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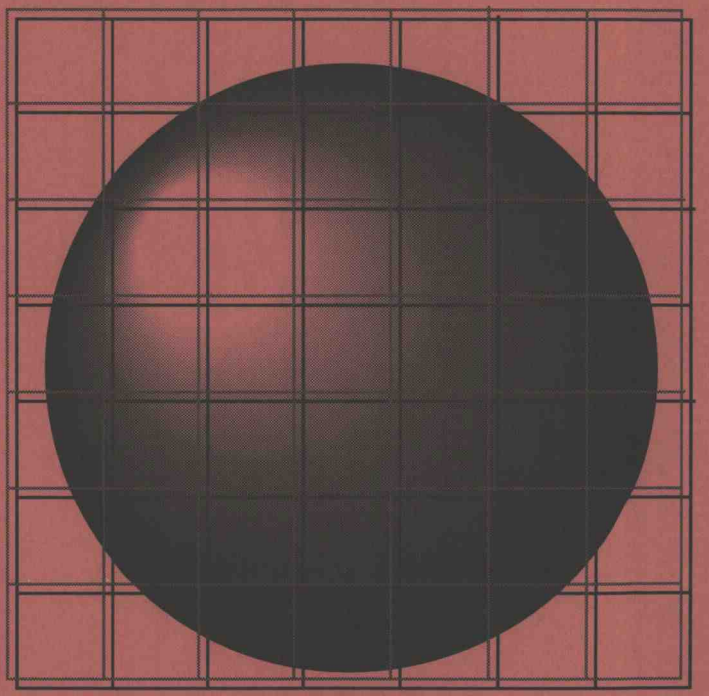
1991 VIDEOTAPE LOAN CATALOG



OREGON STATE UNIVERSITY
EXTENSION SERVICE
EM 8373

OR HED/Ex8 .4Ex8/2 :V66 c.3
Oregon State University.
Extension Service.
Videotape loan catalog

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Oregon State University.
Extension Service.
Videotape loan catalog

ABOUT THE CATALOG

The tapes in this catalog are available for loan to Oregon State University Extension staff. All are on VHS format.

Use the forms on page 41 to order tapes. You may borrow tapes for 2-week periods. There is a charge for lost or damaged tapes. Send order forms to:

Extension Stockroom
Oregon State University
Strand Agriculture Hall 136
Corvallis, OR 97331-2203
Telephone: (503) 737-2881

For information on duplicating or purchasing OSU videotapes, write:

Electronic Media Specialist
Oregon State University
Agricultural Communications
Administrative Services 422
Corvallis, OR 97331-2119
Telephone: (503) 737-3311

For a list of county Extension offices with videotape libraries, see page 43.

Warning: Duplication of video programs produced by the Oregon State University Extension Service is permitted only with prior approval. Programs not produced by the Oregon State University Extension Service may be protected by copyright and should not be duplicated without approval of the original owner.

Agriculture

America's Most Crucial Industry

Business

Time: 15 min.

Traces the development of the world's largest commercial industry, agriculture, and examines its impact on today's economy and lifestyle.

USDA, 1990

Business Management in Agriculture #1: Strategic Planning for Financial Success

Business

Time: 22 min.

The first of nineteen tapes with Extension economists and financial consultants describing techniques for planning a farm or ranch business. A workbook accompanying each of the first fourteen tapes (EM 8339-8347, EM 8382-8386) includes exercises for the viewer. Order workbooks from Agricultural Communications, telephone (503) 737-2513. Tape #1 is by A. Gene Nelson. It introduces concepts and approaches of farm and ranch planning and includes an overview of other tapes in the series. (EM 8339)

Oregon State University/Farm Credit Services—St. Paul Minnesota, 1986-89

Business Management in Agriculture #2: Identifying Farm/Ranch and Family Goals

Business

Time: 44 min.

By Paul H. Gessaman. Covers the major concepts and approaches of goal-directed management. To help participants set goals, the module presents a newly researched identification process as well as several techniques for priority setting. (EM 8340)

Business Management in Agriculture #3: Selecting and Implementing a Farm Record System

Business

Time: 46 min.

By R.L. (Dick) Wittman. Participants learn about the potential applications of a record system and how the system can generate various financial reports. Also highlighted are case and accrual accounting, and single- and double-entry accounting systems. (EM 8341)

Business Management in Agriculture #4: Preparing a Balance Sheet

Business

Time: 27 min.

By Freddie L. Barnard. Explains the major components of a balance sheet and methods for valuing assets, liabilities, and net worth. Participants prepare a balance sheet and become aware of at least six of its uses. (EM 8342)

Business Management in Agriculture #5: Preparing an Income Statement

Business

Time: 22 min.

By Freddie L. Barnard. In this session, participants prepare income statements, learn to use cash and accrual methods for determining net farm income, review preprinted income statement forms, and explore the relationship between income statements, balance sheets, and business performance analysis. (EM 8343)

Business Management in Agriculture #6: Analyzing Financial Performance

Business

Time: 29 min.

By Freddie L. Barnard. By using information from balance sheets and income statements, it is possible to interpret the financial performance of a particular farm and develop strategies for improvements, changes, and survival. This segment of the course highlights various approaches to calculating and interpreting financial performance, including several production efficiency measures. (EM 8344)

Business Management in Agriculture #7: Preparing a Cash Flow Statement

Business

Time: 25 min.

By Freddie L. Barnard. In this section, participants will begin to appreciate at least five benefits to preparing cash flow statements, gain experience in compiling them, and learn how to deal with cash deficits and/or surpluses. (EM 8345) ✓

Agriculture

Business Management in Agriculture #8: Analyzing Business Adjustments/ Whole-Farm Budgeting

Business

Time: 26 min.

By Richard O. Hawkins. Discusses whole-farm budgeting for analyzing proposed changes in farm operation. It allows farmers to compare their present farming program with these new alternatives and to assess impacts. (EM 8346)

Business Management in Agriculture #9: Analyzing Business Adjustments/ Partial-Farm Budgeting

Business

Time: 27 min.

By Bart Eleveld. Partial-farm budgeting is another tool for analyzing simpler solutions to emerging problems. With this method, it is possible to consider only the costs and returns that will be affected by relatively minor changes. (EM 8347)

Business Management in Agriculture #10: Analyzing Land Investments

Business

Time: 47 min.

By Gayle Willett. Discusses specific variables to consider, including discounted monetary values, income tax benefits, earnings versus appreciation in value, and ability to pay. (EM 8382)

Business Management in Agriculture #11: Farm Machinery and Equipment/Buy, Lease, or Custom Hire?

Business

Time: 28 min.

By David Lins. Included in this session are machinery cost components (ownership, operating, intangibles), comparisons of cost differences in net present value terms, adjustments for tax brackets, and methods for putting it all together. (EM 8383)

Business Management in Agriculture #12: Obtaining and Using Credit Effectively

Business

Time: 49 min.

By David Kohl. Covers selecting a lender, preparing to meet with the lender, managing credit use, and analyzing financial performance. Also explored are collateral position and repayment ability. (EM 8384)

Business Management in Agriculture #13: Analyzing and Selecting Enterprises

Business

Time: 39 min.

By Bart Eleveld and Richard Carkner. Focuses on farm goals and objectives, planning, economic feasibility, market assessment, enterprise budgeting, break-even analysis, and evaluating enterprise mixes. (EM 8385)

Business Management in Agriculture #14: Managing Risk

Business

Time: 48 min.

By Gerry Schwab and Roy Black. Instructs the participant in how to identify sources of risk, determine risk-bearing capacity, and manage risk. (EM 8386)

Business Management in Agriculture #15: Planning the Farm Business

Business

Time:

By John Ikerd. Discusses the functions of marketing in farm business management, choosing a marketing method and pricing strategy, and making pricing decisions. Introduces management by objectives that are based on farm/ranch and family goals.

Business Management in Agriculture #16: Managing Price Risk

Business

Time: 21 min.

By Rob King and John Ikerd. Discusses the nature of price risks inherent in agricultural markets. Introduces the tools of scenario analysis work sheets and forward contracting to manage marketplace risks.

Agriculture

Business Management in Agriculture #17: Using Futures Markets

Business

Time: 47 min.

By Carl O'Connor and Kim Anderson. Explores the history of the futures market, contract specifications, the role of speculators, basis, and basis risk. Example transactions explain futures trading, futures versus forward contracting, hedging, setting a price objective, and trading on the margin.

Business Management in Agriculture #18: Using Agricultural Options

Business

Time: 53 min.

By Carl O'Connor, Kim Anderson and Jim Graham. Explains how to use options as a marketing tool to set minimum and maximum prices, to hedge using options contracts, and to convert fixed price positions into flexible price positions. Also discusses puts, calls, windows, fences, synthetic puts and calls, and how to use these tools in managing price risk.

Business Management in Agriculture #19: Understanding Basis

Business

Time: 33 min.

By Carl O'Connor and Kim Anderson. Participants learn why understanding basis and basis patterns are an essential key to making sound marketing decisions. Discusses determining the correct basis, using basis for price projections and calculating minimum or maximum prices, predicting and measuring basis risk, and basis risk versus price risk.

Direct Marketing: Tri-County Fresh

Business

Time: 20 min.

A case study of the Portland area Tri-County Food Association. Discusses the success and benefits of this direct marketing group (producer sells directly to consumer), its consumer guide, and grower management practices on location and through interviews.

1983

Stay Eligible for USDA Programs

Business

Time: 8 min.

Outlines for farmers the provisions of the conservation title of the 1985 Food Security Act.

Soil Conservation Service—USDA

Using FINPACK for Farm Financial Analysis and Planning #1: Long-Range Financial Planning with FINLRB

Business

Time: 44 min.

The first of two tapes with farm management specialist Bart Eleveld showing how FINPACK, computer programs for financial analysis and planning, can improve management on Northwest farms. Order the accompanying workbook, Using FINPACK for Farm Financial Analysis and Planning: Two Videotape Case Studies (EM 8338) from Agricultural Communications, telephone (503) 737-2513.

Oregon State University, 1987

Using FINPACK for Farm Financial Analysis and Planning #2: Long and Short Range Cash Flow Planning with FINTRAN/FINFLO

Business

Time: 41 min.

Shows how a detailed cash flow budget can be prepared for a farm or ranch. Describes use of FINTRAN if planning for major changes over the next 3 years and FINFLO if planning for minor changes over the next 12 months.

Discover Entomology

Environment

Time: 14 min.

Promotes the science of entomology (the study of insects) and explains its role in today's society and the career opportunities in the field.

The Entomological Society of America

Proper Pesticide Use #1: Laws and Regulations, Labels, and Labeling

Environment

Time: 29 min.

The first of four tapes produced in Oregon for training in certification to apply restricted-use pesticides. Former area county Extension agent Wilbur Burkhart explains the meaning of the Federal Insecticide, Fungicide, and Rodenticide Act of 1972 as it applies to individual farmers-applicators.

Oregon State University, 1978

Proper Pesticide Use #2: Pests, Pest Control, and Pesticides

Environment

Time: 29 min.

Former Lane county Extension agent Duane Hatch identifies different agricultural pests, reviews pest control measures, and describes kinds and formulations of pesticides.

Agriculture

Proper Pesticide Use #3: Using Pesticides Safely
Environment
Time: 29 min.

Joe Capizzi, former Oregon State University Extension entomologist, demonstrates safe procedures in using pesticides. Includes protective equipment and clothing, the nature of pesticide toxicity to humans and the environment, and the proper mixing and handling of pesticides.

Proper Pesticide Use #4: Application Equipment
Environment
Time: 14 min.

Washington County Extension agent Arden Sheets discusses different kinds of sprayers, types of spray nozzles, and the proper calibration of application equipment.

Russian Wheat Aphid
Environment
Time: 14 min.

Helps wheat farmers identify the insect and the early symptoms of a Russian wheat aphid infestation. The video also suggests methods to control the insect.
New Mexico State University, 1986

Steep Review #1: Social and Economic Impacts of Erosion Control
Environment
Time: 21 min.

