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General Announcement of
4-H Club Work



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Oregon State System of Higher Education
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Cover picture—

Governor Sprague and outstanding 4-H club members. Elmer Winniford, Benton County; Francine Sharp, Clackamas County; Geneva Kehrli, Portland; Donald Michael, Lane County.

General Announcement of 4-H Club Work

What club work is. 4-H Club work is a junior extension activity of Oregon State College. It is a publicly supported and directed educational enterprise of the United States Department of Agriculture, the State Land-Grant College, and the State Department of Education, cooperating.

Whom it is for. 4-H Club work is for boys and girls who have passed their 9th birthday and have not passed their 21st birthday on the first day of November of the current year. It is available for every boy or girl of club age, who wants it.

What it does. 4-H Club work teaches, through doing, better practices in agriculture and home economics.

4-H Club work develops leadership, community pride and spirit, self-reliance, ambition and aggressiveness, and sportsmanship; above all, it develops the highest type of manhood and womanhood and American citizenship.

It teaches boys and girls how to meet together, work together, play together, and achieve.

How it does these things. It does these things through the organization of five or more boys and girls into a standard club, in which they learn how to conduct meetings, carry their project, and cooperate, and how to become leaders.

Each club member is engaged on a project in agriculture or home economics where he or she learns the problems of that particular project and their solution.

All boys and girls enrolled in 4-H Club work must carry a project, keep records, make an exhibit, participate in a demonstration, learn to judge the finished product, and turn in a record book.

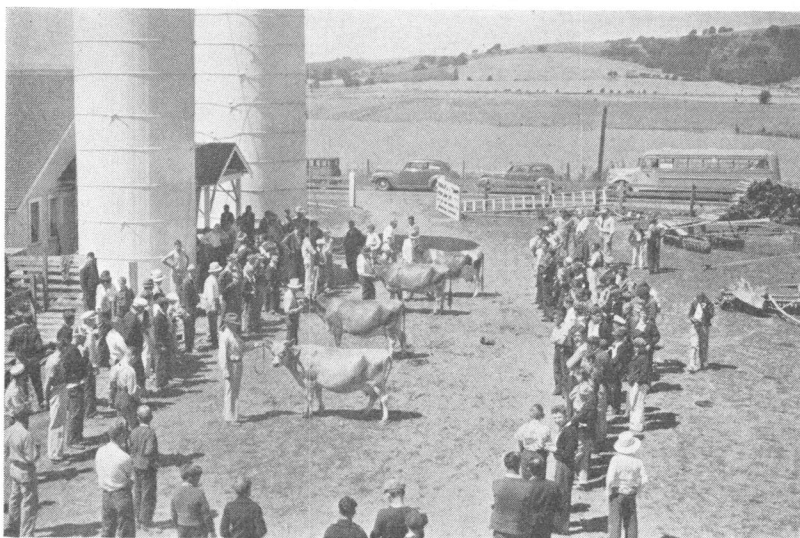
Who does the work. All work must be done by the club members themselves.

A standard club in a community must have (1) a local leader, (2) at least five members (boys or girls or boys and girls) enrolled in the same project, (3) president, vice president, and secretary, elected from among the members of the club.

Enrollment should be made out in triplicate, on standard enrollment blanks. These blanks may be obtained from the one in charge of club work in the county or from the State Club Leader, Oregon State

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College, Corvallis, Oregon. Spaces are provided for (1) the names of the members, (2) the names of the officers and local leader, (3) the name and division of the project, (4) the ages of the members, (5) the number of years of club work completed, and (6) the date organized. It is recommended that the club members sign their names on the duplicate blank and that, after the election of officers, the



One hundred fifty 4-H boys judging a class of dairy animals on the annual Willamette Valley tour.

secretary fill in the names of officers and leader and then make the original and triplicate copies. All three copies are to be sent to the County Extension Agent, if there is one in the county, or to the County School Superintendent. The duplicate copy is returned to the local leader.

The local leader should be some man or woman in the community who is interested in the boys and the girls and their work and will be willing to give a part of his or her time in directing and assisting the club members in their chosen project.

If the school teacher is a resident of the community and will be in the community until the project is completed, or if the project is one that can and will be completed by the close of the school year, the teacher, under such circumstances, may be the local leader. Teachers will find that acting as local leader is a real aid in the school work and gives another point of contact with the pupil and his home.

Requirements of a standard club. There are ten requirements of a standard club. The first three are met when the club is organized and the enrollment blank is sent to the State College.

- (1) A local leader selected.
- (2) Five or more members taking the same project.
- (3) Officers elected from among club members.
- (4) A definite program of work made out.
- (5) At least ten regular meetings during the club year.
- (6) A local exhibit to be held annually.
- (7) A demonstration team that shall give a public demonstration in the community.
- (8) At least 70 per cent of the members must complete the project and file a report with the State Club Leader.
- (9) A judging team shall be chosen by competition among the members.
- (10) An achievement day shall be held during the club year.

Definite program of work. A definite program of work must be sent in before the club can obtain its charter. A suggested program for the project in which you are interested will be found in the local leader's bulletin. The club may adopt any or all of it or may supplement it or disregard it altogether.

Be sure to fill all the blanks at the top of the program blank so that the State Club Leader may have all the information required for issuing the charter.

Charter. As soon as the club program has been received by the State Club Leader, a charter is sent to the club. This charter gives the name of the club and its location and is signed by the Secretary of the United States Department of Agriculture, the State Superintendent of Public Instruction, Director of Extension, and State Club Leader. It is highly appreciated by the clubs fulfilling the requirements.

Meetings. There must be at least ten regular meetings and there may be as many more as the club leader and the members desire. A regular time and place for the meeting should be decided upon and adhered to strictly, so that the plea of forgetfulness can have no weight.

These meetings should be presided over by the president or vice president, and the minutes of the meeting should be kept by the secretary in the record book provided for the club secretary.

Local exhibits. A local exhibit should be held during the club year. This exhibit is to consist of the work done by the club mem-

bers. It may be held at the time the club completes its work or at the close of school or just before the county or state fair.

Many clubs combine the local exhibit and achievement day successfully.

The exhibit may be held in the schoolhouse or some other place decided upon by the local leader and the club members.

For local exhibits we advise following the same instructions that are sent to the club members for the State Fair. Although awards may be given, it is well to eliminate competition from the local exhibit and simply make it a display in order that parents and friends of the members may have an opportunity to see the progress made.

Demonstration teams. A demonstration team is composed of two members. Through their demonstrations before the people they pass on to them the methods and practices they have learned. Each club should give a demonstration pertaining to its own project. For example, a clothing club should demonstrate some practice in sewing and a corn club something pertaining to corn growing.

