Pansy Prjce Mofzierer for the degrea of Master of

Science in Home managament oresented on June $16,1975$.

Titie: CASE STUDIES CONCEPNING FINANCIAL PLANNING OF

## MIDDLE-AGED FAMILIES RBOUT RETIREMENT

Abstract approved:

## Redacted for Privacy

mareha $A$. plonk

This case study explored the financial decisian making about retirement of ejght familiss. Four of tho wives mere between 40 and 53 years of age and four betwoeri 54 and 65 years of age. A random sample was draun from the 88 menbers of portland Home Eonnomists in Education. All families interviewed live in the Portiand, Oxegon oreater metropolitan area,

The objectives or this case study were to investigate the extent to which middlewaged individuals were aware of theis financial status, to examino their expertations ane the kinds of financial decisions they made about retirement, and to explore what they had done to inplement thair deaisions at midjle-age.

Indervievs of the Pamilies were held in Aprill and May, 1975, for the case studies.

The younger group, aged 40 to 53 years, averaged 47 years of ege. The olver group, aged 54 to 65 years, averaged 50 years of age. The average age was 54 years. Three out of eight wives pexe the jrimary wage earners. The huotands nad an employment histosy of 24 years in thaie curzent occupation. Jives had a mean of 16.5 years as taechers. Buth husbands and wives averaged 20 years of
employment.
Mariages averaged 26 yaars and the couples were the parents of 2.25 children, of which 1.8 children per family were financially dependent. Families had a mean of 15 years in residence at their current address.

The familios had a mean of 16 years of education for husbancs and 17 years for the uives. The mean gross annual employment income for 1974 was $\$ 22,975$ for all the families. With the computation of additional income from other sources, the annual income for 1974 averaged \$26,537.

The mean age for planned ratirement for all individuals was 60.3 years. The mean age for women was 60 yeare and for men 61 years for anticipated retirement.

Half the families had estimated the social security benefits they would receive when both retired but only two had estinated the amount of benefits they would receive at the death of their spouse.

When considering sources of retirement income other than sacial security, all the couples indicated there were some sources of income for which they could not estimate specific benefits. The mean monthly jncome, excluding social security benefits for six families reporting, was $\$ 1,052$. Estimated annual income at retirement was \$12,901 or \$1,075 per monti.

The mean current financial expenditures for the eight families were $\$ 1,545$ a month. Specific categories of the budget were calculated. Estimated expenditures after retirement were estimated by the couples. No discernable pattern developed.

The seven families who astimated benefits they would receive at the death of the primary wage earner expected to receive a mean of $\$ 13,286$.

Six of the families planned to live in Portiand upon retirement.

Five families were concerned about financial planning for retirement. The farilias in this study seemed to have done litile concerted planning or decisionmaking about retirement. They had provided well financially for the present out it appeared that their good fortune was a matter of tug incone families and chance investment over a period of years. The families were where they were by accident rather than by design. Some families did make their plans for retirement but most decisions appeared to have been made to improve the present quality of life.

# CASE STUDIES CONCERNING FINANCIAL PLANNING OF MIDDLE-AGED FRMILIES ABOUT RETIREMENT 

By<br>Pansy Price Nofziger

A THESIS<br>submitted to<br>Oregon State University

in partial fulfillment of the requirements for the degrea of Master of Science June 1976

## Redacted for Privacy

Associate Professor of Home Management in chareg of major

## Redacted for Privacy

Acting Head of Department of Hone Management

## Redacted for Privacy

## Dean of Gradrate School

Date thesis is presented June 16, 1975

Typed by Pansy Nofziger

## ACKNGWLEDGERENTS

Sincere appreciation is expressed to Dr. Martha Plonk for her knowledge, guidance, and understanding in preparing this study. Thenks are also extended to Dr. A. Gravatt for his ideas and suggestions.

Acknowledgement is extended to the Oregon State University Department of Statistics and James Nofziger for statistical assistance.

Acknowledgement is expressed to the families who gave of their time, information, and energy to participate in this study.

A special appreciation to my family who has supported me in every way, Elmer Nofziger, Jeff Nofziger, and Chris Nofziger.

## TAELE OF CONTGATS

Page ..... I
I. INTRODUCTION
Need for the Study ..... 1
Reasons for Lise of Case Study Method ..... 3
Objectives of the Study ..... 3
Assumption of the Study ..... 4
Limitations of the Study ..... 4
Definitions of Terms ..... 4
II. REVIEU of LITERATURE AND RELATED RESEARCH ..... 7
Economic Picture of the Retired ..... 7
Finances and the Quality of Life ..... 10
Characteristics of Middle-Age ..... 11
Preretirement Planning ..... 13
A Future Outiook ..... 14
Summary ..... 15
III. METHOD AND PROCEDURE ..... 16
Selection of Sample ..... 16
Collection of Data ..... 16
Analysis of Data ..... 18
IV. CASE STUUIES ..... 19
Mr, and Mrs. A ..... 20
Mr. and Mrs. 8 ..... 26
Mr, and Mrs. C ..... 31
Mr. and firs. D ..... 36
mr. and mrs. E ..... 41
Mr. and Mrs. F ..... 46
Mr. and inrs. G ..... 5 .
Mr. and Mrs. H ..... 57
U. FINDINGS AND ANALYSIS ..... 63
Introcluction ..... 63
Employnent History of the Wives ..... 63
Employment $H i s t o r y$ of the Husjands ..... 64
Ages of Respondents ..... 65
Marital Charaideristios ..... 65
Residential History of Respondents ..... 65
Levels of Education ..... 66
Dependents of 只sspondents ..... 6 ?
income ..... 69
Age of Retirament ..... 69
Sources of Fetirement incone ..... 59

TABLE OF CONTENTS (continued)
Page
Anticipated Annual Gross Income After ..... 71
Retirement
Current Fimancial Expenditures and Antici- 72pated Expenditures After Retirement
Benefits at the Death of the Frimary Wage ..... 75Earner
Residence at Retirement Decisions ..... 76
Concern About Financial Planning for ..... 77 Retirement
VI. SUMMARY AND CONCLUSIONS ..... 78
Summary ..... 78
Methodology ..... 78
Findings ..... 78
Limitations of Study ..... 81
Hypotheses Generated ..... 81
Recommendations for Further Research ..... 82
BIBLIOGRAPHY ..... 84
APPENDICES ..... 87
APPENDIX A ..... 87
APPENOIX B ..... 94

## LIST OF TABLES

Page
I. Mean Current and Anticipated Expenditures for ..... 73 ..... 73
Eight Families
II. Current Expenditures of Eight Families ..... 74
III. Anticipated Expenditures After Retirement of ..... 75 Eight Fanilies

CASE STUDIES CONCERNIMG FINANCIAL PLANNING OF MIDDLE-AGED FAMILIES ABOUT RETIREMENT

## I. INTRODUCTICN

A rite of passage related to aging in our society is retirement. It is the action that marks the movement of most middle-aged adults to old age and requires the participants to adapt to new circumstances and societal demands. "Preparation for retirement, as a form of anticipatory socialization, may serve to cushion the transition and facilitate the formulation of more realistic life goals." (14:349) most everyone agrees that retirement planning is helpful in establishing an economically secure future but "there is no consensus whatsoever on what this planning should actually consist of." (1.4:349)

This case study investigated the extent to uhich middle-aged individuals were aware of their financial status, the kinds of decisions they were making for financial security in retirement, and their implementation of those decisions at middle age.

## Need for the Study

In 1972 there were 20,949,000 people aged 65 or older in the United States. This was about $10 \%$ of the population. It is estimated that, by the year 2000 , there will be $28,841,000$ people aged 55 or older, or about $11.5 \%$ of the population. (25:7)

Many people aged 65 or over are retired from active participation in the labor force. They have had to prepare for their support before this age or find subsism tence in some other wey. Since financial planning must be done before retirement more needs to be known about when decisions for financial security in retirement years are made and when they are implemented.

It has been supposed that individuals plan and implement plans for retirement at middle-age. The middleaged family may consist of́ only husband and wife who do not have excessive financial demands from children or other family members. It is a stage when the family can use more of its income to build reserves for future needs. (11:66) However, throughout the life cycle papple participate in planning and decision-making for the arrangement and flow of income during their lives. Each stage of the family life cycle affects future stages. (11:46)

Middle-age has its own problems however. Persons in this age group may be responsible for caring for three generations, their oun, their children's and their aged parents. (23:25; 10:33; 9:51) With these responsibilities can middle-aged couples prepare for retirement to an adequate degree or must they make current decisions in favor of their children or parents? Infaltion and economic changes make planning more difficult. (9:41)

Assets on which individuals in retirement cen draw are savings, stock and bons investments, pensions, annuities, insurance, social security, public and private retirement plans, real estate including the house of residence, veteran's benefits, and support from children or others. Some of these are available only if planning has been carefuliy done. Work after retirement and public assistance are additional alternatives.

Changes at retirement may decrease financial needs in living expenses. Work expenses and tax costs can be expected to decrease. However, these may be equalized or to no advantage in the face of increased health care needs, inflation, longer life, and higher standards of living.

Iriformation regarding financial decision-making and impiemeritation of retirement plans would be helpful in
counseling middle-aged families, in designing financial planning aids, and in developing educational programs. Both public and private institutions would find this information helpful in dealing uith the present and in preparing for the future.

Many of the problems of the elderly may be related directly to the sharp drop in income at the time of retirement. (13:vii) Life expectancy is increasing and the world's resources are dwindling. Therefore it is important to help individuals to understand how to maintain the quality of their lives.

## Reasons for Use of Case Study Method

Rather than propose hypotheses the exploratory case study approach will be used to enable comprehensive descriptions of middle-aged families and their financial planning for retirement. The exploratory case study has been chosen to enable the isolation of variables which might be tested in later studies. It is hoped that with familiarity about the situations to be investigated, hypotheses will be generated for subsequent testing.

This is a study of individuals in transition, paople moving from one time in life to another. As such, information gathered and synthesized may lead to understanding that part of the transition process regarcinc financial planning. The case study is a method which leads to ootaining a comprehensive perspective of the situation. (21:50-65)

## Objectjves of the Study

The objectives of this study will be:

1. To explore finencial decision-making about retirement by families at middle-age.
2. To examina ways middle-aged families are planning financial resources âs their means of future secuzity.
3. To explore anticipated financial resources and needs at retirement.

## Assumption of the Sturiy

It is assumed that individuals will, through knowledge and personal records, give accurate and truthful answers to questions asked of them.

## Limitations of the Study

The limitations of this study are:

1. The sample for this investigation was confined to subjects who are currently employed as home economics teachers by Portland Public Schools, Portland, oregon.
2. When the subject could not refer to exact amounts in the questions asked, the amounts were estimated by the subject.
3. The case situdy approach is limited to the cases in this study.

## Definitions of Terms

Altarnative-one of a set of elements each capable of fulfilling a common objective in some degrea, but each resulting in someuhat different circumstances. (11:215)
Consumetion-managenent and use of goods and services to produce satisfaction for the consumer. (5:4) Decision-a choice among alternatives or as the selection of and commitment to a course of action. (11:215)

Decision-making-choosirg one alternative from two or more alternative courses of action.
Family-a group of two or mare peisons related by blood, marriage, or adoption and residing together in a household. (25:3)
Family Life Cycle-stages of development in family life characterized by: bride and groom, beginning parenthocd, expanding fainily, adolescent family, contracting family, parents alone, and retirement and old age. (24.12-15)
Gross Annual Income-total of 1974 moriey income from employment and other sources before deductions.
Full-time Homemaker-one who spends all time in family and household management and does not receive monetary compensation.
Employed Homemakar-one who spends time in family and household management and who works for monetary compensation.
Household-comprises all persons who occupy a housing unit, that is, a house, an apartment, or some other group of rooms, or a room that constitutes separated living quarters. (25:3)
Married Couple-two people of the opposite sex living together and calling themselves husband and wife.
middle-zged-persons between chronological ages of 40 and 65 years old.
planning-a series of decisions, i.e. choices or resolution of alternatives concerning standerds and/or sequences of action. (11:296)
Primary yage Earner-the individual who earns ovor half the income of the family during 1974.
Resource-resources include the following items: i) incone, which nay be wages, salaries, pensions, or dividerids, 2) assets, such as savings, a home, stocks
and bonds, arrd household possessions, 3) the availability of credit, 4) time, 5) health and energy, 6) kroiuledge of various alternatives of action, 7) skill, the ability to perform actively that you replace or supplement goods and services that can be burcnased. (1.5:50)
Retirement-when the breadwinner leaves his occupation. (11:6€)
Social Security Insurgd Status-irisured status can be either currently insured or fully insured. Fully insured means that an indiviudal claiming benefit. must have from 6 to 40 quarters of coverage depending upon the date of his death or the date of his retirement. To be currently insured the individual must have social security credit for at least one and one half years work within three years prior to death or retirement. (27:8,9) (28:6)
II. REVIEW Of literature and related research

The review of literature focused on the economic picture of the retired, finances and the quality of life, characteristics of middle-age, preretirement planning, and future outlook.

## Economic Picture of the Retired

One of the objectives of the Older American Act op 1965 stated "Equal opportunity for the full and free enjoyment of . . . an adequate income in retirement in accordance with the American standard of living." ( $9: 204$ )

With the passage of the Social Security Act in 1935, retirement came to be a generally accepted practice in the United States. ( $9: 42$ ) Still some individuals maintain employment as a source of income. (13:147) for most people, employment declines after age 65. "The participation rate of married men over 65 years of age is approximately double that of single men . . . the proportion of aged married women in the labor force is much lower than that of single women." (17:10,1i) In the late 1960's 25 per cent of the male population and ten per cent of the female population were employed after the age of 65. (17:7,8)

The social security regulations require the recipient to earn below an earnings ceiling to retain his benefits. Benefits are reduced by one dollar for every two dollars earngd above $\$ 2,4000$. This may also discourage people from working. (12:3-1.5) It may also be difficult for older people to find employment they are qualified and are physically able to do.