The first of four tapes. Since 1976, researchers in Idaho, Washington, and Oregon have been studying many facets of agriculture to help farmers conquer erosion. STEEP (Solutions to Environmental Problems) research may greatly affect the way farmers operate.
1983

Steep Review #2: Erosion and Tillage
Environment
Time: 22 min.

Steep Review #3: Machinery
Environment
Time: 21 min.

Steep Review #4: Pest Management
Environment
Time: 22 min.

The Cowboy in Mongolia
Environment
Time: 1 hr.

This documentary shows the life of an Oregon ranching family trying to help Mongolian livestock herding families with a severe overgrazing problem. The program exposes cultural barriers to international cooperation.
Oregon State University, 1988

The Fruiting Wall Orchard System
Environment
Time: 10 min.

Describes benefits of training fruit trees to trellis and details start-up costs, installation, and management.

The Gypsy Moth...a Dilemma
Environment
Time: 13 min.

Copy of a Canadian film on the gypsy moth. Includes a brief history of the insect, how it breeds, hatches, grows, and feeds. The technical quality is poor but the film includes a good description of how the gypsy moth spreads.

Watershed Enhancement: Building Oregon's Future
Environment
Time: 14 min.

Describes the activities of the Governor's watershed enhancement board throughout Oregon and outlines procedures for project proposals to the board.
Governor's (Oregon) Watershed Enhancement Board

Beef in a Bag
Livestock
Time: 10 min.

Shows how to save money on beef by buying large portions available in most stores. TV personality Merle Ellis demonstrates how to cut up a large portion of beef for easy storage.
1982

Cattle Corrals
Livestock
Time: 18 min.

Shows the construction and operation of two Grant County corrals designed with OSU plans. One corral uses covered pie-shaped pens designed to work cattle on foot.
Oregon State University, 1977

Agriculture

Dairy Goat Classifications (Parts I & II)

Livestock

Time: 20 min.

Teaches the fine points of judging buck and doe dairy goats: scoring, defects, disease, appearance, breeding, and body parts. Examples of superior and inferior animals.

1978

Integrated Resource Management

Livestock

Time: 8 min.

Describes a way for cattle producers to be profitable and competitive by pooling professionals to help them solve production and management problems.

University of Idaho

Livestock Guarding Dogs—Protecting Your Sheep

Livestock

Time: 14 min.

Shows how guard dogs can be used to control sheep predators.

USDA, 1990

National Sheep Improvement Program (2 parts)

Livestock

Time: 15 min.

Part One introduces the computer-based sheep improvement program: how it works and the benefits. Part Two explains the application of the program to farm flock management.

Iowa State University and Colorado State University

Oregon Grown, Oregon Fresh

Livestock

Time: 17 min.

Produced by KO Productions for the Oregon Fryer Commission. Shows how Oregon producers raise and market chickens. Several OSU Poultry Science professors, including retired Extension poultry specialist Charles Fischer, are interviewed. The program is aimed at children from 3rd to 12th grade.

1984

Producing High-Quality Alfalfa Hay

Livestock

Time: 20 min.

This University of Idaho production takes a look at the importance of alfalfa quality in dairy production. Covers harvesting, testing, and storage.

University of Idaho, 1982

Rabbit Post Mortem Examination

Livestock

Time: 45 min.

Nephi Patton, OSU Department of Veterinary Medicine, illustrates how rabbit owners can conduct a post mortem of a rabbit to determine possible cause of death.

Oregon State University, 1978

Sheep Production #1: Baby Lamb Survival

Livestock

Time: 30 min.

The first of thirteen tapes on sheep raising from fencing to marketing. Produced in cooperation with the Oregon Sheep Industry and Winrock International. Purchase from the Sheep Industry Development Program, 200 Clayton Rd., Denver, CO 80206. Cost: $25 per tape.

1978

Sheep Production #2: Confinement Housing for Sheep

Livestock

Time: 30 min.

Sheep Production #3: Fencing

Livestock

Time: 30 min.

Sheep Production #4: Flock Health

Livestock

Time: 30 min.

Sheep Production #5: Harvesting Your Wool Crop

Livestock

Time: 30 min.

Sheep Production #6: Lamb Marketing

Livestock

Time: 30 min.

Sheep Production #7: Maximizing Ewe Production

Livestock

Time: 30 min.

Sheep Production #8: Planning a Working Facility for Sheep

Livestock

Time: 30 min.

Agriculture

Sheep Production #9: Prevent Baby Lamb Starvation
Livestock
Time: 30 min.

Sheep Production #10: Raising Orphan Lambs
Livestock
Time: 30 min.

Sheep Production #11: Sheep Obstetrics
Livestock
Time: 30 min.

Sheep Production #12: Sheep Production Techniques
Livestock
Time: 30 min.

Sheep Production #13: Training a Sheep Dog
Livestock
Time: 30 min.

Value Based Lamb Marketing: The Case for Certification
Livestock
Time: 1 hr. 40 min.

This tape of the Lamb Information Session of the 1990 American Sheep Industry Convention examines potential for a lamb certification program and includes research, retail, packer and restaurant representatives.
American Sheep Industry Association, 1990

Wool Quality: Are We "Skirting" the Issue?
Livestock
Time: 2 hrs.

This tape of the Wool Information Session of the 1990 American Sheep Industry Convention features ways to improve U.S. wool clip with presentations by producer, marketing and manufacturing representatives.
American Sheep Industry Association, 1990

A Grower's Guide to Pruning Highbush Blueberries
Production
Time: 22 min.

Designed for both the commercial grower and the home gardener, this easy-to-follow program illustrates the basics of blueberry plant growth, pruning plants of different ages, ways to increase pruning speed, and pruning for machine harvest.
Oregon State University Extension Service, 1990

Agriculture People
Promotion
Time: 5 min.

A musical look at agricultural career opportunities.
Kirby Brumfield Productions, 1989

Communication Training

Meetings: Isn't There A Better Way?

Human Relations

Time: 32 min.

King Arthur's court serves as the backdrop for showing how to organize and conduct successful meetings. Produced by the authors of *How To Make Meetings Work.*

Visucom Productions, Inc., 1981

Whatever Happened to Mr. Wizard, or How Do We Really Find Out About Science?

Media Relations

Time: 28 min.

Helps scientists and journalists better understand the interaction of science and the mass media. The results of scientific research are followed from the laboratory to the time the information appears in a daily newspaper.

Oregon State University, 1983

The World's Greatest Photography Course

Photography

Time: 1 hr. 28 min.

A how-to instructional tape on the basics of still photography. Professional photographer Lief Ericksenn hosts this program which begins with learning how to see and covers composition, automatic cameras, selecting film and lenses, light and flash, creative filters, macro-photography, and night photography.

1983

Be Prepared to Speak

Public Relations

Time: 27 min.

This step-by-step video guide to public speaking is presented in part by Toastmasters International.

Kantola Productions, 1990

Camera Technique for Television Production

Video

Time: 15 min.

Demonstrates key camera techniques for videotape production. Strong emphasis on effective closeups and appropriate use of a zoom lens.

3-M Video Productions, 1977

How to Light for Videography

Video

Time: 24 min.

Presents types of lighting equipment, creative concepts, how to control light, and basic safety in handling lighting equipment.

1984

How to Perform on Television

Video

Time: 20 min.

An overview of the challenges of performing well on television. Covers the topics of eye contact, how to prepare, looking relaxed, appropriate clothing, supporting visuals, delivery styles, and body movement. Recommended for agents involved in or contemplating regular television productions.

3-M Video Productions, 1978

How to Record Sound for Video

Video

Time: 20 min.

Covers the types of microphones available for video production and the reasons for using them. Shows how to use a mixer and several microphones at once, how to eliminate unwanted noise during the shoot, and how to add sound afterwards.

1984

Sight and Sound #1: Planning and Preparing for Production

Video

Time: 10 min.

Designed to guide the beginning TV producer, this five-tape series covers the basic steps of television production.

3-M Video Productions, 1988

Sight and Sound #2: Putting Your Production on Screen

Video

Time: 18 min.

Sight and Sound #3: Video Post Production

Video

Time: 14 min.

Sight and Sound #4: Performing On Television

Video

Time: 18 min.

Sight and Sound #5: General Production Tips

Video

Time: 16 min.

Communication Training

How to Do a Newsletter That Gets Read

Writing/Publications

Time: 90 min.

How to evaluate the needs of your audience, identify purpose, communicate with your specific audience, and evaluate the impact. Tips on design, editing, and writing.

University of Missouri-Columbia, 1990

The Unwriting Workshop with Kirby Brumfield as Mark Twain

Writing/Publications

Time: 14 min.

With witty Mark Twain as the teacher, viewers can learn how to improve their writing skills by practicing some simple techniques. The video and companion workbook make up this do-it-yourself writing improvement program.

Oregon State University Extension Service, 1990

Economic Development

Cash Flow Forecasting
Business Management
Time: 30 min.
Presents the basics for decision-making in small and home-based businesses.
American Media Inc.

How to Succeed in a Home Business
Business Management
Time: 70 min.
Examines the advantages of working at home and explains tax regulations.
Inc. Magazine

The Accounting Process
Business Management
Time: 27 min.
An overview of accounting procedures and principles for the small business owner.
American Media Inc.

How to Really Start Your Own Business
Entrepreneurship
Time: 2 hrs.
This ten-part series features interviews with successful business owners.
Inc. Magazine

Profit Forecasting
Entrepreneurship
Time: 30 min.
A tool for would-be as well as the established entrepreneur.
American Media Inc.

Creating a Winner: The Real Secrets of Successful Marketing
Marketing
Time: 1 hr. 10 min.
Constructs a marketing model and includes comments from successful entrepreneurs.
Inc. Magazine

Take Care
Marketing
Time: 20 min.
A customer relations training tool.
American Media Inc.

What Would You Do? (Banking Customer Relations)
Marketing
Time:
This training tool includes a printed leader's guide.
American Media Inc.

What Would You Do? (Retail Customer Relations)
Marketing
Time:
This training tool includes a printed leader's guide.
American Media Inc.

Energy

Retrofitting Firebox Boilers for Improved Energy Efficiency

Boiler Operation

Time: 30 min.

Explains how to assess the potential of retrofitting a firebox boiler, how to select materials, and a step-by-step retrofitting process.

Oregon State University, 1990

Safe and Efficient Boiler Operations

Boiler Operation

Time: 36 min.

Shows how to save money on fuel, repairs, and other costs. Targets schools, but appropriate for small processing plants, churches, and small institutions. A companion booklet includes the videotape script and information on combustion efficiency tables, boiler logs, and estimated savings.

Oregon State University

Built for Comfort: An Introduction to Energy-Efficient Home Construction

Construction

Time: 27 min.

Covers insulation, windows and doors, air leakage control, ventilation, solar design, and heating systems. Shows how almost any home design can be modified to make a comfortable, energy-efficient home.

Oregon State University, 1985, 1987/rev.

Energy-Efficient Construction on the Oregon Coast

Construction

Time: 12 min.

Discusses building energy-efficient homes in Oregon's coastal climate. Includes interviews with builders and homeowners.

Oregon State University, 1985

High Performance Windows

Construction

Time: 5 min.

Tells how to get optimum energy performance from windows. Covers air-space depth, wood frame, thermal-break aluminum, and low-E.

Oregon State University, 1985, 1987/rev.

Super Good Cents: Advanced Drywall

Construction

Time: 40 min.

The first of sixteen tapes describing techniques for building energy-efficient homes. Describes the minor changes in standard construction to create continuous air/vapor barriers. Includes specific how-to directions.

Oregon State University, 1986

Super Good Cents: Advanced Framing

Construction

Time: 18 min.

Explains how builders can save money on wall framing while improving insulation. Shows where and how to eliminate unnecessary lumber, why building codes approve wall framing, and how it improves the house.

