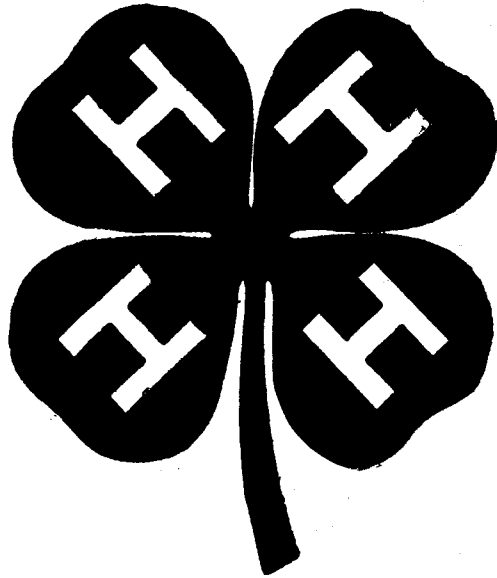


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*My* **4-H CLUB  
RECORDS**

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## 4-H Club Work

4-H Club work is the off-campus, informal, voluntary youth education program of Oregon State University. Each county Extension office has information about the 4-H educational program. It is a cooperative service between the United States Department of Agriculture, Oregon State University, and your county.

One of the great values of 4-H Club work is its voluntary nature. You make your own choice about being a 4-H member. It is a privilege to be a 4-H member where boys and girls learn by doing. In "Building Today for Tomorrow" 4-H members learn, live, and serve through 4-H.

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### Instructions for Keeping 4-H Records

Record keeping is an important part of 4-H Club work. Good records tell the story of your work and progress.

You will need your records when you apply for a scholarship to 4-H Club Summer School, when you enter certain 4-H contests, and when you apply for trips and college scholarships.

Write carefully and neatly. Beginners should use a pencil so they can erase if necessary. Older members may use a pen. Spell correctly. If you have any questions, ask your 4-H Club leader or parent to help you.

**My 4-H Club Records**—This cover will help you keep your records neat, clean, and all in one place. At first you may keep all of your 4-H materials in it. After a year or two of club work, you may want to get a 3-ring notebook like you use in school. Oregon 4-H notebooks are available at most county Extension offices. Keep this cover in your notebook. Use it when you send your records in for 4-H contests.

**My Permanent 4-H Club Record**—This will be your permanent record of all of your 4-H Club work. Some sections can be filled in during the club year. It should be brought up to date at the completion of each project and at the close of the 4-H Club year.

Your leadership record should include important leadership positions held or work done in your school, church, or in other youth or community organizations. Be sure to include your leadership activities at county and state 4-H events.

This record will be turned in when you enter special contests or apply for scholarships.

First year 4-H members do not need "Permanent 4-H Record" forms. They are usually provided during the second year of 4-H.

**Standard Report Form**—This form is longer and more complete than the "Permanent 4-H Record." When your 4-H program is too large for the "Permanent Record," you may transfer your records to a "Standard Report" form. The National Awards Program and certain other contests require a "Standard Report."

**Project Records**—All 4-H projects require a record of some kind. Special record sheets are provided for most projects. In some projects, the project manual is a work book which takes the place of a record book. Be sure that you keep the required records for your project.

Your project records must be complete to date before you can exhibit in 4-H classes at your county fair. Some counties have record book contests. Keep your records up to date so they will be ready when needed. Follow the instructions of your 4-H Club leader and county Extension agent.

**Project Completion**—Show your completed project work and records to your club leader who will report your completion to the county Extension office. Individual members should send project completion cards direct to their county Extension office.

## My Part as a 4-H Member

**4-H Club Requirements**—To be a 4-H Club member in Oregon, you must:

- Be nine years old and not nineteen before January 1 of the current 4-H Club year.
- Agree to meet the requirements of your project.
- Cooperate with your 4-H Club leader and your fellow club members.
- Keep 4-H records as required for your project.

**4-H Club Information**—The 4-H Club year starts with the organization of clubs in the fall and continues to the following fall when projects are completed, usually October 1 to September 30.

Age requirements for 4-H events and contests are based on year of birth.

