



OR
HEO/Ex8
.4Ex8/2
:V66
:992
c.3

X A0000305985897

OREGON
MAR 18 1992
STATE LIBRARY

1992 VIDEOTAPE
LOAN CATALOG

OREGON STATE UNIVERSITY
EXTENSION SERVICE
EM 8373

CONTENTS

About the Catalog	1
-------------------	---

Videotapes

Agriculture	3
Communication Training	9
Economic Development	11
Energy	12
Extension Service	16
Forestry	17
4-H and Youth Development	21
Gardening	30
Home Economics	31
Natural Resource Management	43
Sea Grant/Coastal	44



ABOUT THE CATALOG

The tapes in this catalog are available for loan to Oregon State University Extension staff. All are on VHS format.

You may borrow tapes for 2-week periods. There is a charge for lost or damaged tapes. Call or write:

Extension Stockroom
c/o Extension Business Office
Oregon State University
Ballard Extension Hall 125
Corvallis, OR 97331-3604
Telephone: (503) 737-4131

For information on duplicating or purchasing OSU videotapes, write:

Steve Dodrill
Electronic Media Specialist
Agricultural Communications
Oregon State University
Administrative Services A422
Corvallis, OR 97331-2119
Telephone: (503) 737-0803

Warning: Duplication of video programs produced by the Oregon State University Extension Service is permitted only with prior approval. Programs not produced by the Oregon State University Extension Service may be protected by copyright and should not be duplicated without approval of the original owner.

Agriculture

America's Most Crucial Industry

Business

Time: 15 min.

Traces the development of the world's largest commercial industry, agriculture, and examines its impact on today's economy and lifestyle.

USDA, 1990

Business Management in Agriculture #1: Strategic Planning for Financial Success

Business

Time: 22 min.

The first of 23 tapes with Extension economists and financial consultants describing techniques for planning a farm or ranch business. A workbook accompanying each of the first fourteen tapes (EM 8339-8347, EM 8382-8386) includes exercises for the viewer. Order workbooks from Agricultural Communications, telephone (503) 737-2513. Tape #1 is by A. Gene Nelson. It introduces concepts and approaches of farm and ranch planning and includes an overview of other tapes in the series.

(EM 8339)

Oregon State University/Farm Credit Services—St. Paul Minnesota, 1986-91

Business Management in Agriculture #2: Identifying Farm/Ranch and Family Goals

Business

Time: 44 min.

By Paul H. Gessaman. Covers the major concepts and approaches of goal-directed management. To help participants set goals, the module presents a newly researched identification process as well as several techniques for priority setting. (EM 8340)

Business Management in Agriculture #3: Selecting and Implementing a Farm Record System

Business

Time: 46 min.

By R.L. (Dick) Wittman. Participants learn about the potential applications of a record system and how the system can generate various financial reports. Also highlighted are case and accrual accounting, and single- and double-entry accounting systems. (EM 8341)

Business Management in Agriculture #4: Preparing a Balance Sheet—Guidelines of the Farm Financial Standards Task Force

Business

Time: 42 min.

By Freddie L. Barnard. Covers how to prepare and use a balance sheet in analyzing farm or ranch businesses. Methods are introduced for valuing assets, liabilities and owner equity that permit producers to communicate effectively with lenders regarding their financial positions.

Business Management in Agriculture #5: Preparing an Income Statement—Guidelines of the Farm Financial Standards Task Force

Business

Time: 31 min.

By Freddie L. Barnard. Explains how to prepare and use an income statement to determine farm or ranch profitability for a set period of time. Helps participants interpret income statements and their relationships to balance sheets as they analyze the performance of their farm or ranch businesses.

Business Management in Agriculture #6: Analyzing Financial Performance—Guidelines of the Farm Financial Standards Task Force

Business

Time: 52 min.

By Danny Klinefelter and Freddie L. Barnard. Participants learn how to use the information from various financial statements to analyze their farm or ranch's financial performances. Examples are provided of several measures and their meanings as they relate to liquidity, solvency, profitability, repayment capacity, and financial efficiency of farm and ranch businesses.

Business Management in Agriculture #7: Preparing a Cash Flow Statement

Business

Time: 25 min.

By Freddie L. Barnard. In this section, participants explore five benefits of preparing cash flow statements, gain experience in compiling them and learn how to deal with cash deficits and/or surpluses. (EM 8345)

Agriculture

Business Management in Agriculture #8: Analyzing Business Adjustments/Whole-Farm Budgeting

Business

Time: 26 min.

By Richard O. Hawkins. Discusses whole-farm budgeting for analyzing proposed changes in farm operation. It allows farmers to compare their present farming program with these new alternatives and to assess impacts. (EM 8346)

Business Management in Agriculture #9: Analyzing Business Adjustments/Partial-Farm Budgeting

Business

Time: 27 min.

By Bart Eleveld. Partial-farm budgeting is another tool for analyzing simpler solutions to emerging problems. With this method, it is possible to consider only the costs and returns that will be affected by relatively minor changes. (EM 8347)

Business Management in Agriculture #10: Analyzing Land Investments

Business

Time: 47 min.

By Gayle Willett. Discusses specific variables to consider when analyzing potential land purchases. Includes discounted monetary values, income tax benefits, earnings versus appreciation in value, and ability to pay. (EM 8382)

Business Management in Agriculture #11: Farm Machinery and Equipment—Buy, Lease, or Custom Hire?

Business

Time: 28 min.

By David Lins. Explores machinery cost components (ownership, operating, intangibles), comparisons of cost differences in net present value terms, adjustments for tax brackets, and methods for putting it all together. (EM 8383)

Business Management in Agriculture #12: Obtaining and Using Credit Effectively

Business

Time: 49 min.

By David Kohl. Covers selecting a lender, preparing to meet with the lender, managing credit use, and analyzing financial performance. Also explored are collateral position and repayment ability. (EM 8384)

Business Management in Agriculture #13: Analyzing and Selecting Enterprises

Business

Time: 39 min.

By Bart Eleveld and Richard Carkner. Focuses on farm goals and objectives, planning, economic feasibility, market assessment, enterprise budgeting, break-even analysis, and evaluating enterprise mixes. (EM 8385)

Business Management in Agriculture #14: Managing Risk

Business

Time: 48 min.

By Gerry Schwab and Roy Black. Instructs the participant in how to identify sources of risk, determine risk-bearing capacity, and manage risk. (EM 8386)

Business Management in Agriculture #15: Planning the Farm Business

Business

Time: 35 min.

By John Ikerd. Discusses the functions of marketing in farm business management, choosing a marketing method and pricing strategy, and making pricing decisions. Introduces management by objectives that are based on farm/ranch and family goals. (EM 8446)

Business Management in Agriculture #16: Managing Price Risk

Business

Time: 21 min.

By Rob King and John Ikerd. Discusses the nature of price risks inherent in agricultural markets. Introduces the tools of scenario analysis work sheets and forward contracting to manage marketplace risks. (EM 8445)

Agriculture

Business Management in Agriculture #17: Using Futures Markets

Business

Time: 47 min.

By Carl O'Connor and Kim Anderson. Explores the history of the futures market, contract specifications, the role of speculators, basis and basis risk. Example transactions explain futures trading, futures versus forward contracting, hedging, setting a price objective, and trading on the margin. (EM 8447)

Business Management in Agriculture #18: Using Agricultural Options

Business

Time: 53 min.

By Carl O'Connor, Kim Anderson and Jim Graham. Explains how to use options as a marketing tool to set minimum and maximum prices, to hedge using options contracts and to convert fixed price positions into flexible price positions. Also discusses puts, calls, windows, fences, synthetic puts and calls, and how to use these tools in managing price risk. (EM 8448)

Business Management in Agriculture #19: Understanding Basis

Business

Time: 33 min.

By Carl O'Connor and Kim Anderson. Participants learn why understanding basis and basis patterns are an essential key to making sound marketing decisions. Discusses determining the correct basis, using basis for price projections and calculating minimum or maximum prices, predicting and measuring basis risk, and basis risk versus price risk. (EM 8449)

Business Management in Agriculture #20: Managing the Farm Business

Business

Time: 1 hr. 2 min.

By Gerry Schwab and Roy Black. Shows how to use probability in dealing with uncertain events and management decisions. Helps participants learn to set goals and create a realistic farm management plan.

Business Management in Agriculture #21: Marketing in a Global Economy

Business

Time: 23 min.

By Mike Marlin. Explains the internationalization of American agriculture, how it evolved, and the influences of these forces on those working in agriculture. Teaches participants about the current global economy and helps them develop strategies for future economic changes.

Business Management in Agriculture #22: Financial Reporting and Analysis in Agriculture

Business

Time: 43 min.

By David Kohl and Stan Forbes. Explains the growing need for effective financial management in U.S. agriculture. Stresses the importance of farm and ranch managers knowing the financial position and performance of their farms or ranches and how uniformity in preparation and use of financial statements can benefit everyone in agriculture.

Business Management in Agriculture #23: Preparing a Statement of Cash Flows—Guidelines of the Farm Financial Standards Task Force

Business

Time: 32 min.

By Danny Klinefelter. Participants learn how to prepare and use a statement of cash flows to summarize returns from operating, investing, and financing activities.

Direct Marketing: Tri-County Fresh

Business

Time: 20 min.

A case study of the Portland area Tri-County Food Association. Discusses the success and benefits of this direct marketing group (producer sells directly to consumer), its consumer guide, and grower management practices on location and through interviews. 1983

Stay Eligible for USDA Programs

Business

Time: 8 min.

Outlines for farmers the provisions of the conservation title of the 1985 Food Security Act.

Soil Conservation Service—USDA

Agriculture

Using FINPACK for Farm Financial Analysis and Planning #1: Long-Range Financial Planning with FINLRB

Business

Time: 44 min.

The first of two tapes with farm management specialist Bart Eleveld showing how FINPACK, computer programs for financial analysis and planning, can improve management on Northwest farms. Order the accompanying workbook, Using FINPACK for Farm Financial Analysis and Planning: Two Videotape Case Studies (EM 8338) from Agricultural Communications, telephone (503) 737-2513.
Oregon State University, 1987

Using FINPACK for Farm Financial Analysis and Planning #2: Long and Short Range Cash Flow Planning with FINTRAN/FINFLO

Business

Time: 41 min.

Shows how a detailed cash flow budget can be prepared for a farm or ranch. Describes use of FINTRAN if planning for major changes over the next 3 years and FINFLO if planning for minor changes over the next 12 months.

Cowboy in Mongolia

Environment

Time: 1 hr.

This documentary shows the life of an Oregon ranching family trying to help Mongolian livestock herding families with a severe overgrazing problem. The program exposes cultural barriers to international cooperation.
Oregon State University, 1988

Discover Entomology

Environment

Time: 14 min.

Promotes the science of entomology (the study of insects) and explains its role in today's society and the career opportunities in the field.
The Entomological Society of America

Fruiting Wall Orchard System

Environment

Time: 10 min.

Describes benefits of training fruit trees to trellis and details start-up costs, installation, and management.

Gypsy Moth...a Dilemma

Environment

Time: 13 min.

Copy of a Canadian film on the gypsy moth. Includes a brief history of the insect, how it breeds, hatches, grows, and feeds. The technical quality is poor but the film includes a good description of how the gypsy moth spreads.

Russian Wheat Aphid

Environment

Time: 14 min.

Helps wheat farmers identify the insect and the early symptoms of a Russian wheat aphid infestation. The video also suggests methods to control the insect.

New Mexico State University, 1986

Steep Review #1: Social and Economic Impacts of Erosion Control

Environment

Time: 21 min.

The first of four tapes. Since 1976, researchers in Idaho, Washington, and Oregon have been studying many facets of agriculture to help farmers conquer erosion. STEEP (Solutions to Environmental Problems) research may greatly affect the way farmers operate.
1983

Steep Review #2: Erosion and Tillage

Environment

Time: 22 min.

Steep Review #3: Machinery

Environment

Time: 21 min.

Steep Review #4: Pest Management

Environment

Time: 22 min.

Watershed Enhancement: Building Oregon's Future

Environment

Time: 14 min.

Describes the activities of the Governor's watershed enhancement board throughout Oregon and outlines procedures for project proposals to the board.

Governor's (Oregon) Watershed Enhancement Board

Beef in a Bag

Livestock

Time: 10 min.

Shows how to save money on beef by buying large portions available in most stores. TV personality Merle Ellis demonstrates how to cut up a large portion of beef for easy storage.
1982

Cattle Corrals

Livestock

Time: 18 min.

Shows the construction and operation of two Grant County corrals designed with OSU plans. One corral uses covered pie-shaped pens designed to work cattle on foot.

Oregon State University, 1977

Agriculture

Dairy Goat Classifications (Parts I & II)

Livestock

Time: 20 min.

Teaches the fine points of judging buck and doe dairy goats: scoring, defects, disease, appearance, breeding, and body parts. Examples of superior and inferior animals.

1978

Integrated Resource Management

Livestock

Time: 8 min.

Describes a way for cattle producers to be profitable and competitive by pooling professionals to help them solve production and management problems.

University of Idaho

Livestock Guarding Dogs—Protecting Your Sheep

Livestock

Time: 14 min.

Shows how guard dogs can be used to control sheep predators.

USDA, 1990

National Sheep Improvement Program (2 parts)

Livestock

Time: 15 min.