Completion. If a member moves from the county or because of continued illness is unable to complete his project, the State Club Leader should be notified and the name will be dropped from the club enrollment. The dropping of such members will not count against the percentage of completion for a club.

Achievement certificate. Clubs finishing 100 per cent and sending in completed record books for all members beginning the work, except those dropped from the records by the State Club Leader, will receive a certificate of achievement containing all of the members' names and signed by the Chief of Extension, Governor of Oregon, Chancellor of Oregon State System of Higher Education, President of the State College, State Superintendent of Public Instruction, Director of Extension, State Club Leader, County School Superintendent, County Extension Agent, and Local Leader.

Achievement pins and certificates. Each club member completing his project and sending in his record book will be awarded an achievement pin or certificate. The first-year pin is presented by the State Department of Education. The third-year pin (silver) and the fifth-year pin (gold) are provided by the county people handling 4-H Club work. Achievement certificates for the other years are furnished by the 4-H Club department of the Extension Service.

Judging teams. A judging team should be selected by competition among the members. This team may be selected in a series of

contests held at club meetings or at the time of the local exhibit. The team should then arrange to compete at the county contest, and if selected as one of the high-scoring teams, in the state or interstate contest. Livestock and crops teams have three members and home economics teams have two members.

Achievement day. At the completion of the club project an achievement day should be held either in the community or some place selected in the county, this day to be in public recognition of all members who have completed their project and filed their record books with the county or State Club Leader.

As suggested under Local Exhibits, the achievement day, exhibit, demonstrations, and judging may be combined into one program. If there are several clubs in the community they may hold a joint program.

LOCAL LEADER'S PART

It is the function of the local leader—

- (1) To direct the activities of the club.
- (2) To attend all club meetings.
- (3) To keep the duplicate enrollment sheet.
- (4) To receive from Oregon State College all instructions sent for the club members.
- (5) To distribute these instructions received from the State College to club members. This should be done at regular club meetings.
- (6) To attend local leaders' meetings and training groups of community or county.
- (7) To see that the club secretary collects report cards and after checking them on duplicate enrollment sheets mails them to the county club agent or the State Club Leader.
- (8) To assist members in their club work when necessary.
- (9) To check over record books and mail them to the county club agent or the State Club Leader.
- (10) To see that a local exhibit is made by club members.
- (11) To arrange for exhibits of club members to be sent to the county or state fair, if possible.
- (12) To train or arrange for training of demonstration or judging teams.
- (13) To see that the papers get all publicity pertaining to the work of the club.

Local leaders should feel free to call on county or state club workers for any assistance necessary.

CLUB OFFICERS' PART

The President—

- (1) Presides at all meetings.
- (2) Has deciding vote in case of a tie.
- (3) Calls all special meetings after consulting with the local leader.
- (4) Appoints committees.

The Vice President—

- (1) Presides in absence of the president.
- (2) Is chairman of the program committee.
- (3) Is yell leader.
- (4) Collects record books and gives them to the local leader.
- (5) Sends all news pertaining to the club to the county leader or the local newspaper, unless the club has a reporter.

The Secretary—

- (1) Keeps minutes of the meetings. Reads minutes of the previous meeting.
- (2) Receives report cards of members, checks them in on enrollment blank, has the local leader sign them, and mails them to the county club agent or the State Club Leader, depending on the arrangements in the county.
- (3) Writes all letters for the club.
- (4) Notifies members of special meetings when called by the president.

THE CLUB MEMBER'S PART

A club member should—

- (1) Carry his own project.
- (2) Attend all meetings.
- (3) Take part in all club activities.
- (4) Keep accurate records on his project.
- (5) Send in a record book.
- (6) Make an exhibit.
- (7) Make his own best better.
- (8) Interest or help some other boy or girl in 4-H Club work.

- (9) Do something for the good of his community.
- (10) Plan to become a local leader of a club.

SENIOR 4-H CLUB MEMBERS' REQUIREMENTS

Ages: 19 to 21 inclusive.

Size of project—

- A. Size of project shall count 25 per cent in contests. Club member having minimum requirements will receive the full 25 points.
 - B. Minimum requirements for projects.
 - 1. Pig project: two brood sows and their litters and crops project.
 - 2. Sheep project: 10 ewes and their lambs and crops project.
 - 3. Dairy project: 3 cows, at least one in production, and crops project.
 - 4. Beef project: 1 steer, or two breeding females, and crops project.
 - 5. Dairy Record Keeping project: as listed in General Announcement.
 - 6. Goat project: 10 does and pasture.
 - 7. Poultry project: at least 100 hens, or 250 day-old chicks, and crops project.
 - 8. Crops project—
 - Potatoes: 1 acre
 - Corn: 5 acres
 - Forage: 1 acre perennial, 5 acres annual
 - Seed: 1 acre grass or 5 acres grain
 - Peas: 5 acres
 - 9. Farm accounting: same as junior project.
 - 10. Horticultural project.
 - $\frac{1}{2}$ acre commercial garden
 - $\frac{1}{4}$ acre berries
 - $\frac{1}{2}$ acre tree fruits
- In a situation where it is not possible for a senior club member to have the minimum requirements for a project, he will receive full credit of 25 per cent for size of project if he takes at least half of one project and half of another, such as two different types of livestock. (Example, one brood sow, and five ewes.)

This will not apply in combining a livestock and crops project where such a crops project is required with the livestock project.

Exhibits—

- A. Senior club members will exhibit in regular open-class competition except at the Pacific International Livestock Exposition. Other fairs may provide a special classification for senior members.
- B. Quality:
 - 1. Quality will be determined by scoring of exhibits.
 - 2. The larger the project carried by the club member the more opportunity there is for him to select quality. The project, however, should be on an economic basis.
- C. Exhibits will be scored on the following basis:
 - Quality, 25 per cent
 - Record books, 25 per cent
 - Size of project, 25 per cent
 - Leadership activities, 25 per cent
- D. Prizes: There will be twelve places and prizes for senior 4-H Club members at the State Fair; provided by the Oregon Bankers' Association.

Projects in which both junior and senior 4-H Club members may compete:

- 1. Farm Accounting.
- 2. Dairy Record Keeping.

Senior clubs should be county wide or seniors may be members of regular clubs with juniors. Judging teams in livestock and crops may compete at the State Fair and the Pacific International Livestock Exposition.

State contests. Senior 4-H Club members may not compete with junior members in any of the club classes or projects at the State Fair, except as noted.

Interstate contests. Senior 4-H Club members will compete in all 4-H Club contests and classes at the Pacific International Livestock Exposition or other interstate contests.

Reports—

- A. Record books similar to those used in junior projects will be used for each project.

- B. A senior report, which will be furnished, covering all projects, will also be required.

