



# 4-H Knitting Member Guide and Record

\$1.00

In your knitting project you will be learning a very old skill that dates back as far as 200 A.D. As you progress through the different phases, you will have an opportunity to use many kinds of yarn and designs.

In the 4-H knitting project you can learn to:

- Knit articles for yourself and others
- Select, use, and care for knitting tools
- Work and share with others in your club
- Keep simple records of your project and activities

The 4-H knitting project is divided into seven phases. Skills to be learned and suggested items to make are outlined on pages 1 and 2. A form for you to use in recording your project activities follows on pages 3 and 4.

Your club leader will teach you how to do basic stitches and help you find patterns to use as you learn. When you reach the advanced phases, you will need to select patterns from a variety of pattern books, needlework books, and magazines available at news stands, notions counters, fabric stores, or specialty shops that sell yarn and thread.

If you want to show others what you learn in the knitting project, check with your leader about exhibiting items at fairs or other community events. If you make an article to wear, you might like to model it in your county 4-H fashion revue. Giving a presentation at a club meeting, contest, or community center is another way to share with others what you have learned. Sharing also happens when you make a gift for someone using the skills you've learned in the project.

Phase	Skills to be learned	Other things to be learned	Suggestions for articles	Fair exhibit
<b>1</b>	Cast on	Knitting tools	Two small articles that show knit and purl	One article showing one or more skills learned
	Knit	Knitting terms		
	Purl	To make an overcast seam	slippers pillow purse afghan square sample toy poncho	
	Bind off	Wind yarn from hanks To read simple directions	cap pincushion belt scarf head band	
<b>2</b>	Ribbing	More knitting terms	Two small, or one large, articles that show increase and decrease	One article showing one or more skills learned
	Stockinette stitch	Another kind of seam		
	Increase	About gauge	shell tunic cap bolero	
	Decrease	About tension	slippers toy dicky beret dog sweater tote bag tunic	
		Recognize and correct mistakes		
		Make a swatch		
<b>3</b>	Pick-up stitches	Buttonholes	Two small, or one large, articles that show pick-up stitches	One article showing pick-up stitches
	Blocking a garment	Different seams		
		How to measure for fit	sweater poncho vest jumper simple dress tunic cape	
		May use circular needles (do not use four needles)		
		About yarn		



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Phase	Skills to be learned	Other things to be learned	Suggestions for articles	Fair exhibit
<b>4</b>	Pattern stitch	Determine multiple of stitches  Review basic skills in Skills Book and try other methods  Make swatches of new methods  Make swatches of pattern stitch	Two small articles or one large article, made with a pattern stitch  sweater vest tunic dress poncho scarf bag cape jumper cap	One article showing pattern stitch
<b>5</b>	Mix colors  Combine colors to create a design (no stripes)	Carry yarn  Bobbin knitting	Two small, or one large, article made with a pattern stitch  sweater jacket poncho tunic cape	One article showing mixed color (no stripes)
<b>6</b>	Freelance—10 options  A. Knit with four needles or circular needles  B. Combine knit with fabric or leather. Knit piece to garment shape desired.  C. Draft pattern for a fitted knitted garment (include pattern)  D. Knitted lace attached to a garment or article  E. Knitting for men or boys  F. Large garments (may be lined)  G. Hobby knitting  H. Baby articles  I. Any other garment pattern stitch  J. Any other garment (mixed colors), but no horizontal stripes	Articles to make (1 large or 2 small)  Dress Skirt Sweater  Dress Coat  Coat Dress  Embroidery on household linens  Sweater  Coat, pant suit, jacket, car coat  Afghan, child's dress, toys (no doll clothes to be exhibited)  Blanket, sweater set, baby dress  Sweater  Sweater	Mitten and gloves Golf Club mitt SKI cap  Pants Suit  Shirt Sweater  Lace attached to dress, other garments, or articles	One article showing skills learned under one option
<b>7</b>	Use of knitting machine			Article made on knitting machine

# 4-H Knitting Record

Name \_\_\_\_\_ County \_\_\_\_\_ Grade \_\_\_\_\_ Year born \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Club name \_\_\_\_\_ Leader \_\_\_\_\_

Year in 4-H \_\_\_\_\_ Year in project \_\_\_\_\_ Date record started \_\_\_\_\_, 20\_\_\_\_ Date record closed \_\_\_\_\_, 20\_\_\_\_

A record is part of your 4-H project. Keep your record neat, clean, and up-to-date. Pencil is recommended. If you need help, ask your parents or leader. If you need more space, add notebook paper.

## Things I Plan to Do and Learn This Year

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## Important Things I Did or Learned

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## Ways I Shared What I Learned

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THIS RECORD MAY BE OUT OF DATE.  
For most current information:  
<http://oregon.4h.oregonstate.edu>

## Activities in Consumership and Care of Articles Made

What I did	Costs, if any	Satisfactions

## Equipment and Materials Purchased (if any)

Equipment	Cost	Material	Cost

## Articles Made

Article	Skills used	Total cost	Value*	Satisfactions

\*Cost of comparable purchased article. (Filling out this section is optional.)

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