The other main source of income for the retired is social security. ( $13: 147$ ) However, "social security berefits were not intended to cover tatal living expenses, but
rather to supplement available incone." (.9:37) For many people, social security benefits are the main source of financial support or the only source of financial support after retirement. For the retired in 1968 , " $29 \%$ cane from earnings, $34 \%$ came from OASDHI (0ld-age, Survivor, Disability, and Health Insurance fotl, $7 \%$ cane from other public pensions, $15 \%$ came from assets, $3 \%$ came from veteran's benefits, $4 \%$ came from public assistancs, $1 \%$ came from personal contributions, $3 \%$ came from other sources." (4:47)

Because retired peopie lack income fion employment, their assets, particularly the rate of cash flow that those assets provide at regular intervals, becones increa~ singly important. peckman found that "households with the lowest current income tended to have the fewest assets." (17:15,16)

In 1973 the Federal Bureau of Lator Statistics higher budget far a retired coupla was: food: \$2,007, housing: \$2,873, transportetion: \$839, clothing: *463. personal care: $\$ 229$, medical care: \$459, other family consumption: \$546, other costs: \$627, total: \$8, 043;
however the lower budget totaled $\$ 3,763$ and the interinediate budget totaled $\$ 5,414$. ( $22: 57$ )

According to Buckley "three out of ten Americans over sixty-five years old were living in poverty, yet many of these aged peaple did not become poor until they became old!" (4:48) more alder people are poor than in any other group of citizens. (13:200j)

Retired families on fixed incomes have an especially difficult time. "Both men and women receiva about half as much income in retirement as they did when working full time." (13:147)

At age 65, most families will not have income equal to the level previously earned. Dissaving is normal after retirement. The fixed income leaves the retired open to the ravages of inflation.
"When an economy is on a labor Standard, those who have this commodity to sell are quite secure against the dissipation of the purchasing power of their earnings . . . the aged are particularly vulnerable to rising monetary and real costs. They already draw less than half' their cash income from the sale of that commodity, labor, whose exchange value tends to be guarded in an economy based on a Labor Standard. moreover, as time passes they will oraw a declining fraction from other sources, most of which are vulnerable to inflation." (13:219)
A fixed income also means less to use in purchasing goods and services which are constantly rising in price.

Life expectancy has increased the length of tine a person may have to rely on retirement income. The united States National Center for Health Statistics reports that currently 40 year olds can expect to live an average of 35.6 years more and that 65 year alds can expect 15.1 years more of life. Females can expect to live about 6.1 years longer than men at age 40 but only 3.8 years more at age 65. (25:59) with the difference between the life expectancy of men and women, the benefits the survivir:g partner will recejve need to be considered. (4:79) "Mortality rates tend to be inversely related to income: therefore, the lower the income, the higher the probability that ona spouse will have died." (17:21)

The degree of financial resources in retirement is based on "the outcome of twa generai considerations: (a) the allocation of income throughout a person's lifetime and (b) the choice between work (earnings) and leisure." (1:65-79) Of course the rate of inflation and economic
growth in society are also influencing factors.
many people do not plan for: retirement. Individuals may experience a rise in earned incoma in the 35 to 44 year age bracket $3 n d$ decrease in earned income between ages 55 and 64. (1:65-79)

Economic status or statility of employment determine to a great extent the ability of an individual or family to plan and save financial resources for retirement. Short tenures on the last job held before retirament have a negative impact on retirement economic status. As people have more education, job and economic status rises, especially for women. (19:16-35) These factors tend to support retirement planaing rather than detract from it. Making the right decisions through life in areas of education, employment, and residence, teamed with financial planning for retirement should help insure a secure retirement.

## Finances and the Quality of Life

For decades, research has been done about the family and its financial management. Extensive research done by Engle in Germany in 1857 was a forerunner of the analysis of household expenditures of families with the hope of accomplishing some respite from financial strain for families. Engle determined severai laws of consumption. One of his laus indicated that the study of family budgets "showed a close relationship between income, consumption, and well being." (15:54)

Buckley advised preplanning for retirement with emphasis on both building security and maintaining the quality of life. He referred to security in retirement as a balance of health, activity, and financial security. $(4: 18,51)$

Concern about the interrelationship of the quality
of life and finaricial security is shared by many. Kreps said, "there can be little doubt that many of the medical, psychological, and sociological problems now confronting the aged are contributed to, in considerable measure, by the sharp drop in income eccompanying withdrawal from the labor force." (I3:vii) Upon analysis it is relatively easy to see how the absence of "income affects every facot of the older person's life and many of our oun--his feelings about himself, his status in society, and his reiationship with members of his own family, apart from his nutritional and medical needs." ( $9: 34$ )

## Characteristics of Middle-Age

Due to lengthening life span, a new category of middle-aged individuals has emerged. Whereas in the past we had only childhood, active adulthood, and an old age, there is now middle-age. (23:2) Generalized characteristics have been defined for this period of life. This stage of the family life cycle, divided into two parts, is described as the
"stage of late maturity (approximate age range 45 to 54 years) where older children (15 years of age and older) are still present in the home but are beginning to move toward an existence independent of the family group; . and. - the stage of pre-retirement (approximate age range 55 to 64 years) or the so-called empty nest phase where children are gone from the home, independently established on their own, and the family is once again a tuo person group;". (1:79)

Peak earning is achieved in middle-age before retirement due to experience, knowledge, and status obtained on the job. (13:15) As time passes unemployment problems are beginning to appear in middle-age due to economic conditions and a larger segment in the younger population group. However, the majority of families find
themselves with more income at middle-age, "the fruitful years of income-earning power," (4:52)

Financial assets of this age group may be affected by demands of tiee children in the family or of the aging parents of the middle-aged couple. To these burdens may be added the couple's own deterjorating health. All of these expenses may cut into resources for the couple's own retirement. ( $23: 1,2,26$ ) ( $3: 51$ ) ( $8: 16,17$ )

Simos reported that at middle-age "flost of the financial problems were related to cost of living, the expense of maintaining children at college, the need for the wife to work to supply desired 'extras', and the general desire for a high standard of living despite moderate income." (23:119) Also included were financial drains for the support of an aged parent.

The trend toward compulsory retirement is increasing. "Some corporations are even encouraging early retirement at age fifty-five or sixty." (4:57) Pressures of the economy and tha desire for more leisuse time may be other reasons for encouraging early retirement. A person may retire in middle-age and not have any financial benefits available until. age 62 or 65. If he does take rinancial benefits early he may seriously erode the amounts he might be entitled to at an older age. Early retirement may also cut short a peak earning and low expense period which may result in a further reduction of future retirement income.

At middle-age an individual "may be acutely awara of prevailing retirement practices and the prospect of his own retirement in the not too distant future." (9:51) This pressure may influence his decisions and make him particularly apt to begin retirement planning at this stage in his life.

## Preretixoment Planning

As indicated previously, the middle-aged years are the years of highest income. It would therefore seem reasonable to utilize this time of lifa to prepare for retirement.

Simos studied the middle-aged and found that people fell into two major categories. People who were secure and happy "saw financial planning or continued work as an important avenue of preparation for the retirement. years." (23:310) People who had problem filled lives, the other category, tended to feel they needed to solve present problems before they went on to financial planning and therefore often did not make financial plans for retirement. (23:310) Some individuals saw no value in planning because of the financial failures they saw others experiencing at retirement. (23:311) The influence of parental retirement patterns was also important.

In today's existentialistic society it is difficult to get individuals to see an obligation to plan ahead for themselves or for others. Many people feel that if they pay their taxes and social security the government owes them a living at retirement and fail to see the necessity of making additional financial plans. (6:108) (23:240)

Reasons vary for individuals not making plans for retirement. Examples of parents who had lost lifetime savings because of illness deters some individuals. Stoic acceptance of fate and expectancy of early death seem related reasons for not planning. Avoidance of marital friction caused by "conflicting wishes and views around present spending versus saving for the future." (23:311) was also given for many failures to plan. Many find that other aspects of life were more essential than financial concerns such as ralationships, education, and development
of interests consume thejr attention (23:311) (14)
most writers suggest that retirement planning should begin as early as possible. (9:45) planning for retirement entails taking stock of currently held assets, setting goals for retirement, deciding how to reach those goals, and implementing the plan.

Burke identified five factors that might influance "allocation of family resources: managerial abilities, consumer technology, skills in home preparation of goods and services . . . the cepacities to learn and innovate with respect to consumption, the development of human values related to consumption." (2:123-138) for these one can see the interrelationships of financial success with decision-making in all facets and stages of life. In Pulley's study of financial planing done by retired couples, she found that out of 50 couples 11 reported they had no financial plan and 34 of the remaining 39 used mental plans. "The two most frequent methods used to arrive at a financial plan were adjusting expenses to income and using past experience. All couples reported flexible plans." (18:85) However, Puiley reported feu couples reported experiencing financial management problems after retirement. (18:89)

On the whole, people do not want less after they retire, they want the same amount of money or more. (20:142) Dacision-naking at early stages of the family life cycle may improje the financial picture of the retired.

## A Future Outlaok

In the United States the population 65 years of age and over is growing in numbers and in proportion of the popuiation. The problens of this population group
demand attention. The grouth rate of this segment of the population can be determined by examination of birth records of the past. We can see
"a fluctuating growth pettern--increases of 16
to 18 percent for this age group each decade through 1990, followed by a drop in growth for two decades. At that point, the large number of children born after World War II will begin to reach 65, and between 2010 and 2020 the elderly should incraase by about 30 percent. Finally, the declining birth rates of the 1960's and early 1970 's will again cause a sharp drop in growth." (26)
There will be more elderly. We can also predict they will have more education, have more financial security, and fewer will be working than today. (26)

## Summary

Today there are about 20,949,000 people aged 65 or oldar in the United States. In 2000 there will be abcut 28,841,000 people in this age group. By Bureau of Census data, there are now 54, 343,000 middle-aged persons who could potentially be helped in their retirement planning. (25:6,7)

Most people retire at 65 years of age but others retire earlier because of economic conditions, illness, and a desire to use their own time as they choose. The quality of life of a retired person is a result of the composite of his income and assets as they are influenced by his use and the physical and economic environment. One of the immediate retirement adjustments is the sharp decrease in family income.

## III. METHOD AND PROCEDURE

Case studies have been used in this exploratory research to collact data concerning planning of middleaged families about their financial resources for retirement. From these case studies, it is anticipated that hypotheses will be generated for future investigation about financial planning for retirement.

## Selection of Sample

A sample of middle-aged families was selected because they were thought to be at a stage in the family life cycle anticipating and preparing for retirenent. The sample was divided into two parts; four families with the employed wife between the ages of 40 and 53 years, and four families with the employed wife between the ages of 54 and 64 years.

The eight families were selected from the dinect-ory of the Portland Home Economists in Education, a listw ing of the home economics teachers in Portland Pubiic Schools, Portland, Oregon. Criteria for selection required that the teachers be the selected ages, be home economics teachers currenily employed by Portland Public Schools, be married and living with their husbands, and be parents. The eight families were randomly selected from the list of home econonics teachers.

## Collection of Data

A pretestad intervieu guide was designed for collecting data. Appointments vere made by telephone with the families for each interview. All intervieus were cunducted during yeckday avenings due to work schedules of the ramilies. Generally families seemed cooperative and anxious to help. However two families desired not to give
some information requested. Only families in the 54 to 65 age group refused to participate ans grani interviews. Two respondents of this age group canceled appointments after receiving pressure from their husbands.

During each intarview cpening remarks were made to set the family at ease. The families were assured that participation was voluntary, completely confidential, and that the family could withdraw. Interviews lasted about one and one-half hours each and generally were conducted in the living roam of the home.

The researcher recorded information on the interview guide as the subjects gave it to her. Some families referred to records and income tax statements to answer questions accurately. Dne family indicated they felt honored to have been selected for the sample. The subjects knew about research methods and felt they were contributing to the education of the interviewer and to the general body of knowledge related to retirement.

Respondents expressed the desire to learn the conclusions of the study. Some stated that the interview started them to thinking more seriously about retirement. Others indicated they became more aware of different alternatives regarding financial planning for retirement.

Cooperation was also obtajned due to the acquaintance of the subjects with the interviewer, a fellow home economics teacher with Portland Public Schools.

The interview guide was designed to include information about family composition, employment status, current financial resources, anticipated financial resuurces and expenses after retirement, knowledge about social security, financial decisions about retirement, and attitudes about those decisions.

## Analysis of Data

Data were obtained for each case and tabulated to provide an accurate summary of information gathered. Tables of data were made to illustrate and organize information.

No statistical tests were used. The data were analyzed after the eight interviews were completed. Hypotheses were generated after the data were analyzed. Descriptive statistics including means, medians, and modes were used to analyze the data about financial resources and decision-making.

## IV. CASE STUDIES

The case studiss are prosented in two groups
ages 40 to 53 and ages 54 to 65 . Those 40 to 53 years of age are presented first.

## Mr. and Mrs. $A$

Age of wife: 50 years
Age of husband: 50 years
Years married: 23 years
Length of residence in present home: 16 years
Education of wife: 16 years
Education of husband: 12 years
Number of children: 3
Number of children at home: 1
Employment status of wife: teacher for 13 years
Employment status of husband: electrical manufacturing repairman for 26 years

Employment income of wife: \$13,500
Employment income of husband: 10,500
Primary wage earner: wife
Anticipated age of retirement, wife: 62 years
Anticipated age of retireinent, husband: 56 years
Current monthly expenditures: \$1,105
Expected gross income, excluding social security, after retirement: \$975

Mrs. A has been a teacher for 13 years; however, she has been a member of the state teacher retirement system for only 10 years. She has held three jobs in the last 25 years and has been regularly employed during the last ten years. At this time she considers teaching as a lifetime career to be continued until retirement. Mrs. A is the primary wage earnar in the family.

Mr. A was a repairman at a large electrical manufacturing company in portland. He has been employed in various capacities by the same company for the last 26 years so his job stability and employment record were good.

Both Mr. and Mrs. A were 50 years old. They have been married for 23 years and have lived in their present
home for 16 years. They were purchasing this home which will be paid for by the time they retirs when Mrs. A is 62 years old. They have lived in portland for 22 years. Mrs. A has completed a Bachelor of Science degree and taken additional graduate work. Mr. A completed the 12th grade of high school.

Mr. and Mrs. A have three children, only one who is still living at home. This childis attending high school. They have made no provision for his care in the future. There are no other persons living with them. Mrs. A indicated she earned between $\$ 12,000$ and $\$ 14,999$ as annual gross employment income in 1974. Mr. A indicated he earned between \$9,000 and $\$ 11,999$ in annual gross employment income in 1974. This makes a total of between $\$ 21,000$ and $\$ 26,998$ of total family gross employment income in 1974. The couple did not have any reported income in addition to employment income that year.

Retirement Plans

Mrs. A felt she would like to retire at age 62. Mr. A was a little unsure about the economy and rumors around his place of employment were that people were going to be asked to take early retirement. With this in mind he indicated he was considering retirement at age 56 and felt that his skills as an electrician would help them financially.