SENIOR HOME ECONOMICS PROJECT

Membership—

Any girl who (1) will have passed her 19th birthday on or before November 1 of the current year, or (2) has completed high school, or (3) has completed all divisions of all the Home Economics projects, provided that in each case she will not have passed her 21st birthday on or before November 1 of the current year, and has not been enrolled, previous to the fall term of the current year, in a college or school giving courses beyond those of high school grades, is eligible to membership.

A Senior 4-H Home Economics Club member may carry any one of the following senior projects:

- I. Clothing. Enroll in the regular clothing III, IV, or V—
(1) fulfill its requirements and also, (2) make a dress, suit, or ensemble for her mother, sister, or any other woman or girl relative or friend, and (3) make a clothing budget for her own clothes for 1 year.
Exhibit—(1) The clothing budget, (2) the costume for herself, and (3) the dress, suit, or ensemble for another woman or girl.
- or II. Cooking. Enroll for cooking III, and in addition to (1) fulfilling all of its requirements, (2) prepare all of the meals for the family for 2 weeks, and (3) purchase all necessary food supplies for the meals prepared.
Exhibit—(1) Plate of cookies (see cookery I), (2) a sponge or angel cake (see cookery II), (3) a loaf of bread, (4) the menus for the meals prepared, and (5) the marketing list for the meals prepared.
- or III. Canning. Carry canning IV. (1) Prepare a canning budget, and (2) do the canning required by the budget, or if the budget calls for less than the canning IV, do enough to fulfill canning IV requirements.
Exhibit—(1) Two jars of fruit, (2) two jars of vegetables, (3) two jars of meat, fish, or fowl, (4) two jars of pickles or relishes, (5) two containers of jam, butter, or conserve, (6) two containers of jelly (in each there are to be two varieties), and (7) the canning budget.

- or IV. Homemaking. (1) Care of own bedroom as given in "My Room" bulletin, (2) care of two others rooms in the home as given in "Our Home" bulletin, (3) make two things for own room from list in "My Room" and one article for each room chosen in the "Our Home" project.

Exhibit the articles made, and a laundered cotton dress, a laundered man's or boy's shirt, and three laundered handkerchiefs.

- or V. Room Improvement. Enroll for the regular room-improvement project and complete two units.

Exhibit shall consist of both units, but the one scrapbook may be used for both units.

Each Senior Home Economics member is also to carry at least two other of the regular junior Home Economics projects as follows:

- (1) Either Clothing III, IV, or V (one only).
- (2) Cooking III (only).
- (3) Canning IV (only).
- (4) Homemaking.
- (5) Room Improvement.

It is recommended that in selecting the junior projects, the member decide on those that will permit her to enter one or more of the following contests:

I. Cooking—Bread Baking, Dollar Dinner.

II. Clothing—Style Revue.

III. Canning—Kerr Special, Ball Specials, Hazel-Atlas Special.

Senior Home Economics 4-H Club members are not eligible to enter any of their junior project work in competition with the regular junior club members.

Senior Club members may compete in judging and demonstration contests in any junior or senior projects they may be carrying.

Each Senior Club member is to lead a club of younger club members and report on the success of the undertaking.

Senior Club members are also to fill out a standard report form used in national contests. This report then may be entered for county honors in whichever national contest it best qualifies.

Senior Club members are entitled to enter the following in competition with junior members for exhibit at the National Club Congress:

Clothing members:

Cotton dress (if enrolled in clothing III).

Wool dress (if enrolled in clothing IV or V).

Complete costume (if enrolled in clothing III, IV, or V).
Children's clothes (if enrolled in clothing III, IV, or V).

Room Improvement members may enter curtains.

4-H CLUB PROJECTS

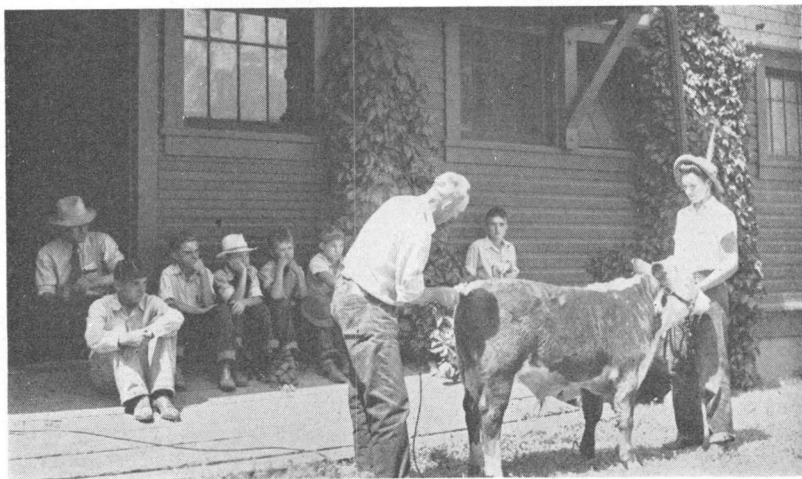
Club projects are divided into five groups; namely, (1) livestock, (2) poultry, (3) crops, (4) home economics, (5) miscellaneous.

LIVESTOCK PROJECTS

Plan of livestock club work. Club work with livestock was designed with the intention of having the boy start out with the young animals to be fed for market or to be grown into maturity as foundation stock. As the members increase in age and experience they can increase the size of their project, and build up a herd or flock as the case may be. The member's project should include all of the stock that he owns.

Choosing the animal. A member should be assisted in selecting an animal of which he will not be ashamed.

Choose an animal that is typical of its breed, taking care that it has the desired characteristics of the breed and a body conformation that is in keeping with the type wanted by the breeders. Particularly in the selection of young stock give careful consideration to the sire and dam.



Superintendent D. E. Richards demonstrating how to prepare a beef calf for show.

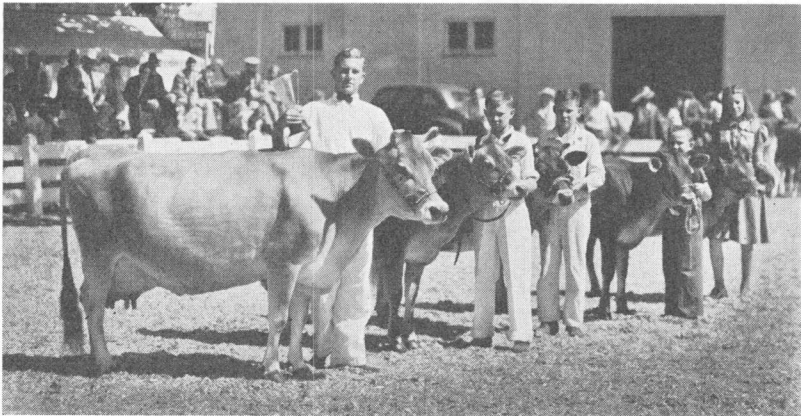
Be sure that animals chosen are disease-free. Where there is any doubt regarding the herd or flock, do not buy.