Part One introduces the computer-based sheep improvement program: how it works and the benefits. Part Two explains the application of the program to farm flock management.

Iowa State University and Colorado State University

Oregon Grown, Oregon Fresh

Livestock

Time: 17 min.

Produced by KO Productions for the Oregon Fryer Commission. Shows how Oregon producers raise and market chickens. Several OSU poultry science professors, including retired Extension poultry specialist Charles Fischer, are interviewed. The program is aimed at children from 3rd to 12th grade.

1984

Producing High-Quality Alfalfa Hay

Livestock

Time: 20 min.

This University of Idaho production takes a look at the importance of alfalfa quality in dairy production. Covers harvesting, testing, and storage.

University of Idaho, 1982

Sheep Production #1: Baby Lamb Survival

Livestock

Time: 30 min.

The first of thirteen tapes on sheep raising from fencing to marketing. Produced in cooperation with the Oregon Sheep Industry and Winrock International. Purchase from the Sheep Industry Development Program, 200 Clayton Rd., Denver, CO 80206. Cost: \$25 per tape.

1978

Sheep Production #2: Confinement Housing for Sheep

Livestock

Time: 30 min.

Sheep Production #3: Fencing

Livestock

Time: 30 min.

Sheep Production #4: Flock Health

Livestock

Time: 30 min.

Sheep Production #5: Harvesting Your Wool Crop

Livestock

Time: 30 min.

Sheep Production #6: Lamb Marketing

Livestock

Time: 30 min.

Sheep Production #7: Maximizing Ewe Production

Livestock

Time: 30 min.

Sheep Production #8: Planning a Working Facility for Sheep

Livestock

Time: 30 min.

Sheep Production #9: Prevent Baby Lamb Starvation

Livestock

Time: 30 min.

Sheep Production #10: Raising Orphan Lambs

Livestock

Time: 30 min.

Sheep Production #11: Sheep Obstetrics

Livestock

Time: 30 min.

Sheep Production #12: Sheep Production Techniques

Livestock

Time: 30 min.

Sheep Production #13: Training a Sheep Dog

Livestock

Time: 30 min.

Value Based Lamb Marketing: The Case for Certification

Livestock

Time: 1 hr. 40 min.

This tape of the Lamb Information Session of the 1990 American Sheep Industry Convention examines potential for a lamb certification program and includes research, retail, packer, and restaurant representatives.

American Sheep Industry Association, 1990

Wool Quality: Are We "Skirting" the Issue?

Livestock

Time: 2 hrs.

This tape of the Wool Information Session of the 1990 American Sheep Industry Convention features ways to improve U.S. wool clip with presentations by producer, marketing, and manufacturing representatives.

American Sheep Industry Association, 1990

A Grower's Guide to Pruning Highbush Blueberries

Production

Time: 22 min.

Designed for both the commercial grower and the home gardener, this easy-to-follow program illustrates the basics of blueberry plant growth, pruning plants of different ages, ways to increase pruning speed, and pruning for machine harvest.

Oregon State University Extension Service, 1990

Agriculture People

Promotion

Time: 5 min.

A musical look at agricultural career opportunities.

Kirby Brumfield Productions, 1989

Communication Training

Meetings: Isn't There A Better Way?

Human Relations

Time: 32 min.

King Arthur's court serves as the backdrop for showing how to organize and conduct successful meetings. Produced by the authors of *How To Make Meetings Work*.

Visucom Productions, Inc., 1981

Whatever Happened to Mr. Wizard, or How Do We Really Find Out About Science?

Media Relations

Time: 28 min.

Helps scientists and journalists better understand the interaction of science and the mass media. The results of scientific research are followed from the laboratory to the time the information appears in a daily newspaper.

Oregon State University, 1983

The World's Greatest Photography Course

Photography

Time: 1 hr. 28 min.

A how-to instructional tape on the basics of still photography. Professional photographer Lief Ericksenn hosts this program which begins with learning how to see and covers composition, automatic cameras, selecting film and lenses, light and flash, creative filters, macro-photography, and night photography. 1983

Be Prepared to Speak

Public Relations

Time: 27 min.

This step-by-step video guide to public speaking is presented in part by Toastmasters International.

Kantola Productions, 1990

Camera Technique for Television Production

Video

Time: 15 min.

Demonstrates key camera techniques for videotape production. Strong emphasis on effective closeups and appropriate use of a zoom lens.

3-M Video Productions, 1977

How to Light for Videography

Video

Time: 24 min.

Presents types of lighting equipment, creative concepts, how to control light, and basic safety in handling lighting equipment.

1984

How to Perform on Television

Video

Time: 20 min.

An overview of the challenges of performing well on television. Covers the topics of eye contact, how to prepare, looking relaxed, appropriate clothing, supporting visuals, delivery styles, and body movement. Recommended for agents involved in or contemplating regular television productions.

3-M Video Productions, 1978

How to Record Sound for Video

Video

Time: 20 min.

Covers the types of microphones available for video production and the reasons for using them. Shows how to use a mixer and several microphones at once, how to eliminate unwanted noise during the shoot, and how to add sound afterwards.

1984

Sight and Sound #1: Planning and Preparing for Production

Video

Time: 10 min.

Designed to guide the beginning TV producer, this five-tape series covers the basic steps of television production.

3-M Video Productions, 1988

Sight and Sound #2: Putting Your Production on Screen

Video

Time: 18 min.

Sight and Sound #3: Video Post Production

Video

Time: 14 min.

Sight and Sound #4: Performing On Television

Video

Time: 18 min.

Sight and Sound #5: General Production Tips

Video

Time: 16 min.

Communication Training

How to Do a Newsletter That Gets Read

Writing/Publications

Time: 90 min.

How to evaluate the needs of your audience, identify purpose, communicate with your specific audience, and evaluate the impact. Tips on design, editing, and writing.

University of Missouri-Columbia, 1990

The Unwriting Workshop with Kirby Brumfield as Mark Twain

Writing/Publications

Time: 14 min.

With witty Mark Twain as the teacher, viewers can learn how to improve their writing skills by practicing some simple techniques. The video and companion workbook make up this do-it-yourself writing improvement program.

Oregon State University Extension Service, 1990

Economic Development

Accounting Process

Business Management

Time: 27 min.

An overview of accounting procedures and principles for the small business owner.

American Media Inc.

Cash Flow Forecasting

Business Management

Time: 30 min.

Presents the basics for decision-making in small and home-based businesses.

American Media Inc.

How to Succeed in a Home Business

Business Management

Time: 70 min.

Examines the advantages of working at home and explains tax regulations.

Inc. Magazine

How to Really Start Your Own Business

Entrepreneurship

Time: 2 hrs.

This ten-part series features interviews with successful business owners.

Inc. Magazine

Profit Forecasting

Entrepreneurship

Time: 30 min.

A tool for would-be as well as the established entrepreneur.

American Media Inc.

Creating a Winner: The Real Secrets of Successful Marketing

Marketing

Time: 1 hr. 10 min.

Constructs a marketing model and includes comments from successful entrepreneurs.

Inc. Magazine

Take Care

Marketing

Time: 20 min.

A customer relations training tool.

American Media Inc.

What Would You Do? (Banking Customer Relations)

Marketing

Time:

This training tool includes a printed leader's guide.

American Media Inc.

What Would You Do? (Retail Customer Relations)

Marketing

Time:

This training tool includes a printed leader's guide.

American Media Inc.

Advanced Drywall

Construction

Time: 40 min.

The first of sixteen tapes describing techniques for building energy-efficient homes. Describes the minor changes in standard construction to create continuous air/vapor barriers. Includes specific how-to directions.

Oregon State University, 1986

Advanced Framing

Construction

Time: 18 min.

Explains how builders can save money on wall framing while improving insulation. Shows where and how to eliminate unnecessary lumber, why building codes approve wall framing, and how it improves the house.

Oregon State University, 1986

Basics of Energy-Efficient Home Construction

Construction

Time: 21 min.

Introduces students of high school construction classes to principles and applications of energy-efficient home construction.

Oregon State University, 1991

Batt Insulation Walls and Floors

Construction

Time: 16 min.

Describes a good insulation job and tells how to install fiberglass batts in frames, walls, and floors. Covers joists and post-and-beam floors.

Oregon State University, 1986

Building Homes for Comfort and Savings

Construction

Time: 27 min.

A tour of the features in an energy-efficient design for a new home. Includes site design, insulation, air leakage control, and heating system features for homes built in the Northwest's coastal, maritime valley, and cold climates. Targets home buyers making decisions about custom homes, but also appropriate for those shopping for spec homes.

Oregon State University, 1988

Built for Comfort: An Introduction to Energy-Efficient Home Construction

Construction

Time: 27 min.

Covers insulation, windows and doors, air leakage control, ventilation, solar design, and heating systems. Shows how almost any home design can be modified to make a comfortable, energy-efficient home.

Oregon State University, 1985, 1987/rev.

Controlling Indoor Moisture

Construction

Time: 16 min.

Identifies the sources and pathways of indoor water vapor and explains moisture control methods, including those for cold climates. Shows how house tightening controls moisture problems. Targets builders but also is appropriate for code officials and home buyers.

Oregon State University, 1988

Double Wall Construction

Construction

Time: 15 min.

A step-by-step guide to the construction of one type of double wall. Discusses the advantages of using double wall construction to get higher R values in walls.

Oregon State University, 1987

Energy-Efficient Construction on the Oregon Coast

Construction

Time: 12 min.

Discusses building energy-efficient homes in Oregon's coastal climate. Includes interviews with builders and homeowners.

Oregon State University, 1985

Energy-Efficient Windows

Construction

Time: 12 min.

Explains what makes windows energy-efficient and how to find energy rating information. Illustrates how different glazing materials, frames, and seals affect efficiency. Shows how to install windows properly.

Oregon State University, 1987

High Performance Windows

Construction

Time: 5 min.

Tells how to get optimum energy performance from windows. Covers air-space depth, wood frame, thermal-break aluminum, and low-E.

Oregon State University, 1985, 1987/rev.

How to Insulate Attics

Construction

Time: 15 min.

Discusses how to select the proper ceiling R value for your climate and get uniform application of insulation across the entire attic. Describes how to properly ventilate attic spaces.

Oregon State University, 1987

How to Insulate Cathedral Ceilings

Construction

Time: 10 min.

Covers options for increasing depth of the vault cavity so more insulation can be installed. Describes how to use special insulation to get higher R value. Discusses how to ventilate insulated cathedral ceilings.

Oregon State University, 1987

How to Insulate Concrete Slabs

Construction

Time: 17 min.

Shows a variety of ways to use rigid foam board insulation to properly insulate the different types of on-grade slabs.

Oregon State University, 1988

Installing Non-Heat Recovery Ventilation Systems

Construction

Time: 42 min.

Describes the four basic non-HRV system options, their components, controls, and installation.

Oregon State University, 1989

Introduction to Residential Mechanical Ventilation

Construction

Time: 25 min.

Presents the general elements required in any ventilation system, including correct sizing of air exhausts and intakes, fans, and controls. Discusses the advantages of mechanical versus passive ventilation.

Oregon State University, 1987

Radon Control in New Home Construction

Construction

Time: 20 min.

Describes the factors affecting radon concentration in homes (source strength, soil permeability, openings in the homes, and indoor-outdoor pressure differential) and the principles of radon control, including blocking radon entry, minimizing negative pressure inside the house, and diverting radon flow.

Oregon State University, 1989

Rigid Insulation for the Exterior Side of Above-Grade Walls

Construction

Time: 20 min.

Shows how to choose a rigid insulation and apply it correctly. Covers installation details such as window rough-opening framing, structural sheathing, and lap siding over rigid insulation.

Oregon State University, 1987

Rigid Insulation for the Interior Side of Above-Grade Walls

Construction

Time: 12 min.

Shows how interior rigid insulation can double as wall insulation and an air/vapor barrier. Covers framing and drywall attachment details.

Oregon State University, 1987

Safe and Efficient Boiler Operations

Construction

Time: 36 min.

Shows how to save money on fuel, repairs, and other costs. Targets schools, but appropriate for small processing plants, churches, and small institutions. A companion booklet includes the videotape script and information on combustion efficiency tables, boiler logs, and estimated savings.

Oregon State University

Window Design Decisions

Construction

Time: 19 min.

Explains how window area, orientation of the house, and room layout affect a home's thermal performance and comfort. Gives strategies for reducing window area while maintaining a home's design characteristics.

Oregon State University, 1989

Zonal Electric Heat

Construction

Time: 17 min.

Explains the benefits of zonal electric heating. Shows how to design a variety of zonal heating systems into a home plan. Targets consumers, but also is appropriate for builders.

Oregon State University, 1988

Lighting Options for Homes

Energy Education

Time: 21 min.

Explains energy-efficient lighting design, ways to improve lighting quality and ways to save lighting energy around the home. Appropriate for builders, architects, designers, electrical engineers, electrical contractors, utility representatives, home buyers, and lighting product distributors and representatives.

Oregon State University, 1991

Metering Your Money

Energy Education

Time: 7 min.

A video copy of a slide set. Shows how to read utility meters and make energy-saving decisions. Appropriate for people on low incomes.

Oregon State University, 1985

Saving Energy \$: 16 Cheap and Easy Ways

Energy Education

Time: 14 min.