Oregon State University, 1986

Super Good Cents: Batt Insulation Walls and Floors

Construction

Time: 16 min.

Describes a good insulation job and tells how to install fiberglass batts in frames, walls, and floors. Covers joists and post-and-beam floors.

Oregon State University, 1986

Super Good Cents: Building Homes for Comfort and Savings

Construction

Time: 27 min.

A tour of the features in an energy-efficient design for a new home. Includes site design, insulation, air leakage control, and heating system features for homes built in the Northwest's coastal, maritime valley, and cold climates. Targets home buyers making decisions about custom homes, but also appropriate for those shopping for spec homes.

Oregon State University, 1988

Super Good Cents: Controlling Indoor Moisture

Construction

Time: 16 min.

Identifies the sources and pathways of indoor water vapor and explains moisture control methods, including those for cold climates. Shows how house tightening controls moisture problems. Targets builders but also is appropriate for code officials and home buyers.

Oregon State University, 1988

Energy

Super Good Cents: Double Wall Construction
Construction
Time: 15 min.
A step-by-step guide to the construction of one type of double wall. Discusses the advantages of using double wall construction to get higher R values in walls.
Oregon State University, 1987

Super Good Cents: Energy-Efficient Windows
Construction
Time: 12 min.
Explains what makes windows energy-efficient and how to find energy rating information. Illustrates how different glazing materials, frames, and seals affect efficiency. Shows how to install windows properly.
Oregon State University, 1987

Super Good Cents: How to Insulate Attics
Construction
Time: 15 min.
Discusses how to select the proper ceiling R value for your climate and get uniform application of insulation across the entire attic. Describes how to properly ventilate attic spaces.
Oregon State University, 1987

Super Good Cents: How to Insulate Cathedral Ceilings
Construction
Time: 10 min.
Covers options for increasing depth of the vault cavity so more insulation can be installed. Describes how to use special insulation to get higher R value. Discusses how to ventilate insulated cathedral ceilings.
Oregon State University, 1987

Super Good Cents: How to Insulate Concrete Slabs
Construction
Time: 17 min.
Shows a variety of ways to use rigid foam board insulation to properly insulate the different types of on-grade slabs.
Oregon State University, 1988

Super Good Cents: Introduction to Residential Mechanical Ventilation
Construction
Time: 25 min.
Presents the general elements required in any ventilation system, including correct sizing of air exhausts and intakes, fans, and controls. Discusses the advantages of mechanical versus passive ventilation.
Oregon State University, 1987

Super Good Cents: Radon Control in New Home Construction
Construction
Time: 20 min.
Describes the factors affecting radon concentration in homes (source strength, soil permeability, openings in the homes, and indoor-outdoor pressure differential) and the principles of radon control, including blocking radon entry, minimizing negative pressure inside the house, and diverting radon flow.
Oregon State University, 1989

Super Good Cents: Rigid Insulation for the Exterior Side of Above-Grade Walls
Construction
Time: 20 min.
Shows how to choose a rigid insulation and apply it correctly. Covers installation details such as window rough-opening framing, structural sheathing, and lap siding over rigid insulation.
Oregon State University, 1987

Super Good Cents: Rigid Insulation for the Interior Side of Above-Grade Walls
Construction
Time: 12 min.
Shows how interior rigid insulation can double as wall insulation and an air/vapor barrier. Covers framing and drywall attachment details.
Oregon State University, 1987

Super Good Cents: Window Design Decisions
Construction
Time: 19 min.
Explains how window area, orientation of the house, and room layout affect a home's thermal performance and comfort. Gives strategies for reducing window area while maintaining a home's design characteristics.
Oregon State University, 1989

Super Good Cents: Zonal Electric Heat
Construction
Time: 17 min.
Explains the benefits of zonal electric heating. Shows how to design a variety of zonal heating systems into a home plan. Targets consumers, but also is appropriate for builders.
Oregon State University, 1988

Metering Your Money
Energy Education
Time: 7 min.
A video copy of a slide set. Shows how to read utility meters and make energy-saving decisions. Appropriate for people on low incomes.
Oregon State University, 1985

Saving Energy $: 16 Cheap and Easy Ways
Energy Education
Time: 14 min.
Shows ways to save up to $200 per year on utility bills through low- and no-cost energy-saving actions.
Oregon State University, 1985

How to Insulate Basements
Insulation
Time: 16 min.
Explains the pros and cons of insulating basement walls from the inside or the outside, describes materials and techniques, and discusses moisture protection.
Oregon State University, 1989

Insulating Ceilings, Walls, and Floors
Insulation
Time: 30 min.
Explains the advantages of different types of insulating material and vapor barriers. Describes the correct way to insulate a home. Shows a professional crew installing loose-fill insulation in walls.
Oregon State University, 1984, 1987/rev.

Minimizing Heating and Cooling Duct Losses
Insulation
Time: 14 min.
Identifies how ducts lose heat and recommends materials and procedures for taping and insulating ducts.
Oregon State University, 1989

Storm Windows and Night Window Insulation
Insulation
Time: 24 min.
Gives guidelines on purchasing and installing storm windows. Covers a variety of options, including a do-it-yourself version. Shows a professional crew installing storm windows and how to make a simple night-insulating window treatment.
Oregon State University, 1984, 1987/rev.

Irrigation Management Efficiency
Irrigation Energy
Time: 38 min.
Explains how to determine when and how much to irrigate for maximum crop yield and minimum pumping costs.
Oregon State University, 1986

Irrigation System Efficiency
Irrigation Energy
Time: 57 min.
Reviews energy-efficient irrigation procedures from intake to sprinkler.
Oregon State University, 1985, 1987/rev.

Batch Solar Water Heater Installation
Solar
Time: 15 min.
Shows installation of batch solar water heater system by a professional crew. Emphasizes structural support and freeze protection.
Oregon State University, 1985, 1987/rev.

Do-It-Yourself Batch Solar Water Heater
Solar
Time: 30 min.
Shows how to build a low-cost batch solar water heater with a used hot water tank and simple building materials and tools. Accompanied by construction plan.
Oregon State University, 1985, 1987/rev.

The Solar Show #1: Introduction to Solar Water Heating
Solar
Time: 11 min.
The first of seven tapes that discuss solar heating. This tape gives an overview of solar water-heating options.
Oregon State University, 1984, 1987/rev.

The Solar Show #2: Flat-Plate Solar Collectors
Solar
Time: 14 min.
Discusses key design features and efficiency of the flat-plate solar collector. Includes shopping tips.
Oregon State University, 1985, 1987/rev.

The Solar Show #3: Active Solar Water Heating

Solar

Time: 19 min.

Discusses drain-back, drain-down, and anti-freeze systems. Includes information on plumbing and control details.

Oregon State University, 1985, 1987/rev.

The Solar Show #4: Passive Solar Water Heating

Solar

Time: 15 min.

Covers batch and thermosyphon solar water-heater design and installation.

Oregon State University, 1985, 1987/rev.

The Solar Show #5: Sunspace Glazing Designs

Solar

Time: 20 min.

Describes materials, methods, and options for glazing sunspaces. Emphasis is on sloped glazing details.

Oregon State University, 1985, 1987/rev.

The Solar Show #6: Sunspace Thermal Mass

Solar

Time: 19 min.

Covers the selection and application of thermal mass materials for passive-solar sunspace designs.

Oregon State University, 1985, 1987/rev.

The Solar Show #7: Sunspace Venting and Shading

Solar

Time: 16 min.

Discusses strategies for drawing heat from a sunspace into the house in winter and summer shading and venting.

Oregon State University, 1985, 1987/rev.

Water Heating Heat Pumps

Water Heating

Time: 10 min.

Describes the components, process, and installation of the heat pump system. Also discusses efficiency and system costs.

Oregon State University, 1984, 1987/rev.

Wood Water Heating

Water Heating

Time: 7 min.

Examines a wood stove water heating system and discusses heat exchangers, plumbing, installation, pumping, and efficiency.

Oregon State University, 1983, 1987/rev.

Home Weatherization for Comfort and Savings

Weatherization

Time: 16 min.

Explains the benefits of weatherization. Discusses both do-it-yourself projects and those best left to the professional weatherization contractor.

Oregon State University, 1986

Sealing Air Leaks During Construction

Weatherization

Time: 18 min.

Gives the builder a set of procedures for ensuring all important air leaks are sealed. Accompanied by a 20-page study guide with an air sealing checklist and a table of air sealing materials.

Oregon State University, 1989

Stopping Home Air Leaks

Weatherization

Time: 19 min.

Explains the effect of air infiltration and exfiltration on home heat loss and shows how to identify air leaks. Discusses caulking and weatherstripping materials and shows how to plug air leaks.

Oregon State University, 1984, 1987/rev.

Extension Service

Agriculture and the Constitution
Promotional
Time: 10 min.
Examines from a historical context the role agriculture played in the creation of the U.S. Constitution.
USDA Office of Governmental and Public Affairs

Agriculture People
Promotional
Time: 5 min.
A musical look at agricultural career opportunities.
Kirby Brumfield Productions, 1989

Can't Do Without OSU
Promotional
Time: 10 min.
Video copy of a slide tape program promoting Oregon State University as an essential part of Oregon's economy, focusing on research and Extension.

Changing Rural America
Promotional
Time: 25 min.
Provides an overview of recent economic trends in rural America and their impact on rural communities both now and in the future.
USDA Cooperative Extension Service and Economic Research Service, 1988

Education That Works For You
Promotional
Time: 9 min.
This video version of a tape-slide program traces the history of the Oregon Extension Service and describes its organization, funding and educational mission then and now.
Oregon State University

Extension Promotional Video
Promotional
Time: 2 min.
Covers the program areas and functions of the Extension Service, emphasizing agent, specialist, and researcher interaction.
1987

Investing in America's Future
Promotional
Time: 12 min.
Documents the work of Extension in a changing time and outlines Extension's eight national initiatives.
USDA Cooperative Extension Service, 1988

Synthesis and Integration—The Dynamics of Extension
Promotional
Time: 1 hr. 45 min.
Oregon State University Extension Service's first teleconference, provides an overview of the initiative process used to develop Extension programs. The teleconference also examines promotion and tenure for Extension faculty.
Oregon State University, 1988

Forestry

Careers in Forestry

Careers

Time: 12 min.

Illustrates the many opportunities open to forestry graduates, not only in growing and harvesting trees, but also in managing people and organizations, interpreting the environment, and investigating important natural resource issues.

Oregon State University

Advances in Reforestation and Forest Management in Southwest Oregon: The Fir Story

Forest Management

Time: 23 min.

Illustrates the evolution, structure, and success of a cooperative research and technology transfer program.

Oregon State University Forestry Media Center, 1990

Great American Woodlots #1

Forest Management

Time: 28 min.

The first of thirteen tapes promoting husbandry of forestland. *Profile* segments are interviews with woodlot owners; *Features* provides practical, information; *Wildlife* tells how to encourage wildlife habitats; *Youth* shows how young people learn about the forest; and *Viewpoint* segments discuss major issues with forestry leaders. This first program includes an interview with the National Outstanding Tree Farmer of 1983, a tour of a National Wildlife Demonstration Area, urban forestry, and more.

1987

Great American Woodlots #2

Forest Management

Time: 28 min.

Profile interviews Al Lansing of Mississippi, the 1986 Southern Outstanding Tree Farmer. *Wildlife* discusses ponds for wildlife in your woodlot. *Features* includes forest succession, all-terrain vehicle trailers, and chain saw safety. On *Viewpoint*, Neil Sampson, Executive Director of the American Forestry Association, discusses the importance of a healthy forest.

Great American Woodlots #3

Forest Management

Time: 28 min.

Profile introduces Les Viereck of Alaska, the owner of the northernmost tree farm in the United States. On *Wildlife*, Craig Tufts discusses ways to create food and cover for wildlife. *Features* includes hose logging, woodlot management plans, and chain saw kickback. On *Viewpoint*, Lloyd Irland of Maine discusses land stewardship.

