. On page 2, D - 1 and 2 of tabulation sheets, lines should be inserted for mother and father under both foreign born and American born.

Compilation of Results

1. Compile the results from each class on enclosed tabulation sheets.
2. One set of sheets to be used for each class.
3. You will note in first column a possibility of either checking, answering yes, or giving a number.
4. Give totals only when it seems feasible.
5. Last column is for double checks only.
6. In order to help you to tabulate the results, it is legitimate to select perhaps ten capable girls. Two girls might record results for each class. One could check while the other reads.

What to do with Material

1. Return all questionnaires and tabulation sheets to Etta Scorup, Department of Education, State Capitol Building, Salt Lake City, by April 20 if possible and not later than April 27. It will be necessary to return the material by first class mail. See if stamps for this purpose cannot be obtained from your school office. We particularly desire an early return because Miss Beulah I. Coon, Federal Agent for Research, has consented to help in the interpretation of data so we must have the summaries before she arrives.
2. We have enclosed seven sets of tabulation sheets, one set should be used to record results from each class. Two will be used as summary sheets--one to be kept by you and one sent to the committee
3. List the points brought out in the questionnaire which you think will be most helpful to you as a home economics teacher. Send one copy of this list to us and keep one for use in your own school.
4. Summaries and interpretation of data will be mailed to your school at the beginning of school next fall. If you desire, questionnaires and tabulation sheets will also be returned.
5. At the summer home economics conference units in the course of study will be placed on the hasis of information obtained in the survey.
6. Will you give a copy of the questionnaire to your principal and talk over your findings with him. The superintendent has already been mailed a copy, but he will doubtless also be interedted in local results.
to help us with this study, and hope the benefits finally derived will be valuable to you in the future.

Utah State Home Economics Course of Study Committee

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\begin{aligned}
& \text { Lila Canavan, Chairman } \\
& \text { Elsa Bate } \\
& \text { Marie Driscoll } \\
& \text { Priscilla Rowland } \\
& \text { Lola Bradford } \\
& \text { Iva Carlson } \\
& \text { Etta Scorup } \\
& \text { Margaret Swenson } \\
& \text { Ruth Rees } \\
& \text { Ora Haws } \\
& \text { Frances Rowberry } \\
& \text { Maurine Flint }
\end{aligned}
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STATE OF UTAH
DEPARTMENT OF PUBEIC INSTRUCTION Charles H. Skicmore, Superintendent Division of Vocational Education Salt Lake City

$$
\text { April 1, } 1935 .
$$

## 'IO MOME BCONOALCS STUDENAS:

iilll you answer the following questionnaire carefuily and thoughtfully?
ae Econonics Teachers and Pupils have been asked to contribute to a state-wide reiculum study. This is an opportunity to do a piece of work that will be of value In he state and to us as individuals. The tiaings you and other pupils check on these birnhs will help the comaittee to judge rhat is best to put in the homemaking course of study. If you do not understand any of the items, ask your teacher to axplain thea.

1. Date
2. Hame of town
3. Name of school
4. Your age
5. Sex
6. Grade or year
7. Check grades in which you have studied.

Herne Eccnomics 7_ 8_ 9_ 10_11_12_

READ DIRECTIONS AND CHECK CAREPULAY:


A . Members of femily now living in your home:

1. Father
2. Vother - $-\square$ 3. Brothers (Indicate number)
a. Infant $\qquad$
b. Pre-school
c. School
3. Sisters (Indicate mumer)
a. Infant
b. Promschool
c. School
4. Total number in family
5. Check people in addition
to your family now living
in your home:
a. Grandmother
b. Grandfether
c. Aunts
d. Uncles
e. l.o. of infants
6. iio. of pre-schuol children
g. No. of school children
h. No. of boarders
i. Mon
j. Women
7. How many fam?lles live in your home?
8. Total number of people living in your home
B. Occupations of:
9. Father
10. Mother

a. Housewife
b. Work outside of house
c. Kind of work
G. Education:
11. Father - Highest Grade Attended:
a. Grade School
b. High School
c. College
12. Mother - Highest Grade

Attended:
a. Grade School
b. High School
c. College
d. Some training in Home Ec.
D. Name of country in which parents
were born:

1. Father
2. Bother
E. Does your family own house in
which you life?
F. Do you live in an apartment?
G. Is your home in:
3. Town
4. Jarm