Shows ways to save up to \$200 per year on utility bills through low- and no-cost energy-saving actions.

Oregon State University, 1985

How to Insulate Basements

Insulation

Time: 16 min.

Explains the pros and cons of insulating basement walls from the inside or the outside, describes materials and techniques, and discusses moisture protection.

Oregon State University, 1989

Insulating Ceilings, Walls, and Floors

Insulation

Time: 30 min.

Explains the advantages of different types of insulating material and vapor barriers. Describes the correct way to insulate a home. Shows a professional crew installing loose-fill insulation in walls.

Oregon State University, 1984, 1987/rev.

Minimizing Heating and Cooling Duct Losses

Insulation

Time: 14 min.

Identifies how ducts lose heat and recommends materials and procedures for taping and insulating ducts.

Oregon State University, 1989

Storm Windows and Night Window Insulation

Insulation

Time: 24 min.

Gives guidelines on purchasing and installing storm windows. Covers a variety of options, including a do-it-yourself version. Shows a professional crew installing storm windows and how to make a simple night-insulating window treatment.

Oregon State University, 1984, 1987/rev.

Irrigation Management Efficiency

Irrigation Energy

Time: 38 min.

Explains how to determine when and how much to irrigate for maximum crop yield and minimum pumping costs.

Oregon State University, 1986

Irrigation System Efficiency

Irrigation Energy

Time: 57 min.

Reviews energy-efficient irrigation procedures from intake to sprinkler.

Oregon State University, 1985, 1987/rev.

Batch Solar Water Heater Installation

Solar

Time: 15 min.

Shows installation of batch solar water heater system by a professional crew. Emphasizes structural support and freeze protection.

Oregon State University, 1985, 1987/rev.

Do-It-Yourself Batch Solar Water Heater

Solar

Time: 30 min.

Shows how to build a low-cost batch solar water heater with a used hot water tank and simple building materials and tools. Accompanied by construction plan.

Oregon State University, 1985, 1987/rev.

Solar Show #1: Introduction to Solar Water Heating

Solar

Time: 11 min.

The first of seven tapes that discuss solar heating. This tape gives an overview of solar water-heating options.

Oregon State University, 1984, 1987/rev.

Solar Show #2: Flat-Plate Solar Collectors

Solar

Time: 14 min.

Discusses key design features and efficiency of the flat-plate solar collector. Includes shopping tips.

Oregon State University, 1985, 1987/rev.

Solar Show #3: Active Solar Water Heating

Solar

Time: 19 min.

Discusses drain-back, drain-down, and anti-freeze systems. Includes information on plumbing and control details.

Oregon State University, 1985, 1987/rev.

Solar Show #4: Passive Solar Water Heating

Solar

Time: 15 min.

Covers batch and thermosyphon solar water-heater design and installation.

Oregon State University, 1985, 1987/rev.

Solar Show #5: Sunspace Glazing Designs

Solar

Time: 20 min.

Describes materials, methods, and options for glazing sunspaces. Emphasis is on sloped glazing details.

Oregon State University, 1985, 1987/rev.

Solar Show #6: Sunspace Thermal Mass

Solar

Time: 19 min.

Covers the selection and application of thermal mass materials for passive-solar sunspace designs.

Oregon State University, 1985, 1987/rev.

Solar Show #7: Sunspace Venting and Shading

Solar

Time: 16 min.

Discusses strategies for drawing heat from a sunspace into the house in winter and summer shading and venting.

Oregon State University, 1985, 1987/rev.

Water Heating Heat Pumps

Water Heating

Time: 10 min.

Describes the components, process, and installation of the heat pump system. Also discusses efficiency and system costs.

Oregon State University, 1984, 1987/rev.

Wood Water Heating

Water Heating

Time: 7 min.

Examines a wood stove water heating system and discusses heat exchangers, plumbing, installation, pumping, and efficiency.

Oregon State University, 1983, 1987/rev.

Home Weatherization for Comfort and Savings

Weatherization

Time: 16 min.

Explains the benefits of weatherization. Discusses both do-it-yourself projects and those best left to the professional weatherization contractor.

Oregon State University, 1986

Sealing Air Leaks During Construction

Weatherization

Time: 18 min.

Gives the builder a set of procedures for ensuring all important air leaks are sealed. Accompanied by a 20-page study guide with an air sealing checklist and a table of air sealing materials.

Oregon State University, 1989

Stopping Home Air Leaks

Weatherization

Time: 19 min.

Explains the effect of air infiltration and exfiltration on home heat loss and shows how to identify air leaks. Discusses caulking and weather-stripping materials and shows how to plug air leaks.

Oregon State University, 1984, 1987/rev.

Extension Service

Agriculture and the Constitution

Promotional

Time: 10 min.

Examines from a historical context the role agriculture played in the creation of the U.S. Constitution.

USDA Office of Governmental and Public Affairs, 1987

Agriculture People

Promotional

Time: 5 min.

A musical look at agricultural career opportunities.

Kirby Brumfield Productions, 1989

Can't Do Without OSU

Promotional

Time: 10 min.

Video copy of a slide tape program promoting Oregon State University as an essential part of Oregon's economy, focusing on research and Extension.

Changing Rural America

Promotional

Time: 25 min.

Provides an overview of recent economic trends in rural America and their impact on rural communities both now and in the future.

USDA Cooperative Extension Service and Economic Research Service, 1988

Education That Works For You

Promotional

Time: 9 min.

This video version of a tape-slide program traces the history of the Oregon Extension Service and describes its organization, funding, and educational mission then and now.

Oregon State University

Extension Promotional Video

Promotional

Time: 2 min.

Covers the program areas and functions of the Extension Service, emphasizing agent, specialist, and researcher interaction.

1987

Careers in Forestry

Careers

Time: 12 min.

Illustrates the many opportunities open to forestry graduates, not only in growing and harvesting trees, but also in managing people and organizations, interpreting the environment, and investigating important natural resource issues.

Oregon State University, 1988

Advances in Reforestation and Forest Management in Southwest Oregon: The Fir Story

Forest Management

Time: 23 min.

Illustrates the evolution, structure, and success of a cooperative research and technology transfer program.

Oregon State University Forestry Media Center, 1990

Great American Woodlots #1

Forest Management

Time: 28 min.

The first of thirteen tapes promoting husbandry of forestland. *Profile* segments are interviews with woodlot owners; *Features* provides practical information; *Wildlife* tells how to encourage wildlife habitats; *Youth* shows how young people learn about the forest; and *Viewpoint* segments discuss major issues with forestry leaders. This first program includes an interview with the National Outstanding Tree Farmer of 1983, a tour of a National Wildlife Demonstration Area, urban forestry, and more.

1987

Great American Woodlots #2

Forest Management

Time: 28 min.

Profile interviews Al Lansing of Mississippi, the 1986 Southern Outstanding Tree Farmer. *Wildlife* discusses ponds for wildlife in your woodlot. *Features* includes forest succession, all-terrain vehicle trailers, and chain saw safety. On *Viewpoint*, Neil Sampson, Executive Director of the American Forestry Association, discusses the importance of a healthy forest.

Great American Woodlots #3

Forest Management

Time: 28 min.

Profile introduces Les Viereck of Alaska, the owner of the northernmost tree farm in the United States. On *Wildlife*, Craig Tufts discusses ways to create food and cover for wildlife. *Features* includes hose logging, woodlot management plans, and chain saw kickback. On *Viewpoint*, Lloyd Irland of Maine discusses land stewardship.

Great American Woodlots #4

Forest Management

Time: 28 min.

Profile interviews Jim Matschulat of Connecticut, who manages land for ruffed grouse. *Wildlife* reviews points on wildlife food and cover. *Features* discusses use of maps and compass, stream maintenance and water quality, and safety clothing for working in the woods.

Great American Woodlots #5

Forest Management

Time: 28 min.

Profile introduces Waldo Kick, two-time Outstanding Tree Farm Operator in Minnesota. *Features* reviews safety when cutting down trees, research on wild turkeys in the forest, and converting farm tractors for safe use in woodlots. *Youth* discusses the annual 4-H Forestry Competition sponsored by the International Paper Company. On *Viewpoint*, Neil Sampson, Executive Director of the American Forestry Association, discusses how woodlots contribute to clean water.

Great American Woodlots #6

Forest Management

Time: 28 min.

Profile introduces Tom Ross of Arkansas, the 1984 Southern Region Outstanding Tree Farmer. *Features* reviews safety demonstrations, the Coverts Project in Vermont, agro-forestry in Oregon, and a family-owned sawmill operation. *Youth* shows the Beaver Brook Environmental Education Center in Hollis, New Hampshire.

Great American Woodlots #7

Forest Management

Time: 28 min.

Profile interviews Les Barden, 1984 Outstanding Tree Farmer of New England. *Features* includes how to safely set up and operate a woodsplitter, the first of three segments on ruffed grouse, how to maximize the value of logs for woodcutters, and improving black walnut trees through genetic research. *Viewpoint* is a discussion by Neil Sampson on the importance of the trees in protecting topsoil.

Great American Woodlots #8

Forest Management

Time: 28 min.

Profile shows a tour of the woodlot created from abandoned strip mines by Frank Newell, 1983 North Central Outstanding Tree Farmer. *Features* includes proper use of a brushsaw, forest management to maintain ruffed grouse, how tree seedlings are grown, and protection of the forest from fire and insects. *Viewpoint* discusses intensive pine plantation management and wildlife.

Great American Woodlots #9

Forest Management

Time: 28 min.

Profile interviews 1984 National Outstanding Tree Farmer Richard Heck. *Features* discusses water research at the U.S. Forest Service Hubbard Brook Watershed, techniques used by ruffed grouse to survive cold weather, tree planting methods, and genetically improved hybrid larch. On *Viewpoint*, Ernie Gould, forest economist at the Harvard Forest, describes forest practices regulations.

Great American Woodlots #10

Forest Management

Time: 28 min.

Profile introduces Oregon's Bob Mealey, Outstanding Tree Farmer. *Features* reviews drought-resistant trees, creating wildlife habitats, prescribed burning, and shelterbelts. On *Viewpoint*, Kathy McGlaufflin discusses Project Learning Tree.

Great American Woodlots #11

Forest Management

Time: 28 min.

Profile introduces the 1985 National Outstanding Tree Farmer, Mike Demeree. *Features* includes U.S. Forest Service research on growing better forests, a New Hampshire woodlot that was turned into a heron rookery, a small sawmill used to make lumber and build a house, and tools and gadgets for the woodlot. On *Viewpoint*, Neil Sampson comments on the creation of National Forest plans.

Great American Woodlots #12

Forest Management

Time: 28 min.

Profile interviews the 1985 Southern Region Outstanding Tree Farmer, Farrah Howard. *Features* discusses fast-growing firewood, improving woodcock habitats, the U.S. Forest Service Smoke Jumpers, backyard maple syrup production, and a prescription for woodlot health.

Great American Woodlots #13

Forest Management

Time: 28 min.

Profile introduces the Morse family of Wells, Maine, 1985 Outstanding Tree Farmers of New England. *Features* reviews leasing timberland to hunters, wildlife management techniques for the woodlot, and marketing of timberlands. On *Viewpoint*, John Suffron of the Minnesota Forestry Association discusses organizations for woodlot owners.

Help for Your Woodlands

Forest Management

Time: 20 min.

Managing a small woodland is a complex, long-term endeavor. In this program, you'll meet successful woodlot owners who describe where they went for technical, financial, and educational assistance. It also describes the results they've achieved.

Oregon State University, 1991

Soil Compaction on Forest Lands

Forest Management

Time: 19 min.

Describes physical conditions of soil compaction on forest lands, measurement techniques, current research results, and techniques to reduce soil compaction.

1983

Forestry

Yankee Woodlot #1: Getting Started

Forest Management

Time: 28 min.

The first of ten tapes on the basic skills required for managing woodlots. The series draws upon the expertise of the Maine Cooperative Extension Service, Maine Forest Service, private consultants, and woodlot owners. Discusses the value of the woodlot as a resource and the forces that determine its use.

1986

Yankee Woodlot #2: Where It Is

Forest Management

Time: 28 min.

This program reviews the need for a correctly written deed and properly marked and maintained boundary lines. Includes a simulation of a timber trespass that could have been prevented by maintained boundary lines.

Yankee Woodlot #3: What's On It?

Forest Management

Time: 28 min.

Illustrates how to divide the woodlot into stands and classify them for easy reference. Shows how to use aerial photographs and other maps to create a timber stand map of the Yankee woodlot and how to use the map to establish objectives for the woodlot.

Yankee Woodlot #4: What's Under It?

Forest Management

Time: 28 min.

A soils scientist takes the viewer on a tour of the woodlot, demonstrating the techniques of making a soils test and inventory of each timber stand and describing how these results will influence management options.

Yankee Woodlot #5: Looking It Over

Forest Management

Time: 28 min.

A consulting forester takes viewers on a tour of a woodlot, pointing out characteristics that indicate the condition and overall health of the resource.

Yankee Woodlot #6: Working With It

Forest Management

Time: 28 min.

Introduces the landowner to the forest management practices of thinning, releasing, and pruning to improve the condition of a forest stand and the vigor of individual trees.

Yankee Woodlot #7: Harvesting It

Forest Management

Time: 28 min.