Great American Woodlots #4

Forest Management

Time: 28 min.

Profile interviews Jim Matschulat of Connecticut, who manages land for ruffed grouse. *Wildlife* reviews points on wildlife food and cover. *Features* discusses use of maps and compass, stream maintenance and water quality, and safety clothing for working in the woods.

Great American Woodlots #5

Forest Management

Time: 28 min.

Profile introduces Waldo Kick, two-time Outstanding Tree Farm Operator in Minnesota. *Features* reviews safety when cutting down trees, research on wild turkeys in the forest, and converting farm tractors for safe use in woodlots. *Youth* discusses the annual 4-H Forestry Competition sponsored by the International Paper Company. On *Viewpoint*, Neil Sampson, Executive Director of the American Forestry Association, discusses how woodlots contribute to clean water.

Great American Woodlots #6

Forest Management

Time: 28 min.

Profile introduces Tom Ross of Arkansas, the 1984 Southern Region Outstanding Tree Farmer. *Features* reviews safety demonstrations, the Coverts Project in Vermont, agro-forestry in Oregon, and a family-owned sawmill operation. *Youth* shows the Beaver Brook Environmental Education Center in Hollis, New Hampshire.

Forestry

Great American Woodlots #7

Forest Management
Time: 28 min.

Profile interviews Les Barden, 1984 Outstanding Tree Farmer of New England. *Features* includes how to safely set up and operate a woodsplitter, the first of three segments on ruffed grouse, how to maximize the value of logs for woodcutters, and improving black walnut trees through genetic research. *Viewpoint* is a discussion by Neil Sampson on the importance of the trees in protecting topsoil.

Great American Woodlots #8

Forest Management
Time: 28 min.

Profile shows a tour of the woodlot created from abandoned strip mines by Frank Newell, 1983 North Central Outstanding Tree Farmer. *Features* includes proper use of a brushsaw, forest management to maintain ruffed grouse, how tree seedlings are grown, and protection of the forest from fire and insects. *Viewpoint* discusses intensive pine plantation management and wildlife.

Great American Woodlots #9

Forest Management
Time: 28 min.

Profile interviews 1984 National Outstanding Tree Farmer Richard Heck. *Features* discusses water research at the U.S. Forest Service Hubbard Brook Watershed, techniques used by ruffed grouse to survive cold weather, tree planting methods, and genetically improved hybrid larch. On *Viewpoint*, Ernie Gould, forest economist at the Harvard Forest, describes forest practices regulations.

Great American Woodlots #10

Forest Management
Time: 28 min.

Profile introduces Oregon's Bob Mealey, Outstanding Tree Farmer. *Features* reviews drought-resistant trees, creating wildlife habitats, prescribed burning, and shelterbelts. On *Viewpoint*, Kathy McGlauflin discusses Project Learning Tree.

Great American Woodlots #11

Forest Management
Time: 28 min.

Profile introduces the 1985 National Outstanding Tree Farmer, Mike Demeree. *Features* includes U.S. Forest Service research on growing better forests, a New Hampshire woodlot that was turned into a heron rookery, a small sawmill used to make lumber and build a house, and tools and gadgets for the woodlot. On *Viewpoint*, Neil Sampson comments on the creation of National Forest plans.

Great American Woodlots #12

Forest Management
Time: 28 min.

Profile interviews the 1985 Southern Region Outstanding Tree Farmer, Farrah Howard. *Features* discusses fast-growing firewood, improving woodcock habitats, the U.S. Forest Service Smoke Jumpers, backyard maple syrup production, and a prescription for woodlot health.

Great American Woodlots #13

Forest Management
Time: 28 min.

Profile introduces the Morse family of Wells, Maine, 1985 Outstanding Tree Farmers of New England. *Features* reviews leasing timberland to hunters, wildlife management techniques for the woodlot, and marketing of timberlands. On *Viewpoint*, John Suffron of the Minnesota Forestry Association discusses organizations for woodlot owners.

Help for Your Woodland

Forest Management
Time: 16 min.

Examples of technical, educational, and financial assistance available for managing woodland properties.
Oregon State University Forestry Media Center, 1990

Soil Compaction on Forest Lands

Forest Management
Time: 19 min.

Describes physical conditions of soil compaction on forest lands, measurement techniques, current research results, and techniques to reduce soil compaction.
1982

Forestry

Yankee Woodlot #1: Getting Started

Forest Management

Time: 28 min.

The first of ten tapes on the basic skills required for managing woodlots. The series draws upon the expertise of the Maine Cooperative Extension Service, Maine Forest Service, private consultants, and woodlot owners. Discusses the value of the woodlot as a resource and the forces that determine its use.

1986

Yankee Woodlot #2: Where It Is

Forest Management

Time: 28 min.

This program reviews the need for a correctly written deed and properly marked and maintained boundary lines. Includes a simulation of a timber trespass that could have been prevented by maintained boundary lines.

Yankee Woodlot #3: What's On It?

Forest Management

Time: 28 min.

Illustrates how to divide the woodlot into stands and classify them for easy reference. Shows how to use aerial photographs and other maps to create a timber stand map of the Yankee woodlot and how to use the map to establish objectives for the woodlot.

Yankee Woodlot #4: What's Under It?

Forest Management

Time: 28 min.

A soils scientist takes the viewer on a tour of the woodlot, demonstrating the techniques of making a soils test and inventory of each timber stand and describing how these results will influence management options.

Yankee Woodlot #5: Looking It Over

Forest Management

Time: 28 min.

A consulting forester takes viewers on a tour of a woodlot, pointing out characteristics that indicate the condition and overall health of the resource.

Yankee Woodlot #6: Working With It

Forest Management

Time: 28 min.

Introduces the landowner to the forest management practices of thinning, releasing, and pruning to improve the condition of a forest stand and the vigor of individual trees.

Yankee Woodlot #7: Harvesting It

Forest Management

Time: 28 min.

Provides the "weekend woodcutter" with a review of chainsaw safety and proper cutting techniques demonstrated by two instructors from the "Professional Wood Harvesting" program at the Washington County VTI. Includes a demonstration of new, small-scale harvesting apparatus under development by the College of Forest Resources at the University of Maine.

Yankee Woodlot #8: Income From It

Forest Management

Time: 28 min.

Details the timber marketing process as viewed by an industrial forester, consulting forester, and Maine Forest Service forester.

Yankee Woodlot #9: Special Uses

Forest Management

Time: 28 min.

Discusses the problems and rewards faced by four owners who manage their forest lands for special uses.

Yankee Woodlot #10: Looking Ahead

Forest Management

Time: 28 min.

Looks towards the future and such issues as new technologies, new uses, changing government policies, and the economy.

Aerial Logging Systems

Harvesting

Time: 14 min.

Reviews comparative costs of skyline, balloon, and helicopter logging. Based on research in Mt. Hood National Forest in 1973 and 1974. Copy of an OSU-produced film.

Tackling Productivity in Mechanized Logging

Harvesting

Time: 19 min.

Discusses the concepts of teamwork, community, and cross-training for improving efficiency of mechanical logging.

Oregon State University Forestry Media Center, 1990

Natural Enemies of Forest Insect Pests

Pest Management

Time: 23 min.

Interviews with forest scientists help explain the value of natural enemies of insect pests and their implications for management practices.

Oregon State University Forestry Media Center, 1990

Pesticides in Forestry

Pest Management

Time: 1 hr. 17 min.

This three-part series describes the movement, fate, and toxicology of pesticides in the forest environment. Designed for pesticide application training, but of interest to anyone seeking an understanding of pesticides in the forest.

Oregon State University Forestry Media Center, 1987

4-H and Youth Development

4-H Judging: Knitting
Projects
Time: 13 min.
Dorothy Klock explains her reasons and ratings. Teaches how to buy a baby gift, identify patterns, select yarn, and finish the inside of a garment.

Beginning Loom Weaving
Projects
Time: 48 min.
Provides instruction for the new weaver to master one system of setting up a loom and begin to weave. The videotape and accompanying manual include measuring the warp, yarn calculation, dressing the loom, reading drafts, and correcting mistakes.
University of Wisconsin

Blue Sky Below My Feet #1: Ellison Onizuka—A Tribute
Projects
Time: 6 min.
The first of six tapes introducing 4th- to 6th-graders to science and technology through discussion of the space shuttle programs. This tape is a profile of Ellison Onizuka, a former 4-H member from Hawaii who died in the Challenger 7 tragedy. The Blue Sky Below My Feet series has been dedicated to his memory and values.
1987

Blue Sky Below My Feet #2: Promo
Projects
Time: 8 min.
A brief look at the three programs in the series: Forces, Space Food, and Space Suits. Suitable for promotion with volunteer leaders, school administrators, and teachers.

Blue Sky Below My Feet #3: Promo
Projects
Time: 22 min.
An in-depth look at the content of the three programs in the series. Appropriate for promoting the educational values with volunteer leaders, teachers, and school administrators.

Blue Sky Below My Feet #4: Forces
Projects
Time: 28 min.
Shows the effects of forces such as gravity on our daily lives and on astronauts while in space.

Blue Sky Below My Feet #5: Spacefoods
Projects
Time: 28 min.
Explores the similarities of nutritional requirements of our bodies while on earth and in space.

Blue Sky Below My Feet #6: Spacesuits
Projects
Time: 28 min.
Reveals the various roles fibers and textile products play in space.

Card Weaving
Projects
Time: 1 hr. 37 min.
Includes basic techniques of card weaving, how to measure the warp, thread the cards, set up and weave patterned bands, and how to stitch bands together to form larger fabrics. The course also involves two projects.
Victorian Video Productions

E.L. "Dad" Potter Horsemanship Award
Projects
Time: 50 min.
Details the 10 movements required for successful completion of the Dad Potter Horsemanship Award. The video was produced for the 1986 Oregon 4-H Judges Training by a Lane County (Oregon) 4-H Horse Judge.

Easy Yeast Bread
Projects
Time: 14 min.
Demonstrates the art of baking yeast breads or rolls from start to finish. Shows how to dissolve yeast, mix and knead dough, shape bread and rolls, and judge the finished product for standard qualities.
1986

Grooming and Modeling
Projects
Time: 18 min.
This National 4-H Fashion Revue video shows how to plan and stage a musical, choreographed show. Includes examples of modeling techniques and ways to involve young men in the fashion revue program. The first half shows the Fashion Revue and second half shows how the revue is planned and executed. Appropriate for training, promotion, and visibility.

Introduction to Weaving
Projects
Time: 57 min.
Presents an overview of what handweaving is, what can be woven, and some types of looms. Also includes the basics of weaving—small tools used by weavers, vocabulary of weaving terms, and different warp and weft yarns.
Victorian Video Productions

4-H and Youth Development

Judging Beef Cattle: Meat Quality Grading

Projects

Time: 15 min.

Teaches how to evaluate quality grades of beef. This video demonstrates how grading can be taught and practiced without having to buy meat.

California Polytechnic State University Foundation, 1988

Judging Market Lambs

Projects

Time: 15 min.

Teaches what to look for in a high quality market lamb. Students learn to use three tools to recognize the "ideal" market lamb: visual appraisals, handling, and lots of practice.

California Polytechnic State University Foundation, 1989

Judging Market Swine

Projects

Time: 18 min.

Helps students learn to visually evaluate pigs and hogs. Students learn to judge live animals against an industry "standard" (ideal) type hog. Also contains tips for giving polished performances, as well as information to sharpen judging skills.

California Polytechnic State University Foundation, 1989

Oral Reason Terminology for Horse Judging Teams

Projects

Time: 29 min.

Illustrates several teaching formats used to help 4-H members learn horse reason and terminology.

California Polytechnic State University Foundation, 1988

Picture This: Photography Composition

Projects

Time: 12 min.

The basics of photography composition, points of good photography, how to use the camera, and what to look for in good composition.

University of Wyoming, 1986

Quick Bread

Projects

Time: 12 min.