## Retirement Income

Mr. and Mrs. A were both contributing to social security. They have estimated the amount of their social security benefits they would receive at retirement in the past but have not done so recently. Neither of them has estimated benefits thov ubuld be eligible to receive at
the death of the spouse.
Mr . and mrs. A will recelue income other than social security. Their estimated amounts were in round figures. Both of them uill receive pensions from employers. Mrs. A estimated hers to be $\$ 375$ a month and Mr. A $\$ 300$ per month. Mrs. A expects to earn $\$ 50$ a month through employment as a substitute teacher and mr. A at least $\$ 100$ per month as an electrical repairman or working on cars. Mr. A had life insurance but does not know the amount he will receive in monthly benefits. The couple had stocks and bonds that will bring a retisrn of $\$ 25$ a month. Mrs. A participated in a tax sheltered annuity and expects about $\$ 25$ monthly from it after retirement. Mr. A was in the military service and expects to receive $\$ 100$ monthly from this source in retirement benefits. Thus Mrs. A expects to have a total of $\$ 450$ a month and Mr . A a total of $\$ 525$ making total family monthly income after retirement at $\$ 975$ in addition to social security benefits.

## Retirement Budget

Mrs. A has the role of financial manager for the family and responded to questions about the family's budgeted currently monthly expenses. Both Mr. and Mis. A discussed anticipated changes in financial needs after retirement. Mr. and Mrs. A's current monthly budget and anticipated changes in financial needs after retirement follow.

Item: Current Anticipated future Financial expenditures comExpanditures: pared with present. expenditures:

## Shelter

3170 same
Food
Clothing
Transportation
Health Insurance
Other Medical Expenses
Personal Expenses
Education
Recreation
Gifts and Contributions
Savings
Income Taxes
$\$ 120$
less
$\$ 50$
$\$ 100$
$\$ 75$
sams
same
more
more
$\$ 50$ same
$\$ 20$ less
$\$ 120$ more
$\$ 150$ same
$\$ 50$ same
\$200 less
FHealth insurance providad by employer.
Neither Mr. A nor Mrs. A could estimate the annual
gross income they might expect at retirement. They did however reiterate that his income would be $\$ 525$ a month and hare $\$ 450$ for a total of $\$ 975$ per month.

At the death of the primary wage earner this coupla realized that $M r$. A wauld receive social security, and have insurance, the home and beach properties. The amount of irisurance was $\$ 1,000$. The other two sources could not be estimated.

Decisions Made About Retirement
When questioned about what they considered to be the most important decisions about retirement income they could make right now, Mr. and mis. f responded with: bring themselves up to date on actual benefits they have coming, find the exact sources of income they would have, make some investments, plan to have more retirement income, and arrange to have help in handling of their money in case of future incompetency.

Mr. and mrs. A have decided that they would like to live on their property at the coast for about ten years
after retirement and then move back to Portland and live in their present home. They considered renting the Portland home while they were at the coast which would be another source of income.

Mr. and Mrs. A want to live together as long as possible. They may purchase a mobile home for use at the coast and could sell or use it as a rental on their return to Portland. They have developed interests to pursue at retirement. They have made some financial decisions and are concerned about the amount of income they will have and wonder if it will keep up with the cost of living. They have their financial affairs so as to not have any outstanding debts except mortgage on their home which will be paid for at retirement. They plan to use skills to compensate for expenditures and to make larger investments now so they will not have to later on. They want to make some large purchases now such as a car so this will not be a financial drain on them later.

Mr. and Mrs. f uish they had savad more money earlier and perhaps invested in other property. There were no decisions they had made that they wish they had not made about retirement. Mrs. A was concerned about financial planning for retirement and Mr. A indicated he was only someuhat concerned. Mrs. A indicated she became concerned ten years ago and Mr. A six years ago.

When asked what years they planned to retire, Mr. A responded in lged at 56 years of age and mrs. A in 1985 at 62 years of age.

Summary
Mr. and Mrs. A appeared to have a full and happy life. Their length of employment and residence as well as mariage were evidence of a stable life.

Mr. and Mrs. A are plannjno to retira at an earlier age than 65, a trend in the United States at present. They are looking toward the use of several sources of retirement income but most of the sources will provide only fixed amounts.

As Mr. A is planning to retire five years earlier than Mrs. A, some adjustment may be needed in many areas including financial management.

Mr. and Mrs. A are utilizing this period of life to build assets for retirement. Although they are not making a concerted effort, they are increasing their financial resources.

## Mr. and Mrs. B

Age of wife: 46 years
Age of husband: 49 years
Years married: 25 years
Length of residence in present home: 14 years
Education of wife: 17 years
Education of husband: 17 years
Number of children: 3
Number of children at home: 2
Employment status of wife: teacher for 16 years
Employment status of husband: teacher for 19 years
Employment income of wife: $\$ 10,500$
Employment income of husband: $\$ 19,500$
Primary wage earner: husband
Anticipated age of retirement, wife: 58 years
Anticipated age of retirement, husband: 60 years
Current monthly expenditures: \$1,639
Expected gross monthly income, excluding social security, after retirenent: \$1,280

Mrs. B has been a teacher for 16 years. She has been a member of the state teacher retirement system for 12 years. Her recall of employment indicates she has held five jobs in the last 25 years and she has experienced steady employment during the last ten years. She looked at her job as a lifetime career to be continued until retirement.

Mr. B is also a teacher. He has been in this prom fession for 19 years. He has held four jots in the last 25 years plus part-time jobs. He indicatad that it was normal for him to hold extra jobs during times he was not teaching such as during summer vacation. He has been regularly employed during the last ten years and was the primary wage earner for the family.

Mrs. B was 46 years of age and Mr. $B$ was 49 years old. They have been married for 25 years and havg lived at their present address for 14 years. They are buying their own home and will have completed paying for it by retirement when Mr. B is 60 years of age. They have lived in Portland Por 19 years.
mrs. B has completed a bachelor's degree, the teacher's fifth year program and additional hours of graduate study. Mr. B has a master's degree and additional hours of graduate study beyond his degree.

Mr. and Mrs. $\quad$ have three children. One is merried and away from home and one is a high school student living at home. The other is a community college student also living at home. The underaga child living at home will be provided for if he is still a minor if something should happen to the parents. There are no other persons living with the family.

Mrs. B indicated that she earned between \$9,000 and $\$ 11,999$ as gross annual employment income in 1974. Mr. B indicated that he earned between $\$ 18,000$ and $\$ 20,999$ in annual gross employment income in 1974. This makes a total of between $\$ 27,000$ and $\$ 32,998$ of total family gross employment income in 1974. They indicated they had between $\$ 500$ and $\$ 1,000$ annually in interest on savings in addition to employment income.

## Retirement Plans

Mrs. 8 plans to retire at 58 years of age and Mr. 8 plans to ratire between 60 and 62 years of age. Eoth feel that the earlier they can retire the better.

Retirement Income
Both Mr. and Mrs. B were contributing to socia?
security. They have both estimated the amount of social security benefit they will be eligible for at retirement and thought that it would be $\$ 315$ a month. They have also estimated they will receive maximum benefits at the death of the spouse.

When questioned about income other than social security benefits, Mr. and Mrs. B responded with the sources. Both Mr. and Mrs. B uill receive retirement pensions through their employer. They indicated they would not receive income from this source until they reach the ages of 65 . Mrs. $B$ expects to receive about $\$ 200$ from this source at the time and mr . $8 \$ 500$. They both plan to work as substitute teachers for wages of about $\$ 100$ each munth. They feel that real estate will bring them $\$ 50$ a month income and they anticipate an unknown amount from stocks and bonds. Mr. and Mrs. B indicated that mutual funds ought to provide $\$ 50$ a month. Mr. B expects to receive $\$ 5$ in veteran's benefits and $\$ 83$ in interests on savings a month. Mrs. $B$ has an annuity and tax sheltered annuity each to be worth $\$ 100$ a manth after retirement. Thus Mr. B expects to receive a total. of \$788 and Mrs. B \$500 making a total of $\$ 1,288$ a month in income after retirement. At the death of the primary wage earner Mrs. B would receive social security and a lump sum of $\$ 40,000$ from a life insurance policy.

Retirement gudget

Mr. and Mrs. B shared the responsibility of giving answers about theis monthly family budget. Their responses to current monthly expenses and the changes they anticipate after retirement follow.

| item: | Current financiel expenditures: | finticipated future expenditures compared with present expendjtures: |
| :---: | :---: | :---: |
| Shelter | \$190 | lass |
| Food | \$130 | less |
| Clothing | \$ 40 | less |
| Transportation | \$175 | less |
| Health Insurance | \$16 | more |
| Other Medical Expenses | \$10 | more |
| Personal Expenses | \$ 32 | less |
| Education | \$125 | less |
| Recreation | \$ 70 | mors |
| Gifts and Contributions | \$100 | same |
| Savings | \$200 | lese |
| Income Taxes | \$300 | less |
| Beach Property | \$250 | less |
| Total: | \$1,639 |  |

Decisions Made About Retiremant
When asked what were the most important decisions about retirement income they could make now, Mr. and mrs. B replied: to keep investments diversified, to increase fringe benefits which are not taxed, to keep funds accessible and increase liquidity, and reliable, secure, not risky placement of money.

Mr, and mrs. B planned to continue living at
their present address after retirement but would like to spend time traveling and at their coast property.

Mr. and Mrs. B have decided to retire as early as possible and to live in Portland. Thoy have begun long range investments. They wish to be independent of their children. They would like to travel in winter and think. the purchase of a travel trailer would be a help. They would like to have money in $2 n$ easily accessible form at retirement so they can make decisions sbout it at that time. Mr. and Mrs. B felt they were not in a position to make other decisions earlier. They have always saved some money but were not always able to save large amounts. There were no decisions they wishec they had not made.

Mr. and Mrs. 8 were concerned about financial planning for their retirement and have had a slight concern for years with a particular interest in the last 15 years. One of their worries was the rising rate of inflation. Both had decidad to retire in 1987.

## Summary Comments

Mr. and Mrs. B are industrious people who have worked hard at several jobs and sometimes more than one job at a time. They are quite stable in employment, residence, and length of marriage. They fit into the middleaged stage of the family life cycle with children of high school and junior college age living at home. Their chosen ages of 58 and 60 for retirement are typical of a national trend toward early retirement.

Mr. and Mrs. B have a certain practicality which has led them to consider some alternatives in their retirement planning. Thay have deliberately made and executed some financial plans for retirement. They felt themselves to be headed in the right direction in financial planning for retirement, They work together as a team in decision-making.

Mr. and Mrs. C
Age of wife: 50 years
Age of husband: 49 years
Years married: 26 years
Length of residence in prosent home: 16.5 years
Education of wife: 17 years
Education of husband: 16 years
Number of children: 2
Number of children at home: 0
Employment status of wife: teacher for 14 years
Employment status of husband: securities broker and salesman for 3 years
Employment income of wife: \$13,500
Employment income of husband: \$7,500
Primary wage earner: wife
Anticipated age of retirement, wife: 55 years
Anticipated age of retirement, husband: 65 years
Current monthly expenditures: \$1,485
Expected gross monthly income, excluding social security, after retirement: \$695

Mrs. C has been a teacher for 14 years and has been in the teacher retirement system for 14 years mrs. C has held two jobs in the last 25 years and has been regularly employed during the last ten years. She regards her job as temporary to meet a current need, but to be terminated when the need is met. The need was reflected in educational expenses the family has each month.

Mr. C is a securities broker and salesman. He has held this job for three yeare and has had four jobs in the last 25 years. He hes had reguiar employment during the last ten years except for a brief time out for
recouperating from open heart surgery about four years ago.

Mrs. C was the primary uage earner in the family. She was 50 years of age. Mr. C uas 49 years of age. They have been married 26 years. mix. and Mrs. C have lived at their present address for 16.5 years and were buying their home which will be paid for by the timo of their retirement. The C's have lived in Portland for 22 years.

Mrs. C has a Bachelor of Science degree with 75 hours beyond her bachelor's degree, Mr. C has a Bachelor of Science degree also.

Mr. and Mrs. C have no children living at home but have two chiloren they are helping through college. No one else lives with them.

Mrs. C indicated she earned between $\$ 12,000$ and $\$ 14,999$ as gross annual employment income in 1974. Mr. C indicated he earned betwean $\$ 6,000$ and $\$ 3,999$ in annual gross employment income in 1974. This made a total of between $\$ 18,000$ and $\$ 23,998$ for total family gross employment income in 1974. They indicated also they did not have additional income and, in fact, had some losses due to the fluctuating stock market. They were averaging these losses over several years.

Retirement Plans

Mrs. C plans to retire at 55 years of age. Mr. C plans to retire at 65 years of age but to continue in his capacity as securities braker and salesman part time utilizing client contacts he will have made by then.

Retirement Income
Both Mr. and Mrs. C wers contributing to social
security but had not estimeted the benefits at retirement or at the death of the spouse. They knew they had social security as a source of income and were relying on it but were afraid that it woulg be inadequate dus to inflation and the rising cost of living.

In addition to social security benefits, illr. and mrs. C expected to have other income at retirement. Mrs. $C$ had a retirement pension with her employer and expected about $\$ 85$ a month. She also had a personal pension plan that would provide $\$ 50$ a month. It was assumed this was a form of insurance policy. Mr. C expected to continue working and to oring in about $\$ 500$ a month selling sesurities. He had a life insurance policy which would provide $\$ 30$ a month and stocks and bonds that would yield another $\$ 30$ a month. Mrs. $C$ had a tax sheltered annuity but was uncertain about the monthly income it would provide. Thus, in addition to social security berefits and a tax sheltered annuity, firs. C will have a monthly income of $\$ 135$ and mr. C will have a monthiy income of $\$ 560$ at retirement. This will provide a total monthly income of $\$ 695$ besides the social security and annuity.

## Retirement Budget

When questioned about their monthly oudgeted expenses, Mr. C did most of the responding with verification from mirs. C. Their current financial expenditures and anticipated financial expenditures after retirement follow.

| Item: | Current financial expenditures: | Anticipated future expenditures compared with present expenditures: |
| :---: | :---: | :---: |
| Shelter | \$150 | more |
| Foud | \$ 75 | less |
| Clothing | \$ 50 | less |
| Transportation | \$240 | less |
| Health Insurance | \$45 | less |
| Other Medical Care | \$15 | less |
| Personal Expenses | $\$ 50$ | more |
| Education | \$350 | less |
| Recreation | $\$ 50$ | same |
| Gifts and Contributions | \$ 50 | same |
| Savings | \$150 | more |
| Income Taxes | \$260 | less |
| Total: | \$1,485 |  |

The C's estimated their annual gross income after retirement would be around $\$ 12,000$ a year with Mrs. C prom viding about 25 per cent of that. If the primaiy uage earner were to die the survivor would receive a \$14,000 insurance policy, social security, and the annuity.

Decisions Made About Retjrement
Regarding the most important decisions about retirement income they could make at that monent, Mr. and Mrs. C indicated the following: start a monthly savings program and annuity and double these after the children no longer need income, mr. C wanted to start an annuity and personal pension plan, start stock investment for long term benefit, purchase rural property, decide to keep or sell the house, and decide where to live.