Provides the "weekend woodcutter" with a review of chainsaw safety and proper cutting techniques demonstrated by two instructors from the "Professional Wood Harvesting" program at the Washington County VTI. Includes a demonstration of new, small-scale harvesting apparatus under development by the College of Forest Resources at the University of Maine.

Yankee Woodlot #8: Income From It

Forest Management

Time: 28 min.

Details the timber marketing process as viewed by an industrial forester, consulting forester, and Maine Forest Service forester.

Yankee Woodlot #9: Special Uses

Forest Management

Time: 28 min.

Discusses the problems and rewards faced by four owners who manage their forest lands for special uses.

Yankee Woodlot #10: Looking Ahead

Forest Management

Time: 28 min.

Looks towards the future and such issues as new technologies, new uses, changing government policies, and the economy.

Aerial Logging Systems

Harvesting

Time: 14 min.

Reviews comparative costs of skyline, balloon, and helicopter logging. Based on research in Mt. Hood National Forest in 1973 and 1974. Copy of an OSU-produced film.

Oregon State University, rev. 1985

Tackling Productivity in Mechanized Logging

Harvesting

Time: 19 min.

Discusses the concepts of teamwork, community, and cross-training for improving efficiency of mechanical logging.

Oregon State University Forestry Media Center, 1990

Natural Enemies of Forest Insect Pests

Pest Management

Time: 23 min.

Interviews with forest scientists help explain the value of natural enemies of insect pests and their implications for management practices.

*Oregon State University Forestry Media
Center, 1990*

Pesticides in Forestry

Pest Management

Time: 1 hr. 17 min.

This three-part series describes the movement, fate, and toxicology of pesticides in the forest environment. Designed for pesticide application training, but of interest to anyone seeking an understanding of pesticides in the forest.

*Oregon State University Forestry Media
Center, 1987*

4-H and Youth Development

4-H Computer Project #1: Learning About Computers

Projects

Time: 4 min.

The first of four tapes introducing 4-H'ers to computers.

4-H Computer Project #2: Using the TRS-80 Model III Microcomputer

Projects

Time: 16 min.

4-H Computer Project #3: Using the Apple IIe Computer

Projects

Time: 15 min.

4-H Computer Project #4: Using the IBM Personal Computer

Projects

Time: 15 min.

4-H Judging: Knitting

Projects

Time: 13 min.

Dorothy Klock explains her reasons and ratings. Teaches how to buy a baby gift, identify patterns, select yarn, and finish the inside of a garment.

Beginning Loom Weaving

Projects

Time: 48 min.

Provides instruction for the new weaver to master one system of setting up a loom and begin to weave. The videotape and accompanying manual include measuring the warp, yarn calculation, dressing the loom, reading drafts, and correcting mistakes.

University of Wisconsin

Blue Sky Below My Feet #1: Ellison Onizuka— A Tribute

Projects

Time: 6 min.

The first of six tapes introducing 4th- to 6th-graders to science and technology through discussion of the space shuttle programs. This tape is a profile of Ellison Onizuka, a former 4-H member from Hawaii who died in the Challenger 7 tragedy. The Blue Sky Below My Feet series has been dedicated to his memory and values.
1987

Blue Sky Below My Feet #2: Promo

Projects

Time: 8 min.

A brief look at the three programs in the series: Forces, Space Food, and Space Suits. Suitable for promotion with volunteer leaders, school administrators, and teachers.

Blue Sky Below My Feet #3: Promo

Projects

Time: 22 min.

An in-depth look at the content of the three programs in the series. Appropriate for promoting the educational values with volunteer leaders, teachers, and school administrators.

Blue Sky Below My Feet #4: Forces

Projects

Time: 28 min.

Shows the effects of forces such as gravity on our daily lives and on astronauts while in space.

Blue Sky Below My Feet #5: Spacefoods

Projects

Time: 28 min.

Explores the similarities of nutritional requirements of our bodies while on earth and in space.

Blue Sky Below My Feet #6: Spacesuits

Projects

Time: 28 min.

Reveals the various roles fibers and textile products play in space.

Card Weaving

Projects

Time: 1 hr. 37 min.

Includes basic techniques of card weaving, how to measure the warp, thread the cards, set up and weave patterned bands, and how to stitch bands together to form larger fabrics. The course also involves two projects.
Victorian Video Productions

E.L. "Dad" Potter Horsemanship Award

Projects

Time: 50 min.

Details the 10 movements required for successful completion of the Dad Potter Horsemanship Award. The video was produced for the 1986 Oregon 4-H Judges Training by a Lane County (Oregon) 4-H Horse Judge.

Easy Yeast Bread

Projects

Time: 14 min.

Demonstrates the art of baking yeast breads or rolls from start to finish. Shows how to dissolve yeast, mix and knead dough, shape bread and rolls, and judge the finished product for standard qualities.
1986

4-H and Youth Development

Grooming and Modeling

Projects

Time: 18 min.

This National 4-H Fashion Revue video shows how to plan and stage a musical, choreographed show. Includes examples of modeling techniques and ways to involve young men in the fashion revue program. The first half shows the Fashion Revue and second half shows how the revue is planned and executed. Appropriate for training, promotion, and visibility.

Horse Presentations: Models to Learn By

Projects

Time: 1 hr. 15 min.

4-H members and leaders learn the techniques and teaching methods that work well in horse presentations. Features the 1989 Western National 4-H Horse Presentation Competition, including first-place winner Josie Perkins of Oregon.

Colorado Extension Service, 1990

Introduction to Weaving

Projects

Time: 57 min.

Presents an overview of what handweaving is, what can be woven, and some types of looms. Also includes the basics of weaving—small tools used by weavers, vocabulary of weaving terms, and different warp and weft yarns.

Victorian Video Productions

Judging Beef Cattle: Meat Quality Grading

Projects

Time: 15 min.

Teaches how to evaluate quality grades of beef. This video demonstrates how grading can be taught and practiced without having to buy meat.

California Polytechnic State University Foundation, 1988

Judging Market Lambs

Projects

Time: 15 min.

Teaches what to look for in a high quality market lamb. Students learn to use three tools to recognize the "ideal" market lamb: visual appraisals, handling, and lots of practice.

California Polytechnic State University Foundation, 1989

Judging Market Swine

Projects

Time: 18 min.

Helps students learn to visually evaluate pigs and hogs. Students learn to judge live animals against an industry "standard" (ideal) type hog. Also contains tips for giving polished performances, as well as information to sharpen judging skills.

California Polytechnic State University Foundation, 1989

Oral Reason Terminology for Horse Judging Teams

Projects

Time: 29 min.

Illustrates several teaching formats used to help 4-H members learn horse reason and terminology.

California Polytechnic State University Foundation, 1988

Picture This: Photography Composition

Projects

Time: 12 min.

The basics of photography composition, points of good photography, how to use the camera, and what to look for in good composition.

University of Wyoming, 1986

Quick Bread

Projects

Time: 12 min.

Shows a variety of quick breads that can be made from a few basic ingredients and demonstrates how to make biscuits and muffins. Common beginner errors are discussed.
1986

Richard Shrake Horse Clinic #1: Horsemanship

Projects

Time: 1 hr.

The first of eleven tapes by horse trainer Richard Shrake tells how to prepare yourself and your horse for the rigors of basic horsemanship. Focuses on communication between the horse and rider through the proper use of legs, hands, posture, and equipment.

Richard Shrake Horse Clinic #2: Showmanship and Halter

Projects

Time: 1 hr. 12 min.

Covers the basics of horse training, grooming, clipping, and ring procedure. Includes exercises to improve the viewer's horsemanship.

4-H and Youth Development

Richard Shrake Horse Clinic #3: Trail

Projects

Time: 1 hr.

Provides the basics of schooling your horse through such obstacles as gates, walkovers, back-through, and side pass. Helps riders develop a sequential training program for either experienced riders or new trail horsemen.

Richard Shrake Horse Clinic #4: Horse Psychology and Ground Work

Projects

Time: 1 hr.

Details the essential components for a horseman to communicate with his or her horse. Covers the advantages of groundwork.

Richard Shrake Horse Clinic #5: Western Pleasures

Projects

Time: 46 min.

Tells how to select a pleasure horse. Covers horse movement and riding techniques.

Richard Shrake Horse Clinic #6: Reining

Projects

Time: 1 hr.

Explains spins, turnarounds, lead changes, and stops that make up the reining rider today. Designed for the advanced rider who wants to refine the characteristics of the reining horse.

Richard Shrake Horse Clinic #7: Resistance-free Training

Projects

Time: 1 hr. 10 min.

Shows saddling, riding, and ground training a young horse. Intended for advanced horsemen, the resistance-free method is explained and demonstrated on a young colt.

Richard Shrake Horse Clinic #8: Bits and Biting

Projects

Time: 1 hr.

Covers bits and bridles for the western horse. Comprehensively describes different types of bits.

Richard Shrake Horse Clinic #9: Resistance Free Training Part II

Projects

Time: 1 hr.

This "advanced series" tape shows the step-by-step process of teaching the young horse under saddle. Starting with walking, circling, lateral bending, and hip movement, the viewer will also learn to cue for relaxed and controlled transitions.

Richard Shrake Horse Clinic #10: The Problem Horse

Projects

Time: 1 hr.

Illustrates how to retrain the spoiled, problem horse and correct bad habits such as lack of concentration, unresponsiveness, stiffness, and unpredictable behavior.

Richard Shrake Horse Clinic #11: Resistance Free Riding

Projects

Time: 1 hr.

Details techniques used for training the equitation horse. Methods described in the video show how developing a bond between the horse and rider makes for a better ride.

Riders, Use Your Head

Projects

Time: 17 min.

A video copy of an Ohio 4-H slide set on horse safety. This program focuses on the importance of a safe helmet. Visual quality is poor; details of printing are hard to see.

1985

Rigid Heddle Weaving Level I

Projects

Time: 1 hr. 33 min.

Demonstrates a method of warping specially designed for the rigid heddle loom and two projects that involve basic weaving techniques, as well as techniques unique to the rigid heddle loom.

Victorian Video Productions

Sheep Judging Practice Classes with Reasons

Projects

Time: 20 min.

4-H members can sharpen their sheep judging skills at any time with this video, designed to help them learn by observation and practice. Shows how to practice judging skills without live animals.

California Polytechnic State University Foundation, 1989

4-H and Youth Development

Sheep Showmanship

Projects

Time: 15 min.

Help your 4-H members select and fit good show animals. Demonstrates the fitting and showing techniques necessary to win, emphasizing the basics young exhibitors should master before they enter the showing.

California Polytechnic State University Foundation

Shooting Fundamentals

Projects

Time: 16 min.

Uses air pistols to explain, demonstrate, and describe the two shooting fundamentals: sight alignment and trigger control. Concepts may also be applied to air rifle and smallbore rifle safety/marksmanship programs.

University of Minnesota, 1988

Splint Basketry I: Appalachian Egg Basket

Projects

Time: 1 hr. 36 min.

Teaches how to weave an Appalachian egg basket. The program covers materials to use, how to prepare them, and finishing techniques.

Victorian Video Productions

Splint Basketry II: Spoked and Plaited Techniques

Projects

Time: 1 hr. 36 min.

This course teaches how to weave a round, square, or rectangular basket. It also includes styles, shapes, materials, and how to prepare them.

Victorian Video Productions

Swine Handling and Transportation

Projects

Time: 20 min.

Explains ways to increase profits by preventing needless loss of livestock through poor handling and transportation. Important for any program involved with handling and transporting swine.

Livestock Conservation Institute, 1989

4-H Alumni Study

Promotion

Time: 10 min.

Reports the results of a survey that shows the impact of 4-H membership on adults 30 years after they left the program.

USDA Extension Service

4-H Club Projects

Promotion

Time: 5 min.

Shows the variety of 4-H clubs and projects available. 4-H members explain what they like about their projects. Appropriate for a promotional program for county fairs.

Kodak, 1984

4-H is More

Promotion

Time: 22 min.

Explains the diverse, contemporary programs in 4-H that serve the needs of adults and youth. Roy Rogers and other personalities explain the impact of 4-H on their lives. Covers personal responsibility and confidence, competence, safety and survival skills in urban and rural settings, motivation, leadership, citizenship, and volunteerism.

National 4-H Council, 1984

4-H Makes a Difference

Promotion

Time: 10 min.

Documents the 4-H alumni study, a project designed to evaluate the impact of 4-H activities on youth development.

Extension Service—USDA, 1989

4-H Makes the Difference

Promotion

Time: 26 min.

Relates the experience of different 4-H youths and their work as 4-H'ers. Tells how the 4-H experience has made an impact on their lives. Describes 4-H projects and programs.

Iowa State University, 1986

4-H Public Service Announcements

Promotion

Time: 30-60 sec.

Covers a wide variety of topics. Some PSA's feature celebrity testimonials, others show 4-H'ers in action or focus on volunteers. These PSA's can be used on local cable outlets where there is free community access.

National 4-H Council, 1980-84

Citizenship—Washington Focus

Promotion

Time: 30 min.

4-H students visit Washington, D.C., observe government in progress, and learn the importance of being a citizen of the United States and the global community.

National 4-H Council, 1984

4-H and Youth Development

Farm Expo: Agricultural Classroom

Promotion

Time: 19 min.

Describes an educational exposition for 3rd and 4th grade students in Corvallis, Oregon schools to educate them about agriculture. Includes interviews with the principal organizers.