All 4-H Clubs must be organized by June 1 to be eligible for that 4-H Club year. Members starting after June 1 will not be eligible to exhibit at 4-H Club fairs or participate in 4-H Club contests until the following 4-H Club year. *Some counties have earlier deadlines for enrollment.*

4-H Club members do their own work. Articles for exhibits are made by the member.

4-H members feed and care for their animals and prepare them for showing.

4-H members own the animals they carry in their 4-H projects. Registered animals are to be registered in the member's name. Animals registered in a family name are acceptable if the name includes the club member and if the animals are identified at the beginning of the project.

**4-H Privileges**—As a 4-H member you may:

- Join a 4-H Club with other boys and girls.
- Wear 4-H insignia.
- Attend 4-H meetings, tours, camps, and conferences.
- Participate in 4-H events and contests.
- Exhibit in 4-H classes at fairs.
- Earn 4-H trips, scholarships, and other awards.

**4-H Responsibilities**—When you join a club, you promise to do your best to complete your projects.

If you are elected to an office or appointed on a committee, you will want to serve to the best of your ability.

As an older 4-H member, you will have younger members following in your footsteps. You will want to set a good example for them.

As a 4-H member, you represent your club, your community, your county, and your country. You will always want to look and be your best.

### 4-H Activities and Events

Many 4-H tours are arranged for club members to go places and see and do interesting things.

Many counties have three- to five-day 4-H camps where club members learn to live and work and play together, go on nature hikes, and learn many skills and crafts.

4-H Summer School is held at Oregon State University each June. Scholarships are provided by interested persons and organizations and are earned by doing good 4-H work.

County fairs have classes for 4-H members where you can exhibit your 4-H work and demonstrate your skills.

The Oregon State Fair has 4-H classes for county winners.

The National 4-H Awards Program provides county, state, and national awards. Many of the state awards are trips to the National 4-H Club Congress in Chicago. Oregon sends about 30 older 4-H members to Club Congress each fall. Most of the national awards are college scholarships.

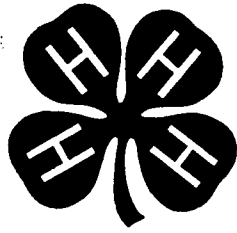
The Oregon 4-H Club Conference is held each February in Salem. Each county may send a boy and a girl. The program is "Know Your State Government," with state officials participating. Oregon's delegates to National 4-H Club Conference are selected at this meeting.

The National 4-H Club Conference is held in Washington, D. C., in April. Each state sends two boys and two girls. They learn about our national government and the meaning of citizenship.

The International Farm Youth Exchange provides opportunity for young men and women of Oregon to visit other countries and for their young men and women to visit our state and live in our homes. Contact your county Extension office if you would like to have an IFYE exchangee live in your home.

To become an IFYE delegate, you must be between 20 and 30 years of age, have had farm experience, be willing to serve people, learn another language, if necessary, and report on your trip when you return to Oregon.

## THE 4-H EMBLEM



A four-leaf clover with the letter "H" on each leaflet, meaning the development of HEAD, HEART, HANDS, and HEALTH, is the official 4-H Club emblem.

## THE PLEDGE

I pledge  
my HEAD to clearer thinking,  
my HEART to greater loyalty,  
my HANDS to larger service, and  
my HEALTH to better living  
for my club, my community, and my country.

## THE NATIONAL 4-H CLUB MOTTO

"To Make the Best Better"

## THE COLORS

Green—nature's most common color is emblematic of springtime, life, and youth.

White—symbolizes purity and high ideals.

## THE CREED

I believe in Boys' and Girls' 4-H Club work for the opportunity it gives me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to THINK, PLAN, and REASON.

I believe in the training of my HEART for the nobleness it will give me to be KIND, SYMPATHETIC, and TRUE.

I believe in the training of my HANDS for the ability it will give me to be HELPFUL, SKILLFUL, and USEFUL.

I believe in the training of my HEALTH for the strength it will give me to ENJOY LIFE, RESIST DISEASE, and WORK EFFICIENTLY.

I believe in my Country, my State, my Community, and in my responsibility for their development.

In all these things I believe, and I am willing to dedicate my efforts to their fulfillment.

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