Mr. and Mrs. C indicated they did not know where they wculd live at retirement. They will probably stay in Pcrtland but feel the house they ara living in is too largo.

The decisions Mr. and Mrs. C have made about retirement relata to activities and hobbies they wish to pursue such as gardening, bowling, riding bikes, and sone
travel. Mr. C was determined to stay with his job and build clients so they could be used as a source for future income.

At first Mr. and mrs. C could not think of any decisions they wished they had made earlier about retirement but then decided they should have put money away earlier. They did not regret any decisions they had made about retirement. Mr. C was very happy to have changsd his job as he saw more of a future in selling stocks and securities.

Mr. and Mrs. C were both concerned about financial planning for retirement but did not seam uncomfortable about it. They had thought about it all their lives because their parents had always looked ahead. They were not really too concerned about retirement. Mrs. C plans to retire in 1980 at age 55 and Mr . C in 1988 at age 65.

## Summary Comments

Mr. C has had health problems which have interfered with his employment. He felt he has an occupation at which he could work until the retirement years.

Mr. and Mis. C appeared young and seened confident and assured. They shared participation in several activities that they plan to continue after retirement.
mr. and Mrs. $C$ knew they will receive social security at retirement but, like most others, have no idea how much they will get nor what would be their benefits if one of them were to dia. They were concerned about inflation and what it will do to their retirement income.

Mrs. C plans to retire before her husband and was working to cover educational expenses for their children. She has taught for 14 years and may find it hard to stop when she reaches 55 .

Mr. and Mrs. $D$
Age of wife: 40 years
Age of husband: 45 years
Years married: 17 yeers
Length of residence in prasent hore: 12 yaars
Education of wife: 17 years
Education of husband: 14 years
Number of children: 2
Number of children living at home: 2
Employment status of wife: teacher for 14 years
Employment status of husband: materials analyst for 16 years
Employment income of wife: $\$ 10,500$
Employment income of husband: $\$ 10,500$
Primary wage earner: none, both in the same income group Anticipated age of retirement, wife: have not planned Anticipated age of retirement, hustand: have not planned Current monthly expenditures: \$1,941
Expected gross monthly income, axcluding social security, after retirement: could not estimate, knew sources but not amounts

Mrs. D has been a teacher for 14 years. She has been a member of the teacher retirement system for 13 years. She has held three jobs in the last 25 years and has been regularly employed during the last ten years. She indicated she had taken time off previous to the last ten years to be at home with her children when they were young. She considers teaching to be a lifetime career and to continue teaching until her retirement. She did not know when she would retire.

Mr. D has been a materials analyst for a large local manufacturirg firm for 16 years. He has held six jobs in the last 25 years and has been reqularly employed
during the last ten years.
Mrs. D was 40 years old. fir. D was 45 years of age. They have been married for 17 years and have lived at their piesent address for 12 years. They own their oun home and it will be paid for by the time they retire. They have lived in this city for 12 years.

Mrs. D has a bachelor's degree and has completed the fifth year program which is 45 hours in addition to her bachelor's degree. Mr. D has completed two years of college.

Mr. and Mrs. D have two children living at home. They are of junior high school age, Mr. and Mrs. D currently pay high orthodontist bills for the two boys and are concerned about helping the boys through college when the time comes. This was really their only worry now. They indicated this superseded any concerns they might have about retirement at this point in their lives.
mrs. D indicated she earned between $\$ 9,000$ and $\$ 11,999$ as annual gross employment income in 1974. Mr. D indicated he earned between $\$ 9,000$ and $\$ 11,999$ in annual gross employment income in 1974, making a total of between $\$ 18,000$ and $\$ 23,998$ of total family gross employment income. The couple reported no income in addition to employment income in 1974.

## Retirement Flans

Neither Mr. nor Mrs. D knew what ags they wished to retire. Both were contributing to social security. Neither of them had estimated what his or her social security benefits would be at retirement nor had they estimated the amount of social security benefits his or her spouse would receive at the partner's death.

## Retirement Income.

Mr. and Mrs. D hed absolutely no idea atout the amounts of income thay could anticipate after retirement. They did know several sources they would have. Both Mr. and Mrs. Dexpected to receive income from a retirement pension of their employer. Neither knew if they would work after retirement. They have iittle investment in stocks and bonds and in profit sharing with Mr. D's company which should ado to income. They anticipated having the stocks and bonds to use to help with their children's educational expenses in college. They knew they would, receive in addition to the above, social security benefits.

## Retirement Budget

Mrs. Destimated their monthly expenses and mr. D helped determine that their future anticipated expenditures just could not be estimated at the present time because they had not considered their retirement period at all. Mr. and Mrs. D's current menthly budget and consioderation of anticipated future expenditures compared with present expenditures is recorded below:

Item:
Current
financial expenditures:

Anticipated future expenditures com-
pared with present expenditures:
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered
have not considered

| Shelter | $\$ 250$ | have not considered |
| :--- | :--- | :--- |
| Food | $\$ 250$ | have not considered |
| Clothing | $\$ 35$ | have not considered |
| Transportation | $\$ 275$ | have not considered |
| Health Insurance | 36 | have not considered |
| Other Medical Expenses | $\$ 45$ | have not considered |
| Personal Expenses | $\$ 15$ | have not considered |
| Education | $\$ 30$ | have not considered |
| Recreation | $\$ 25$ | have not considered |
| Gifts and Contributions | $\$ 30$ | have not considered |
| Savings | $\$ 250$ | have not considered |
| Income Taxes | $\$ 600$ | have not considered |
| Loan | $\$ 100$ | have not considered |

Mr. and Mrs. 0 could not estimate the annual gross income they would recsive after retirement. Thay did not know what benafits the survivor would receive at the death of the primary wage earner.

Decisions Made About Retirament
Mr. and Mrs. D felt the most important decision they could make about retirement income at present would be to check into it more. They have not considered what kind of housing they want nor in which community they will live.

Mr. and Mrs. D felt they had not made any decisions about retirement as of yet in their lives. They did not feel they wished to have made earlier decisions about retirement. They did not wish they had not made any decisions they have made and they have not made any decisions regarding retirement so have no regrets in that area.

Mr. and Mrs. D have not been concerned about financial planning for retirement. They cannot estimate the date that either of them will retire.

## Summary Comments

Mr. and Mrs. D have lived in their home for 12 years in an area near $\operatorname{mr}$. D's employment. They were concerned about Mr. D's joh as it is a common practice to lay off people, through the guise of early retirement, when business is poor.

Mr. and Mrs. D are the youngest couple in this study and have younger children than any of the cther families. They were more concerned with their role as parents now than with planning for their own retirement. Consequently they felt they could rot make accurate estimates in many aras.

Mr. and Mrs. 0 had not made any financial decisions for retirement other than a profit sharing program with Mr. D's employer. They had a savings plan uhich they indicated may help them cover educational expenses for their children, enabling then to work toward their own retirement during those yeers the children will be leaving home.

The family was active in scouting and shared many activities together. Mr. and Mrs. D worked as a team in reporting decisions made.

Mr. and Mrs. E

Age of wife: 58 years
Age of husband: 60 years
Years married: 35 years
Length of residence in present homa: 19 years
Education of wife: 17 years
Education of husband: 15 years
Number of children: 4
Number of children at home: 1
Employment status of wife: teacher for 9 yars
Employment status of husband: contractor for 25 years
Employment income of wife: \$4,500
Employment income of husband: $\$ 10,500$
Primary wage earner: husband
Anticipated age of retirement, wife: 65 years
Anticipated age of retirement, husband: 65 years
Current manthly expenditures: \$1,060
Expected gross monthly income, excluding social security, after retirement: $\$ 250$ plus income from other sources.

Mrs. E has been a teacher for nine years. She has been in the teacher retirement system for six years. She has held three paying jobs in the last 25 years and has been regularly employed in the last ten years. When questioned, mirs. E responded that she considered her job as a life time career to be continued until her retirement at age 65.
mr.E was a building contractor and has experienced periods of too much employment when he found himself doing several jobs at once and other times when no jobs were available. Thus his income fluctuates and there are times when he has rone at all. He has been in this kind of work for 30 years and was self-employed. He felt he had held
one job during the last 25 years and had been regularly employed for the last tan yeare. Mr. E was the primary wage earner.

Mrs. E was 58 years of age and Mr. E was 60. They had been married for 35 years. They had lived at their present address for the last 19 years and own their own home.

Mrs. E had a Bachelor of Science degree plus one year of graduate studies. Mr. E completed three years and one term of college.

Mr. and Mrs. E have four children. Three were away from home. One son was living at home and helping his father when needed. The parents indicate they were providing a place for him to stay until he is settled on his own and self-supporting. Ali the children were adult.

Mr. E earned between $\$ 9,000$ and $\$ 11,999$ in gross employment wages as reported in 1974. Mrs. E earned between $\$ 3,000$ and $\$ 5,999$ gross employment wages in 1974 as she uas working only part time. This makes a total of $\$ 12,000$ to $\$ 17,998$ of total family gross income. Mr. E is a contractor and has occasion to do part time jobs but declined to indicate how much this source of income was. Mr. and Mrs. E did not report having any income in addition to employment incons in 1974 and in fact declined to answer this question.

## Retirement Plaris

Mr. and Mrs. E both plan to retire at 65 years of age. They were both contributing to social security. Neither of them had estimated the amount of social security benefits they will receive at retirement. And neither one of thom had estimated the amount of incone thoy would receive from social security benefits in the event of the death of the spouse.

## Retirement Income

Mr. and Mrs. E declined to list the amounts each would receive from sources cther than social security at retirement but indicated they would receive financial support from the following: employment, life insurance, real estate, savings, and saie of business equipment. Mr. E thought he would earn $\$ 250$ a month from employment after retirement and mrs. $E$ will receive some funds from her teacher retirement but was unable to estimate the amount.

## Retirement Budget

In responses about the family budget, Mr, and Mrs. $E$ gave the following information about their monthly expenses:

Item:

| Item: | Current Pinancial expenditures: | Anticipated future expenditures compared witti present expenditures: |
| :---: | :---: | :---: |
| Shelter | 5200 | less |
| Food | \$300 | less |
| Clothing | \$ 30 | less |
| Transportation | \$150 | less |
| Health Insurance | $\$ 105$ | less |
| Other Medical Expense | +25 | more |
| Personal Expenses | $\$ 20$ | less |
| Education | \$ 10 | less |
| Recreation | \$100 | less |
| Gifts and Contributions | \$80 | less |
| Savings | \$40 | have not considered |
| Income Taxes Total: | $\frac{\text { daclined to }}{0 / 060}$ | indicate |

Mr. and Mrs. E could not estimate the aninual gross income they expect to receive after retirement other than the employment income of $\$ 250$ from Mr. E. If Mr. E wera to die, Mrs. E uould be the beneficiary of $\$ 14,000$ in insurance. Of course, social security and the teacher's retirement pension plan would provide additional income.

Decisions Made About Retirement
When asked about the most important decisions concerning retirement income they could make right now, Mr. and Mrs. E responded: check on social security status, check on retirement plan, consider ways to supplement income after retirement.

Mr. and Mrs. E had not mads a decision about where to live upon retirement. In fact the question stimulated some debate about where they would live after retirement. Mr. E would prefer to live at their home on the coast and Mrs. E would much rather live in Portland.

In analyzing the decisions Mr. and Mrs. E had made about retirement, the major thing that impressed them was that they were indeed thinking about it. It was something they would have to go through soon and thay were facing it as it came but it was not a major focus in their lives at the time nor had it been in the past.

In considering decisions they wish they had made earlier about retirement, Mr. and Mrs. E said they would have likad to have a better savings and/or investment plan and that they had fewer children. Mr. E felt there was only one decision he wished he had not made which was to go into business for himself.

Mr. and Mrs. E were both concerned about financial planning and indicated they became concerned five years ago. Mrs. E plans to retire in 1981 and Mr. E in 1980. Summary Comments

Mr. and Mrs. $E$ had been married 35 years, had lived in their home 19 years, and Mr. $E$ had a long work record.

Mrs. E waited until her children were naarly independent before returning to work as a teacher. They had
one child who was home intermittentily when Mr. E needed him to help with the contracting business.
mr. E found it difficult to give ansuers to some questions and preferred to withhold that information. Mrs. E was working oniy half time and anticipated retiring at 65 in seven mare years. Mr. E planned to retire two years earliar, also at age 65.

Mr. and Mrs. E folt most of their expenses, in fact all but medical care, would be less after retirement. They were concerned about checking on the status of their retirement benefits and in finding ways to supplement retirement income.

Mr. and Mrs. E indicated they were stimulated by the interview to think and discuss some decisions they need to make for retirement.

## Mr. and Mrs. F

Age of wife: 58 years
Age of husband: 62 years
Years married: 34 years
Length of residence in present home: 24 years
Education of wife: 17 years
Education of husband: 16 years
Number of children: 2
Number of children at home: 0
Employment status of wife: teacher for 17 years
Employment status of husband: certified public accountant for 27 years, semiretired
Employment income of wife: \$7,500
Employment income of husband: \$13,500
Primary wage earner: husband
Anticipated age of retirement, uife: 62 years
Anticipated age of retirement, husband: semiretired 1975
Current monthly expenditures: 2,045
Expected gross monthly income, excluding social security, after retirement: \$1,775

Mrs. F has taught for 17 years and has been a member of the teacher retirement system for 14 years. She has held three jobs in the last 25 years and has been regularly employed in the last ten years. She considers her job as a lifetime career to be continued until retirement at age 62. lifrs. F was currently working half time.
mr. F was a retired but still working certified public accountant. He held this jon for the last 27 years and has been semiretired since January 1975. He has hald only the one job in the last 27 years. His retirement started January l, 1975. Mr. F owned his own business prior to ratirement, sojd this business, and has purchased
certain accounts which he still handles. Mr. F was the primary wage earner.

Mrs. F was 58 years of age and Mr. F was 62. They had lived at their present address for 24 years and own their own home. It is paidfor. inrs. $F$ is a native Portlander and the couple have lived in Portland all their married life, 34 years.

Mrs. F had completed a Bachelor of Science degree and 75 hours of additional graduate study. Mr. F had completed a Bachelor of Science degree also and had 15 hours of additional graduate study.

Mr. and Mrs. F had no children living at home and had two independent adult children.

Mrs. F responded that she earned between \$5,000
and $\$ 8,999$ as annual gross employment income in 1974. Mr. Findicated he earned between $\$ 12,000$ and $\$ 14,999$ in annual gross employment income in 1974. This made a total of between $\$ 18,000$ and $\$ 23,998$ of total family gross employment income in 1974. In addition to employment income the couple received $\$ 20,000$ from rental property and $\$ 5,000$ from dividends and interest on investments and savings. Thus total family income ranged from $\$ 43,000$ to $\$ 48.998$ during 1974.