1984

Juvenile Justice System

Promotion

Time: 15 min.

A dramatization of a young person breaking the law and going through the court system. Made with support from Chevron USA and J.R. Reynolds Industries.

Benton County 4-H Community Unlimited Club, 1984

4-H Cares

Training

Time: 17 min.

An after-school program in North Carolina where a widely varied curriculum is taught to young children by day care center personnel.

University of Arizona, 1991

4-H Name and Emblem

Training

Time: 8 min.

Discusses the guidelines for authorized use of 4-H symbols. The program is particularly appropriate for 4-H orientation and training.

USDA Extension Service, 1988

4-H Presentations: Their Creation and Development

Training

Time: 8 min.

Focuses on steps in the development of a presentation: picking a topic, collecting information, organizing the content, preparing visuals, and delivering the message.

Iowa State University

4-H STEPS

Training

Time: 20 min.

STEPS (Sequential Team Enrichment Program) was developed for youth to improve their self-concept by encountering an adventure. In this tape, youth from Sixteen Falls City, Oregon take whitewater rafts down the Rogue River. Chronicles their personal benefits and self-improvements.

1982

4-H Teen Series: Depression and Suicide

Training

Time: 11 min.

Discusses the symptoms, causes, myths, and facts surrounding depression among teenagers.

University of South Dakota, 1986

4-H Teen Series: Drugs and Alcohol

Training

Time: 13 min.

Examines the seriousness of the national problem. Interviews with teens provide the background for advice on how to help the addicted teen.

University of South Dakota, 1986

America's Youth: The Challenge and the Opportunity

Training

Time: 44 min.

Focuses on the needs of America's youth as they face today's social issues and how 4-H can help with a major outreach program. The three segments will help 4-H leaders mobilize volunteers; develop and empower teens as leaders; develop new, research-based models of youth and family programming; and build community coalitions with schools, churches, local businesses, service organizations, and other youth agencies.

Produced for 4-H by J.C. Penny, Inc., 1989

Another Story: Volunteers in 4-H Program Management Roles

Training

Time: 33 min.

Describes how volunteers can take on management roles in the 4-H program. Through interviews with various volunteers, a reporter puts together a story on the value of middle management volunteers. Developed as part of the Volunteers for the Future Program.

University of Wisconsin Extension, 1987

Big Story: 4-H Program Committees

Training

Time: 19 min.

Focuses on how program committees enhance the total 4-H effort. The potential for leadership development and the change possible in the agent role (from an organizer to an educator) is seen through the eyes of a local reporter. Developed as part of the Volunteers for the Future Program.

University of Wisconsin Extension, 1986

4-H and Youth Development

Caring Enough: School Age Child Care Series

Training

Time: 21 min.

An overview of the dramatic need for school age child care in rural and urban communities.

University of Illinois, 1990

Caring for Kids: Three Approaches

Training

Time: 9 min.

A look at three approaches (working together, taking charge and hands off) to use when working with children, and when it would be most appropriate to use each. Developed as part of the Volunteers for the Future Program.

Cornell University, 1987

County 4-H Councils: Committees Concerned About Youth

Training

Time: 1 hr. 30 min.

Describes how a 4-H council functions more effectively through well-organized and informed committees. Includes information on the basic council structure, using a committee system, and various committees. Developed as part of the Volunteers for the Future Program.

University of Kentucky, 1987

Electronic Communication: Instruction Technique

Training

Time: 25 min.

Dr. David Dik, assistant director, Cornell Cooperative Extension, discusses the role of electronic technology as we move from an agricultural age to an information age and the implications for Extension.

1987

Facilitate Learning about Animal Welfare and Animal Rights

Training

Time: 2 hrs.

This teleconference was designed as an interactive experience between 4-H members and leaders, and professionals at Iowa State University. Highlights an action plan for youth to follow when confronting emotional issues at the county level.

Iowa State University, 1991

Families in the Balance

Training

Time: 23 min.

Based on the one-hour PBS-TV documentary of the same name. This video documents a day in the life of four American families as they try to balance work and parenting with the help of child care. Focuses on the need for high-quality, affordable child care.

Cornell University, 1991

Family and Youth in Crisis Training

Time: 2 hrs.

A satellite teleconference featuring keynote speaker Dr. William Davis. He presents issues and trends concerning family and youth in crisis, then joins a panel of five other professionals to discuss solutions and alternatives.

Mississippi State University, 1990

Focus on Your Future: Careers in Food and Agricultural Sciences

Training

Time: 23 min.

Uses inquiry and goal setting to explore career options in agriculture, natural resources, veterinary medicine, food sciences, and related professions. Includes member manual, leader guide, and job profile computer program.

North Carolina State University, 4-H Department

Guidance and Discipline: School Age Child Care Series

Training

Time: 43 min.

Developed for school age child care providers, 4-H leaders, and teachers. The program discusses how to provide guidance and discipline that is appropriate to school age youth.

University of Illinois, 1990

Help Me, I'm Growing Up Training

Time: 27 min.

Helps volunteers, parents, teachers, and other adults who care and work with early teens understand what it's like to be between 9 and 15 years old. The videotape uses a talk show format to discuss stress, peer pressure, adult and early adolescent communication, and the role of the future in early adolescent development.

Michigan State University Cooperative Extension, 1989

How To Give A Demonstration, A Guide for Young Members

Training

Time: 29 min.

Provides an in-depth look at producing quality demonstrations. Aimed at particularly young members (grades 4-6), the video examines the use of visuals, offers tips for working with animals, and presents techniques for polishing performance.

University of Idaho

4-H and Youth Development

Judging 4-H Presentations

Training

Time: 20 min.

Advises how to judge 4-H presentations. Note: the presentations score sheet used in the tape is not the same as that used in Oregon. For most effective use, distribute copies of the Oregon score sheet to the audience.
1984

Just Say No

Training

Time: 30 min.

A powerful anti-drug rap song performed by the NBA World Champion Los Angeles Lakers. Additional footage captures the team's camaraderie and underlines their sincerity as anti-drug crusaders.
CBS Fox Video Sports/NBA

Letters to New Leaders #1: What is 4-H?

Training

Time: 14 min.

This is the first tape in a six-part series developed for the orientation and training of new 4-H leaders.
Oregon State University, 1991

Letters to New Leaders #2: Starting a Club

Training

Time: 14 min.

Letters to New Leaders #3: Planning and Conducting Meetings

Training

Time: 15 min.

Letters to New Leaders #4: Leadership and Teaching Techniques

Training

Time: 14 min.

Letters to New Leaders #5: Opportunities for Members

Training

Time: 10 min.

Letters to New Leaders #6: Opportunities for Leaders

Training

Time: 15 min.

Lightspeed

Training

Time: 19 min.

An innovative substance abuse education and prevention program for fourth to sixth graders in Douglas County, Oregon.

University of Arizona, 1991

Meeting Developmental Needs: School Age Child Care Series

Training

Time: 33 min.

Prepared for school child care providers, 4-H leaders, and teachers, this program describes the developmental needs of school age children and how to design educational experiences to reflect the needs of this age group.

University of Illinois, 1990

Orientation for Volunteers in Extension Service

Training

Time: 2 hrs. 5 min.

A teleconference video recording on orienting volunteers to the Extension Service by the Center For Volunteers, Virginia Tech. Reviews organization, development, materials, handouts, use of computers, educational packages, and volunteer-agent relationships.

1986

Programming Positive Performance: Teens and Adults Working Together

Training

Time: 1 hr.

A presentation by Susan Kovalik, nationally recognized consultant on learning and former 4-H leader. Technical quality is poor but content may be useful to 4-H volunteer leader groups.

Putting the Pieces Together: How to Organize a 4-H Club

Training

Time: 22 min.

Includes a volunteer talking with her Extension agent, who to invite to a meeting, Extension agent's responsibilities, life skills taught in clubs, 4-H meeting planning, goal-setting, and leadership in a club.
1985

Rural Crisis Comes to School

Training

Time: 28 min.

A program developed for use by teachers and 4-H leaders who work with youth in today's troubled agricultural economy. Interviews teachers and young people and discusses the symptoms of stress.
Iowa State University, 1985

Self-Esteem in School Age Children

Training

Time: 25:10

Information to help adults learn to give youth appropriate recognition. Includes appropriate and inappropriate responses to children's behavior.
Virginia Polytechnic and State University, 1988

4-H and Youth Development

Spaces

Training

Time: 17 min.

A hands-on approach to science and technology education developed and utilized by Michigan 4-H.

University of Arizona, 1991

Successful Models Produced by States

Training

Time: 24 min.

Describes several models of 4-H programming using electronic technology.

1987

Summit II: Building Strong Families, Competent Kids, and Caring Communities

Training

Time: 3 hrs.

This national Extension teleconference focuses on primary areas of youth at risk programming, promoted collaborations and strategic planning within communities, and current and potential funding. A two-tape set.

USDA Extension Service, National 4-H Council, 1991

Tackling Tough Stuff

Training

Time: 20 min.

Teaches young people aged 12 to 17 skills in self-protection and self-responsibility. The three-part series enables them to help themselves and to actively support friends who are stressed and depressed.

University of Minnesota

Teaching Natural Resources #1

Training

Time: 59 min.

This three-part series provides 4-H leaders with teaching techniques and activities designed to enhance their environmental education programs. The first tape includes an introduction by Allan Smith, national 4-H program leader; stream adventure; converting fear of animals into love; building birdhouses; nature songwriting; and natural resources judging contest.

University of Idaho, 1987

Teaching Natural Resources #2

Training

Time: 1 hr. 2 min.

Topics include: the sense of wonder; shy neighbors; drama and role playing; fun and love; outside resources; and leading campfires.

Teaching Natural Resources #3

Training

Time: 28 min.

How to conduct the "Flow Hike," an integrated environmental experience created by Garth Gilchrist, a nationally known environmental teacher.

Teen Leadership Development

Training

Time: 11 min.

Empowerment of young people will develop their leadership skills. This video looks at the leadership development process as it relates to teens. Developed as part of the Volunteers for the Future Program.

University of Nebraska-Lincoln and Shepherd & Associates

Teens Dealing with Stress

Training

Time: 24 min.

Teens discuss their personal bouts with stress and the resulting side effects: drug and alcohol abuse and suicide.

Iowa State University, 1986

Teens Reaching Youth (TRY)

Training

Time: 16 min.

A 4-H program in North Carolina where teenagers develop leadership and presentation skills by working with younger children in after-school programs.

University of Arizona, 1991

Teleconferencing and TV Networks

Training

Time: 13 min.

Dr. Betty Fleming, teleconference coordinator, USDA, discusses three options appropriate for 4-H program application.

1987

Up Front with the 4-H Mission

Training

Time: 14 min.

Adults and youth explain their perceptions of the 4-H program. They look at 4-H as a learning experience, as being flexible, as a real life experience, as youth and adults working together, and as a fun experience. Developed as part of the Volunteers for the Future Program.

University of Wisconsin Extension, 1987

4-H and Youth Development

Victories: Ways to Build Self-Esteem

Training

Time: 56 min.

Designed to help professionals work in both formal and informal settings with primary, early adolescent, and adolescent youth to develop their self-esteem. The program provides information related to current research and theory, interviews with leaders in the field, and discussions with young people. It suggests ways to build the self-esteem of young people through a sense of security, selfhood, affiliation, mission, and competence.

Ohio State University, 1990

Volunteering in a World Turned Upside Down

Training

Time: 1 hr. 30 min.

This interview with Marlene Wilson, nationally known consultant in volunteerism, covers various components for volunteer management.

Oklahoma State University, 1988

Volunteers for the Future

Training

Time: 1 hr. 30 min.

This Pacific Northwest satellite teleconference, produced jointly by Washington State University, Oregon State University, and the University of Idaho, examines the three tracks of the VFF program: boards, councils and committees, youth as resources, and volunteer middle management.

Washington and Oregon State Universities, University of Idaho, 1990

Volunteers in Middle Management

Training

Time: 17 min.

Explains the concept of middle management and how to use it. This includes a look at job descriptions and how to involve youth, and describes the benefits of the system.

University of Idaho, 1990

Where Leaders Meet

Training

Time: 15 min.

Documents the 1986 Western Regional 4-H Leadership Conference for Teens. The program highlights activities and workshops of the Lake Tahoe conference.

University of Nevada-Reno, 1986

Youth Decision Making

Training

Time: 57 min.

Examines the process and practice of decision making among preschool, elementary, preadolescent, and adolescent children.

Ohio State University

Youth Volunteers in Motion: Successful Functioning of Committees and Meetings

Training

Time: 18 min.

Shows strong and weak examples of youth functioning on committees and in meetings. Developed as part of the Volunteers for the Future program.

Colorado State University

A Grower's Guide to Pruning Highbush Blueberries

Gardening Techniques

Time: 22 min.

Designed for both the commercial grower and the home gardener, this easy-to-follow program illustrates the basics of blueberry plant growth, pruning plants of different ages, ways to increase pruning speed, and pruning for machine harvest.

Oregon State University Extension Service, 1990

Backyard Greenhouses

Gardening Techniques

Time: 25 min.

Visits a Portland-area homeowner who recently had a small greenhouse built in the backyard. Reviews materials and features to include in greenhouse construction and discusses ways to improve growing conditions in the greenhouse.

