

4-H Knitting

MEMBERS' GUIDE AND RECORD

In your knitting project you will be learning a very old skill that dates back as far as 200 A. D. As you progress through the different phases, you will have an opportunity to use many kinds of yarn and designs.

The knitting project is divided into 7 phases. The first three phases are designed to use worsted weight yarn, size 8 to 10 needles, and teach the basic knitting techniques. Patterns suitable for the first two phases are available; however, you may use any pattern that fulfills the requirements for your phase.

When you have mastered these basic techniques, you are ready to learn more advanced skills. Phase 4 teaches pattern stitches, phase 5 mixed color knitting, and phase 6 has many options to choose from. Phase 7 even gives you the opportunity to learn to use a knitting machine. We suggest you advance through each phase in order. When you reach phase 6, you may choose the options in any order.

Would you like to show others what you have learned? One opportunity would be to exhibit your project work at the county fair. This gives you a chance to compare your work with others' and helps you learn how to improve your next project.

If your county includes knitted garments in the style revue, plan to enter. This gives you an opportunity to practice what you have learned about wardrobe planning, grooming, color coordination, design, etc.

Show others how to do something you have learned in your project this year. Demonstrate to others what you have learned.

KNITTING CHECK LIST

General Appearance

- Clean and neat
- Properly blocked
- Buttons—appropriate size, color, and material for article
- Yarn is suitable for article
- Pattern is uniform and matches in various sections of article
- Pleasing color combination

Knitting Skills

- Tension (uniform)
- Cast on stitches
- Bound off stitches
- Stitches—not twisted, not split, not dropped
- Yarn ends—joined inconspicuously, woven in inconspicuously
- Ribbing
- Buttonholes or eyelets—evenly spaced, properly placed, properly finished, proper size for button and garment
- Buttons—Attachment secure, yarn buttons well made
- Seam finishes—smooth and neat, flexible
- Crocheted finish—smooth and neat
- Hand-applied design—neat
- Neck finishing or collar
- Sleeves—armscye
- Pockets
- Carried yarn—neat, allow enough crosswise stretch
- Increase stitches
- Decrease stitches
- Picked-up stitches
- 4-needle or circular knitting—no vertical ridges
- Pattern stitch uniform

Oregon State University Extension Service

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<i>PHASE</i>	<i>SKILLS TO BE LEARNED</i>	<i>OTHER THINGS TO BE LEARNED</i>	<i>SUGGESTIONS FOR ARTICLES</i>	<i>FAIR EXHIBIT</i>
I	Cast on	Knitting tools	Two small articles that show knit and purl slippers purse simple toy bag belt scarf head band pillow afghan square poncho pincushion cap	One article showing one or more skills learned
	Knit	Knitting terms		
	Purl	To make an overcast seam		
	Bind off	Wind yarn from hanks To read simple directions		
II	Ribbing	More knitting terms	Two small, or one large, articles that show increase and decrease cap shell slippers dickey dog sweater beret tote bag tunic bolero toy	One article (large or small) showing one or more skills learned
	Stockinette stitch	Another kind of seam		
	Increase	About gauge		
	Decrease	About tension		
		Recognize and correct mistakes Make a swatch		
III	Pick-up stitches	Buttonholes Different seams	Two small, or one large, articles that show pick-up stitches sweater vest simple dress tunic cape poncho jumper	One article, large or small, showing pick-up stitches
		How to measure for fit		
		Blocking a garment		
		May use circular needles (Do not use four needles)		
		About yarn		
IV	Pattern stitch	Determine multiple of stitches Review basic skills in Skills Book and try other methods Make swatches of new methods Make swatches of pattern stitch	Two small articles, or one large article, made with a pattern stitch sweater vest tunic dress cape jumper poncho cap scarf bag	One article (large or small) showing pattern stitch

<i>PHASE</i>	<i>SKILLS TO BE LEARNED</i>	<i>SUGGESTIONS FOR ARTICLES</i>	<i>FAIR EXHIBIT</i>	
V	Mixed colors	Carry yarn	Two small, or one large, article made with a pattern stitch	One article (large or small) showing mixed color (not stripes)
	Combine colors to create a design (not stripes)	Bobbin knitting		
	Free lance—10 options	Articles to make (1 large or 2 small)		One article showing skills learned under one option
VI	A. Knit with four needles or circular needles	Dress Skirt Sweater	Mittens and gloves Golf club mitts Ski cap	
	B. Combine knit with fabric or leather. Knit piece to garment shape desired	Dress Coat	Pants Suit	
	C. Draft pattern for a fitted knitted garment (include pattern)	Coat Dress	Skirt Sweater	
	D. Knitted lace attached to a garment or article	Fine lace on household linens Lace attached to dress, other garments or articles		
	E. Knitting for men or boys	Sweater		
	F. Larger garments (May be lined)	Coat, pant suit, jacket, car coat		
	G. Hobby knitting	Afghan, child's dress, toys (no doll clothes to be exhibited)		
	H. Baby articles	Blanket, sweater set, baby dress		
	I. Any other garment Pattern stitch	Sweater		
	J. Any other garment (Mixed colors) But no horizontal stripes	Sweater		
VII	Use of knitting machine			Article made on knitting machine

4-H KNITTING RECORD

NAME CLUB

ADDRESS COUNTY

YEAR	PHASE	ARTICLE	KIND OF YARN	FOR WHOM	COST

(Continue on another sheet of paper)
Keep other 4-H records on the 4-H Members' Permanent Record.