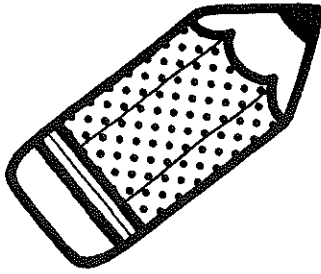


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# The 4-H Clothing Project

## Skill Level 4

The 4-H Clothing project is more than just learning about sewing. It also includes learning about yourself, sharing with others what you've learned, and making decisions about buying and caring for clothes as well as making them. Here are some of the things you'll have a chance to learn about in Skill Level 4:

- Making the most of your personal appearance
- Planning, selecting, and caring for accessories (such as shoes, stockings, ties, scarves, belts, jewelry)
- Repairing clothing for yourself and others
- Identifying different types of interfacings (woven, nonwoven, sew-in, fusible)
- Making a garment (or garments) using some of the following skills:
  - patch pockets
  - collars and/or cuffs
  - set-in sleeves
  - zippers (invisible or lapped)
  - machine buttonholes using a zig zag machine
  - fly front
  - hemming technique not previously learned.
- Sharing with others what you've learned

You are encouraged to make two or more garments to gain experience in using a variety of fabric textures and weights, selecting appropriate skills for each.

It's important that you plan what you are going to do in the project, then later evaluate for yourself how you feel about what you've learned. Your plan might include: (1) skills to be learned, (2) supplies and materials needed, and (3) time when goals are to be accomplished. Work with your parent(s) and leader when you make your plan. In your *4-H Clothing Record*, write down your goals at the beginning of the year and your accomplishments at the end of the year.

You might also want to try the 4-H Clothing Advancement Program which consists of a series of activities for each skill level. At the beginning of the year you select activities to be completed for the skill level in which you are enrolled. As you accomplish these activities, your leader or parent indicates the date in your advancement record. After completing all the activities you are ready to advance to the next skill level. Check with your leader if you are interested in the advancement program.

Resource materials for Skill Level 4 are available from your leader. Numerous other sources which may be helpful to you are books on how to sew, leaflets and catalogs from pattern companies, and written materials from companies which make zippers, thread, and other notions.

If you decide to exhibit at the fair, be sure to check with your leader about the exhibit description. Other activities such as fashion reviews and other modeling opportunities, judging contests, community displays, and grooming and personal appearance programs may also be scheduled in your county. Check with your leader to see what's available.

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