Shows a variety of quick breads that can be made from a few basic ingredients and demonstrates how to make biscuits and muffins. Common beginner errors are discussed.

1986

Richard Shrake Horse Clinic #1: Horsemanship

Projects

Time: 1 hr.

The first of eleven tapes by horse trainer Richard Shrake tells how to prepare yourself and your horse for the rigors of basic horsemanship. Focuses on communication between the horse and rider through the proper use of legs, hands, posture, and equipment.

Richard Shrake Horse Clinic #2: Showmanship and Halter

Projects

Time: 1 hr. 12 min.

Covers the basics of horse training, grooming, clipping, and ring procedure. Includes exercises to improve the viewer's horsemanship.

Richard Shrake Horse Clinic #3: Trail

Projects

Time: 1 hr.

Provides the basics of schooling your horse through such obstacles as gates, walkovers, back-through, and side pass. Helps riders develop a sequential training program for either experienced riders or new trail horsemen.

Richard Shrake Horse Clinic #4: Horse Psychology and Ground Work

Projects

Time: 1 hr.

Details the essential components for a horseman to communicate with his or her horse. Covers the advantages of groundwork.

Richard Shrake Horse Clinic #5: Western Pleasures

Projects

Time: 46 min.

Tells how to select a pleasure horse. Covers horse movement and riding techniques.

Richard Shrake Horse Clinic #6: Reining

Projects

Time: 1 hr.

Explains spins, turnarounds, lead changes, and stops that make up the reining rider today. Designed for the advanced rider who wants to refine the characteristics of the reining horse.

4-H and Youth Development

Richard Shrake Horse Clinic #7: Resistance-free Training

Projects

Time: 1 hr. 10 min.

Shows saddling, riding, and ground training a young horse. Intended for advanced horsemen, the resistance-free method is explained and demonstrated on a young colt.

Richard Shrake Horse Clinic #8: Bits and Bitting

Projects

Time: 1 hr.

Covers bits and bridles for the western horse. Comprehensively describes different types of bits.

Richard Shrake Horse Clinic #9: Resistance Free Training Part II

Projects

Time: 1 hr.

This "advanced series" tape shows the step-by-step process of teaching the young horse under saddle. Starting with walking, circling, lateral bending, and hip movement, the viewer will also learn to cue for relaxed and controlled transitions.

Richard Shrake Horse Clinic #10: The Problem Horse

Projects

Time: 1 hr.

Illustrates how to retrain the spoiled, problem horse and correct bad habits such as lack of concentration, unresponsiveness, stiffness, and unpredictable behavior.

Richard Shrake Horse Clinic #11: Resistance Free Riding

Projects

Time: 1 hr.

Details techniques used for training the equitation horse. Methods described in the video show how developing a bond between the horse and rider makes for a better ride.

Riders, Use Your Head

Projects

Time: 17 min.

A video copy of an Ohio 4-H slide set on horse safety. This program focuses on the importance of a safe helmet. Visual quality is poor; details of printing are hard to see.

1985

Rigid Heddle Weaving Level I

Projects

Time: 1 hr. 33 min.

Demonstrates a method of warping specially designed for the rigid heddle loom and two projects that involve basic weaving techniques, as well as techniques unique to the rigid heddle loom.

Victorian Video Productions

Sheep Judging Practice Classes with Reasons

Projects

Time: 20 min.

4-H members can sharpen their sheep judging skills at any time with this video, designed to help them learn by observation and practice. Shows how to practice judging skills without live animals.

California Polytechnic State University Foundation, 1989

Sheep Showmanship

Projects

Time: 15 min.

Help your 4-H members select and fit good show animals. Demonstrates the fitting and showing techniques necessary to win, emphasizing the basics young exhibitors should master before they enter the showing.

California Polytechnic State University Foundation

Shooting Fundamentals

Projects

Time: 16 min.

Uses air pistols to explain, demonstrate, and describe the two shooting fundamentals: sight alignment and trigger control. Concepts may also be applied to air rifle and smallbore rifle safety/marksmanship programs.

University of Minnesota, 1988

Splint Basketry I: Appalachian Egg Basket

Projects

Time: 1 hr. 36 min.

Teaches how to weave an Appalachian egg basket. The program covers materials to use, how to prepare them, and finishing techniques.

Victorian Video Productions

Swine Handling and Transportation

Projects

Time: 20 min.

Explains ways to increase profits by preventing needless loss of livestock through poor handling and transportation. Important for any program involved with handling and transporting swine.

Livestock Conservation Institute, 1989

4-H and Youth Development

The 4-H Computer Project #1: Learning About Computers

Projects

Time: 4 min.

The first of four tapes introducing 4-H'ers to computers.

The 4-H Computer Project #2: Using the TRS-80 Model III Microcomputer

Projects

Time: 16 min.

The 4-H Computer Project #3: Using the Apple IIe Computer

Projects

Time: 15 min.

The 4-H Computer Project #4: Using the IBM Personal Computer

Projects

Time: 15 min.

4-H Club Projects

Promotion

Time: 5 min.

Shows the variety of 4-H clubs and projects available. 4-H members explain what they like about their projects. Appropriate for a promotional program for county fairs.

Kodak, 1984

4-H is More

Promotion

Time: 22 min.

Explains the diverse, contemporary programs in 4-H that serve the needs of adults and youth. Roy Rogers and other personalities explain the impact of 4-H on their lives. Covers personal responsibility and confidence, competence, safety and survival skills in urban and rural settings, motivation, leadership, citizenship, and volunteerism.

National 4-H Council, 1984

4-H Makes a Difference

Promotion

Time: 10 min.

Documents the 4-H alumni study, a project designed to evaluate the impact of 4-H activities on youth development.

Extension Service—USDA, 1989

4-H Makes the Difference

Promotion

Time: 26 min.

Relates the experience of different 4-H youths and their work as 4-H'ers. Tells how the 4-H experience has made an impact on their lives. Describes 4-H projects and programs.

Iowa State University, 1986

4-H Public Service Announcements

Promotion

Time: 30-60 sec.

Covers a wide variety of topics. Some PSA's feature celebrity testimonials, others show 4-H'ers in action or focus on volunteers. These PSA's can be used on local cable outlets where there is free community access.

National 4-H Council, 1980-84

Citizenship—Washington Focus

Promotion

Time: 30 min.

4-H students visit Washington, D.C., observe government in progress, and learn the importance of being a citizen of the United States and the global community.

National 4-H Council, 1984

Farm Expo: Agricultural Classroom

Promotion

Time: 19 min.

Describes an educational exposition for 3rd and 4th grade students in Corvallis, Oregon schools to educate them about agriculture. Includes interviews with the principal organizers.

1984

The 4-H Alumni Study

Promotion

Time: 10 min.

Reports the results of a survey that shows the impact of 4-H membership on adults 30 years after they left the program.

USDA Extension Service

The Juvenile Justice System

Promotion

Time: 15 min.

A dramatization of a young person breaking the law and going through the court system.

Benton Co. 4-H Commun. Unlimited Club w/support from Chevron USA &

4-H Name and Emblem

Training

Time: 8 min.

Discusses the guidelines for authorized use of 4-H symbols. The program is particularly appropriate for 4-H orientation and training.

USDA Extension Service, 1988

4-H Presentations: Their Creation and Development

Training

Time: 8 min.

Focuses on steps in the development of a presentation: picking a topic, collecting information, organizing the content, preparing visuals, and delivering the message.

Iowa State University

4-H and Youth Development

4-H STEPS

Training

Time: 20 min.

STEPS (Sequential Team Enrichment Program) was developed for youth to improve their self-concept by encountering an adventure. In this tape, youth from Sixteen Falls City, Oregon take whitewater rafts down the Rogue River. Chronicles their personal benefits and self-improvements.

1982

4-H Teen Series: Depression and Suicide

Training

Time: 11 min.

Discusses the symptoms, causes, myths, and facts surrounding depression among teenagers.

University of South Dakota, 1986

4-H Teen Series: Drugs and Alcohol

Training

Time: 13 min.

Examines the seriousness of the national problem. Interviews with teens provide the background for advice on how to help the addicted teen.

University of South Dakota, 1986

America's Youth: The Challenge and the Opportunity

Training

Time: 44 min.

Focuses on the needs of America's youth as they face today's social issues and how 4-H can help with a major outreach program. The three segments will help 4-H leaders mobilize volunteers; develop and empower teens as leaders; develop new, research-based models of youth and family programming; and build community coalitions with schools, churches, local businesses, service organizations, and other youth agencies.

Produced for 4-H by J.C. Penny, Inc., 1989

Electronic Communication: Instruction Technique

Training

Time: 25 min.

Dr. David Dik, assistant director, Cornell Cooperative Extension, discusses the role of electronic technology as we move from an agricultural age to an information age and the implications for Extension.

1987

Help Me, I'm Growing Up

Training

Time: 27 min.

Helps volunteers, parents, teachers, and other adults who care and work with early teens understand what it's like to be between 9 and 15 years old. The videotape uses a talk show format to discuss stress, peer pressure, adult and early adolescent communication, and the role of the future in early adolescent development.

Michigan State University Cooperative Extension, 1989

How To Give A Demonstration, A Guide for Young Members

Training

Time: 29 min.

Provides an in-depth look at producing quality demonstrations. Aimed at particularly young members (grades 4-6), the video examines the use of visuals, offers tips for working with animals, and presents techniques for polishing performance.

University of Idaho

Judging 4-H Presentations

Training

Time: 20 min.

Advises how to judge 4-H presentations. Note: the presentations score sheet used in the tape is not the same as that used in Oregon. For most effective use, distribute copies of the Oregon score sheet to the audience.

1984

Just Say No

Training

Time: 30 min.

A powerful anti-drug rap song performed by the NBA World Champion Los Angeles Lakers. Additional footage captures the team's camaraderie and underlines their sincerity as anti-drug crusaders.

CBS Fox Video Sports/NBA

Orientation for Volunteers in Extension Service

Training

Time: 2 hrs. 5 min.

A teleconference video recording on orienting volunteers to the Extension Service by the Center For Volunteers, Virginia Tech. Reviews organization, development, materials, handouts, use of computers, educational packages, and volunteer-agent relationships.

1986

4-H and Youth Development

Programming Positive Performance: Teens and Adults Working Together

Training

Time: 1 hr.

A presentation by Susan Kovalik, nationally recognized consultant on learning and former 4-H leader. Technical quality is poor but content may be useful to 4-H volunteer leader groups.

Putting the Pieces Together: How to Organize a 4-H Club

Training

Time: 22 min.

Includes a volunteer talking with her Extension agent, who to invite to a meeting, Extension agent's responsibilities, life skills taught in clubs, 4-H meeting planning, goal-setting, and leadership in a club.

1985

Successful Models Produced by States

Training

Time: 24 min.

Describes several models of 4-H programming using electronic technology.

1987

Tackling Tough Stuff

Training

Time: 20 min.

Teaches young people aged 12 to 17 skills in self-protection and self-responsibility. The three-part series enables them to help themselves and to actively support friends who are stressed and depressed.

University of Minnesota

Teaching Natural Resources #1

Training

Time: 59 min.

This three-part series provides 4-H leaders with teaching techniques and activities designed to enhance their environmental education programs. The first tape includes an introduction/overview by Allan Smith, national 4-H program leader; stream adventure; converting fear of animals into love; building birdhouses; nature songwriting; and natural resources judging contest.

University of Idaho, 1987

Teaching Natural Resources #2

Training

Time: 1 hr. 2 min.

Topics include: the sense of wonder; shy neighbors; drama and role playing; fun and love; outside resources; and leading campfires.

Teaching Natural Resources #3

Training

Time: 28 min.

How to conduct the "Flow Hike," an integrated environmental experience created by Garth Gilchrist, a nationally known environmental teacher.

Teens Dealing with Stress

Training

Time: 24 min.

Teens discuss their personal bouts with stress and the resulting side effects: drug and alcohol abuse and suicide.

