

Salmon blood plasma: Effective inhibitor of protease-laden Pacific whiting surimi and salmon mince

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1 Salmon blood plasma: effective inhibitor of protease-laden Pacific
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37 **ABSTRACT:**

38 The effect of salmon plasma (SP) from Chinook salmon on proteolytic inhibition was
39 investigated. SP was found to inhibit both cysteine and serine proteases as well as protease
40 extracted from Pacific whiting muscle. SP was found to contain a 55 kDa cysteine protease
41 inhibitor through SDS-PAGE inhibitor staining. Freeze dried salmon plasma (FSP) and salmon
42 plasma concentrated by ultrafiltration (CSP) were tested for their ability to inhibit autolysis in
43 Pacific whiting surimi and salmon mince at concentrations of 0.25%, 0.5%, 1%, and 2%. Pacific
44 whiting surimi autolysis was inhibited by an average of 89% regardless of concentration while
45 inhibition of salmon mince autolysis increased with concentration ($P<0.05$). CSP performed
46 slightly better than FSP at inhibiting salmon mince autolysis ($P<0.05$). Serine protease inhibition
47 decreased when SP heated above 40°C but was stable across a broad NaCl and pH range.
48 Cysteine protease inhibitors exhibited good temperature, NaCl, and pH stability.

49

50 **Keywords:** salmon plasma, protease inhibitor, surimi, Pacific whiting, autolysis

51

52 1. Introduction

53 The Pacific whiting (*Merluccius productus*) fishery is the largest fishery by biomass in the state
54 of Oregon (ODFW, 2013). Despite being an abundant resource, Pacific whiting suffers from a
55 high concentration of endogenous proteases caused in part by infection of myxosporidian
56 parasites (Patashnik, Groninger Jr, Barnett, Kudo, & Koury, 1982). Pacific whiting muscle has
57 been reported to have high levels of cathepsins B, H and L (Yongswatdigul, Hemung, & Choi,
58 2014). Unlike cathepsin B and H, cathepsin L is especially problematic for surimi manufacturers
59 because it is not effectively removed by washing and it has an optimum temperature of around
60 60°C (An, Weerasinghe, Seymour, & Morrissey, 1994b). This protease damages myofibrillar
61 proteins during slow heating of surimi based products causing softening of the final product,
62 leading to an unacceptable texture. This proteolytic degradation caused by cathepsin enzymes
63 can also lead to texture softening in salmon fillets (Dawson-Coates et al., 2003; St-Hilaire, Hill,
64 Kent, Whitaker, & Ribble, 1997).

65 Blood plasma contains a variety of protease inhibitors (Travis & Salvesen, 1983),
66 including α 2-macroglobulin, a protein that inhibits several classes of proteases through a bait
67 and trap mechanism (Barrett, 1981). In the past, surimi manufacturers used bovine blood
68 plasma as an additive in Pacific whiting surimi in order to inhibit proteolytic degradation for
69 slowly cooked surimi test gels, but this practice has been discontinued due Bovine Spongiform
70 Encephalopathy. The surimi industry currently uses dried egg whites as a protease inhibitor, but
71 this is less effective than blood plasma since egg whites contain mainly serine protease
72 inhibitors while cathepsin L is a cysteine protease (Weerasinghe, An, & Morrissey, 1996).

73 Blood plasma from other sources has been investigated for protease inhibitory activity.
74 Park reported pork plasma protein performed slightly better than beef plasma protein in slowly
75 cooked Pacific whiting surimi (2005). Pig plasma was found to inhibit autolytic degradation and
76 improve the gel strength of bigeye snapper surimi (Benjakul, Srivilai, & Visessanguan, 2001),
77 and a cysteine protease inhibitor containing fraction of chicken plasma was found to inhibit
78 proteases in both Pacific whiting and arrowtooth flounder muscle

79 Fish blood from the commercial fish processing industry is not currently utilized. In
80 2013, 200,000 tons of salmon were processed in Alaska alone (ADR, 2014). Based on the fact
81 that blood represents about 5% of the weight of a salmon (Halliday, 1973) and if fish are
82 individually bled immediately following harvest, this equates to about 20 million pounds of
83 blood entering the waste stream every year. If this blood water does not undergo costly waste
84 water treatment, it can lead to contamination of the marine environment, raising the
85 biochemical oxygen demand, leading to algae bloom and other deleterious effects (Islam, Khan,
86 & Tanaka, 2004). For economic and environmental purposes, this blood should be removed
87 from the waste stream.

88 Fish blood has been found to contain protease inhibitors in previous studies. Rainbow
89 trout plasma was found to increase gel strength in Alaska pollock surimi (Li, Lin, & Kim, 2008a)
90 and a cysteine protease inhibitor was isolated from chum salmon plasma (Li, Lin, & Kim, 2008b).
91 However, it is generally understood that Alaska pollock surimi except low grade does not show
92 a significant level of texture softening protease. There have been no studies on the effect of
93 protease inhibitors in fish blood on protease-laden Pacific whiting surimi. Pacific whiting was
94 not utilized commercially until the introduction of beef plasma as an enzyme inhibitor in early

95 1990s. In addition, there have not been any studies on protease enzyme inhibition in salmon
96 muscle. Extensive texture softening in salmon fillets due to protease degradation has been
97 noted during routine analysis of farmed salmon in our laboratory. This issue leads to reduced
98 quality of the product and in some cases the product must be disposed of. Adding inhibitors
99 to salmon may lead to novel applications such as addition to salmon patties or injection into
100 whole salmon fillets in order to prevent texture softening. The objective of this study was to
101 investigate the ability of blood plasma obtained from Chinook salmon to inhibit proteolytic
102 degradation in Pacific whiting surimi and salmon mince.

