



## Expectations for Youth

A member enrolled in his or her first 4-H project has the ability to learn many new things about this interest; share this knowledge with others at club meetings and county contests; and display success through exhibits, fairs, and other events. To help achieve all this, members are expected to do the following:

- Select projects with guidance from a 4-H volunteer and parents or guardians.
- Actively participate in chosen projects.
- Keep a record of project work.
- Attend club meetings, and participate in club activities.
- Abide by the 4-H Code of Conduct.

Members may take on additional roles in the 4-H program such as club officer, junior leader, or teen fair superintendent. As their involvement in the club or county program grows, so does their level of learning and confidence.

## Extension Support

4-H is designed to provide a positive experience for members, clubs, and families. The 4-H program has a proven record of providing education, evaluation, recognition, and opportunity to succeed. As a 4-H family, you have access to an extensive support network and many helpful resources.

**Your 4-H club leader** is prepared to help members with project work and notify them of activities related to their project. **Families of other members** in the club are great resources for new 4-H families.

**4-H staff**, who work at local Extension offices, can answer many questions and provide good suggestions for helping with projects. The staff member in charge of the 4-H program is available to provide support, education, and help with problem solving.

**Your local Extension office** provides services that allow 4-H activities to occur. Local 4-H staff recruit and train volunteers, distribute 4-H project materials, facilitate events, teach educational programs and trainings, and work with the county 4-H leaders association.

**Project materials, videos, and teaching aids** are available from your local Extension office and online. Each office, working with Oregon State University, can provide materials for a project the state supports. Local 4-H staff and volunteers create materials for county-only projects and activities.

**Websites** for local Extension offices and OSU offer additional information. Visit the Oregon 4-H website (<http://oregon.4h.oregonstate.edu/>) to become better informed and enjoy what 4-H and the OSU Extension Service have to offer.

**For more information on the 4-H program,  
see *Facts About 4-H* (4-H 0244L).**

**And visit the Oregon 4-H website:  
<http://oregon.4h.oregonstate.edu/>**

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