Remember that you usually get about what you pay for, and usually you cannot purchase a desirable purebred at grade prices.

Purebred or grade. Many persons are under the impression that livestock for club members must be purebred. Such is not the case. A 4-H Club animal may be either purebred or grade. Some fairs require that the animals shown be purebred.

Sex. In selecting a breeding animal for a club member choose a female. Where the animal is to be used for market purposes, a male is preferred. Raising herd or flock sires is a work for established purebred breeders and should be confined to them.

Financing the purchase. Some 4-H members have sufficient funds to purchase their own animals. In other cases the parents furnish the animal with which to start. There should always be a business agreement between parents and the boy regarding payment for the animal. Where neither of these arrangements is possible, the money necessary for the purchase may be arranged through your local banker. Occasionally a breeder will arrange a deferred-payment plan. In any event, where a loan is arranged for the purchase of an animal, the boy should pay back with interest all money borrowed, whether it be from his father or from the bank.



Tops in their respective classes at the State Fair. *Left to right:* Bill Foster, Washington County; Norman Ross, Marion County; Gerald Harvey, Washington County; George Warmington, Yamhill County; and Emma Pfennig, Marion County.

Ownership. *All animals carried in club projects must be owned by the club member, and if purebred must be registered in his own name.*

Labor. All work in connection with the project must be done by the club member. Where a club member needs instruction regarding his animal, such as fitting it for show, the instruction should be made on another animal.

Records. Records should be kept on all the livestock that the club member owns for a period of at least 6 months. It is desirable to keep records the year around. When weaner pigs are purchased to be fed for market the period necessarily will be less than 6 months.

The club member's records should be kept up to date. A part of each meeting should be spent in seeing that this is done. Records from the feed sheets should be entered in the record book each month, so that a complete and accurate account may be kept.

It is only by continuing the same project for several years that a boy can expect to become efficient in feeding, management, and judging of livestock and in building up a valuable herd or flock.

So far as possible a livestock club member should also carry a crops project and produce his own feed.

HOG PROJECT

This project includes the owning, care and management, and keeping of records on one or more pigs intended for either market or breeding purposes, or one or more brood sows and their litters.

Pigs should be farrowed after March 1. Records should start as soon as the member obtains his animals.

If pigs are bought, they should be obtained at weaning time (8 to 10 weeks).

CATTLE PROJECT

The Dairy project includes the owning, care and management, and keeping of records on one or more dairy females.

The Beef project includes the owning, care and management, and keeping records on one or more beef cows and their calves, or one or more calves intended for either market or breeding purposes.

Records should be kept the entire year or should start as soon as the member obtains his animals. If calves are bought, they should be obtained before they are weaned.

The **Dairy Record-keeping** project includes keeping the milk, butterfat, and feed records of at least six cows for a period of at least 6 months, and the scoring of four dairy cows and two dairy barns.

SHEEP PROJECT

This project includes the owning, care and management, and keeping of records on one or more ewes and their lambs, or one or more lambs intended for either market or breeding purposes.

Records should be kept the entire year or should start as soon as the member obtains his animals.

If lambs are bought, they should be obtained as soon after they are dropped as possible.

GOAT PROJECT

The **Milk Goat** project includes the owning, care and management, and keeping records on one or more females, any age.

The **Angora Goat** project includes the owning, care and management, and keeping records on one or more does (any age) and kids.

POULTRY PROJECTS

There are four distinct projects under poultry, designed to meet the varying conditions and interests of prospective Poultry Club members in different parts of the state.

The **Chicken** project includes the owning, care and management, and keeping of records on chickens (chicks or laying hens) for a period of at least 6 months.

The **Turkey** project includes the incubation of turkey eggs and



Colonel Ben Sudtell selling Patty Von der Hellen's grand champion lamb at the State Fair.

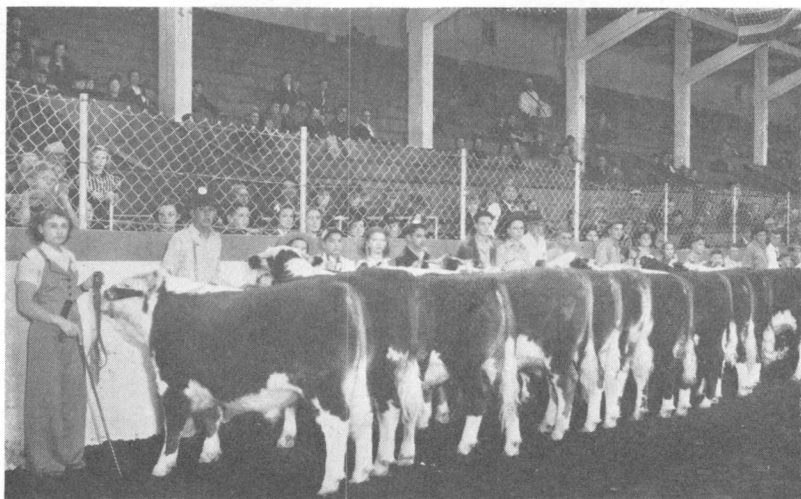
the owning, care and management, and keeping records of the young turkeys for a period of at least 6 months.

The **Duck** or **Goose** project includes the incubation of duck or goose eggs and the owning, care and management, and keeping records of the young birds for a period of at least 6 months.

The **Pheasant** project includes hatching and rearing pheasants and turning the birds to the State Game Commission at 10 to 12 weeks of age.

The minimum requirements for each of the poultry projects are set low enough to accommodate club members working under different conditions. It is recommended that a club member have a unit large enough to provide adequate returns for his effort and allow a sufficient number of birds from which to select his exhibit.

<i>Minimum requirements</i>	<i>Suggested units</i>
Chicken project. Five laying hens, and/or two settings of hen eggs, or 25 day-old chicks.	25 to 50 laying hens and/or 50 to 100 day-old chicks.
Turkey project. Setting of turkey eggs.	15 to 25 young turkeys.
Duck or goose project. Setting of duck or goose eggs.	15 to 25 young birds.
Pheasant project. Obtain eggs from State Game Commission, hatch and rear birds, sell mature birds to Game Commission.	50 to 500 eggs.



Part of heavy Hereford steer class, 57 entries, Pacific International Livestock Exposition.

For a Poultry Club member to receive the most benefit from the poultry project he should plan to be in the work for a period of at least 3 years. During this time he would be able to complete a cycle of hatching, care and management of chicks, bringing the pullets into production, and the care and management of the laying flock. Too much emphasis cannot be placed on the importance of the club member's carrying a unit large enough to be profitable.