103

104 **2. Materials and Methods**

105 **2.1. Materials**

106 Pacific whiting surimi produced at sea on May 18, 2013 without the addition of egg white was
107 obtained from American Seafoods (Seattle, WA, USA). Chinook salmon were obtained at a local
108 hatchery (Klaskanine Fish Hatchery (Astoria, OR, USA) during spawning season in September
109 2013. Pacific whiting were obtained from Da Yang Seafood (Astoria, OR, USA). Surimi, salmon,
110 and Pacific whiting were kept at -30°C until used. Papain (from papaya latex), trypsin (from
111 bovine pancreas), hammarsten casein, N_α-Benzoyl-DL-arginine β-naphthylamide (BANA), N_α-
112 Benzoyl-L-arginine 4-nitroanilide hydrochloride (BAPNA), and ρ-dimethylamino-
113 cinnamaldehyde were purchased from Sigma Chemical Co (St Louis, MO, USA). Protein markers
114 and other electrophoresis chemicals were purchased from Bio-Rad Laboratories (Hercules, CA,
115 USA). Dry egg white (EW) was obtained from Henningsen Foods (Omaha, NE, USA). All other
116 chemicals used were of reagent grade.

117

118 2.2. Collection of salmon blood and preparation of plasma

119 Whole blood was collected at the Klaskanine Fish Hatchery (Astoria, OR, USA) from female
120 Chinook salmon immediately before roe collection. Blood was collected from bleeding fish
121 into bottles containing 3.8% sodium citrate solution (as an anti-coagulant), and gently mixed at
122 a ratio of 9:1 (v:v) blood to sodium citrate solution. Blood was kept on ice and transported back
123 to the Oregon State Seafood Laboratory (Astoria, OR, USA) where it was centrifuged for 15 min
124 at $1,500 \times g$ at 4°C using a Beckman J6-MI centrifuge (Beckman Coulter, Fullerton, CA, USA). The
125 supernatant was regarded as salmon plasma (SP) and concentrated (see below) or kept at -80°C
126 until used.

127 A portion of the frozen SP was then lyophilized in a Labconco freeze drier (Kansas City, MO,
128 USA). Lyophilization was carried out until the pressure in the chamber reached a minimum and
129 no further decrease was noted. Freeze dried salmon plasma (FSP) was stored at -80°C until
130 used.

131

132 2.3. Salmon plasma concentration

133 Concentration was carried out in a 4°C cold room. SP was concentrated using a Labscale
134 Tangential Flow Filtration System (Millipore, Billerica, MA, USA). Plasma was re-circulated
135 through a Pellicon XL50 Biomax 30 kDa membrane (Millipore, Billerica, MA, USA) at a feed
136 pressure of 30 psi and a retentate pressure of 10 psi until the permeate flow was very low. The
137 system was then cleaned using 0.1N sodium hydroxide warmed to 45°C and flushed with
138 distilled water. The process was repeated once more to further concentrate the plasma.

139

140 2.4. Trypsin inhibition assay

141 Trypsin inhibition was determined according to the method of Smith, Hitchcock, Twaalfhoven
142 and Megen (1980) with some modification. Four different inhibitor solutions (SP, CSP, FSP, and
143 EW) were diluted to varying concentrations with distilled water. 150 μL of inhibitor solution was
144 added to 300 μL of bovine pancreas trypsin (20 $\mu\text{g}/\text{mL}$) and 150 μL of distilled water and pre-
145 incubated at 37°C for 10 min. 750 μL of 0.4 mg/ml BAPNA in 50 mM Tris-HCl buffer (pH 8.2)
146 containing 20 mM CaCl_2 and pre warmed to 37°C was then added and the reaction mixture was
147 incubated at 37°C for 10 min. The reaction was terminated by adding 150 μL of 30% (v/v) acetic
148 acid. Absorbance was read at 410 nm and the inhibitory activity was expressed as the percent
149 decrease in OD_{410} compared to the control.

150

151 2.5. Papain inhibition assay

152 Papain inhibition was determined according to the method of Abe, Domoto, Arai, Abe, and
153 Iwabuchi (1994) with some modification. To 2 mL of 0.25 M sodium phosphate buffer (pH 6.0)
154 containing 2.5 mM EDTA and 25 mM β -mercaptoethanol (βME) was added 0.1 mL of papain
155 solution (100 $\mu\text{g}/\text{mL}$) in 25 mM sodium phosphate buffer (pH 7.0) and 2 mL of inhibitor
156 solution. After preincubation at 37°C for 5 min, 0.2 mL of 2 mM BANA was added to initiate the
157 reaction. After 10 min of incubation, 1 mL of cold 2% HCl in ethanol was added to stop the
158 reaction. 1 mL of 0.06% *p*-dimethylamino-cinnamaldehyde was then added to develop color.
159 Absorbance was read at 540 nm and the inhibitory activity was expressed as the percent
160 decrease in OD_{540} compared to the control.