## Retirement Plans

Mrs. $F$ yould like to retire at 62 years of age. As indicated previously, Mr. F was semiretired. He planned to continue working es a certifiad public accountant.

## Retirement Income

Mr. and Mrs. F were contributing to social security. Mr. F did not plan to draw his social security
benafits until he is 65 years of age. Mr. F had estimated his social security benefits but Mrs. F had not. Mrs. F had not estimated the amount sha would receive from social security at the death of mi. F. mr. F indicated there would be no difference in his benefits at the death of mrs. $F$.

Mr. and Mrs. F will receive benefits other than social security at their retirement. They have estimated the following sources and amounts they expect to receive monthly. Both Mr. and Mrs. F expect to receive a retirement pension from their employer but were unable to determine an amount. Mr. F expects at least $\$ 225$ monthly from employment. From investments in real estate, Mr. F feels they will receive $\$ 1,500$ a month. Stocks and bonds investment will bring in $\$ 50$ a month. firs. F has a tax sheltered annuity but has not estimated the monthly benefits. Mrs. F therefore does not know what her own monthly income will be after reitirement. mr. Findicated his total financial resources would be $\$ 1,775$ additional to social security. The family will have his $\$ 1,775$ and their unestimated income as well as social security at retirement for a monthly income.

## Retirement Budget

Mr. F gave most of the answers regarding their current munthly budget as he has done most of the financial management for the family. Both Mr. and Mrs. F conferred about antisipated changes in financial needs after retirement. Mr. and Mrs. F's current morithly budget and anticipated changes rollow.

Item: Curront Anticipated future rinancial expenditures comexponditures: pared with present expenditures:

| Sheiter | $\$ 150$ | more |
| :--- | ---: | :--- |
| Food | $\$ 150$ | more |
| Clothing | $\$ 120$ | more |
| Transportation | $\$ 125$ | more |
| Health Insurance | $\$ 15$ | more |
| Other iledical Expenses | $\$ 10$ | same |
| Personal Expenses | $\$ 15$ | same |
| Education | $\$ 15$ | same |
| Recreation | $\$ 20$ | more |
| Gifts and Contributions | $\$ 25$ | same |
| Savings | $\$ 1,250$ | same |
| Income Taxes | $\$ 250$ | more |

Mrs. F could not estimate her annual gross income after retirement. Mr. F indicated his income would be $\$ 20,000$ after retirement. At the death of the primary wage earner, Mr. F, Mrs. F would receive income from rental investments, stocks and securities, social security and have about $\$ 8,000$ from insurance.

Decisions Made About Retirement:

Mr. and Mrs. $F$ felt the most important decision they could make about retirement income right now would ba to find out what they could expect in financial resources at her retirement.

Mr. and mrs. F hava decided to stay in Portland upon retirement, but they were seriously considering a smaller home.

Financial decisions they have made aoout retirement center around remaining financially indepencent during retirsment. They have obtained the variable tax sheltered annuity, made considerable investments in real estate and their own residence, and have invested in etocks and securities for financial independence.

When questioned about decisions they wish they had made earlier about retirement, Mr, and Mrs. F responded that they wish they nad purchased more property uhen it was cheaper. They also indicated they wish they had built a house three years ago uten supplies and materials were cheaper. A house was apparently a choice they decided against at the time and now wish they could reverse that decision.

Mr. and Mrs. F were not concerned about financial planning for retirement. Their major financial concerin had to do with the rising rate of inflation and what it would do to what income they did expect to receive.

Mr. F was semi-retired. Mrs. Fexpected to retire in 1977, at age 60.

## Summary Comments

Mr. and Mrs. F had lived 24 years in a quiet, well established neighborhood. They had been married 34 years, and were college graduates.

Mr. F was partially retired yet had a good income, Mrs. $F$ was working half time. She was planing an early retirement at age 62 in four years. Mr. F retired at 62 years also. Both Mr. and Mrs. F appeared healthy and interested in life.

Mr. F had handled most of the financial dealings for the family and made most of the responses at the interview. The researcher felt that Mrs. F would have liked to know more about some of the items discussed. Mr. and Mrs. $F$ considered they nad made wise land investments.

Mr. and Mrs. G

Age of wife: 62 years
Age of husband: 70 years
Years married: 25 years
Length of residence in present home: 14 years
Education of wife: 17 years
Education of husband: 19 years
Number of children: 1
Number of children living at home: 0
Employment status of wife: teacher for 37 years
Employment status of husband: retired, taught for 40 years
Employment income of wife: $\$ 16,500$
Employment income of husband: \$10,500 in retirement benefits

Primary wage earner: wife
Anticipated age of retiremert, wife: 62 years
Age of retirement, husband: 62 years
Current monthly expenditures: \$2,486
Expected gross monthly income, excluding social security, after retirement: $\$ 990$

Mrs. G had been a teacher for 37 years and had been in the teacher retirement system for 26 years. She had held this job for the last 25 years. She regerded teaching as a lifetime career to be continued until her retirement this year.

Mr. C was also a teacher and had been retired since 1968. He held two jobs in the last 25 years, teaching for 40 years. Since retirement he had worked only briefly as he felt he did not want to be confined by a schedule.

Mrs. G was the primary uage earner. Mr. G's
income consisted of social security and retirement pension benefits.

Mrs. G was 62 years of age and Mr. $G$ was 70 years old. They have been matried for 25 years and have lived at their present address for 14 years. Previously they lived in a smaller house across the street from their present home. Their house was already paid for and they had lived in Portland for 26 years.

Mrs. G had completed a master's degree and additional hours of graduate study to total 105 hours. Mr. G had completed a master's degree and had 100 additional hours of graduate study.

Mr. and Mrs. G had one adult child living independently.

Mrs. G indicated she earned between \$15,000 and $\$ 17,999$ as annual gross employment income in 1974. Mr. G's retirement income was between $\$ 9,000$ and $\$ 11,999$ in 1974. This makes a total of between $\$ 24,000$ and $\$ 29,998$ in income comprised of gross employment income, social security, and retirement pension for the family during 1974. The couple had $\$ 4,800$ interest from $E$ and municipal bonds that year. The total family income was between $\$ 28,800$ and $\$ 34,798$ for 1974 .

## Retirenent Plans

Mrs. G anticipated retiring in June 1975. Mr. © retired at 62 in 1968. Mrs. G took a year's sabbatical last year and returned to work this year to improve her retirement status.

Rotirement Income
Mrs. G was contributing to social security but Mr. G was receiving bensfits from social security. They
have both estimated their benerits from social security. Neither Mr. nor mis. G knew uhat social security benefits they would recaive in the event of the death of their spouse.

Mr. and Mrs. Gexpected othar income in addition to social security at retirement. Both described at length the teacher's retirement benefits they wouldor were receiving from the state of Ohio where they both began their teaching careers. ills. G estimated her teacher retirement as $\$ 365$ a month. Mr. G estimated his ceacher retirement benefits as $\$ 225$ a month. The couple expect $\$ 400$ a month from $E$ and municipal bonds. Mrs. G had a tax sheltered annuity but was not aware of the amount of income it will bring. With known amounts, Mrs. G estimated her ratirement income other than social security to be $\$ 365$ a month. Mr. Gestimated his retirement income at $\$ 625$ a month. Thus the family expect to have a total of $\$ 990$ a month in addition to social security when they retire.

Retirement Budget
Mr. and Mrs. G have divided the budgat responsibilities. He kept records for items other than fcod and clothing and she appeared to keep records for those. Mrs. $G$ gave most of the responses about anticipated future experiditures campared with present expenditures. Mr. and mrs. G's current monthly budget and anticipated changes follow:

| Item: | Current financial expenditures: | Rnticipated future expenditures compared with present expenditures: |
| :---: | :---: | :---: |
| Shelter | \$108 | same |
| Food | $\$ 120$ | same |
| Clothing | \$ 30 | less |
| Transportation | \$137 | same |
| Health Insurance | \$ 27 | more |
| Other Meciical Expenses | \$10 | have not considered |
| Personai Expenses | \$80 | same |
| Education | \$--m | same |
| Recreation | \$600 | more |
| Gifts and Contributions | \$ 39 | same |
| Savings | \$1,000 | less |
| Income Taxes | \$320 | less |
| Memberships | \$15 | less |
| Total: | \$2,486 |  |

Mr. and Mrs. G estimated their total annual gross income expected after retirement as $\$ 14,640$. Neither one indicated what their individual income would be.

The couple estimated that Mr. G would receive $\$ 244$ a month from social security at the death of his spouse. He would also continue to receive his teacher's pension. He would receive a $\$ 1,000$ lump sum insurance benefit ano some funds from the tax sheltered annuity. He would also continue to receive the interest on his securities.

Decisions made About Retirement

When asked what they felt were the most important. decisions about retirement income they could make right nows the couple responded with: find out which options are available in retirement fund usage and to choose a smaller home.

Mr. and Mrs. G have planned to stay in Portland at retirement. They will live together and will live at their present address.

Mr. and Mrs. G have made some decisions atout retirement. They would like to continue to travel. In
fact, they estimated they have spent about $\$ 100,000$ on travel in the last ten years. They stressed the desire not to work after retirenent to avoid a set schedule. They thought they should make some major purchases such as a recreational vehicle. They financially prepared for retirement by participating in an annuity, contributing to teacher's pension programs, and investing in $E$ and municipal bonds.

When asked if there were any decisions they wished they had made earlier about retirement, they replied they wished they had started traveling earlier. They have been anticipating the high retirement income they feel they have and so have not really any concern about making earlier retirement decisions.

Mrs. G indicated she wished she had not taken the year of sabbatical leave as it delayed her qualifying for retirement under state regulations.

Mr. and Mrs. G expressed no concern about planning for their retirement. mas. G planned to retire in 1975 and mr . G retired in 1968.

## Summary Comments

Mr . and Mrs. $G$ were a couple turned on by travel. Apparently they did little traveling until ten years ago. They have quiet tastes and delight in their yard and its flowers but are looking forward to more traveling.

Mr. and Mrs. G have divided responsioility for the family budget. Mr. G has absorbed some of the household duties too as he was retired and Mrs. $C$ was teaching full time. Mr. G uas extremely careful and exact in his answers and Mrs. G seemed to estimete easjly but sought confirmation from ins. C.

Both imr. and mrs. G uere well educated. They had a long residence in their neighborhood and had been
married 25 years. Thair estimated income after ratirement will be fairly low compared to their current income. They live frugally and spend most for travel. As bafits their nearly retired status they werg most concerned with options to using retirement income and in choosing a smaller home.

Mr. and Mrs. H
Age of wife: 54 years
Age of husband: 55 yours
Years married: 25 years
Length of residence in fresent home: 5 years
Eucation of wife: 17 years
Education of husband: 16 years
Number of children: 2
Number of children at home: 0
Employment status of wife: teacher for 12 years
Employment status of husband: instrument technician for chemical company for 28 years
Employment income of wife: \$7,500
Employment income of husband: \$16,500
Primary wage earner: husband
Anticipated age of retirement, $\boldsymbol{\text { ifes }} 555$ years
Anticipated age of retirement, husband: 62 years
Current monthily expenditures: \$840
Expected gross monthly income, excluding social security, after retirement: $\$ 589$

Mrs. $H$ had been a teacher for 12 years. She worked for five years, married and did not work for 18 years while the children were growing up, and returned to teaching. She had now taught for seven years. During the 1974-1975 school year she had worked part time. Thus Mrs. H has held two paying jobs in the last 25 years and has uorked seven out of the last ten years. She saw her job as temporary to meet a current need, but to be terminated when the need was met. Her current need was educational expenses for one child she was helfing with college expenses, Specificaly, she started back to work to purchase their home, continued working to support her children through school and would like to quit now.

Mr. H was an instrument technician for a chemical company. His job involved uatching and regulating dials and switches used in the chemical manufacturing process. He has worked for this company for 28 years with no stopages of work. Mr. $H$ was the primary wage earner.

Mrs. H was 54 years of age and Mr. H was 55. They had been married for 25 years. They began the purchase of their home five years ago. It was located about half a block from a high school, near a park, near business areas and had good public transportation. Mrs. H indicated the neighborhood was exeptionally busy during the school months and that they had purchased the house during quiet summer months. They did not expect to have the house paid for at the time of retirement. Mr. and Mrs. $H$ have lived in Portland for 25 years.

Mrs. H has a master's degree and Mr. H a bachelor's degree. Mrs. $H$ indicated she needed to take education classes to renew her teaching credential. This was another reason she would have liked to retire now. Mr. and Mrs. H were supporting one child through college. Their other child paid his own way through school.

Mrs. $H$ earned between $\$ 6,000$ and $\$ 8,999$ as gross income in 1974. Mr. H earned between $\$ 15,000$ and $\$ 17,999$ as gross income in 1974. This made a total of $\$ 21,000$ to $\$ 26,998$ of total family gross income. The family did not report any income in addition to employment income in 1974.

## Retirement Plans

Mrs. 4 planed to retire at age 55. This was uppermost in her mind but she had not made a definite decision yet. Her husband uould like to retire at 62.

Retirement Income
Both Mr. and Mrs. H were contributing to social security. They both investigated the value of their social security coverage about five years ago but did not remember tha amounts. Neither one of the couple had estimated the amount of social security benefits they would receive at the death of the spouse.

In checking sources of retirement income other than social security there was no idea of real amounts of any item. Both Mr. $H$ and Mrs. $H$ had retirement pensions with their employers but were not able to estimate dollas amounts they would receive each month. It was felt that mr. $H$ would work after retirement as he has ability to do car repair and he could expect to bring in about $\$ 200$ per month from this work. The family had stocks and bonds that would bring in $\$ 14$ per month and mutual funds that earned $\$ 10$ a month. Supposedly these were current income sources although the couple did not report these as current income. Mrs. $H$ had a tax sheltesed annuity which would add $\$ 15$ a month to the family income. Mr. H estimated $\$ 300$ to $\$ 400$ in pension benefits from his employer. Mr. H would also receive about $\$ 50$ in life insurance payments each month. This brought the total family income to $\$ 589$ per month in addition to social security.