When possible and feasible it is recommended that the 4-H Club member own and operate the entire farm flock as his project work. If this is not possible, he should have a separate unit for his club project, thus avoiding confusion as to ownership and cost records of the birds.

Obtaining stock for the club member. It is well for the club member to decide on the breed and variety that suits him and then stick to it. Mixing varieties is not recommended. Standard-bred poultry is more uniform in size, type, and color than mixed stock.

CROPS PROJECTS

In all crops projects the 4-H club member is to own the crop and keep accurate cost records on it.

	<i>Minimum requirement</i>	<i>Suggested units</i>
CORN PROJECT. Growing corn for grain, seed, or silage.....	$\frac{1}{2}$ acre	1 to 5 acres
POTATO PROJECT. Growing potatoes for seed, family, or commercial use.....	$\frac{1}{2}$ acre	1 to 5 acres
VEGETABLE GARDEN PROJECT. Growing at least 5 varieties of vegetables for home use and market.....	600 sq. ft.	$\frac{1}{4}$ acre
SEED PROJECT. Growing a forage or special crop for seed purposes. Includes wheat, oats, barley, rye, vetch, clover, etc.....	1 acre	5 acres
Dry-land requirement	10 acres	20 acres
FORAGE PROJECT. Growing of any forage for hay, green feed, silage or pasture.....	1 acre	5 acres

The WEED PROJECT includes making a weed survey and mapping location of noxious weeds on areas of land designated by the County Extension Agent, collecting and identifying specimens of weeds and mounting them for exhibit, also becoming familiar with growth habits and means of control of weeds.

HOME ECONOMICS PROJECTS

CANNING PROJECT

DIVISION I: (a) The canning of at least 25 quarts of fruit of not less than two varieties. (b) A record of work done.

DIVISION II: (a) The canning of at least 25 quarts of fruit, including at least one variety not canned in the first year's work. (b) The making of at least 20 containers of jam, fruit butter, marmalade, or conserve. (c) A record of the work done.



Mildred Maassen in her fruit room.

DIVISION III: (a) The canning of at least 15 quarts of fruit to include at least one variety never canned before. (b) The making of at least 15 containers of jam, fruit butters, marmalades, or conserves—including one new kind. (c) The canning of at least 25 quarts of vegetables, at least two varieties. (d) The making of at least 10 containers of pickles and relishes. (e) A record of the work done.

DIVISION IV: (a) At least 10 quarts of fruit. (b) At least 10 containers of jam, fruit butters, marmalade, or conserves. (c) At least 20 quarts of vegetables. (d) At least 10 containers of pickles

and relishes. (e) At least 15 quarts of meat, fish, or fowl. (f) At least 20 glasses of jelly. (g) Record of work done.

COOKERY PROJECT

Home Cookery. BREAKFAST CLUB, DIVISION I. For girls beginning cookery. The completion of ten groups in simple cookery.

Group One	Toast.
Group Two	Cereals.
Group Three	Milk.
Group Four	Quick breads.
Group Five	Eggs.
Group Six	Fruits.
Group Seven	Breakfast meats.
Group Eight	Sandwiches.
Group Nine	Cookies.
Group Ten	Breakfast, or school lunch.



A lesson in table setting at 4-H Club Summer School.

Home Cookery. THE LUNCHEON CLUB. DIVISION II. For girls who have completed Division I cookery or its equivalent in a school course. The completion of ten groups in more advanced cookery.

Group One	Food habits score cards and a food chart.
Group Two	Soups that satisfy.

Group Three	Vegetable salads.
Group Four	The starch cousins.
Group Five	Eggs as the main dish.
Group Six	Milk dishes suitable for luncheon.
Group Seven	Fruit delicacies.
Group Eight	Cakes of the sponge-cake type.
Group Nine	Afternoon tea.
Group Ten	Preparation of luncheon or supper.

Home Cookery. THE DINNER CLUB. DIVISION III. For girls who have completed Divisions I and II cookery or their equivalent in a school course. The entire preparation of not less than six dinners, and the baking of not less than six batches of light bread.

CAMP COOKERY. The planning and preparation of at least five camp meals, using at least ten new recipes in the preparation of the five meals.

CLOTHING PROJECT

The objective in the Clothing project is to teach girls how they may be well dressed for what they can afford to spend for clothes.

CLOTHING FIRST YEAR, HANDWORK. The project has been divided into two groups so that girls who have carried the project 1 year need not compete with girls who are beginners.

A

For 9- and 10-year-olds.

(This may include 11-year-olds who are in the same grade at school as the 10-year-olds.)

1. Stenciled luncheon or breakfast cloth.
2. Bag or cushion in weaving.
Needle point and cross stitch not permitted.
3. Pincushion for work box.
4. Needle case.
5. Wall hanging.

B

For 11- and 12-year-olds and the 10-year-olds who have had A group the previous year.

1. A dresser scarf or table cover decorated in an outline stitch design.
2. Zipper purse or bag in weaving.
3. Pincushion for dresser.
4. Needle case.
5. Wall hanging.
6. Crocheted mat, beret, or hot-dish holder.

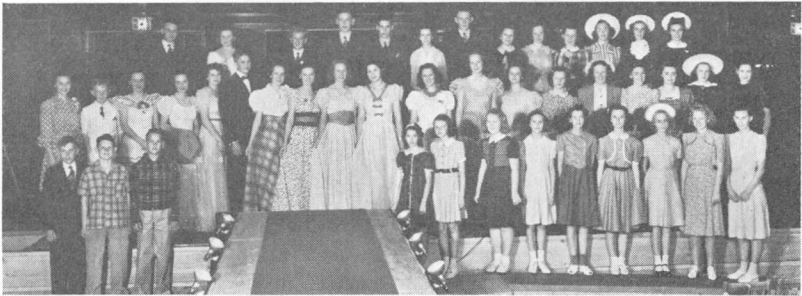
A club member who takes Clothing I one year, either A or B, is permitted to go on to Clothing II the following year, although it is recommended that the younger girls follow A with B, as that will insure a greater ease in carrying Clothing II later.

CLOTHING SECOND YEAR. Clothes for wear at home.

Articles to be made—

The articles you are required to make include clothes to wear and articles to use at home.

1. What to make
 - (1) Cotton dress for home wear
 - (2) Work apron
 - (3) Tea towel or kitchen hand towel
 - (4) Hot-dish holder
2. Care of clothing
 - (a) Care of hose
 - (1) Washing
 - (2) Mending
 - (b) Laundering of garments made
3. Good grooming
 - (a) Care of hands



4-H club members who participated in Style Show, at the 1940 Club Summer School, sponsored by the Meier and Frank Company of Portland.