161

162 2.6. Pacific whiting protease inhibition assay

163 Pacific whiting protease inhibition was determined according to the method of Benjakul and
164 Visessanguan (2000) using fish juice (the supernatant recovered after centrifuging Pacific
165 whiting mince at 5,000 × g for 30 min) that was heated to 60°C for 3 min and centrifuged at
166 7,800 × g for 15 min according to the method of An, Morrissey, Fan, and Hartley (1995) as an
167 enzyme source. Enzyme activity was determined using casein as a substrate according to the
168 method of An, Seymour, Wu, and Morrissey (1994a). The substrate mixture consisted of 2 mg
169 casein in 0.625 mL of 0.2 M McIlvaine's buffer (0.2 M sodium phosphate and 0.1 M citric acid,
170 pH 5.5) containing 0.1 mM βME adjusted to 1.25 mL with distilled deionized water. 100 μL of
171 inhibitor solution was added to 100 μL of enzyme and preincubated at 55 °C for 5 min. The
172 enzyme-inhibitor mixture was then added to the substrate mixture (prewarmed to 55 °C) and
173 incubated for 10 min. The reaction was stopped by the addition of 200 μL of cold 50% trichloro
174 acetic acid (TCA). The mixture was centrifuged at 8,000 × g for 5 min (Sorvall Biofuge fresco,
175 Kendro Laboratory Products, Newtown, CT, USA) and the TCA-soluble peptides in the
176 supernatant were measured by the method of Lowry, Rosebrough, Farr, and Randall (1951).
177 Inhibitor activity was expressed as the percent decrease in protease activity compared to the
178 control.

179

180 2.7. Molecular weight determination of inhibitor

181 Molecular weight determination of inhibitors in SP, CSP and FSP was conducted on 5% stacking
182 gel and 10% running gel according to the method of Garcia-Carreño, Dimes, and Haard (1993)

183 with slight modification. Sample was mixed with buffer without the addition of β ME. Thirty μ g
184 of protein per sample were applied to 3 identical gels without prior heating. Proteins were
185 separated using a Mini-Protean III unit (Bio-Rad Laboratories, Hercules, CA, USA) at a constant
186 current of 30 mA for 90 min while on ice. A control gel was fixed and stained with Coomassie
187 Blue R-250 and the other gels were soaked in 2.5% Triton X-100 for 15 min to remove SDS. Gels
188 were then rinsed in distilled water and incubated in 50 mL of either papain (0.2 mg/mL) in 0.1
189 M phosphate buffer (pH 6.0) containing 1mM EDTA and 2 mM cysteine, or trypsin (0.2 mg/mL)
190 in 0.05 M Tris-HCl buffer (pH 8.2) containing 20mM CaCl_2 at 4°C for 30 min. Gels were then
191 rinsed with distilled water and incubated in a 1% casein solution in either 0.1 M phosphate
192 buffer (pH 6.0) for papain inhibitor staining, or 0.05 M Tris-HCl (pH 8.2) for trypsin inhibitor
193 staining. Gels were then rinsed with distilled water, fixed, and stained with Coomassie Blue R-
194 250. Inhibitory zones were determined as dark bands on a clear background. Molecular weights
195 were determined by comparison to a molecular weight standard.

196

197 **2.8. Autolysis inhibition**

198 The moisture content of CSP and FSP was measured using AOAC methods (AOAC, 2000). CSP
199 and FSP (reconstituted in water to the same moisture content as CSP) were tested for their
200 ability to inhibit autolytic degradation in both Pacific whiting surimi and Chinook salmon mince
201 obtained by finely chopping fish muscle according to the method of Morrissey, Wu, Lin, and An
202 (1993) with slight modification. Inhibitors were mixed with surimi or salmon mince to final
203 concentrations of 0, 2.5, 5, 10, and 20 mg solids per g sample. Distilled water was then added to
204 the sample so that equal volumes of liquid were added to each sample. 1.5 g of sample was

205 then incubated at 60 °C for 60 min and a sample blank was kept on ice. In our preliminary
 206 study, 60 °C was determined to be the temperature at which maximum autolytic activity occurs
 207 in both Pacific whiting surimi and salmon mince (data not shown). The reaction was terminated
 208 by the addition of 13.5 mL of either cold 5% TCA or 5% SDS (85°C). Samples were then
 209 homogenized for 1 min on speed 15 (Tissue Tearor Homogenizer, Biospec Products Inc,
 210 Bartlesville, OK, USA) and either centrifuged at 5,200 × g for 20 min followed by incubation at 4
 211 °C for 15 min (TCA samples), or heated at 85 °C for 1 h (SDS samples). TCA-soluble peptides
 212 were measured in the supernatant of the TCA samples by the method of Lowry et al. (1951)
 213 using tyrosine as a standard. Percent inhibition was determined by the following equation:

$$214 \quad \% \text{ Inhibition} = \frac{(TC - TC_b) - (TS - TS_b)}{TC - TC_b} * 100$$