## Retirement Budget

When questioned about the family budget, Mirs. $H$ gave most of the responses as she was the one who managed this aspect of the family finances. The monthly budget estimation and ideas about anticipated future expenditures follow.

| Item: | Current <br> financial expenditures: | Anticipated future expenditures compared with present expenditures: |
| :---: | :---: | :---: |
| Shelter | $\$ 195$ | same |
| Food | \$100 | less |
| Clothing | \$ 25 | same |
| Transportation | \$ 40 | less |
| Health Insurance |  | more |
| Other Medical Expenses | \$ 25 | same |
| Personal Expenses | \$ 10 | same |
| Education | \$150 | less |
| Recreation | \$ 50 | same |
| Gifts and Contributions | \$ 20 | same |
| Savings | \$ 25 | less |
| Income Tax | \$200 | less |
| Total: | $\$ 840$ |  |
| * provided by empioyer. <br> Mr. and Mrs. H could not estimate the annual gross |  |  |
|  |  |  |
| income they expect to receive after retirement. Mr. H did |  |  |
| indicate his pension would provide about $\$ 400$ a month or |  |  |
| \$4,800 annually in addition to his social security. |  |  |
| Asked previously about income, Mr. H said he would have |  |  |
| $\$ 574$ to $\$ 674$ a month from various sources and Mrs. H esti mated $\$ 15$ plus an undetarmined amount from the retirement |  |  |
| pension of her employer. If Mr. H, the primary wage |  |  |
| earner, were to die, Mrs. H would receive a $\$ 10,000 \mathrm{G} . \mathrm{I}$. |  |  |
| insurance benefit in a lump sum. |  |  |
| Decisions made About retirement |  |  |
| When asked about the most important decisions |  |  |
| about retirement incone they could make right now, mr. and Mrs. H responded: try to put money away to bring return |  |  |
|  |  |  |
| at retirement, get scme time certificate investment, and buy a car and got it paid for by the time of retirement. |  |  |
|  |  |  |
| Mr. and Mrs. H plan to live in Portiand at their |  |  |
| resent residence after retirement. |  |  |
| Mr. and mrs. H indicated they had not thought |  |  |

much about retirement planning. They obviously have prepared to some extent thecugh participation in a tax sheltered annuity, investment in a time certificate of deposit, and in deciding on a place to live after ratirement.

When asked about any decisions they wish they had made earlier about ratirement, they said none had been made. At second thought they said they wished all their children were independent. Mr. and Mrs. H felt that they should have purchased their house earlier so that it would be paid off at retirement.

Mrs. H indicated she was concerned about financial planning for retirement. Mr. $H$ said he was not concerned. mrs. H said she had first become concerned about a year ago. Both indicated that when the time came they would sit down and figure out their income and just try to live on it. Mr. H has the opportunity to do some planning for his retirement and will learn about retirement in an employee education program about a year before he actually retires.

Mrs. $H$ was questioning whether she actually wants to retire in 1975 at 55 years of age and mr. $H$ was considering retiring in 1981 or 1982 at. age 62.

## Summary Comments

Mr. and Mrs. $H$ have celebrated their silver wedding anniversary. Mr. H has a 28 year record of employment on his job and Mrs. H left work to raise her family before going back to work seven years ago.

They were both educated and were helping one of their children with his education.

Mr. and mirs. H would both like to retire early. Mrs. H was working half time and really wanted to retire this year but could not make the final decision. If they retire early as planned they will be following the trend
toward early retirement.
If Mr. and Mrs. $H$ could have changed decisione or made them earlier, they would have had their children earlier so they would be grown by now. They would have also purchased housing axrlier with the goal of having it paid for by retirement. Their retirement was coming soon and yet they became concerned only recently about the retirement period of their lives.

## V. FINOINGS AND DATA ANALYSIS

## Introduction

In this chapter the researcher presente demographic characteristics of the families and findings with data analysis of information recaived from them. Tables summarizing data from the eight case studies are found in appendix 8 。

## Employment History of the Wives

The employment history of the wives involved in this study had characteristics in common. All the women were home economics teachers, were members of Portland Home Economists in Education, and all were employees of Portland Public Schools. They have all been educated to teach home economics and thus have had home management and family finance courses including retirement planning and financial decision-making. All the wives had roles of wife, mother, and employee.

The mean years of employment as teachers was 16.5 years and the range was 9 to 37 years.

Some of the wives indicated they had not belonged to the teacher retirement system for the same period of time as they had been teaching. When a wife worked in another state or had taken time off from teaching to raise a family, she often withdrew her accumulated benefits. This necessitateo rejoining the retirement system and starting over again at the beginning of the next period of employment. The wives had contributed a mean of 12.6 years to the teacher retirement systen and had a range of 6 to 26 years of contributions.

Seven wives indicated they had experienced regular employment during the last ten years. Only one indicated
she had usually been employed. Two wives indicated they considered their jobs as tomporary, to meet a current need but would stop warking when the need was met. No one indicated their job was temporary until a better job could be obtained. The remaining six felt that teaching was a lifetime career to be continued until retirement. Five wives were planning to retire at a later date than their husbands.

Three of the eight wives were primary wage earners for their families. In one case the wife earned more than the husband who had aiready retired.

## Employment History of the Husband

Husbands were found to be the primary wage earner in four families. Where the husband was primary wage earner, the wife in two cases was only working half time. This pattern may indicate that the uives 54 to 65 years of age chose a decreased work load because they had less need for money while the husband was at his paak of earning power. They may also have had decreased energy and a desire for a lighter work load. Comments by the wives during interviews supported this statement.

The husbands reported occupations were: repairman for an electrical manufacturing company, securities broker and salesman, materials analyst for a manufacturing company, bujlding contractor, certified public accountant, teacher, retired teacher, and instrument technician for a chemical manufacturing company. The mean income of the men was $\$ 12,375$ in 2974.

Husbands in this sample averaged 23.6 years in their present jab. The average number of jobs held by the husbands during the last 25 years was 2.5 jobs.

Comparatively, the wives averaged 2.8 jobs in the last 25 years.

## Ages of Respondents

The ages of wives ranged from 40 to 62 years and the ages of the husbands ranged from 45 to 70 years. The mean age of the wives was 52.25 years of age and the mean age of the husbands was 55 years of age.

The families were classified by the wife's ages into categories of 40 to 53 years and 54 to 64 years with the means of these groups 47.37 years and 59.87 years of age respectively.

## Marital Characteristics

Six of the respondents had celebrated their silver wedding anniversaries. The length of marriages was another indication of the stability of these middle-aged couples who had been mariied a mean of 26.25 years. From comments made to each other and shared information, the researcher assumes these couples were experiencing successful marriages that may be expected to continue in the future.

## Residential History of Respondents

Seven respondents will have their homes paid for by the time of anticipated retixement. Three families owned properties they were currently using for recreational purposes and figured these into their retirement residence plans. One family that had not previously agreed on where to live after retirement got into a hsated discussion on this choice but could not agree upon a decision about retirement living.

Seven homes where the families lived were in desirable areas of greater metrapolitan fortiand, only one home was in an area that was begłnning to deteriorate. Five of the homes were older, over fhirty years, but three were newer. All families seemed to take pride in interiors and in decor and landscaping. They considered their homes to be convenient to work, to public transportation, and to recreation.

Generally the families had established a long record of residence in Portland at their current address. The younger families had a range in years of residence of 12 to 16.5 years at their present address with a mean of 14.62 years. The older families had a range in years of residence of 5 to 24 years at their present address with a mean of 15.5 years. It was interesting to note that the difference in mean residence at the present address was so little.

None of the respondents indicated they would live with anyone other than their spouse at retirement. In fact any mention of future incapacity or need for reliance on other adults, friends, or children was strictly avoided. When asked to respond to whether they would live with or be supparted by their children, the respondents laughed and said they would most likely still be helping their own children.

## Levels of Education

In order to mainiain their teaching credentials and keep their jobs teachars have to continuously seek further education. Courses beyond the bachelor's degree do not always lead to an advanced degree. In thjs study 45 term hours of credit beyond the bachelor's degrse counted as one adritional year of education. One hus~ band had only a high school diploma and two husbands hed
attended college but had not completed a degree. Three husbands had a bacheicr's degree and two husbands had a master's degree.

The mean level of education of the wives was 17 years. All had completed a bachelor's degree. The mean level of education of the husbands uas 1.5 .63 years. The group mean level of education was 16.25 years for husbands and wives. Education ranged from a high school diploma to a master's degree with 100 hours of credit in additional work.

The educational levels attained were above the mean for the population of 12.3 years. (25:116) However, this study does not show a high incidence of decisionmaking or awareness of decisions made or decisions that need to be made regarding financial planning for retirement.

## Dependents of Respondents

Four families had a total of six children living at home with an average of 1.5 children per family. Five of the eight families were providing financial support for children away from home. Three of the eight families had independent children.

Three families were helping four children with college expenses. The only other major current expenses attributed to children were orthodontic bills in two families and one family indicated they had paid for a wedding recently.

A total of 14 children were still supported by the eight families. Six were totally supported and eight were living away from home but were receiving financial support. Thus, freretirement time would seem to still be a period when children are supported.

No other dependents resided in the nomes. Other
than financial aid to children, the families appeared free of financial responsibility to persons other than themselves. All families indicated their children should be independent ty the time of retirement and consequently would not be in need of further financial aid.

There was no reported consideration of futura needs for the families to support an older parent. At least they were not preparing for such an eventuality nor did they indicate they would ever need to be supported by their own children. This is an covious area for further research regarding financial planning for retirement.

## Income

Gross employment income for 1974 ranged from under $\$ 3,000$ to $\$ 17,999$, for the wives with a mean of $\$ 10,500$. Gross employment income for 1974 ranged from $\$ 6,000$ to $\$ 20,999$ for the men with a mear of $\$ 12,375$.

Three of the eight families indicated they had income in addition to employmert. income in 1974. The sources of this income were savings, rental property, dividends, and interest. The amounts varied from \$l,000 to $\$ 25,000$ in 1974 , with a mean of $\$ 10,267$ for all income received. The mean additional income for the eight families was $\$ 3,850$ for 1974.

The financial status of the individuals appeared to be higher than Bureau of Census medians in 1972 for families where both husband and wife worked. Families between 35 and 44 years of age had a median income of $\$ 15,548$, familias between 45 and 54 years of age had a median income of $\$ 16,929$, and families between 55 and 65 years of age had $\$ 15,408 .(25: 388)$ The mean income for families in this study was $\$ 22,875$.

Monthly investments in pensions, social security, annuity, and savings were part of each family's bưget.

These families who were approaching retirement seemed to consider the liquidity of their resources.

## Age of Retirement

The mean age for the seven women who had plannad their retirement was 59.9 years of age. Two of the husbands in this sample had already retired, one fully and one semiretired. The mean anticipated age at retirement was 62 years for the remaining five men who knew when they wanted to retire.

In comparison, the earliest anticipated year planned for retirement was 1975 for women and 1980 for men who ware not retired. The latest anticipated year planned for retirement was 1987 for women and 1988 for men. Thus, in this sample, individuals will retira between 1975 and 1983, a pericd of 13 years. In most cases the women plan to retire after their hustands. of course two men were already retired. Counting this fact, four of the eight women indicated they would retire after their husbands. These families indicated they were planning to follow the current trend for earlier retirement in the United States,

## Sources of Retirement Income

All husbands and wives indicated they expected to receive social security as a sourca of retirement income. Since both husbands and wives worked there were more options for retirement income. Often both members of the family expected to have a pension from their employment in addition to social securily. Each of the vives was enrolled in the teacher retirement program. The two husbands who were teachers also had teacher retirement. Two of the husiands did not have an empioyer pension plan; howover one had a personal pension plan. The remainder of
the husbands had pension plans with their employer.
Three of the wives and five of the husbands indicated they expected eo be employed though retired. Seven families said they would have some insurance benefits. Six families had plarined to utilize income from annuities. Four families planned en some income from real estate investments. Seven families had stocks and bonds that would bring income and two individuals had invested in mutual funds.

Teachers are eligible for enrollment in a tax sheltered annuity program. Six of the wives indicated they participated in a tax sheltered annuity program. One husband and wife indicated they would receive veteran's benefits after retirement.

None of the respondents indicated they expected to receive support from children. In all responses in this study there seemed to be a spirit of self-reliance. No one thought of being dependent at any time.

Sources of anticipated retirement income other than social security ranged from three to eleven with a mode of six sources.

Most of the respondents indicated there were some sources of income for which they could not estimate specific amounts of future benefits at this time. These usually fell into a category where total benefits accrued over a period of time and actual benefits could not be calculated until the date of retirement.

At the time of the interviews, the researcher included money income from assets held in common with the husband's anticipated amounts of monthly income for use at retirement. Where possiole the other income was assigned to the wife or husband. The youngest couple in the study could rot estimate what their future income would be. The oldest couple knew just about to the penny how much their retirement income would be。

## Anticipated Annual Gross Incone After Retirement

Six of the families in the study were able to estimate their annual gross incone for retirement. One family declined to give the information and one family had not considered their ietirement ir:come. The mean annual income of the remaining six families was \$12,901, well above the $\$ 8,043$ for the higher level budget of the Bureau of Labor Statistics budget for a retired couple for 1973. This would be a mean monthly income of $\$ 1,075$ as compared with the Bureau of Labor Statistics budget figure of $\$ 670$ for a month. (22:57)

The estimated anticipated annual gross income after retirement figures may not agree with the amounts of income estimated from sources of retirement income. This is because the annual gross income estimate was asked for at another time in the interview and was asked for in a lump sum which is sometimes harder for the respondent to be accurate in estimating.

The mean estimated income by the younger families was $\$ 11,900$ compared to $\$ 13,903$ for older families. However, the younger families may not have all the resources they may have eventually.

The mean monthiy income excluding social security for the six families who were able to make estimates was $\$ 1,052$ a month with an annual income of $\$ 12,624$. The average anticipated monthly income of the 40 to 53 year old age group was $\$ 986$ for the three families reporting and $\$ 1,118$ for the 54 to 65 age group for the three families reporting. These figures are relative due to the problems people had with amounts of benefits they could not or would not estimate.

The 40 to 53 age group with their mean total annual jncome of $\$ 11,832$, excluding social security, was Jower than the mean total annual income of the 54 to 65
age group's $\$ 13,416$. The reasen for the difference could be attributed to the actual commitment of the older group of families to working toward financial security as they near the time of retirement.

The mean annisal current financial expenditures for the eight families was ${ }^{*} 18,900$. The minimum mean family employment income was $\$ 19,875$ and the maximum mean family employment income was $\$ 25,498$. With additional family income these totals adjusted to $\$ 23,725$ and $\$ 29,348$ respectivaly.

## Current Financial Expenditures and

## Anticipated Expenditures After Retirement

Families in this sample were asked to estimate their current. financial expenditures in the categories of shelter, food, clothing, transportation, health insurance, other medical care, personal expenses, education, recreation, gifts and contributions, savings, income taxes, and other expenses. They were then asked to indicate whether their expendi.tures after retirement would be the same, more, less, or had they not considered the difference between current and anticipated expenses. Table I gives the mean current expenditures for the different expenditures by age groups and the mean for the total group.