Iowa State University, 1986

Teleconferencing and TV Networks

Training

Time: 13 min.

Dr. Betty Fleming, teleconference coordinator, USDA, discusses three options appropriate for 4-H program application.

1987

The Rural Crisis Comes to School

Training

Time: 28 min.

A program developed for use by teachers and 4-H leaders who work with youth in today's troubled agricultural economy. Interviews teachers and young people and discusses the symptoms of stress.

Iowa State University, 1985

Volunteering in a World Turned Upside Down

Training

Time: 1 hr. 30 min.

This interview with Marlene Wilson, nationally known consultant in volunteerism, covers various components for volunteer management.

Oklahoma State University, 1988

Volunteers for the Future

Training

Time: 1 hr. 30 min.

This Pacific Northwest satellite teleconference, produced jointly by Washington State University, Oregon State University, and the University of Idaho, examines the three tracks of the VFF program: boards, councils and committees, youth as resources, and volunteer middle management.

Washington and Oregon State Universities, University of Idaho, 1990

4-H and Youth Development

Where Leaders Meet

Training

Time: 15 min.

Documents the 1986 Western Regional 4-H Leadership Conference for Teens. The program highlights activities and workshops of the Lake Tahoe conference.

University of Nevada-Reno, 1986

Youth Decision Making

Training

Time: 57 min.

Examines the process and practice of decision making among pre-school, elementary, pre-adolescent and adolescent children.

Ohio State University

Gardening

A Grower's Guide to Pruning Highbush Blueberries
Gardening Techniques
Time: 22 min.
Designed for both the commercial grower and the home gardener, this easy-to-follow program illustrates the basics of blueberry plant growth, pruning plants of different ages, ways to increase pruning speed, and pruning for machine harvest.
Oregon State University Extension Service, 1990

Backyard Greenhouses
Gardening Techniques
Time: 25 min.
Visits a Portland-area homeowner who recently had a small greenhouse built in the backyard. Reviews materials and features to include in greenhouse construction and discusses ways to improve growing conditions in the greenhouse.
1985

Budding and Grafting Fruit Trees
Gardening Techniques
Time: 35 min.
Demonstrated techniques of grafting and budding to join different varieties of fruit trees. Uses an interactive format to explain these techniques and discuss necessary tools.
Oregon State University, 1989

Garden Series #1: Raised Bed Gardening
Gardening Techniques
Time: 14 min.
The first of four tapes discussing how to begin a raised-bed garden, how to prune grapes and fruit trees, and methods for landscaping for home lawns.
1982

Garden Series #2: Landscape Management
Gardening Techniques
Time: 13 min.

Garden Series #3: Pruning Grapes
Gardening Techniques
Time: 12 min.

Garden Series #4: Pruning Fruit Trees
Gardening Techniques
Time: 15 min.

Home Lawn Thatch Control
Gardening Techniques
Time: 12 min.
Demonstrates how to renovate a lawn by using dethatching and aerating machines.
1978

How to Take a Soil Sample
Gardening Techniques
Time: 12 min.
Shows the steps for collecting and sending a garden or lawn soil sample to a laboratory for testing.
1987

Selecting Tomato Varieties, Planting, and Cool-Weather Care
Gardening Techniques
Time: 28 min.
Shows what varieties to select for Willamette Valley gardeners and how to plant and care for them during the early season. Also covers planting to avoid rot and weeds.
1977

Home Economics

Best Wishes, Edith and Henry

Aging

Time: 20 min.

The case study of an older couple focuses on how adult children can plan for and make crucial decisions about the future with their aging parents. A video version of a slide tape program, this tape is part of a comprehensive training package. Contact OSU Extension gerontology specialist, Oregon State University, (503) 737-1014, for complete information.

Oregon State University, 1985

Due Upon Receipt

Aging

Time: 19 min.

Addresses the financial concerns of the elderly by looking at three families. Viewers learn about problems low-income elderly face and the resources that are available to them. A video version of a slide-tape program, this tape is a part of a comprehensive training package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University

Primrose Lane

Aging

Time: 18 min.

This video version of slide-tape program explores the impact a change in living arrangements has on an older person. Discussion focuses on factors to consider in making housing choices and different kinds of living arrangement options in later life. Comprehensive training package is also available. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University

The Dollmaker

Aging

Time: 17 min.

Focuses on the importance of caregivers taking care of themselves. During this video version of a slide-tape program, guidelines are suggested for making caregiving decisions and reducing stress for the caregiver. Comprehensive training package is also available. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University

The Final Course

Aging

Time: 17 min.

Presents a case study of Mrs. Murphy, 72, who becomes depressed following a mild stroke. Viewers learn how to recognize and respond to the depressed person and how to prevent potential suicide. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University, 1990

The Second Story

Aging

Time: 17 min.

Through the story of William Sanders, 71, viewers learn about the grief process, the impact multiple losses can have on an older person, and ways to support the bereaved. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University, 1990

Winter Comforts

Aging

Time: 20 min.

Through the story of Phyllis, 72, and her family, viewers learn about alcohol abuse in later life, the signs of an alcohol problem, available support resources, and how to intervene. A video version of a slide-tape program, this tape is part of a comprehensive teaching package. Contact OSU Extension gerontology specialist, (503) 737-1014, for complete information.

Oregon State University, 1990

Altering Ready-to-Wear Clothing: Part 1

Clothing and Textiles

Time: 52 min.

This two-part series shows an Ohio clothing specialist with an alterations professional. This tape discusses alterations on ladies' suit jackets: shortening sleeves and narrowing lapels; on ladies' skirts: taking in skirt with side seam pockets and machine-rolled hem on slippery or lightweight fabric. Reviews alterations on men's jackets: shortening the sleeves and taking in a center back with vent.

Home Economics

Altering Ready-to-Wear Clothing: Part 2

Clothing and Textiles

Time: 40 min.

Part two discusses man's jacket, lower collar (two methods); taking in side seams on a man's vest; man's trousers: taking in waist, reducing fullness in back thigh, shortening the crotch.

America's Textiles: An Industry Fights Back

Clothing and Textiles

Time: 9 min.

Shows how sophisticated technology makes possible clothing, sheets and towels, lifesaving artificial arteries, space suits, bulletproof vests, tires, and parachutes. Program discusses what the textile industry has done to remain productive in the face of increasing imports. An accompanying booklet gives additional information.

Championship Material

Clothing and Textiles

Time: 30 min.

Uses movies and photographs of famous athletes to present basic textile science concepts. The concepts of stretch, absorbency, strength, and wrinkle resistance are dramatically illustrated by comparing legendary and modern sports uniforms and apparel.

Cornell University, 1988

Clothing for the Handicapped #1

Clothing and Textiles

Time: 12 min.

The first of four programs from the KVAL-TV "Creative Living" series, featuring former Lane County Extension home economist Velma Mitchell and Extension textiles and clothing specialist Ardis Koester. In the tape, Dr. Franklin Wong, physical therapist at Sacred Heart Hospital, explains braces and equipment used by the handicapped. Ardis Koester shows remade and specially-made clothing for the handicapped.

1983

Clothing for the Handicapped #2

Clothing and Textiles

Time: 12 min.

John Hall, medical social worker, discusses the importance of socially acceptable clothes for the handicapped. Ardis Koester discusses independence, appearance, concealment of handicap, comfort, safety, upkeep, and durability.

Clothing for the Handicapped #3

Clothing and Textiles

Time: 12 min.

Ardis Koester interviews Mary Harlis, owner of "On the Rise," a company that makes clothing for the handicapped.

Clothing for the Handicapped #4

Clothing and Textiles

Time: 12 min.

Betty Dedrick and Sheila Snyder, Sacred Heart Hospital, explain special clothing designed for people with braces and other needs.

Contemporary Serging

Clothing and Textiles

Time: 1 hr.

Demonstrates how four basic serger stitches—overlock, rolled edge, flatlock and chair stitch—can be used for many different serging applications by changing thread and/or tension.

Nancy's Notions, 1987

Couture Techniques for Fine Sewing

Clothing and Textiles

Time: 1 hr. 30 min.

Roberta Carr presents an easy-to-follow demonstration of methods designed to enhance the beauty and quality of your hand-crafted garments. Techniques include: Spanish snap button holes, tailoring techniques, bias binding, piping and cording, sleeves, and single-faced pockets.

Roberta Carr, 1988

Detergents in Depth, '89

Clothing and Textiles

Time: 2 hrs. 30 min.

Two tapes of a satellite video teleconference. Topics discussed include: dish care '90, new household cleaning products, detergent trends, personal cleanliness, and safety assessment of cleaning products.

Soap and Detergent Association and The Ohio State University, 1989

Fabrics, Fibers and Finishes: What's New and Different?

Clothing and Textiles

Time: 1 hr. 55 min.

Covers fiber types and properties, new fiber developments, fabric types and properties and new developments, finish types and properties.

Penn State University In-Service, 1989

Home Economics

From Fleece to Fashion
Clothing and Textiles
Time: 22 min.
Covers the history of wool and the Pendleton Woolen Mills, including fashion and manufacturing information.
Pendleton Woolen Mills, 1988.

Individual Image Impact: Clothing
Clothing and Textiles
Time: 16 min.
Demonstrates how to evaluate your wardrobe, decide what you need to improve it, and choose new additions.
Oklahoma State University, 1988

Industrial Shortcuts for Home Sewing 1 and 2
Clothing and Textiles
Time: 2 hrs.
Features time saving techniques. Included in the two-part video: equipment, stack cutting, darts, zippers and waistbands, lined bodice, no-bulk back neck zipper openings, crossing bulky seams with ease, and mitering.
Islander Sewing Systems, 1987

Linen Production
Clothing and Textiles
Time: 7 min.
Traces the history of linen production from the flax plant, through retting and weaving to end uses.
International Linen Promotion Commission, 1987

Manufactured Fibers
Clothing and Textiles
Time: 14 min.
A visual journey from myth to miracle following the development and production of manufactured fibers.
American Fiber Manufacturers Association, 1990

Serger Construction Methods
Clothing and Textiles
Time: 27 min.
Demonstrates various clothing construction techniques that can be performed with a serger. Part One includes samples of three-thread construction. Part Two shows examples of three-thread decorative serging. Part Three describes two-thread decorative serging.
Idaho Extension Service

Sergers: The Basics
Clothing and Textiles
Time: 23 min.
Guides you carefully and thoroughly through the basic operation of the serger. Discusses machine parts and operation, serging techniques, and machine maintenance. Program should be introduced with disclaimer that Oregon Extension does not endorse any one brand of serger although this tape shows only one brand.
Idaho Extension Service

Serging and Sewing Activewear
Clothing and Textiles
Time: 1 hr.
Describes how to use a sewing machine and serger to create golf and tennis wear, swimwear, exercise outfits, and designer sweatshirts.
Nancy's Notions, 1987

Sew Easy, Sew Beautiful
Clothing and Textiles
Time: 1 hr. 30 min.
Designed for the beginner, demonstrates step-by-step how to sew a top, a skirt, and a shirt.
American Home Sewing Association, 1989

Sewing as a Business
Clothing and Textiles
Time: 17 min.
Describes the Mississippi Entrepreneurship pilot project and the discussion topics of the five day workshop: business aspects, marketing directions, tools of the trade, sharpening skills by making samples and a fit seminar with gingham shells. Tape includes participant testimonials and the followup evaluation.
Mississippi State University, 1989

Sewing for Profit
Clothing and Textiles
Time: 44 min.
For the person wanting to start a small business as a custom seamstress, this tape discusses the working arrangements, pricing, records, equipment and facility needs, publicity, and the personal and family ties needed for success. Joyce Smith, Ohio Extension textiles and clothing specialist, interviews Mary Lou Shamp, a successful custom seamstress.
Ohio State University, 1981

Home Economics

Sewing to Success

Clothing and Textiles

Time: 40 min.

