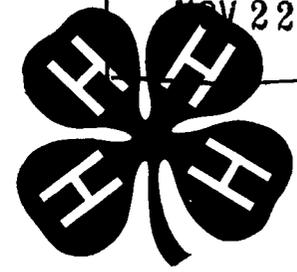


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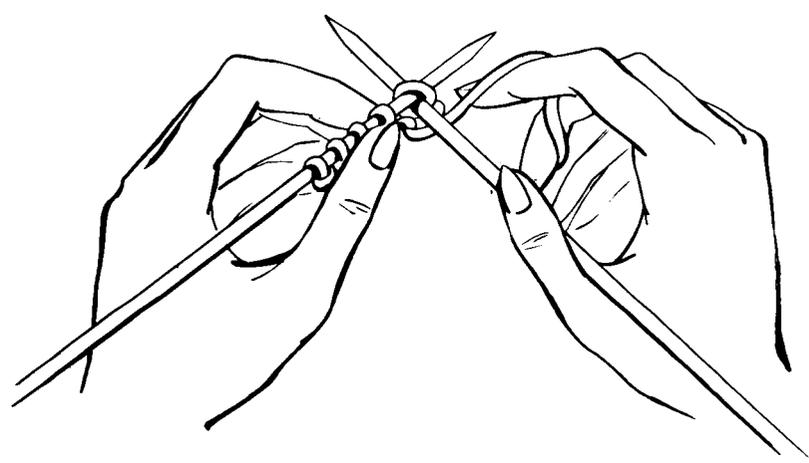
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4-H

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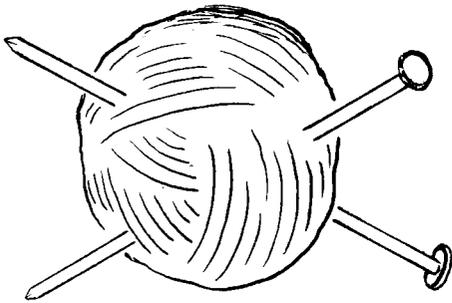


DISCARD

Club Series L-84
October 1960

Cooperative Extension Service
Oregon State College, Corvallis

4-H KNITTING PROJECT



Knitting can be a very good companion. We hope you will find it so as you work on your 4-H knitting project. If you have mastered the skills in the beginning units, you may choose to do one of the units that will give you some new experiences.

BEGINNING KNITTING

There are two units in beginning knitting. If you are just learning, you probably will want to start with Unit A. Should you find this one too easy, you may want to go on to Unit B, but be sure you are able to do the skills in Unit A well before you go on. Unit B can be your second knitting project.

You should use large needles and heavy yarn in the beginning units.

Unit A

Things to do:

1. Make a tassel or pompon for slippers or cap. As you make the tassel or pompon, notice how the yarn feels. See how it "jumps" back after you pull it tight. If you pull it too tightly and keep it tight too long it will soon lose its ability to "jump" back.
2. Cast on stitches.
3. Bind off stitches.
4. Knit (garter stitch).

Suggested articles to make:

1. Hat.
2. Slippers.
3. Pot holder.
4. Afghan block. (Each member of your club might make afghan blocks and then you could give the afghan to a hospital or rest home as a community service project.)
5. Any other article can be made which requires only knit stitches.

You should make three articles in addition to your tassels or pompons. If you make a pair of slippers, they will count for two articles.

Exhibit:

Two articles showing that you have learned to cast on, bind off, and knit.

Unit B

Things to do:

1. Practice the skills learned in Unit A.
2. Purl. Do both stockinette and ribbing.
3. Increase.
4. Decrease.

Suggested articles to make:

1. Ribbed cap.
2. Slippers.
3. Mittens on two needles.
4. Jacket.
5. Head hugger.
6. Other.

You should make three articles in this project. Slippers and mittens each count as two articles.

Exhibit:

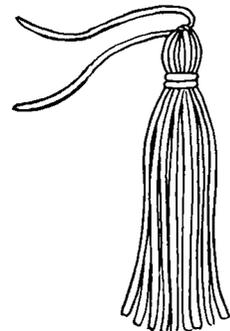
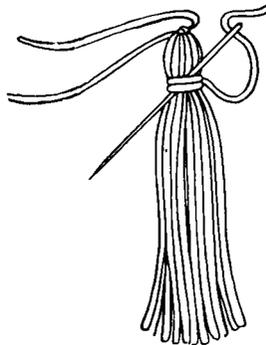
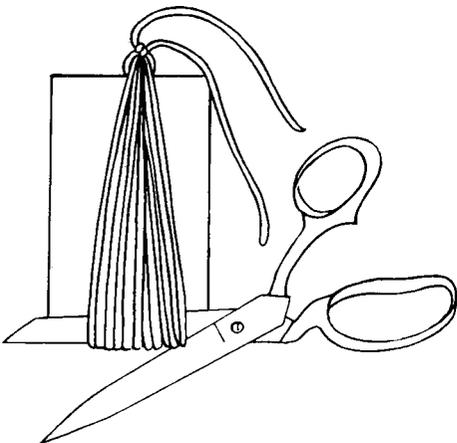
Two articles showing that the member has learned to purl, increase, and decrease.