215
 216
 217 TC=tyrosine of control (no inhibitor) incubated at 60°C
 218 TC_b=tyrosine of control (no inhibitor) kept on ice
 219 TS=tyrosine of sample (with inhibitor) incubated at 60°C
 220 TS_b=tyrosine of sample (with inhibitor) kept on ice
 221

222 Autolytic patterns of the myofibrillar proteins were determined from the SDS samples using
 223 SDS-PAGE by the method of Laemmli (1970).
 224

225 **2.9. Stability of inhibitors**

226 Heat, salt, and pH stability of both cysteine and serine protease inhibitors in SP were
 227 determined by the method of Rawdkuen, Lanier, Visessanguan, and Benjakul (2007b). SP was
 228 subjected to 3 different treatments: 1) Diluted in distilled water to give 40-60% inhibition and
 229 heated for 30 min at various temperatures followed by immediate cooling in ice water; 2)
 230 Incubated at room temperature for 20 min in the presence of NaCl solutions of various
 231 concentrations; 3) Incubated at room temperature for 20 min at various pH levels in either

232 McIlvaine's buffer (pH 3-8) or 0.1 M glycine-NaOH buffer (pH 9-10). The SP solutions were then
233 subject to both the papain inhibition assay (cysteine protease assay) and the trypsin inhibition
234 assay (serine protease assay). Residual inhibitory activity was reported as the percent inhibitory
235 activity remaining compared to untreated samples.

236

237 **2.10. Determination of protein concentration**

238 Protein concentration of samples was determined using a Bio-Rad protein assay kit (Bio-Rad
239 Laboratories, Hercules, CA, USA).

240

241 **2.11. Statistical analysis**

242 For each experiment, the average of three replicates was subjected to analysis of variance
243 (ANOVA). Comparison of means was carried out by Tukey test (Ramsey & Schafer, 2012).

244 Statistical analysis was done by Sigma Plot software package (Sigma Plot 12.5, Systat Software
245 Inc, San Jose, CA, USA).

246

247 **3. Results and Discussion**

248 **3.1. Salmon plasma concentration**

249 SP had a protein concentration of 23.88 ± 1.07 mg/mL. It was concentrated to a concentration
250 of 36.66 ± 0.36 mg/mL. The purpose of this process was to remove water and concentrate the
251 existing proteins. This may be an alternate concentration method to expensive freeze drying for
252 use in industry. Since blood was taken from salmon during the spawning phase, the plasma
253 protein concentration was lower than would be normally expected. Fletcher, Watts, and King

254 (1975) reported that plasma protein concentration in sockeye salmon fell from a maximum of
255 about 80 mg/mL to below 20 mg/mL during the spawning phase.

256

257 **3.2. Protease inhibition assays**

258 SP inhibited papain (Fig 1A), trypsin (Fig 1B), and Pacific whiting protease (Fig 1C) effectively.

259 For all proteases, the amount of inhibition increased as the concentration of inhibitor increased

260 ($p < 0.05$). This is due to the fact that blood plasma contains a variety of both cysteine and serine

261 protease inhibitors (Travis & Salvesen, 1983). Similar results were found with blood plasma

262 collected from cows (Weerasinghe et al., 1996), pigs (Benjakul & Visessanguan, 2000) and trout

263 (Li et al., 2008a). Compared to EW, SP was a much more effective inhibitor of both papain and

264 Pacific whiting protease but EW was more effective than SP at inhibiting trypsin. EW has been

265 found to contain mostly serine protease inhibitors (Weerasinghe et al., 1996). EW achieved

266 nearly complete inhibition of trypsin (a serine protease) at low concentrations (Fig 1B) while

267 inhibiting papain (a cysteine protease) by less than 8% at the highest concentration used (Fig

268 1A). The low inhibition of Pacific whiting protease, compared to SP (Fig 1A), suggests that

269 Pacific whiting is composed of mainly cysteine proteases. The major proteases responsible for

270 autolytic degradation in Pacific whiting have been found to be cysteine proteases such as

271 cathepsin B and cathepsin L (Yongswatdigul et al., 2014). However, surimi made from tropical

272 fish has been found to be more susceptible to degradation by serine proteases (Yongswatdigul

273 et al., 2014). This suggests that EW may be a more effective additive in tropical fish surimi than

274 Pacific whiting surimi. We have observed the majority of tropical surimi is commercially

275 produced with dried EW at 0.1% or higher.

276
277 For the papain inhibition assay (Fig 1A), when the inhibition was in the linear range (20-87%), SP
278 and CSP performed slightly better than FSP ($p<0.05$). No difference was observed between SP
279 and CSP. For the trypsin inhibition assay (Fig 1B), when the inhibition was in the linear range
280 (25-81%), SP performed better than FSP ($p<0.05$). SP also performed better than CSP at
281 concentrations of 1 and 1.5 mg/mL ($p<0.05$). Above 1.5mg/mL there was no difference
282 between SP and CSP. When proteins are lyophilized followed by reconstitution in water,
283 conformation changes can occur, which may affect the activity of the proteins (Prestrelski,
284 Arakawa, & Carpenter, 1993). This may be the cause of the overall lower inhibition of both
285 trypsin and papain by FSP as compared to CSP and SP. However, there was no observed
286 difference between SP, CSP, and FSP in the inhibition of Pacific whiting protease (Fig 1C) at any
287 concentration.