Kathleen Spike, dressmaker and founder of the Custom Clothing Guild of Oregon, tells how she became a successful dressmaker. Topics covered include: starting the business, advertising and promotion, working with the client, policies and procedures, and the sewing room.

Palmer/Pletsch, 1989

Sewing Today. . .The Time Saving Way

Clothing and Textiles

Time: 45 min.

Demonstrates time saving techniques on sewing setup and organization. Other topics covered include interfacing, fitting, pull-on and fitted skirts, and blouse making.

Palmer/Pletsch Associates, 1987

Sewing with Nancy #1: A Fresh Look at Sewing, Basics 1

Clothing and Textiles

Time: 1 hr.

The first tape in a series of eight discusses dart, seam, collar, sleeve, specialty sleeves, and facings. (Note that some techniques are speed techniques. They are not the same as the traditional techniques illustrated in Extension circulars.)

1985

Sewing with Nancy #2: A Fresh Look at Sewing, Basics 2

Clothing and Textiles

Time: 1 hr.

Topics include buttonholes, double welt pockets, pockets, zippers, buttons, and fasteners.

Sewing with Nancy #3: Sewing Specialty Fabrics

Clothing and Textiles

Time: 1 hr.

Fabrics discussed include silk, velvet, and synthetic suede.

Sewing with Nancy #4: Tailoring Shirts for Men and Women

Clothing and Textiles

Time: 1 hr.

Topics include pattern sizing, interfacing, collar variations, continuous shirt sleeve placket, cuffs, setting in the sleeves, underarm seam, and hem.

Sewing with Nancy #5: Sewing for Children

Clothing and Textiles

Time: 1 hr.

Part One: T-shirts, ribbing, and sleeve variations. Part Two: Dresses—yoke ideas, collars, and ruffles. Part Three: Techniques for boys' clothing—reversible bib, pocket with floating bias pleat, piped side seam, elasticized straps, and hemmed pants.

Sewing with Nancy #6: Sewing Activewear

Clothing and Textiles

Time: 1 hr.

Includes fabric trims, stabilizer trims, multirow elastic, ready-to-wear elastic casing, adding a collar, collar with stay, and swimwear.

Sewing with Nancy #7: Serger/Overlock Sewing

Clothing and Textiles

Time: 1 hr.

Shows the basics of working with three-thread and four-thread sergers. Besides learning the basic functions of these sergers, see fashions using serging techniques and step-by-step instruction on using decorative threads and yarns for creating special effects. The use of serger notions and accessories are also detailed.

Sewing with Nancy #8: Fitting Slacks

Clothing and Textiles

Time: 1 hr.

Instructions on choosing the correct slacks pattern size, measuring the figure, checking the pattern and altering with the pivot and slide technique. A reference book accompanies the video.

Solving the Care Label Dilemma

Clothing and Textiles

Time: 21 min.

Illustrates the care dilemma when a customer takes a garment to the dry cleaner. Shows the benefits when a care label is correctly used and followed and the consequences when it is not.

International Fabricare Institute, 1989

Spotting, Finishing Slacks and Sports Coats, Finishing Procedures for Silk, Shirt Finishing

Clothing and Textiles

Time: 2 hrs. 10 min.

This four-part tape describes the procedures used by dry cleaners. The finishing parts may be used to introduce or substitute for a field trip to the dry cleaners.

International Fabricare Institute, 1986

Home Economics

Swimwear to Meet Special Needs

Clothing and Textiles

Time: 38 min.

Advises women who have undergone mastectomies how to make the best choice of swimwear. The tape details available options: custom ready-to-wear, regular ready-to-wear, and sew-your-own.

Ohio State University, 1988

The Dress Thin System

Clothing and Textiles

Time: 7 min.

Describes the seven figure types: the A, H, T, V, W, X, and Y and the appropriate garment selection for each. Companion publications are available from Du Pont.

Du Pont, 1988

The Story of Corduroy

Clothing and Textiles

Time: 12 min.

Traces the history and the manufacturing process of corduroy material.

Cone Mills Corporation, 1978

The Story of Denim

Clothing and Textiles

Time: 15 min.

Follows the process of manufacturing denim fabric.

Cone Mills Corporation, 1989

Home Works #1: Thinking About a Home Business

Family Economics

Time: 28 min.

In this first tape in a series of seven, University of Massachusetts specialists discuss reasons for home-based businesses, personality characteristics needed, disadvantages, how to get started, and need for recordkeeping. Featured business: a bed-and-breakfast.

Home Works #2: Financial and Legal Issues

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss start-up costs including licenses and fees, inventory, advertising, zoning, regulations, business loans, using an accountant, recordkeeping, and liability insurance. Featured business: a housecleaning service.

Home Works #3: Pricing for Profit

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss pricing to cover costs (fixed and variable), consideration of competition, knowing the consumer, and intangibles such as perceived quality. Featured business: a pie producer.

Home Works #4: How to Market a Product or Service

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss market research on customers, trends, competition, membership in professional organizations, self-promotion, and packaging. Featured business: a custom seamstress.

Home Works #5: Managing Your Time and Your Life

Family Economics

Time: 28 min.

University of Massachusetts specialists discuss time management including attitude goals, time management techniques, systems of organization, and problems of isolation. Featured business: family day care.

Home Works #6: Fact and Fantasy

Family Economics

Time: 28 min.

Discusses report of a survey of home business owners including why they went into business, problems, goals, and advice on writing a business plan knowing the product or service. Interview includes clips from featured businesses.

Home Works #7: Taking Risks

Family Economics

Time: 28 min.

Interview with consultant defines taking risks as "making a decision when you do not know what the outcome will be," growth from taking risks, traits of successful people, analyzing possibilities, planning fears, and networking.

Home-Based Business #1: Successful Home-Based Business

Family Economics

Time: 10 min.

In the first of a series of six tapes, four home-based businesswomen who provide services and products for consumers discuss basic concerns for those who want to start a home-based business. Reviews how their business is unique, preparation they had for a business venture, and problems with pricing, advertising, and business size.

University of Missouri

Home Economics

Home-Based Business #2: Organizing a Home-Based Business

Family Economics

Time: 10 min.

Kenneth K. Wright, Law School Extension, discusses the three basic business organizations: sole proprietorship, partnership, and corporation. The advantages of each business organization is illustrated.

University of Missouri

Home-Based Business #3: Planning a Home-Based Business

Family Economics

Time: 7 min.

Three business specialists review important planning steps that should be made before establishing a home-based business. Discusses self-assessment as well as researching the business level.

University of Missouri

Home-Based Business #4: Marketing and Pricing Your Products/Services

Family Economics

Time: 8 min.

Dr. Don Schmidt, Marketing Extension, identifies the 4 P's of marketing: product, price, place, and promotion.

University of Missouri

Home-Based Business #5: Taxes

Family Economics

Time: 10 min.

Attorney Kenneth K. Wright urges home-based businesspeople to keep accurate records so they can correctly itemize expenses to reduce their income tax. Defines business use of the home as a tax deduction and recommends inexpensive sources of information.

University of Missouri

Home-Based Business #6: Home-Based Business and the Family

Family Economics

Time: 7 min.

People interviewed in tape #1 discuss how the business affects family life. They share ways in which they have accommodated both customers and family members to respect the privacy of both.

University of Missouri

Making Ends Meet

Family Economics

Time: 12 min.

Shows how families can balance individual and family needs and wants by planning their family expenditures. The program examines concepts such as analyzing family values and goals; identifying family resources; examining spending records; and developing, analyzing, and adjusting a specific spending plan.

Oregon State University, 1988

The Rural Boardroom

Family Economics

Time: 15 min.

This tape explores the idea of holding regular farm business meetings to foster communication and develop a process for decision making. Contact Alice Mills Morrow, family economics specialist, Oregon State University, (503) 737-3211 for a leader guide to accompany tape.

1986

Tracking Your Spending

Family Economics

Time: 14 min.

Designed to encourage individuals to keep records of spending, this tape looks at four families and how they practice different methods of recordkeeping to manage their financial resources.

Oregon State University, 1988

Transitions

Family Economics

Time: 15 min.

Every family farm business goes through transition stages in its business life. This tape is a basic introduction to the topic "Transitions" and leads into discussion of five major issues: income, security, getting along, living together, and estate planning. Contact Alice Mills Morrow, family economics specialist, Oregon State University, (503) 737-1013 for materials to accompany tape.

1983

You Make the Difference: Preventing Home Burglary

Family Economics

Time: 20 min.

Focuses on a comprehensive approach to securing your home. The program covers such topics as: lighting, fencing, landscaping security devices, and alarm systems.

Western Insurance Information Service and Insurance Information Institute,

Beef—The Dinner Solution

Food and Nutrition

Time: 46 min.

Demonstrates how to shop for various beef cuts and how to prepare nutritious beef dishes.

Oklahoma State University

Home Economics

Dairy Does A Body Good
Food and Nutrition
Time: 10 min.
Uses popular music and a believable story to demonstrate to teens the importance of dairy products to their diet. The program is designed to teach teens to assume responsibility for their own food choices and exercise habits.
National Dairy Promotion and Research Board

Easy Yeast Bread
Food and Nutrition
Time: 14 min.
See description under 4-H and Youth Development section.

Food for Later #1: Making Jams and Jellies
Food and Nutrition
Time: 29 min.
The first of five half-hour programs on food preservation. Extension home economist Nellie Oehler demonstrates correct food preservation techniques and interviews Carolyn Raab, Extension foods and nutrition specialist, about preservation problems and food safety concerns. These tapes must be used with a supplementary handout that includes updated food preservation recommendations. Contact Carolyn Raab (737-1019) for copies.
Oregon State University, 1980

Food for Later #2: Freezing Fruits and Vegetables
Food and Nutrition
Time: 28 min.

Food for Later #3: Drying Fruits and Vegetables
Food and Nutrition
Time: 29 min.

Food for Later #4: Canning Vegetables
Food and Nutrition
Time: 29 min.

Food for Later #5: Canning Meats and Fish
Food and Nutrition
Time: 28 min.

Growing Healthy Bodies: Nutrition Education for Day Care Providers
Food and Nutrition
Time: 25 min.
This four-part tape and companion study guide offer nutritional guidelines and other helpful information to day care providers. Topics covered include kids and food, picky eaters, snack facts, and vitamins and minerals.
Oregon State University and Washington State University, 1990

No Better Gift
Food and Nutrition
Time: 22 min.
Focuses on the child from ages 1 to 5. Shows the behaviors of parents that influence that child's eating habits and discusses strategies for insuring that children receive a balanced diet.
Society for Nutrition Education, 1983

Quick Bread
Food and Nutrition
Time: 12 min.
See description under 4-H and Youth Development section.

Changes on Main Street
Human Development
Time: 28 min.
Designed for small-town businesspeople dealing with changes in their community. Includes interviews with small-town merchants who comment on the effects of the rural crisis on their businesses and personal lives. Gives ideas on how to handle stress and suggestions on how communities can pull together during hard times.