1985

Budding and Grafting Fruit Trees

Gardening Techniques

Time: 35 min.

Demonstrated techniques of grafting and budding to join different varieties of fruit trees. Uses an interactive format to explain these techniques and discuss necessary tools.

Oregon State University, 1989

Garden Series #1: Raised Bed Gardening

Gardening Techniques

Time: 14 min.

The first of four tapes discussing how to begin a raised-bed garden, how to prune grapes and fruit trees, and methods for landscaping for home lawns.

1982

Garden Series #2: Landscape Management

Gardening Techniques

Time: 13 min.

Garden Series #3: Pruning Grapes

Gardening Techniques

Time: 12 min.

Garden Series #4: Pruning Fruit Trees

Gardening Techniques

Time: 15 min.

Home Lawn Thatch Control

Gardening Techniques

Time: 12 min.

Demonstrates how to renovate a lawn by using dethatching and aerating machines.

1978

How to Collect a Diseased Plant Specimen

Gardening Techniques

Time: 10 min.

OSU Extension plant pathologist Jay Pscheidt demonstrates the proper ways to collect and send diseased plant specimens to plant clinics.

Oregon State University, 1991

How to Take a Soil Sample

Gardening Techniques

Time: 12 min.

Shows the steps for collecting and sending a garden or lawn soil sample to a laboratory for testing.

1987

Selecting Tomato Varieties, Planting, and Cool-Weather Care

Gardening Techniques

Time: 28 min.

Shows what varieties to select for Willamette Valley gardeners and how to plant and care for them during the early season. Also covers planting to avoid rot and weeds.

1977

Home Economics

Best Wishes, Edith and Henry

Aging

Time: 20 min.

The case study of an older couple focuses on how adult children can plan for and make crucial decisions about the future with their aging parents. A video version of a slide tape program, this tape is part of a comprehensive training package. Contact OSU Extension gerontology specialist, Oregon State University, (503) 737-1014, for complete information. *Oregon State University, 1985*

Dollmaker

Aging

Time: 17 min.

Focuses on the importance of caregivers taking care of themselves. During this video version of a slide-tape program, guidelines are suggested for making caregiving decisions and reducing stress for the caregiver. Comprehensive training package is also available. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University*

Due Upon Receipt

Aging

Time: 19 min.

Addresses the financial concerns of the elderly by looking at three families. Viewers learn about problems low-income elderly face and the resources that are available to them. A video version of a slide-tape program, this tape is a part of a comprehensive training package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University*

Final Course

Aging

Time: 17 min.

Presents a case study of Mrs. Murphy, 72, who becomes depressed following a mild stroke. Viewers learn how to recognize and respond to the depressed person and how to prevent potential suicide. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University, 1990*

Primrose Lane

Aging

Time: 18 min.

This video version of slide-tape program explores the impact of a change in living arrangements on an older person. Discussion focuses on factors to consider in making housing choices and different kinds of living arrangement options in later life. Comprehensive training package is also available. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University*

Second Story

Aging

Time: 17 min.

Through the story of William Sanders, 71, viewers learn about the grief process, the impact multiple losses can have on an older person, and ways to support the bereaved. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University, 1990*

Winter Comforts

Aging

Time: 20 min.

Through the story of Phyllis, 72, and her family, viewers learn about alcohol abuse in later life, the signs of an alcohol problem, available support resources, and how to intervene. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information. *Oregon State University, 1990*

1986 Fashion Revue

Clothing and Textiles

Time: 18 min.

Shows how to plan and stage a musically choreographed show. Also demonstrates modeling techniques and ways to involve young men in the fashion revue program. *National 4-H Council, 1986*

A Change of Clothes

Clothing and Textiles

Time: 20 min.

Indiana clothing specialist Lois Gotwals interviews two retired women about clothing. They discuss attitudes, fit, economics, and other perspectives. *Purdue University, 1989*

Home Economics

Altering Ready-to-Wear Clothing: Part 1

Clothing and Textiles

Time: 52 min.

This two-part series shows an Ohio clothing specialist with an alterations professional. This tape discusses alterations on ladies' suit jackets: shortening sleeves and narrowing lapels; on ladies' skirts: taking in a skirt with side seam pockets and machine-rolled hem on slippery or lightweight fabric. Reviews alterations on men's jackets: shortening the sleeves and taking in a center back with vent.

Altering Ready-to-Wear Clothing: Part 2

Clothing and Textiles

Time: 40 min.

Part two discusses a man's jacket, lower collar (two methods); taking in side seams on a man's vest; men's trousers: taking in waist, reducing fullness in back thigh, shortening the crotch.

America's Textiles: An Industry Fights Back

Clothing and Textiles

Time: 9 min.

Shows how sophisticated technology produces clothing, sheets and towels, lifesaving artificial arteries, space suits, bulletproof vests, tires, and parachutes. Program discusses what the textile industry has done to remain productive in the face of increasing imports. An accompanying booklet gives additional information.

Championship Material

Clothing and Textiles

Time: 30 min.

Uses movies and photographs of famous athletes to present basic textile science concepts. The concepts of stretch, absorbency, strength, and wrinkle resistance are dramatically illustrated by comparing legendary and modern sports uniforms and apparel.

Cornell University, 1988

Closet Sense for Clothing

Clothing and Textiles

Time: 23 minutes

A guide to improving the organization and storage in clothing closets.

Ohio State University, 1990

Clothing for the Handicapped #1

Clothing and Textiles

Time: 12 min.

The first of four programs from the KVAL-TV "Creative Living" series, featuring former Lane County Extension home economist Velma Mitchell and Extension textiles and clothing specialist Ardis Koester. In the tape, Dr. Franklin Wong, physical therapist at Sacred Heart Hospital, explains braces and equipment used by the handicapped. Ardis Koester shows remade and specially made clothing for the handicapped.

1983

Clothing for the Handicapped #2

Clothing and Textiles

Time: 12 min.

John Hall, medical social worker, discusses the importance of socially acceptable clothes for the handicapped. Ardis Koester discusses independence, appearance, concealment of handicap, comfort, safety, upkeep, and durability.

Clothing for the Handicapped #3

Clothing and Textiles

Time: 12 min.

Ardis Koester interviews Mary Harlis, owner of "On the Rise," a company that makes clothing for the handicapped.

Clothing for the Handicapped #4

Clothing and Textiles

Time: 12 min.

Betty Dedrick and Sheila Snyder, Sacred Heart Hospital, explain special clothing designed for people with braces and other needs.

Contemporary Serging

Clothing and Textiles

Time: 1 hr.

Demonstrates how four basic serger stitches—overlock, rolled edge, flatlock and chair stitch—can be used for many different serging applications by changing thread and/or tension.

Nancy's Notions, 1987

Couture Techniques for Fine Sewing

Clothing and Textiles

Time: 1 hr. 30 min.

Roberta Carr presents an easy-to-follow demonstration of methods designed to enhance the beauty and quality of your hand-crafted garments. Techniques include: Spanish snap buttonholes, tailoring techniques, bias binding, piping and cording, sleeves, and single-faced pockets.

Roberta Carr, 1988

Home Economics

Creative Serging

Clothing and Textiles

Time: 1 hr.

Marta Alto and Pati Palmer share insights on decorative threads, yarns, and ribbons. Tips on using decorative threads, creative tension, and flatlocking help viewers apply newly learned skills.

Palmer/Pletsch, Inc., 1990

Creative Serging II

Clothing and Textiles

Time: 1 hr.

Marta Alto and Pati Palmer show techniques and fashions. Included are: decorative rolled edges, how to feed cording and then sew through it, heirloom serging, sweater knits, four-step jackets, and extraordinary ideas.

Palmer/Pletsch, Inc., 1990

Detergents in Depth, '89

Clothing and Textiles

Time: 2 hrs. 30 min.

Two tapes of a satellite video teleconference. Topics discussed include: dish care '90, new household cleaning products, detergent trends, personal cleanliness, and safety assessment of cleaning products.

Soap and Detergent Association and The Ohio State University, 1989

Fabric/Flight Connection

Clothing and Textiles

Time: 36:10

A look at advanced fiber science concepts as viewed through the world of aeronautics. It examines the role of textile materials in contemporary and historic aviation.

Cornell University, 1990

Fabrics, Fibers and Finishes: What's New and Different?

Clothing and Textiles

Time: 1 hr. 55 min.

Covers fiber types and properties, new fiber developments, fabric types and properties and new developments, finish types and properties.

Penn State University In-Service, 1989

From Fleece to Fashion

Clothing and Textiles

Time: 22 min.

Covers the history of wool and the Pendleton Woolen Mills, including fashion and manufacturing information.

Pendleton Woolen Mills, 1988.

Generic Serger

Clothing and Textiles

Time:

Demonstrates how thread tension, width, and length affect the visual quality of two-, three-, four- and five-thread serging, flatlock stitch, hemming, and rolled edges.

1988

Gone With the Wash

Clothing and Textiles

Time:

Explores the proper ways to do laundry. Covers sorting, bleaches, detergents, washing, and drying.

Maytag, 1988

How to Fix Holes in Your Clothes

Clothing and Textiles

Time: 1 hr.

Invisible reweaving is the focus of this video. Includes tools and step-by-step methods for French weaving and invisible over-weaving.

Toni Columbo, 1990

How to Fix Holes in Your Sweaters

Clothing and Textiles

Time: 25 min.

Shows the tools and techniques of invisible re-knitting. Technical information for home-based businesses and entrepreneurs.

Toni Columbo, 1990

Individual Image Impact: Clothing

Clothing and Textiles

Time: 16 min.

Demonstrates how to evaluate your wardrobe, decide what you need to improve it, and choose new additions.

Oklahoma State University, 1988

Industrial Shortcuts for Home Sewing 1 and 2

Clothing and Textiles

Time: 2 hrs.

Features time saving techniques. Included in the two-part video: equipment, stack cutting, darts, zippers and waistbands, lined bodice, no-bulk back neck zipper openings, crossing bulky seams with ease, and mitering.

Islander Sewing Systems, 1987

Laundry Basics #1: Water Conditions

Clothing and Textiles

Time: 4 min.

The first tape of a three-part series includes information on laundry and water temperature, hard water, and iron problems. This series is intended for training of Maytag distributors and educators. It includes frequent brand references.

Maytag Consumer Education, 1991

Home Economics

Laundry Basics #2: Detergents

Clothing and Textiles

Time: 6 min.

Includes information on soap and detergent choices, detergent forms, combination products, suds level, phosphate/non-phosphate products, laundry problems, and how to use products.

Laundry Basics #3: Bleach and Fabric Softener

Clothing and Textiles

Time: 5 min.

Discusses chlorine bleach (functions, use, damage) and oxygen bleach (functions, use, and temperature requirements). Also addresses fabric softeners and staining problems.

Linen Production

Clothing and Textiles

Time: 7 min.

Traces the history of linen production from the flax plant, through retting and weaving to end uses.

International Linen Promotion Commission, 1987

Man-Made Fibers...Life Made Better

Clothing and Textiles

Time: 13 min.

An overview of the man-made fiber industry and its products. Shows production scenes and explains government and textile regulations.

Man-Made Fiber Producers Association, 1986

Manufactured Fibers

Clothing and Textiles

Time: 14 min.

A visual journey from myth to miracle following the development and production of manufactured fibers.

American Fiber Manufacturers Association, 1990

Marketing Crafts: Your Customer

Clothing and Textiles

Time: 19 min.

Craft consumers describe reasons for buying crafts, criteria for selecting them, preferred services, promotional methods, shipping locations and environments, and expected price ranges for crafts.

Iowa State University, 1991

Pants, Etc.

Clothing and Textiles

Time: 1 hr. 10 min.

Margaret Islander shows how to draft a custom pant pattern. Fashion variations are also included. Step-by-step book accompanies the video.

Islander School of Fashion Arts, Inc., 1991

Protective Clothing and Equipment

Clothing and Textiles

Time: 17 min.

Describes the dangers of pesticides and how to select appropriate protective clothing and equipment. Guidelines for clothing selection are based on pesticide warning labels. Also includes information on clothing care.

North Dakota State University, 1990

Serger Construction Methods

Clothing and Textiles

Time: 27 min.

Demonstrates various clothing construction techniques that can be performed with a serger. Part One includes samples of three-thread construction. Part Two shows examples of three-thread decorative serging. Part Three describes two-thread decorative serging.

Idaho Extension Service

Sergers: The Basics

Clothing and Textiles

Time: 23 min.

Guides you carefully and thoroughly through the basic operation of the serger. Discusses machine parts and operation, serging techniques, and machine maintenance. Program should be introduced with disclaimer that Oregon Extension does not endorse any one brand of serger although this tape shows only one brand.

Idaho Extension Service

Serging and Sewing Activewear

Clothing and Textiles

Time: 1 hr.

Describes how to use a sewing machine and serger to create golf and tennis wear, swimwear, exercise outfits, and designer sweatshirts.

Nancy's Notions, 1987

Sew Easy, Sew Beautiful

Clothing and Textiles

Time: 1 hr. 30 min.

Designed for the beginner, demonstrates step-by-step how to sew a top, a skirt, and a shirt.

American Home Sewing Association, 1989

Home Economics

Sewing as a Business

Clothing and Textiles

Time: 17 min.