288 **3.3. Molecular weight determination of inhibitors**

289 Samples were loaded under non-reducing conditions in order to preserve the activity of the
290 plasma proteins, which are often stabilized by disulfide bonds (Hogg, 2003). A band of
291 estimated molecular weight of 55 kDa was present after soaking in papain that was not present
292 after soaking in trypsin (Fig 2). This indicates the presence of a cysteine protease inhibitor in
293 this region that does not inhibit serine proteases. This may be similar to the cysteine protease
294 inhibitor found in chum salmon plasma by Li and others (2008b) that was found to have a
295 molecular weight of 55 kDa under non-reducing conditions. A cysteine protease inhibitor in
296 chicken plasma was found to have a molecular weight of 116kDa (Rawdkuen et al., 2007b)
297 while an inhibitor of both cysteine and serine proteases with a molecular weight of 60kDa was

298 found in pig plasma (Benjakul & Visessanguan, 2000). These results demonstrate that while
299 both fish blood and mammalian blood contain protease inhibitors, they differ in biochemical
300 properties and molecular weight. There were also bands detected in the high molecular weight
301 range that inhibited both papain and trypsin. α -2-macroglobulin (A2M) is a known inhibitor of a
302 broad range of proteases, including cysteine and serine types that has a molecular weight of
303 718kDa (Barrett, 1981). Also in this high molecular weight zone are a number of polymerized
304 proteins which are resistant to proteases (Weerasinghe et al., 1996). The A2M band may be
305 obscured by these proteins. A band was also detected around 170kDa that may be an inhibitor
306 of both papain and trypsin. There was no noticeable difference after soaking in both papain and
307 trypsin between SP, CSP, and FSP, indicating the preservation of the proteases inhibitors can be
308 done by either concentration or lyophilization. These results suggest the presence of multiple
309 inhibitors of both serine and cysteine proteases in SP.

310

311 **3.4. Autolysis inhibition**

312 Addition of inhibitor to Pacific whiting surimi inhibited autolysis by an average of 89% for all
313 concentrations used (Fig 3). This is comparable to bovine blood plasma which was found to
314 inhibit autolysis in Pacific whiting surimi by 90% at a concentration of 1% (Morrissey et al.,
315 1993). For Pacific whiting surimi, increasing inhibitor concentration from 0.25% to 2% did not
316 lead to greater inhibition of autolysis ($p>0.05$). This indicates that SP is an effective inhibitor of
317 proteases found in Pacific whiting surimi even at very low concentrations. In addition, there
318 was no difference between CSP and FSP ($p>0.05$). This indicates that the level of inhibition at
319 the concentrations used was sufficiently high so that the difference between processing

320 treatments was negligible. Autolysis inhibition in salmon mince (Fig 4), however, increased as
321 inhibitor concentration increased ($p < 0.05$). Additionally, CSP performed slightly better than FSP
322 in inhibiting salmon mince autolysis ($p < 0.05$). Inhibition by CSP increased from 46% to 89% as
323 concentration was increased and inhibition by FSP increased from 40% to 86%. Lower
324 inhibition in fish mince as compared to surimi was also found by Morrissey et al. (1993), who
325 reported that 1% addition bovine blood plasma inhibited autolysis in Pacific whiting surimi and
326 mince by 90% and 76%, respectively. Additionally, pork plasma protein was found to be a more
327 effective inhibitor of washed bigeye snapper mince as compared to unwashed mince (Benjakul
328 et al., 2001). During the rinsing process in Pacific whiting surimi manufacturing, proteases such
329 as cathepsin B and H are mostly removed, leaving cathepsin L as the main protease responsible
330 for proteolytic degradation (An et al., 1994b). In contrast, spawning salmon muscle has been
331 found to contain a variety of proteases, including cathepsin B (Sawada, Sester, & Carlson,
332 1993), cathepsin L (Yamashita & Konagaya, 1990b), as well as cathepsin D and cathepsin H
333 (Yamashita & Konagaya, 1990a). The presence of multiple proteases could account for the
334 overall lower inhibition of autolysis in the salmon mince as compared to Pacific whiting surimi.
335 These results were confirmed by SDS PAGE analysis (Fig 5). For Pacific whiting surimi, the
336 myosin heavy chain (MHC) band was completely destroyed by heating at 60°C for 60 min.
337 Addition of both CSP and FSP at all concentrations resulted in an MHC band comparable to that
338 of the control. For salmon mince the MHC band was not completely destroyed by heating,
339 indicating less overall proteolytic degradation in salmon mince as compared to Pacific whiting
340 surimi. There was, however, a visible increase in MHC band intensity as CSP and FSP
341 concentration increase, indicating an increase in autolysis inhibition as inhibitor concentration

342 increased. The actin band in both Pacific whiting surimi and salmon mince was not visibly
343 affected. This confirms previous studies stating that MHC is the main protein affected by
344 proteolytic enzymes (An et al., 1994a).