Communicating with Others
Human Development
Time: 30 min.
Dramatizes a family's difficulties in communication. Presents some common problems with communication between parents and children.
South Dakota State University, 1985

Dealing with Blame: Help for Farm Families in Crisis
Human Development
Time: 17 min.
A program produced by Iowa State Extension for people caught in the economic hard times of rural America. Paul Lasley, Extension sociologist, explains some of the factors beyond the farmer's control that have caused the rural crisis. A farm couple discusses how they survived economic difficulties.
Iowa State University, 1985

Home Economics

Farm Families in Transition
Human Development
Time: 25 min.
Shows farm men and women making successful changes in careers and lifestyles. Discusses emotional reactions to change and loss and ways of dealing with these feelings. Intended to show positive role models for adjustment to change.
Iowa State University

Farm Neighbors: A Guide to Self-Help Groups
Human Development
Time: 25 min.
Supports written materials for use by self-help groups for farm families. Shows two successful groups and includes interviews with group members. Includes some information on how to start a group and how to use the discussion materials provided by Extension Service.
Iowa State University, 1986

Farmers and Lenders: Working Through Crisis
Human Development
Time: 26 min.
Discusses the problems of strained relationships between farmers and lenders in recent years. Appropriate for lenders and staff who work with financially troubled farmers.
Iowa State University

Footsteps #1: Queen for a Day
Human Development
Time: 30 min.
The first of a series of 30 tapes focusing on children's development as individuals and how they are influenced by parenting styles and social surroundings. Each tape shows an aspect of children's behavior and ways for parents and caregivers to respond. Companion leaflets for each tape are listed by title. Call Agricultural Communications at (503) 737-2513 for information on ordering leaflets. This first tape discusses how children develop their own identity.
EC 1293, Developing Personal Identity

Footsteps #2: No Comparison
Human Development
Time: 30 min.
Shows how children are unique and reviews ways to celebrate, rather than deny, their individuality.
EC 1298, Children's Individuality

Footsteps #3: Love Me and Leave Me
Human Development
Time: 30 min.
Tells how security and ability to be independent are related and reviews ways to make separations easier.
EC 1294, Attachment and Independence

Footsteps #4: What's Cookin'?
Human Development
Time: 30 min.
Helps parents promote healthy eating habits and avoid using food as a reward or punishment.
EC 1292, Starting Healthy Eating Habits

Footsteps #5: Spare the Rod
Human Development
Time: 30 min.
Reviews causes of problem behavior and goals of discipline. Discusses discipline techniques.
EC 1289, Using Discipline Constructively

Footsteps #6: Tangled Webs
Human Development
Time: 30 min.
Discusses ways children misbehave and the probable causes.
EC 1296, Dealing With Problem Behavior

Footsteps #7: The Secret of Little Ned
Human Development
Time: 30 min.
Emphasizes the importance of really listening and paying attention to your children. Tells how to actively listen.
EC 1291, Listening To Your Children

Footsteps #8: True Blue
Human Development
Time: 30 min.
Shows how children learn through play and fantasy and gives ways for parents and caregivers to support and encourage their play.
EC 1297, Learning Through Play and Fantasy

Footsteps #9: Who Is Sylvia?
Human Development
Time: 30 min.
Demonstrates how TV can be a friend as well as an enemy. Shows how parental guidance makes all the difference.
EC 1295, Managing Children's TV Habits

Footsteps #10: If You Knew April
Human Development
Time: 30 min.
Helps parents have confidence about how they're raising their children. Discusses how to become partners with child development professionals.
EC 1299, Knowing Your Children

Home Economics

Footsteps #11: First Signs of April
Human Development
Time: 30 min.
Tells how to stimulate children's growth through their surroundings and activities.
EC 1301, Providing Early Stimulation

Footsteps #12: On the Brink
Human Development
Time: 30 min.
Discusses how stress and frustration lead to child abuse. Explains how abuse can be prevented and lists local support services.
EC 1290, The Causes and Prevention of Child Abuse

Footsteps #13: Two To Get Ready
Human Development
Time: 30 min.
Prepares new parents for pregnancy and childbirth. Reviews decisions they will need to make.
EC 1320, Preparing for Parenthood—Together

Footsteps #14: And We Were Sad, Remember?
Human Development
Time: 30 min.
Helps parents teach children how to cope with the death of loved ones by preparing them rather than protecting them from it.
EC 1300, Learning to Cope With Death

Footsteps #15: I Love You When You're Good
Human Development
Time: 30 min.
Shows ways parents can make their children feel loved, valued, and accepted. Reviews why and how to avoid conditional love.
EC 1319, Making Children Feel Loved

Footsteps #16: The Accident
Human Development
Time: 30 min.
Demonstrates how to find a parenting style that is comfortable and neither too permissive nor too restrictive.
EC 1318, Finding Your Parenting Style

Footsteps #17: New Kid on the Block
Human Development
Time: 30 min.
Tells why social skills are needed and how to help children develop them.
EC 1317, Developing Social Skills

Footsteps #18: The Scratching Pole
Human Development
Time: 30 min.
Describes how children learn at various stages in their lives and how to cope with difficult developmental periods.
EC 1315, Mastering Life's Tasks

Footsteps #19: Hairy Scary
Human Development
Time: 30 min.
Reviews why children commonly develop fears and how to help them cope.
EC 1312, Handling Children's Fears

Footsteps #20: There Comes a Time
Human Development
Time: 30 min.
Describes various types of social support and how to find it.
EC 1313, Finding Community Support

Footsteps #21: Stacking the Deck
Human Development
Time: 30 min.
Teaches parents how to promote their children's self-confidence and how to avoid damaging their self-esteem.
EC 1321, Encouraging Competence

Footsteps #22: Christinitas
Human Development
Time: 30 min.
Shows ways to help develop children's natural creativity.
EC 1311, Promoting Creativity

Footsteps #23: I'll Dance at Your Wedding
Human Development
Time: 30 min.
Demonstrates how children with special physical challenges have the same needs as other children. Lists federal, state, and local agencies providing support for challenged children.
EC 1322, The Challenged Child

Footsteps #24: Act Two
Human Development
Time: 30 min.
Gives ways of coping with the difficult task of becoming a stepparent.
EC 1314, Becoming a Stepparent

Footsteps #25: Double Exposure
Human Development
Time: 30 min.
Shows how children get values from parents. Encourages parents to discuss values with children to avoid confusion.
EC 1325, Teaching Children Values

Home Economics

Footsteps #26: From A to Zach
Human Development
Time: 30 min.
Discusses ways parents can help children handle the first few weeks at school.
EC 1327, Preparing Children for School

Footsteps #27: Pre-Op
Human Development
Time: 30 min.
Reviews ways to help children undergo illness and hospitalization.
EC 1323, Coping With Illness and Hospitalization

Footsteps #28: War and Peace
Human Development
Time: 30 min.
Discusses common problems between siblings and how parents can manage them.
EC 1316, Managing Sibling Rivalry

Footsteps #29: On Our Own
Human Development
Time: 30 min.
Shows how parents set examples for children to become responsible or irresponsible. Discusses ways in which parents can help children take on responsibility.
EC 1324, Teaching Children Responsibility

Footsteps #30: Pals?
Human Development
Time: 30 min.
Talks about how peer groups influence children and how parents can help children make decisions about them.
EC 1326, Children's Peer Groups

Moving On: Getting an Off-Farm Job
Human Development
Time: 19 min.
Designed for use with farm men and women seeking off-farm employment. Discusses difficulties of beginning the job search and dramatizes the story of a farmer who goes for an interview unprepared. Appropriate for job skills workshops.
1987

Rebuilding Self-Esteem for Farm Women
Human Development
Time: 23 min.
Addresses the need for rural women to rebuild self-esteem during a time of stress and change. Helps women feel good about themselves and their roles whether they are at home full-time or combine home and outside work. Leader guide appropriate for men or women, rural or non-rural.
Iowa State University

Retirement Series #1
Human Development
Time: 1 hr. 30 min.
This series of three tapes records three meetings on retirement arranged by the OSU Faculty Senate Retirement Committee.
1986

Retirement Series #2
Human Development
Time: 1 hr. 40 min.
Reviews PERS, Social Security, and life insurance.

Retirement Series #3
Human Development
Time: 1 hr. 45 min.
Includes discussion of 600-hour appointments, health benefits, and a panel discussion on life after work.

Sexuality and the Later Years
Human Development
Time: 25 min.
George, 76, and Juliet, 72, discuss their feelings about sexuality, their sexual concerns and adjustments as older people, and the importance of obtaining adequate information from physicians. Vicki Schmall, OSU Extension gerontology specialist, discusses the impact of health conditions, surgery, and medication on sexual functioning.
1983

Natural Resource Management

Livestock Guarding Dogs: Protecting Your Sheep

Grazing/Range

Time: 14 min.

Looks at how guard dogs can be used to control sheep predators.

USDA, 1990

Basic Shotgun Shooting: A Better Way

Recreation

Time: 19 min.

Basic instruction for teaching shotgun shooting in a proven step-by-step method. Emphasis is placed on eye dominance, eye barrel alignment, mounting the shotgun and pointing instead of aiming.

New Mexico State University Cooperative Extension Service, 1990

Riparian Management: A Challenge for Our Future

Riparian

Time: 11 min.

Details the importance of riparian areas for proper ecosystem function and maintenance. Presents grazing management as an important tool for protecting these values.

Bureau of Land Management, Oregon and Washington

The Restoration of Riparian Habitat Using Nature's Engineer: The Beaver

Riparian

Time: 24 min.

Details the use of beaver for restoring and maintaining riparian habitat values. Includes trapping techniques and release-site selection as well as other factors that should be considered.

Bureau of Land Management, Wyoming

Agriculture and Wildlife

Wildlife

Time: 2 hrs. 40 min.

Ten programs of varying lengths on the conservation reserve program; the principles of wildlife management; field borders and odd areas; winter food plots; grazing management—a new look at an old idea; stock ponds and waterfowl; saving soil moisture and creating nesting habitat by undercutting; streamside woodlands; saving grain and wildlife through root pruning; supplementing farm and ranch income with wildlife.

Kansas State University Cooperative Extension Service, 1986

Pocket Gopher Management: An Informative Guide for Farmers, Growers, Ranchers and Home Owners

Wildlife

Time: 17 min.

An overview of the various approaches to controlling pocket gophers. Includes both biological and direct control techniques for small and large areas.

Washington State University Cooperative Extension, 1989

Status of Ducks 1990

Wildlife

Time: 21 min.

Presents the status of ducks in North America based on spring and summer surveys. Details a continual decline because of prolonged drought in prairie pothole region and habitat loss.

U.S. Fish and Wildlife Service, 1990

Fishing for Dungeness Crab

Fishing Industry

Time: 14 min.

Documents a trip to sea on a crab boat: how the crab pots work, catching the crab, unloading at the dock, and processing the crab for market. From the in-school TV program "It's Happening" on Oregon Public Broadcasting.

1977

Oregon's Commerical Fishermen—The Business in Their Blood

Fishing Industry

Time: 28 min.

Profiles the fishing industry and the people who make their living from the sea.

Oregon State University, 1990

Salmon Fishing off the Columbia

Fishing Industry

Time: 14 min.

Illustrates the nature of the Chinook fishery in scenes of gillnetting and sport fishing. From the "It's Happening" series on Oregon Public Broadcasting.

1976

Shad and Striped Bass Fishing

Fishing Industry

Time: 14 min.

Shows the gillnet shad fishery in the Umpqua River. The incidental catch of the striped bass sport fish in the nets causes a controversy with sportsmen. From the "It's Happening" series.

1976

Work Is Our Joy: The Story of the Columbia River Gillnetter

Fishing Industry

Time: 30 min.

Based on a series of oral history interviews, this slide/tape program describes the unique culture of the Columbia River gillnetter.

Oregon State University, 1989

Sea Star Behavior: Feeding by Stomach Eversion

Marine Biology

Time: 8 min.

Produced in cooperation with the OSU Department of Zoology. Former OSU zoologist Darrell Ward describes how starfish feed. An actual feeding is shown.

1975

Flood Control: Tillamook Bay

Oregon Coastal Communities

Time: 14 min.

Shows repair after the 1971 and 1972 floods. Explains the process and problems of dredging the debris-filled bay and outlets of five streams flowing into Tillamook Bay. From the in-school TV program "It's Happening" series.

1975

The Oregon Coast #1: Yesterday

Oregon Coastal Communities

Time: 30 min.

The first of three tapes on the Oregon coast shows how the coast developed historically. The series describes current economic and social conditions on the coast and invites participation in determining the future of the area.

1980

The Oregon Coast #2: Today

Oregon Coastal Communities

Time: 30 min.

1980

The Oregon Coast #3: Tomorrow

Oregon Coastal Communities

Time: 30 min.

1980

Crab Shaking with Imogene Burchett

Seafood Preparation

Time: 27 min.

Demonstrates how to extract crab meat from the shell.

Pacific Media Productions, 1990

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