Describes the Mississippi Entrepreneurship pilot project and the discussion topics of the five day workshop: business aspects, marketing directions, tools of the trade, sharpening skills by making samples and a fit seminar with gingham shells. Tape includes participant testimonials and the followup evaluation.

Mississippi State University, 1989

Sewing for Profit

Clothing and Textiles

Time: 44 min.

For the person wanting to start a small business as a custom seamstress, this tape discusses the working arrangements, pricing, records, equipment and facility needs, publicity, and the personal and family ties needed for success. Joyce Smith, Ohio Extension textiles and clothing specialist, interviews Mary Lou Shamp, a successful custom seamstress.

Ohio State University, 1981

Sewing to Success

Clothing and Textiles

Time: 40 min.

Kathleen Spike, dressmaker and founder of the Custom Clothing Guild of Oregon, tells how she became a successful dressmaker. Topics covered include: starting the business, advertising and promotion, working with the client, policies and procedures, and the sewing room.

Palmer/Pletsch, Inc., 1989

Sewing Today. . .The Time Saving Way

Clothing and Textiles

Time: 45 min.

Demonstrates time saving techniques on sewing setup and organization. Other topics covered include interfacing, fitting, pull-on and fitted skirts, and blouse making.

Palmer/Pletsch, Inc., 1987

Sewing Ultrasuede

Clothing and Textiles

Time: 1 hr.

Shows: simple, no-sew and easy-to-sew projects; flat versus conventional construction; fitting an Ultrasuede jacket; cutting, marking and sewing tips; interfacing how-to's; construction of a jacket with collar and lapels; and care guidelines.

Palmer/Pletsch, Inc., 1990

Sewing with Nancy #1: A Fresh Look at Sewing, Basics 1

Clothing and Textiles

Time: 1 hr.

The first tape in a series of eight discusses dart, seam, collar, sleeve, specialty sleeves, and facings. (Note that some techniques are speed techniques. They are not the same as the traditional techniques illustrated in Extension circulars.)

1985

Sewing with Nancy #2: A Fresh Look at Sewing, Basics 2

Clothing and Textiles

Time: 1 hr.

Topics include buttonholes, double welt pockets, pockets, zippers, buttons, and fasteners.

Sewing with Nancy #3: Sewing Specialty Fabrics

Clothing and Textiles

Time: 1 hr.

Fabrics discussed include silk, velvet, and synthetic suede.

1985

Sewing with Nancy #4: Tailoring Shirts for Men and Women

Clothing and Textiles

Time: 1 hr.

Topics include pattern sizing, interfacing, collar variations, continuous shirt sleeve placket, cuffs, setting in the sleeves, underarm seam, and hem.

1985

Sewing with Nancy #5: Sewing for Children

Clothing and Textiles

Time: 1 hr.

Part One: T-shirts, ribbing, and sleeve variations. Part Two: Dresses—yoke ideas, collars, and ruffles. Part Three: Techniques for boys' clothing—reversible bib, pocket with floating bias pleat, piped side seam, elasticized straps, and hemmed pants.

1984

Sewing with Nancy #6: Fitting Slacks

Clothing and Textiles

Time: 1 hr.

Instructions on choosing the correct slacks pattern size, measuring the figure, checking the pattern and altering with the pivot and slide technique. A reference book accompanies the video.

Home Economics

Sewing With Nancy #7: Begin to Sew

Clothing and Textiles

Time: 1 hr.

This three-part tape covers a wide range of basic sewing skills including: selecting the correct pattern size; laying out, cutting, and marking the garment; and learning to use a sewing machine. *Nancy's Notions, Ltd., 1985*

Sewing With Nancy #8: Fuse, Press, Success!

Clothing and Textiles

Time: 1 hr.

This three-part tape teaches a variety of skills including: how to select the right fusible interfacing for a project; prewash silk and rayon fabrics; set pant creases; and correct pressing mistakes. *Nancy's Notions, Ltd., 1991*

Sewing With Nancy #9: Super-Quick Knits

Clothing and Textiles

Time: 1 hr.

This three-part tape demonstrates speed-sewing methods for sewing the popular "modular" knits. It also shows how to accent basic knit garments with "Johnny collars," tab fronts, double ribbings, and more. *Nancy's Notions, Ltd., 1988*

Sewing With Nancy #10: Sportswear—Serge It/ Sew It

Clothing and Textiles

Time: 1 hr.

This three-part tape demonstrates how to sew swim and aerobic wear as well as activewear shirts. It also shows how to stitch pants, shorts, and more. *Nancy's Notions, Ltd., 1990*

Sewing With Sergers—Advanced

Clothing and Textiles

Time: 1 hr.

Offers numerous advanced techniques including: serging elastic for lingerie and swimwear, how to master the rolled edge, and flatlocking. *Palmer/Pletsch, Inc., 1990*

Sewing With Sergers—Basics

Clothing and Textiles

Time: 1 hr.

Marta Alto and Pati Palmer show how a serger works, serger features, threading tips, and how to balance tensions. These and other techniques can be used through a variety of fashion suggestions offered in the video. *Palmer/Pletsch, Inc., 1990*

Shirts, Etc.

Clothing and Textiles

Time: 2 hrs. 15 min.

Part One includes: features of a professional-looking shirt, pattern preparation, plaid cutting tips, notching and marking, interfacing, and more. Part Two includes: sleeve plackets, pleats, setting a perfect sleeve, armseye finishes, underarm seams, perfect cuffs, hem techniques, and more.

Islander School of Fashion Arts, 1988

Solving the Care Label Dilemma

Clothing and Textiles

Time: 21 min.

Illustrates the care dilemma when a customer takes a garment to the dry cleaner. Shows the benefits when a care label is correctly used and followed and the consequences when it is not. *International Fabricare Institute, 1989*

Spotting, Finishing Slacks and Sports Coats, Finishing Procedures for Silk, Shirt Finishing

Clothing and Textiles

Time: 2 hrs. 10 min.

This four-part tape describes the procedures used by dry cleaners. The finishing parts may be used to introduce or substitute for a field trip to the dry cleaners.

International Fabricare Institute, 1986

Story of Corduroy

Clothing and Textiles

Time: 12 min.

Traces the history and the manufacturing process of corduroy material.

Cone Mills Corporation, 1978

Story of Denim

Clothing and Textiles

Time: 15 min.

Follows the process of manufacturing denim fabric.

Cone Mills Corporation, 1989

Swimwear to Meet Special Needs

Clothing and Textiles

Time: 38 min.

Advises women who have undergone mastectomies how to make the best choice of swimwear. The tape details available options: custom ready-to-wear, regular ready-to-wear, and sew-your-own.

Ohio State University, 1988

Beginning Business

Family Economics

Time: 1 hr. 40 min.

Includes: securing a loan, record keeping, pricing, things to consider before you start, and communications as a marketing tool.

Purdue University, 1985

Home Economics

Home Works #1: Thinking About a Home Business

Family Economics

Time: 28 min.

In this first tape in a series of seven, University of Massachusetts specialists discuss reasons for home-based businesses, personality characteristics needed, disadvantages, how to get started, and need for recordkeeping. Featured business: a bed-and-breakfast.

Home Works #2: Financial and Legal Issues

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss start-up costs including licenses and fees, inventory, advertising, zoning, regulations, business loans, using an accountant, recordkeeping, and liability insurance. Featured business: a housecleaning service.

Home Works #3: Pricing for Profit

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss pricing to cover costs (fixed and variable), consideration of competition, knowing the consumer, and intangibles such as perceived quality. Featured business: a pie producer.

Home Works #4: How to Market a Product or Service

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss market research on customers, trends, competition, membership in professional organizations, self-promotion, and packaging. Featured business: a custom seamstress.

Home Works #5: Managing Your Time and Your Life

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss time management including attitude goals, time management techniques, systems of organization, and problems of isolation. Featured business: family day care.

Home Works #6: Fact and Fantasy

Family Economics

Time: 28 min.

Discusses report of a survey of home business owners including why they went into business, problems, goals, and advice on writing a business plan knowing the product or service. Interview includes clips from featured businesses.

Home Works #7: Taking Risks

Family Economics

Time: 28 min.

Interview with consultant defines taking risks as "making a decision when you do not know what the outcome will be," growth from taking risks, traits of successful people, analyzing possibilities, planning fears, and networking.

Home-Based Business #1: Successful Home-Based Business

Family Economics

Time: 10 min.

In the first of a series of six tapes, four home-based businesswomen who provide services and products for consumers discuss basic concerns for those who want to start a home-based business. Reviews how their business is unique, preparation they had for a business venture, and problems with pricing, advertising, and business size.

University of Missouri

Home-Based Business #2: Organizing a Home-Based Business

Family Economics

Time: 10 min.

Kenneth K. Wright, Law School Extension, discusses the three basic business organizations: sole proprietorship, partnership, and corporation. The advantages of each business organization is illustrated.

University of Missouri

Home-Based Business #3: Planning a Home-Based Business

Family Economics

Time: 7 min.

Three business specialists review important planning steps that should be made before establishing a home-based business. Discusses self-assessment as well as researching the business level.

University of Missouri

Home-Based Business #4: Marketing and Pricing Your Products/Services

Family Economics

Time: 8 min.

Dr. Don Schmidt, Marketing Extension, identifies the four P's of marketing: product, price, place, and promotion.

University of Missouri

Home Economics

Home-Based Business #5: Taxes

Family Economics

Time: 10 min.

Attorney Kenneth K. Wright urges home-based businesspeople to keep accurate records so they can correctly itemize expenses to reduce their income tax. Defines business use of the home as a tax deduction and recommends inexpensive sources of information.

University of Missouri

Home-Based Business #6: Home-Based Business and the Family

Family Economics

Time: 7 min.

People interviewed in tape #1 discuss how the business affects family life. They share ways in which they have accommodated both customers and family members to respect the privacy of both.

University of Missouri

Home-Based Business: Putting It All Together

Family Economics

Time: 1 hr. 30 min.

This satellite seminar questions business owners about personal traits, researching the market, developing a plan, business finances, legal requirements, promotion, and family relationships.

Oklahoma State University, 1987

Making Ends Meet

Family Economics

Time: 12 min.

Shows how families can balance individual and family needs and wants by planning their family expenditures. The program examines concepts such as analyzing family values and goals; identifying family resources; examining spending records; and developing, analyzing, and adjusting a specific spending plan.

Oregon State University, 1988

Rural Boardroom

Family Economics

Time: 15 min.

This tape explores the idea of holding regular farm business meetings to foster communication and develop a process for decision making. Contact Alice Mills Morrow, family economics specialist, Oregon State University, (503) 737-3211 for a leader guide to accompany tape.

1986

Tracking Your Spending

Family Economics

Time: 14 min.

Designed to encourage individuals to keep records of spending, this tape looks at four families and how they practice different methods of record-keeping to manage their financial resources.

Oregon State University, 1988

Transitions

Family Economics

Time: 15 min.

Every family farm business goes through transition stages in its business life. This tape is a basic introduction to the topic "Transitions" and leads into discussion of five major issues: income, security, getting along, living together, and estate planning. Contact Alice Mills Morrow, family economics specialist, Oregon State University, (503) 737-1013 for materials to accompany tape.

1983

You Make the Difference: Preventing Home Burglary

Family Economics

Time: 20 min.

Focuses on a comprehensive approach to securing your home. The program covers such topics as: lighting, fencing, landscaping security devices, and alarm systems.

Western Insurance Information Service and Insurance Information Institute, 1988

Beef—The Dinner Solution

Food and Nutrition

Time: 46 min.

Demonstrates how to shop for various beef cuts and how to prepare nutritious beef dishes.

Oklahoma State University

Dairy Does A Body Good

Food and Nutrition

Time: 10 min.

Uses popular music and a believable story to demonstrate to teens the importance of dairy products to their diet. The program is designed to teach teens to assume responsibility for their own food choices and exercise habits.

National Dairy Promotion and Research Board

Easy Yeast Bread

Food and Nutrition

Time: 14 min.

See description under 4-H and Youth Development section.

Food for Later #1: Making Jams and Jellies

Food and Nutrition

Time: 29 min.

The first of five half-hour programs on food preservation. Extension home economist Nellie Oehler demonstrates correct food preservation techniques and interviews Carolyn Raab, Extension foods and nutrition specialist, about preservation problems and food safety concerns. These tapes must be used with a supplementary handout that includes updated food preservation recommendations. Contact Carolyn Raab (737-1019) for copies.

Oregon State University, 1980

Home Economics

Food for Later #2: Freezing Fruits and Vegetables

Food and Nutrition

Time: 28 min.

Food for Later #3: Drying Fruits and Vegetables

Food and Nutrition

Time: 29 min.

Food Preservation Update

Food and Nutrition

Time: 18 min.

The United States Department of Agriculture recommends new procedures and processing times for home canning. This video outlines the new food safety recommendations.
Oregon State University, 1988

Growing Healthy Bodies: Nutrition Education for Day Care Providers

Food and Nutrition

Time: 25 min.

This four-part tape offers nutritional guidelines and other helpful information to day care providers. Topics covered include kids and food, picky eaters, snack facts, and vitamins and minerals.
Oregon State University and Washington State University, 1990

No Better Gift

Food and Nutrition

Time: 22 min.