H. Roons in your home:
5. Totel. no. of rooms
6. Check rooms in your home
a. Living room
b. Dining room
c. Sreakfast room or dinette
d. Bathroom
e. Number of bedrooms
f. Number of clothes closets
g. Laundry
h. Number of others who thare your bedroom
i. Guest room
j. Others ion:
7. Mother
8. Father
9. Self
J. Check work done by hired
help at least $50 \%$ oi time:
10. Dry cleoning
11. Care of yard
12. Laundry
13. Cooking
14. Cleaning house
15. Care of children
16. Gardening
17. Sewing
18. Others

II. Fiays Members of ycui Family Spend their Leisure Time:
A. Activities tinst some or all of your family enjoyed
together. Check ones en-
gaged in:
19. Reading eilentiy
20. Reeding eloud
21. Pleying games
22. Music
23. Going to movie
24. Going to lectures
25. School entertainments
26. Car riding
27. Listening to radio
28. Going to church
29. Going to picnics, hikes, skiing $\qquad$
30. Entertaining friends and guests
31. Home parties
32. Swimining
33. Others


Look back over list and double check those you enjoyed most.
B. Activities your mother and
father engage in:

1. Mother:
a. Clubs:
(1) Bridge
(2) Sewing
(3) Literature
(4) Church
(5) Fraternal organization
(6) School or parent-teacher
(7) Business
(8) Others

c. Sports:
(1) Golf
(2) Hiking
(3) Swimming
(4) Dancing
(5) Others
2. Father:
a. Clubs:
(1) Eridge
(2) Literature
(3) Church
(4) Fraternal organization
(5) School or parenttencher
(6) Eusiness
(7) Others

b. Sports:
(1) Golf
(2) Hiking
(z) Swimming
(4) Dancing
(5) Hunting
(6) Others

D. Check types of emusements and activities you enjoy with: 1. Boys:
a. Dancing

c. Pienics, hiking, sioting, and skiing $\qquad$
d. Studying号
f. Petting
g. House parties
h. Playing cards
i. Talking
j. Collecting stamps
k. Mairing candy
3. Others

## -

a. Showe
b. Picnics, hikes, sinting
c. Club activities
d. Talking
e. Zating
f. Sesting or croking
g. Plaging carde
h. Houre yarties
i. Collect stamys
j. Haleing candy
k. Others
E. If you have a hobby, hat is it?
F. Check reading material that comes regularly to your house:

1. Daily poper
2. $\begin{aligned} \text { fecily } \\ \text { paper }\end{aligned}$
3. Sunday paper only
4. List magazines in your home:

Here
$\qquad$
Look veck over list and check those jou read.
III. Division of Home Responsibilities
A. Check ways you help in
the home:

1. Rumning errands
2. Buying groceries
3. Buying clothing:
a. For self
b. For others
4. Setting table
5. Planning meals:
a. Breakfast
b. Lunch
c. Dinner or supper
d. Food for parties
6. Fiashing dishes
7. Dusting
8. Sweeping
9. Scrubbing
10. Making beds
11. Caring for children
12. Putting rooms in order
13. Pressing clothes
14. Nending
15. Wishing:
a. Own clothing
b. Others
16. Ironing:
o. Ovi
b. Others
17. Cooking:
\&. Canning \& preserving
b. Freparing meals:
(1) Bireakfast
(2) Lunch
(3) Dinner or supper
c. Eaking:
(1) Cakes
(2) Pies
(3) Bread
(4) Hot breads
d. Making salads
e. Other dishes $\qquad$

## 18. Seving:

a. Naking own clothing
b. Maxing clothing for younger brothers and sisters
c. Making mother's
d. Darning
e. Kending
f. Others

19. What garinents do you nake by yourself:
a. School dresses
b. Under garments
c. Coats
d. Suits
e. Makeover
f. Others


Go back and double check
activities over which you
have complete charge.
20. Who purchases food in your home:
a. Mother
b. Father
c.Self


Double check perzons who have most responsibility.
21. Who purcinases clothing:
a. Motiar
b. Faticer
c. Self
d. Others


Double check prasnons whe
have meet raspouribility.
3. Thinge you co for childron:

1. Do you taike care of children:
a. In your home
b. Outside your home

- Check things you do for child:
a. Prepere food
b. Feed

c. Bathe
d. Put to bed
e. Play with
f. Tell stories
g. Take walking
h. Help form good eating habits