Table I. Mean current expenditures for oight families by age group and type of expenditure.

| Type: | Mean in dollars: |  |  |
| :---: | :---: | :---: | :---: |
|  | 40-53 age graup: | 54~65 age group: | All <br> families: |
| Shelter | \$ 190 | \$ 163 | \$ 177 |
| Food | 144 | 168 | 156 |
| Clothing | 44 | 26 | 35 |
| Transportation | 198 | 113 | 155 |
| Health Insurance | 24 | 38 | 31 |
| Other Medical Expenses | 36 | 18 | 27 |
| Personal Expenses | 37 | 31 | 34 |
| Educational | 131 | 44 | 88 |
| Recreational | 66 | 193 | 129 |
| Gifts and Contributions | 83 | 41 | 62 |
| Savings | 163 | 579 | 371 |
| Income Taxes | 340 | 257 | 304 |
| Other | 88 | 4 | 46 |
| Totals: | \$1,544 | \$1,675 | \$1,615 |

In Table II, the surrent monthly expenditures are given for each fanily by type of expenditure.

Table Il. Current monthly expenditures of eight families by type of expenditure.
Type: Dollers by family:

|  | A | 日 | C | D | $E$ | F | G | H |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Shelter | 170 | 190 | 150 | 250 | 200 | 150 | 108 | 195 |
| Food | 120 | 130 | 75 | 250 | 300 | 150 | 120 | 100 |
| Clothing | 50 | 40 | 50 | 35 | 30 | 20 | 30 | 25 |
| Transportation | 100 | 175 | 240 | 275 | 150 | 125 | 137 | 40 |
| Health Insurance | 1 | 16 | 45 | 36 | 105 | 15 | 27 | 1 |
| Other Medical Expenses | 75 | 10 | 15 | 45 | 25 | 10 | 10 | 25 |
| Personal <br> Expenses | 50 | 32 | 50 | 15 | 20 | 15 | 80 | 10 |
| Education | 20 | 125 | 350 | 30 | 10 | 15 | 0 | 150 |
| Recreation | 120 | 70 | 50 | 25 | 100 | 20 | 600 | 50 |
| Gifts and Contributions | 150 | 100 | 50 | 30 | 80 | 25 | 39 | 20 |
| Savings | 50 | 200 | 150 | 250 | 40 | 1,250 | 1,000 | 25 |
| Income Taxes | 200 | 300 | 260 | 600 | 2 | 250 | 320 | 200 |
| ```Tota1: $1,105 1,3891,4851.841 1,060 2,045 2,471 840 totai paid by employer 2 information uithheld``` |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

Table III gives the anticipated change in types of expenditures for the families.

Table III. Anticipated variation in expenditures after retirement of eigtit families with current expenditures.

| Type: | Estimated change by family: |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | A | 8 | C | D | $E$ | F | G | H |
| Shelter | same | lass | more | * | less | more | same | same |
| Food | less | less | less | * | less | more | same | less |
| Clothing | same | less | less | * | less | more | less | same |
| Transportation | same | less | less | * | less | more | same | less |
| Health Insurance | more | more | less | * | less | more | more | more |
| Other <br> Medical <br> Expenses | more | more | less | * | more | same | * | same |
| Personal Expenses | same | less | more | * | less | same | same | same |
| Education | less | less | less | * | less | same | same | less |
| Recreation | more | more | same | * | less | more | more | same |
| Gifts and Contributions | same | same | same | * | less | same | same | same |
| Savings | same | less | more | * | * | same | less | less |
| Income Taxes | less | less | less | * | * | more | less | less |

* Expenditures have not been considered


## Benefits at the Death of the Primary Wage Earner

Only one family could not estimate the benefits they would receive at the death of the primary wage earner. All the other families indicated they would receive benefits from some kind of insurance. Benefits ranged from
\$1,000 for one family to \$40,000 for another family. The seven families had a mean of $\$ 13,256$ in insurance benefits. Dther sources of benefits at the death of the primary wage earner were real estate, annuities, income from rentai property, stocks, and bonds. The mean death benefits for the younger families sas 316,333 and the mean death benefits for the older families was $\$ 12,667$.

## Residence at Retirement Decisions

Five of the eight families have decided on the residence they want to live in at retirement. Six planned to live in Portland after retirement. Other alternatives chosen included a rural area in Oregon for two families. One family indicated they would travel extensively. Half the families wanted to stay in their present residence and one family wanted to mave to a smaller home. No one indicated they expected to live with others or to have others live with them.

The older families had often considered where they would reside after retirement. One family regretted not having purchased a smaller home and almost all couples mentioned they might be able to get along with less space and would solve this by moving or shicting off part of their present home. Most people wanted to keep their present home. Families who had established recreation hames planned to utilize them more after retirement. Seven families anticipated having their home completely paid for by retirement.

Uhen questioned about the length of time the families hac lived in Portland the following information emerged. The younger families had lived in Portland an average of 19 years, the oldar families an average of 28 years, and the total group mean was 24 years. One family
moved from a house across the street from their present home. The mean length of residence in their home for the younger group was 14.6 years and for the older group, 15.5 years.

## Concern Abnut Financial Dlanning for Retirernent

The general feeling of self-confidence about the retirement period impressed the researcher the most. Five of the families did say they were concerned about financial planning for retirement and three of these were younger families. However, the researcher felt the indications of concern were not strong. In fact, there were indications that the families had not much thought about finaricial planning for retirement.

## VI. SUMASAY AND CONCLUSIONS

This chapter contains the summary, limitations of the study, generated hypotheses, and recommendations for further research.

## Summaxy

Methodology
This study explored the financial decisionmaking about retirement of eight middle-aged families living in the greater metropolitan area of Portland, Oregon. A random sample was drawn from the Portland Home Economists in Education directory listing 88 home economics teachers. The husbands and wives were interviewed in April and May 1975. Financial data were given for current expenditures and for 1974. Case studies were uritten about each family. Data received were analyzed about retirement planning.

The sample consisted of eight families: four families with the uife between 40 and 53 years of age and four families with the wife between 54 and 65 years of age. Criteria for the families were: that they meat age qualifications, they were parents, the wife was a home economics teacher employed by Portland Public Schools, they were currently married, and they were willing to participate.

An interview guido was used to record the interview data. Interviews averane one and one half hours.

## Findings

Families ueze divided into two age groups. The mean age of the group 40 to 53 years of age was 47 years, and of the group 54 to 65 years, 60 years. The total sample had a mean age of 54 years. in five families
the husband was primary wage earner. The mean years of employment for husbands anc wives uas 20 years. Husbands and wives together had held an average of three jobs each in the last 25 years. The wives had been employed a mean of 16.5 years as teachers and trie husbands an average of 24 years on the job. Six wives considered teaching a lifetime carear to be continued until retirement.

The mean years of marriage was 26 years for the eight couples and they averaged 15 years at their current address. Four families had children living at home; houever, families averaged 2.25 children. No other dependents resided in the home.

The couple's mean education level was 16 years, the wives 17 years, and the husbands 15 years.

Gross annual employment income mean was $\$ 22,875$ for all the families. With the addition of income from investments, the mean income increased to $\$ 26,725$ in 1974.

The average age of planned retirement for all individuals was 60.3 years. The mean age for planned retirement for the wives was 60 years and for the husbands, 61 years.

Hilf the families had estimated their social security benefits at retirement but six had not estimated the amount of benefits they would receive at the death of their spouse.

Most families indicated there were some sources of income for which they could not estimate specific benefits. The mean monthly income excluding social security for six families reporting was $\$ 1,052$. Estimated income at retirement mas $\$ 12,901$ annually or a monthly income of $\$ 1,075$ for their retirement years. The mean income estimated by the younger families was $\$ 11,900$ and the mean annual income estimated by the older families was \$13,903.

The mean current financial expenditures for the eight families was $\$ 1,575$ a month. The four younger families spent a mean of $\$ 1,517$ a month and the four older families, $\$ 1,608$ a month. Specific categories of the budget were calculated. Expenditures per month follow: shelter $\$ 177$, food $\$ 156$, clothing $\$ 35$, transportation $\$ 155$, health insurance and other medical costs $\$ 58$, personal expenses $\$ 34$, educational expenses $\$ 88$, recreation $\$ 129$, gifts and contributions $\$ 62$, savings $\$ 371$, income taxes $\$ 304$, and other current expenditures $\$ 46$.

Seven families estimated benefits they would receive at the death of the primary wage earner.

Five of the families said they were concerned about financial planning for retirement. The husband and wife shared concern in three families.

Families in the older age category, 54 to 65 years of age were hardest to obtain, refused more often, and were the hardest to get to answor questions.

In general, the families in this study seemed to have done little planning or decision-making about retirement. They anticipated adequate incomes after retirement but it was a matter of two income familiss and chance investment over a period of many years that enabled this level of financial security, Some families did make plans for retirement but most decisions appeared to have been made to improve present quality of life and to also provide future tenefits.

Expectations for expenditures after retirement were so varied that no general pattern emerged.

## Limitations of study

Data received at the interviews was as accurate as it was possible to get from the families. The families usad records of financial expenditures when available but most answers were estimates.

The sample for this investigation was confined to subjects who were currently employed as home economics teachers by Portland Public Schools, Portland, Oregon, were married, were parents, and were residents in the greater Portland metropolitan area.

The case study approach is limited to the cases in this study, but can give a basis for making in depth studies of a large sample of people.

## Hypotheses Generated

In analysis of the findings of this study regarding financial decision-making about retirement, the follouing hypotheses were generated for future research.

1. Middle-aged families are unsure of changes in financial needs they will face after retirement.
2. As the family income increases, irivestments that wijl bring financial return during retirement increase.
3. Middle-aged individuals do not consider financial needs beyond the first stage of retirement. 4. Middle-aged families do not make written financial plans for current expenditures or for retirement expendituzes.
4. Middle-aged individuals do not know approximate benefits they will receive from social security nor have they sought further information about their social security benefits.
. 6. People 54 to 65 yeare of age do more financial planning and implementing of plans for retirement than do people 40 to 53 years of age.

## Recommendations for Further Research

Middle-aged individuals and families have difficulty in readly understanding what they have done, are doing, or plan to do regarding financial decision-making for retirement. Further research is needed to understand fully why these problems exist. A more in depth investigation of almost any facet explored in this study would help identify patterns and underlying problems about retirement planning.

In order to assist middle-aged individuale with retirement planning, and to help couriselors of middle-aged persons in advising, designing planning aids and in developing educational programs, further research in areas explored by this study are recommended.

Analysis of the extent and kinds of decisions made at middle-age in looking toward retirement planning should be valuable.

None of the families in this study indicated they were supporting aged parents or that they expected to be supported by their oun children. A longitudinal study would give a picture of what really happens in the life span. The retirement period could be studied in stages which might be early, middle, and later years of retirement.

A comparison of actual sources of income before retirement with anticipated and actual resources during retirement would add to knowledge in this area. Comparison of size of income with investment in pensions, social
security, annuities, savings, and dther sources of income in retirement would complete tin picture.

A study identifying the primary mage earner in each stage of the family life cycle would be useful. Problems that result or decisions made might be helpful.

This study could be replicated utilizing families with one wage earner. Longitudinal studies regarding financial decision-making and retirement would be helpful in understanding planning for retirement.

1. Bell, Bill D. The Family Life Cycle, Primary Relationships and Social Participation Patterns. The Gerontologist. Volume 13, Number l, Spring, 1973. pp. 78-81.
2. Burka, Margurite. Dn The Need For Investment In Human Capital For Consumption. Journal of Consumer Affairs. Volume 1, Number 2, Uinter 1967. pp. 122-138.
3. Brackett, Jean. Urban Family Budgets Updated to Rutumn 1973. flonthly Labor Review. Volume 97, Number 8, August, 1974. pp. 57-62.
4. Buckley, Josepin C. and Schmidt, Henry. The Retirement Handbook. Harper and Row, Naw York, 1971.
5. Cochran, W. and Bell, Carolyn. What is Consumption Economics. The Economics of Consumption. McGrawHill, New York, 1956.
6. Cooley, Leland Frederick and Cooley, Lee Morrison. How to Avoid the Retirement Trap. Nash Publishing, Los Angeles, 1972.
7. Report of the Committee on Research and Development Goals in Social Gerontology of the Gerontological Society. Economics of Aging. Gerontologist. Volume 5, Number 4, Part 2, Spring 1971. pa. 65-79.
8. Emerson, Marian Ruth. "Relationship of Family Economic Help Patterns to Specific Family Characteristics." Ph. D. dissertation, Michigan State University, 1970.
9. Field Minna. The Aged, The Family, and The Community. Columbia University Press, New York, 1972.
10. Goldfarb, Alvin I. Psychodynamics and the Three Generation Family. In Shanas, Ethel and Streib, Gordon F., Social Structure and the Family: Generational Relations. Prentice Hall, Englewood Cliffs, N. J., 1965.
11. Gross, Irma H., Crandall, Elizateth, and Knoll, Marjorie. Management for Modern Families. Appleton-Century-Crofts, New York, 1973.
12. Kirkpatrick, Elizabeth Kreitler. The Retirement Test: fn International Study. Social Security Bulletin. Volume 37, Number 7, July 1974. pp. 3-16.
13. Kreps, Juanita M. Emplayment, Income and Retirement Problems of the Aged. Duke Univarsity Press, Durham, North Carolina, 1963.
14. Monk, Abraham. Factors in the Preparation for Retirement by Middle-Aged Adults: A Comparative Study of Organizational Influerice on Attitudes and Planning for Post-Retirement Life. Gerontologist. Part 1 , Uinter, 1971. pp. 348-351.
15. Monroe, Day. Pre-Engel Studies and the Work of Engel: The Origins of Consumption Research. Home Economics Research Journal. Volume 3, Number 1, September 1974. pp. 43-63.
16. Oppenheim, I. Management of tha Modern Hone. MacMillan Co., New York, 1972.
17. Peckman, Joseph A. Social Security: Perspectives for Reform. The Brookings Institute, Washington, D. C., 1968.
18. Pulley, Mary Ann. "Finaricial Management Practices of a Selected Group of Retired Couples." Master's thesis, Oregon State University, 1973.
19. Rubin, Leonard. Economic Status of Black Parsons: Findings from Survey of Neuly Entitled Beneficiaries. Social Security Builetin. Volume 37, Number 9 , September 1974. pp. 16-35.
20. Scott, Frances G. and Brewer, Ruth M., Editors. Perspectives In Aging I Research Focus. Continuing Education Puolication, Oregon State University, Corvallis, Oragon, 1971
21. Selltiz, Claire, Jahoda, Maria, Ueutsch, Morton, Cook, Stuart. Research Methods in Social Relations. Hoit, Rinehart, and Winston, New Yoak. 1959.
22. Sheruood, Mark K. Retired Couple's Sudgets Updated to Autumn 1973. Monthly Lator Review. Volune 97. Number 10, Octooer. 1974. pp. 57-61.
23. Simos, Bertha Goldfart. "Intergenerational Relations of Middie-Aged Adults Wich Their Aging Parents." Ph. D. dissertatior, Univasisity of. Southern California, 1969.
24. Thal, Kelen $M$. and Holcombe, Melinda. Your Family and Its Monay. Houghton Mifflin Co., Boston, 1973.
25. U. S. Bureau of the Census. Statistical Abstract of the United States: 1974. 95th Edition, Washington, D. C., 1974.
26. U. S. Bureau of the Census. We The Elderly American. No. 10 in a series of reports from the 1970 Census. June 1973. lá unnumbered pages.
27. U. S. Department of Health, Education, and Welfare. Your Social Security. No. (SSA)73-10035, November 1972. pp. 8,9.
28. U. S. Department of Health, Education, and Uelfere. Your Social Security Earnings Record. SSI-44, February 1974. p. 6.
29. U. S. Department of Labor. Autumn 1972 Urban Family Budgets and Comparative Indexes for Selected Urban Areas. Mimeograph, Sureau of Labor Statistics, San Trancisco, California, 1972. 18 pages.