Focuses on the child from ages 1 to 5. Shows the behavior of parents that influence that child's eating habits and discusses strategies for insuring that children receive a balanced diet.
Society for Nutrition Education, 1983

Quick Bread

Food and Nutrition

Time: 12 min.

See description under 4-H and Youth Development section.

Changes on Main Street

Human Development

Time: 28 min.

Designed for small-town businesspeople dealing with changes in their community. Includes interviews with small-town merchants who comment on the effects of the rural crisis on their businesses and personal lives. Gives ideas on how to handle stress and suggestions on how communities can pull together during hard times.

Communicating with Others

Human Development

Time: 30 min.

Dramatizes a family's difficulties in communication. Presents some common problems with communication between parents and children.
South Dakota State University, 1985

Dealing with Blame: Help for Farm Families in Crisis

Human Development

Time: 17 min.

A program produced by Iowa State Extension for people caught in the economic hard times of rural America. Paul Lasley, Extension sociologist, explains some of the factors beyond the farmer's control that have caused the rural crisis. A farm couple discusses how they survived economic difficulties.
Iowa State University, 1985

Farm Families in Transition

Human Development

Time: 25 min.

Shows farm men and women making successful changes in careers and lifestyles. Discusses emotional reactions to change and loss and ways of dealing with these feelings. Intended to show positive role models for adjustment to change.
Iowa State University

Farm Neighbors: A Guide to Self-Help Groups

Human Development

Time: 25 min.

Supports written materials for use by self-help groups for farm families. Shows two successful groups and includes interviews with group members. Includes some information on how to start a group and how to use the discussion materials provided by Extension Service.
Iowa State University, 1986

Farmers and Lenders: Working Through Crisis

Human Development

Time: 26 min.

Discusses the problems of strained relationships between farmers and lenders in recent years. Appropriate for lenders and staff who work with financially troubled farmers.
Iowa State University

Home Economics

Footsteps #1: Queen for a Day

Human Development

Time: 30 min.

The first of a series of 30 tapes focusing on children's development as individuals and how they are influenced by parenting styles and social surroundings. Each tape shows an aspect of children's behavior and ways for parents and caregivers to respond. Companion leaflets for each tape are listed by title. Call Agricultural Communications at (503) 737-2513 for information on ordering leaflets. This first tape discusses how children develop their own identity.

EC 1293, Developing Personal Identity

Footsteps #2: No Comparison

Human Development

Time: 30 min.

Shows how children are unique and reviews ways to celebrate, rather than deny, their individuality.

EC 1298, Children's Individuality

Footsteps #3: Love Me and Leave Me

Human Development

Time: 30 min.

Tells how security and ability to be independent are related and reviews ways to make separations easier.

EC 1294, Attachment and Independence

Footsteps #4: What's Cookin'?

Human Development

Time: 30 min.

Helps parents promote healthy eating habits and avoid using food as a reward or punishment.

EC 1292, Starting Healthy Eating Habits

Footsteps #5: Spare the Rod

Human Development

Time: 30 min.

Reviews causes of problem behavior and goals of discipline. Discusses discipline techniques.

EC 1289, Using Discipline Constructively

Footsteps #6: Tangled Webs

Human Development

Time: 30 min.

Discusses ways children misbehave and the probable causes.

EC 1296, Dealing With Problem Behavior

Footsteps #7: The Secret of Little Ned

Human Development

Time: 30 min.

Emphasizes the importance of really listening and paying attention to your children. Tells how to actively listen.

EC 1291, Listening To Your Children

Footsteps #8: True Blue

Human Development

Time: 30 min.

Shows how children learn through play and fantasy and gives ways for parents and caregivers to support and encourage their play.

EC 1297, Learning Through Play and Fantasy

Footsteps #9: Who Is Sylvia?

Human Development

Time: 30 min.

Demonstrates how TV can be a friend as well as an enemy. Shows how parental guidance makes all the difference.

EC 1295, Managing Children's TV Habits

Footsteps #10: If You Knew April

Human Development

Time: 30 min.

Helps parents have confidence about how they're raising their children. Discusses how to become partners with child development professionals.

EC 1299, Knowing Your Children

Footsteps #11: First Signs of April

Human Development

Time: 30 min.

Tells how to stimulate children's growth through their surroundings and activities.

EC 1301, Providing Early Stimulation

Footsteps #12: On the Brink

Human Development

Time: 30 min.

Discusses how stress and frustration lead to child abuse. Explains how abuse can be prevented and lists local support services.

EC 1290, The Causes and Prevention of Child Abuse

Footsteps #13: Two To Get Ready

Human Development

Time: 30 min.

Prepares new parents for pregnancy and childbirth. Reviews decisions they will need to make.

EC 1320, Preparing for Parenthood—Together

Home Economics

Footsteps #14: And We Were Sad, Remember?

Human Development

Time: 30 min.

Helps parents teach children how to cope with the death of loved ones by preparing them rather than protecting them from it.

EC 1300, Learning to Cope With Death

Footsteps #15: I Love You When You're Good

Human Development

Time: 30 min.

Shows ways parents can make their children feel loved, valued, and accepted. Reviews why and how to avoid conditional love.

EC 1319, Making Children Feel Loved

Footsteps #16: The Accident

Human Development

Time: 30 min.

Demonstrates how to find a parenting style that is comfortable and neither too permissive nor too restrictive.

EC 1318, Finding Your Parenting Style

Footsteps #17: New Kid on the Block

Human Development

Time: 30 min.

Tells why social skills are needed and how to help children develop them.

EC 1317, Developing Social Skills

Footsteps #18: The Scratching Pole

Human Development

Time: 30 min.

Describes how children learn at various stages in their lives and how to cope with difficult developmental periods.

EC 1315, Mastering Life's Tasks

Footsteps #19: Hairy Scary

Human Development

Time: 30 min.

Reviews why children commonly develop fears and how to help them cope.

EC 1312, Handling Children's Fears

Footsteps #20: There Comes a Time

Human Development

Time: 30 min.

Describes various types of social support and how to find it.

EC 1313, Finding Community Support

Footsteps #21: Stacking the Deck

Human Development

Time: 30 min.

Teaches parents how to promote their children's self-confidence and how to avoid damaging their self-esteem.

EC 1321, Encouraging Competence

Footsteps #22: Christinitas

Human Development

Time: 30 min.

Shows ways to help develop children's natural creativity.

EC 1311, Promoting Creativity

Footsteps #23: I'll Dance at Your Wedding

Human Development

Time: 30 min.

Demonstrates how children with special physical challenges have the same needs as other children. Lists federal, state, and local agencies providing support for challenged children.

EC 1322, The Challenged Child

Footsteps #24: Act Two

Human Development

Time: 30 min.

Gives ways of coping with the difficult task of becoming a stepparent.

EC 1314, Becoming a Stepparent

Footsteps #25: Double Exposure

Human Development

Time: 30 min.

Shows how children get values from parents. Encourages parents to discuss values with children to avoid confusion.

EC 1325, Teaching Children Values

Footsteps #26: From A to Zach

Human Development

Time: 30 min.

Discusses ways parents can help children handle the first few weeks at school.

EC 1327, Preparing Children for School

Footsteps #27: Pre-Op

Human Development

Time: 30 min.

Reviews ways to help children undergo illness and hospitalization.

EC 1323, Coping With Illness and Hospitalization

Footsteps #28: War and Peace

Human Development

Time: 30 min.

Discusses common problems between siblings and how parents can manage them.

EC 1316, Managing Sibling Rivalry

Footsteps #29: On Our Own

Human Development

Time: 30 min.

Shows how parents set examples for children to become responsible or irresponsible. Discusses ways in which parents can help children take on responsibility.

EC 1324, Teaching Children Responsibility

Footsteps #30: Pals?

Human Development

Time: 30 min.

Talks about how peer groups influence children and how parents can help children make decisions about them.

EC 1326, Children's Peer Groups

Moving On: Getting an Off-Farm Job

Human Development

Time: 19 min.

Designed for use with farm men and women seeking off-farm employment. Discusses difficulties of beginning the job search and dramatizes the story of a farmer who goes for an interview unprepared. Appropriate for job skills workshops.

1987

Rebuilding Self-Esteem for Farm Women

Human Development

Time: 23 min.

Addresses the need for rural women to rebuild self-esteem during a time of stress and change. Helps women feel good about themselves and their roles whether they are at home full-time or combine home and outside work. Leader guide appropriate for men or women, rural or non-rural.

Iowa State University

Sexuality and the Later Years

Human Development

Time: 25 min.

George, 76, and Juliet, 72, discuss their feelings about sexuality, their sexual concerns and adjustments as older people, and the importance of obtaining adequate information from physicians. Vicki Schmall, OSU Extension gerontology specialist, discusses the impact of health conditions, surgery, and medication on sexual functioning.

1983

Natural Resource Management

Livestock Guarding Dogs: Protecting Your Sheep

Grazing/Range

Time: 14 min.

Looks at how guard dogs can be used to control sheep predators.

USDA, 1990

Basic Shotgun Shooting: A Better Way

Recreation

Time: 19 min.

Basic instruction for teaching shotgun shooting in a proven step-by-step method. Emphasis is placed on eye dominance, eye barrel alignment, mounting the shotgun, and pointing instead of aiming.

New Mexico State University

Cooperative Extension Service, 1990

Restoration of Riparian Habitat Using Nature's Engineer: The Beaver

Riparian

Time: 24 min.

Details the use of beaver for restoring and maintaining riparian habitat values. Includes trapping techniques and release-site selection as well as other factors that should be considered.

Bureau of Land Management, Wyoming

Riparian Management: A Challenge for Our Future

Riparian

Time: 11 min.

Details the importance of riparian areas for proper ecosystem function and maintenance. Presents grazing management as an important tool for protecting these values.

Bureau of Land Management, Oregon and Washington

Agriculture and Wildlife

Wildlife

Time: 2 hrs. 40 min.

Ten programs of varying lengths on the conservation reserve program; the principles of wildlife management; field borders and odd areas; winter food plots; grazing management—a new look at an old idea; stock ponds and waterfowl: saving soil moisture and creating nesting habitat by undercutting; streamside woodlands; saving grain and wildlife through root pruning; supplementing farm and ranch income with wildlife.

Kansas State University Cooperative Extension Service, 1986

Pocket Gopher Management: An Informative Guide for Farmers, Growers, Ranchers and Home Owners

Wildlife

Time: 17 min.

An overview of the various approaches to controlling pocket gophers. Includes both biological and direct control techniques for small and large areas.

Washington State University

Cooperative Extension, 1989

Sea Grant/Coastal

Fishing for Dungeness Crab

Fishing Industry

Time: 14 min.

Documents a trip to sea on a crab boat: how the crab pots work, catching the crab, unloading at the dock, and processing the crab for market. From the in-school TV program "It's Happening" on Oregon Public Broadcasting.

1977

Oregon's Commercial Fishermen—The Business in Their Blood

Fishing Industry

Time: 28 min.

Profiles the fishing industry and the people who make their living from the sea.

Oregon State University, 1990

Salmon Fishing off the Columbia

Fishing Industry

Time: 14 min.

Illustrates the nature of the Chinook fishery in scenes of gillnetting and sport fishing. From the "It's Happening" series on Oregon Public Broadcasting.

1976

Shad and Striped Bass Fishing

Fishing Industry

Time: 14 min.

Shows the gillnet shad fishery in the Umpqua River. The incidental catch of the striped bass sport fish in the nets causes a controversy with sportsmen. From the "It's Happening" series.

1976

Work Is Our Joy: The Story of the Columbia River Gillnetter

Fishing Industry

Time: 30 min.

Based on a series of oral history interviews, this slide/tape program describes the unique culture of the Columbia River gillnetter.

Oregon State University, 1989

Sea Star Behavior: Feeding by Stomach Eversion

Marine Biology

Time: 8 min.

Produced in cooperation with the OSU Department of Zoology. Former OSU zoologist Darrell Ward describes how starfish feed. An actual feeding is shown.

1975

Flood Control: Tillamook Bay

Oregon Coastal Communities

Time: 14 min.

Shows repair after the 1971 and 1972 floods. Explains the process and problems of dredging the debris-filled bay and outlets of five streams flowing into Tillamook Bay. From the in-school TV program "It's Happening" series.

1975

Oregon Coast #1: Yesterday

Oregon Coastal Communities

Time: 30 min.

The first of three tapes on the Oregon coast shows how the coast developed historically. The series describes current economic and social conditions on the coast and invites participation in determining the future of the area.

1980

Oregon Coast #2: Today

Oregon Coastal Communities

Time: 30 min.

1980

Oregon Coast #3: Tomorrow

Oregon Coastal Communities

Time: 30 min.

1980

Crab Shaking with Imogene Burchett

Seafood Preparation

Time: 27 min.

Demonstrates how to extract crab meat from the shell.

Pacific Media Productions, 1990



OREGON STATE UNIVERSITY EXTENSION SERVICE

Extension Service, Oregon State University, Corvallis, O.E. Smith, director. Produced and distributed in furtherance of the Acts of Congress of May 8 and June 30, 1914. Extension was a cooperative program of Oregon State University, the U.S. Department of Agriculture, and Oregon counties. Oregon State University Extension Service offers educational programs, activities, and materials without regard to race, color, national origin, sex, age, or disability as required by Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments 1972, and Section 504 of the Rehabilitation Act of 1973. Oregon State University Extension Service is an Equal Opportunity Employer.