CLOTHING THIRD YEAR. Cotton dress for school wear.

There are several months in the year when girls in Oregon can and do wear wash dresses to school and most girls' wardrobes can accommodate one more such dress.

Clothing that is planned for school should be sturdy, easily kept clean, inexpensive, and becoming. The word inexpensive does not mean poor in quality, as poor-quality merchandise does not wear well.

The requirements for third-year clothing are:

1. Garments.
 - a. Make a cotton school dress.
 - b. Make a shirt or blouse *and* shorts or skirt, or housecoat.

2. Care of clothing
 - a. Patching.
 - b. Removal of stains.
 - c. Laundering undergarments and dresses.
 - d. Care of shoes.
3. Good grooming and aids to beauty and charm
 - a. Care of hair.
 - b. Good posture.
 - c. Sleep, rest, good food habits.
 - d. Home courtesies.

CLOTHING FOURTH YEAR. Best dresses and informal party frocks.

Requirements:

1. Either (A) a best dress costume or (B) an informal party costume—



Joyce Swan of Wasco County, a clothing-club girl.
party dress of any suitable material.

- A. Best dress costume.
 - a. Make a slip.
 - b. Make or purchase panties and brassiere.
 - c. Make a dress suitable for church, afternoon parties, dinner parties, etc., of cotton, silk, wool, rayon, or linen.
 - d. Assemble or purchase shoes, hose, foundation garment (if needed) or garter belt, and accessories to complete the costume.
- B. An informal party costume.
 - a. Make a slip.
 - b. Make or purchase panties and brassiere.
 - c. Make an informal

- d. Assemble or buy shoes, hose, foundation garment (if needed) or garter belt, and accessories needed to complete the costume.
2. Care of clothing.
 - a. Mending sheer fabric silk and wool garments.
 - b. Removal of stains in silk and wool.
 - c. Pressing of silk, rayon, and wool.
 - d. Laundering sheer cotton fabrics and silk and rayon undergarments.
 - e. Renovate a garment.
3. Good grooming aids to beauty and charm.
 - a. Care of complexion.
 - b. Use of deodorants.
 - c. Good posture.
 - d. Sleep, rest, good food habits.
 - e. Gracious ways.

CLOTHING FIFTH YEAR. Requirements:

1. Winter school costume.
 - a. Make a slip.



Oregon Style Revue winners: Geraldine de Lancey, Benton County; Betty Settergren, Multnomah County; Mary Helen Alexander, Hood River County; Jean Potter, Umatilla County.

- b. Make or purchase panties or brassiere.
- c. Make a dress or suit suitable for school or sport in winter.
- d. Assemble or purchase shoes, hose, garter belt or foundation garment, and accessories to complete the costume.
2. Remodeled garment and care of clothing.
 - a. Remodel a dress, suit, or coat for self or another.
 - b. Keep clothing in repair, clean, and well pressed.
3. Good grooming, good looks, and charm.
 - a. Practice good grooming previously learned.
 - b. Keep good posture.
 - c. Be courteous and thoughtful.

BACHELOR SEWING PROJECT

This project includes:

1. The making of a camp apron, holder, and emergency kit, or the making of a carpenter's apron and tool kit.
2. Patching, darning, sewing on buttons, cleaning and pressing trousers.
3. The making of a knife sheath or a hatchet sheath.

HOMEMAKING PROJECT

HOME MAKING FIRST YEAR. MY ROOM.

1. The daily and weekly care of my room for not less than 4 weeks.
2. The making of any two of the following: dresser scarf, vanity set, tuck-in pillow, chair pad, wall hanging, patchwork pillow.

HOME MAKING SECOND YEAR. OUR HOME.

- I. Daily and weekly care of our rooms.
- II. One of the following responsibilities for not less than 6 weeks.
 1. Setting and clearing the table, washing the dishes for the evening meal on school days and for two meals on Saturday or Sunday.
 2. Daily and weekly care of living room.
 3. Daily and weekly care of bathroom.
 4. Planning the meals for the family, with mother's co-operation.
 5. Care of own clothing.

- III. The making of one article for the room that she is carrying as her responsibility.
- IV. The laundering of at least 5 cotton dresses or 5 shirts and 1 dozen handkerchiefs.
 1. The exhibit is to consist of a laundered dress or shirt and 3 handkerchiefs, and
 2. The article made.

HOME MAKING THIRD YEAR. ROOM IMPROVEMENT.

Requirements:

1. Make a study of your room to see what it needs.
2. Make a floor plan of your room according to instructions in the bulletin.
3. Decide on your color scheme and the improvements you hope to make over a period of one or more years so that you will have a plan toward which to work.
4. Select from among the following units the one you wish to undertake this year.
5. Make a scrap book or portfolio according to the directions given in the bulletin. The *required size is 6 by 9 inches.*



Geneva Kehrli and Marian Cofer, Portland, State champion Home Economics demonstration team.

6. While good pictures add greatly to the projects, they are *not* required since it has been found difficult for club members to obtain them.
7. Amount of work required: Five articles from which ever unit you select. If you want to make more than five, do so, then select for exhibiting the five you consider to be the most useful and attractive.

For the STUDY UNIT: Desk or table, chair or stool, lamp and/or lamp shade, desk blotter, letter rack, book ends, runner, scarf or lamp mat, waste paper basket, boxes for stamps, pencils, pens, clips, etc., rug, chair pads for seat and back, picture, etc.

For the REST UNIT: Stand or table, lamp and/or shade, runner, scarf or lamp mat, comfortable chair, chair cushion or pads for seat and back, book ends, rug, work basket, picture or pictures, selected or made and framed (you may have it framed), etc.

For the SLEEP UNIT: Bed, mattress pad, pair of sheets, pair of pillow slips, comfortable and blanket protectors, comfortable, spread or quilt, bedside stand, lamp, lamp shade, runner or lamp mat, rug, etc.

For the DRESSING UNIT: Dresser or dressing table scarf, runner or vanity set, lamp and/or shade, hose box, handkerchief box or case, chair or stool, chair or stool pad, box for toilet articles, etc.

For the FURNISHINGS UNIT: Curtains, draperies, window shades, tie backs, pictures, bookcase, window seat, cushions for window seat, etc.

For the CLOTHES CLOSET UNIT: Either a regular closet or one improvised from boards and a curtain; hat box or hat stand and cover, shoe pads, shoe bags, dress hangers, shelves, shelf edgings, umbrella case, dress protectors, laundry bag, etc.



4-H Club orchestra, 1940 Club Summer School. Mrs. Charlene Edwards, Leader.