SUGGESTED PATTERNS FOR BEGINNING KNITTING

Unit A

Tassel

Cut a cardboard 4 x 3 inches. Wind yarn around the 4-inch width 40 times. Tie a piece of yarn around the top, then cut the yarn at the bottom. Then tie the tassel about a 1/2 to 3/4 of an inch from the top as shown in the drawings below. The yarn ends left on the top of the tassel can be used to fasten it to your hat.



Pompon

Cut a cardboard 2 x 3 inches. Wind the yarn around the 2-inch width 50 times. Now slip the yarn off the cardboard and tie a piece of yarn around the middle. (You need someone help you with this.) After you have tied the pompon tightly, cut the loops at each end and shake the pompon. Trim cut ends to make the pompon nice and round.

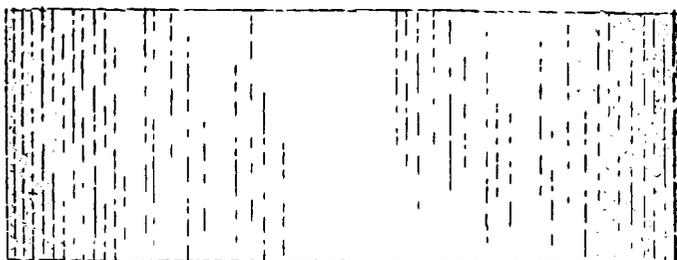
Hat

Material needed:

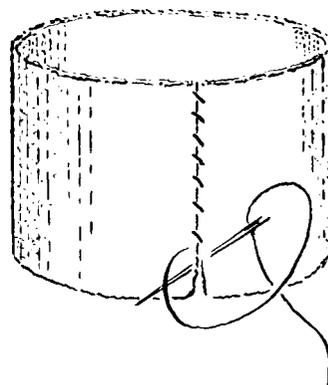
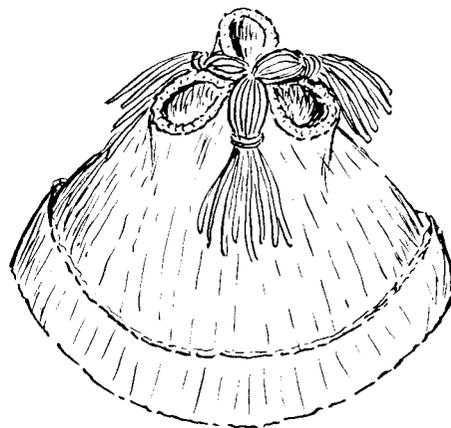
- 1 pair #8 knitting needles.
- 2 ounces knitting worsted.

Directions:

1. Cast on 35 stitches. This will be about 7 or 7 1/2 inches. Knit every row until you have a rectangular piece which measures about 14 or 15 inches long.



2. Sew short sides together with yarn.
3. Fasten one end together making three loops, as shown in the picture below.



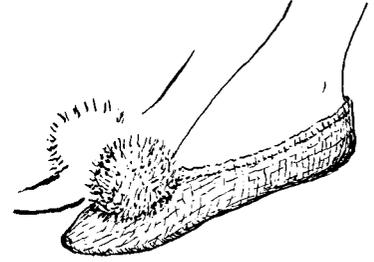
4. Take the three tassels you have made and attach them as shown in the picture.



Slippers

Material needed:

1 pair #8 knitting needles.
2-ounce skein knitting worsted.



Directions:

Cast on 28 stitches (heel). Knit every row until piece measures the length of your foot. Break off the yarn, leaving an 8-inch end. Pull yarn through all stitches and draw up tightly. Sew the edges together for 2 inches above the drawn up stitch to form the toe. Fold cast on edge in half and make a seam for center back.

To make the tie for your slipper:

Take a strand of yarn six times as long as the desired finished length.

Double the yarn and while you hold one end, have someone hold the other end.

Pull the yarn tightly and each of you twist the yarn to your right.

Twist until the yarn is very tight.

Now have your helper give his end to you.

Hold both ends tightly while yarn twists together.

Pull to make the twist even.

Thread the tie through the slipper $1/2$ inch down from the top. (You may use a bobby pin to do the threading.)

Tie a knot in each end.

Sew your pompons on the toe.

Hot Dish Holder

Material needed:

1 pair of #7 or #8 knitting needles.
Cotton yarn.

Cast on 25 stitches. Knit every row. When the piece is square, bind off.

Afghan Blocks

Material needed:

1 pair #8 or #10 knitting needles. (If your club is going to make an afghan, you should be sure that all members' squares are the same size.)
Knitting worsted.

Cast on 25 stitches. Knit every row until piece is square, bind off.

Unit B

Ribbed Cap

Material needed:

2-ounce skein knitting worsted.
1 pair #8 or #10 knitting needles.

Gauge:

7 stitches = 2 inches. 11 rows = 2 inches.