345

346 3.5. **Stability of inhibitors**

347 SP was tested for its residual inhibitory activity against both papain and trypsin after treatment
348 at various temperature, NaCl, and pH levels (Fig 6). Activity against papain was stable up to
349 70°C. Activity against trypsin, however, decreased by about 50% after heating beyond 40°C.
350 These results suggest that cysteine protease inhibitors present in SP are generally more heat
351 stable than serine protease inhibitors. Since Pacific whiting surimi mainly contains cysteine
352 proteases, SP could be effectively used in Pacific whiting surimi at temperatures where the
353 protease is active. Residual inhibitory activity against both cysteine and serine proteases remain
354 stable across all NaCl concentrations used. Trypsin inhibitory activity increased with increasing
355 NaCl concentrations, peaking at 2.5% NaCl. Salt affects proteins by electrostatic screening,
356 which influences unfolding of the protein (Date & Dominy, 2013). In general, proteins have
357 optimum salt concentrations where they are most stable. Papain and tyrpsin inhibitory
358 activities were both stable across a broad pH range with the exception of the most acidic pH
359 levels (3 and 4), where activity was lost in both cases. Changes in pH can protonate or
360 deprotonate chemical groups, disrupting molecular structure. Proteins have optimum pH levels
361 at which activity is maximized (Berg, Tymoczko, & Stryer, 2012).

362

363

364 **4. Conclusion**

365 SP was found to contain both cysteine and serine protease inhibitors and was an effective
366 inhibitor of proteolysis in both Pacific whiting surimi and salmon mince. In order to gain a
367 better understanding of these inhibitors, they will require individual purification and
368 characterization. SP protease inhibitors exhibited good temperature, salt, and pH stability over
369 a broad range, although serine protease inhibition was limited at temperatures above 40°C. CSP
370 was found to be slightly more effective than FSP at inhibiting proteolysis in salmon mince. This
371 suggests that ultrafiltration may be a viable alternative to expensive freeze drying for the
372 production of concentrated plasma protein. SP may effectively be used at concentrations as low
373 as 0.25% in surimi manufacture or be injected into salmon fillets to inhibit protease mediated
374 texture softening. Future studies will focus on these applications.

375

376

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380

381

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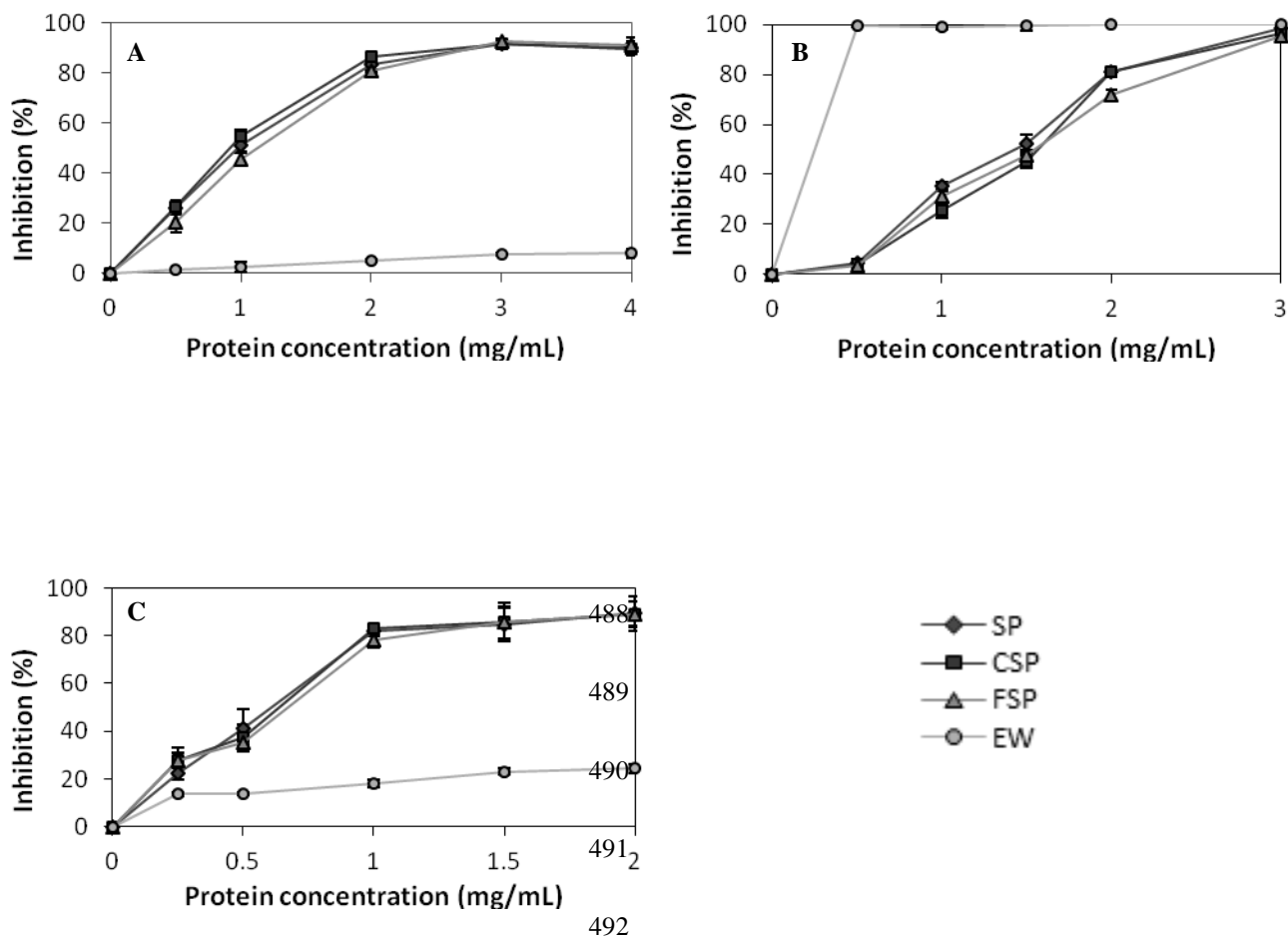
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483 **Figures**