For the **ROOM UNIT**: The room itself may need to have its walls, floor, and woodwork refinished. If it is possible for you to do this, of course you will wish to do so. If you cannot do this at the present time, just put it down as one of your future goals and plan your units accordingly. This does not count as a unit as it could not be exhibited.

Note: Where furniture is listed, it may be either a piece that is refinished by paint, varnish, or wax, or one made from boxes or other materials. Often an old, decrepit chair, table, or commode can be renovated and made to serve well. In *no* case should new furniture be considered essential.

MISCELLANEOUS PROJECTS

HEALTH project. The improving or keeping of correct health habits, correlating the work with the State Course of Study on Health Education.

HOME BEAUTIFICATION project. Improving home conditions, making plans for the improvement of the home grounds and planting grass, flowers, shrubs, etc.

RABBIT project. The care and management for a period of at least 6 months of one or more does, any age, together with the young rabbits.

BEE CULTURE project. The care and management of at least one colony of bees for a period of at least 6 months.

WOODWORKING projects—

HOME WOODWORKING project. Care and use of common tools and construction of small pieces of furniture for use around the home.

FARM WOODWORKING project. Care and use of tools with construction of useful farm equipment.

MACHINE WOODWORKING project. This project is planned for members who have power woodworking machinery available. It deals with the making of useful articles from either hard or soft woods with the aid of power machinery of any kind.

FORESTRY project—

FIRST YEAR: Planting and identification of common forest trees.

SECOND YEAR: Planting, identification, and care of trees and shrubs. Identification of wild life of the forest and their habits.

THIRD YEAR: Planting or construction problem, wood utilization, using compass, pacing, map making, grinding and using an ax, etc. First and second years are prerequisites.

GRAZING MANAGEMENT. Through demonstrations, observations, and trips to the range, improved grazing practices are studied. The members become familiar with different range plants. For boys who live in a range section.

ROSE AND FLOWER GARDEN project. Plant and manage: (a) at least 6 roses and 6 each of 2 annuals or perennials; or (b) at least 3 roses and 8 each of 3 annuals or perennials; or (c) at least 12 each of 5 annuals or perennials when no roses are taken.

BUILDING project. Construction of models to scale of modern farm buildings. **DIVISION I:** High school group. **DIVISION II:** Grade school group. **DIVISION III:** Rural group.

FARM ACCOUNTING project. Each member of the Farm Accounting Club will keep a financial record of his parents' farm.

This record will include the following items:

1. Inventory at beginning and end of year, covering all property on the farm as follows:

- (a) Land and buildings
- (b) Livestock
- (c) Machinery
- (d) Feed and supplies

2. Recording in farm account book all receipts and expenses on the farm.

3. Summarizing farm account book at end of year to show profit or loss in the operation of the farm business.

HOME ACCOUNTING project. This project is for older girls who keep all household and home accounts for the year. Regular Home Accounting record books are provided.

SPECIAL PROJECTS

Under the head of special projects there are the following:

- 1. Farm Mechanics project.
- 2. Mint project.
- 3. Pigeon project.

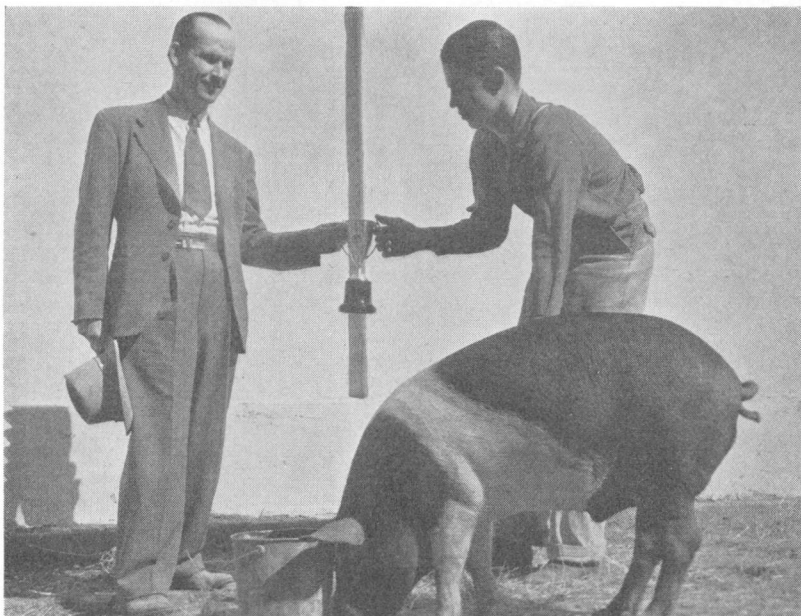
4. Art project.
5. Marketing project.
6. Hobby projects.

These projects are classified as special, because they have been conducted in only one or two counties and have not been made state-wide projects. They have not been classified at the State Fair as of state-wide interest, and no prizes have been offered for them. If thought advisable for a club to be organized in any of these in any county, however, the organization should be on the same plans for all clubs as given in this bulletin.

When the enrollment blank is received by the county Extension Agent or the State Club Leader, instructions that may be available will be sent to this club, as for other clubs. Prizes should be arranged in the community or county since none will be given at the ensuing State Fair for these projects.

FAIRS AND EXHIBITS

Each club member should make an exhibit of his work at some fair, either local or county.



Donald Michael of Lane County presented with cup by Raymond Nebergall for grand champion barrow at the State Fair.

LOCAL EXHIBITS

At a local fair, usually held in the schoolhouse or community hall, only members of local clubs may exhibit and compete for prizes if prizes are offered.

COUNTY FAIRS

Practically every county in Oregon has its county fair and a department for 4-H Club exhibits. For full information regarding the exhibits, basis of awards, and prizes, obtain a premium list from the secretary of the fair or the person in charge of the work in your county.

OREGON STATE FAIR

There are full classes for every state-wide project at the Oregon State Fair. For full information regarding exhibits and contests obtain a premium list from County Extension Agent, County School Superintendent, or H. C. Seymour, State Club Leader, Corvallis, Oregon.

PACIFIC INTERNATIONAL LIVESTOCK EXPOSITION

The Pacific International Livestock Exposition has been officially designated as Camp Plummer and as a place for interstate competition.

Exhibits, contests, demonstrations, and basis of awards and prizes will be given in the premium list published by the Pacific International Livestock Exposition. For further information regarding this Camp, write H. C. Seymour, State Club Leader, or consult the person in charge of the work in your county.

NATIONAL 4-H CLUB CONGRESS

The National 4-H Club Congress is held annually at Chicago under the auspices of the National Committee, which is composed of outstanding public-spirited businessmen throughout the United States, with G. L. Noble as Managing Director.