Directions:

Cast on 64 sts. Row 1: *K 2, P 2 across row. Repeat Row 1 until piece measures 6 inches. FIRST dec row: *K 2 tog, P 2 sts across row--equals 16 sts dec. On the next row *K 2, P 1 across row. Next row *K 1, P 2, ribbing for 8 rows more. SECOND dec row: *K 1, P 2 tog across row--equals 16 sts dec. On the next row *K 1, P 1 across row. Continue in K 1, P 1 ribbing for 8 rows more. THIRD dec row: K 2 tog across row. FOURTH dec row: P 2 tog across row. Break off yarn, leaving a 12-inch end. Pull through 8 sts on needle and draw up tightly. Sew back seam.

Knitted Lounging TV Slippers

Material needed:

1 pair #8 knitting needles.
4 ounces of knitting worsted yarn.

Use a double strand of yarn. Cast on 29 stitches. Knit 9 stitches, purl 1, knit 9 stitches, purl 1, knit 9. Second and all even rows, knit across. Work 6 inches, alternating the rows above (22 ridges for women's shoe size 9-10; 18 ridges for women's shoe size 7-8).

Toe: Row 1: Purl 1 *knit 1, purl 1. Repeat from * to the end.
Row 2: Knit 1, purl 1 to end.
Repeat ribbing for 2 inches.

First decrease: Work in ribbing for 7 stitches, * slip 1 stitch, knit 1 stitch and pass slip stitch over knit stitch. Knit 1, knit 2 together. * Work 5 stitches in ribbing and repeat between * once, finish row (25 stitches). 2nd row: Work 7 stitches in ribbing. Purl 3, work 5 sts in ribbing, purl 3. Work 7 sts in ribbing.

Second decrease: Work 6 stitches in ribbing. * Knit 2 together, knit 1 stitch, slip 1 stitch, knit 1 stitch and pass slip stitch over knit stitch. * Work 3 stitches in ribbing. Repeat between *'s once, finish toe (21 stitches).

Break yarn leaving end. Draw end through all stitches but do not slide off needle. Then draw through again, sliding off needle. Fasten securely.

Fold cast on edges in half and sew edges together for heel, gathering in the center stitches securely.

Sew side edges of ribbing and fasten together for about 4 inches from toe. Make a pompon and fasten on toe.

To make a pompon, wind yarn around a 3-inch card 50 times. Slip off the card, and tie through the middle. Clip the loops.

Jacket

Material needed:

8 ounces knitting worsted.
#10 1/2 needles.

Gauge:

4 stitches = 1 inch.
5 rows = 1 inch.

Directions for size 8, body chest size: 26"; blocked chest size: 28".

(To make larger size add 5 sts to back. This adds 1 inch. For 2 inches also add 2 sts to each front.)

BACK: Cast on 53 sts. Knit 1 row. Purl 1 row. Repeat these 2 rows until 7" from start or desired length from waist to underarm.

Shape armholes: Bind off 3 sts at beg on next 2 rows, then dec 1 st each side every other row twice, 43 sts. Work even until armholes measure 6" above first bound off sts.

Shape shoulders: Bind off 8 sts at beg of next 2 rows, 6 sts next 2 rows. Bind off center 15 sts for back of neck.



LEFT FRONT: Cast on 30 sts. Knit 1 row, purl 1 row, repeat these 2 rows until piece measures same as back to underarm.

Shape armhole: Bind off 4 sts at beg of armhole side, then on armhole dec 1 st every other row 3 times = 23 sts. Work even until armhole measures 4 1/2" above first bound off sts. Now shape neck while working armhole side even.

Shape neck: Bind off 7 sts at beg of center edge, then dec 1 st every other row twice = 14 sts. Work even until armhole measures same as back. Then shape shoulder at armhole edge by binding off 8 sts once, 6 sts once.

RIGHT FRONT: Cast on 30 sts. Knit same as left front, shaping other side.

SLEEVES: Cast on 38 sts. K 1, P 1 for 1 1/2" or 2" (ribbing). Then knit 1 row, purl 1 row until piece measures 3" above ribbing (or required length).

Shoulder cap: Bind off 3 sts at beg of next 2 rows, then dec 1 st each side every other row until 13 sts remain. Dec 1 st each side every row 2 times. Bind off remaining 9 sts.

COLLAR: Cast on 54 sts. Work 3 1/2" stockinette st or ribbing st. Bind off.

Finishing: Sew together. From right side, work 1 row sc around edge of collar, working 3 sc in each corner. From right side, work 1 row sc around entire edge of jacket, working 3 sc in each corner. Close neck with a loop buttonhole and button.

Intermediate

Intermediate knitting is divided into four units. One unit can be taken each year. If you feel you have not really mastered the skills in any one of the units, you may take it again.

You should use commercial patterns for the intermediate knitting projects.

Unit A

Use large needles and heavy yarn for this project.

Things to do:

1. Practice the skills learned in the beginning knitting.
2. Make buttonholes or eyelets.
3. Pickup stitches.
4. Crochet stitches for finishes.

You should make two articles in this unit.