APPENDICES

## Informed Consent

Thank you for consenting tis be interviewed. As I stated in my phone eall to you, this study will be used to investigate financial planning of middle-aged families about retirement. The information $I$ am collecting will be used for statistical purposes only and you will not be identified in any way in the study. The interview will consist of questions concerning your financial planning about retirement and general questions about yourself. You do not have to ansuer any questions that you feel infringe upon your privacy.

If you have any questions upon completing our interview, I will be happy to discuss them with you. You are also welcome to call my advisor, Dr. Martha f. Plonk, at Oregon State University, Corvallis, Oregon, 754-1992 for further information about the study.

## Interview Number

$\qquad$

1. To the wife:

How many years have you been a taachar? __ years
How many years have you been in the teacher retirement system" __ yeare
How nany jobs heve you held in the last 25 years? jobs
Has your employment been regular in the last 25 years? _ yes _un usually
Do you see your job as:
temporary to meet a current need, but to be terminated wher the need is met, temporary, until a better job can be obtained; or a lifetime career to be continued until retirement.
2. To the husband:

What is your occupation?
How many years have you been on the present job? years
How many jobs have you held in the last 25 years? jobs
Has your employment been regular in the last 10 years? _ yes __ no usually
3. Who is the primary wage earner in your family? wife
4. What is your age? years. What is your spouse's age? _years.
5. Hou long have you been married? ___ years
6. How long have you lived at your present address? years
Do you oun your own home? __ yes no
If you own your oun home will it be paid for by the time you retire? ___ yo yo
7. How long have you lived in this city? years
8. What is the highest level of education you have completed?

What is the highest level of education your spouse has completed?
9. How many children do you have living at home now? children

How many children do you have living away from home? __ children

Briefly descirbe the financial care you give or have arranged for them:

Are there others living in your home? __ yes no
Briefly describe future care you have arranged for them:
10. (Show card with following information, then record answer)
Check your gross employment Check your spouse's income before deductions in gross employment income 1974. (Check one)
$\quad$ less than $\$ 3,000$
$-\$ 3,000-5,999$
$-\$ 6,000-8,999$
$-\$ 9,000-11,999$
$-\$ 12,000-14,999$
$-\$ 15,000-17,999$
$-\$ 18,000-20,999$
$-\$ 21,000-23,999$
$-\$ 24,000-29,999$
$-\$ 30,000-35,999$
$-\$ 36,000$ or more before deductions in 1974. (Check one) less than \$3,000

- 3,000-5,999

66,000-8,999
\$12,000-14,999
\$15,000-17,999
\$18,000-20,999
999
24, 000-29,999
$\$ 36,000$ or more

- $\$ 3,000-5,999$
\$6,000-8,999
\$9,000-11;999
\$12,000-14,999
\$15,000-17,999
\$18,000-20,999
\$21,000-23,999
\$24,000-29,999
\$30,000-35,999
$\$ 36,000$ or more

11. Did you and/or your spouse have income in addition to your employment income in 1974 ? $\qquad$ yes no
If yes, will you please give the source and amount of income for 1974. Sources

Amount of Gross Income in Dollars

12. At what age do you plan to retire? $\square$ years of age. At what age does your spouse plan to retire? years of aga.
13. Are you contributing to suciai security? yes __ no ___ not sure
is your spouse contributing to social security? __yos ._._no not sure
14. Have you estimated the amount of social security benefits you will receive at retiroment?
__ yes ___ no
Have you estimated the amount of social security benefits your spouse will receive at retirement?
yes _no
Have you estimated the amount of income from social security you will receive upon the death of your spouse? _yes no
Has your spouse estimated the amount of social security benefits he will raceive upon your death?
yes
no
15. (Show card with following question, then record enswer)
Social security benefits may be the basis for your retirement plan. What other sources are you planning to use for retirement jincome?
Please check sources you plan to use.
$\qquad$ retirement pension


Spouse's of employer personal pension plan employment
life insurance real estate stocks and bonds mutual funds annuity tax sheltered annuity veteran's benefits support funds from your children Please list other anticipated sources
$\qquad$

$\frac{8}{5}$
16. (Show card with following information, then record answers)
Please fill out the follouing question to compare your current financial expenditures with your anticipated financial expenditures after retirement. In projecting future expenditures, keep in mind how many people will be living in the household after you retire. Please circle the answer which best represents how your projected expenditures compare to current expenditures.

| Item: | Current financial expenditures: | (Circle statement below that gives how your anticipated future expenditures compare with your present expenditures) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Shelter | \$ | same | more | less | unknown |
| Food | $\$$ | same | more | less | unknown |
| Clothing | \$ | same | more | less | unknown |
| $\begin{aligned} & \text { Transpor- } \\ & \text { tation } \end{aligned}$ | \$ | same | more | less | unknown |
| Health <br> Insurance | \$ | same | more | less | unknoun |
| Other Medical Care |  | same | more | less | unknown |
| Personal Expenses | \$ | same | more | less | unknown |
| Education | \$ | same | more | less | unknown |
| Recreation | \$ | same | more | less | unknown |
| Gifts and Contributions | \$ | same | more | less | unknown |
| Savings | \$ | same | more | less | unknown |
| Income Taxes | S | same | more | less | unknown |
| Other | $\$$ | same | more | less | unknown |
| Total | \$ |  |  |  |  |

17. To the best of your knowledge estimate the annual gross income you sxpect to receive after retirement. Your income \$ cannot estimate Your spouse's ineome \$ cannot estimate $\qquad$
18. To the best of your knowledge estimats the benefits that the survivor would reveive at the death of the primary wage earnar.

Source


19. What do you feel are the most important decisions about retirement income that you can make right now?
20. Have you planned where you will live upon retirement? yes __ no
If yes plese check whare you will live upon retire-ment.

Community in Portland
__another city in Oregon a rural area in Oregon another state retirement community or city like King City other

Family Composition upon Retirement with nusband with a child with a grandchild with other adult relative uith other adult, not a relative
21. List the decisions you have made about retirement.
$\qquad$
$\square$
-


22. Pre there any derisions you wish you had made earlier about retirement?
$\qquad$ $\square$
$\qquad$
$\qquad$
23. Are there any decisions you have made that you wish you had not made about retirement?
$\qquad$
$\qquad$
$\qquad$
$\qquad$
24. Are you concerned about financial planning for your retirement?
yes
If yes, when did you first become concerned about financial planning for your retirement?
25. Who first became concerned about financial planning for retirement? _you your spouse
26. What year do you plan to retire?


What year does you spouse plan to retire?

APPENDIX B

Table 81. Years of employment as a teacher by eight wives.
Wife -40 to 53 years Wife -54 to 65 years

| Family | Years | Family | Years |
| :---: | :--- | :---: | :--- |
| A | 13 | E | 9 |
| B | 16 | F | 17 |
| C | 14 | G | 37 |
| D | 14 | $H$ | 12 | Mean: 16.5 years as a teacher

Table 82. Years wives participated in the teacher retirement systemi.
Wife-40 to 53 years
Wife-54 to 65 years

| Family | Years | Family | Years |
| :---: | :---: | :---: | :--- |
| $A$ | 10 | $E$ | 6 |
| $B$ | 12 | $F$ | 14 |
| $C$ | 14 | $G$ | 26 |
| $D$ | 13 | $H$ | 6 |
| Mean: 12.4 years | Mean of all wives: | 12.6 years 13 years |  |

Table B3. Numbers of jobs held in the last 25 years.

| Family | Uife | Husband |
| :---: | :--- | :--- |
| A | 3 | 1 |
| B | 5 | 4 plus part time work |
| C | 2 | 4 |
| D | 3 | 6 |
| E | 3 | 1 plus frivately con- |
| F | 3 | 1 tracted work |
| G | 1 | 2 |
| $H$ | 2 | 1 |

Table 84. Number of years at present address of sight families.


Table 85. Educational level of eight husbands and eight wives.


Maan numerical years of education for husbands:

Table 日6. Length of marriages of eight couples.

| Family: | Years married: | Fanily: | Years married: |
| :---: | :--- | :---: | :--- |
| A | 23 years | $[$ | 35 years |
| B | 25 years | $F$ | 34 years |
| C | 26 years | $[$ | 25 years |
| D | 17 years | $H$ | 25 years |
|  | mean length of marriages: | 26.25 years |  |

Table B7. Gross annual employment income of eight families.

| Family: | Incomes of <br> Uives: | Incomes of <br> Husbands: | Total Employment <br> Income: |
| :---: | :--- | :--- | :--- |
| A | $\$ 13,500$ | $\$ 10,500$ | $\$ 24,000$ |
| B | $\$ 10,500$ | $\$ 19,500$ | $\$ 30,000$ |
| C | $\$ 13,500$ | $\$ 7,500$ | $\$ 21,000$ |
| D | $\$ 10,500$ | $\$ 10,500$ | $\$ 21,000$ |
| E | $\$ 4,500$ | $\$ 10,500$ | $\$ 15,000$ |
| F | $\$ 7,500$ | $\$ 13,500$ | $\$ 21,000$ |
| G | $\$ 16,500$ | $\$ 10,500$ | $\$ 27,000$ |
| H | $\$ 7,500$ | $\$ 16,500$ | $\$ 24,000$ |

Mean income for wives: $\$ 10,500$
Mean income for husbands: $\$ 12,375$
Mean income for families: $\$ 22,875$

Table 88. Total annual income for three families with reported additional sources of income in 1974.

| Family:Total employment <br> income: | Additional <br> income: | Total income: |  |
| :---: | :--- | :--- | :--- |
| B | $\$ 30,000$ | $\$ 1,000$ | $\$ 31,000$ |
| $F$ | $\$ 21,000$ | $\$ 25,000$ | $\$ 46,000$ |
| $C$ | $\$ 27,000$ | $\$ 4,800$ | $\$ 31,800$ |
| Mean additional income for all families: $\$ 3,850$ |  |  |  |

Table B9. Anticipated age of retirement of eight families.

| Family | Hife | Husband |
| :---: | :--- | :--- |
| A | 62 | 56 |
| B | 58 | 62 |
| C | 55 | 65 |
| D | did not know |  |
| E | 65 | 65 |
| F | 62 | $62^{1}$ |
| G | 62 | $65^{2}$ |
| $H$ | 55 | 62 |

Mode for retirement age of women: 62 years of age. Mode for retirement age of men: 62 or 65 years of age. Mean retirement age anticipated by women: 59.9 years. Mean retirement age anticipated by men: 60.75 years. Mean retirement age anticipated by individuals: 60.3 $\overline{1}$ semi-retired 2 retired

Table 10. Anticipated years of retirement for eight families.

| Family | Uife | Husband |
| :---: | :--- | :--- |
| A | 1985 | 1980 |
| B | 1987 | 1987 |
| C | 1981 | 1988 |
| D | did not | know |
| E | 1981 | 1980 |
| F | 1977 | 1975 |
| G | 1975 | 1968 |
| H | 1975 | 1981 |

Table Bll. Estimation of social security benefits made by eight familiss.
Family: Estimation of social security benefits due at retirement:
Wife: Husband:
Have made an estimation of social security beriedue spouse at your death. Uife:

Husband:

| A | yes | yes | no | no |
| :--- | :--- | :--- | :--- | :--- |
| B | yes | yes | yes | yes |
| C | no | no | no | no |
| $D$ | no | no | no | no |
| $E$ | no | no | no | no |
| F | no | yes | no | yes |
| G | yes | yes | no | no |
| $H$ | yes | yes | no | no |



Table 813. Numbers of anticipated sources of retirement income other than social security by family for eight families.

| Family | Sources of | Family | Sources of |
| :---: | :---: | :---: | :---: |
| $40-53$ years: | Income: | 8 | E4 |
| A | 11 | $F$ | 6 |
| B years: | Income: |  |  |
| C | 6 | $G$ | 6 |
| D | 3 | $H$ | 4 |

Mean: 6.4 sources of retirement income

Table B14. Total amounts of monthly income anticipated for use at retirement exciuding social security,

| Family: | Uife: | Husband: | Total: | Indicated some unknown amounts: |
| :---: | :---: | :---: | :---: | :---: |
| A | \$450 | \$525 | \$975 | no |
| 8 | \$500 | \$788 | \$1288 | yes |
| C | \$135 | \$560 | \$695 | no |
| 0 | could not estimate |  |  | yes |
| E | refused to answer | \$250 | \$250 | yes |
| $F$ | did not know | \$1775 | \$1775 | yes |
| G | \$365 | \$625 | \$990 | yes |
| H | \$15 | \$574 | \$589 | yes |
| mean monthly income excluding social security for six families: $\$ 1,052$ |  |  |  |  |

Table 15. Anticipated annual gross income after retirement by eioht couples.

Table Bl6. Comparison of monthly retirement income
excluding social security by the younger and
older groups of eight families.

Table Bl8. Length of time a resident in Portland by eight families.


101
Table B19. Concern about financial planning for retirement.

| Family: | Concerned: | Unconcerned: | No. years of concern: | Person first concerned: |
| :---: | :---: | :---: | :---: | :---: |
| A | $x$ |  | 10 years | wife |
| B | X |  | 1.5 years | both |
| C | $x$ |  | all of lives | both |
| D |  | $x$ | none | neither |
| E | $x$ |  | 5 years | both |
| F |  | $x$ | none | neither |
| G |  | $x$ | none | neither |
| H | $x$ |  | 1 year | wife |

