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Self 2246
Invoice 37429

The 4-H Clothing Project

Skill Level 1

A note to members

Learning about clothing is interesting and fun. Here are some of the things you can learn about in this project:

- Choosing sewing equipment
- Using a needle and thread
- Using and caring for a sewing machine
- Sewing straight seams, square corners, and curved seams
- Cutting and pressing skills in sewing
- Telling the difference between knit, woven, and other fabrics
- Caring for your clothing
- Grooming and personal appearance

You will have a chance to help plan what you'll do. Choose simple things first. After you learn to do simple things, you will be able to make some of your own clothes.

You will need some supplies to work with, so talk with your parents about what you already have at home and what you'll need to buy or borrow.

You'll also have a chance to share what you've learned with others. This might be at your club meetings or in some other way. Plan to attend all your club meetings and do your best to help make your club a good one.

At some of your club meetings, your leader will give you handouts (like this one) for you to take home. These handouts will tell you about some of the things you'll need to know as you learn about clothing. Plan to keep them together in a notebook so you can find them when you need them.

Please show this to your parent(s). There is a note for them on the back.

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4-H 9211

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OREGON STATE UNIVERSITY EXTENSION SERVICE

A note to parents

The 4-H clothing project is designed so members will have opportunities for:

- Planning and evaluating their work
- Learning to work and share with others
- Developing decision-making abilities
- Expressing themselves creatively

Some of the specific knowledge and skills to be learned are outlined in the note to members. Your child will need special help from you or another family member or friend in learning some of these skills, such as using the sewing machine, selecting sewing supplies, and learning to sew.

We hope you can help your child choose fabrics and items to sew that will not be too difficult. Members will be making simple articles at first, such as pillows, bookmarkers, pot holders, or tote bags. Simple garments may also be made—for example, pullover tops, pull-on pants or shorts, skirts, or sleepwear. Garments or articles with pleats, gathers, zippers, and/or set-in sleeves are not appropriate for this skill level. Fabrics that work well for beginners are medium weight, firmly woven fabrics such as cotton and cotton blend or stable knitted fabrics. The project leader will share with members some ideas about what articles and fabrics they might like to make and use.

Many beginners' sewing efforts will not be perfect. We hope you won't worry about this too much. We'd rather that 4-H members learn to enjoy sewing and have a feeling of completing several items, rather than concentrating on making one "perfect" item.

Here are some other ways you can help:

- Show your interest and enthusiasm in your child's work
- Help guide your child, but don't do the job for him or her
- Encourage your child when he or she succeeds and even more when things are not going well—help your child see progress, not just the end result
- Provide transportation to local meetings and county activities in which your child and other club members are interested
- Support your local 4-H leaders—offer your services to assist and let them know you appreciate their efforts

The 4-H clothing project holds many exciting opportunities for your child. We hope he or she finds the project experiences interesting and fun.



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