3. What age child or children do you usually care for:
a. Infant
b. Pre-school
c. School

Go back to B and check things(double) you do in other persons homes.
IV. Personal Health Conditions and Practices in your Family.
A. Check indispositions which have troubled you within the last six months:

1. Colds
2. Headaches
3. Constipation
4. Cramps
5. Sore throat
6. Accidents $\qquad$
7. Contagious diseases(Neme)
B. Members of family who have
been sick in bed for at
least one day the past year:
8. Yourself

a. Cause
b. Length
c. No. of times
9. Father
a. Cause
b. Length
c. No. of times
10. Mother
a. Causo
b. Length
c. No. of times
C. Do you eet breakfast regularly
D. Do you eat a noonday meal rogularly
E. Do you eat noonday meal at
11. Hume
12. School lunch room
13. Cnfe
14. Do you carry lunch
F. Checl: meals your family ordinerily eat together:
15. Breakfast

## Here

2. Lunch
3. Dinner or supper
G. Check megils the fumily ordinarily ent in kitchen:
4. Breakfast, $\qquad$
5. Lunch $\qquad$
6. Dinner or supper
H. Checik meals the family ordinarily eat in dining room:
7. Brenikfast
8. Lunch
9. Dinner or supper
I. Check plen used most often
for dinner in jour home:
10. Food placed on tize table in serving dishes
11. Piates served in kitchen

## V. Physical Invironment of vour

 Home.A. Houschold conroniences:

1. Water is piped
a. In kitchen
b. In bathroom
c. In laundry
d. Near house
e. Hot water
f. Cold water
B. House is heated by Furnace:
2. Hot air
3. Stcker

4. Steam
5. Hot w.ter
6. Stoves

Fireplace
C. Fuel used for heating:
i. Gas
2. Woad
S. Electricituy
4. Conl
S. 011
D. Fuel. used for cooic!ng:

1. Gas
2. 侽od
3. Cral

4. Gamaling
5. 041
6. Bucctracity
E. House i.s iigisted by:
7. Gers
8. Coal 011

9. Gas Lamp
F. Food is kept cold by:
10. Well
11. Celler or crve
12. Iceless refrigerator or cooler
13. Iced refrigerator
14. Ges refrigerator
15. Electric refrigerator
16. No special provision
G. Your family owns a:
17. Radio
18. Automobile
19. Truck
20. Piano
21. Organ
22. Victrola
23. List other musical instruments
24. Telephone
25. Pressure cooker
26. Electric sweeper
27. Washing Machine:
a. Hrnd
b. Electric
c. Other power
28. Electric mixer
29. Mangle
30. Sewing machine:
a. Electric
b. Treadle
31. Electric iron
H. Equipment adapted to small
children in your home:
32. Special place for childrents books
33. Place for toys
34. Low hooks for wraps
35. Step for toilet and lavatory
36. Nursery chair
37. Other special equipment
VI. Check the following Causes
38. Monny places
39. Wember of fanaly late to meals
40. Lack of privacy
41. Some member of family not doing his share of work $\qquad$
42. Lack of nice things you want
43. Not having an allowance
44. Selfishness

> or

,
,
$\rightarrow$

of Friction or Disagreement

in Your Home:
in Your Home:

2. Nut being allowed to goplacesof fanily late to5. Some member of family notdoing his share of work
Jack of nice things you want-
$\square$

## Here


#### Abstract

$\square_{0}$


4

$\square$$1-$
Check
Check
Here
Here
3. Misunderstandings

|  |  |
| :--- | :--- |
| members |  |
|  |  |

15. Rork isn't delegated to fomily mombors
1.h. Jeniousy
16. Teasing

VIII. Phascs of Home Economics in Which Girls exe Interested (Assuming tho following subjects can be well taught, check the ones on which you would like the school to give you help.)
A. Porsonal appearance:
17. Cure hair, skin, hands
18. Seloction ready-made garinents
$\qquad$
19. Principles of art reluted to personal appearance
20. Selection of dress materials
21. Care of clotining
22. How to wear clothes
23. Construction of garments
B. Porsonality and Character:
24. Etiquetie and manners
stes
25. Duties of host and hostess
26. Being a gracious guest
27. Cultivation of desirable traits and habits
28. Overcoming undesirable traits and habits