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493 Figure 1 – Inhibition of papain (A), trypsin (B), and Pacific whiting protease (C) by SP, CSP, FSP,

494 and EW. Bars represent the standard deviation of 3 determinations. SP: salmon plasma; CSP:

495 concentrated salmon plasma; FSP: freeze-dried salmon plasma; EW: dried egg white

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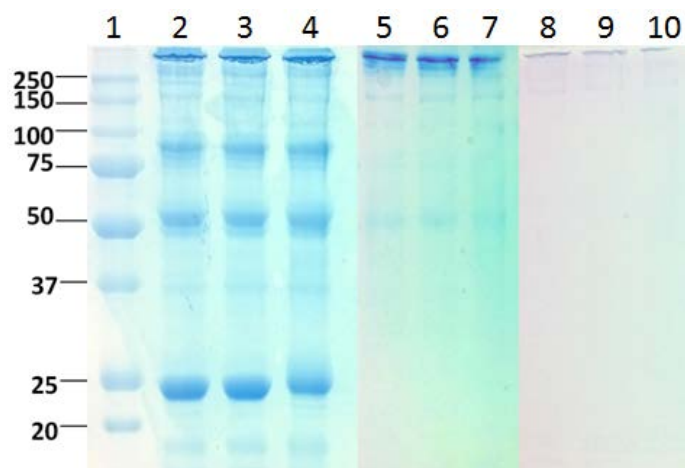
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506 Figure 2 – SP, CSP, and FSP stained for inhibitory activity against trypsin and papain at 37°C

507 under non-reducing conditions. SP: salmon plasma; CSP: concentrated salmon plasma; FSP:

508 freeze-dried salmon plasma; EW: dried egg white. 1 = molecular weight marker; 2-4 = SP, CSP,

509 FSP without enzyme treatment, respectively; 5-7 = SP, CSP, FSP soaked in papain, respectively;

510 8-10 = SP, CSP, FSP soaked in trypsin, respectively.

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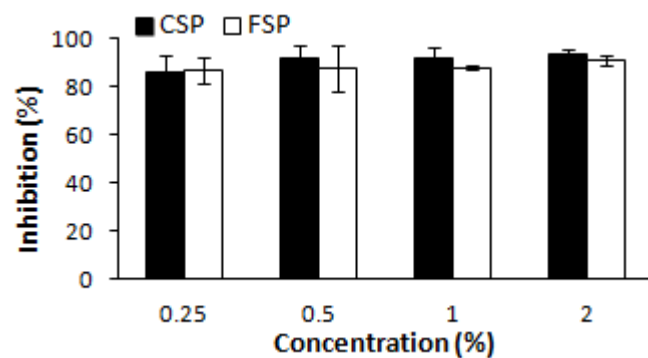
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521 Figure 3 – Autolysis inhibition of Pacific whiting surimi by CSP and FSP. Samples were heated at

522 60°C for 60 min. Bars represent the standard deviation of 3 determinations. SP: salmon plasma;

523 CSP: concentrated salmon plasma.

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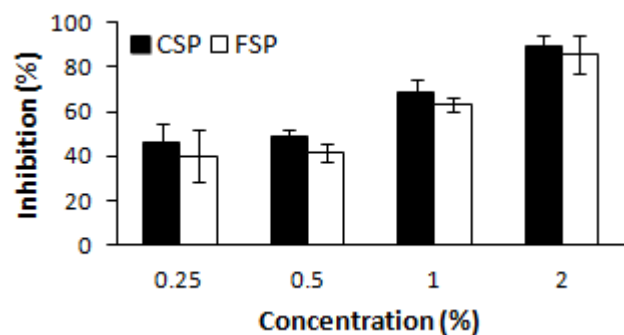
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539 Figure 4 – Autolysis inhibition of salmon mince by CSP and FSP. Samples were heated at 60°C

540 for 60 min. Bars represent the standard deviation of 3 determinations. SP: salmon plasma; CSP:

541 concentrated salmon plasma

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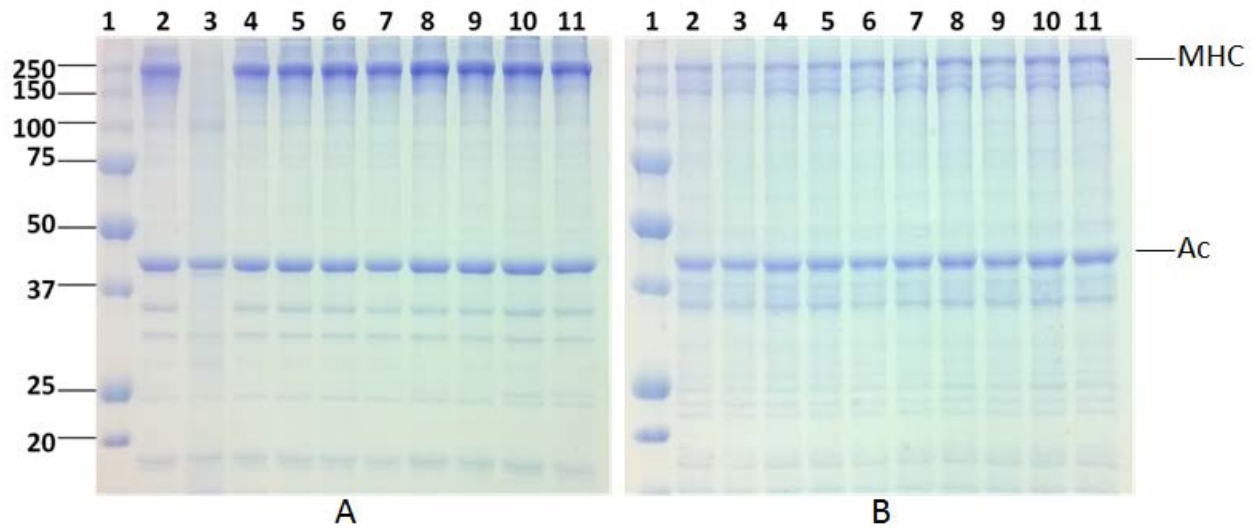
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557 Figure 5 – Protein pattern of (A) Pacific whiting surimi and (B) salmon mince mixed with various
 558 concentrations of CSP and FSP and heated for 60°C for 60 min. SP: salmon plasma; CSP:
 559 concentrated salmon plasma; FSP: freeze-dried salmon plasma.

560 1 = molecular weight marker; 2 = control sample kept on ice; 3 = no inhibitor added; 4 = 0.25%

561 CSP; 5 = 0.25% FSP; 6 = 0.5% CSP; 7 = 0.5% FSP; 8 = 1% CSP; 9 = 1% FSP; 10 = 2% CSP; 11 = 2%

562 FSP; MHC = myosin heavy chain; Ac = actin

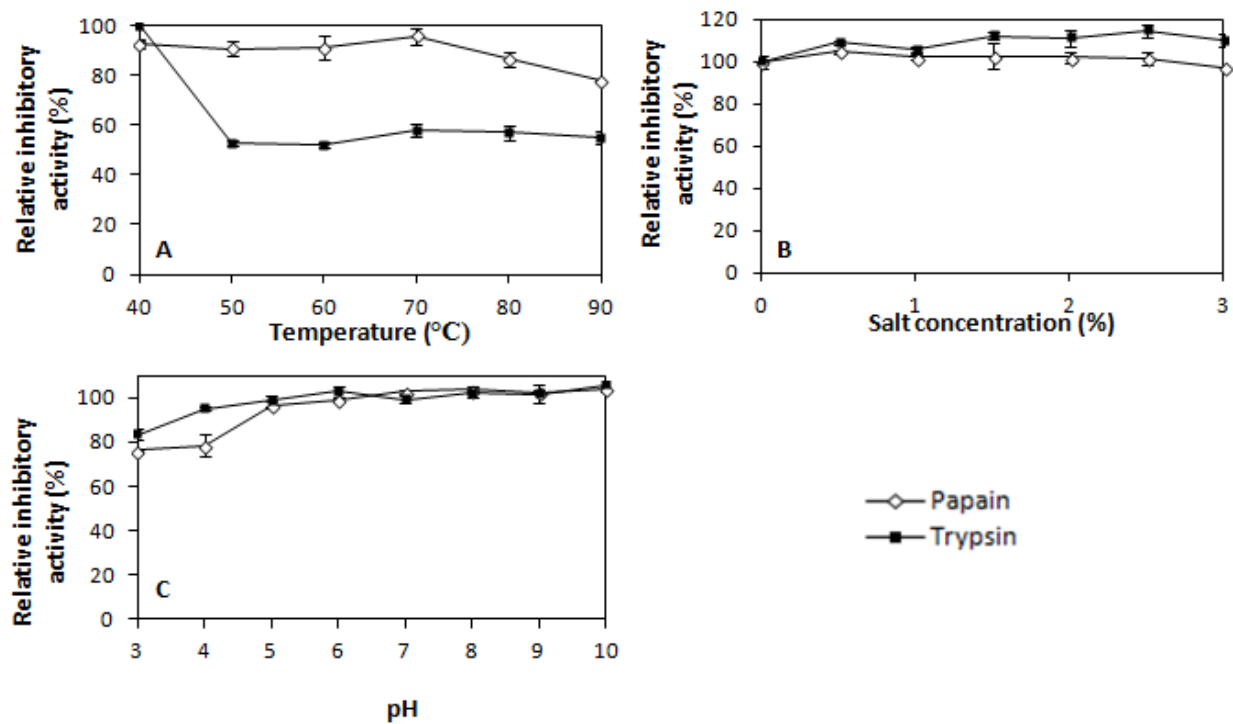
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569 Figure 6 – Temperature (A), Salt (B), and pH (C) stability of papain and trypsin inhibitors in SP.

570 Bars represent the standard deviation of 3 determinations.

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