At this Club Congress are assembled from the different states the 4-H Club members who have been awarded trips for outstanding achievement in their respective club project or projects in their states, these trips being sponsored by business organizations. Also, each state is permitted one exhibit in each project. These exhibits are placed in competition in the hall of exhibits on the International grounds at Chicago. Oregon club members participate in these contests, both for records and for exhibits.

ANNUAL 4-H CLUB SUMMER SCHOOL

Each year during the month of June a 2-week summer school for 4-H Club members is conducted at Oregon State College.

What it is. It is the outstanding 4-H Club activity of the year that enables club members from all over the state to gather for additional instruction in subjects relating to their club projects. The 4-H Club summer school differs from practically every other camp for boys and girls in that it is organized for instruction in agriculture and home economics besides affording opportunity for recreation and organized play.

What it does. The 4-H Club summer school assembles boys and girls from all over the state into a common group, so organized that they may profit by their association with one another, learn better methods in agriculture and home economics, and return this valuable information and experience to other boys and girls in their communities who are unable to attend.

Who may attend. All club members who were awarded scholarships at the State Fair, or at county or community fairs, also any club member 12 years of age or over whose club work is up to date and who is elected as a delegate or is paying his or her own expenses.

Scholarships to the summer school. Scholarships to the summer school are awarded to first-place winners at the Oregon State Fair and to outstanding club members at some county and community fairs. Granges, parent-teacher associations, other organizations, banks, business firms, and individuals, sponsor one or more scholarships in their communities for the boy or girl doing the outstanding work in the community.

The scholarships awarded cover the expenses of the club member at the summer school for the two weeks. Cost of transportation must be provided by the club member.

NATIONAL 4-H CLUB CAMP

Each year the National 4-H Club Camp is held at Washington, D. C., under the auspices of the United States Department of Agriculture. Each state is permitted to send two boys and two girls as delegates. The program and all activities are planned and conducted under the auspices of the Department of Agriculture. This is a most entertaining and worth-while trip and is a goal for 4-H Club members from all parts of the United States.

GOALS FOR 4-H CLUB WORK

The following goals were recommended by a committee composed of Mrs. Harriett A. Ford, Washington County; Mrs. C. E. Elliot, Malheur County; Mrs. Viola Sheets, Clatsop County; George T. Slyter, Klamath County. The recommended goals were adopted by the State Organization of 4-H Local Leaders at their annual meeting:

1. A copy of the report of the Goals Committee to be sent as a separate letter to each leader.
2. To obtain a 95-per-cent completion for Oregon.
3. Every county organized in an active local leaders' organization; and every leader in the county an active member of that organization.
4. To strive to obtain a higher quality of work through better record books, better exhibits at the county and state fairs, more and better demonstrations and judging teams, more posters in the poster contest, and more club members taking part in our national contests.
5. To encourage the young leaders and prospective leaders to



Ellen Warren, Gilliam County, was awarded grand championship on her Hereford steer, over 207 entries at the Pacific International Livestock Exposition.

attend the leaders' meetings at Summer School by making that a part of their class programs.

6. To raise the general standard of club work by better qualifying the leaders through better training in all lines of club work.

7. To encourage club members to help in the planning of their own club program.

8. To encourage the older club members to become active leaders in their own communities.

9. To encourage more cooperation with service and community clubs and business in general.

10. To encourage club members to continue their club projects until the age limit is reached.

11. To develop a better understanding of club activities between club leaders, members, and parents.

12. To instruct all club leaders so that they will be qualified to judge properly the finished work and to judge the work of their own clubs.

13. To recommend that all judges for County and State Fairs be qualified to judge; that is, know of what the work should consist; and that judging instructions be sent each judge.

BE THE BEST OF WHATEVER YOU ARE

If you can't be a pine on the top of the hill
Be a scrub in the valley—but be
The best little scrub by the side of the rill;
Be a bush if you can't be a tree.

If you can't be a bush, be a bit of the grass,
And some highway some happier make;
If you can't be a muskie, then just be a bass—
But the liveliest bass in the lake!

We can't all be captains, we've got to be crew,
There's something for all of us here.
There's big work to do and there's lesser to do,
And the task we must do is the near.

If you can't be a highway, then just be a trail;
If you can't be the sun, be a star;
It isn't by size that you win or you fail—
Be the best of whatever you are!

—Douglas Malloch

ANOTHER DAY

Another dawn, another day,
Another chance another way—
To finish something you began,
Or else to try another plan.

Another sky, another sun,
Another and a better one,
Another day you never had,
Another reason to be glad.

Another day, another start,
A firmer hold, a braver heart,
A stronger arm, a wiser mind,
A mortal of another kind.

Another dawn, another day,
Another chance another way,
To take a task and see it through—
Another world, another you!

Douglas Malloch.

THE NATIONAL 4-H CLUB EMBLEM

is the four-leaf clover with the letter "H" on each leaf. The four "H's" represent the fourfold development of Head, Heart, Hands, and Health.

NATIONAL 4-H CLUB PLEDGE

I pledge

my HEAD to clearing thinking,
my HEART to greater loyalty,
my HANDS to larger service, and
my HEALTH to better living,
for my Club, my Community, and my Country.

Note: In repeating the pledge, raise right hand to side of head when speaking line No. 1; lower right hand over left breast when speaking line No. 2; extend hands, palms upward, when speaking line No. 3; stand at attention when speaking line No. 4. (This pledge was officially adopted by the state club leaders and members in conference assembled at Washington, D. C., June 17, 1927.)

THE NATIONAL 4-H CLUB COLORS

are green and white. The white background of the 4-H flag symbolizes purity and the green 4-H emblem is nature's most common color in the great out-of-doors, and emblematic of springtime, life, and youth.

THE NATIONAL CLUB MOTTO

is "To Make the Best Better." This should be the aim of every club member and his guide in all that he does every day.

THE 4-H CLUB CREED

I believe in Boys' and Girls' 4-H Club work for the opportunity it gives me to become a useful citizen.

I believe in the training of my HEAD for the power it will give me to THINK, PLAN, AND REASON.

I believe in the training of my HEART for the nobility it will give me to be KIND, SYMPATHETIC, and TRUE.

I believe in the training of my HANDS for the ability it will give me to be HELPFUL, SKILLFUL, and USEFUL.

I believe in the training of my HEALTH for the strength it will give me to ENJOY LIFE, RESIST DISEASE, and MAKE FOR EFFICIENCY.

I believe in the United States of America, in the State of Oregon, and in my responsibility for their development.

I am therefore willing to devote my efforts for the fulfillment of these things which I believe.

Cooperative Extension Work in Agriculture and Home Economics

Wm. A. Schoenfeld, Director

Oregon State College, United States Department of Agriculture, and State

Department of Education, Cooperating

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