29. Proressional fees
30. Commiseion $\qquad$
B. In whit wayz do you receive money for yourselt:
31. Aliewance
32. Fism it
33. Ask for as noeded
34. If cerned, how?
C. Check places where you purcirase dxy zoede:
35. stisse an year own team
36. Sture in nearivy turna
37. Hallorder horises
38. House to house so iesman
D. Do you nake a jlian for spending
E. Do you ikeep an accurate expense account,
F. Does your fenilly keep an expense account
39. Stenderds of conduct with boy friends
40. What you should know akout sox
41. Choosing a husband or $: 1 f e$
C. Hec.1th \& Home Care of
Sick:
42. How to keep well
43. How to caro for the sick
44. First ald
D. Food end Ihterition:
45. Canning and preserving food
46. Planning meals for the fomily
47. Cooicing meals for the family

| Check | Check |
| :--- | :--- |
| Here | Here |

4. Serving meals $\qquad$ I. Are you taking Home Economics
5. Washing dishes puoperly
6. Overcoming food dislikes
E. House care and furnishings:
7. Simple repairs of household equipment
8. Selection of Surnishings
9. Selection of equipment $\qquad$
10. Principles of art related to the home
11. Arrangement of furnishings
12. Making household articles
F. Management:
13. Determining whether to purchase a ready-made article or make it at home
14. Kceping expense accounts
15. Plenning use of noney
16. Making schedules for work
17. Conservation of rood, clectricity, fuel, etc.
18. Marketing for the family
19. Planning wardrobe for self G. Child care and development:
20. Planning food for children
21. Prenatal care
22. Bething

23. Preparing food for children
24. Planning clotijing for children
25. Making clothing for children

26. Helping children form good habits
27. Selection of toys, stories and gemes for children
H. Other problems because:
28. You want to improve your appearance Here
29. You want to contribute to social life at home
30. You hope to get married
31. You wish to develop sociel graces
32. To learn to use money wisely
33. You went to be a good homemaker
34. You thought it was an easy subject
35. Your friends are taking it
36. Parents wanted you to take it
37. Principal or teacher advised you to take it
38. Required subject
39. You like the teacher
40. You like to cook
41. You like to sew
42. Nothing else to take
43. You like to work at home
44. You like to work with smoll children
45. You believe Home Economics is a big subject requiring much study
46. Course is important in everyone's life
47. You expect it to help you in earning your living other than in your home
48. Others

Salt Lake City
Lower Division
$\begin{array}{lr}\text { Bryant } & 50 \\ \text { Horace Mann } & 100\end{array}$
Irving 100
Jackson 50
Jordan 50
Lincoln 100
Roosevelt 50
Upper Division
East 100
South 100
West
100
Total
800
Cities of Second Class
Brigham City 60
Provo 50
Logan 100
Cedar City
Total
650
1otal 260
Minjng Districts
Carbon 100
Brigham 40
Park City 38
Cyprus 50
Garfield
Extreme Rural
Castledale ..... 46
Milford ..... 40
Riversville ..... 28
Emery ..... 50
Grand ..... 20
Blanding ..... 15
Panguitch ..... 30
Marysvale ..... 10
Circleville ..... 20
Total259
Rural
South Cache ..... 50
Davis ..... 100
Granite ..... 100
Jordan ..... 80
Bear River ..... 80
North Cache ..... 119
Weber ..... 100
Total ..... 629

Services Hired


Reading Material That Came To Home Regularly


Reading Material Etc. (Cont.)

|  | Salt'Lake city Hlgh Schools |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | L.D. | U.D. TEast | South | 1West |
| Household: |  |  |  |  |
| 1 Good Housekeeping | 20 | 29134 | 129 | 20 |
| 1 Ladies Home Jourd | 18 | $15: 21$ | 14 | 11 |
| T Pictorial | 20 | 16 1 28 | 11 | 8 |
| T McCalls | 12 | 14,22 | 14 | 7 |
| T Delineator | 14 | $23 \quad 30$ | 26 | 12 |
| T Woman's Home com |  | 8,10 | 10 | 4 |
| Movie: |  | 1 | 1 | 1 |
| 1 Movie Classic | 6 | $6 \quad 4$ | 11 | 4 |
| T Religious: |  | 101 | $1 \quad 11$ |  |
| T- Rellef Soc. Mag. | 5 | $10 \quad 11$ | 18 | 1 |
| Improvement Era ' | 8 | $13 \quad 15$ | 11 | 12 |

## Miscellaneous Items



